

6518 N. Sheridan

Peoria Ill. 61614



# ILLINOIS VALLEY WHEELMEN

AUGUST 1988

## AUGUST MEETING

The August meeting will be on the 25th at the usual place, Safety Town on Sheridan Road at 7:30 pm. Stephen Weast will present a video and slide show of his bike trip last winter through Mexico. The main business item on the agenda will be the vote on the name change (see below). Only members present will have a say in this decision.

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## PROPOSED CONSTITUTION CHANGE

There is a proposed Article change that will be voted on during the August meeting by members who are present.

The current Article I, #1 reads: The name of the Organization shall be the Illinois Valley Wheelm'n.

The proposed Article I, #1 reads: The name of the Organization shall be the Illinois Valley Wheelers.

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## WANTED: COOKIES FOR DIANE'S RIDE AUGUST 28th

A batch of home-made cookies from each IVW family will help to make Diane's ride a big success! Cookies can be dropped off at the August IVW meeting or at the following locations between the 19th and 24th (except Sunday):

Peoria Bicycle  
712 West Main  
Peoria

Russel's Cycle  
308 N. Main  
Washington

Vitesse Cycle  
4609 N Prospect  
Peoria Heights

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The IVW is a Quiet Hero club. This means we are associated with the American Red Cross for the purpose of increasing the supply of blood available to the community. Just about anyone can donate and when you do, you'll not only feel good, but will also get a cookie.

Donate anytime the Blood Center on Berkeley Avenue (just behind St. Francis Hospital) is open or at one of their blood-mobile drives at other locations. Make an appointment, or just show up. For more information, call Jean Waycuilis at 673-6139 or Ron Matuska at 697-9009.



WELCOME NEW MEMBERS!!!

Eric A. Clark	Washington
Kath Conver	Peoria
Eric Corty & Family	Peoria
Allan P. Delicath & Family	West Peoria
Charles Feldmen & Family	Peoria
William E. Grieshofer	Peoria
Martin & Doris Higgins	Washington
Michael A. Ihlenfeldt	Peoria
Terry A. Jones & Family	Peoria
Phil Kriegsman	Pekin
Jack Leson	Peoria
Chris McKinney	East Peoria
John W. Mogler	Washington
Robert & Bonnie Munz	Metamora
George Parsons	Peoria Hts.
David E. Radecki	Peoria
Roger L. Rayden & Family	Mapleton

We hope you enjoy bicycling with us and look forward to seeing you on many rides this summer! If you are new to club cycling, please don't hesitate to call any of the club officers if you need help or advice. We were all beginners once and we all understand the questions that newer cyclists may have! Come on out - its fun!

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NEWSLETTER NOTES

For those new to the IVW, Diane's Ride later this month was named in memory of Diane Ziegler Matuska. Diane was an enthusiastic supporter of bicycling; she rode several thousand miles each year and had held every office in this club over the years. Her love of life punctuated often with a 24 karat smile made the miles a little livelier and the hills a little gentler for those of us who were privileged to ride with her. So that you may share a little of the reasons we remember Diane with this ride, I have taken the liberty of reprinting excerpts from her writing as well as excerpts from the eloquent comments by Samuel Joslin who was the IVW president at the time of her death.

I appreciate the efforts of several people who have sent in contributions for this newsletter. This month's hat-tipping goes to David Danner and one of the Moyers (the first name was omitted but I have my suspicions). And, of course, Ron Matuska is reliable as usual, which is remarkable considering all the time he has to spend organizing Diane's ride and learning a new job.

Again, contributions are appreciated; we need them by the 20th of the month. Let's hear about some great vacation bicycle places; certainly some of the over 200 members took bicycles on vacation!

- Chris

The following is reprinted from our newsletter in May, 1986. It is here for the benefit of new members as well as older ones who will never forget . . .

Diane's ride . . .

Why do I ride? I love it. . . . I like watching the little fence posts go passing by . . . I like to see the sun rise over the Illinois River . . .

. . . I enjoy bicycle touring. I enjoy the wheels turning under my pedal power. I enjoy watching the seasons change while I ride my bike, from the dead of winter, the first sprig of green, the lush forests of cornfields to the colored leaves flying through my spokes . . . I have found the perfect solution to blending my bicycling with my career by commuting to work. When I commute I get up early and go out for an additional few miles just to hear the birds chirp and see the sun rise . . . After the tension of my job all day, I look forward to burning up that tension by cruising out on my bicycle and watching the swan swim in the pond on Cottonwood Road as I ride by. From time to time I feel like I have wings on my wheels . . . My endurance when bicycling has always amazed even me. When I put the packs on Old Green I feel complete with the world. I feel I can ride forever. That is how I most long to be, cruising down the road, and traveling to different parts of the country, watching the terrain, scenery and the cultures change.

