

JUN 1989

Illinois Valley Wheelm'n

JUNE MONTHLY MEETING JUNE 22nd at Safety town

A manufacturer's rep from a top line bike maker will talk on frame building and bike construction in the 1980's. At present the identity of this person is unknown, but we have been promised by a valuable member of the club that this person is going to be there and will do an excellent job. If that is not enough, Dean Grethey is going to bring some generally exciting morsels to munch on (Sailcats, skunkfrisbies and other recent road kills smothered in chocolate sauce and Tobasco). OK! some boring baked items.

From the social committee:

A PICNIC! A PICNIC! SUNDAY, JULY 8th 1:00p.m. to ????
Where? Moose Shelter at Detweiler Park (south end of park)
What to bring? Meat, table service and a COVERED DISH TO SHARE
The club will provide beverage and the rotten leftovers from the PEDAL-IN including black banana dessert and all road kills.

— PEDAL-IN TIME —

The Long Awaited Pedal In - Is Here!!!

Saturday Morning June 3rd - wake early, climb out of bed, throw on some cycling shorts and jersey, grab your water bottle and head for Wild Life Prairie Park - It's the IVW Pedal In!!

We are hoping for an even larger turn out this year - the weather promises to be nice - Dalton promises the route will be marked - Neal promises plenty of good food and we - the single IVW Member, promises to come out and join in the fun!

There are rides for all levels of cycling and plenty of fun to be had - so don't oversleep this Saturday morning - don't worry about the chores (I promise they'll be there on Sunday) - Just get up and come on out - Ya Hear!! We hope to see you ALL there!!

THE MEMBERSHIP COMMITTEE NEEDS ANOTHER PERSON OR TWO ON IT. We need a couple of people to take the places vacated by a couple of Board members who have switched to other committees. Come to the next meeting and get involved. Thanks

HEY! WE STILL NEED SOME VOLUNTEERS FOR THE PEDAL IN (RIDE ON THE WILD SIDE) So if you is interested in helping, call Dalton Larson. YOU DIG!

Ride Report - Dalton Larson

On the April 30th IVW ride from Jubilee State Park through the hills and out into the flatland we had the privilege of a guest from Pennsylvania. Judy Thompson was in town visiting her sister and mother. Since she brought her bicycle along she contacted one of our bike shops and learned of our Sunday ride. She came to ride the prairie and we gave her hills as a bonus to the wide open spaces! She enjoyed the ride and we enjoyed talking with her. She's invited any of us to drop by her place if we are pedaling by. We wouldn't be the first as Judy says bikes go by her place all the time on tours. There has been many a tent pitched in her back yard. So let's give her an IVW "thanks for the invite" and any of you heading east take this address with you and give her a call:

Judy Thompson, 2517 Lawyer Rd. Chambersburg, PA. 17201

Bloomington's Spring Metric - Mary Scroggs

Sunday, May 21st was the Bloomington Spring Metric, for weeks all I heard was that this ride always had bad weather - either rain or heavy wind dampened a cyclist's spirits. But Mother Nature must have heard the complaints and decided to surprise us.

It was a lovely day - warm, sunny, a slight breeze - a made to order cycling day! A large group of IVW members met at 7:00 in Maxwell Park in Normal and spent a great day of cycling together.

We started in Normal - rode thru the hills to Danvers and up to Carlock where we stopped for refreshments. Then we saddled back up and took a lovely tour of Lake Evergreen and Lake Bloomington (although if the lakes had more water it would have been prettier) stopping again at Lake Bloomington. The final leg was somewhat windy but returned us all safe and sound to Maxwell Park where we visited and headed for home.

Some of the ladies took a shorter route while most of us braved the entire 65 miles (metric century's are never exactly 62 miles!). At least 2 people completed their first Metric Century - Rob Weinstock and Dean Parker - a great way to start off the summer cycling season! Sally Larson completed her first 50 mile ride with energy to spare! Mo Kelly joined in on the fun and was greeted with open arms by many who had not seen her out for a while - we hope to see her and her future husband out again soon!

