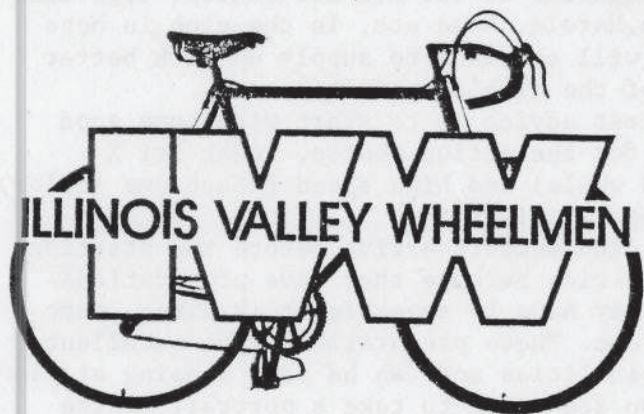


ILLINOIS VALLEY WHEELMEN



P.O. BOX 1523, PEORIA, ILLINOIS 61601

APRIL, 1978

President	Ron Anderson	283-2018
Vice President	Jerry Selvo	673-4143
Secretary	Rose Brewer	685-7172
Treasurer	Steve Meisner	367-4686
Ride Chairman	Terry Beachler	688-0869
Bulletin Editor	Diane Ziegler	688-2715
Program Chairman	Cliff Brown	691-6435

PRESIDENT'S PEN:

No matter how you look at it, the Northwoods Mall promotional display was a big success. A very big THANK YOU to Diane, her Promotion Committee, and everyone who helped - especially the roller riders! The effort that you all put into this was really fantastic and the raising of nearly \$250.00 for the Easter Seals Telethon was really a credit to those of you who did it - and to the IVW.

Thanks to Doug for arranging our interesting March meeting program on cyclocross racing with Tiger Johnson. For those of us not too familiar with racing, and even less familiar with cyclocross, this was a good program. Hoping we can schedule more race oriented programs soon.

Finally, we've got better riding weather! Please post the ride schedule where you can't overlook it and come on out. Note the Wednesday A.M. ride in Morton, Saturday A.M. ride in Washington, and all of Terry's Sunday club rides. Get in shape now. We want everyone at the Hilly Hundred in October - only six months away!

Ron

MEMBERSHIP RENEWAL NOTICE - 1977 members who have not renewed their IVW membership for 1978 by April 30, 1978, will have their names discontinued from the roster and the mailing list for the IVW Bulletin!

APRIL MEETING 4/27/78 - C.O.R.D. Building, 6518 N. Sheridan Road, Peoria, Illinois - 7:30 P.M.

This month's speaker will be Officer Janet Gurnsey of the Peoria Park District Police. Officer Gurnsey will present a program on bicycle safety and introduce the bicycle rodeo to be held on May 20, 1978, and ask for participation from the IVW to help judge and marshall.

CONSTITUTIONAL CHANGE RE FAMILY MEMBERSHIPS

A vote will be taken at the May meeting on the following proposed addition to our Constitution:

As pertains to Meetings Section 5

"A family membership shall be entitled to two votes when two or more members of the family are present at Regular, Special, or Annual Meetings."

The question of family membership voting rights arose at our recent annual meeting. Since the Constitution has no provisions for such, the Executive Committee is making this proposal.

ILLINOIS VALLEY WHEELMEN
1978 Application for Membership

MAIL TO: ILLINOIS VALLEY WHEELMEN
P.O. BOX 1523
Peoria, Illinois 61601

NAME _____, _____ Home Phone _____
(Last) (First)

ADDRESS _____
(Street) (City and State) (Zip Code)

CHECK ONE Adult (\$4.00) Family (\$5.00) Student [under 18] (\$3.00)

Meeting called to order by Pres. Ron Anderson. Report of the Executive Committee Meeting approved as read. Steve Meisner reported a balance of \$147.92.

Terry Beachler briefly reviewed upcoming rides - he would like to have a bike camping weekend to Jubilee. Also yet to be planned is a trip to the Elroy-Sparta Trail with the Ski Club. Terry gave a brief overview of the Tour of the Mississippi River Value, June 15 & 16, anyone interested should contact him for further details.

