



# JULY '85 Illinois Valley Wheelmen



6518 n.Sheridan Rd.-Peoria, Il.61614

## ILLINOIS VALLEY WHEELMEN SUMMER METRIC CENTURY BICYCLE RIDE

The Illinois Valley Wheelmen Bicycle Club presents the SUMMER METRIC CENTURY Bicycle ride to be held on Sunday, August 18, 1985, starting at Lake Camelot Clubhouse. The ride will consist of a Metric Century (62) and a Half-Century (30) mile route. The longer route will have riders completing a loop to Canton Lake. A registration fee of \$6.00 (prereg) and \$7.50 (day of) will be charged. The services provided will be a completely marked route, sag wagon, maps, food stops en route, patch, and a picnic and swimming back at Lake Camelot after the ride. Registration opens at 7:00 AM and continues until 9:00 AM. Riders under 18 years of age need a signature of a parent or guardian to participate. If you are interested and would like more information, call Diane or Ron Matuska at (309) 697-9009.

### MISCELLANEOUS NOTES-METRIC

There will be one 62 mile route to Lake Canton with 3 rest stops.

A 30 mile route will cut off the longer route and will include 2 stops

Riders are encouraged to abide strictly by the rules of the road and proper riding etiquette. Helmets are suggested.

Riders are encouraged to have their bicycles in proper working order.

Sag service will be provided to riders with mechanical problems only if needed.

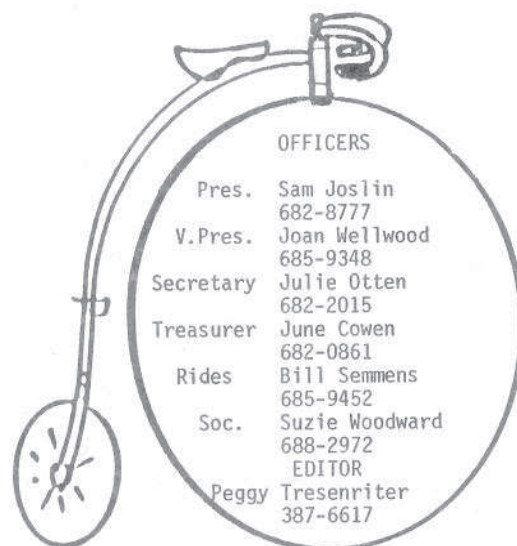
Water will be available at the rest stops, and on the sag wagon, but we stress that you also carry your own water bottles.

The route is hilly so riders are encouraged to have low gears on their bikes.

Inexperienced and novice riders should be comfortable riding a ride of this type due to the number of stops and sag service.

At Lake Camelot you will find: showers, a picnic and cold refreshments, swimming (with a lifeguard).

Come to the SUMMER METRIC CENTURY, it promises to be a good bicycling experience.



#### OFFICERS

Pres.	Sam Joslin 682-8777
V.Pres.	Joan Wellwood 685-9348
Secretary	Julie Otten 682-2015
Treasurer	June Cowen 682-0861
Rides	Bill Semmens 685-9452
Soc.	Suzie Woodward 688-2972
EDITOR	
Peggy	Tresenriter 387-6617



**2nd SPOON RIVER SCENIC CENTURY  
SUNDAY, SEPT. 15, 30-70-100 MILES**

The Spoon River Scenic Century offers cyclists beautiful scenery and lightly travelled roads with several stretches of challenging hills and loads of home baked food and fresh squeezed juice straight from the orchard.

Some scenic towns on the route are:

**CANTON:** Ride starts across from the old International Harvester

**LEWISTON:** Ride by the cemetery made famous by Edgar Lee Masters.

**BERNADOTTE:** Scenic view of the river and dam from the old iron bridge.

**LONDON MILLS:** Miniature Statue of Liberty.

**SERVICES:** Map with cue sheet, marked route, 3 food stops, patches, and sag service.

**LODGING:** Hospitality homes available. For more information, call 309-647-8891 or 647-1018.

**REGISTRATION:** From 6:30 to 9:00AM. across from the old IH building and next to the First Baptist Church (200 block of East Elm).