So - was a perfect day - good company - a well marked route and plenty of food - what more could a cyclist ask for? The only thing I can think of is being able to take Monday off!!

→ ROUTE MAPS ←

Members of the ride committee have completed the first ever two-wheeled guide to the greater Peoria area. This humble collection of 9 bicycling route maps offers an assortment of ride lengths and starting locations around the Peoria area. Several maps contain more than one marked route. The map booklets will be sold to IVW members for \$2.00, all others \$3.00. For mail order, send check or M.O. payable to the Illinois Valley Wheelm'n to: Eric Hutchison, 918 W Willcox, Peoria IL, 61604.

The maps will also be sold at regular club meetings and (hopefully) at local bicycle shops. NOTE: For simplicity, all maps placed in bike shops will be sold for non-member price, \$3.00.

Happy Trails 



IVW SUNDAY/HOLIDAY RIDE SCHEDULE - MARY SCROGGS REPORTER 266-5790

| Date | Miles | Leader | Phone | From/To/Comments |
|------|-------|---------------|----------|--|
| 5/28 | 25 | Curt Wells | 694-3043 | Morton/E.Peoria Meet Field Shopping Center |
| 5/29 | 30 | Don Jacobs | 745-9001 | ICC to Eureka Meet by ICC Tennis Cts |
| 6/04 | 30 | Greg Benning | 243-5206 | Lake of Woods/Princeville Meet at Lake of Woods |
| 6/11 | 40 | Steve Weast | 742-7141 | Elmwood/Wolf Cover Bridge Rt 8 & Rt 78 - Elmwood Square |
| 6/18 | 30 | Jewel Moyers | 565-7389 | Hanna City/Pekin - Meet at Moyers 1101 Glasford Rd, Hanna City |
| 6/25 | 30 | Roger Jensen | 699-1434 | Fondulac Plaza/Morton OR 20 Miles Meet up Volk's (Old YMCA)/Morton (Washington & Oakwood Rd) |
| 7/02 | 30 | Sheila Hanson | 693-9807 | Peoria/Kickapoo Commercial Natl Bank, Pioneer & University |
| 7/04 | 25 | Ted & Rosanne | 266-6816 | Gambogi's 4th of July Ride Cook Out - 31 Maple Ridge |

Sunday rides begin at 8:30 am for further details call the ride leader.

SPECIAL RIDES & OUT OF TOWN RIDES-NEIL McMEEKAN REPORTER 694-7328

- 5/27 or 5/28 Black Hawk Metric, Box 6443, Rockford, Il 61125
Brian Ceago #815-623-6129
- 6/03 IVW PEDAL IN - "Ride on the Wild Side" - Wild Life Prairie Park
Contact Dalton Larson, 694-2272
- 6/10 TOMROV - \$35 until April 30th, \$40 until May 31st
Contact Susie LaFore, 2023 E. 45th St. Davenport, IA 52807
#319-355-5530 - Excellent Tune up for IVW's Double Century
- 6/10 Friendship house Bike-A-Thon along the Peoria Riverfront Park
8 am - Peoria Friendship House of Christian Service 671-5200
- 6/24 IVW Double Century - contact Bill Semmens 685-9452
You can ride 50 - 100 - 150 - 200 Miles -
- 6/24 Quad Cities '24 Hour Challenge' contact Dave Holmes 319-386-6051
- 7/01 BAILLINOIS '89 - St Francis Medical Center, Sharon Dyer 655-2321
- 7/02 Sat 20 mi Novice, 50/100 mi \$25, Sun 20 mi Novice, 62 mi \$15
\$35 both days - for Children's Miracle Network Telethon
- 2nd Sunday each month - Friends of Rock Island Trail sponsor a
Ride & Hike on trails, contact George Burrier 676-6113