Doug Bertram reported that BUD will be sponsoring the races May 6 & 7 with a donation of \$3500. Also in the planning stages is a race for Steamboat Days, June 17 & 18. The racing section will again host the State Road Race at Heritage Lake on June 18.

Cliff Brown offered suggestions for programs - these were discussed at great length. It was decided to try a maintenance program with different "experts" showing how to repair, etc. - the public will be encouraged to attend.

Jerry Selvo is still trying to track down the press release for the Journal Star, seems it disappeared.

Diane Ziegler stated that all is ready for the promotion at the Mall.

The maintenance clinic will be held April 8 at Jack Welch's home - 1 P.M. - 1730 Heisel, Pekin, Illinois.

Jack Fought reported that the awards committee met and decided 1) The Broken Saddle Award would be given to the person with the most miles on club Sunday rides; and 2) the Club Award will be given for participation in all activities & committees.

Having no other business, several announcements about upcoming LAW rides were given - see LAW Bulletin. Following this the meeting adjourned.

The program consisted of movies and a presentation by Tyger Johnson - Midwest Cyclo-cross champ.

Rose Brewer, Secretary

Happiness is a constant journey,
not a final destination.

This article is for all the shutter bugs like Peggy, Ron, Harold, Rose etc, in the club in hope that they will continue to supply us with better pictures of the club's activities.

My first advice is to start with some good fast film for the action photos. Kodak Tri X (black and white) and high speed Ektachrome (color) are two popular films.

Most club members arrive before the starting time of the ride because they have preparations to make. They have to assemble their bikes, pump up tires, etc. These preparations give excellent photo possibilities and can be very amusing at times.

If you are going to take a portrait of the group try not to take it in the sunshine because your subjects not only will have to squint but the dark shadows will not make them look good.

The picture that will show all the riders and the overall scene is best taken at the start. There are a number of ways to do this but the clearest is to get a high enough vantage point to fill your photo with the whole group. Try to find something to stand or climb on - like the top of Les's Van. (He will not mind??)

Everybody wants an action photo of the group ride, so the easiest way is with a pan shot. It is picking out your riders in your viewfinder as they come down the road and clicking the shutter when they are opposite or perpendicular to you while continuing to swing the camera smoothly. You should practice that smooth swinging motion and clicking the shutter without hesitation.

My final suggestion comes from a bad experience of taking pictures along Lake Michigan. As Doug can testify, you do not get your camera wet if you want the film to develop.

Steve Meisner

Travel by Bike



TOURING SECTION PROFILE #2

Rose Brewer is the Virginia Slim lady of the Illinois Valley Wheelmen. Rose became a member in the year of 1972. She was born and raised in Brookfield, Missouri. Rose went through nurses training at St. Francis Hospital, and now she works for the Orthopedic Associates. In between a couple of broken bones, in 1977 Rose rode approximately 3,000 miles. She is 29 years old, lives in Peoria, and has two bicycles. She rides her Motobecane Grand Record the most. She is secretary of the club this year as she was last year also. Rose plays some softball and does some downhill skiing.

Don Eberle, Profile Person

PEORIA PARK DISTRICT'S
BICYCLE RODEO NEEDS IVW HELP!

Peoria Park District covers an area of approximately 50 square miles and has a resident population of about 142,000; with an estimated bicycle population of 106,500 or 75% of total.

One of Peoria Park Districts primary responsibilities is the development, implementation and evaluation of programs which affect the quality of its residents in a positive way. The Park Police of the Peoria Park District can deal directly with the problem of bicycle safety through the operation of a bicycle safety program which deals with education, enforcement, registration and evaluation in cooperation with the Peoria Public School system and city officials.

The Safety Laboratory Research Center provides instruction on basic safety rules and procedure to Peoria Public and neighboring School Districts. The program provides for a lecture-discussion, film and practical exercise on the outdoor safety course. Bicycle rodeos are used to reinforce educational efforts taught during the school year.

Peoria Park District's '78 Summer Recreational Program includes a bicycle rodeo for bicyclists of all ages. Prizes and trophies will be awarded to 1st, 2nd, and 3rd place winners in three separate age categories. The bicycle rodeo obstacle course will be staged at Glen Oak Park (Conservatory lot) from 10:00 a.m. till 2:00 p.m.

