

MARCH '84



# Illinois Valley Wheelmen



6518 n. Sheridan Rd. - Peoria, Il. 61614

Illinois Valley Wheelmen

Meets:

Peoria Park District Safety Town

6518 n. Sheridan Road Peoria 61614

7:30pm The fourth Thursday of each month

PRESIDENT: Phil England 674-3401

VICE PRES: Roberta & Kevin Duke 692-0416

SECRETARY: Linda Carr 676-1453

TREASURER: June Cowan 682-0861

EDITOR: Ken Kiley 691-8433



As mentioned in the last newsletter, we are having a BIG RIDE this June 16/17. The Pedal-In will be the 10th Annual Steamboat Pedal-In.

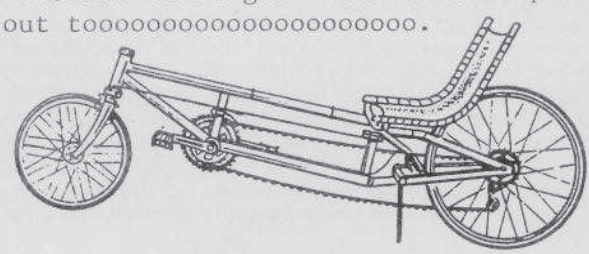
As we go to press we have already sold 240 PIZZAS & we have not hear from many members as yet. Persons picked up their orders on Sat 3rd & Sat 10th. Please call Joan Wellwood with more orders as we NEED YOUR HELP. The club makes \$1.10 on EACH pizza, that's not bad. If you do not care to sell them, then maybe you would like to buy a couple & help out that way.

We have received a check for \$100 from BROWN'S SPORTING GOODS & art work to be used as coupon given out to the riders of the week-end. This will give the riders a 10% Discount on purchases at the Northwoods store.

We also have received confirmation from the following organizations for sponsorship: Saint Francis MC, Vitesse Cycle Shop, Russel's Cycle Shop, Northwoods Mall, and we are looking for help from Peoria Bicycle Supply, Bicycle Centre, Illinois Cycle.

Some persons who have already done much to help are, Dave Gardner in designing the flyer to be mailed to 2000 cyclists in the midwest.

You can still get involved & help out toooooooooooooooooooooooooooooo.



**Pay Your Dues!**

I.V.W.  
6518 N. Sheridan Rd.  
Peoria, Il 61614

Name.....  
address.....  
city.....  
zip.....  
ph#.....  
individual \$8  
family \$10

*You'll be glad you did!*

THIS IS IT!!!!!!!!!!!!!!!!!!!!!!  
You will Not receive another newsletter until your dues are paid. The byLaws read that the cut off is April 1.

# VITESSE

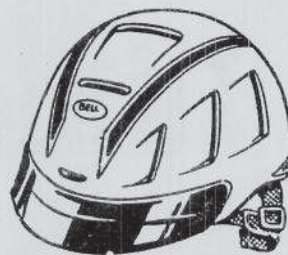
## Cycle Shop

PRESEASON SALE

Bicycle parts  
& accessories  
10-30% OFF..

ALL KIRTLAND & ECLIPSE  
PANNIERS ARE 25% OFF!

4609 N. Prospect, Peoria Heights  
682-8777

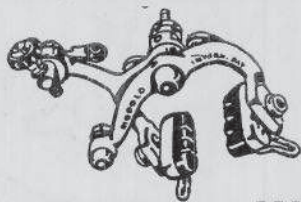


PEORIA  **BICYCLE SUPPLY**

720 W. Main, Peoria, IL 61606  
(309) 673-5475

PARTS-SERVICE-SALES-ACCESSORIES-ETAL

*We Service all Bicycles!*



## League rallies feature rides, workshops

By JIM FREMONT

Rides, workshops, equipment displays and socializing will highlight GEAR Up, GEAR South, and the National Rally, all sponsored by the League of American Wheelmen.

Open to all cyclists and their families, League rallies draw from 400 to 2,500 people. Beginners, old hands, singles, families, casual riders, and century aficionados enjoy these gatherings.

The League rallies are hosted by local bicycle clubs—clubs who contract with a college or hotel to provide housing, meeting facilities and food service.

GEAR once stood for the Great Eastern Rally, originally held in the northeastern U.S. Now, however, the term GEAR has become synonymous with a League-sponsored regional rally, whether it's held in the east, south, midwest or west.

