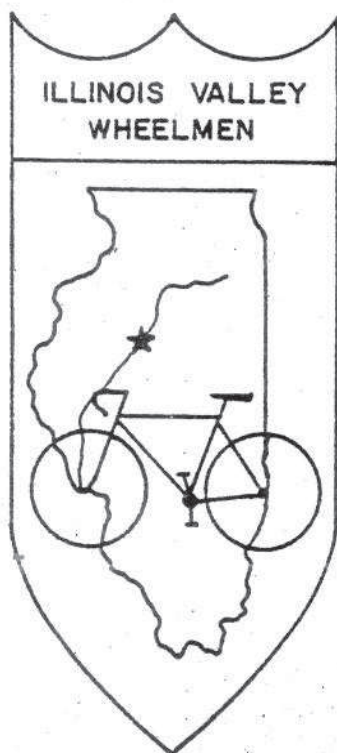


ILLINOIS VALLEY WHEELMEN

June, 1976



MEETING: June 17, 1976, 7:30 - Glen Oak Pavillion

REMEMBER THE ROCK ISLAND TRAIL - with the slight cut in the DOC budget, we must keep pushing for the importance of the bike trail. Write your representatives now...

Club Patches are for sale for anyone who wants them. Contact Bill or Mary Overbey, 691-0040.

Oh where, oh where is the trailer title?

The Pekin Wednesday night ride at 6:30 has been changed for the convenience of the participants to MONDAY night at 6:45 P.M.

Don't forget the Dunlap parade on June 19 (see details in the May Bulletin)

Caution, summer sun can burn, be sure to use proper protection if you burn easily.

RIDE REPORT:

Fifteen cyclists rode with Don Eberle on his tour of the countryside north of Morton on May 9.

The best attended weekend ride of the past month (other than MPI) was Bob and Mike Small's Hanna City to Canton ride on May 16 with about 23 riders participating. The weather was perfect and the route was a real nice one with some really nice downhills. However, it was a day for tire problems, with at least three riders having flats.

The MORTON PEDAL-IN had 106 riders this year, with some from as far away as Richardson, Texas. Special note must be made about Phil and Ruby Frazier, who pedaled to the Pedal-In from Liberty, MO. They started on Sunday and arrived in our area on Friday. The Bloomington Club had good attendance. Riders also came from, Michigan, Cincinnati, Springfield, Joliet, DeKalb, Kansas City, Winfield, Davenport, Rock Island and other cities. Approximately 40 riders completed the 100 mile tour. The quickest time of approximately 6 hours was ridden by John Herleman from Kansas City, Missouri. The food was plentiful and good, sag coverage was good, and the route was well marked, rumor has it that someone got lost only for a little while. Overall the feedback and comments were all favorable, except for the wind. Items that were lost at the MPI were a saddle bag, rain suit, and a set of Ford keys. Contact G. Ireland if any of the above are yours.

Wind and the threat of rain kept attendance low for the Memorial Day weekend ride on May 30. The five riders, after getting a little wet while still in Pekin, took a quick break at the donut shop, and then decided to get at least a few miles in and rode to Tremont and back rather than

to the scheduled Prairie Trails Inn. (Incidentally, if you did some riding on your own that weekend and wish to purchase the L.A.W. Memorial Day ride patch, call Bill Overbey at 691-0040.)

On Monday, May 31, Rich Miller, Roger Wise, Diane Ziegler and Craig Shanklin were in Crown Point, Indiana, for the annual "Dunes Century." Despite the fact that the first fifty miles were shrouded in fog and rain, that the route never came near the dunes, and that the organizers provided no food or rest stops, it proved to be an enjoyable trip for those who went. With talk of better organization next year, it could prove to be an even more rewarding ride through the localities pleasant countryside.

The joint ride with the Bloomington Club on June 6 came off very well though we had hoped for more riders from the IVW. Representation was about 50/50 with 9-10 riders from each club. The rolling terrain and warm morning made for a good workout. Bloomington club members will be invited to one of our rides later this summer.

After several weekends of rainy weather, Sunday, June 6, proved to be a beautiful day for Roger Wise, Diane Ziegler, Craig Shanklin and 300 other cyclists who were in Kenosha, Wisconsin, for the Kenosha Diamond Century. It was a very well organized ride (3 rest stops and a hot lunch) which had some beautiful views of Lake Michigan and the Lake Geneva area. The four hour drive and five toll booths were more than outweighed by the good time everyone had.

The Washington, Wednesday night rides have had as many as 12 riders. They have been riding mostly on the rural roads just outside of town where there is little traffic. The distance has been kept below 10 miles. The Washington riders welcome everyone to join them at 6:30 P.M. on the Southeast corner of the Square.