**FEE:** Before Sept. 7- \$6; Day of ride will be \$8. Mail to Spoon River Wheelmen, Box 353, Canton, IL 61520

**ELROY SPARTA TRIP A BIG SUCCESS**

The club trailer made its first out of town trip with 22 IVW cyclists to Wisconsin. Some high points of the trip were the Beer Barrel, the Cheese Factory, and COLD SHOWERS!!! Almost all of the people rode the trail out and the road back to the campsite. Five of the women cyclists added a little adventure to their ride as they had trouble remembering Bill's directions of "Follow P to V to Z." 3 of them couldn't find route P and the other 2 followed V the wrong way. It all turned out o.k. A big thanks to Patty Senneff for the use of the famous "Wilton Hilton." If you think you missed a good time--you're right. Join us next year!!!!!!!!!!!!

**ILLINOIS VALLEY WHEELMEN OFFERS  
WHEELING AROUND LAKE EVERGREEN**

Ride with us to Lake Evergreen at Cumlara Park in McLean Co. Swim or sail at your leisure. Gorge yourself with a steak fry and corn boil. Camp under the stars.

WhALE leaves ICC Interim Campus at 8:00AM on Saturday, August 3 for a 40 mile tour of corn and bean fields on the way to the lake. Sag service for gear will be provided. Showers are available at the beach without charge. Swimming, paddleboat, sailing, and canoeing are extra.

A mere \$15 includes admission fee to the park, campsite, lunch and dinner on Saturday, beverages, and sagging for gear. RSVP and FEE required by July 30th. For more information call: Julie Otten at 309-682-2015 or leave a message on Bill's answering machine: 685-9452.



**DEVIL OF A RIDE/MADISON, WISCONSIN**

Departure: Saturday, August 24, 8:00 AM from Venutre parking lot. We will arrive at Madison and camp the first night. The ride starts on Sunday, August 25th. The ride consists of 30, 55, or 90 mile options. There are reported to be some flat spots, but the rest is hilly. Bring your suit for a swim in Devil's Lake. For a DEVIL OF A RIDE, call Bill Semmens at 685-9452 by Aug. 21st.





## BICYCLE HISTORY, Sam Joslin

An important centenary is celebrated this year with the anniversary of the Rover Safety Bicycles introduced by the Englishman, J.K. Starley. The Rover certainly wasn't the first bicycle, but with its modern diamond frame (sans seat tube) and equal size wheels, it announced the end of the high wheeled bicycle. Along with the Bush-Roller Chain developed in 1880 and the pneumatic tire popularized by Dunlop in 1888, the Starley Rover opened up bicycling as a sport of the masses. Before Rover, only the Brave (and wealthy) straddled the "ordinaries" and peddled over the sub-standard roads of the day.

In America, the good roads movement bloomed, and, because of the freedom of movement and the demands of sensible cycling clothing, women's independence advanced. Unfortunately, automobiles were soon introduced and bicycles were relegated to the shed and women to the kitchen

Celebrate 100 years of cycling on the "safety" with a ride today! And remember that Bill Semmens has been working hard to schedule the rides you want. Have a suggestion? Tell it to Bill. Here are a couple of rides he's mulling over now:

**THE FIRST IVW TRIATHALON:** The contestants pour a water bottle over their heads, run 10 feet to the bicycles, and then cycle 200 miles. Obviously, the transition time between the three legs is the key.

**THE MILLER-HAGEN DAAZ CHALLENGE:** Each contestant climbs the followings hills in the area: Cedar Hills, Mossville, Detweiller, Forrest Hill, Grandview Dr., Fondulac, Springfield Rd., Kerfoot, and Centennial. At the apex of each ascent, the rider drinks one beer and eats one bowl of ice cream. The cyclists are then judged on time, style, grace under pressure, and overall effect. The winner is allowed to lie about yearly mileage, age (if applicable), and last training ride with Greg Lemond. Date is not yet set, Bill is working hard to interest sponsors in this unusual challenge.

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**IMPORTANT CHANGE!!!!** July 27th Moonlight Ride

will now start at Jubilee State Equestrian Center at 8:30 PM.

**DON'T FORGET THE WILDFIRE PRAIRIE RIDE ON JULY 28 AT 8:30 AM.**

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### FOR SALE

23" Paramount Track,  
Exc. Condition,  
Frame as a 10 speed  
Track Bars & Paramoun  
Belt Buckle incl. \$500  
Triumph 3 speed  
21" frame, 26" wheels  
Exc. Cond. \$60  
Bob Lipka 691-4671



### CONGRATULATIONS

Stacey Melton of Groveland  
finished her first century  
on the Steamboat Pedal-In!



