# 6518 N. Sheridan









FEBRUARY 1989

## FEBRUARY MEETING

The February meeting will be on the 23th at Safety Town on Sheridan Road at 7:30 pm. A SWAP MEET is planned so bring any old parts, clothes, and other bike stuff that you no longer want and maybe you'll find a taker! Some bike shops may be bringing some stuff to sell as well. The re-organization committee will also present any update information.

MARCH MEETING: The March meeting on the 23rd will include a slide program on New Zealand by Eric Hutchinson. Be sure and keep that date open for what promises to be an interesting program!

#### NEWS ITEM !!

Jacob Tresenriter of Groveland was this year's winner of the <u>Illinois Rider of the Year</u> for the 9-11 year old Junior category. This award is given to the racer who receives the most points from placing in races within the state. The award was presented to Jacob by a Pepsi representative at a banquet in Chicago. Jacob was also this year's Junior 9-11 Illinois State Road Champ. <u>Congratulations</u>, Jake!

# RIDE CALENDAR

WINTER RIDE SCHEDULE. During the winter months, the Sunday rides are EAT and RIDE events. We will meet at a restaurant for breakfast at 8:30 AM and those who wish to ride may do so afterward. Even if you don't intend on riding please come for the breakfast get-together anyway!

FEBRUARY 26, 8:30 AM, CUMMINS RESTAURANT, Knoxville & Pioneer, Peoria.

MARCH 5, 8:30 AM, STEAK N SHAKE, by the Franklin St. Bridge, East Peoria.

MARCH 12, 8:30 AM, COUNTRY BEE, I-74 near Kickapoo Exit.

MARCH 19, 8:30 AM, NEWELL'S RESTAURANT, Routes 8 and 150, East Peoria.

MARCH 26, 8:30 AM, EASTER SUNDAY BUNNY RIDE!, WASHINGTON FAMILY RESTAURANT, Rt 24, Washington.

This will be the last of the EAT and RIDE Sundays. Beginning in April, Sunday rides will be more organized.



## WELCOME NEW MEMBERS!!!

John Potter Dan & Debbie Berg Tim Wells Elmwood Morton Deer Creek

We hope you enjoy bicycling with us and look forward to seeing you on many rides in the future! If you are new to club cycling, please don't hesitate to call any of the club officers if you need help or advice. We were all beginners once and we all understand the questions that newer cyclists may have! Be sure to join us for the winter meetings and breakfasts so we can get to know each other!

MOUNTAIN BIKE RIDES: On some Sunday afternoons, there is an organized mountain bike ride. For details call Kevin Thieme on Saturday at Russell's Cycle of Washington, 444-2098.

NEW MANAGER AT VITESSE CYCLE: Myron Oesch of Bloomington will be taking over the management of Vitesse Cycle in Peoria Heights about March 1st. Myron is known to many area cyclists as a co-founder of PACRACC, the annual late summer ride in Bloomington. Some IVW members will also remember his slide presentation of touring Alaska that he gave at one of our meetings. He and his wife, Barb, are considering moving to Peoria during the summer. Myron's enthusiasm for cycling will be an asset to our community.

#### WANT ADS !!!

FOR SALE: NEW 1989 SPECIALIZED STUMPJUMPER, Shimano 21 speed Hyperglide, ridden only 25 miles! \$750. Call Bob Scroggs, 266-5790.

FOR SALE: SHIMANO 600EX SIS conversion kit, braze-on shifters, rear derailleur, FWL 13-21. Slightly used, \$50. Call Marty, 682-0054.

FOR SALE: 2 pairs NIKE bike shoes. Men's size 9 and women's size 8 1/2, \$30 each. Call Steve Grube, 674-3175.

FOR SALE: Cannondale Bugger, like new, \$100. Call Bob or Val, 698-3336.

WANTED: CAMPY front braze-on derailleur. Call Denny Tresenriter, 387-6617.

<u>WANTED</u>: Pair of used rollers. Call Mary or Bob Scroggs, home 266-5790, work (Mary) 675-0040.

<u>WANTED</u>: Used turbo trainer or similar (not rollers). Call Jeannie, home 673-6139, work 682-8777.