Publicity is essential for attracting participants and would be much appreciated. Illinois Valley Wheelmen are encouraged to come and help judge. Please contact the Park Police at 691-6232. Thank you for your cooperation!

Janet Gurnsey, Peoria Park Police

HINT OF THE MONTH

A member found a really effective way to clean bike parts such as brakes and derailleurs. The home dishwasher does an outstanding job. Pay close attention! First wash any parts you are going to clean under very hot water. It will remove the worst of the dirt. Wipe off any dirt or soil that you can. Put the parts in the dishwasher through a normal cycle. They will turn out like new. Lubricate parts and install on bike. You might want to avoid putting greasy parts such as a chain into the dishwasher (unless it belongs to someone else). The IVW will not be responsible for any divorces or eviction notices if someone is caught using the above procedure in the home dishwasher. Also, do not clean parts in the same load as your fine china. Anonymous.

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ILLINOIS CYCLE

* LIMITED QUANTITIES PEORIA - PEKIN

I V W PEDAL FOR THE CRIPPLED CHILDREN:

Coincidentally the Northwoods Mall Promotion Display weekend coincided with the Easter Seals Telethon at the same location. The IVW Velo Racing Team members earned some money for the Telethon and a big boost to the display and promotion of the IVW by riding 50 mph sprints for a dollar, aggregating an approximate total of \$250.00 for Easter Seals. With the donation for Easter Seals came air time over WXCL radio on Saturday night and media coverage on TV Sunday evening to contribute the money earned. This was an added extra to the promotion of the IVW and helped both causes.

I am very pleased with the participation that I received from my committee members and would like to thank them all and also the guys who knocked themselves out doing the sprints. I would like to thank Brown Sportings Goods for the donation of the speedometer after we wore out the one Les brought, Competition Cycle for the use of the bike racks, Vitesse Cycle for the Trek display, Mrs. R. Sullivan for the lettering on the Banner and all her painting helpers, and, of course, all the IVW members who contributed pictures for the display board and the people who put them up. Diane

**RIDE SCHEDULE**

April, 1978

May, 1978

DATE	TIME	DESCRIPTION	RIDE CHAIRMAN
Saturday morning	9:00 A.M.	Meet at Washington Square (20 miles or less)	Ron - 283-2018 Les - 283-4660
Apr. 16 Sunday	9:00 A.M.	Meet at Limestone H.S. - Slightly Hilly.	Bob Small 565-4890
Apr. 19 Wednesday	6:00 P.M.	TRAINING RACE - Criterium Handicap - Pioneer Park	Rich White, Coach 688-4799
Apr. 23 Sunday	9:00 A.M.	Peoria Courthouse to Morton	Les Siegrist 283-4660
Apr. 23 Sunday	8:30 P.M.	Velo Racing Section April Meeting (short) [important details on May 6 & 7 race discussed]	Doug Bertram 676-2011
Apr. 26 Wednesday	6:00 P.M.	TRAINING RACE - Individual TT - Grange & Trigger	Rich White 688-4799
Apr. 27 Thursday	7:30 P.M.	IVW REGULAR MONTHLY MEETING, C.O.R.D. Building 6518 N. Sheridan Road, Peoria, Illinois	Ron Anderson 283-2018
Apr. 29 Saturday	early	RIDE TO CHAMPAIGN CENTURY from Peoria to Champaign [call Don for details of times and lodging]	Don Eberle 699-2790
Apr. 30 Sunday	9:00 A.M.	Peoria Courthouse and around town (15 miles)	Joe Mugavero 685-6608
May 5 Wednesday	6:30 P.M.	TRAINING RACE - Hill Climb - TT - Detweiller Park two-three stages	Rich White 688-4799
May 6/7 Sat/Sun		EVERYONE RIDE TO MORTON (Idlewood Park) on Saturday and HERITAGE LAKE on Sunday and be spectators to "THE GREAT BUDWEISER BICYCLE RACING WEEK-END"	
May 10 Wednesday	6:30 P.M.	TRAINING RACE - Handicap - Brimfield Road Course 21-28 miles	Rich White 688-4799
May 14 Sunday	9:00 A.M.	Meet at Hanna City Mall, across from Bank (approximately 20 miles)	Bob Small 565-4890
May 17 Wednesday	6:30 P.M.	TRAINING ROAD RACE - Handicapp - Pioneer Park (18 miles)	Rich White 688-4799
May 21 Sunday	7:00 A.M.	IVW PEDAL-IN - Jubilee College State Park, Kickapoo, Illinois (15 mi. N. of Peo.) 25/50/100 mile routes	Rose Brewer 685-7172

*Riders under 16 must be accompanied by a Responsible Adult.
*IVW assumes no responsibility for accident, injury or damage.
*Call listed Ride Chairman for any addition information.