LOCAL RACES - MARY SCROGGS REPORTER 266-5790

- May 29 Bud-Light Moline Criterium, Moline, Terry Burke 309-797-3790
- Jun 03 District 40K TT, Walnut, Mestor Evancevich 312-241-6021
- Jun 25 Street Sprints & Criterium, Kankakee, L.Thoresen 312-672-9066
- Jul 02 20K Championship TT, Waterman, Tim Marcotte 312-894-3514
- Jun 10 Galesburg Criterium, Galesburg, Rich Weiss 309-342-1699

IVW WEEKDAY/SATURDAY RIDES

Monday

6:15 pm SOCIAL, Commercial Natl Bank, Pioneer Park, 7901 N. University. Nice relaxing ride to start off your week with! For further details contact Chris Drew 692-6161.

Tuesday -

6:00pm ALL LEVEL, Meet at Morton Field Shopping Center Parking Lot. Park on Main Street across from Chad's Chicken. Field Shopping Center is located at corner of Main & Queenswood. Several groups, ranging from 12 mph of 'FLOWER SNIFFING' to those 'EXPURGATING AGGRESSIONAL TENDENCIES' at 25 mph. We regroup at the mid point & a sweep makes sure everyone gets back safely. Ride concludes w/a trip to LaGondola and/or Baskin Robbins. For further details contact Peggy Tresenriter 387-6617.

6:00pm EASY, Commercial Natl Bank, Pioneer Park, 7901 N. University. For further details contact Bill Wright 685-8549.

6:30pm ALL TERRAIN Bike/Hike - Friends of Rock Island Trail Fondulac Park Administration Bldg, E. Washington St
For further details contact George Burrier 676-6113

Wednesday

6:00pm ALL LEVEL - SHOW & GO
During April & May - Charter Oak School 5221 W. Timberidge Dr. Afterwards join us for at Avonti's for Pasta.

Thursday

6:00pm SOCIAL, Meet at Pekin Mall - Park by Bergner's. For further details contact Jan Ketchmark 347-5307.

6:00pm ATHLETIC, Meet at Eureka Village Shopping Center Rt 117. This ride is a faster ride for those who can't keep up with the racers but want a more competitive environment. Plenty of hill, interval & pace line work. An opportunity to challenge yourself. Casualties will be recovered at the termination of the ride! For further details contact Randy Townsend 347-3848.

Friday

5:30pm EASY, Meet at the square in Metamora starting May 5th. For further details contact Gary Weiss 443-5407.

Saturday Morning 8:30 am

8:30am ALL LEVEL SHOW & GO
Meet at Washington Square - this is continuation of the year round ride that everyone is welcome to attend.

SOCIAL - June 17th

For details contact Laverne Weems 274-5003 (wk 699-7231 x355)
This is a new ride meeting in Rome, Ill for those wanting a slow, easy, scenic ride on Saturday morning.

RIDE TYPE DESCRIPTIONS

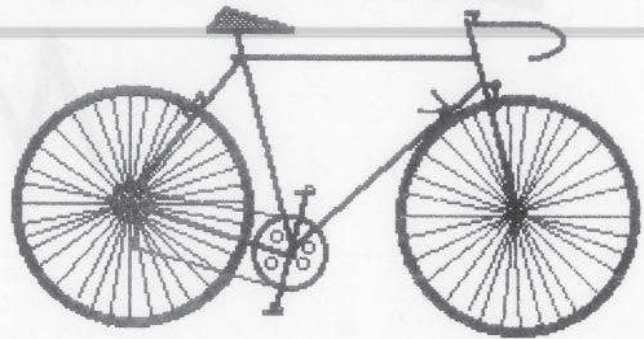
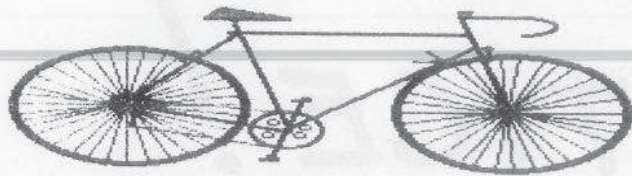
EASY-Group paced ride, 12mph maximum. No passing ride leader. Good ride for getting back on your bike after a long absence, parents with children, or anyone wanting a gentle pace.

