



IVW

Illinois Valley Wheelm'n Newsletter

January 1991

ANNUAL DINNER MEETING RESULTS

The Annual Dinner meeting of the IVW was held at Fairview Farms Restaurant on Nov. 17th. Sixty-two IVW members attended the affair this year and feasted on Roast beef, chicken, slaw, green beans, corn fritters and rolls.

A survey was taken concerning the 1991 date for Diane's Ride, and it was the opinion to again hold the ride in September instead of August.

Membership dues will remain the same for 1991. Individual dues are \$10/year and a family membership is \$12/year.

Awards were presented and the lucky bikers were;

Most Improved Female	Mary Scroggs
Most Improved Male	Ron Chandler
Hub of the Club	Dalton Larson
Broken Saddle	Bob Scroggs
Bike Junkie	Bob & Mary Scroggs

Don Jacobs presented certificates to those who had helped with club events this past year, and door prizes were distributed to members. The door prizes were donated by Russell's Cycle World in Washington and Vitesse cycle shop in Peoria Hts.

HAPPY NEW YEAR!

Kathleen Hillard is Tops Again

At the annual St. Jude/Bike/Walk/Run, Kathleen again was the top fund-raiser, getting \$2,376 in contributions. Kathleen is a long time member of the IVW and we are quite proud of her accomplishments. Kathleen, who has epilepsy and cannot drive a car, rides her bicycle almost everywhere. She says, "I use that bike for Kathy all year long, so one day a year I ride it for the little children who can't help themselves." Kathleen has been riding in the St. Jude ride for 10 years and in 1989 she raised over \$4000 for the ride. Congratulations Kathleen on another great year for the kids of St. Jude.

IVW BOARD NEEDS SOCIAL CHAIR

A vacancy on the board is open for a person to be the Social Chairperson. If you are interested in getting monthly meeting guests lined up and organizing social events, contact Eric Hutchison (685-3921).

JANUARY MONTHLY MEETING

As of the publication of this newsletter we do not yet have a social chairperson, and thus no one to come up with a guest for the regular monthly meeting. Fear not folks, as is always the occasion the workers of the club will come forth and have some sort of an interesting guest or topic to entertain you at Safetytown on the fourth Thursday in January, which happens to be January 24th. There will probably be a Board Meeting (6:30) before the regular meeting starts at 7:30. ANYONE WANT TO BE THE GUEST SPEAKER AND TELL ABOUT YOU RECENT BIKE TRIP? If you do, call Eric Hutchison (685-3921).

PEORIA'S BICYCLING HISTORY

The book BICYCLE FEVER written by Steven Streight has just been published by Ruppman Marketing Services, Inc. in Peoria. This book, complete with rare photos, paints an excellent picture of bicycling in the "Central City" during cycling's early heyday (1800's). In those days, Peoria was a nationally recognized bicycling center complete with 8 cycling clubs, 5 cycle manufacturers, and a 1/2 mile race track (complete with large grandstands) in Lakeview Park. Informative and entertaining, copies are on sale now at Vitesse & Russell's Bike Shops and Junction City Book Store.

IVW MAP BOOKLETS

Members of the ride committee have completed the first ever two-wheeled guide to the Greater Peoria Area. This humble collection of 9 bicycling route maps offers an assortment of ride lengths and starting locations around the Peoria area. Several maps contain more than one marked route. The map booklets will be sold to IVW members for \$2.00 each, non-members fee is \$3.00. For mail order, send check or M.O. payable to the Illinois Valley Wheelm'n, to; Eric Hutchison, 918 W. Wilcox, Peoria, IL 61604. The map booklets are also available at Vitesse Cycle Shop in Peoria Hts. and Russell's Cycle World in Washington, IL.

Want Ads in the IVW Newsletter

Members may submit want ads in this newsletter free of charge for one month at a time. If you desire longer than one month, please resubmit the ad each month or call the editor. Ads should be bicycle related items, and be sure to include a name, address and phone when submitting your want ad. Submit ads to: Dean Grethey, 1907 Canterbury Apt. D, Washington, IL, 61571 or Phone 444-3360.

