



# ILLINOIS VALLEY WHEELMEN

P.O. Box 1523 · Peoria, Illinois

Pres.: Ron Matuska ..... 688-2488

V. Pres.: Mark Siegal ..... 688-8866

Secy.: Joanne Fought ..... 676-7398

Treas.: Joe Mugavero ..... 685-6608

Program: John Wellwood . 685-9348

Editor: Steve Meisner ..... 692-9724

## April 1981

NEXT MEETING: Wednesday April 22, 1981 Safetytown 6518 N. Sheridan Rd Peoria At 6:00 p.m. Steamboat Days Committee will meet with more volunteers are sought for route marking, sag, etc. please come.

At 7:30 p.m. Business meeting and program. Guest speaker will be Dr. Paul Hutinger of Western Illinois University and he will speak about aerobic training. Refreshments will be provided at the meeting.

PRESIDENT'S NOTES: The ride schedule for the year has been nearly completed, largely through the work of last year's ride chairman Les Siegrist. Les cannot continue to do the job, and I cannot assume those responsibilities myself. Because of some of the changes made, this job should not be as time-consuming as previously but it does require a firstclass effort. Please call me soon if you'd like to help. I was alerted to proposed changes in the Illinois Vehicle Code in a letter from the Mt. Prospect Bicycle Club. Some of the proposals are very good, the bicycle is defined as a vehicle, position on the road is clarified, riding two-abreast is legal under certain situations. However it continues to include a mandatory bike path section, and introduces an alternate way to legally make left turns. I believe the left-turn rule will complicate things and cause accidents. Contact your state representative and let them know you are interested in safe bicycling and can offer competent advice. Ron

PERSONAL CHALLENGE PROGRAM: Have you begun your Personal Challenge Program? Set your own Goals. I'll ride \_\_\_ miles in 1981. I'll ride \_\_\_ days in 1981. I'll ride \_\_\_ centuries or Half-Century rides. I'll attend \_\_\_ regula and invitational rides. Please remember to keep a log of your mileage this year.

NEW MEMBERS: We wish to welcome the following new members to the IVW:  
John Trim Family                      Dan Dexter                      Jonathan Lytle  
Gerald W. Boutelle                      Tammy Crawford                      Gary Land  
Jean M. Mahan                      Robert & Kathy Munty                      Robert Clark Family

NEW AREA BICYCLE CLUB: The McLean County Wheelers is a new bicycle club which is committed to recreational riding, distance touring, and bicyclists' rights and safety. They are planning a metric century and half century for May 31, 1981. Since this is their first Metric they are limiting the number of riders to 100 and are encouraging early registration. Application forms will be available at the club meeting.

1981 MEMBERSHIP DUES: Dues should be paid now. Next month will be last newsletter for those who have not paid the 1981 dues.

FIRST LAW OF BICYCLING: No matter which way you ride, it's uphill and against the wind.

**RIDE SCHEDULE:** Most Saturdays meet at 8:30 a.m. at both Washington Square in Washington or upper Bradley Park in Peoria. Ride length at both starting places will be determined by those who show. Occasionally another ride may conflict, so check your ride schedule.

Evening rides in Peoria start Sunday April 26 at 6:30 p.m. at Columbus Park next to McClure Library. They will be held every evening from then on, Sunday thru Thursday. Contact Joanne Fought or Joe Mugavero. Evening rides will also be starting in Washington on May 6. Starting at 6:30 p.m.

Sat. April 18 8:30 a.m. Cherry Tree Shopping Center in Washington and ride to Eureka and back moderate 28 miles.

Sun April 25 Annual Spring Break-Out ride. 8:30 a.m. Peoria Courthouse to Bartonville for breakfast. Leave your cars at home and ride to the start. Easy ride.

Sat. May 2 All IVW members and friends are invited to watch the Morton Criterium at Idlewood Park in Morton. Stock races for anyone interested.

Sun May 3 8:30 a.m. Glen Oak Park Pavillion to Dunlap. Return in time to watch part of the Glen Oak Criterium. 35 miles- moderate

Sat May 9 8:30 a.m. Washington Square to Mackinaw 32 miles - moderate

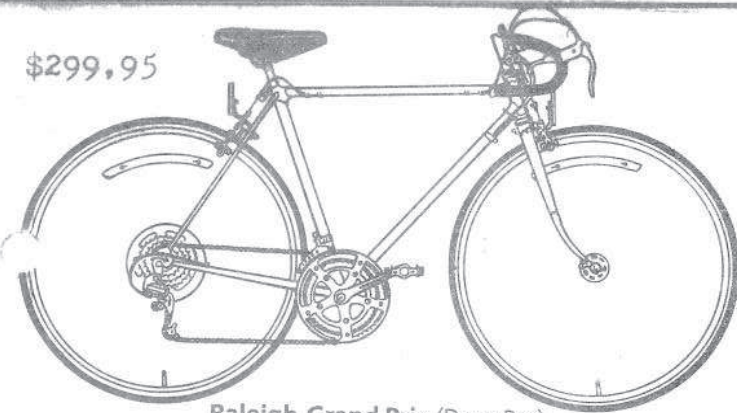
Sun May 17 Annual Pedal-In at Washington Square 10, 25, 50, and 100 mile loops. Marked route, sag, refreshments.

