

ILLINOIS VALLET WHEELMEN

FEG. 75

PUMPICIN PATCH ?

MEETING NOTES & THINGS TO COME

Meeting of January 16, 1975 - Election of officers

as follows:

President - John Wineke, Pekin, 346-3962

Vice President - Jim Ellington, Pekin, 346-5247

Secretary - Pam Anderson

Treasurer - Ron Anderson, Washington, 283-2018

ITEM:

We plan to participate in the Morton Bike-In Festival on May 17 and 18, 1975 - Les Siegrist, Chairman. Hope to have a half-century and full-century tour Sunday and an ABL of A race Saturday! Morton committee will have concessions, etc. They plan to have a townwide "wing-ding" these two days with bicycling as the main theme. A chance for some great publicity for the IVW and there is bound to be a place for everyone to get in the act.

Let's get behind Les on this - more info at next meeting.

ITEM:

We are planning to put out a full season ride calendar plus a monthly newsletter to take care of changes of schedule, extra events and bike-talk. Write down ride ideas and bring (or send) them to next meeting.

"Town & Country" riders - We want enough rides to satisfy <u>all</u> riders and there <u>can</u> be more than one ride at one time. So --- bring more ride ideas and plan to bring more riders to them. That's the only way we will all get what we want. Think how many rides you enjoyed were those when <u>you</u> contacted some of the riders before the ride.

THANKS:

Thanks to Irene Kerwin for sharing her Ireland and Wisconsin tours with us. Shows the advantages of taking extended tours at an easy pace. In other words - "don't knock the flower pickers!"

IDENTITY:

Jim Ellington and Jack Welch are looking into the possibility of getting us club jackets at a nominal cost. If said cost is low enough we may be able to get silk screen ensignia on them. Brother Thomas has some ideas on the printing. Send in some design ideas!

MEMBERSHIP:	(Sometimes known as "paying the piper") Ron Anderson took in dues for 18 memberships at the meeting. Please get dues and blanks in soon so we can update and distribute the club roster. There may be some copies of last year's still available at the February meeting. It is good to have so you can be sure to get riders of your own pace to go on the rides - try it				
DECISIONS, DECISIONS:	You can see we need <u>you</u> at the next meeting, which is set for Thursday, February 20, 1975, 7:30 p.m. at Glen Oak pavilion, Peori				
	We plan to have a meeting every second month; April, June, August, October, Decemberwill try to hold the third Thursday.				
RACERS:	Racers have elected Steve Meismer, Metamora, 367-4686, their president and Rich Miller, treasurer, so they can operate independently - as will be necessary for progress.				
OTHER IDEAS TO	COGITATE UPON:				
	nic early in the spring to clear up those "stickie" problems aday all day members only.				
Have some famil	y rides - or ride to some family activities.				
Promote a radio	sponsored ride for general public.				
Have a few bike day tour over a	e-hopping tours - such as Sparta-Elroy, Wisconsin or have an easy at Nauvoo, Illinois or ??				
Get a "library' IVW bulletins,	case to bring to rides and meetings - back issues of "Bicycling", etc.				

Peoria.

*****DON'T FORGET CLUB MEETING - FEBRUARY 20 - SEE YOU THERE****

	Andkeep tho	se forms & money co	oming in.		
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	ILLINO	IS VALLEY WHEELMEN		<u>u</u>	
PLEASE PRINT Application for membership (to December 31, 1975)					
NAME		Y #	HOME PHONE		
	(last)	(first)	= p		
ADDRESS			ZIP CODE		
	(street)	(city & state)			
CHECK LISTI	NG:Single membe	rship or	Family all	(\$3.00)	
MAKE CHECKS	PAYABLE TO: "Illinois	Valley Wheelmen"			
MAIL TO:	Pam & Ron Anderson 203 Locust Street Washington, Illinois 6				

THE "HILLY HUNDRED"

The IVW was represented at this year's Hilly by several riders, some of whom stayed in touch during the ride and some of whom couldn't be touched (Rich and Steve).

We arrived Friday night in time to meet some of the committee for a snack at the "Great Pizza Meet". Unfortunately, few people arrived in time for this session, but we met Judi and Ross Farris there and it was like the opening of the weekend. Weather reports threatened rain and possibly light snow for that night and partly cloudy with rain possible for Saturday. Rain happened at night but day was mostly sunny and great. Date set was just barely past the peak of fall color but hardly dimmed the beauty of the countryside. Cool enough for me to start out with "sweats" on. . . though most rode in shorts. . .water bottle stayed cool all day.

Many of the riders started early and were trickling out of town from 10:00 on (starting time was 10:45 AM). We were glad we left at 10:20 and avoided the mad clash of gears, etc. on the first tough hill. Our wives (Bill Perry's and mine) were going to stay in town and sightsee so were there to take pictures of the crazy-wild pack in front of the Poplars. There must have been 400 to 500 starting at one time.

Our group dwindled (in both directions) down to Les, Bill, Jim and me, with some of us going down hills faster and coming up slower; we evened out and stayed loosely together.