### NEWCOMERS

PEORIA: Marc Anderson  
Dale Pennock  
Jim Maroon  
Marty Trumpold  
Rebecca Jackson  
Jim Russell  
Rhonda Diggs  
Linda Hofmann  
Todd Carpenter  
EAST PEORIA:  
Douglas Balvanz  
MORTON:  
Mark Strother  
ROANOKE:  
John Gerig

\* NEW DEADLINE FOR NEWSLETTER: 5th of each month



# AUGUST RIDE CALENDAR

SUN M T W T F SAT

NR: NOVICE RIDE  
PIONEER PK Bnk  
TUESDAY 6:15PM  
RON JOHNSON-  
682-8777

WEDNESDAY SOCIAL RIDE  
Pioneer Pk Bnk 6:00  
Pekin Eagles Store 6:00  
Wash. Square 6:30

TT: Time Trials  
Cat Tech Cntr 7AM  
(Old Galena Rd)  
Ron: 682-8777

S/G: Washington Sq  
Show N Go 8:30AM  
15-35 mi (I)  
Bob 676-0166  
Ron/Diane 697-9009

TIME TRIALS 7AM

WASHINGTON S/G 8:30

WHALE - 8:00 AM  
ECC INTERIM (A.2.)

4 7:30 Lk of Woods Pizza/Chili  
Jim Hogan: 243-9313

7:30 (N) Mossville Grade School  
Breakfast Ride 20 mi  
Joan: 685-9348 June: 682-0861

WHALE - Wheeling Around  
Lake Evergreen

RSVP: Julie Otten: 682-2015

11 7:30 (N) Mossville Grade School  
Breakfast Ride 20 mi  
Joan: 685-9348 June: 682-0861

7:30 Kroger's (Forest Hill + Sterling)  
to Elmwood 40mi  
(I-E) Sam: 682-8777

18 IVW SUMMER METRIC  
(30mi or 62mi)

Lake Camelot: Regist. 7-9 AM  
Fee: \$6.00 pre / \$7.50 day of

Ron and Diane Matuska: 697-9009  
(See page 1 for details)

25 7:30 Lk of Woods Pizza/Brimfield  
Jim Hogan: 243-9313

7:30 (N) Mossville Grade School  
Breakfast Ride 20 mi  
Joan: 685-9348 June: 682-0861

7:30 Pekin Ins. to Nason City  
70mi Buffet Lunch at VanHorns  
(I-E) Gary: 346-2008

DEVIL OF A RIDE: Bill: 685-9452

5 Jim's Ride  
will bc  
the 1st/ not  
the 4th

NR  
6:15

7 WSR

Pekin Eagle 6PM  
Gary: 346-2008  
Ron: 444-2018  
Wash. Sq. 6:30  
Pioneer 6PM  
Bill: 685-9452

14 WSR

Pekin Eagle 6PM  
Gary: 346-2008  
Wash. Sq. 6:30  
Ron: 444-2018  
Pioneer 6PM  
Julie: 682-2015

NR  
6:15

21 WSR

Pekin Eagle 6PM  
Gary: 346-2008  
Wash. Sq. 6:30  
Ron: 444-2018  
Pioneer 6PM  
Ron C: 688-4506

NR  
6:15

28 WSR

Pekin Eagle 6PM  
Gary: 346-2008  
Wash. Sq. 6:30  
Ron: 444-2018  
Pioneer 6PM  
Sam: 682-8777

Meeting 7:30  
Safety Town

2

9

10

TIME TRIALS 7AM  
WASHINGTON S/G 8:30

17

TIME TRIALS 7AM  
WASHINGTON S/G 8:30

24

TIME TRIALS 7AM  
WASHINGTON S/G 8:30

Madison Wisc.  
Devil of a Ride  
(See p.2)

31

TIME TRIALS 7AM  
WASHINGTON S/G 8:30

N: Novice/Short Ride/Many Stops/Up to 12mph  
I: Intermediate/Medium Ride/Stops/12-16mph

E: Experienced/Longer Ride/Minimum Stops/16mph  
(Due to the increasing length and difficulty of the  
intermediate rides, the experienced ride will join the  
intermediate ride. Two or more groups may be formed  
as needed by abilities or desires of the riders).

\* All rides will leave at the  
times listed !!!



## PRESIDENT'S NOTES

Pedal-In '85 was a success with 156 registered for Saturday and 82 for Sunday. The Club cleared \$700 with \$300 of that going to the general fund and \$400 going to the Pedal-In fund for '86. Despite the weather there were only a total of 15 no shows. There are 6 small T-shirts left, available at \$5 each- Contact me (Sam) at 682-8777 to reserve one. The Pedal-In patches and T-shirts have been ordered and will be sent out shortly. The Pedal-In Committee is also leaving the lessons learned this year in the form of notes and suggestions for next year's committee.