I found a good deal on a bike light. The back of the package of "Kellogg's Frosted Mini-Wheats" has a coupon for a Ray-O-Vac bike light (an Americanized version of the Wonder Light). Cost is \$2.25 and two box tops. A box of the cereal probably contains enough sugar to run a bike racer to Chicago and back non-stop. TB

L.A.W. RIDES OF INTEREST IN OUR AREA:

- 4/16/78 - Silver Springs Sixty, Aurora, Illinois*
- 4/23/78 - Union Express, Elgin, Illinois
- 4/30/78 - Prairie Spring 100, Champaign, IL*
- 5/13-14 - TOSVR, Columbus, Ohio
- 5/21/78 - IVW Pedal In Peoria, Illinois *
- 6/4/78 - Diamond Ride, Kenosha, Wisconsin
- 6/10/78 - Central 200 & 300, Litchfield, IL
- 6/11/78 - Big Rock 100, Big Rock, Illinois

*Rose (685-7172) has applications.
**See L.A.W. Bulletin for further details.



Touring Report

THIS 'N THAT

3/12/78 - Limestone H.S. to Glasford

The ride to Glasford included many hills and a route unfamiliar to most of the dozen bikers. Several riders quickly found out what condition they were in. One of the benefits of a new route was the fact that the fast bikers waited up for the less-fit bikers who had a map. Doug Bertram and several others rode out to L.H.S., in addition Doug seems to enjoy the hills, as he was often seen speeding back down a hill just so he could charge up again.

Ron Matuska, Ride Chairman

3/19/78 - Washington to Armington

Eighteen riders participated in the Tailwind Ride (actually sidewind). Maybe you can catch someone who went for a report, with that kind of participation in March it must have been a good ride.

Ron Anderson, Ride Chairman

3/26/78 - Pekin (cancelled)

The Easter Sunday ride was cancelled because of a heavy accumulation of extremely hard water. Also Jack Welch's (ride chairman) order for studded snow tires for his bike was back-ordered. This could have created a possible traction problem for Jack's bike resulting in errors in Jack's timetable. Jack, being a master of perfect planning, cancelled the rider rather than run the risk of unacceptable timing errors. TB

4/2/78 - Northwoods Mall (windy and wet)

Five bikers showed up for a non-ride. It was too windy to ride so we drove over to Lum's for breakfast instead, and then proceeded to the Northwoods Mall display.

Ron Matuska, Ride Chairman

4/9/78 - Peoria Court House to Parks

A perfect sunny and getting warm day, super riding conditions with a good crowd participating. This ride chairman, however, forgot her helmet and went back to the start to get it, well, I proceeded to ride the route frontwards and backwards and just could not find my group. So I hope everyone had a nice ride without a leader. It was good to see Mr./Mrs. Fred Carrick out on tandem, being a person who has rode tandem often, I wish both of you many good times riding together.

Diane Ziegler, Lost Ride Chairman



Until further notice Don Eberle will drop the Wednesday A.M. ride from the schedule.

When trying to use our present ride format (short rides at the beginning of the month - longer at the end), I found that it did not fit club activities. I have after an infinite amount of thought arrived at a new format which I believe will be very popular - NONE. They theory goes something like, "everyone volunteers as a ride sponsor and in the end everyone is happy." Pick your ride and give me a call at 688-0869. Terry

Based on the premise that there is no substitute for miles, the IVW will award three patches for miles ridden in 1978 (no rollers). The patches to be presented at the January, 1979, awards banquet will be for 1,000, 5,000, and 10,000 miles. Get your cranks in gear and keep a record or an odometer. Give me your mileage records to be eligible for the patches. TB

Thanks to Mr. & Mrs. William Miller of Henry, Illinois, for providing maps of the Henry Bicentennial Bike Trail. The bike trail is marked. The booklet is included in the bulletin to local members and a patch is available. Another Henryite, Gary Singley, made arrangements with the Millers for the maps.

