

#1
March 83

Illinois Valley Wheelmen

6518 n.Sheridan Rd.-Peoria, Il.61614

President- Diane Ziegler 688-8993
Vice Pres- Bob Jones 677-0166
Tres June Cowan 693-2838
Secy ?????????????????? ???-???? We have NO secretary as you might guess.
Please someone come forward and bring your pencil and paper..
All of the candidates may contact Diane Ziegler.

February Meeting:

Just a reminder that Thursday 24th 7:30pm Meeting night.
Susan Dunn will talk on fitness for the BIKER. Come early as
this will be interesting. You will surely learn something...

MARCH 24th Meeting:

Linda Henson, staff photographer, Journal Star and winner of many
Press Photographer awards. She will discuss sports photography.
I am sure that we all can learn from Linda on how to get better photos
and pack-it on your bike..Bring your camera, and ask the speaker
how to get better results with yours..

DUES

Your IVW dues are actually past due.....
Please get your check in the mail to treasurer June Cowan. You would
not want to miss out on the ONLY means of communication from your club.
That is to say that if you NO PAY your dues you NO RECEIVE this newsletter.
The officers of IVW have some really great things planned for you and
they need your support(in the form of a check.... DON'T let your membership
run out!!!

I would like to hear from YOU the membership. Tell me what you would
like to see in your newsletter. How about a few tips from one of you
travelers on how to "get by" on little or nothing. Has anyone found
any little tricks on bike care that you care to pass along? Drop me
a line or give me a call.

Ken Kiley newsletter editor
5810 Orlando Dr.
Peoria, Il 61614
691-8433



RIDES

March 6 8:30
 Field shopping center, ride to Deer
 Creek American Legion 20 mi rolling
 Breakfast \$2.50
 8:30am
 March 13 ICC tennis courts to Morton
 20 mi Hilly.
 1:30-1:30-1:30-1:30-1:30-1:30
 March 20 St. Patrick's Day Ride
 Lower Grandview Dr. Pavilion, to
 Peoria Heights, Barnacle Billy's for
 GREEN Beer. (patch available \$1.25)
 8:30am
 March 27
 Mossville Grade school to Chillicothe
 20mi, flat

8:30am
 SATURDAYS Washington Square, show & go, ride
 determined on winds. 20-40mi.

More info on the rides, call chairman:
 Jack Welch 387-6282
 or Les Siegerst 444-4660
 Ron Anderson 444-2018

WANTED: Metric chairman, If no one comes
 forward to volunteer. We may have
 to cancel the METRIC Ride. Please call
 Diane and help out...

President, Diane Ziegler announced a NEW
 Award Point Distribution system. It goes
 something like this.

Officer (elected)	20
Officer (appointed)	10
Pedal-In/Metric Chairpeople	10
Committee Workers (ride guides) etc.	5
Meeting Attendance	2
IVW rides (those listed in Calander)	3
Individual Mileage (Jan-Oct 31) (per 100)	2
Century rides	4
Half-Century rides	2
Club promoted centuries	6

(TOMRV, HILLY, CHILI RIDE, PEDAL IN, METRIC
 continued.....)

Give BICYCLING a spin...

T-shirts



\$5.00 EACH S, M, L, XL
 Get your order in now!

Get your order in now, call Bob Jones
 676-0166

There will be an award given to the person
 totaling the most points at the end of the
 season. This will be explained in greater
 detail at the next meeting, (so come).

Some of the programs for the coming months
 will be:

April	Commuting
May	Wellwood's Iowa tour (TOGIR)
June	PACRAC slide show
July	Picnic (location?)

Let's hear from you folks that commute
 to work. how far? routes? time of day?
 how do you secure your bike? I would
 like to do a round-up on how we save the
 old gasoline to work....

Classified Advertising:

Clean out the garage and empty the basement of the ole Bikes and accessories....
 I hope to run a classified ad for YOU the members... We would like to help you
 sell your junk and let fellow members purchase their jems.. Please send your
 items to me Ken Kiley, 5810 orlando Dr. Peoria, IL 61614, 691-8433..

gatherings:

For the past couple of years, those of us who ride every Sunday morning in the Summer started to miss the Sunday morning gathering, so we instituted the Sunday morning IVW Breakfast. When the weather is ridable, as it was for most of January, we would either ride in for the breakfast, or ride a short 20 mile ride after we eat. Recently, we have had snowpacked & icy roads, so we still meet & talk bicycling. This is the time of year we are taking the bikes apart & cleaning & shining them up in anticipation for the coming spring, so it's also only natural to want to talk bicycling...

