



Illinois Valley



Wheelmen

6518 n.Sheridan Rd.-Peoria, Il. 61614

sept 83

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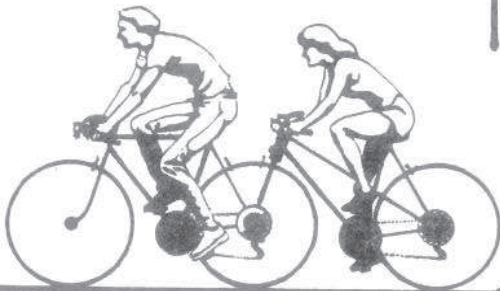
August 28, 83 MEETING PROGRAM: "Riding the Desert" or "Cycling through Arizona".

A slide show by President, Diane Ziegler on her most recent bicycle tour- You don't know what HOT is until you have ridden through the cacti. I was the only person in the Peoria area who was thankful we had several 100° days in July, (Good hot weather conditioning weather)

July 28, 83 Meeting was our PICNIC at Fondulac Park. There were about 16 persons present, the food was GREAT!!! Some of the hardy boys rode before the feast. Andy Cowan was offered the last piece of chicken... no one saw him take it... Many persons got their new IWV jackets and if you have not paid for yours yet, get \$22.95 to June Cowan. It was one of the hottest days in July but we had a good time.

SPECIAL BULLETIN:

Dennis and Peggy Tresenriter spent their 12th wedding anniversary biking to Bureau, Il and back on a tandem no less. This is REAL togetherness, it seems that this was all Peggys idea and Dennis thinks that he did all the work getting them there. This will be one anniversary he could not forget.



Cyclist Makes Trip To Chetek

For the third time in as many years, an Illinois cyclist, Bill Clark of Washington, Ill., pedaled his way to Chetek for his annual summer vacation. Bill arrived in Chetek Monday afternoon after spending 38 hours on the road spread over three days.

This year's trip of 38 hours compares with last year's 48½ hours and the first year five days required to complete the approximately 450 miles from his home to Chetek. On the first day he

rode 200 miles, topping off his ride that day with a spill that gave him some minor problems for the final 250 miles. His original plans this year were to make the trip to Chetek, then return home by bicycle to pick up his wife and two daughters only to come back to Chetek to spend his vacation at Oak Grove Resort. But, after arriving in Chetek Monday afternoon he was thinking of changing those plans due to the sunburn he received on the way up and also the hot,

humid weather that the area was experiencing, making the cycling very tough.

"I must have drunk 40 gallons of water from Tomah to Chetek," he said upon his arrival here on the final day. He said that he had trained for the trip, but had not spent enough time cycling in the sun to get himself into condition. He also quipped that being over 40 (he reached his 40th birthday this past year) should tell him that he is getting too old for such distance cycling.

Bill does put in a tremendous amount of time on his bicycle. He said that each morning he rides up to 28 miles before going to his job at Caterpillar, and that during the past year he rode over 7,000 miles. Many times he is joined by his wife and two daughters who are also cyclists. but as this article is being read it is very probable that the cyclist is either one of two places — on the lakes catching fish or pedalling along the road on his way home.

ILLINOIS VALLEY WHEELMEN, SEPTEMBER, 1983, RIDE SCHEDULE

Saturday Mornings	8:30 Washington Square - 20-40 miles
	6:30 Pioneer Park Bank, Peoria, Illinois

Wednesday Evenings	6:30 Washington Square
	6:00 Avanti's Off Sterling, Peoria
	6:30 Mineral Springs Park, Pekin

THESE RIDES WILL LAST UNTIL IT IS TOO DARK

SUNDAY MORNING RIDES

Sept. 4 Annual Chicken Ride for brunch at Chillicothe
8:00 a.m. Peoria County Courthouse 40 miles
9:00 a.m. Mossville Grade School 20 miles

Sept. 5 8:30 a.m. Labor Day Patch Ride
Tazewell Cty. Courthouse, Pekin, to Spring Lake
50 miles - no services, carry your own lunch

Sept. 11 8:30 a.m. East Peoria Fondulac Park to a spot East
of Mackinaw coming out half way between Congerville
and Goodfield - 50 miles

Sept. 18 7:30 a.m. Groveland Grade School to Delavan
Breakfast ride

Sept. 25 8:30 a.m. Tremont Park to Hopedale, 35 miles

SUNDAY AFTERNOON EASY RIDES

Sept. 4	1:30 p.m. Charter Oak School, 15 miles
Sept. 11	1:30 p.m. Bradley Park at Nebraska, 15 miles
Sept. 18	1:30 p.m. Pioneer Park Bank, 15 miles
Sept. 25	1:30 p.m. Washington Square, 15 miles

L.A.W.