Max Koehl, MapMaker



I.V.W. PEDAL-In, Jubilee College St. Park
May 21, 1978

This years Pedal-In is taking a new direction. For a change of scenery we are getting out of the Mackinaw River Valley area and into the slightly hilly, and scenic rural countryside North-West of Peoria.

The route starts at Jubilee College State Park, just off I-74, exit at Kickapoo and follow the signs. The part is a favorite place for picnics, backpacking, camping, horseback riding, cyclo-cross, cross-country skiing and, of course, BICYCLISTS of every type. The route will go North over quiet country blacktop roads in 25 or 50 or 100 mile loops. Hope to see a good crowd from the IVW as well as out-of-town riders. For more details see the application included in this month's Bulletin.

Rose Brewer, Pedal-In Chairman 685-7172.





THE GREAT BUDWEISER. RACING WEEK-END

MAY 6 & 7 \$3500 IN PRIZES

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BICYCLES
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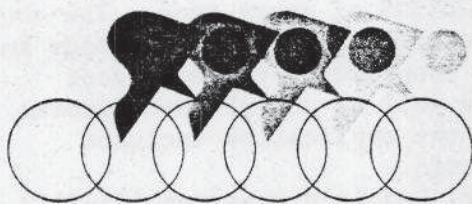
You may have noticed that there is no ride planned for May 6 or 7. The I.V.W. Velo Racing Team will be conducting races on those days and will need several volunteers. Approximately 400 riders are expected to compete for \$3500 in prize money. To start the first day, approximately 10 people will be needed for registration (7:00 A.M.) on Saturday. Diane Ziegler (688-2714) will be handling registration. As the day progresses as many as 20 people will be needed to sell Tshirts, handle many small tasks and for picking winners of various places in the races. Terry Beachler (688-0869) will be handling this group of volunteers. On the second day (May 7) volunteers will not be needed until 10:00 A.M. Both days should be finished by 5:00 P.M. Those volunteering should wear their IVW Tshirts or jackets and bring your camera for some unusual photographic opportunities. TB

TREK

CYCLERY NORTH

INTERNATIONAL DEVELOPMENT
STATUS

COMPETITION CYCLE



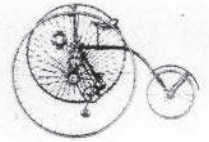
**The Travelers Junior
Bicycle Racing Series**



A Junior Olympic Development Program Sanctioned by the United States Cycling Federation



Vitesse racing team report



Racing Report



March 22 / Pioneer Park - Criterium

- 1 Doug Bertram
- 2 Sam Joslin First training race of the
- 3 Steve Meisner 1978 season, pack stayed
- 4 Chris Huggins together for 2 or 3 laps
- 5 Mark Williams until Doug took off and
- 6 Diane Ziegler finished about a 1/2 lap
- 7 Rich White DNF up.
- 8 Jerry Selvo (late start)

March 25-26 / Tour de Louisiana; New Orleans. After the airlines lose Jay's bike and a lot of worry, he gets his bike a few hours before the Time Trial. The TT is held on the lakefront of Lake Ponchatrain with a starting field of 45 Sr. I & II. Jay shows a surprising 14th. Across Lake Ponchatrain on the longest bridge in the world (26 mi) in Covington, LA in a 60 mi. Road Race, Jay finishes in the pack sprint. The places don't change. Sunday on a longer version of the previous RR Ton Doughty (U.S. team member) gains almost 3 minutes on Jay and the pack. Jay finishes in 16th in general classification, 4th in the Sr. IIs.

April 1-2 / April Fools Stage Race, Houston, TX Jay's bike must like airlines, got lost again, but this time is found and returned much sooner. Ted Snyder is in good health, but feels he is not in shape to race. He does however, perform a great support effort for Jay. A starting field of 40 Sr. I & II. Jay places 8th in the TT, later in the say day, 7th in a 100 km RR. A 50 km criterium on Sunday sees Jay hang on to his 6th place overall time, 20 sec. behind Ralph Therrio.

