



APRIL

Illinois Valley



Wheelmen

6518 n.Sheridan Rd.-Peoria, Il.61614

PRESIDENT'S NOTES

The IVW-it's not just for breakfast any more. I mean--can we talk? Sunday and Tuesday novice rides: morning and evening rides; rated rides and ride leaders. Time Trials for anyone. We're pedaling up a storm-----JOIN US!

Thank Nancy Beck when you see her next. She is responsible for the very professional I V W membership brochures. You can find them at Landmark, River City Health Club, Russell's, Bushwackers Running Central, Illinois Cycle, Vitesse.

102 members by April 7th. We're over half way to our 200 member goal for the club. Of the 102----44 are brand new members ready for '85.

The IVW has a trailer needing to be fixed. June Cowan is donating plywood and Bill Semmens is letting us use his garage. The Plywood Painting Party happens April 27, from 1 to 4 P.M. at Bill's. Everyone is welcome. Remember the trailer's for anyone's use in the IVW. Call Bill Semmens to reserve it.

Worried about being caught with a flat? Fear not----attend the famous flat tire seminar in conjunction with the April club meeting. We'll try to get a video of some kind for those who know they've got it down.

Future Programs---Really--this time--- Harvey Lyons has the May spot in his calendar. PACRACC (the best organized extended tour in Central Illinois) will be discussed--perhaps in June. PACRACC happens over the Labor Day Weekend.

A big round of **APPLAUSE** to VITESSE who provided a tape of the Spenco 500 to fill in for the missing Harvey Lyon in March.

The Pedal-In is set for June 15-16. A worker's ride is scheduled for June 1st. Be sure to get your application in ASAP. If you have volunteered to work---make the April meeting for more information on your duties. **A GOOD TIME TO BE HAD BY ALL!!!!**

AWARDS

The Executive Committee met April 7th and determined the major awards for '85

BROKEN SADDLE: Awarded to the person with the most club mileage. This is mileage gathered on any club rides from April 1st to the October meeting. Mileage on out of town rides--to and from club rides-- does not count.

HUB OF THE CLUB: The club's new traveling service award. Members of the club, excluding the Executive Committee, are in the running for this award. The "HUB" is that person who most selflessly contributes to the well being, promotion, and advancement of the Illinois Valley Wheelmen. Let's hope awarding this trophy will be the most difficult of all.

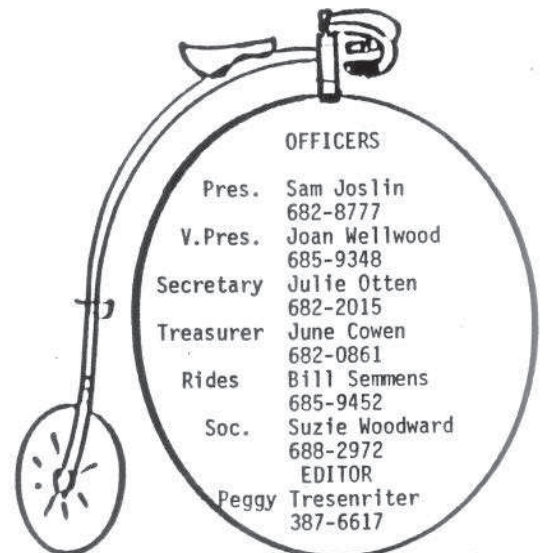
MOST IMPROVED RIDER: This award is given to the male and female rider who is most interested in becoming an accomplished cyclist. Some criteria are: improvements in speed, handling, and knowledge.

Nominations for these awards will be taken at the October meeting and awards will be presented at the annual meeting in November. In addition to the trophy of the Broken Saddle and Hub (traveling trophies), winners will also receive a plaque. Now you know what to shoot for. Keep those ride logs current.

