

JUL 90

Illinois Valley Wheelm'n

WELCOME NEW MEMBERS

| | |
|----------------------------|-------------|
| Beth Bausman & Ken Beckler | Peoria, Il. |
| Dan Obrien | Peoria, Il. |
| Chris McPartland | Peoria, Il. |
| Matt Haake | Peoria, Il. |
| Chris Grim | Peoria, Il. |
| Wes & Linda Read | Peoria, Il. |
| Stephen & Susan Kopetz | Pekin, Il. |

We Welcome you to the Illinois Valley Wheelm'n and hope that you enjoy the companionship and that the wind will always be at your back.

Best Ride of the Year...so far!

On June 24th, we were blessed by the finest day of the year for a bike ride and approximately 32 members of the IVW gathered at Metamora Square for a 38 mile ride to Roanoke for Breakfast at Bechtel's. The ride leader was Eric Hutchison, who did his usual excellent job. It was an absolutely perfect day and a lot of members who have ridden very little this year came to the festivities. It was nice to see some of the "Ol reliables" and some friends who I haven't seen for a while show up. The weather was perfect, the food great, and most of all a super group of friendly people to enjoy it all.

dg.

L.A.W. NATIONAL RALLY OPPORTUNITY

If you are interested in participating, but don't want all that driving, this is for you. I'll be going with a full size van with room for two people and two bikes, all inside. Call if interested; we'll work out details. George Dudley 692-7076

**JULY MONTHLY MEETING
(July 26, 1990)**

The speaker for the July monthly meeting will be Jeannie Gullett. Jeannie will make a presentation on Recycling (That is not going backwards on your bike or riding the same route over and over, either!) I think it has something to do with "those" beverage containers and other refuse.

WILD SIDE HEROES

Due to the efforts of many IVW members we registered 234 riders for the June 2 '90 pedal-in. Despite conditions that required everyone to ride "bold faced into the wind", 208 bikers hit the road that day from Wildlife Prairie Park. Thanks too all of the following folks who made this years pedal-in (and its contribution to our budget) possible.

Food & Organization

Dean Grethey - Food Stop Chairman. In addition to taking on this important task, Dean also juggled his normal IVW tasks (newsletter). Somewhere in the middle he managed to move himself from Pekin to Washington. We're glad the "Mac" and the camera survived the journey.

Neal McMeekan- Food stop co-chair / sag.

Eric Hutchison- Food co-chair / maps / photos / sag

Publicity

Dave Gardner - A veteran pedal -in helper, Dave created the announcement flyer and the T-shirt design (so popular that we sold every one). He also worked the Farmington foodstop.

Bill Semmens - Another veteran helper, Bill maintains our mailing list and printed up labels.

Registration- these folks greeted riders starting at 6AM and got them pointed the right direction.

Sheila Hansen- also labeled and mailed our 700+ flyers prior to the ride.

Ron Anderson & George Dudley.

Route marking - This group put miles on there cars as well as bikes to paint all those little white wheels. Dalton Larson, Adrian Fulks, Glen Thompson, Steve Meismer, Don Jacobs, Bob Scroggs.

Sag Service (the pros)

Kevin Thieme courtesy of Russell's Cycle World
Gary Tupper courtesy of Vitesse Cycle Shop

Also thanks to the management of Wildlife Prairie Park for providing a great place (at no charge) to set up our annual "Wild Ride".