. . . Years ago the people would look at me like I was crazy or something. Only men rode bikes. I would be the only woman on many of the rides . . . I am very pleased to see so many women getting into the sport and excelling. This gladdens my heart . . . My hope for bicycling is that more people will feel this same passion for the sport as I do and make bicycling a part of their lives. . .

. . . The club means a lot to me. This club encompasses a large group of people from all spectrums . . . professionals and executives . . . unemployed, laid off workers. Ages that span from 15 to 60. Males and females, married and single, The only thing we have in common is bicycling. I think that's great. I think that's enough.

- Diane

#### PRESIDENTS NOTES (May, 1986)

. . . There are many of us with memories of Diane. The fact that such a ball of energy and life is gone is incomprehensible . . . it was easy to think she would be the last member of the IVW . . . It would be a credit to each of us if we could contain as much joyous energy as Diane did.

. . . Diane was a talented rider. And enthusiastic; not many people hold birthday parties for elderly green bicycles . . .

. . . You didn't need to be a member too long to become aware of her blazing orbit. Always ready with a broad smile, Diane was a barely contained, pigtailed wonder of exuberance.

- Samuel Joslin

## SWISS ARMY BIKE

The following is condensed from a recent issue of the Wall Street Journal. These bikes do not have built-in scissors, cork screws, nail files, tooth flossers, etc. But Dave Danner thought you might like to hear about them anyway.

### To Scare the Enemy, They Attack With Baseball Cards in the Spokes

SWITZERLAND - While other soldiers dream of SDI and Stealth bombers, here they have their bikes. "Our code of conduct dictates that no one else uses my bicycle," says Capt. Dieter Schneider of one of the Swiss Army's three bicycle regiments. "This seat has my shape. It's as personal as underwear."

But Capt. Schneider reluctantly will soon have to break in another; after many years of service replacements are on the way.

The present model is a black framed workhorse that weighs 62 lbs. and has hardly changed since 1905, only accumulating a third brake and lights, although the lights are considered to be for wimps. "A cyclist doesn't want to be seen; we can see in the dark," states another officer.

Amidst much skepticism, the Swiss Defense Department has requested bids for bikes weighing no more than 44 lbs. and maybe two or three gears. They must be as solid as the old ones - that is, they must remain dependable for 30 years! Today, finding components that last that long is almost impossible according to an engineer at the company that currently supplies the bikes.

Production mountain bikes are considered "too delicate". "We have to be able to throw our bikes around" says one officer. Another claims he has never even had a flat tire in two years!

The Swiss consider the bicycle regiments, founded 100 years ago, invaluable for defending their network of forest trails, the densest in the world. "We are the poor man's mobile troops . . . muscle power, no gas," says First Lt. Stefan Flueckiger.

In fact, the bike troops are now trendy. Officers say that the take forces used to be the most popular, but now it's the bikes because they fit in with environmental protection.

- WALL STREET JOURNAL

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## WANT ADS ! ! !

For Sale: Eclipse panniers. One pair Transcontinentals, two pair Super-lights (good on Low-Riders). Also Eclipse rear rack and Jim Blackburn front Low-Rider rack. Call Ron Matuska, 697-9009.

For Sale: Cateye-Mate bicycle computer and spare system parts such as sensors and wiring. Call Ron Matuska, 697-9009.

For Sale: Phil Wood hub. Tandem hub with 48 spoke drilling and ready to accept drum brake. New! Still in box. Call Ron Matuska, 697-9009.

FOR SALE: 24" Wheel youngsters 10-speed RAMPAR by Raleigh, everything works, good tires, \$65.00. Call Chris Drew, 692-6161 or 699-4005.

Bicycle related ads are free to IVW members. Mail or phone them to the newsletter editor (692-6161).

## RIDE CALENDAR

### TUESDAY EVENINGS

MORTON, 6:00 PM, NOVICE. Field Shopping Center, about 15-20 miles. Ride Leader: Peggy Tresenriter (387-6617).

PEORIA, 6:00 PM, ALL LEVELS. Commercial Bank lot, University at Pioneer Parkway, 10-20 miles. Ride Leader: Bill Wright (685-8549).

### WEDNESDAY EVENINGS

PEORIA, 6:00 PM, ALL LEVELS, social ride. Starting place is Charter Oak Grade School, in northwest Peoria. Different ride leader each week. Break bread with us after the ride at Avanti's on Sterling!