For cyclists who like to plan far in advance, here are the dates and locations of the 1984 events:

**June 8 — 11**, GEAR South, University of North Carolina at Charlotte, hosted by the Tarheel Cyclists.

**June 15 — 18**, GEAR Up, Towson State University, Towson, MD., hosted by the Baltimore Bicycling Club.

**July 3 — 8**, League of American Wheelmen National Rally, Downtown Hilton and Riverpointe Suites, Indianapolis, hosted by the Central Indiana Bicycling Association.

For GEAR Up, the Baltimore club is planning a series of rides, ranging from about 15 to 100 miles long, in the rolling horse farm country of Baltimore County, plus an ice cream social, wine and cheese party, a barbeque and optional tours of Baltimore's Inner Harbor with its shops and restaurants, or an evening at *The Sound of Music* at a local dinner theater.

A pre-rally tour on Maryland's flat eastern shore is also an option. Cyclists on this June 13 to 15 event will cover 30 to 50 miles a day and stay in picturesque inns.

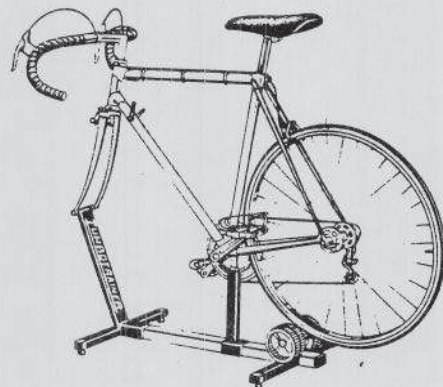
Riders attending GEAR South will cycle

through woods and alongside fields in the rolling North Carolina hills. Time trials will be run on the Charlotte Motor Speedway, and there will be the usual GEAR workshops and a variety of evening entertainment.

GEAR South will offer two pre-rally tours, both hilly loop trips, with sag service, starting at Pisgah National Forest near Hendersonville. June 4 through 8, riders can take the Blue Ridge Parkway Tour, with overnights at campgrounds and lodges. The second tour, the Land of the Sky Tour, runs from June 3 to 8. The route is partly on the Parkway and accommodations are at inns.

Cyclists going to the League National Rally and Annual Meeting will have a wide selection of rides to choose from in the morning, workshops in the afternoon and entertainment in the evening.

One cycling attraction will be Eagle Creek Park, with more than 3,500 acres, the largest city park in the United States. A smoothly-paved road course in the park has been the site of International Human Powered Vehicle Association races and other cycling events. There'll be a night ride to the Major Taylor Velodrome, named after a famous turn-of-the-century bicycle



racer, plus the chance to ride around the Indianapolis Motor Speedway, site of the famous Indy 500 auto race.

Seminars will include dozens of sessions on touring, racing, commuting, health, bicycle mechanics, club organization, and other topics of interest to bicyclists. Cyclists will also have the chance to become certified in first aid.

One two-day pre-rally tour and two five-day post tours will take cyclists through the wooded, rolling hills of southern Indiana. Pre-tour riders will stay in campgrounds (motels are close by, though), and post-tour riders have the choice of campgrounds or motels depending on which tour they pick.

Attractive rates have been arranged at the Hilton and the Riverpointe, and they will compare favorably with the usual costs of university accommodations.

A special section of the League's February magazine will include full information about all three rallies, including registration forms. Cyclists who are not League members can receive this insert by writing to the League of American Wheelmen, P.O. Box 988, Baltimore, MD 21203.



# CLASSIFIED

54cm BENOTTO (5mo old)  
 Campy derailleurs, grand sport  
 rings, cranks, & pedals.  
 Universal brakes, Nisa rims,  
 Miche hubs, Cinelli bars,  
 Benotto stem, SR seat post  
 w/ concore super corsa saddle  
 condor & Wolber sew-up tires.  
 \$ 650, Jim DeSilva 692-0997

Univega LandRover 10  
 20" Frame, Burgundy Like New  
 You have got to see this \$---

Bell Tourlite Helmet \$ 35

Call, Sally Eakle  
 wk 672-2150 hm 688-3200

Nomemade Rollers:  
 Rather noisy BUT they work  
 fine..... \$25  
 call, Dave Gardner 263-0596

## EVERY SATURDAY:

Saturday am 8:30 Washington, Il Square, If it is over 20°  
 someone usually rides.

April 1, 84 Special ride Low Point-Washburn to Peoria  
 Northwoods mall (Easter Seal Telethon)  
 Contact Ron Matuska 688-2488/hm 697-9009

April 8, 84 Pancake & Sausage Breakfast, Metamora Amer  
 Legion, all you can eat, 25 mi after .