Who has new bikes & did you get your old one painted. So the Orange Miyata is now teal blue, eh? I hear a couple of Santana tandems will bless our central Illinois roads next year. I can't wait to see them. If you want to see the Santanas you will have to be present at the very beginning of the rides, after that they will only be a blur in the distance. I've got to buy some tires, I wore my old ones out last year. Did you ever see a late 1800 vintage folding bicycle cup? I did, at the Deer Creek brkfst ride. While riding in the van full of people to a recent brfst ride, we saw outside the frosty windows a person riding a bike on a snow-packed road (there must have been 2"-3" of snow out there). That fellow must really love to ride (and it wasn't who you think). I sure wish he would join the IVW.....Diane

pedal-in...

9th Annual Pedal-In Sunday May 22, 83

Mark this date now as you don't want to miss out on this one. This will be 25/50/100 miles starting at the Field Shopping Center, Morton. More info to come. This will be a good time.

Limit 3500 !!!!
bikers, bikers



Chairman, Dennis Tresenriter will get things ready for the big day....

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Meet the new IVW Newsletter Editor

Thanks to Ken Kiley for coming forth & volunteering to put together the IVW newsletter this year. It is an important part of communication in the club, & I hope all of you will introduce yourself to Ken & supply him with articles & info to share with the bike club.....

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ILLINOIS VALLEY WHEELMEN

1983 APPLICATION FOR MEMBERSHIP

Name _____ Phone _____

Address _____ New _____

Renewal _____

Bicycling Interests: Short, slow-pace _____ Saturday rides _____
Local Sunday a.m. rides _____ Weekend tours _____ Racing _____
Other _____

Mail Application and dues to:	Illinois Valley Wheelm'n 6518 N. Sheridan Road Peoria, Illinois 61614	Individual \$8.00 Family \$10.00
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from the PRESIDENT:::~::~:

Welcome to the IVW. I'm not sure about the rest of you, but I really enjoyed the January meeting. I hope to keep the meetings relaxed and low keyed.

We all want to thank Harvey Lyon for coming down from Chicago & sharing his touring experiences in Europe with us. Being an experienced tourist myself, I must tell you that Harvey, indeed, has it all together in the techniques for successful touring.

The February meeting promises to have a good program also. The St. Francis Hospital Sports Fitness representative will be coming (Susan Dunn) in to answer our questions on how to keep our bodies fit for cycling. I know a lot of you ride your bicycles for physical fitness & will benefit from the program. I, personally, do NOT ride to keep physically fit. I ride because I love to feel the wheels rolling down the road, the wind in my face & the miles fly by. Keeping physically fit, as a result, is just a pleasant little extra.

We also will have some good rides coming up this season. Many will be the old favorites like the Delavan Breakfast Ride, the Canton Ride, & the Chillicothe Ride. Also, we plan to have special event rides, the Camelot swimming ride & currently in March the St. Patrick's Day ride (we may even stop for some green beer).

The program for the March meeting will focus on commuting to work. We are attempting to obtain a video-tape from LAW to show. As I commute to work, occasionally I see other commuters riding in, some in suits & some in riding clothes. When you see a brief case strapped to the bicycle rack, you can bet there is a cable & lock inside for the bike along with the peanut butter sandwich for lunch. Commuting to work really starts your day GREAT!!

Diane.....



REGIONAL NEWS:

LON HALDEMAN, winner of the Great American Bike Race will show slides and discuss his training regiment as well as talk about the GABR & other record setting rides....

SUNDAY APRIL 10, 7:00 pm

Baker Community Center

101 S. Second St (route 31) St. Charles, IL.

Cost \$2 per person

Sponsored by: Self Propelled Bike & Ski Club

Illinois Valley 
Wheelmen

6518 n. Sheridan Rd. - Peoria, IL 61614

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