WASHINGTON, 6:30 PM, SHOW AND GO. Washington Square, 10-20 miles.

### SATURDAY MORNINGS

WASHINGTON, 8:30 AM, ALL LEVELS. Washington Square, ride to nearby town for breakfast, usually 25-30 miles. Show and Go. (PLEASE don't park on Square. Be considerate of the shoppers and local merchants.)

MOSSVILLE TIME TRIALS, 7:00 AM. Cat Tech Center visitor's lot, 5 miles out, 5 miles back. Watch your performance improve each week!

### SUNDAY MORNINGS

AUGUST 7, 10:00 AM, ROLLA'S RIDE & SWIM, NOVICE-INTERMEDIATE

Start at Dunlap High School for a 20 mile ride and then swimming and hot dogs after, bring swim suit and towel. Host: Rolla Godfrey, RSVP 243-5691.

AUGUST 14, 7:30 AM, PANCAKE & SAUSAGE RIDE, INTERMEDIATE

Meet at Lake of the Woods for a ride to Princeville for breakfast, 30 miles. Leader: Gregg Benning (234-5206).

AUGUST 21, 7:30 AM, GLEN'S PRISON TOUR, INTERMEDIATE-ADVANCED

Leave from Tremont Park for a ride to the Logan Correctional Center in Lincoln. A tour of the prison and lunch (\$1.00) are included. Riders must be at least 18 years old - limited to 30 people. Reservations required! You will be officially registered when Glen receives your money. 70 miles. Call Glen Thompson, 685-4571.

AUGUST 28, DIANE'S RIDE, RIDE OF THE MONTH (See details on other side)

SEPTEMBER 4, 10:00 AM, RIDE OF THE MONTH, DANNER'S LUNCH RIDE, NOVICE

This ride is always a favorite social event. We start from the Pekin Insurance parking lot in Pekin for a leisurely 16 mile ride thru Tazewell County, returning to the Danner residence for that wonderful buffet lunch they graciously provide! This is an easy ride for all abilities and it is an excellent way for new members to get acquainted with other club members. RSVP by Saturday, September 3, 346-6916.

SEPTEMBER 5 LABOR DAY, NOON, RIDE TO MONA'S, INTERMEDIATE

Come and enjoy the back roads of Marshall County and indulge in the famous pasta at Mona's in Toluca. Starts at the Marshall State Fish and Wildlife Area, Route 26, twelve miles north of Spring Bay, 40 miles. Leader: Jim Waycuilis, 822-0186. Call Jim in advance for reservations!

## SPECIAL IVW RIDE FOR YOUR CALENDAR

### Diane's Ride

August 28, 1988

This is the IVW's annual ride in memory of Diane Matuska. There will be 25-50-75-100 mile routes from Lake Camelot near Mapleton thru the south-west Peoria County and Canton area that she loved to ride.

Diane's Ride applications should have been received by all of you by this time. If you didn't get yours call Jeannie Gullet at 673-6139 or stop by one of the local bike shops.

For the day of the event we will need help with rest stops, sag, breakfast, parking at Lake Camelot, the picnic, and with clean-up after the ride. Call Jeannie (673-3169) or Ron Matuska (697-9009) and do your part to help the IVW.

## OUT-OF-TOWN RIDES THAT YOU MIGHT FIND INTERESTING

### TIGER V

Tour Iowa's Great Eastern Region

August 13-14, 1988

Information on this tour is available from TOGIR TOURS, 2325 Fulton Ave., Davenport, IA 52803.

### Proctor Cycling Classic

August 21, 1988

This is a rectangle course race in downtown Peoria (Jefferson-Main-Adams-Liberty). Registration starts at 8:30 and the last of several races starts at 3:00. Entry blanks are available at Vitesse Cycle. For the rest of us non-racers, it should be fun to watch.

### Midwest Tandem Rally '88

September 2-5, 1988

This is the 12th annual version of this tandem ride. For information send a S.A.S.E. to MTR '88, PO Box 20263, Springfield IL 62703, or phone John & Marcy Werthwein (217-525-1230) or Dave Stjern (217-564-6474).

### PACRACC 1988

September 3-5, 1988

The Pantagraph Area Cyclist Ride Around Corn Country is here again. This is three days riding, 220 miles, around Central Illinois, starting and ending in Bloomington. It is a well organized event that includes camping out and lots to eat. A two-day, 90 mile, version of the ride is also offered for those who don't wish to do the big one. Get your entry blanks at Vitesse Cycle in Peoria Heights or Normal. The fees range from \$25 to \$55.

