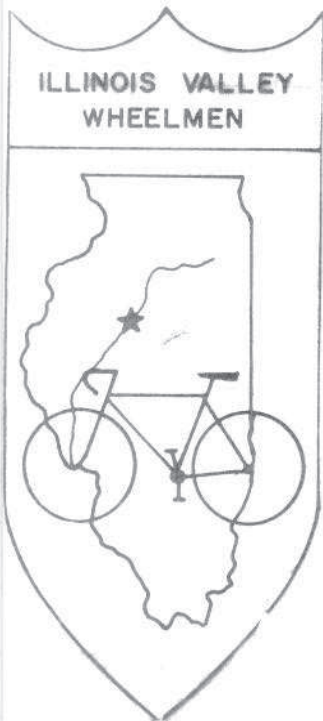


ILLINOIS VALLEY WHEELMEN

P.O. Box 1523, Peoria, Illinois



APRIL 1979

President	Jack Welch	387-6282
Vice President	Les Siegrist	283-4660
Secretary	Ron Matuska	697-9009
Treasurer	Terry Beachler	688-0869
Bulletin	Gerry Selvo	671-7074, 673-4143
Ride Chairman	Jack Fought	676-6849

APRIL MEETING - 4/26/79 - C.O.R.D. Bldg., 6518 N. Sheridan Road, Peoria, IL 7:30 P.M. Program will be a travel film by Irene Kerwin.

PRESIDENT'S NOTES: I have been informed by Gerry that the bulletin is going to be crowded this month, so I will keep my remarks short. I have contacted Schwinn concerning the plant tour. They told me that they reserve tours only two months in advance. So, for the tour to be during the last part of July, I will have to call again after May 1. The ride schedule is starting to take shape. Jack Fought informs me the Sunday morning rides will be short until May and then increase in length. Meanwhile, I will hold the Sunday afternoon rides to less than 10 miles. If anyone has any favorite short rides they would like to share, please call me. I would really like to see these afternoon rides be picked up by our slower paced riders. Here is your chance. Jack Welch, President

HIGHLIGHTS OF LAST MONTHLY MEETING: "Bicycling" magazine informed

us that our club will not be participating in their helmet study. **Treasury contains \$281.** Race Section announced that the May 5 race will be in Morton, (The May 6 race in Normal is cancelled-see below) ***1978 Pedal-In patches will be modified and used for the 79 Pedal-In at a big savings over the cost of new patches.** Don Eberle exhorted everyone to get in shape for the June 8-9 overnight to New Salem State Park. **Jim Roberts was selected and will attend and report on the Illinois Trails Symposium on behalf of the IVW and the X-Country Ski Club.

Ron Matuska, Secretary

IVW/VITESSE RACING TEAM NEWS: Next meeting is April 25, 1979 at 6:30 at Don Eberle's house. This is an organization meeting of race workers. Each Chairman will receive specific responsibilities and instruction at this meeting. Normal May 6 race is cancelled due to lack of police cooperation. If anyone has ideas on how to improve our race, before, during or after the race, I (Steve Meismer 367-4686) want to hear them. Sponsorship money distribution was discussed at the last meeting. Each rider is responsible for getting a list of the races he attends each month to Richard White by the 10th of the following month. Rich means business in that if you do not follow his rules, no sponsorship money. Please help him out and get the information to him. The following is a list of Wednesday night races:

17 April 6:00--Jubilee Park Road Race//2 May 6:30--TT Mackinaw blacktop near Deer Creek//9 May 6:30--Criterium Pioneer Park**Jay Manthey provided the following: Yes, it is true.

Another racer to the fire. I have committed my life to a wonderful young lady in that estate of matrimony. Now you may think that I am done for, but you all have another think coming (and so might I). We are planning on racing through the state championships right now and on through the National Championships if I get results.**Despite our local weather and our monetary situation, I have managed over 400 miles in the past two weeks, including an expedition to Houston for two races. I expect to be able to continue. Look out guys.**Houston: The word is sunny and warm. Sunburns were evenly distributed among the northerners down for the early season openers. The IVW-Vitesse team was represented by a lone rider in the Senior 3's (yes, that is a Senior 3). Jay Manthey has returned to the ranks of the 3's and with as little training as he has engaged in this winter, it is just as well. He managed to put on a good showing both Saturday and Sunday. Saturday he had a top 10 finish and in the Sunday's April Fool's Criterium, a 2nd place, despite a heavy crash in the late goings. Team Support was provided by former member Ted Snyder.