WEEKDAY RIDE SCHEDULE

- TUESDAY** 6:00 p.m. All level (ABC) meets at Morton Field Shopping Center parking lot. There will be a definite fast group at this ride as well as a more comfortable paced group. The fast group will have leaders as chosen among themselves week by week. The comfort group will be lead by Susie Townsend beginning in May. Call Susie Townsend, 347-3848 or Dalton Larson, 694-2272 for information.
- Beginning in May at 6:00 p.m., Bill Wright will lead an ABC ride from Commercial National Bank, Pioneer Park Branch (7901 N. University, Peoria). Call Bill at 685-8549 for information.
- WEDNESDAY** 5:00 p.m. and **6:00 p.m. (NEW TIME)** p.m. at Charter Oak School, 5221 W. Timberridge. The 5:00 p.m. ride is a show and go; the pace is generally brisk and a distance of about 30 miles ("AB rating"). The **6:00** ride is intended to be a social ride (BC rating), new riders are welcome. We usually meet for dinner to "refuel" after the social ride. Contact leaders Eric Hutchison (685-3921) or Bill Stevenson (688-7281) for more info about the **6:00** ride.
- 6:00 p.m. at Washington Square in Washington, Il. This is a show n go and will be for all level of riders with the group deciding on the distance and speed.
- THURSDAY** 5:30 p.m. at Field Shopping Center in Morton. This is a show and Go.
- FRIDAY** 6:00 p.m. at Metamora Court House in Metamora. Lead by Dave Diebel, this ride will be a mild ride with moderate distances. Call Dave at 367-4067 for information.
- SATURDAY** 8:30 a.m. at Washington Square in Washington. Show and Go with varying distances and speeds. Please park off of the square on side streets and back parking lots.

JULY SUNDAY RIDES

(rides usually start at 8:30, unless otherwise noted)

- July 8th** Again we begin a ride at Charter Oak school for AB riders only. This ride will begin at 8:30 a.m. and will be a breakfast ride of 35-45 miles. Ride leader is Rob Weinstock, phone 692-4466. **RATING: AB**
- SPECIAL RIDE** Wednesday evening July 11th Liz and Greg Benning will again have their annual **JUNK FOOD RIDE**.
JULY 11 So bring your favorite junk food and meet at 6:00 p.m. at the Lake of the Woods and go for a nice evening ride with junk food to look forward to after the ride. Ph. 243-5206 for info. **RATING: ABC**
- July 15th** Show and Go from the Sterling Plaza on Sterling Ave. in Peoria. No ride leader. **NO RATING**
- July 22nd** Meet at Commercial National Bank (First of America) in Pioneer Park (corner of Univ. and Pioneer Parkway). Sheila Hansen will lead this ride into the wilds of Peoria County for at least a 30 mile ride. There will be a place for breakfast along the way. Ph. 693-9807 for more info. **RATING: B**
- July 29th** Meet at Square in Metamora, Il. for a 30 mile ride to Eureka for breakfast. This will be a casual ride with a couple of hills thrown in for a little variety. Dean Grethey is the ride leader. Call 444-3360 for information. **RATING: ABC**

AUGUST SUNDAY RIDES

(rides start at 8:30 a.m. unless otherwise noted)

- Aug. 5th** Adrian Fulks will lead a ride from Pekin Insurance Parking lot in Pekin (Court St.) to Hopedale. The ride will be approx. 60 miles in length. There will be an A group leader (go as fast as you like), and a B group leader (casually paced). Food from the Casey's in Hopedale. Call 346-5106 for info. **RATING AB**
- Aug. 12th** Dave Gehrt will take us from Mossville Grade School to Bill's in Edelstein for Breakfast. 30 miles in length. **RATING: ABC**
- Aug. 19th** Show 'n Go starting at Alta-Rock Island Trail parking lot (Proctor Cycling Classic Race Day)

MAIL SUPPORT FOR I.V.W. RIDER GOING COAST TO COAST

Barb Johnson, of Brimfield, a member of the IVW family is traveling from Lincoln City, Oregon to Rehoboth Beach, Delaware this summer and would like to have some encouraging words sent to her along the way. If you are so inclined, her schedule and the general directions for getting mail to her is as follows:

1. Allow a minimum of 5 days for delivery.
2. **The rider's name should appear only on the back of the envelope in the lower right-hand corner.**
3. If there is a legible return address, unclaimed mail will be returned to sender after fifteen days.
4. All packages must be mailed **FIRST CLASS MAIL**. If not, any packages missing the pick-up date deadline will be returned to the sender postage due. Packages mailed first class mail will be forwarded to the next mail stop.

