

6518 N. Sheridan

Peoria Ill. 61614



# ILLINOIS VALLEY WHEELMEN

APRIL  
~~MARCH~~ 1988

## President's Column

### Pres. Sez:

Dean Grethey has resigned as IVW newsletter editor. A big thanks for a job well done. Welcome to Diane and Jeff May our new Newsletter editors.

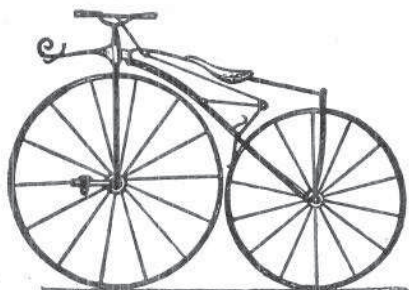
As many of you know, I will be gone until June 15, 1988. I will be a member of Rotary International's group study exchange team to South Africa until May 20. At that time, Jim will meet me in Ireland and we will cycle there until June 15.

If you have any problems, ideas, questions, etc. etc, contact Liz Benning 243-5206 or any of the other board members.

### Illinois Valley Wheelmen Guidelines for Ride Leaders

1. Ask riders to sign a sign-up sheet so:
  - you know how many people and who is on your ride in case someone gets lost, hurt, etc.
  - you know about new and potential members and can introduce them
2. Please wear the name tag provided so that new members and non-members can get to know you.
3. Be sure to regroup at key intersections or have someone stay back to point the way.
4. Provide a sweep so that:
  - slow riders feel more a part of the group
  - if someone stops because they are sick, hurt, or have a breakdown someone can help them or get help
5. Whenever possible provide a cue sheet, map, or mark the route.
6. Review safe bicycling etiquette (hand signals, riding single or double file depending on traffic, etc.) with your riders and point out hazards such as holes, sewer grates, and railroad tracks.
7. If you are expecting a large group, it is suggested that you call ahead to the restaurant, so they can accommodate your group.

# Ride Calendar



American velocipede 1869

## TUESDAY EVENING RIDES

- MORTON** - NOVICE ride will begin on May 3 at 6:00 p.m. from the Field Shopping Center in Morton. Starting mileage: 8-10 miles, increasing to 15-20 miles as season progresses. Ride Leader: Peggy Tresenriter (387-6617)
- PEORIA** - ride for all levels will begin from Commercial National Bank Pioneer Park branch (Pioneer Park and University) starting April 19 at 6:00 p.m. 10-20 miles. Ride Leader: Bill Wright (685-8549)

## WEDNESDAY EVENING RIDES will begin on May 4.

- PEORIA** - NOVICE ride will start at Charter Oak School at 6:00 p.m. Join us after the ride for refreshments at Avanti's on Sterling. Ride leaders and routes vary. Starting mileage: 10 miles, increasing to 15 miles with available daylight.
- WASHINGTON** - will start from the square at 6:30 p.m. Rides are NOVICE-INTERMEDIATE, 10-20 miles. Show and go.

SATURDAY MORNING RIDES are for all types of riders from novice to racer. Start from Washington Square at 8:30 a.m. and ride to a nearby town for breakfast. The length is usually around 25-30 miles.

## SUNDAY MORNING RIDES

- April 3 **EASTER BUNNY RIDE** 1:00 p.m. NOVICE  
Meet at Charter Oak School. Show and Go - no ride leader.
- April 10 **RIDE OF THE MONTH: ANNUAL SPRING BREAK-OUT RIDE** 8:30 a.m. NOVICE  
Washington Square to Metamora. 25 mile easy ride to the American Legion for pancakes and sausages. Ride Leader: Jack Welch (387-6117)
- April 17 **GLEN'S POKER RIDE** 8:30 a.m. INTERMEDIATE  
Sterling Plaza to Bartonville. 25-30 miles, 4 stops. Prize for the best hand. Ride Leader: Glen Thompson (685-4571)
- April 24 **MONA'S RIDE** 9:30 a.m. INTERMEDIATE  
Marshall County State Fish and Wildlife Area (Rt. 26 S. of Lacon) to Mona's Restaurant in Toluca for their famous pasta! 45-50 miles, pretty flat. Ride Leader: Jim Waycuilis (822-0186). Call Jim for reservations.



