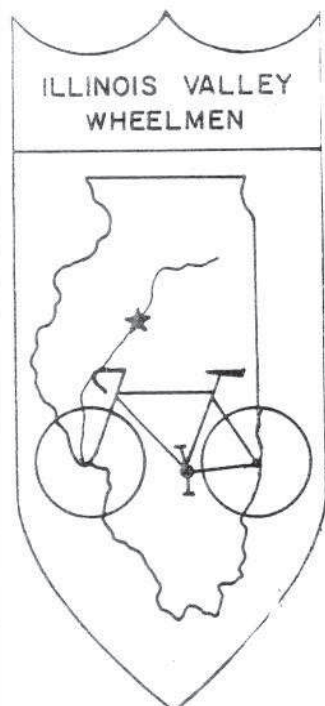


ILLINOIS VALLEY WHEELMEN

P.O. Box 1523, Peoria, Illinois



October, 1978

President	Ron Anderson	283-2018
Vice President	Gerry Selvo	673-4143
Secretary	Rose Brewer	685-7172
Treasurer	Steve Meisner	367-4686

OCTOBER MEETING - 10/26/78 C.O.R.D. Bldg., 6518 N. Sheridan Rd. Peoria, Illinois (7:30 P.M.) Program Chairman Cliff Brown has arranged for Steve Shostrom of the Illinois Valley Striders to speak to the club on Marathoning and conditioning and training in cold and hot weather. Mr. Shostrom is an active runner/jogger and has participated in many running marathons including the Boston Marathon for many years.

PRESIDENT'S NOTES: Thirty-four of us had a great time at the 1978 Hilly Hundred! No, we didn't get the first place award for club attendance, but we were right up close to the top again. The club from Fort Wayne, Indiana, took first with 58 riders. The IVW and Springfield club were hotly competing for what we thought would be first, but it wasn't to be. Believe me, everyone knew that the IVW was well represented. Our enthusiasm, yellow t-shirts, and club banner really set us apart! The weather was fine and the hills as challenging as always but truly a great "Hilly!"

I must make special mention of Ron Matuska who rode over to the Hilly and Diane Ziegler who first rode to Cincinnati to pick up her sister and then rode back to Bloomington, to the Hilly. Great! (Person riding the farthest to the Hilly was Dave Ringland of Springfield who took the train to St. Paul and cycled back to the Hilly beating Diane's mileage by 200 miles. The oldest rider at the Hilly this year was 73, we have members older than that, next year let's take first place in all the competition.)

You are all encouraged to get out on November 5 to watch the VRT's cyclo-cross. Cyclo-cross is a part of the cycling scene we don't see too much of around here. Many of you heard "Tyger" Johnson's program on cyclo-cross at our meeting last March. Here is a chance to see him and all the other "mudmen" in action. Cyclo-cross is a race over rough terrain (at Jubilee Park this year) with mounts and dismounts over obstacles and is super for photographers and spectators to see these guys guts-out on their bicycles.

Best wishes to Fred & Lee Carrick who have moved to (believe it or not, Peoria, Arizona to be houseparents for teenagers. It's probably a safe bet that Fred & Lee will have those kids out cycling! (I'll try to get their new address so we can all send them a Christmas card.) Congratulations to Rose Brewer and Steve Berger on their engagement! Also welcome to the youngest IVW family addition, Erica Sams. The proud daddy, Gary Sams, introduced Erica to the IVW at the Hilly and says that she will be sitting on the back of his bike this spring or as soon as she can sit up.

It's not too soon to be thinking about officers for next year. Election will be at our annual meeting in January. If you'd like to run for office or suggest someone who you think should be an officer, talk to any of the present officers. We will be putting together a list of nominees before the year ends.

IVW hits 100 who would have believed that the IVW finally has 100 current memberships! This has been an almost reached goal for many years and we did it. Let's keep this figure at this number and have everyone out there renew next year early so we can boast about the big 100 early in the year.

Ron Anderson, President



October**IVW RIDE SCHEDULE****November**

DATE	TIME	DESCRIPTION	CHAIRMAN
Saturday morning	8:00 A.M.	10/21 - Washington Square, Washington	Ron 283-2018
	8:00 A.M.	10/28 - Morton, Field Shopping Center	Harold 264-0725
	9:00 A.M.	11/4 - Pekin, Pekin Insurance	Jim 347-2836
	9:00 A.M.	11/11 - Washington Square, Washington	Les 283-4660
Oct. 22 Sunday	8:00 A.M.	ANNUAL "CHICKEN RIDE" Peoria Courthouse to Chillicothe for chicken dinner - 45 miles	Jay Manthey 676-2011
Oct. 26 Thursday	7:30 P.M.	IVW OCTOBER MEETING, C.O.R.D. Bldg., Peoria, IL	Ron Anderson 283-2018
Oct. 29 Sunday	1:00 P.M.	HALLOWEEN RIDE - Jubilee Park, short and long ride hot-dog roast afterwards (details in Bulletin)	Diane Ziegler 688-0869
Nov. 5 Sunday	12:00 P.M.	Pioneer Bank to Jubilee Park to view Cyclo-cross	Ron Anderson 283-2018
Nov. 12 Sunday	1:00 P.M.	Peoria Courthouse to Detweiller Park (via Galena Rd.) rather difficult - leave Hilly gears on bike	Jerry Selvo 673-4143
Nov. 19 Sunday	1:30 P.M.	Metamora Court House, Metamora, Illinois (20 miles).	Steve Meisner 367-4686
Nov. 26 Sunday	1:30 P.M.	Field Shopping Center, Morton, Illinois (20 miles)	Harold Moloney 264-0725

Riders under 16 must be accompanied by a RESPONSIBLE ADULT. IVW assumes no responsibility for accident, injury or damage. Call listed Ride Chairman for additional detail.