The Peoria Wednesday night rides do exist at 6:30 P.M. at the McClure Library. (They seem to like cemetery routes)

If you have any ride suggestions for the fall months please let one of the ride committee members know of them. They will use your ideas!

The Ride Committee:

Don Eberle (699-2790), George Smith (637-9679), or Ron Anderson (283-2018)

ILLINOIS VALLEY WHEELM'N VELO RACING TEAM

USCF Sanctioned Races:

MAY 16 Springfield, Illinois

Where are our racers? Only four IVW racers raced in this nearby city. Even though, the crowd knew we were there. A rider in the Senior 4 field fell in the early laps, taking our own Ted Snyder down with him. Ted recovered and finished in 7th place, and was forced into a fellow teammate, Jim Nelson, just past the finish line (don't worry, their bikes are OK). A two-stage hill took its toll as the IVW Senior 3s did not finish. Steve Meismer and Rich White will be trying out some hills on their training rides now, hopefully. Is Jay Manthey turning tourist? He bicycled down to this race to watch the race and the girls. Last week he rode TOSRV. What is the world coming to?

MAY 22 Morton, Illinois

At least most of our own team showed up. A parked car on the course caused several unfortunate accidents in the early races, including a few of our own IVW racers. Luck with us as all injuries were minor. Top placing went to Mike Cambron who took 4th place over Keenan Cluskey (5th) in the Junior event. Out of fourteen IVW racers in total the highest single placing went to Gerry Ireland in the Veterans race, in which he placed 2nd in a closely contested sprint. The Senior 2-3 race was very fast, and very aggressive. In fact it was so aggressive, the Illinois State Representative refused to accept prizes offered by some of the bystanders. Racers attending: Intermediate - Dale Ireland; Juniors - Grenville Pridham, Keenan Cluskey, Mike Cambron; Senior 4 - Ted Snyder, Joe Bacica, Jim Nelson, Chris Huggins, Steve Meismer; Senior 3 - Rich Miller, Rich White, Mark Williams; Senior 2 - Jay Manthey; Veteran - Gerry Ireland.

MAY 30 Lockport, Illinois

Rain is the story of the day. This was a points race, and honors go to Ted Snyder as he won the first sprint, missed the second and gets beaten in the final sprint by less than a tire's width. Total points placed Ted in 2nd place. Racers attending: Juniors - G. Pridham, M. Cambron; Senior 4 - Ted Snyder, S. Meismer; Senior 3 - R. White; Senior 2 - J. Manthey.

MAY 31 Moline, Illinois

On a very rough course, we brought home two places. Intermediate, Dale Ireland placed 8th, and Jay Manthey pulled a tenth out of a very fast race ending in a mass sprint. This race is one to see with its large crowds, who are by no means quite. Racers attending: Intermediate - D. Ireland; Junior - G. Pridham; Senior 4 - T. Snyder, S. Meismer; Senior 3 - R. White; Senior 2 - J. Manthey.

JUNE 6 GlenElen, Illinois

Four riders participated in this race, J. Manthey, R. White, S. Meismer, and T. Snyder. The Senior 3-4 race had 140 starters. The course was held on narrow roads and no one placed.

Did you know that racers do shave their legs. No, not because they are odd, but for cleanliness (easier to wash), faster healing time (road burns are aggravated by pulled hairs), ease of applying liniment, a psychological lift (maybe they do go faster), and to show off their oversized thighs. Besides, it is a good feeling, once you get used to it.

Club Training Races:

May 12 Detweiller

1. Mark Williams
2. Ted Snyder
3. Steve Meismer
4. Rich White
5. Rich Miller
6. Jay Manthey
7. Chris Huggins
8. Jim Nelson

Matched Sprints - Mark Williams showed his preference for sprinting and displayed his track tactics to undisputedly claim 1st place in this velodrome type race. The distance was short, and a few riders complained of it being too much so, saying they never got to top speed. Excuses, excuses!

Did you hear the one about the bicyclist who heard that 95% of all accidents occur within five miles of home? So, he moved.

We all hope Jay's cracked head heals real quickly from his crash on Main Street. Was he watching the girls again? Five miles from home, hmmm.

May 19 Pioneer Park

1. Jay Manthey
2. Alfredo Uribe
3. Ted Snyder
4. Steve Meismer
5. Rich White
6. Jim Nelson
7. Mike Cambron DNF (flatted)

Points Race - Quite a few spectators, and an interesting type to watch. In this type of race, points are given to riders and accumulated over the entire race by their position coming across the line on designated laps. This livened up the race by having sprints every five laps.

May 26 Pine Lakes

1. Steve Meismer
2. Mark Williams
3. Jim Nelson
4. Jay Manthey
5. Ted Snyder
6. Rich White DNF
7. Rich Miller DNF

Handicap - A small turnout of spectators, but a satisfying race for the slower riders. A huge handicap time for the scratch group made our faster racers try harder, even though they did not succeed in catching the next group of riders.