Have any problems? Praise? I don't know about it unless I hear from---YOU. Write: Sam Joslin, 3441 Oakcrest Apt. 3D Peoria, Illinois. 61604. Or CALL!! **SEE YOU ON THE ROAD!!**

OFFICERS

Pres.	Sam Joslin 682-8777
V.Pres.	Joan Wellwood 685-9348
Secretary	Julie Otten 682-2015
Treasurer	June Cowen 682-0861
Rides	Bill Semmens 685-9452
Soc.	Suzie Woodward 688-2972
EDITOR	
Peggy Tresenriter	387-6617



LETTERS TO THE EDITOR:

I received this book critique from Don Wendt via Sam Joslin. I found it interesting and refreshing. This is an example of club participation that we would like to encourage. If you have anything of interest, please send it to me by the tenth of each month and I will try to include it in that month's newsletter. Peggy

FRIDAY NIGHT

My wife needed some greeting cards so we decided to make a visit to the Book Emporium. While she read every card in the racks as if she was in a library, I scanned the new titles without any intention of purchasing anything. Suddenly, I spied MILES FROM NOWHERE: A ROUND - the - WORLD BICYCLE ADVENTURE by Barbara Savage and I knew that Madison Avenue was close to another impulse purchase. However, the \$10.95 price for a 325 page paperback book seemed a bit steep, so I returned it to its proper place on the shelf after having examined the color photographs and skimming several pages. "Nice book," I said to myself, "but far too expensive."

Moments later, however, I gave in and pulled out my wallet by rationalizing: "The weather forecast for the weekend is not too good and this might be a way to idle away some free time."

After returning home, I began reading and was immediately captivated. Larry and Barbara Savage lived in Santa Barbara, California; they were a typical "yuppie" couple; except that they decided, almost on the spur of the moment, to bicycle around the world! Neither of them bicycled regularly other than occasional short commutes to work (Larry was a mechanical engineer and Barbara was a social worker). What began as a lark turned into the adventure of a lifetime.

I read sixty pages of their account before my eyes told me that it was time to retire for the evening. Larry and Barbara had survived their first rugged days on the road and I left them as they headed for the upper regions of the state of New York.

SATURDAY NIGHT

I rejoined Larry and Barbara as they cycled down the east coast of the United States. I never imagined that I would spend the next several hours completely mesmerized by this fascinating account. On a chilly Saturday evening, I accompanied Barbara and Larry through Spain, Morocco, Portugal, Ireland, England, France, Egypt, Germany, Austria, and Greece. It would be impossible to convey the variety of experiences which were recounted on these pages as they discovered a world which was completely new to them. And they did so in a very personal manner as they encountered people of various nationalities who exhibited a wide variety of attitudes toward two "crazy" people who were riding bicycles around the world.

It was only with great reluctance that I put down the book. The best part was knowing that tomorrow I could rejoin them for the conclusion of this exceptional experience.

SUNDAY NIGHT

From the teeming villages of India to the heights of the Himalaya to the humidity of Thailand and finally to the friendliness of New Zealand, I accompanied this remarkable couple. By this time, I knew what it was like to bicycle for days and weeks in adverse weather while dodging potholes and beggars. I knew what it was like to use squat toilets. I knew what it was like to never know what the next hour would reveal. And I knew the exhilaration of a few quiet days of rest while camping on a beach prior to the next big push!!!!

All too soon this remarkable pilgrimage was ended. Together, Larry, Barbara, I had traveled more than 23,000 miles through 25 countries. It took Larry and Barbara two years to do what for me was three evenings of excellent reading. By this time, I felt as though Larry and Barbara were my close friends of long standing and not two distant strangers. What differentiates this book from so many mindless accounts in magazines is that it is an in-depth sharing of feelings, attitudes, and experiences and not just a recounting of some brief trip disguised as a real tour. The joys, frustrations, fears, and rewards of a tour of this magnitude were effectively communicated so that I became a participant and not just a casual observer.

