

Illinois Valley



MARCH 1985

6518 n.Sheridan Rd.-Peoria, Il. 61614

PRESIDENT'S NOTES

The IVW is a third of the way to its membership goal of 200 members by fall. For a good time---renew! Come to a meeting; start coming to those weekly rides with the rest Watch as the IVW makes Peoria the Madison, Wisc. of Ill.

Heard about THE CHICAGO BIKE SHOW and couldn't go because you weren't a dealer? Don't worry about it--the IVW puts on a more interesting display at its swap meet. I suppose if you're into water-bladder seat covers and battery-powered wheel lights, you missed out. Most interesting displays were Sturmey-Archer (good hubs for tandems) and Shimano's Dura-Ace (Campy is really beat this time). BMX bikes are pink and lav-The Italians would rather endar. build bikes with square tubes than redesign some badly outdated components.

Cycling in the midwest could really use a consumer bike show to build interest in cycling. Bill Semmens mentioned consumner ski shows are huge and well-attended. Put that show right downtown in the Dickie Carver Arena.

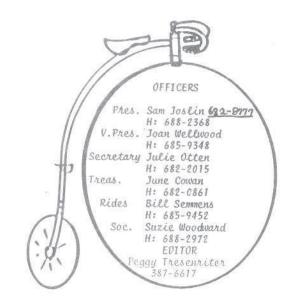
One of the most useful new cycling products wasn't in Chicago. Get over to Bushwacker's on North Main St. and take a look at the new North Face Velo Rain Suit. You will be waiting for a rainy day to get out in this Gore-tex Suit with a mesh polypropylene liner. Of course, if you're not the type to install \$17 fenders on your bike, you might shy away from the cost of the suit. (But I can justify it almost too easily).

44 people turned out for the Feb meeting to hear an excellent program on touring in France by new members Jim & Jean Waicuilus. Most surprising was the low cost of food and lodging. It was reassuring for this Peorian to hear that France can have lousy weather as well.

Chicagoan Harry Lyon will speak at the March meeting. cycled through Poland before and after the crackdown on the Solidarity Trade Union. A bicycle sculpture wall hanging will be offered as a door prize. meeting to miss!!

Many members have mentioned rides they would like to see. For instance, Daryl Johnson is interested in leading a Friday night ride for inexperienced young women. If you have a ride you would like to lead, be sure to contact Bill Semmens.

Keep those ride logs current. Mileage on mine was 500 by March. Have you been out enjoying the weather? The March meeting will have a discussion of awards. How is the Broken Saddle awarded? How about most total miles? Any club ride (novice, intermediate, experienced, Sundays, time trials) would contribute to the mileage total. No points or committee work...Just Miles. Comments? Write: The Space Patrol, Sam Joslin, 3441 Oakcrest Dr. Apt 3D. Peoria, Illinois, 61604.





REMINDERS

Breakfast Rides: Meet at designated place for breakfast at 8:30 A.M. and ride--depending on the weather.

MARCH 24: DIXIE MANOR MARCH 31: MARIGOLD'S

STERLING

CLUB MEETING: MARCH 26; SAFETYTOWN; 7:30 P.M.

Harvey Lyon, a good friend of cycling and the Illinois Valley Wheelmen, returns for a program at the March meeting. Harvey is a 1949 graduate of Harvard and obtained his Ph.D. in English literature in 1956. He is now president of a company that manufactures modular buildings in Chicago. A note at the end of one of his articles states that he, at one time, taught courses on the Odyssey and long-range financial planning --- at the same time.

Harvey will speak about cycling in Poland. Those who remember Harvey from his last visit with the IVW must be sure to get to Safetytown and hear his new stories.



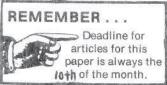


FOR SALE: 24" Trek500; Reynolds 501; three main tubes; gunmetal blue imron finish; grab-ons; specialized tires; rack. Call (309) 243-9313

YOU CAN TELL IT'S GOING TO BE A ROTTEN DAY WHEN:

--You forget to put on your helmet hit your head on the garage door --You wake up hung over and are scheduled to lead a century ride that morning -- The TV news is there to cover the ride you are leading and you fall off your bicvcle --You ride your bicycle over your cat's tail as you leave the garage --Your children had the last bananas with breakfast on the morning of your 70 mile tour -- The chamois is not dry from the last laundering of your shorts --Your bicycle is on your auto bike carrier and the car was backed into the garage last night --You bend to tighten your toe clips and the bike in front of you stops short MORE IN NEXT ISSUE "You Can Tell..." taken from IT'S ALWAYS UPHILL AND AGAINST THE WIND, by Joel Goodman, 1981.