5. Address mail as follows;

July 6 Wandering Wheels
General Delivery
Fruitland, ID 83619

July 13 Wandering Wheels
General Delivery
Shoshoni, WY 82649

July 20 Wandering Wheels
General Delivery
Harlan, IA 51537

July 27 Wandering Wheels
P.O. Box 207
Upland, IN 46989

August 7 Wandering Wheels
c/o Dot Thoroughgood
525 School Lane
Rehoboth Beach, DE 19971

FOR SALE

Fuji Espree, Anthracite Grey, 23" frame, Mountech derailleur, 18 speed, with mirror, seat bag, pump, Avocet saddle, new spokes, in excellent condition. Call 444-3360 after 6:00 for outstanding deal.

For Sale Childrens Bikes
KHS Super Racer
16" Frame/20" wheels
5 speed klik shift
Drop Bars/ \$50.00

Fuji Junior
17" Girls Frame
24" Wheels/ \$65.00

Call Michael Hagerty:
Work Ph. 925-5532
Home: 392-3389

REQUEST FROM WILDLIFE PRAIRIE PARK

It seems that a number of bicyclists in our area have been abusing a privilege by getting into Wildlife Prairie Park to use the Restrooms and then staying for a longer period of time than is legit. The Administration of Wildlife Prairie Park has had to make the following policy: when bicyclists desire to use the restroom facilities at Wildlife Prairie Park they present their drivers license to the gatekeeper and they have 15 minutes to use the facilities and vacate the park. If the cyclist does not vacate the park in that time, they will be charged the usual fee to enter the park upon getting their license back. If you don't carry your license with you, you will not be allowed to use the facilities. Let's hope no one from the IVW is abusing this privilege, it could ruin our good relationship with Wildlife and the need to continue this relationship for the future of the "Ride on the Wild Side". Let's support W.P.P. not abuse it!

→ **IMPORTANT!** ←
DIANE'S RIDE PROBLEM

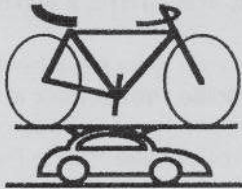
DIANE'S RIDE UPDATE

Due to the unavailability of Lake Camelot on Aug. 26th, Diane's Ride has been Tentatively moved to Saturday, Sept. 29th. This is the same weekend as Apple Cider Century held in Michigan. The Board has been in discussion lately concerning this matter and we need input from the membership. Due to the fact that many of the Board members and workers for the ride have made plans to go to Apple Cider, we will need help from you folks out there, or there will not be a Diane's Ride this year. If you are interested in working on the ride, or you think we should cancel the ride, contact any Board member. Do so by July 13th or you may not have Diane's Ride this year.

CATEGORY A... Aggressive rider - capable of going long distances at above average pace. Capable of riding alone if lost or dropped. Knowledgeable of high speed group riding techniques such as pace lining.

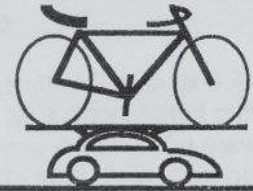
CATEGORY B... Intermediate rider - capable of long distance rides at a reasonable rate (15 to 18 mph ave). Knowledgeable of group riding techniques.

CATEGORY C... Social rider - not interested in vigorous exercise. This also could be someone unfamiliar with group riding, the route, or their equipment. This rider can expect assistance from the group if necessary.



OUT OF TOWN RIDE CALENDAR

The IVW mailbox is busy filling with news of special cycling events. Forms available for those with #. For more info, contact Eric Hutchison, 685-3921.