What with the "coolth" and great scenery, we tended to accept the "challenging" hills as they came and came and came. Some were, I admit, less than tantalizing. Finally someone piped up with, "well, we're at the half-way point." Could have killed him! I didn't want to know anything farther than "5 miles to go."

Found out that raisins, candy bars, soybeans, apples, water and cider at frequent intervals really does help sustain the push. Whether you stop to eat or snack from your back pocket while riding it replaces the fuel before a time lag is created. The effect is especially noticeable on a ride of this type.

One bonus of a strenuous course (at least to me) is that the action required keeps various parts from "wearing in" so badly.

Finally. . . "5 miles to go". . . all downhill (and up and down and up) and shady. We weren't the first in, nor the last.

After a little nap, we managed to make it to the banquet—great smorgasbord. Entertainment group sang and kept us alive for the awards. Group from Tennessee picked up the Club Award with 22 people. The youngest boy and girl—7 & 8, oldest woman and man—60 & 65. There was a brief rundown on next day's ride and credits to some real helpers and not near enough credit for Ross and Judi Farris. Just a relaxed evening to wind down after a hard day.

Back to motel in time to sit up in bed and watch News and Weather, "Pain and light snow possible again tonight" (and it did) mostly cloudy and cold Sunday, rain possible (didn't rain, did cold).

Really good breakfast at POPIARS. No sun in sight. Started out cold,

but felt warmer seeing one guy in shorts and short sleeve jersey--UNPEAL!
"It was so cold that". . .you hated to go downhill! Fifteen miles out
made a sag stop to stomp feet and eat a doughnut (which is quite a feat
with both hands in your mouth to warm fingers). Jim and Gary joined us
(had started late, looking for the rest of us). The rest of us at that
time were Les, Bill and me. We didn't see Steve and Rich after the first
turn out of town. Joe had separated before the start and had his own idea
about pace. We passed a lot of riders before the first stop and had to repass
many before Nashville. Slightly less passed us, as usual, we weren't
the first or last. Never saw Carl Brush except at POPLAPS--must have bit
on a great chick to ride with.

Noticed a bunch of blue sky to the left and two minutes after we hit Nashville—sun was out full. Met our wives there, they were so busy with the "neat" shops and scenery they almost missed us but stopped long enough to take a couple of group shots. Joe had arrived a few minutes after we rolled in.

After Nashville it's back to pain and sweat. Made Bean Plossum Hill (except for the last five yards)--no legs left to correct a bad criss-cross. Gary waiting patiently at top. Mostly sun from here on.

Just before the optional "scenic route" (7 miles and some hills farther)
Jim found his legs again-about a quarter mile ahead of us and moving
out. He passed that optional route marker like a shot. Convinced US
so we didn't take it either! Except Gary. . .who was never seen again. . .
(I did see him in the Van that passed us halfway back to Peoria). The
three of us made Reservoir Hill! Joe Mugavero not only made all the hills
but took the extra option--real great after a year off with a bad leg
problem.

Bill, Les and I came in together—Jim about 40 minutes ahead. Rich and Steve in so long they thought it was the next day we arrived. Buth and Jo in from Nashville by car about 10 minutes after us. Sidelight on this is they hadn't even met before Saturday morning. Everyone packing, waving goodbye; watched two guys put 2 bicycles inside a VW with all their other gear—incredible:

See you all next year!

John Wineke

P. S. We could get more people to rides like this. You don't have to ride every hill, nor make the day in four hours, but make plenty of club rides and do send in reservations early. Rooms in the POPIARS were booked by the end of June. We got a room in the FIRESIDE sent in after October 1; so there is a lot of leeway. But if you want a choice location at the Hilly Hundred. . . do it early. The next date is October 11 % 12, 1975.

RACING SECTION

PRESIDENT Stephen Meismer

SECRETARY Richard Miller

Following is a spring training schedule for anyone interested in racing. Please note that these are not casual tours as these rides will be at a brisk pace. As these are early training miles, these rides should not be aggressive. A 70 to 75 gear is the maximum gear recommended for Senior riders, whereas other riders should use a maximum gear of 65 on these rides. There will be two rides, the lower mileage ones for the younger or unfit rider. Each ride can be broken down into groups of 3 or 4 riders.

DATE	TIME	LOCATION	MILES(A)	MILES(B)
Feb. 15 16 22 23 Mar 1	9:00 9:00 9:00 9:00	Kroger on Sterling Peoria Courthouse Kroger on Sterling Square in Washington Kroger On Sterling	20 50 30 70 40	10 25 15 35 20 45
2 8 9 15 16 22 23 29 30	9:00 9:00 9:00 9:00 9:00 9:00 9:00	Caterpillar Morton Mossville School Caterpillar Morton Kroger on Sterling Caterpillar Morton Square in Washington Square in Metamora ICC Caterpillar Morton	50 100 60 100 70 100 75 100	25 50 30 50 35 50 35 50

For any questions call Stephen Meismer 367-4686 Competition Cycle 676-9698

Still waiting on more prices about Club Jerseys.