

SEP 1989

Illinois Valley Wheelm'n

Come to the Sept. IVW meeting - SEP. 28TH - At. Safetytown

THE PROGRAM WILL BE EXCITING, FUNNY, JOYOUS, AND MYSTERIOUS!

NEW IVW RIDER ARRIVES

Congratulations to Tim and Jean Gullette on the birth of their daughter, Marie Danielle, who cruised into the world weighing 9 lbs. 4 oz. and ready to ride the next century. Marie has brown hair, blue eyes, and is said to look like Tim's Grandmother.

She already has 2 sets of racing tights and is being measured for her first bike. A helmet is in place and she has signed up for the criterium at Bloomington in the category III races. The club wishes all three of you the best and happiest of futures.

PRACTICE BIKE SAFETY

There have been two accidents in the past weeks that have injured IVW riders that should remind all of us about riding safely.

Both of these accidents involved groups of riders in a pace line or "like situation". When someone in the front of the line brakes and or makes a sudden move, the following riders are at the mercy of the situation. One of these accidents involved a vehicle coming down the road in the wrong lane directly toward the cycling group—a rather frightening experience to say the least. The other accident apparently just involved a pace line of folks who didn't know each other very well and miscommunication or no communication occurred. Whatever happened, I personally don't know all of the details, but I know that we all make mistakes from time to time and need a little refresher now and then to bring back the pain of reality. Let's

start with communication.

When I first learned to ski, I was told that when passing another skier from behind you are to yell "on your Left" (or right) to let them know which side you were to be passing them. Well, the same goes for bicycling. LET THE RIDER IN FRONT OF YOU KNOW WHICH SIDE YOU INTEND TO PASS THEM.

WHEN BRAKING, YOU SHOULD SIGNAL (by placing your left hand down at your left side with palm facing rearward) to let the following riders know of your intentions.

IF TURNING, SIGNAL your intended directional change by using your proper hand signal. Make it very clear as to what you intend to do.

ANOTHER item that has been a problem for as long as I have been a member of this club is the ganging up of riders at an intersection. We all bunch up and take up the whole right lane, rather than pulling way over to the side of the road. Don't block auto traffic. Even if we cyclists have every "right" to be on the road with the cars, you have to remember that discretion is sometimes the better part of valor.

We also have a few members who must feel that they are invincible. They ride double file down the road whether there are cars there or not. I was taught that it was proper etiquette when a car was coming to yell out "CAR DOWN" or "CAR BACK" and then get into a single file to let the car pass safely. ARE YOU ONE OF THOSE ROAD HOG BICYCLISTS WHO THINK THEY OWN THE ROAD? I know of one personally who is going to get crunched one of these days, not by me, but from one of the auto drivers out there who hate bicyclists. IF THE SHOE FITS, WEAR IT! dg

A SPECIAL THANKS

As many of you know, the 2nd Annual Proctor Cycling Classic was held Sunday, August 20th in downtown Peoria. Eric Carlson was responsible for organizing this event and did an excellent job. Let's take time out to give a big THANKS to Eric for a job very well done.

This event would not have been possible without all the volunteers from the IVW; Don Jacobs who "baby-sat" the hay all night to Dalton & Paul Larson, Craig Robison, Glen Thompson and others who came out and set up the course in the early morning hours to Susie Townsend, Moe Kelly, Linda Robison and others who helped in registration and to all those who worked as road guards. An apology for not being able to list all the names of the people who helped, but a very special and warm THANKS for making this be a great race.

Race results are in the RACERS CORNER column.

Mary Scroggs

AWARDS AWARDS AWARDS

The Annual Meeting is rapidly approaching and it's that time again to submit names for the major IVW Honors to be presented at the Annual Meeting. Again we will have the HUB OF THE CLUB award to be presented to the IVW member who you feel has made the greatest contribution to the club in the past year. The MOST IMPROVED MALE AND MOST IMPROVED FEMALE riders will also be presented at that time. And last but far from least, the BROKEN SADDLE award for the most logged IVW miles of the past year. So, get those pens and pencils out and write down who you would like to nominate for these awards and send your nominees to Eric Hutchison, 918 W. Wilcox, Peoria, IL 61604. Names need to be submitted by September 20th, so that we can inform you in the October Newsletter and then vote.