RIDES: Remember, the posted time of rides are the time those rides leave. Be sure to arrive at the jump-off site early enough to be prepared for the ride.

Wednesday night rides in Peoria continue to enjoy large turn-outs. Please note that the start of the ride is now at Pioneer Park Bank. Yes, we still wander over to Avanti's on Sterling after the jaunt.

Don't miss the moonlight ride July 27th. Head and taillights are required.

Are you among the many new members to the club? Perhaps you should try Ron Johnson's Tuesday night novice ride at Pioneer Park Bank. And don't forget the various novice rides on Sunday's run by Joan Wellwood and June Cowan. Look for rides marked with an (N). If you find yourself running ahead of the pack, then move to other rides of different rating. Good rides each week.

Speaking of rides...Gary Sam put on a bang-up ride to Mackinaw from Pekin Ins. June 30. Although the ride was not an invitational, Gary provided a marked course and maps to each rider! Good weather for 18 riders. The July 4th ride had 15 riders despite the heavy early morning thunderstorm, and infrequent sprinkle afterwards. I even saw Harold Maloney on his bicycle, and it sure has been too long since I saw him last.

Upcoming program. Ken Kiley will soon be giving his program on touring on Central Illinois roads. Watch for the date of the program. Ken has been a photographer for years and is sure to have some great slides. Keep in mind, Central Illinois is large and chances are he will have ridden some roads that you would like to find out about.

ONLY 25 MORE TO GO.IVW MEMBERSHIP IS UP TO 175 ADVOCATES OF THE PEDAL.

### TIME TRIAL RESULTS:JUNE 1: SLIGHT WIND: 65 DEGREES

Jack Giese 30:06	Steve Butler 27:28	Dave Wirsching 29:11
Jim Clark 32:13	Craig Burgess 29:32	Ron Love 30:13
Dave Gardner 32:45	Ken Beckler 25:17	John Wellwood 27:40
Dan Briggs 25:23	Kevin Holzhauer 24:32	John Kaliski 29:27
Marty Hamm 26:13	Mark Kelly 25:14	Daryl Johnson 23:03

TIME TRIALS EVERY SATURDAY: 7:00 AM: CAT TECH CENTER OFF OLD GALENA RD

ILLINOIS VALLEY WHEELMEN  
1985 APPLICATION MEMBERSHIP

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ New: \_\_\_\_\_ Renewal: \_\_\_\_\_

\_\_\_\_\_ Age: \_\_\_\_\_

CITY STATE ZIP CODE  
BICYCLING INTERESTS: Short, slow-paced \_\_\_\_\_ Moderate \_\_\_\_\_ Other \_\_\_\_\_

Saturday \_\_\_\_\_ Sunday \_\_\_\_\_ Weekend Tours \_\_\_\_\_ Time Prefer \_\_\_\_\_ Other \_\_\_\_\_

DUES : INDIVIDUAL \$8; FAMILY \$10

Applicant's Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent or Guardian (if under 18) \_\_\_\_\_

HUMPTY DUMPTY SAT ON A WALL.  
HUMPTY DUMPTY HAD A GREAT FALL.  
ALL THE KING'S HORSES AND  
ALL THE KING'S MEN  
COULDN'T PUT HUMPTY TOGETHER AGAIN.

HUMPTY DUMPTY HAD A FRAGILE HEAD AND  
WITHOUT THE PROPER HEAD GEAR HUMPTY WAS  
DONE FOR. THE MORAL TO THIS STORY HOLDS  
TRUE FOR BICYCLING. IF YOU FALL OFF OF  
YOUR BICYCLE AND HIT YOUR HEAD HARD,  
ALL THE KING'S HORSES AND ALL THE KING'S  
MEN WILL NOT BE ABLE TO PUT YOU TOGETHER  
AGAIN!

DIANE MATUSKA FELL OFF HER BIKE,  
AT THE TIME SHE COULD ONLY YELL "IKE!"  
LUCKY FOR DI SHE HAD ON HER HELMET NAMED BELL.  
SO BOTH HER BIKE AND HER HEAD STILL REMAIN WELL.



Illinois Valley  Wheelmen

6518 n. Sheridan Rd. Peoria, IL 61614

Bulk Rate  
U.S. Postage  
PAID  
Permit No. 310  
Peoria, IL 61601

23 RON ANDERSON FAMILY  
203 LOCUST  
WASHINGTON IL 61571