POSTSCRIPT

A brief paragraph on the final page notes that Barbara died from head injuries suffered in a cycling accident as the book was going to press. It is too simple to note the irony that someone could bicycle around the world only to die in an accident after returning home. I felt a real sense of personal loss knowing that this remarkable person would no longer be pedaling down the road to somewhere. This is a fine book. You will not be sorry to have invested the time or money in this volume.

RACERS



Three IVW members who race for Vitesse Racing Team placed well at a 41.25 miles road race in Aurora, Il. on March 31, 1985. In the Sr. IV class, Denny Tresenriter and Randy Senneff placed 3rd and 8th. Marty Hamm placed 4th in the Junior category.
CONGRATULATIONS!

The Story Behind the Ride.

On any Saturday morning, at 8:30 you will likely find a group of IWV cyclists getting ready to leave Washington Square for a ride. This happens all year around. Only the worst of weather stops the cyclists from their Saturday ride. In the past riders have braved icy cold temperatures, gusty winds, dust storms, snow and rain. However, a Sunny day always assures a much larger turn out of riders.

The ride dates back to October 16, 1976, when IWV Ride Chairman, Ron Anderson, started it up to replace the Wednesday evening rides. Daylight savings time had ended and he wanted to keep the IWV riding all year around at a regular starting location.

The destination of these rides is decided the morning of the ride by general consensus. They ride out into the wind and let it blow them home, or sometimes they choose the cross wind to break the forceful headwinds. A small town cafe is the destination. It can be Morton, Eureka, Goodfield, Metamora, Poanoke or Mackinaw. A leisurely breakfast with lots of hot coffee and sparkling conversation is enjoyed by all the riders. The round trip is approximately 25 miles, stretching at its farthest to 38 miles.

Intermediate riders seem to show up regularly (some of them got to be intermediate riders because they rode their bikes every Saturday). Also the members of the racing team (who, by the way are also, usually IWV members, too) are always in full force. If the tourists feel real good and can hang on to a 22 - 24 mph pace, the racers welcome them to ride along at their pace. Usually they are getting their second cup of coffee when the tourists arrive at the cafe.

Novice riders are also welcome. There is no better way to learn how to cycle better than to watch the folks who have been riding for years. They must know the secret to be able to ride so well. Even if the pace is a little fast, the IWV method is to wait at the turning corners for the novice riders to catch up.

Come ride with us, it's a lot of fun.



REMINDERS

TIME TRIALS start April 20, 7:00A.M. Park in the Cat. Tech. Cntr. Parking Lot (not on the road). off Old Galena Rd.

CLUB MEETING: April 23, 7:30 P.M., Safety Town. There will be a short business meeting followed by a presentation on changing tires and possibly a film or tape. Of course, there's always plenty of food and friendship. Come Join Us.....

APRIL RIDE REVIEW:

- April 20: 7:00 A.M. Time Trials Cat. Tech. Cntr./Mossville 10mi.
8:30 A.M. Show 'N Go Washington Square Bob: 676-0166
- April 21: 8:30 A.M. Lake Camelot Clubhouse to Hanna City Patch Ride (I)
(Coffee at 7:30 9509 W. Littlefield) Diane & Ron 697-9009
1:00 P.M. Washington Square 10-20 mi (N) June: 682-0861
1:30 P.M. Bob Evans Restaurant 45 mi (E) Sam: 682-8777
- April 27: 7:00 Time Trials Cat. Tech. Cntr./Mossville 10 mi.
8:30 A.M. Show 'N Go Washington Square Diane: 697-9009

TIME CHANGE.....

- April 28: 8:30 A.M. Groveland Grade School to S. Pekin (I) 30 mi
Peggy: 387-6617
1:00 P.M. Pioneer Bank to Jubilee (N) 25 mi. Joan: 685-9348
1:30 P.M. Vitesse to Chillicothe (E) 45 mi. Ron J: 682-8777

TRAILER PAINTING PARTY

April 27, 1:00-4:00 P.M., 4224 N. University
Bill Semmen's Place Bring wire brushes, hammers, screwdrivers, and paint brushes and work on the IWV trailer!!!!