ELECTION OF BOARD MEMBERS

As per the New Constitution, we will need to elect some new members of the Board of Directors to fill the vacancies when **three** of the present Board Members terms expire. This will take place at the Annual Meeting. What we need at this time is for **three or more** members of the club to step forward and volunteer to run for these vacancies. The terms of office are two (2) years. After the election at the annual meeting, the board will establish new officers who will serve for the 1990 season. **GET INVOLVED---RUN FOR THE BOARD!**

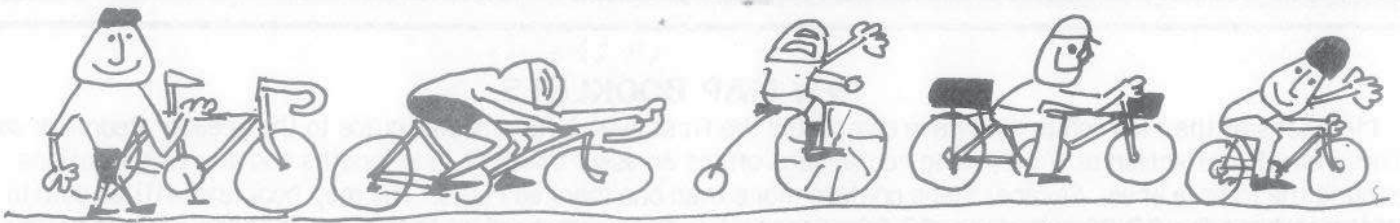
As the Tree Rides

a continuing bicycle saga

Last month we left Tree as he was preparing to find a way to get in with those cyclists who kept flying by him every Sunday. Tree decided to set up a lemonade stand and appeal to the riders to stop for a "cold one" on their speedy journey.

Tree set up his large dayglo sign about 2 blocks ahead of his house and then put up his card table with a huge cooler full of good ol' "Country Time", paper cups and some real tasty chocolate chip cookies and proceeded to wait this beautiful Sunday morning for the bicycle riders to pass. It was about nine o'clock when he saw them approaching and he got up a waved and waved and sure enough they slowed down and stopped. He was so excited! He spilled lemonade and spilled cups and just spilled himself all over the place trying to get in with these bicyclers. He asked one of them if he could ride along with them and if they were a club or what. Well, one of the riders kinda muttered something about being a club and sure he could ride along. The others kinda mumbled "yeh, sure come on, we're just out here havin a great time enjoying the air, open spaces and the joy of riding". Tree was so excited, he jumped up and down, up and down, up and down and ran like a crazed rhino for his bike. He was so proud, he was going to get to ride with a bunch of real bicyclists. He jumped on the bike and said, "let's go"! The now thoroughly thirst quenched cyclists took one look at Tree on his "department store" behemoth and silently chuckled to themselves. They all jumped on the bikes and started up the street for the edge of town with Tree pedaling for all he was worth to keep up. Someone was heard talking about the fact that the "guy didn't have any granola cookies or fruit or anything, just those unhealthy chocolate chip cookies and that fattening sweet lemonade, but boy was it sure good, huh?" YEH! Hey, did anyone thank the guy? Huh? Thank him, yeh, I think somebody did,nice weather today isn't it?

Tree was now at least two miles behind the last biker and pumping away to try and keep up, but this was not to be his day. Within five minutes he was getting discouraged again, so he turned around and went back to finish the cookies. DG



IVW SUNDAY RIDE SCHEDULE - MARY SCROGGS REPORTER 266-5790

Date	Miles	Leader	Phone	From/To/Comments
9/03		SHOW & GO		Charter Oak School
9/10	25	Bob Jones	698-3336	Meet at Swimming pool, Rt9 Tremont - ride Hopedale
9/17	30	Chuck Horn	243-7387	Meet at Pioneer Jr. High School Dunlap, breakfast in Brimfield
9/24	50	Randy Townsend	347-3848	Meet at Field Shopping Ctr, Mtn Morton/Carlock - Advanced Ride
10/01	100	Neil McMeekan	694-7328	Washington Sq/Bureau
	50	Bureau Century		Join us at Lacon, Illinois
10/08		Paul Larson	694-2272	Paul's Hilly 100 Tuneup Advanced Ride, meet Groveland Elementary School Springfield Rd

Sunday rides begin at 8:30 am for further details call the ride leader.