June 2 Grange at Trigger Roads - Individual Time Trial - A stiff wind made the going rough, and few, if any, improved their speed. In theory, however, the wind would have increased their speed going out to make up for coming back into that vicious headwind (remember that is in theory only). Jay Manthey's time will have to be improved to qualify in the State Championships for the Nationals. Go get 'em!

COMING EVENTS 6:30 P.M.

- | | | |
|----------------------|-------------------------|-----------------------------------|
| 6/9 Hill Climb | Detweiller Park 2 laps. | Please note the starting time for |
| 6/16 Handicap | ICC old campus 25 mi. | Wed. night training races. They |
| 6/23 Matched Sprints | Detweiller Park | will start at 6:30 sharp. Helmets |
| 6/30 Road Race | Pine Lakes | are provided for those who have |
| 7/7 Time Trial | Grange at Trigger 9 mi. | none by Competition Cycle. Thank |
| 7/14 Handicap | Pioneer Park 20 mi. | You! |

DEFINITIONS:

DNF - did not finish

scratch group - last group of riders to start in a handicap race

velodrome - a steeply banked track to race track bicycles on

prime - special prize for a sprint during the course of a race

NOTES:

In reference to training rides meeting at Kroger on Sterling, Peoria, we will ask everyone to follow a new standard of procedure.

1. Split into groups of 2, 3, 4, or 5.
2. Stay together with your group.
3. Sprint only for designated landmarks.
4. Regroup after sprints and hills.

This is requested so the riders can set their own pace; this is of great importance as our training schedules may dictate a different pace. We don't feel right slowing everyone down, or slowing down for a group of riders whose schedules conflict. Meet M, T, TH, F 5:30, at present.

Mark Williams will be leaving June 8 for Australia. With a stopover in Chicago and a couple of days lounging around Hawaii, he and his parents will move into their "flat" in Turak, a suburb of Melbourne. With five velodromes, the many clubs, and reputedly aggressive racers, Mark will have a tough season cut out for him. Look out for this guy when he returns to the United States.

ILLINOIS VALLEY WHEELMEN

RIDE SCHEDULE

JULY, 1976

DATE	TIME	DESCRIPTION	LENGTH	RIDE CHAIRMAN
JULY 3 SATURDAY	8:00 A.M.	Ride from Northwood Mall out to Rt. 8 and then to Edwards and Kickapoo before returning to Northwoods via a different route. Meet at Penneys Auto Center. (L.A.W. Patch)	23 miles	Diane Ziegler 674-7527
JULY 9 FRIDAY	10 P.M.	"Full Moon" Ride - Meet at the Courthouse in Eureka for a ride on back roads to Goodfiled. Front light and rear reflector required.	20 miles	Carol Stiles 467-2617
JULY 11 SUNDAY	6:30 A.M.	"Circle the City" Here is an interesting ride which will circle the city of Peoria. Will leave early to avoid traffic. Meet at picnic area at the top of Grandview Dr. hill.	15/20 mi.	Bob Lipka 682-9620
JULY 18 SUNDAY	8:00 A.M.	28 mile loop ride from Pekin to Groveland to Dillon. Meet at Mineral Springs Park in Pekin (near pool).	28 miles	Jack Welch 346-9866
JULY 25 SUNDAY	10:00 A.M.	Ride from Sunnyland Plaza (Belscott store) to Eureka Lake Park for picnic. Bring a dish to pass. Beverage will be provided. Note: Eureka Lake not open for swimming.	30 miles	Les Siegrist 283-4660

Please call listed ride chairman for answers to your questions.
Riders under 16 years of age must be accompanied by parent or adult.

Out-of-town rides of possible interest:

- June 19-20 Tour of Chippewa Trail, Chippewa Falls, Wis.
- June 20 MBA Fathers' Flatland 200/100/50 KM., So. Bend, Ind.
- June 20 Bicyclenential Tour of Wisconsin, Madison, Wis (177.6 miles)
- June 20 Bicentennial 76, Janesville, Wis.
- June 27 LaCrosse "Killer Hill" 64, LaCrosse, Wis.
- July 4 Libertyville Independence '76, Illinois (76 mi. or 76 KM)
- July 8-11 L.A.W. National Convention, Pennsylvania
- July 10-11 MELT (Milford-East Lansing Tour), 80/mi. day, Lansing, Michigan
(See L.A.W. Bulletin for details on above rides)

*June Ride Schedule was in the May Bulletin, anyone who needs a copy contact Diane at 674-7527 and you can get one.

If there are any errors or corrections to be made on the ROSTER call 674-7527.



Ron and Pam Anderson
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