WEEKDAY RIDE SCHEDULE

SATURDAY 8:30 a.m. at Washington Square in Washington. Show and Go with varying distances and speeds. Please park off of the square on side streets and back parking lots.

JANUARY SUNDAY BREAKFAST RIDES

For those of you who are new members or not experienced with our winter ride schedule, the club has what are called Breakfast rides during the winter. This simply means that you meet at the locations listed below for breakfast and then if you want to ride, weather permitting there will be a ride.

- JAN. 6** Dixie Manor, corner of Glen & War Memorial, Peoria, 8:30 a.m.
- JAN. 13** Newell's Restaurant, East Peoria. 8:30 a.m.
- JAN. 20** Cummins Rest., N. Knoxville, Peoria, 8:30 a.m.
- JAN. 27** Washington Family Restaurant, Washington, Il. 8:30 a.m.

FEBRUARY SUNDAY BREAKFAST RIDES

- FEB. 3** Doc's Mt. Hawley Inn, N. Knoxville, Peoria 8:30 a.m.
- FEB. 10** Pleasant Hill Antique Mall, East Peoria, Il. 8:30 a.m.
- FEB. 17** Queenwood Family Restaurant (formerly Barb's) at Field Shopping Center, Morton 8:30 a.m.
- FEB. 24** Ernie's Restaurant, Derby St. Pekin, 8:30 a.m.

MARCH SUNDAY BREAKFAST RIDES

- MAR. 3** Denny's Restaurant, N. Sterling Ave. , Peoria 8:30 a.m.
- MAR. 10** Newell's Rest. East Peoria, Ill. 8:30 a.m.
- MAR. 17** Bob Evans Restaurant, Big Hollow Rd., Peoria 8:30 a.m.
- MAR. 24** American Legion in Delevan, Il. 8:30 a.m.
- MAR. 31** EASTER SUNDAY SHOW N GO. Morton Field Shopping Center

SUNDAY'S THROUGHOUT THE WINTER (or until further notice) **STARTING AT 11:00 A.M. AT GROVELAND GRADE SCHOOL THERE WILL BE A WINTER RIDE.** Usually it is decided at breakfast that day whether they will ride or not.

NEW 1991 RIDE COMMITTEE IS FORMED

Julie and Bill Semmens (685-9452), Gregg and Liz Benning (243-5206) and Glen and Marty Thompson (685-4571) will head the 1991 Ride committee. Anyone who has suggestions or would like to lead a ride should contact any of these people and give them your name and what you would like to have or lead. Do it soon so you can get a good weekend.

GET INVOLVED, LEAD A RIDE, IT'S FUN!

week	Mon	Tue	Wed	Thu	Fri	Sat	Sun	IVW Miles	Person Miles	WEEK TOTAL	YEAR TOTAL
Jul. 7											
Jul. 14											
Jul. 21											
Jul. 28											
Aug. 4											
Aug. 11											
Aug. 18											
Aug. 25											
Sep. 1											
Sep. 8											
Sep. 15											
Sep. 22											
Sep. 29											
Oct. 6											
Oct. 13											
Oct. 20											
Oct. 27											
Nov. 3											
Nov. 10											
Nov. 17											
Nov. 24											
Dec. 1											
Dec. 8											
Dec. 15											
Dec. 22											
Dec. 29				X	X	X	X				



Lighting the Way Ahead Released

Baltimore Bicycling Club voted to light up our lives in a way that counts. Their financial support made possible the development and printing of *Lighting the Way Ahead*. Featuring graphics and maps, the 44-page special report on bicycle lighting and night riding zeroes in on problem areas such as confusing changes in requirements from state to state and inconsistent (or nonexistent) enforcement of requirements within a state. Florida scored a full eighty points in the Table 2 ranking of the states for requiring a white headlight visible 500 feet facing forward, a rear reflector and light visible for 600 feet, and for permitting a choice of where to affix lights and reflectors in addition to the ones required, either on the rider or the bicycle. To find out how your state stacks up and what you can do to improve night riding, order *Lighting the Way Ahead* from the League office for \$9.95.