SOCIAL-Group paced ride, 15mph maximum (13-14 mph for rides over 25 miles) No passing the ride leader. This is a good pace for anyone who rides regularly and enjoys the security and social aspects of group riding.

ATHLETIC-Generally ride at speeds above 15 mph at your desired pace. Recommended for those who enjoy faster cycling.

ALL LEVEL-Ride at your own pace. Regroup periodically, A "sweep" will make sure no one gets left behind or lost.

ATTENTION! ATTENTION! PROGRAM CHANGE FOR JUNE 22 IVW MEETING



Bill Andrews, the Community Services Coordinator, of the Bloomington, Illinois Pantagraph and Dale Kruse, owner of Vitesse Cycle Shops in Normal and Peoria Hts., will present a 30-45 minute program on PACRACC '89. They will show slides from past PACRACC'S and let us know what's new for 1989. These veterans of many PACRACC'S will be able to answer any conceivable question any of you IVW folks may have about this event which is held labor day weekend. Be there! It promises to be an informative and interesting meeting.

The Frame Building program mentioned in the June Newsletter will be coming to you later in the year.

CORRECTION!

PICNIC PICNIC PICNIC PICNIC PICNIC

Will be on SATURDAY, JULY 8, 1989

NOT

SUNDAY

AS WAS IN JUNE NEWSLETTER.

The IVW picnic mentioned on the front page of the June Newsletter is going to be held at the MOOSE SHELTER at the south end of Detweiler Park from 1:00p.m. to ??????. The day is SATURDAY JULY 8, not Sunday. Bring your own meat to cook or whatever, table service, and a covered dish to share. The club will provide beverages and the now very old dried up leftovers from the pedal-in. BE THERE, YOU DON'T WANT TO MISS THIS EVENT!

IMPORTANT NOTICE!

| | | |
|-------------|---------------|-----------------|
| PRESIDENT: | Steve Weast | 742-7141 |
| SECRETARY: | Jan Ketchmark | 347-5309 |
| TREASURER: | Bill Semmens | 685-9452 |
| RIDES: | Dalton Larson | 694-2272 |
| SOCIAL: | Roger John | (days) 672-5276 |
| MEMBERSHIP: | Bill Semmens | 685-9452 |
| NEWSLETTER: | Dean Grethey | 346-0645 |
| | Mary Scroggs | 266-5790 |

The Illinois Valley Wheelm'n is an incorporated non-profit organization of more than twenty, but less than three hundred members in the tri-county area. Newsletters are distributed eleven times each year through bulk third class mail. The newsletter will not be forwarded, so let the membership chair know if you are planning a move or are not getting your newsletter.

Illinois Valley  **Wheelmen**

6518 n. Sheridan Rd. Peoria, IL 61614

Bulk Rate
U.S. Postage
PAID
Permit No. 310
Peoria, IL 61601

MEM_EXPIRE: 01/31/90

RON ANDERSON
203 LOCUST
WASHINGTON, IL 61571

CORRECTION!

the racer's corner

RACER'S CORNER - Randy Senneff, Reporter

April 31st - Master's Only Weekend
Pilot Mound Time Trial and Road Race

USCF - MASTERS

| AGES | NAME | T.T. | Road Race |
|-------|---------------------|------|-----------|
| 40-44 | - Tom Weiss | 6th | 4th |
| 35-39 | - Denny Tresenriter | 4th | 3rd |
| 30-34 | - Randy Senneff | 1st | 2nd |

May 6th - Sage City Criterium

| | | |
|------------|---------------------|-----|
| USCF VETS | - Denny Tresenriter | 1st |
| SR 1-2 | - Bob Santarelli | 3rd |
| SR 3 | - Randy Senneff | 9th |
| SR 4 Women | - Debbie Scott | 3rd |