JULY

- 1 FIRECRACKER 100: 100 miles, Begins in Belleville, IL. Passes through Columbia, Waterloo, and Smithton. For info, contact OAC/AYH (++below)
- #1-7 GRABAAWR: Great Annual Bicycle Adventure Along The Wisconsin River. Land 'O Lakes to Prairie Duchien, WI. 500 miles total or ride any number of the 7 one day segments. For info: GRABAAWR, Common Cause, 16 N Carrol St (310), Madison, WI 53703. Ph: (608) 256-2686 Fees: Don't include meals, \$115 (with bus transport back to start), \$85 (no bus), \$15 one day rides. Regist: Before **JUNE 1** to get bus transport and the above fees.
- 4 FOURTH OF JULY METRIC RIDE: 35,66 miles. For info, contact Rick O'Brien, C/O Joliet Bicycle Club, PO Box 2758, Joliet IL 60434. Ph: 815)741-2372.
- #4-8 RALLEY AT THE ROCK: League of American Wheelmen national ralley at Slippery Rock, PN. Dozens of different rides each day, 15-100 miles, workshops, exhibits, entertainment, food. For info: 1990 LAW National Ralley, PO Box 838, Youngstown, OH 44501. Regis: \$60 (LAW membership also req'd, \$30 / family). **DEADLINE. JUNE 1**
- #7 DUNELAND DOUBLE 24 HOUR CHALLENGE: 100, 151,200 mile routes near Laport, IN. Calumet Crank Club, c/o "Pirate Bob" Friend, 433 North Lafayette Ave., Griffith, IN 46319. Ph: 219)924-3767 or 924-5650.
- 7-8 LION VI, LOOP IOWA'S OUTSTANDING NORTHEAST: Decorah, IA and vicinity. Contact, TOGIR (+++ below).
- 8 LEONARD LEIGHTON MEMORIAL BICYCLE POKER RIDE: 15,25 miles. Collect playing cards at 5 check points. Best hand wins \$50. For info contact OAC / AYH (++address below).
- 8 CIRCLE AKRON RIDE: 25, 62,100 miles from Dix Stadium. Akron B.C., Tom Baughman, 2135 Gates Ave., Streetsboro, OH 44241; 216)626-2664
- #8-13 SUMMERTOUR '90: Manchester to Mackinaw City, MI. 55-85 miles per day. For info: Summertour, PO Box 17088, Lansing, MI 48901. Regist: \$125, **LIMITED TO 350 ENTRIES.**
- 14 ROUN' DA MANURE: 15-60 miles near Sharon, WI. UMCA, Lon Haldeman, PO Box 73, Harvard, IL 60033; 815) 943-3171.
- 14 CORN HOPPER MTN BIKE TOUR: 20 miles near Capron, IL. Contact Lon Haldeman (previous listing).
- 15 GREEN BAY TREE TOUR: 35-62 miles near Lucas, OH. Mid Ohio Bikers, Harold Zehner, 21 E. Church, Lexington, OH 44904; 419)884-0277.

- 28 RAMFAB; RIDE AROUND MATTOON FOR A BAGEL: 25 miles, Central Illinois Cyclists, D. MacGibbon, 1021 Wabash, Mattoon, IL 61938; 217)258-6176.
- 28-AUG4 SHORELINE BICYCLE TOUR '90: Michigan area tours. West route-New Buffalo to Traverse City (350 miles). East route- AuGres to Traverse City. League of Michigan Bicyclists, PO Box 16201, Lansing, MI 48901.
- 29 METRO METRIC X:31,62,100 miles near Glen Ellyn, IL. Elmhurst BC, Susan Kilgore, PO Box 902, Elmhurst, IL 60126-0902; 708)788-8303.