SUNDAY MORNING RIDES (continued)

- May 1      **MAY DAY RIDE**      8:30 a.m.      INTERMEDIATE  
Metamora square to Roanoke. 30 miles of flat roads. Ride Leader:  
Steve Meisner (692-9724)
- May 8      **MOTHER'S DAY RIDE**      8:30 a.m.      NOVICE-INTERMEDIATE  
Mossville Grade School to Bill's in Edelstein - 25 miles. Ride  
Leader: Dave Gehrt (249-3371)
- May 15     **RIDE OF THE MONTH**      8:30 a.m.      NOVICE  
Peoria courthouse to Morton - eat at Barb's, 30 miles. Ride  
Leaders: Bob and Val Jones (676-0166)
- May 22     **TRESENWRITERS' ANNUAL RIDE TO SOUTH PEKIN**      8:30 a.m.      NOV-INT  
Meet at the park in Tremont and ride to South Pekin - 30 miles.  
Ride the scenic hills of Tazewell county. Ride Leader: Peggy  
Tresenriter (387-6617)
- May 29     **HISTORIC TOUR OF PEORIA**      8:30 a.m.      NOVICE-INTERMEDIATE  
Meet in the parking lot behind Glen Oak Conservatory. 25 miles, a  
couple hills. Ride Leader: Ron Mastuska (697-9009)
- May 30     **MEMORIAL DAY RIDE**      9:00 a.m.      INTERMEDIATE  
Meet at Freedom Hall in Morton for a 25 mile ride. Dave promises  
at least one good hill. Ride Leader: Dave Gardner (263-0596)

Out of town rides that you might find interesting:

TOGIR VII	The Other Great Iowa Ride	June 18-24, 1988
LION IV	Loop Iowa's Outstanding Northeast	July 9-10, 1988
BEAR III	Bicycle Early Agricultural Roads	July 29-31, 1988
TIGER V	Tour Iowa's Great Eastern Region	August 13-14, 1988

Information on the tours listed above is available from: TOGIR TOURS,  
2325 Fulton, Ave., Davenport, IA 52803

**Silver Springs 60**      25-50-62 mile routes      April 24, 1988  
Sponsored by the Aurora Bike Club. Registration: 7:30-9:30 a.m. at  
Jefferson Middle School on the west side of Aurora.

**McLean County Wheelers Spring Metric**      70-100 km      May 15, 1988  
McLean County Wheelers, P.O. Box 947, Bloomington, IL 61701

**TOMRV**      Tour of the Mississippi River Valley      June 11-12, 1988  
Sponsored by the Quad Cities Bicycle Club (100 miles each day).

**Apple Cider Century**      25-50-75-100 mile routes      September 25, 1988  
ACC '88, P.O. Box 5000, Three Oaks, MI 49128

IVW rides for your calendar:

**Pedal-In**      25-50-75-100 mile routes      June 4, 1988  
Leaves from Wildlife Prairie Park.

**Diane's Ride**      25-50-75-100 mile routes      August 28, 1988  
Southwest Peoria County and Canton area.

Illinois Valley Wheelmen  
Ride Rating System

1. All IVW scheduled rides will be assigned a rating based upon the intended riding difficulty as determined by the ride leader.
2. Rides may have more than one rating if there are sufficient ride leaders to manage each group. (e.g. a ride may be rated NOVICE-INTERMEDIATE or INTERMEDIATE-EXPERT if there are leaders for each pace.)
3. There are three levels of riders:

**EXPERT**

An expert rider is one who can and has ridden at least 100 miles in one day, can average a minimum of 15 miles per hour on a ride of 25 miles or more, and maintain his/her own equipment.

**INTERMEDIATE**

An intermediate rider is one who can and has ridden at least 50 miles in one day, can average a minimum of 12.5 miles per hour on a ride of 25 miles or more.

**NOVICE**

A novice rider is anyone who cannot meet the criteria of an intermediate rider.