May 7th - Belleville

| | | |
|-----------|---------------------|---------------------|
| USCF Vets | - Denny Tresenriter | 3rd |
| SR 1-2 | - Bob Santarelli | 1st, Matt Scott 5th |

May 7th - Madison, Wisconsin

| | | |
|-----------|-----------------|-----|
| USCF Vets | - Randy Senneff | 6th |
|-----------|-----------------|-----|

May 13th - Grand Haven, Wisconsin - Classic Hits Classic

| | | |
|-----------|-----------------|------------------------------|
| USCF Vets | - Randy Senneff | 4th-Road Race, 9th Criterium |
|-----------|-----------------|------------------------------|

May 14th - Waterman, Illinois - Time Trial

| | | |
|-------------|------------------|-------------|
| Citizen 18+ | - Randy Townsend | 9th 1:06.50 |
|-------------|------------------|-------------|

May 14th - Indianapolis

| | | |
|------------|---------------------|------|
| USCF Vets | - Denny Tresenriter | 6th |
| SR 4 Women | - Debbie Scott | 11th |
| JR | - Jacob Tresenriter | 1st |

A special congratulations to Debbie Scott in her first year as a licensed racer - Keep up the good work!!

Congratulations to Peggy Tresenriter who recently passed her test and has become a USCF Licensed Official!

Our apology to anyone overlooked, unfortunately race results are word of mouth, please see that Randy or Mary Scroggs gets your results.

SPEAKER'S BUREAU - LAST CHANCE

Well folks - many of you have mentioned to me that you think this is a great idea and you love to show your slides but..... NO information has been received that can be packaged and sent to organizations. It will take several months to put this together and this is an excellent way to help promote cycling and safety on our highways. **But it will only work if YOU want to make it work!**

So please, send your name, address and brief description of what you would enjoy talking about to Mary Scroggs, 216 Evergreen, Morton, Il. If you have any questions contact Mary at 266-5790.

OUT OF TOWN RIDES JUNE, 1989

JUNE 03 7TH ANNUAL UDDER CENTURY (31/50/100) SASE to McHenry County Bicycle Club, Box 917, Crystal Lake, IL., 60014; 312/639-6424

JUNE 04 LIBERTY METRIC (38/62) SASE TO Dolores Schauer, 411 S. Maple, Mt. Prospect, IL. 60056; 312/259-0845

JUNE 10 7TH KEOSSIPPI METRIC CENTURY RIDE, SASE to Jim Cate, RR1, Box 55, Warsaw, IL. 62379; 217/256-3578

JUNE 10 CENTRAL DOUBLE CENTURY XVII, Litchfield, IL. (200+ in 24 hrs.) SASE to Ozark Area Council/ AYH, 1908 S. 12th St., St. Louis, MO. 63104 or Bob Harting, 15408 Country Ridge Dr., Chesterfield, MO 63016-7438

JUNE 10 TOMRV 12 (Tour of the Mississippi River Valley), Quad Cities Bicycle Club, c/o Susie Laforce 2023 E. 45th St., Davenport, IA, 52807. 319/355-5530

JUNE 11 UN TOUR DES FEMMES (WOMEN ONLY) McLean County Wheelers, c/o Dale Kruse, 100 N. Linden St., Normal, IL. 61761

JUNE 18 TWO RIVERS CENTURY, Easy Spokin' Bicycle Club, c/o Chuck Smead, RR2, Box 192A, St. Anne, IL 60964. 815/427-6993.

JUNE 18 SANGAMON COUNTY FAIR SUMMERFEST METRIC CENTURY, New Berlin, IL. Springfield Bicycle Club, c/o Paul Sweet, Box 171, New Berlin, IL. 62670

JUNE 25 21ST SWEDISH DAYS RIDE (25, 50, 75, 100) St. Charles, IL. Self-Propelled Fox Valley Bicycle Club. 312/584-SELF

JUNE 25 LACROSSE KILLER HILL 64 (100K) LaCrosse Wheelmen c/o Jim Asfoor, 924 1/2 Caledonia St., LaCrosse, WI, 54603. 608/782-4630

JUNE 25 PILEUP ON POLECAT HILL (ATB'S) Spoon River Wheelmen, Box 353, Canton, IL 61520.