AUGUST

- 4-5 TIGER VII, TOUR IOWA'S GREAT EASTERN REGION: 157 miles ,Mt. Vernon, IA area. For info, contact TOGIR (+++ below).
- 4-5 HEARTLAND 24-HOUR CHALLENGE: 24 hour ultra marathon endurance event. 150 mile day loop, 25 mile night loop. Contact OAC/AYH (++below).
- 4-7 AIBR: Across Illinois Bike Ride: 4 days, 320 miles from Moline to Joliet. For info: Joliet BC, C/O Nancy Fister, 803 E Washington St, Morris, IL 60450; 815)942-6525.
- 5 ICE AGE CENTURY: 32,64,100 miles near Manitowoc, WI. Lakeshore Pedalers, Sharon Ely, 1309 S. 18th St., Manitowoc, WI 54220; 414)684-7750.
- 10-12 BEAR V, BICYCLE EARLY AGRICULTURAL ROADS: Round trip from Pella to Indianola, IA. For info, contact TOGIR (+++ below).
- 11-12 AMISHLAND AND LAKES: 53 km near Howe, IN. Michiana Bicycling Assn., John Gardner, 56085 Cedar Rd., Mishawaka, IN 46545 ;219)256-6735.
- 12 MOONLIGHT RAMBLE: World's largest nighttime bicycle ride. Starts at 2AM downtown St. Louis. For info, contact OAC/AYH (++below).
- 12 THE NEXT 1/2 CENTURY: 40, 60, 80, 100 mile road routes, 36 mile trail route (ATB only) near the I&M Canal National Heritage Corridor (Morris to Mathiessen State Park, IL). Registration at Morris High School or by mail to Oak Lawn Bike Psychos, PO Box 652, Oak Lawn, IL 60454. \$8 till Aug 1, \$10 thereafter.
- 19 WOLF RIVER CENTURY: 50, 100 miles near Hortonville, WI. Fox Valley Wheelmen, Kevin Hillegas, 507 Nicolet Blvd., Nenah, WI 54956; 414)729-5912.

AUGUST (CONT)

19 FESTIVAL OF THE LITTLE HILLS RIDE: From St. Charles (near St. Louis). Held in conjunction with historic craftsmans' festival Aug 17-19. For info contact OAC / AYH (++)below).

25 CREAM CITY CYCLE CLUB CENTURY: 50, 65, 100 miles near Milwaukee, WI. Cream City Cycle Club, Wally Oestreich, 4820 Sussex Ln., Greendale, WI 53129; (414)421-2818.

#29-Sep2 DALMAC: Lansing to Mackinaw City, MI. 4 & 5 day options, 60-80 miles / day. For info: DALMAC, PO Box 17088, Lansing, MI 48901. Fees: \$70-\$90.

31-3 Sep: MIDWEST TANDEM RALLEY '90: 35-100 mile routes for tandems only near Minneapolis, MN. Twin Cities Tandem Club, Doug and Sara Laird, PO Box 1012, Minnetonka, MN 55345; (612)925-5185.

SEPTEMBER

1-3 BICYCLE ACROSS MISSOURI (BAM) : Ultra marathon event. St. Louis to Kansas City (&back), 540 miles. For info, contact OAC/AYH (++)below).

1-3 PACRACC (Pantagraph Area Cyclist Ride Around Corn Country): A regional favorite, the three day ride is 220 miles, a two day ride available. Registration fee (\$40 till 7/24, \$50 7/25 till 8/24, \$60 thereafter) includes breakfasts, dinners, baggage transport, and more. For info: PACRACC, c/o The Pantagraph, PO Box 2907, Bloomington, IL 61702-2907. Ph: (800)747-7323 or 829-9411.

8-9 MULTIPLE SCLEROSIS PEDAL THE BIG MUDDY: 150 miles from Jubilee College State Park (Peoria) to Palisades State Park (Savanna) IL. Registration (\$35 plus \$150 pledges minimum) includes baggage transport and return bus trip. Multiple Sclerosis Society, Greater Illinois Chapter, 1703-B W. Candletree Dr., Peoria, IL 61614. Phone: 800)423-5774 or 309)693-0600.

15 THE BOB GALLOWAY MEMORIAL AMISH COUNTRY RIDE-TO-EAT: 25, 40, 60 mile loops through Amish farmland and near Rockome Gardens starting at Arthur, IL. All-you-can eat lunch homecooked by Mennonite School mothers available. Decatur Freewheelers, C/O Laura Bickers 1335 Ravina Park Rd., Decatur, IL 62526. Phone: 217) 877 - 7586.