April 5 / 9 Mile Time Trial - Grange & Trigger

- 1 Steve Berger Cold and windy TT, looked
- 2 Steve Meisner like rain. Berger won it
- 3 Rich White even with a flat on way back.

RACERS - Please note the Training Race Schedule is in the Ride Schedule. Places in the Training Races will help determine where the sponsorship money goes and also will determine the points total for the Traveling Points Trophy given out at the Annual IVW Meeting in January.

April 9 / Will County

Jay, Doug, Steve M., Sam J., and Ken Beckler went up to Will County which was everyone's first race of the season except for Jay who has been flying all over the country. At 10:00 in the morning it was still cold and windy. In the Sr. I & II race Jay took off from the gun and it took the pack a lap and a half to catch him. Then it was everyone waiting to see what last year's state road champ would do. On the last lap of the 45 mi. race the State Road Champ took off with another rider and the rest of the pack broke up into small groups with Jay finishing 5th and Doug 7th.*****Sr. III Steve M. started but didn't finish. He said riding 100 miles the day before and pulling Diane around on the back of the tandem didn't help!***** Juniors, Sam Joslin and Ken Beckler got their first taste of racing. Sam found out how far he could run with a flat tire. The race ended with Ken getting 5th and Sam 6th. (the future looks bright for our two Juniors, we expect a lot from them and I'm sure they will produce it.)

April 12 / 10 mile Road Race - Pine Lakes

- 1 Steve M. Handicap Race - Jay and Doug
 - 2 Ken B. started 4 minute down and
 - 3 Chris H. came within 45 seconds of
 - 4 Jay M. catching the others. Don E.
 - 5 Doug B. started and flatted a "Del
 - 6 Sam J. MonGo" tire. Do we have an-
 - 7 Bill Busby other Vet? Les Seigrist also
- started. 28 min. total time.

Racing News

If you are going to race in Champaign on April 23, Contact DOUG at 676-2011.

If you haven't ordered your racing jersey please do so, material is in and jersey's will be delivered soon.

NOTICE TO ALL IVW V.R.T. MEMBERS -----
All of you who will be racing in our May 6 and 7th race, fill out the enclosed entry form immediately so your name and number can be listed in our racing program.

I.C.A. TRAINING RACES

April 22 / 8:30 A.M. Registration Criterium - Bradley Park, Peoria, Illinois. All classes.
9:00 Midgets-Intmd. One steep climb and descent with 100° turn at bottom.
9:15 Other classes accord- All bikes will be checked. Distances will be determined
ing to registrations. by registrations and weather conditions.

4:00 P.M. Registration Time Trial - Bloomington, Il. 15 Mi. Virtually flat,
4:30 Registration Closes non-USCF classes eligible for prizes. Wemon, Men 15-17,
5:00 1st man off men 18-24, men 25+. Registration at Vitesse Cycle Chop
in Normal. Caravan to start. USCF riders \$1.00,
non-USCF riders \$1.00.

April 29 / 8:30 A.M. Registration Criterium - Bradley Park, Peoria, IL All Classes.
9:00 Midgets-Intmd. Different course from 4/22 race. One mild climb
9:15 Other classes accord- and descent.
ing to registration.

What's Happening?

We want to welcome our youngest member to the IVW - Jason Flack who was born on March 1, parents are Bonnie & Jeff. *****
Did you catch a glimpse of the new IVW Bulletin logo? How do you like it? Credit must be given to Dale Kruse who designed the logo, I think it's super. *****
Once again, Doug took six IVW riders on the scenic route to Bloomington last Saturday. Before reaching Morton Doug had a flat, and then the tandem had a flat before getting to Mackinaw. With a repair kit from the bike shop in Mackinaw the tandem and 5 other bikies were rolling again for a fast ride to and from Bloomington/Normal. Good to see Kim Evans again, says he is studying hard.

Illinois Valley Wheelmen
P.O. Box 1523
Peoria, Illinois 61602

VITESSE

Cycle Shop College & Linden
Normal Illinois



RALEIGH

SEKAI
BICYCLES

TREK

Telephone
454-1541

Ron and Pam Anderson
203 Locust Street
Washington, IL 61571