4. If there are some people who want to ride at a pace faster than what is scheduled, the ride leader will ask for a volunteer to lead this group. The scheduled ride leader's responsibility to the faster group does not go beyond signing up their names, handing them cue sheets, and asking for a volunteer to lead the group. Beyond this, it is up to those riding in this group to decide when they want to stop, where they want to eat, whether there should be a sweep, etc.
5. As a responsible social organization, IVW should try to offer a schedule with all levels of rides. The purpose of the rating system is not to demean anyone's riding ability, but to avoid hard feelings caused by unmatched riders and rides.

NOTE: As the riding season progresses and regular riders become more fit, the pace may pick up some on the weekly Tuesday, Wednesday, and Saturday rides.

WELCOME NEW MEMBERS  
We're glad to have you with us.

John F. Kramer  
David L. Pearsall

Washington, IL  
Peoria, IL



## Race Report

The 1988 racing season was officially opened for myself and Matt Scott of Morton when we went to Louisville on March 5 and 6. Matt got a 14th and a 4th while I managed a 5th and a 2nd in my races. These races were held on some of the hilliest courses one will ever see and averaged about 45 miles apiece. Matt and I topped our weekend off with an unscheduled stay at the Veedersburg, Ind. Hilton (Insert the word "dump" here) after the car refused to make the trip home. I always try to show people who travel with me a good time.

On March 20, it was time for the team to travel to Sauk Village near Chicago. Randy Senneff and Matt Scott controled the pace of the 36 mile category 3 race with Randy giving Matt the winning leadout in the final sprint. Randy held on for 9th and Matt got his first win ever. Randy's brother, Jim, raced his first category 4 race and placed 10th. I broke away 6 miles into the 32 mile Master's race with a Chicago rider and took the sprint for my first win of the year.

On March 27 at Marengo, Ill. Matt got an 8th and Randy took 9th in the Cat.2,3 race. I got 1st in the Master's event and Jim Deeds of Washington placed 1st in the Citizen's 35+ class.

Here is an updated list of future events. These schedules change constantly so verification is highly recommended.

4/09/88	Illini Classic @ Champaign	CANCELLED
4/10/88	ORI Road Race	Maringo
4/17/88	20k Time Trial	Waterman
4/23/88	30k Time trial	Carbondale
4/24/88	Phoenix Road Race	Carbondale
4/24/88	ICA Road Race	Sauk Village
4/24/88	Old Capitol Criterium	Iowa City
5/01/88	40k Time Trial	Walnut
5/07/88	Criterium	Monticello
5/08/88	Road Race	Maringo
5/14/88	Windy City Criterium	Chicago
5/15/88	Criterium	Fort Sheridan
5/22/88	40k Time Trial	Waterman
5/30/88	Bud Lite Criterium	Moline

Everybody wish that spring is here for good!

-Denny Tresenriter

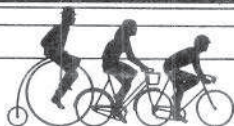


1988 ILLINOIS VALLEY WHEELMEN MEMBERSHIP

DATE \_\_\_\_\_ NAME(S) \_\_\_\_\_  
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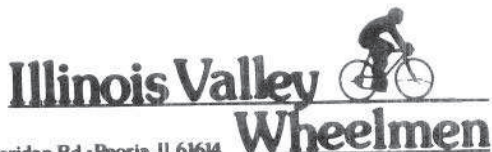
Allow 6-8 weeks for receipt of FREE Almanac and first magazine. Offer good through December 31, 1987.

The ILLINOIS VALLEY WHEELMEN is an incorporated non-profit organization of more than 20 but less than 300 members in the tri-county area.

Newsletters are distributed about 11 times each year through bulk third class mail.

The newsletter will not be forwarded so let the membership chairperson know if you plan to move or are not getting your newsletter.

- PRESIDENT: JEAN WAYCUILIS 822-0186
- VICE PRESIDENT: LIZ BENNING 243-5206
- SECRETARY: MARTY THOMPSON 685-4571
- TREASURER: BILL SEMMENS 685-9452
- RIDE CHAIRPERSONS: GWEN & RON CHANDLER  
698-8002
- SOCIAL CHAIRPERSON: SUZIE WOODWARD 688-2972
- MEMBERSHIP CHAIRPERSON: WM. OVERBEY 691-0040
- NEWSLETTER:
- EX-OFFICIO: RON MATUSKA 697-9009



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➔ MEETING ➔  
**April 28- 7.30**  
**Safety Town**