For as little as \$18, the League of American Wheelmen brings you a world of cycling at your door. As a member of the oldest, most active bicycling organization in the country, you'll enjoy: 12 information-packed issues of "American Wheelmen" magazine with its in-depth cycling events calendar • A Directory of Members and Services • touring information • national legislative support • discounts and more! JOIN TODAY.

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Illinois Valley Wheelmen

Ph.....
Name.....
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City.....Zip.....

Bicycling Interests: Short,slow-pace.....
Saturday rides,am....pm....
Sunday rides,am....pm....
Week-end tours.....
Other.....

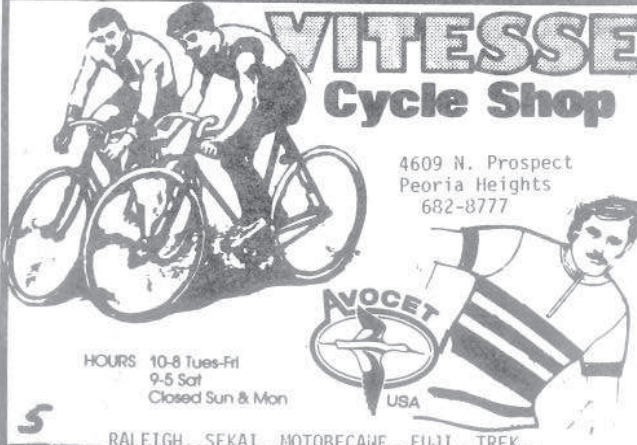
\$8 Individual **\$10 Family**

Lonely Century Ride —

Tuesday, August 9, 83

3:38 am, 77° partly cloudy (very dark). I headed out on the TREK working my way down to the Franklin street bridge and up the Springfield rd. hill. I cross Muller Rd. at exactly one hour, the odometer reads 15 miles. Down to rt 98 and over to Parkway and into Pekin on the back side. Leaving Pekin and heading down to the Powerton plant. Still no light in the sky. I felt that I must beat the HEAT. Manito,Il some 39mi later is a short stop at 6:45 am and Havana 59mi is at 8:25am (here I have more gatorade and dried fruit and crackers with peanutbutter. Now down rt 78 from Havana to Bath and then Chandlerville where I had been warned on the HILL. Well I was ready, and I made it up the hill without getting off, I was feeling good when here comes another hill just as steep and long. No way, I had to walk this one. Well on to Virginia and now I could feel it ,Jacksonville was not far(14 mi) At the sign marking town I had to stop and take a picture of myself with the sign in the background for my friends. I pulled into town and got directions for the 4H camp ground and hopped back on the bike. BINGO!!! I busted the chain, now what to do you did not bring and links or a chain tool. Getting directions to the ONLY bike shop in town and walking 2 mi to get the chain fixed was not one of the highlights of the trip. Finally I am back on the road headed out to the camp. I had lost 1½ hrs getting the chain repaired, but I arrive just about 10 hrs and looking down at the mileage, Holly Cow, It read 109, I had just finished a Century, with full packs of all the camping gear, stove,tent, sleeping bag,food clothes, and all the misc gear. The total weight was 80lbs with the bike too. I could not cut it at the Pedal-In but here out in the middle of nowear I did it with a handicap and not one person at camp knew what this was(a Century) I felt like running an ad in the newspaper. Well the rest of the trip must be anticlamatic as I got up the next day and rode 40 mi to Springfield and camped there, on Thursday I went on to Decatur,another 49 miles,for a total 198. I will be ready for that Pedal-In next year!!!

Ken



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R.A.C.E.R. V

(Rut's Annual Chili Eaters Ride V)

Rain or shin, ride starts at Lincoln Park Shelter, Galesburg, IL, at 12:34 p.m. sharp, Sunday, October 2, 1983. A short ride of 26 miles and a longer ride of 37 miles have been laid out, with a stop in Knoxville, IL to check out the flea market, historical exhibits, etc. Knoxville is on the Knox County Scenic Drive, and open this weekend. Maps, cue sheets, chili, crackers, and drink will be furnished.

BRING YOUR FAVORITE CHILI BOWL AND SPOON

IMPORTANT!! Please indicate with a phone call or letter if you will ride with us. We need to know by September 28 in order to have enough chili.

Nonriding family members of riders welcome.

Bob and Kate Rutledge
1361 Harrison St.
Galesburg, IL 61401/9
309/342-1705

(IWV Note: If anyone wants to ride to RACER V and Sag Back, call the Ride Chairman as soon as possible.)

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