INVITATION

Please Join Us



*Bev Bohlander and Jim Russell
wish to invite their friends in the
Bike Club to a party celebrating
their marriage.*

Saturday, May 11 8:00 P.M.

*Alpha Hut in Bartonville
(located where Garfield Hill
intersects Ripport Rd. before
Limestone High School).*

*Beer, Food, Live Music Provided
B.Y.O. on other drinks
No Gifts Please*

Newcomers

- PEORIA:**
Gerry and Betty Brink
Marty Hamm
Jim Clemons
Daryl Johnson
Susan Nation
Bill and Mary Overbey
Mark and Stella Robinett
Dan Sedory
Steve Hallock
Carol Stiles
Carol Strand

- EUREKA:**
Robert Emser

- CHILLICOTHE:**
Nickie Smith

- EAST PEORIA:**
Terry Swanson

- WYOMING:**
Dr. Patrick Westefor


- WASHINGTON:**
Jim Brownfield
Bob Lapke

- DUNLAP:**
Eric Carlson

- MAPELTON:**
Tom Destefano

- MORTON:**
Mark Taylor

MAY RIDE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
I: Intermediate/Medium Ride/Stops/12-16mph N: Novice/Short Ride/Many Stops/Up to 12mph E: Experienced/Longer Ride/Minimum Stops/16mph ALL RIDES ARE OPEN TO ALL RIDERS/RECOGNIZE YOUR ABILITIES						
5 8:30 (I) Tremont Pk/Hopedale 35mi Bob Jones: 676-0166 1:00 (N) ICC Interim Campus 14mi Joan Wellwood: 685-9348 1:30 (E) Vitesse to Princeville 50mi Sam Joslin: 682-8777	6	7 NR 6:15 Ron Johnson 682-8777	8 WSR 6:00 Julie Ottem: 682-2015 * Wash. S/G	9	10	11 TT 7:00 Washington S/G 8:30
12 7:30 Lk of Woods Pizza/Chilli Jim Hogan: 243-9313 8:30 (I) Mapleton Fndry/Glasford Ron Chandler: 688-4506 1:00 (N) Pioneer Bnk/Jubilee 25mi June Cowan: 682-0861 1:30 (E) Bob Evans/Jubilee 40mi Ron Johnson: 682-8777	13	14 NR 6:15 Ron Johnson 682-8777	15 WSR 6:00 Bill Semmens 685-9452 * Wash. S/G	16	17	18 TT 7:00 Washington S/G 8:30
19 8:30 (I) ICC Interim/Eureka Lake Julie: 682-2015 Suzie: 688-2972 1:00 (N) Wash. Square/ ? 20mi Joan and June 1:30 (E) E.Peo.SteaknShake/Morton Sam Joslin: 682-8777	20	21 NR 6:15 Ron Johnson 682-8777	22 WSR 6:00 Sam Joslin: 682-8777 * Wash. S/G	23	24	25 TT 7:00 Washington S/G 8:30
26 7:30 Lk of Woods Pizza/Chilli Jim Hogan: 243-9313 8:30 (I) Dunlap H S/ Brimfield Steve Weisner: 692-9724 1:00 (N) Charter Oak School 20mi June and Joan 1:30 (E) Vitesse/Chillicothe 45mi Sam Joslin: 682-8777	27  Freedom Hall to Goodfield Dave Gardner 263-0596	28 NO RIDE CLUB MEETING 7:30 Safety Town HARVEY LYON	29 WSR 6:00 Ron Chandler 688-4506 * Wash. S/G	30	31	

NR: Novice Ride from Pioneer Pk Bank 1 hr.
 WSR: Wednesday Social Ride 2 Locations 15-25mi
 Available on Sterlings (Ride Leader) & Washington Square Show N Co
 TT: Time Trials Cat. Tech. Cntr. Old Galena Rd. 10mi
 S/G: Washington Square Show N Co 15-35 mi
 Saturday Contacts: Bob Jones: 676-0166 Matuska's: 697-9009