### Pedal to Big Muddy

September 24-25, 1988

150 mile ride from Peoria to Hannibal, Mark Twain country. For information contact Multiple Sclerosis, 2422 N. North St., Peoria IL 61614, 309-688-1778. It is a fund raiser so there are financial obligations, as well as prizes.

### Apple Cider Century

September 25, 1988

25-50-75-100 mile routes. Information on this Midwestern favorite can be obtained by writing ACC '88, PO Box 5000, Three Oaks, Michigan 49128.

## RIDE REPORTS

LITCHFIELD CDC, June 11 - Jewel Moyers once again felt the thrill of "fun" riding the Litchfield Central Double Century. He is the only club member to ride the CDC four consecutive years (1985-1988). This year he finished with his best time ever - 14 hours 51 minutes! His wife Debby and son Zac were along to provide water, food, encouragement, and love.

For those who are not familiar with the CDC, it is a 24 hour marathon event that begins at six in the morning Saturday and ends Sunday morning. The first part of the ride is a 140 mile loop beginning at Litchfield (Ill.) and goes as far south as Vandelia. The riders then complete three 20 mile loops on old U.S. 66 to make the 200 miles. Some riders will continue through the night to establish individual goals. The record is 498 miles set in 1986.

- Debby Moyers

PATRIOTIC RIDE, July 4 - An impromptu ride was held on Monday, July 4th, lead by Ron Matuska. Fifteen patriots met in Tremont to ride to Delavan for a hearty breakfast at the American Legion Hall. On the return trip Ron demonstrated tandem riding finesse by teaching the ropes to several novice "stokers". It was a good way to start the holiday celebration!

- Debby Moyers

CITY RIDE, MAY 20 - Over 20 riders showed up at Glen Oak Park for a leisurely ride around Peoria. The first stop was a look at the Boat Works complex. Several members expressed an interest in holding some function there. (How about an IVW cruise up the Illinois River? We could call it the IVW ON THE IR.) From there we went up Union Hill for a tour of the Moss Avenue area. At this point, there was a revolt as several members wanted a MCD break.

We next dropped down the Bluff again and headed for Creek Road. We made the decision to make a wide loop around town as there were several new riders and a couple of young riders. We thought the longer miles, 40 instead of 25, would be better than having to traverse the busy streets of central Peoria. Most everyone did fine, and we finished up with an ice cream break at the Spotted Cow in the Heights.

- R.A.M.

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## WOMEN'S CYCLING SURVEY

BICYCLING Magazine recently printed a request for women cyclists to participate in a survey that will result in a how-to book for women in cycling as well as express a consensus of women's needs to the cycling industry. If you wish to participate in this survey and perhaps have your views and experiences become part of this book, contact Mary Scroggs, 216 Evergreen, Morton IL 61550, or phone her at home (309-266-5790) or work (309-675-0040) and she will send a copy of the survey to you.

1988 ILLINOIS VALLEY WHEELMEN MEMBERSHIP

Date \_\_\_\_\_ NAME(S) \_\_\_\_\_  
 New \_\_\_\_\_ STREET \_\_\_\_\_  
 Renew \_\_\_\_\_ CITY \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_  
 TELEPHONE ( \_\_\_\_\_ ) \_\_\_\_\_

Membership type: INDIVIDUAL \$10 \_\_\_\_\_ FAMILY \$12 \_\_\_\_\_

Please make check payable to Illinois Valley Wheelmen and mail to:  
 Wm. Overbey, 6415 N. Imperial Dr., Peoria, IL 61614

**Wear a helmet everytime you ride!**

The ILLINOIS VALLEY WHEELMEN is an incorporated non-profit organization of more than twenty but less than three hundred members in the tri-county area. Newsletters are distributed eleven times each year through bulk third class mail. The newsletter will not be forwarded so let the membership chairman know if you move or are not getting your newsletter.

PRESIDENT:	Jean Waycuilis	822-0186
VICE PRES:	Liz Benning	243-5206
SECRETARY:	Marty Thompson	685-4571
TREASURER:	Bill Semmens	685-9452
RIDES:	Gwen Chandler	698-8002
SOCIAL:	Suzie Woodward	688-2972
MEMBERSHIP:	Wm. Overbey	691-0040
NEWSLETTER:	Chris Drew	692-6161
EX-OFFICIO:	Ron Matuska	697-9009

**Illinois Valley**   
**Wheelmen**

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