RIDE REPORT:

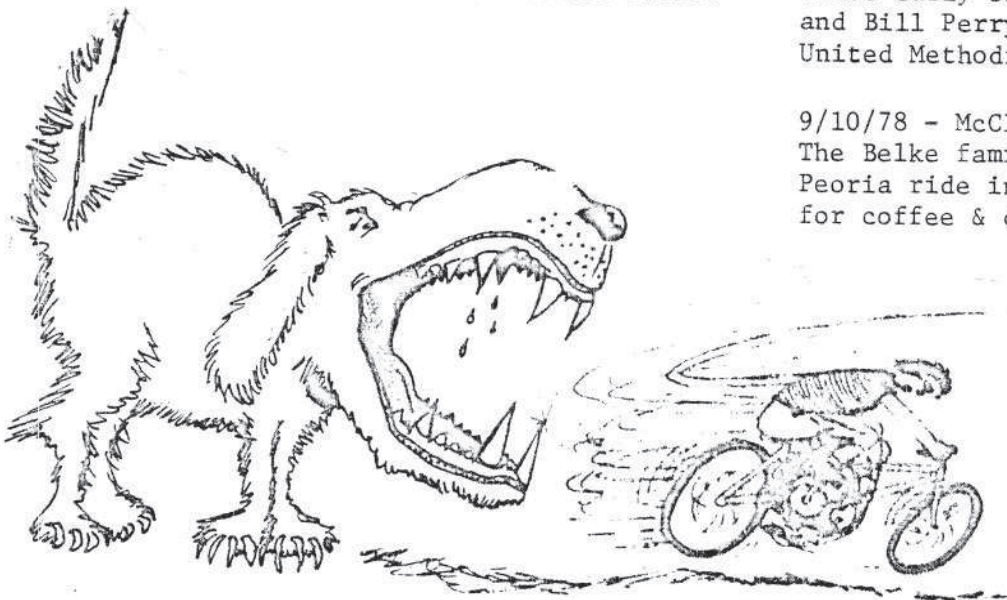
8/6/78 - Metamora Courthouse, Steve Meisner
Ten riders completed over twenty miles of good county roads north of Metamora on a near ideal day. Les, Ron and Jim rode a few extra miles by riding to and from Metamora. Bill Perry, just back from California showed off his new Avocet shoes.

8/18/78 - Eureka Moonlight Ride, Carol Stiles.
This ride brought out some riders we don't see much and and the five night owls has a good ride through moonlit Eureka area cornfields.

9/2/78 Sunrise Ride, Max Koehl
These early-birds consisted of the Koehl family and Bill Perry for a 5:30 a.m. ride from Mossville United Methodist Church to Chillicothe for coffee.

9/10/78 - McClure Library to Bradley Park, D. Belke
The Belke family and two others rode this short Peoria ride in very nice weather and stopping for coffee & donuts helped.

10/1/78 Rocket Ride, T. Beachler
The Rocket Ride was a beauty. Anyone wanting to try it alone can get on the Rocket at 6:45a.m any day. Ride to Bureau and then bicycle back to Peoria for a total trip of 55 hillless miles on beautiful roads.





COASTLINE '79

LEAGUE OF AMERICAN WHEELMEN
NATIONAL CONVENTION OF BICYCLISTS
3007 KENNESTER DRIVE, LEMON GROVE, CA. 92045

ANNOUNCEMENT.....

The dates for the IVW Pedal-In and Summer Metric Century have been set as the Third Sunday of May, May 20, 1979, and the second Sunday of August, August 12, 1979. Put these dates on next years calenders and plan on riding the local IVW invitation LAW sponsored tours.....

Estado De Baja California - A bicycle tour through any foreign land can easily develop into a trip over the perceptual boundaries of bewilderment. In fact, a foreign tour is a pretty darned good way to refine your favorite recipe for humple pie. Consider the circumstances...the native tongue may be incomprehensible, the money is funny, the food is unfamiliar, you can't sleep, your nose is peeling, and you are tormented by a crucified crotch! Truly ain't bicycling beautiful?

(This was reprinted from the October, L.A.W. Bulletin, in their announcement of the 1979 L.A.W. Convention pre-tour. The Convention will be held in San Diego, California next June, for information wirte, COASTLINE '79, 3008 Kennester Drive, Lemon Grove, CA 92045.

Hint of the Month

If you are ever out riding your bike on unfamiliar roads and are lost, I happened to encounter a few good people to ask directions from. The mailmen, not only do they know where the road you are on goes, but they can tell you about the road surface and the dog situation.

IVW/VRT



MEETING NOTICE:

October 28 - 5:00 p.m., 900 Bourland, Peoria, IL
To be discussed:
Election of officers
December 2 - 5:00 p.m., 900 Bourland, Peoria, IL

VITESSE

Cycle Shop College & Linden
Normal Illinois



RALEIGH

SEKAI

BICYCLES

TREK

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454-1541

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