Sun May 24 7:00 a.m. Pekin Mall to Delavan for breakfast 30 miles moderate

Mon May 25 8:30 a.m. Field Shopping Center in Morton. Riders determine ride.

Sun May 31 8:30 a.m. Hanna City Bank to Farmington. 35 miles moderately hilly Tourist 10 mile time trial season again Place: Caterpillar Mossville Plant on Mossville Road. Date: Tuesday May 5th Time: 6:30 p.m.

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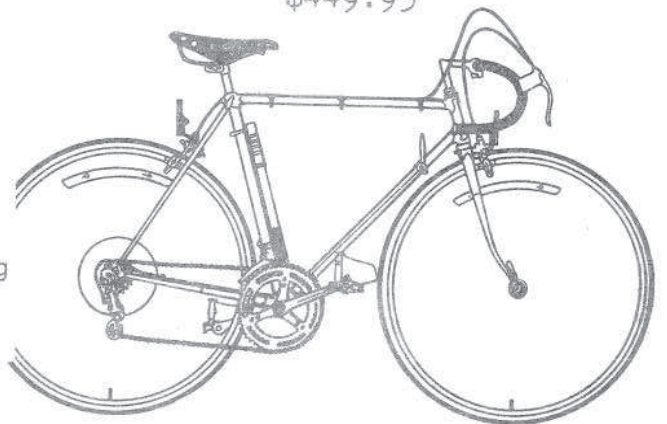
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Sun Apr 26 Prairie Spring Century Urbana  
 Sat May 2 Danville Metric  
 May 2-3 Dekalb Windy 60  
 May 9-10 TOSRV Columbus Ohio  
 May 22-25 Gear-Down Murfreesboro, Tenn  
 May 23-24 Blackhawk Metric, Rockford Ill  
 May 31 McLean County Spring Metric Normal  
 June 13-14 TOMRV Davenport to Dubuque  
 June 20-21 TOIRV Steamboat Days Peoria  
 July 9-12 LAW Convention Ames, Iowa  
 July 29 Dekalb Humid 100  
 August 1-2 Amishland and Lakes Howe Ind

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Name \_\_\_\_\_ Phone \_\_\_\_\_ New \_\_\_\_\_

Address \_\_\_\_\_ City/Zip \_\_\_\_\_ Renewal \_\_\_\_\_

Bicycling Interests: Short, slow-pace \_\_\_\_\_ Saturday rides \_\_\_\_\_ Sunday rides \_\_\_\_\_  
 Local rides \_\_\_\_\_ X-Country Tours \_\_\_\_\_ Racing \_\_\_\_\_

Mail application and dues to: Illinois Valley Wheelmen Individual \$6.00  
 P.O. Box 1523 Family \$8.00  
 Peoria, Illinois 61655

VELO RACING TEAM NEWS: The Morton race and the Glen Oak Park race are set to go, however our funds are still a quite a bit short. Jay Manthey has raffle tickets available for sale. One dollar donation with a \$100 cash prize. Any contributions would be very much appreciated. The training ride schedule has started and if anyone has not received a schedule please contact Jay Manthey.

ON THE ROAD BY THE BLUE STREAK: With longer daylight hours more of you are riding in the evening. Be wary of riding directly into the sun as it will blind any vehicle operators coming up behind you. If your loop should go through congested areas, ride in a clockwise direction. That way, you'll have all right turns and won't have to cross in front of on-coming traffic.