April 15 Peoria Court House to Detweiller Pk to  
 climb the hill.

April 22 Cherry Tree Shopping Ctr. Washington, Il  
 to Morton, Il (25mi)

April 29 Mossville Grade School to Chillicothe  
 (18mi, flat & easy)  
 ALL SUNDAY RIDES start at 8:30 with  
 moderate pace.

## APRIL

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					



Help your favorite Charity or Organization:

Here are some upcoming rides you can get  
 involved with and know that you are helping  
 a GOOD cause.

APRIL 1, 84

Easter Seals Ride, Low Point-Washburn to  
 Peoria.

Marlia Valentine 672-6330 or Ron Matuska  
 688-2488/hm 697-9009 (Ron will have sag  
 service info.)

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APRIL 28, 84

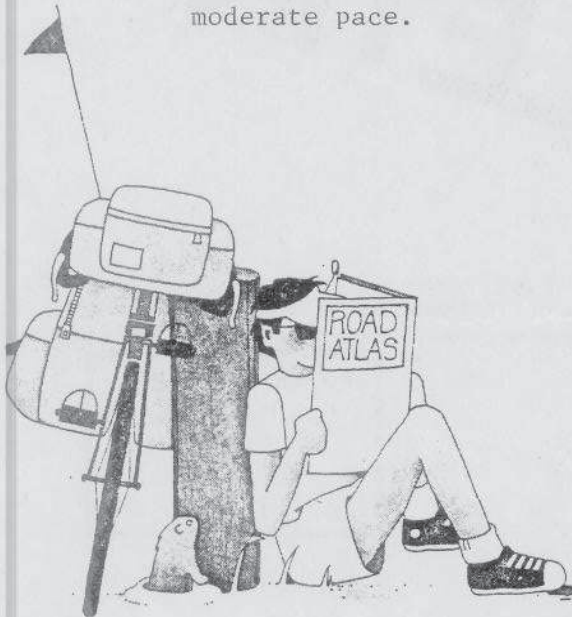
American Diabetes Association  
 Bike-a-thon Fund Raiser (you get sponsors  
 to raise funds) Money goes to Education,  
 Research, & Camp GranADA (camp for kids  
 with Diabetes)

PEKIN, IL ride George Mason, 346-0194

WASHINGTON, IL. ride call 673-6547

PEORIA, IL ride call 673-6547

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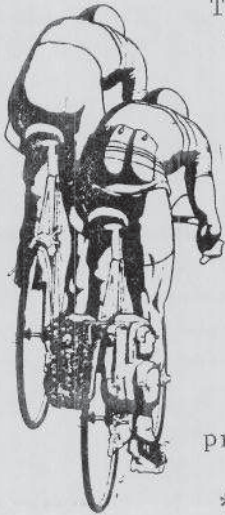
MAY 19, 84

CANCER SOCIETY ride

This is a bike-a-thon fund raiser, (you  
 get sponsors to raise funds)

Call Don Hartseil, 682-6626/hm 691-9638

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Thursday March 22nd, at 7:30 PM  
 The Speaker will be Dr. Bernard R. Cahill,  
 who has been very interested and very active in SPORTS MEDICINE.

He is Board Certified, by the Orthopaedic Surgeons  
 and he also has a list of past and present activities in  
 his profession that just goes on and on.

The best thing I can say is "COME EARLY" and you will be  
 very glad to hear what Dr. Cahill has to say.

P.S. He is also a bicyclist too.

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Kim Kelly, and Larry Ott gave a very nice and interesting  
 program on their trip through China on February 20th, Thanks.....

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April meeting will be by Evie Weber, a school teacher from,  
 Arlington Heights, Il. Her program will be on her trip from Seattle  
 to Chicago. (Pay special notice to the date as it is still not certain  
 as yet. It should be April 18th WEDNESDAY.


# Bell issues TourLite buckle warning

By JIM FREMONT

Owners of certain Bell TourLite bicycle helmets should contact the manufacturer for a replacement buckle. A plastic tongue that holds the buckle closed might break, making the helmet likely to come off during an accident.

All owners of TourLite helmets with serial numbers from TL 010000 to TL 123653, 362028 to 362118, 371027 to 379028 and those without serial numbers should contact Bell to obtain replacement buckles for the helmet. Owners of these particular helmets will receive a new, stronger buckle and installation instructions by contacting Bell Consumer Services Department, 15301 Shoemaker Ave., Norwalk, CA 90650 (213/921-9451).

# BULLETIN

Illinois Valley  **Wheelmen**  
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