Dear Editor,
I am interested in developing my legs this summer. Do you think that cycling would help? P.S. I'm up to one mile per day now!
Susie Skinshorts



YOU CAN TELL IT'S GOING TO BE A ROTTEN DAY WHEN:

- The rider you're drafting turns and tells you he's lost
- You ride up on your new custom bike and nobody notices (or it falls off your rack)!
- You show up early and the tour has already left
- Your spouse, who has never ridden more than 5 miles, wants to accompany you on a 50 mile tour and you can't talk her (him) out of it and stay married
- You have your best time ever at the time trials and they later tell you that the course was short
- You are the tour leader and nobody shows

"You Can Tell...." taken from **IT'S ALWAYS UPHILL AND AGAINST THE WIND** by Joel Goodman, 1981

Dear Susie,
Thanks for your letter!
In reply: Yes, cycling can help. You've got a good start and just need to increase the number of miles you ride. Why not attend some of our club rides? We offer something for everyone. I've also enclosed a clipping from a newsletter to show what cycling can do!
P.S.



A cyclist legs before and after a tour through America.

BIKECENTENNIAL
BIKE BITS

THE FASTEST BICYCLE RIDE ACROSS THE UNITED STATES BELONGS TO PETE PENSEYRES, A 41-YEAR OLD CALIFORNIAN. PETE SET THE RECORD IN THE 1984 RACE ACROSS AMERICA, COVERING THE 3,047 MILES, FROM HUNTINGTON BEACH, CALIFORNIA TO ATLANTIC CITY, NEW JERSEY IN AN INCREDIBLE 9 DAYS, 13 HOURS AND 13 MINUTES!

Bikecentennial, P.O. Box 8308E, Missoula, MT 59807

BIKECENTENNIAL
BIKE BITS

IN 1903, AN ITALIAN-BORN CHIMNEY SWEEP NAMED MAURICE GARIN WON THE FIRST RUNNING OF THE WORLD'S GREATEST BICYCLE RACE, THE TOUR DE FRANCE. GARIN AVERAGED 15.8 MILES PER HOUR DURING THE SIX-DAY EVENT AND FOR HIS EFFORTS WON 6,000 FRANCS. IN THAT 11TH RACE, ONLY 21 OF 60 STARTERS FINISHED THE 1,510-MILE COURSE.

Bikecentennial, P.O. Box 8308E, Missoula, MT 59807

BIKECENTENNIAL
BIKE BITS

IN 1897, 400 BICYCLE MANUFACTURERS BUILT AND SOLD 2,000,000 BICYCLES DURING AMERICA'S FIRST BICYCLE BOOM. THIS MEANT AN AVERAGE OF 27.7 BICYCLES WERE SOLD FOR EVERY 1,000 PEOPLE IN THE COUNTRY, A FIGURE NOT SURPASSED UNTIL THE SECOND BIKE BOOM IN 1972! AMONG THE ENTREPRENEURS TAKING ADVANTAGE OF VICTORIAN AMERICA'S OBSESSION WITH THE BICYCLE WERE HENRY FORD, WILBUR & ORVILLE WRIGHT AND GLEN CURTISS.

Bikecentennial, P.O. Box 8308E, Missoula, MT 59807

ILLINOIS VALLEY WHEELMEN 1985 APPLICATION MEMBERSHIP

Name: _____ Phone: _____

Address: _____ New: _____ Renewal: _____

Age: _____

BICYCLING INTERESTS: Short, slow-paced _____ Moderate _____ Other _____

Saturday _____ Sunday _____ Weekend Tours _____ Time Prefer _____ Other _____

DUES : INDIVIDUAL \$8; FAMILY \$10

Applicant's Signature

Date

Parent or Guardian (if under 18)



Illinois Valley 
6518 n. Sheridan Rd. - Peoria, IL 61614 **Wheelmen**

Bulk Rate
U.S. Postage
PAID
Permit No. 310
Peoria, IL 61601