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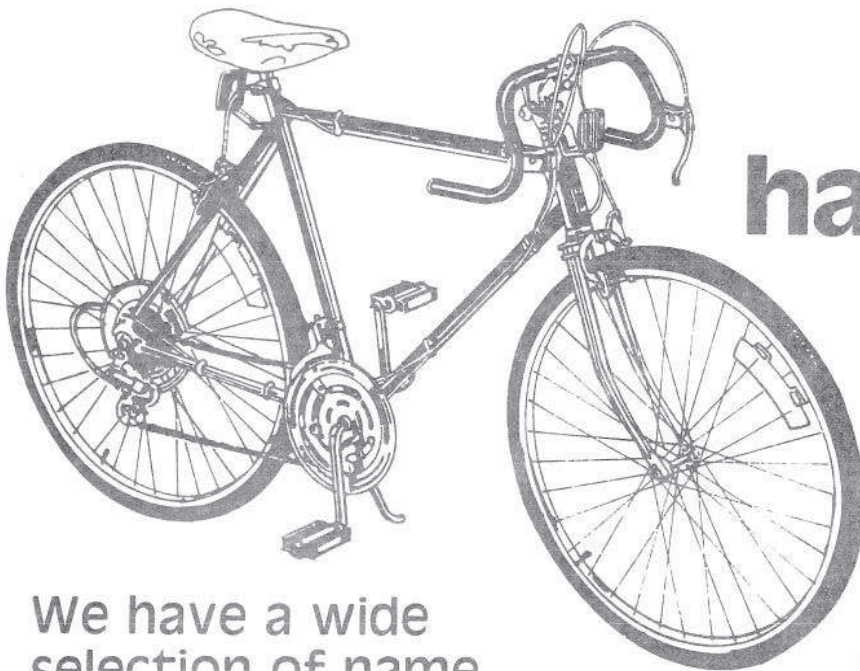
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**RIDE REPORT & COMMENTS:** Do you want to hear about the best place around to have breakfast on a Sunday morning? Well, I'll tell you about it anyway. The Delavan, Illinois, American Legion serves breakfast every Sunday morning. You can get two huge pancakes the size of your plate, two fresh eggs, your choice of breakfast meat, and all the coffee you can drink for a nominal fee. What does this have to do with bicycling? Everything. This was the destination of seven hearty IVW bicyclists who left from the corner of Rt. 98 and the Groveland blacktop on Sunday morning at 7:00 a.m. on March 15, 1981. As we continued to ride South, the Southwest wind gradually began to blow a little harder. By the time we arrived in Delavan, 16.8 miles later, we were all ready for the biggest breakfast the American Legion served. It was so good. However, I know I for one ate too much and was reluctant to jump on my bike and ride home. However, except for approximately 3 miles, that headwind that we rode into on the way down was a super tailwind coming home. The total mileage for the excursion was 41 miles, average miles per hour (including the time spent eating) was 9 mph. How do I know of these statistics? Les Siegrist is now riding with a Pacer 2000 on his bike. You may have seen this advertised in the bicycling magazines. It is an electronic device that calculates all sorts of goody statistics that are really fun to know.\*\*\* Let me tell you another thing about why this trip was special to me. I started riding a bicycle in 1975. That is when I joined the IVW, the fall of 1975. My first ride with the IVW riders was one which started in Tremont, Illinois. The people who rode on that ride were Les Siegrist, Don Eberle, Bill Perry, Jack Welch and a few more. The riders on the Sunday morning breakfast ride were the four guys mentioned above plus Jim Roberts and Bob Jones (they both have joined the IVW after I was already riding). It is such a good feeling to ride with the same people year after year; those people really love riding as much as I do. That, to me, is what the Illinois Valley Wheelmen is all about. A forum for people who like to ride to be able to get together and do just that ... ride their bicycles. Each year we pick up some new people who also like to ride, the comradery is something that I treasure. It was good to see all my old riding companions again after the long winter and to all you new members I can't wait to welcome you to our roads. Diane Ziegler

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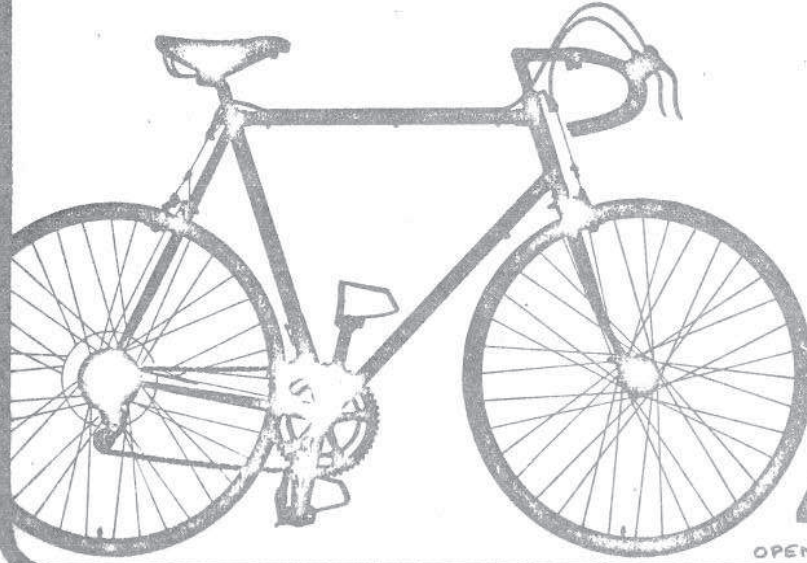
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