MEMBER OF THE MONTH

To the left is Bob Scroggs, one of the newer members of the IVW who has abandoned his love of Sailing for the love and adventure of Bicycling. Now, Bob and wife Mary don't do anything half way, so you should know that he has taken the plunge BIG TIME. He and Mary (along with Dalton) have kept Russell's in the bucks buying bicycles (it's now somewhere around 15 or 20 I've heard). Bob has been riding 300+ miles a week, racing on weekends and in general pedaling his life away. He used to smoke 3 packs of cigs a day, now he rides 30 or more miles a day. Let's hope that the enthusiasm that Bob shows for cycling continues because if he put this much energy in other pursuits, the whole world would be ravaged. A salute to Bob Scroggs, bicyclist extraordinaire!

- Sep. 16, 1989 AMISH COUNTRY RIDE-TO-EAT...Arthur, Il. A ride plus all you can eat lunch (remember this is amish farm country and lunch used to be called Dinner) Laura Bickers, Decatur Free-wheelers, 1335 Ravina Park Rd. Decatur, Il. 62526 217-877-7586
- Sep. 17, 1989 SPOON RIVER SCENIC CENTURY...A nice interesting ride put on by a small but involved club. Dick Casper, Box 353, Canton, Il. 61520 647-8891
- Sep. 17, 1989 QUAD CITIES BICYCLE CLUB CENTURY...Details to follow from one of the USA's biggest clubs.
- Sep 23-24 PEDAL TO BIG MUDDY...M/S fund raiser. Look for pamphlets in all bike shops.
- Sep. 24, 1989 16TH ANNUAL APPLE CIDER CENTURY...Three Oaks, Michigan. A super ride, especially if you want an easy century...good food...5000 riders. ACC '89, Box 5000, Three Oaks, Mi. 49128 616/756-3361 (A lot of IVW riders go to this one)
- Oct. 2, 1989 JACKSONVILLE CENTURY/KAMPSVILLE KOOKOUT. Tour of the Ill. River Valley and features a a ferry ride and homemade stew. Jacksonville Bicycle Club, 217/245-6603

There are several more rides lurking about and as info becomes available we'll let you know of them.

IVW MAP BOOKLETS

Members of the ride committee have completed the first ever two-wheeled guide to the greater Peoria area. This humble collection of 9 bicycling route maps offers an assortment of ride lengths and starting locations around the Peoria area. Several maps contain more than one marked route. The map booklets will be sold to IVW members for \$2.00, all others \$3.00. For mail order, send check or M.O. payable to the Illinois Valley Wheelm'n to: Eric Hutchison, 918 W. Wilcox, Peoria, IL 61604. The map booklets can also be purchased at: Vitesse Cycle Shop in Peoria, Hts., Russell's Cycle World in Washington, IL and Peoria Bicycle Supply in Peoria for the \$3.00 fee. **Get one while they're HOT!**

IVW WEEKDAY/SATURDAY RIDES

NOTE: NEW TIMES DUE TO EARLIER SUNSET

TUESDAY

5:30 p.m. ALL LEVEL, Meet at Morton Field Shopping Center parking lot.
Faster riders wanting a fast, longer ride meet at 5:00 p.m. Peggy Tresenritter (387-6617)

6:00 p.m. EASY, Commercial National Bank, Pioneer Park, 7901 N. University, Peoria
Bill Wright (685-8549)

6:30 p.m. ALL TERRAIN BIKE/HIKE, Friends of Rock Island Trail Fondulac Park Administration Bldg.
E. Washington St. For further details contact George Burrier (676-6113)

WEDNESDAY

6:00 p.m. SHOW & GO, Meet at Charter Oak School, 5221 W. Timberidge Dr.
Riders wanting a 30-40 mile ride at a brisk pace should meet at 5:00 p.m.
Afterwards join us for pasta and goodies at Avanti's.

THURSDAY

5:00 p.m. ATHLETIC, Meet at Eureka Village Shopping Center on Rt. 117.
Opportunity to work at your own speed, not a group ride.
For further details contact Randy Townsend (347-3848)

FRIDAY

5:30 p.m. EASY, Meet at the square in Metamora. For further details call Gary Weiss (443-5407)

SATURDAY

8:30 a.m. SHOW AND GO, Meet at the square in Washington, IL. Please park off of the square.