Bicycle related ads are free to IVW members. Ads will be run for two issues unless extension or drop is requested. Contributions and opinions are welcome. Deadline for material is the 20th of the month. Mail or phone to Chris Drew, 7324 N. University, Peoria, IL 61614 or call 692-6161. All phone numbers listed are Area Code 309 unless otherwise stated.

## THE NEW I.V.W PRESENTS .

Bicycle Equipment and Clothing Showcase 1989!! Fun! Skits! Models! Bikes! Food! Excitement! A great way to kick off the bicycling season!

WHERE: Knight's of Columbus Hall, 2711 Willow Knolls Road, Peoria!

WHEN: Sunday, April 23rd, Social Hour 3:00, Show 4:00!

WHO: Us! With help from Peoria Bicycle, Russell's, and Vitesse!

TICKETS: CHEAP! at \$2.00! Get them from Liz Benning, 243-5206, or any member of the Reorganization Committee or crew!

# AND THE NEW IVW NEEDS YOU . . .

to be part of the show and crew!! This is your chance to use your talents, try our the new clothing and equipment and become involved in the NEW IVW! Call the following crew leaders:

MODELS: Sheila Hansen, 693-9807. Need guys, gals, and children of all shapes and sizes!

BUILDING & PAINTING: Dean Grethey, 346-0645. Hammer & nails, sloppy and artistic painting. Get down and dirty!

STAGE CREW: Phil England, 674-3401. Lights! Music! Easy work!

### I.V W. Reorganization Sub-committees:

BYLAWS: Examine the bylaws and propose changes in the election of leadership to a Board of Directors. Dean Grethey, Mary Scroggs.

RIDES: Improve rides and make bicycling enjoyable for all members. Chris Drew, Dalton Larson, Mary Scroggs, Randy Townsend, Bill Overbey, Steve Meismer, Steve Weast, Jean Gullet.

<u>COMMUNICATIONS</u>: Improve publicity for all club functions. Dean Grethey, Chris Drew.

SOCIAL: Improve meetings, arrange out of town rides and other social functions. Roger John, Jean Waycuilus, Ron Anderson.

<u>MEMBERSHIP</u>: Improve membership recruiting, maintain membership records. Gwen Chandler, Bill Semmens, Mary Scroggs, Jan Ketchmark, Randy Townsend, Dean Grethey.

RIDE MAPS: The Ride Committee is working on a booklet of local ride maps to be published this spring. We would like to include your favorite routes. Send to or call Eric Hutchison, 918 W. Wilcox, Peoria IL 61604, 685-3921, or Steve Weast, RR1, Dahinda IL 61428, 742-7141. They could also use some help on this worthwhile project. So think about what your favorite routes are and contact Steve or Eric NOW!

#### RIDE COMMITTEE REPORT

As mentioned last month, the Ride Committee has developed an expanded and somewhat more structured ride schedule for this season. Gone are terms like "Novice", "Beginner", "Intermediate", and "Advanced" and the ranking of your ability that these terms imply. Most of us learned to ride a bike before we could spell "novice" so it is not likely that there are any beginners here. Instead we are using terms that describe the ride and suggest that you select the rides that meet your expectations.

The first two ride types will be limited as to top speed to maintain a group riding structure; the speed may be lowered to accommodate wind, terrain, and to maintain the group together. The ride leader will lead and set this pace and riding on this type of ride will mean that you accept the

commandment that "thou shall not pass the ride leader"!

The second two ride types will not be paced. The participants may ride grouped, strung out, or any way they wish. On the ALL LEVEL rides the leader will appoint a "sweep" to make sure no one gets left behind.

#### THE RIDE TYPES

EASY: Group paced ride, 12 mph maximum. No passing ride leader. Good ride for getting back on your bike after long absence, parents with children, or anyone wanting gentle pace.

SOCIAL: Group paced ride, 15 mph maximum (13 or 14 mph for rides over This is a good pace for 25 miles). No passing ride leader. anyone who rides regularly and enjoys the security and social aspects of group riding.

ATHLETIC: Generally ride at speeds above 15 mph at your desired pace. Recommended for those who enjoy faster cycling.

Regroup periodically. A "sweep" ALL LEVEL: Ride at your own pace. will make sure no one gets left behind or lost.