JULY 04 FOURTH OF JULY RIDE, Joliet Bicycle Club, No details available yet.

JULY 09 NAPERVILLE MELON METRIC Naperville Bicycle Club, c/o Naperville Park District, 320 W. Jackson, Naperville, IL 60540, or Dennis Motl, 312/416-0152

JULY 15 RIDE AROUND LAKE SHELBYVILLE Lori Ryherd c/o Findlay Booster Club 302 E.N. 1st St., Findlay, IL. 62534

LIONS, AND TIGERS, AND BEARS! AND TOGIRS, AND RAIN, AND GRABAAWR, AND BAILINOIS, AND RAGBRAI. Tis the season for all the major rides criss-crossing our state and our neighboring states. We get a lot of information on various rides sent to us. For further info, contact Neal McMeekan 694-7328 or 685-8313

INTERESTED IN A NEW WAY TO RIDE - EVER THOUGHT ABOUT TIME TRIALS
WELL HERE'S YOUR CHANCE TO EXPLORE A NEW CHALLENGE

A staple ride for those interested in self evaluation and improvement.
A true test: the BIKE, the CLOCK and YOU.

This challenging and self-rewarding ride is for anyone, the competition is yourself. You do not need an investment in "exiologica bicyclica" to do it. All it takes is you. This ride is in the planning stages, here are the ideas being considered:

.Location of the on the East Side of the river early Saturday mornings time and place to allow for riders to make the 8:30 Washington Square ride after.

.Make the Time Trials be a Bi-Weekly event to reduce burnout.

.Shorten the Time Trial distance to 10K.

.Publish the results.

Any ideas or comments from those interested in Time Trials contact Randy Townsend, 347-3848.

LETTER TO THE EDITOR

In reading the McLean County Wheeler's newsletter I found an interesting article regarding their donation of money to an organization making bikes for handicapped children. As a new member I do not know what IVW has contributed to what organizations but I have heard that we do have money. As a non-profit organization I wonder if we shouldn't take some of our extra funds and donate them to worthy causes - those causes that promote cycling or safety in OUR area.

Just a Thought - Mary Scroggs

JULY 4TH - WEEKEND RIDES AVAILABLE

During the July 4th weekend, Ken Kiley from St Francis is sponsoring his Bicycle Across Illinois (BAILLINOIS). This is a fund raiser, however you are NOT required to obtain pledges to ride, your entry fee alone will be a start (however, if you want you can get donations - anything from \$5.00 up - not based on the miles you ride). These funds go to increasing the care St Francis gives kids right here in our area (the money is kept in the Peoria area).

Last year 45 cyclists supported this cause - the goal this year is to have 100 cyclists, so please look at your calendar now and consider coming out either Saturday July 1st or Sunday July 2nd and riding anywhere from 20 - 50 - 100 miles. Aren't our children worth it?

WANT AD

For Sale: PANASONIC(19")-quick release (both wheels), toe clips, grab-ons, pump, water bottle, and bag; \$60. Call Gregg @ 243-5206. 6-7

FOR SALE: Campy Trioumphe rear derailleur, \$25; Kiwi solid shell helmet, \$20; Vetta fan trainer, \$45; Sachs-Huret computer speedometer, \$10; set of tubular wheels with Campy hubs, Wolber rims, 13-22 6-speed f.w., \$75. All items excellent condition. Call Randy Black, 693-7414 after 6 PM. 5-6

FOR SALE FOR SALE

23" Peugeot 10 speed (mens) EXCELLENT CONDITION

Call Bernie at 382-2943

6-7