* ADD ON SUBMITTED BY AN IVW MEMBER: -- You put your wet cleats and gloves in the oven (350) and fall asleep....You guessed it...freshly hardened!!!!



OF

APRIL '85 RIDE SCHEDULE

welding			
SATURDAY	SUNDAY Intermediate	Novice	Experienced
PASSOVER # 8:30 A.M. Washington Square SHOW 'N GO	7 %8:30 A.M. Easter Lilly Ride Glen Oak Park behind Conservatory to Bartonv'l 20 miles/flat Leader: Sam Joslin	& 1:00 P.M. Charter Oak 5-6 miles Leaders: June and Joan	x1:30 P.M. Vitesse to Princeville 40 miles Leader: Sam Joslin
# 8:30 A.M. Washington Square SHOW 'N GO	14 % 8:30 A.M. Pancake/Sausage Ride Wash. Square to Metamora (Am.Legion P/S bkfst) to Eureka & Wash. Leader: Bill Semmens	& 1:00 P.M. Pioneer Bank to Dunlap 15 miles Leaders: J&J	* 1:30 P.M. Lake Camelot Clubhouse 35 miles
20+7:00A.M. TimeTrials # 8:30 A.M. Washington Square SHOW 'N GO	to Hanna City 25 mi/hills BONUS-SEE BELOW !!!!!!! Leaders: Ron&Diane Matuska PATCH RIDE	Leaders:J&J	* 1:30 P.M. Bob Evans Rest 45 miles _eader:Sam
27+7:00A.M. TimeTrials # 8:30 A.M. Washington Square SHOW 'N GO	to South Pekin 30mi/some hills Leader:Peggy Tresenriter	& 1:00 P.M. Pioneer Bank to Jubilee 25 miles	*1:30 P.M. To Be Announced Leader:

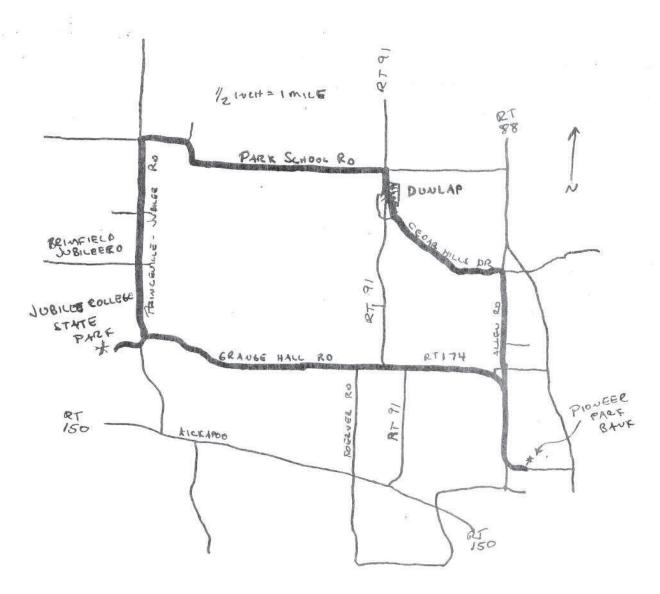
#Wash., Ill. 8:30 A.M. Ride Varies Those Who Show-Go

% 8:30 A.M. Intermediate/Medium Ride/Stops/12-16mph approximately

& 1:00 P.M. Novice/Short ride/Many Stops/up to 12 mph

* 1:30 P.M. Experienced/ Longer Ride/Minimum Stops/ 16mph and up

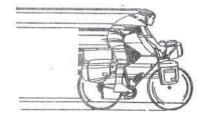
ALL RIDES ARE OPEN TO ALL RIDERS: HOWEVER, SLOWER RIDERS MAY HAVE PROBLEMS OR GET DROPPED ON FAST RIDES.IF IN DOUBT, CALL RIDELEADER



This 27 mile round trip from Pioneer Park Bank is my favorite ride due to lots of good scenery and little traffic. I always ride this route counterclockwise, so I end up at Jubilee State Park after an hour or so. There, I stop for a short rest and a cold drink of water at the pump. There is very little traffic on the route, but watch for an occasional dog.