16 SPOON RIVER SCENIC CENTURY: 35,70,100 miles from Canton YMCA. For info, contact Spoon River Wheelmen, PO Box 353, Canton, IL 61520. Phone: 309)647-8891.

16 HALDEMAN HUNDRED: 100 miles from Rockford through southern Wisconsin. Contact Virgil Castelli 815)645-2707.

16 BICYCLE ACROSS THE BOOTHEEL (BAB): More lieisurely version of BAM. 65 miles between Mississippi and St. Francis Rivers in Southeastern Missouri. For info, OAC/AYH (++).

22 AUTUMN APPLE RIDE : 3 Lieisurely routes from Mills Apple Farm near Edwardsville, Missouri. For info contact OAC / AYH (++)below).

23 NATALIE G. KEKEISEN MEMORIAL FALL FLAT AS A PANCAKE CENTURY: 100 miles. For info, contact OAC / AYH (++)below).

24-OCT 7 GRAND CANYON TO MEXICO ALMOST ACROSS ARIZONA BICYCLE TOUR: 4 - 8 day tours, 70 miles/day with some 1500' climbs. Contact Tuscon Chapter of the Greater Arizona Bicycling Assn, Attn: Ardith Grady, PO Box 40814, Tuscon, AZ 85733. Ph: (602)325-8114 or 298-5678.

#30 APPLE CIDER CENTURY: 25,50,75,100 mile routes near eastern shores of Lake Michigan. For info: ACC '90, PO Box 5000, Three Oaks, MI 49128. Regis: \$20 (includes spaghetti dinner), limited to 6500 riders, **DEADLINE JULY 31.**

OCTOBER

6-7 SCENIC SHUT-INS BREAKAWAY WEEKEND TOUR: Potosi to Shut-Ins State Park, Missouri. 70 miles on Sat, 55 on Sun. Camp out at park. Registration **DEADLINE SEP 28.** For info, contact OAC / AYH (++)below).

6-7 HILLY HUNDRED: 50 miles each day, in Brown County, area (near Bloomington, IN). Typically draws about 6000 riders. Contact Rosemary Thomas, 4215 S. Eaton Ave., Wanamaker, IN 46239. PH: 317)862-5859.

12-15 LEAGUE OF AMERICAN WHEELMEN REGIONAL RALLEY: Held at Bellville, IL. Features choice of many routes each day, workshops, boat race on St. Louis Riverfront, and (of course) FOOD. For info: S.I.R.R. '90 Registration, 1217 St. Michael Dr., Cahokia, IL 62206. Ph: Art Scholbe at 618) 332 - 2002

13 GOLDEN HARVEST BIKE TOUR: In conjunction with Eckert's Golden Harvest Days fall festival. 15,50 miles through Belleville, IL (near St. Louis). For info, contact OAC / AYH (++)below).

In addition to the above mentioned special events, the following groups offer bicycle tours throughout the cycling season. Also, I have a copy of Bikecentennial's "Cyclists Yellow Pages" which lists cycling resources worldwide...call me for details. Eric H.

1. American Youth Hostels, PO Box 37613, Washington, D.C. 20013-7613. (202)783-6161
2. Bikecentennial, PO Box 8308, Missoula, MT 59807. (406)721-1776. Note: tours or maps available to plan your own.
3. Bike Wisconsin, PO Box 9309, Madison, WI 53715. (608)251-3020
4. Michigan Bicycle Touring, 3512 Red School Rd., Kingsey, MI 49649 (616)263-5885.
5. Bike America, PO Box 29, Northfield, MN 55057. (507)663-1268 Note: transcontinental route in 12 week long tours.
6. Heartland Bicycle Tours, 1 Orchard Circle, Washington, IA 52353. (319)653-2277 Note: Iowa area tours.