THE SCHEDULE There will be at least one ride every day of the week and two rides on some days. Weekday rides will meet at 6:15 PM at the same places and remain the same type all season. This is to reduce the confusion and take the worry out of knowing where to go after work! The exact starting locations of some of the rides has not been determined and is still open to suggestion.

Monday

SOCIAL, North Peoria.

ALL LEVEL, Morton.

Wednesday

SOCIAL, Mossville.

Thursday

SOCIAL, Pekin Mall.

Friday

EASY, Washington or Metamora

Saturday Morning

ATHLETIC, Washington.

Sunday Morning

ALL LEVEL, Various places.

EASY, Peoria.

ATHLETIC, Charter Oak.

ATHLETIC, Washington

SOCIAL, Rome or Mossville

Sunday Afternoon EASY, Peoria

#### RIDE COMMITTEE REPORT (CONT)

It is obvious that this expanded schedule means that we will need plenty of volunteers for Ride Leaders. To be more specific, we will need experienced riders to help with the Social and Easy rides. This is the level of riding that we expect to attract and keep new members. Even if you prefer the Athletic rides, please select at least one of the other rides to lend your experience to on a regular basis.

We need one person to be the coordinating leader for each Easy and Social ride and then about two or three others to rotate leading that ride as worked out with the coordinating leader. Please help; we will need it. Remember, these are not fast rides so you don't have to be a fast rider to lead this type of ride! Call me and let me know which Social or Easy rides you will help lead. The Athletic rides will be "show and go" and leaders are not needed.

The Sunday morning rides will continue to be quite varied as they have in the past with all levels of riders welcome. We are trying to make up the schedule for most of the season now so please contact us if you have a special ride that you wish to lead, sponsor, or suggest. Most weekends are still open. If each experienced member comes up with one Sunday ride that they will sign up to lead, we would have more than enough! You can choose the route or the ride committee will help you select it. Thanks in advance for your help.

- Chris Drew, 692-6161 or 699-4005

# JOIN THE R.A.W. RIDERS!!!

Who are the R.A.W. Riders? They're club members that go out and ride after work. This isn't an organized ride, just a list of people interested in riding after work.

Want to get your name on the list? Then check the appropriate place on a membership application. There is no special fee; this is just one on the many services provided by the NEW IVW. Of course if you haven't renewed, this would be an excellent time to check "Renew" and enclose your check! To receive a copy of the list, enclose a stamped self-addressed envelope.

Bill Semmens hopes to have the list compiled by early April so if you are interested send it in NOW!!!

## OUR OWN DOUBLE CENTURY ? ? ?

If your interested in trying a local 200 miler then call Bill Semmens (685-9452) and mark June 24th on your calendar. Tentative plans call for setting up a flat 50 mile loop somewhere and riding it four times. Other club members are invited to join them for a loop or two to provide encouragement.

This is an impromptu ride for now, but with enough support, maybe we can arrange for food and sag service.

#### RIDE LOGS

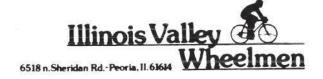
For those who want them, ride logs sheets will be available soon at the monthly meetings and from some of the club officers. Until you get yours just keep track of your club miles by date.

Date	NAME(S)	
NewRenew	STREET	
R.A.W.Rider?	CITYST	ZIP
YesNo (Ride After Work)	TELEPHONE ( )	(X
	Membership Type: INDIVIDUAL \$	10FAMILY \$12
	payable to Illinois Valley Wh 4224 N. University St., Peor	

Wear a helmet everytime you ride!

The ILLINOIS VALLEY WHEELMEN is an incorporated non-profit organization of more than twenty but less than three hundred members in the tricounty area. Newsletters are distributed eleven times each year through bulk third class mail. The newsletter will not be forwarded so let the membership chairman know if you move or are not getting your newsletter.

PRESIDENT:	Jean Waycuilis	822-0186
VICE PRES:	Steve Weast	1-742-7141
SECRETARY:	Jan Ketchmark	1-347-5309
TREASURER:	Bill Semmens	685-9452
RIDES:	Chris Drew	692-6161
SOCIAL:	Roger John	446-3992
MEMBERSHIP:	Bill Semmens	685-9452
NEWSLETTER:	Chris Drew	692-6161



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SWAP MEETING I STUFF I BRING YOUR OLD STUFF

FEBRUARY 1989