DON EBERLE'S IVW PROFILE & COMMENTS: The home town of Ron Matuska is Elizabeth, NJ. He now lives in Mapleton. Got his higher education at ICC and Bradley. Ron is an auto mechanic at Beachler's Service Center. He joined the IVW in 1977 and is the club secretary this year. Ron is 31 years old and has one bicycle, a Fuji, which he rode an estimated 2200 miles last year. He rides his bike for recreation and sometimes commutes to work. His other activities are Boy Scouts, Fishing, and he is an avid basketball fan.**I am reminded of a sentence in Desiderata, "Nurture strength of spirit to shield you in sudden misfortune." There is a lesson of strength in spinning.**Overnite ride update--Rain or shine we leave June the 9th. Now is the time to start getting in shape. Carry your own gear, for there is no sag. Questions? Don Eberle 699-2790

NOTES AND ADMONITIONS: A healthy bulletin this month, thanks for your contributions! Remember, get them to me by the 7th of the month.**We are still waiting for that fine spring riding weather, though the last month has offered at least a few acceptable days. The IVW Pedal-In needs your assistance. Call Ron Matuska. Diane Ziegler asks that each of you contribute a loaf of bread made into sandwiches or a couple dozen cookies. We did this last year and it worked great. More on this later.**RENEW YOUR MEMBERSHIP. MAY IS THE LAST BULLETIN FOR THOSE WHO DON'T! Contact Ron Matuska for bulletin address changes.**Diane Ziegler provided the following: Since spring arrived and my bicycle was all tuned up, I took a look at last years old, worn-out riding shorts. Noting their ragged condition I knew I had to purchase new shorts this year. However, after taking a look at the price of new shorts (anywhere from \$20 to \$30) I took another look at my old shorts, this time with a pair of scissors. I proceeded to cut them apart at the seams and, laying them out on the day-old newspaper, cut a pattern. Voila, I have the solution to the high price of purchasing new riding shorts, make them myself!**Guessing the amount of fabric needed as a trick. I estimated one yard per pair of shorts, and then purchased three yards of a wool/polyester blend knit (on sale this time of year). Using my pattern, I managed to cut out six pair of shorts from this amount of fabric. I went out to my local hardward store and purchased six square feet of automobile chamois.**Based on the trial and error method, I then constructed six pairs of riding shorts. The cost figures as follows: Black wool/poly fabric, 3 yards-\$15.00; Chamois, 6 sq. ft.-\$12.00;thread and misc.-\$3.00; Total cost (approx)=\$30.00** A worthwhile project to my notion. Six pair of riding shorts for the price of one pair. If anyone would like to copy my pattern or n-eds encouragement or tips on construction techniques just give me a call, I would be glad to give any advise or help possible. (By the way, I would compare the quality of these shorts to any on the market.) Diane Ziegler 688-8993 EDITOR'S NOTE: Diane tells me 100% wool fabric cannot be purchased in this country.

RIDE SCHEDULE MAY 1979

Date	Time	Description	Leader
Saturday mornings	8 a.m.	Meet at Washington Square. 20 mi. or less	Ron Anderson/283-2018 Les Siegrist/283-4660
Sunday afternoons	1:30 p.m.		Jack Welch/387-6282
April 22		Andersons/283-2018-Washington Square	
April 29		Field Mall, Morton	
May 6		Beachler, Jubilee Park	
May 31		Mother's Day, No ride	
May 20		Welch, Field Mall, Morton	
May 27		Becky Dodge, to be announced	
May 6		Woodruff High School to Peoria Journal Star	Dorothy Belke
Sunday	9 a.m.	breakfast at Adams St. Steak 'N Shake.5 mi.	682-7914
May 13		Mossville School to Chillicothe and	Bill Perry
Sunday	9 a.m.	return. 18 mi.	691-7277
May 20		Pedal-In (details later)	
Sunday			
May 27		Memorial Day Ride. Meet at Washington	Les Siegrist
Sunday	9 a.m.	Square, ride to Mackinaw. 25 mi. Note: LAW patch available, \$1.00	444-4660
LOCAL OVERNIGHT RIDES			
June 9-10		New Salem State Park	Don Eberle
July 28-29		Starved Rock State Park	Diane Ziegler
August 11-12		Lake of the Woods	Don Eberle
July 14-15		Tomrv, Davenport, Iowa	
MAY OUT-OF-TOWN RIDES			
May 5-6		DeKalb Windy "60", DeKalb, IL	
May 6		Elk Grove Metric, Elk Grove, IL	

RUSSELL'S CYCLE WORLD
★ **SUPER VALUES** ★

RUSSELL'S CYCLE WORLD, 602 S. Elm, Washington, IL 61571 444-2098 offers EXPLOSIVE Spring values. Quantities extremely limited.
TIRES: National Nylon tubulars, 230 and 270 gr--\$14.88**700 C Clinchers, 270 gr. and 27 x 1-1/8 clinchers, 300 gr.--\$6.88
DERAILLEURS: Campy Nuovo Record front--\$19.35, rear--\$29.45**Suntour Cyclone GT rear--\$19.88**Suntour Cyclone front--\$13.88, rear \$18.88
GEAR: Dura Ace bar end shifters, complete--\$13.22**Suntour downtube shifters--\$11.88**Zefal pumps, competition presta valve--\$6.88, schraeder valve--\$4.37, assorted colors
BIKE OF THE MONTH SPECIAL: 78 Peugeot VO19C Ladies Mixte, 20", silver, alloy crank & brakes. This bike is less than a year old and in like new condition. Originally cost \$214, now \$178. Once again Russell brings low low prices to the IVW!!