★A special thanks to Ron Johnson for his supply of maps.





TIME TRIALS

April 20th is the first Saturday for time trials. They start at 7:00 each Saturday morning from Caterpillar Mossville north of the Old Galena Rd/Cedar Hills Dr. intersection. Solo riders are sent out onto the 10mi. course at one minute intervals and are timed upon return. There is no drafting allowed, but riders may pass other riders. Time Trials are not races against other riders. They are however. a good way to judge your condition and improvement over the season, and an excellent way to train for those longer tours. Try to ride at least one TT this year. We'd like to start a list of TT results in the monthly newsletter.SEE YOUR NAME IN PRINT! Start April 20



ELROY-SPARTA

Ride the best national bike trail in the country. Join us as the IVW and the Peoria Ski Club offer a combined ride on the Elroy-Sparta Trail in West Central Wisconsin. We'll leave from Venture at 6PM on Friday, June 28, and camp that night at the Wilton City Park. Meals will be in restaurants. We'll carpool up and return late Sunday evening. The ride is a leisurely 40 miles each day (Sat. & Sun.). For further information and to secure a place on the ride, contact Bill Semmens at 685-9452. with a van or other traveling machines is more than welcome!!!!

A few members are training for the Litchfield Central Double Century (200mi.in one day).



The Litchfield ride is one of a series of marathon rides building up to the double-crossing of Missouri. Here's another for your calendar during Labor Day Wknd-Bicycle Across Missouri (540 mi.in three days). Along wit with the 4th running of BAM, the promoter is also offering half BAM's:either St.Louis to Kansas City or the other way around. Sponsored by the Ozark Area Council of American Youth Hostels (an important force

Hostels (an important force in Missouri training) BAM requires an average speed of 9mph for 3 days and 2 nights to complete the ride in the 61 hour time limit. A jersey, sag wagon, even a patch are included in the entry fee. Tour goes through Washington, Fulton, Columbia, Fayette, Marshal Higginsville with turn 30 miles east of Kansas City. It's a trip. Anyone interested in further information on Litchfield, BAM, or any other marathon rides this year, contact Sam Joslin.

ВАМВАМВАМВАМВАМВАМВАМВАМВАМВАМВАМВАМ



WANT TO RIDE TO CANADA?

Dear(fill in name) (CHOOSE THE CORRECT RESPONSE FOR EACH_	
By receiving this newsletter, you are a member of a select group: (IVW MEMBER,ON MAILING LIST,OCCUPANT) This select group continues because of the dedication and interest of its members. Plus, the IVW offers (BICYCLING AND SOCIAL ACTIVITIES,REASON TO GET OUT OF HOUSE,I-VEE?) If you want to (CONTINUE MEMBERSHIP,START MEMBERSHIP,FIND OUT WHAT IVW MEANS) you need to do so NOW! The Newsletter will stop April 1st if you haven't paid your dues (I KNEW THAT,REALLY!?!,NEWS WHAT?) If you haven't paid your dues, why not do so today?(_IT'S DONE,IT'S IN THE MAIL,DUE WHAT?)	
Sincerely, Your Editor	
Scoring: If you have answered the first blank in each area, you are fantastically dedicated and will continue receiving the newsletter. If you answered the second blank in each, you are somewhat dedicated and just need to be reminded. If you answered the third blank, you are a little slow and your mailing label will self-destruct on April 1st.	

ILLINOIS VALLEY WHEELMEN 1985 MEMBERSHIP APPLICATION

Name:	Phone:		
Address:	Nous Demonstra		
Bicycling Interests: Short, slo Saturday Sunday Weekend Tour Dues: Individual-\$8 Family-\$1	w-pacedModerateOther 'sTime PreferOther n		
Mail to: Illinois Valley Wheel Peoria, Illinois 61614.	men, 6518 N. Sheridan Rd.,		



Non-Profit Org. U.S. Postage PAID Permit no. 310 Peoria,II. 61601

23 RON ANDERSON FAMILY 203 LOCUST WASHINGTON IL 51571