RIDE TYPE DESCRIPTIONS

EASY-Group paced ride, 12 mph max. No passing ride leader. Good ride for beginner and novice riders.

SOCIAL-Group paced ride, 15 mph max. No passing ride leader. Good ride for the regular rider who wants a secure and social group ride.

ATHLETIC-Generally ride at speeds above 15 mph at your desired pace. Recommended for those who enjoy faster cycling.

ALL LEVEL-Ride at your own pace. Regroup periodically, A "sweep" will make sure no one gets left behind.

the racer's corner

RACER'S CORNER - Randy Senneff, Reporter

July 30th Whiteheath Road Race

USCF SR 1-2-3-Eric Carlson 11th
-Denny Tresenriter 12th
-Randy Senneff 13th

*Women -Debbie Johnson 2nd

*Was State Road Race for Cat 4 Women

JR 15-16 -Byron Dougherty 3rd
-Marty Robison 6th
JR 10-12 -Jacob Tresenriter 1st

CITIZENS

Men 18+ -Bob Scroggs 4th
-Randy Townsend 9th
Women -Mary Scroggs 2nd

August 9th State Criterium, Downer's Grove

USCF SR 30-39-Denny Tresenriter 4th
JR 12-13-Jacob Tresenriter 3rd
WOMAN -Debbie Johnson 11th

August 12th Coletta Road Race

USCF SR 3 -Randy Senneff 8th
SR 1 -Darrel Johnson 3rd
WOMAN -Debbie Johnson 1st

CITIZEN

MEN 18+ -Bob Scroggs 6th
WOMAN -Mary Scroggs 2nd

August 13th Rock Hills Criterium

USCF VETS -Denny Tresenriter 1st
WOMAN -Debbie Johnson 2nd
CITIZEN MEN - Randy Townsend 1st

August 13th Rock Hills Time Trial

CITIZEN MEN - Randy Townsend 1st

August 20th Peoria Cycling Classic

CITIZEN

MEN 30+ -Randy Senneff 1st
-John Reynolds 2nd
-Bob Scroggs 4th

MEN 18-29 -Chris Armstrong 1st

WOMEN -Mary Scroggs 3rd

USCF VETS -Denny Tresenriter 2nd

Our apology to anyone overlooked, unfortunately race results are word of mouth, please see that Randy or Mary Scroggs gets your results.

**ILLINOIS VALLEY WHEELM'N
MEMBERSHIP APPLICATION**

DO NOT WRITE IN THIS AREA
EXPIRES _____

JOINED _____

PKSNT _____

NAME _____
childrens' names _____

ADDRESS _____ Zip _____

PHONE _____ - _____ - _____

DISCLAIMER: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n bicycle club of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said organization.

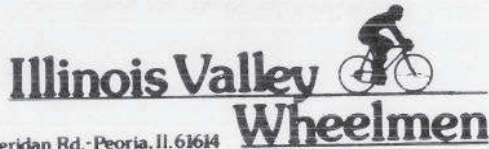
- Individual (\$10.00)
- Family (\$12.00)
- R.A.W. (Ride after work)
- New
- Renewal

Appl. sign. _____ Date _____ Make checks pay to Ill. Valley Wheelm'n

Send to: **Bill Semmens, 4224 N. University, Peoria, IL 61614**

PRESIDENT: Neal McMeekan 694-7328
 VICE-PRES: Eric Hutchison 685-3921
 SECRETARY: Ron Anderson 444-2018
 TREASURER: Steve Weast 742-7141
 RIDES: Mary Scroggs 266-5790
 SOCIAL: Roger John 446-3992
 MEMBERSHIP: Eric Hutchison 685-3921
 COMMUNICATIONS: Dean Grethey 346-0645

The Illinois Valley Wheelm'n is an incorporated non-profit organization of more than twenty, but less than three hundred members in the tri-county area. Newsletters are distributed eleven times each year through bulk third class mail. The newsletter will not be forwarded, so let the membership chair know if you are planning a move or are not getting your newsletter.



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Bulk Rate
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MEMBERSHIP EXPIRES: 01/31/90

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