Cyclists and Clubs: Make Your PEDAL FOR POWER Plans Now!

While it may be grey and verging on winter where you are now, spring and summer will arrive sooner than you imagine—especially if you start planning for a PEDAL FOR POWER trip now!

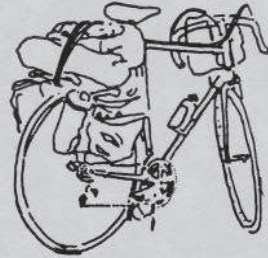
More than 160 cyclists have enjoyed both PEDAL FOR POWER options, and the word is spreading that these are *the* rides to go on. Already 23 cyclists have signed up for the 1991 PEDAL FOR POWER Across America, which departs Los Angeles on May 11, and arrives in Boston on June 27. The more than 65 cyclists on the 1990 PEDAL FOR POWER Across America had "the time of their lives." Indeed, many wished they could also do the 1990 North-South trip.

Participants on both PEDAL FOR POWER rides enjoy motels, ample food, sag support, ride leaders, and days of great cycling. Local clubs join in the effort as well, happily organizing ice cream parties and contributing their best recipes. (Note: 1990 PEDAL FOR POWER Across America cyclists fondly remember a homemade chocolate cake with powerful calories that was dished up in western Ohio by the Stark County Bicycle Club.)

PEDAL FOR POWER North-South leaves Portland, Maine, on Sept. 21 and arrives in Orlando, Florida, 23 days later. Delicious seafood, L.A.W. hospitality in Baltimore, and miles of eastern seaboard scenery await participants. Cyclists who can't join PEDAL FOR POWER on either one of these trips can contribute in other ways. Hosting a PEDAL FOR POWER party, escorting cyclists through town, or sponsoring a rider are just a few possibilities. Contact PEDAL FOR POWER, Box 898-V, Atkinson, NH 03811; (800) 762-BIKE for more information.

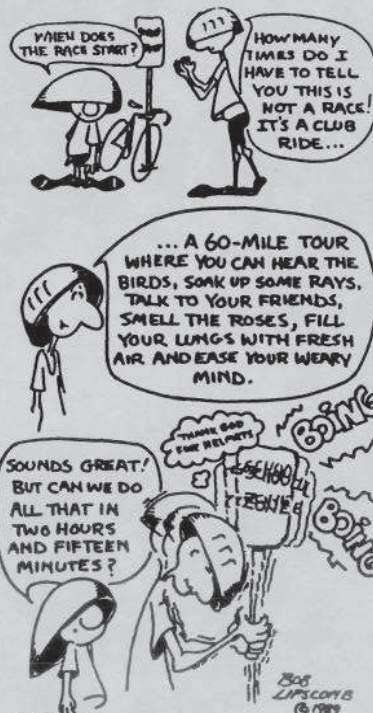
The League of American Wheelmen
6707 Whitestone Road, Suite 209
Baltimore, MD 21207

ILLUSTRATION BY BOB LIPSCOMB



"I think they call them centuries because your butt feels like it's been on the saddle for a hundred years."

In the face of the Iraqi oil crisis, the League has launched a public relations campaign to encourage the number of Americans commuting by bicycle. An increase in bicycle commuters, and the corresponding decrease in oil use, can help reduce our dependence on foreign oil and hence America's need to risk soldiers' lives in the Middle East. We are sending out press releases to some 1000 media outlets, offering reprints of our May 1990 article, "Bicycle Commuting," on receipt of \$.50 and a business size SASE. Some interesting facts came to light in researching for this: With 5% of the world's population, the U.S. consumes 28% of its oil, 63% of this being used for transportation. The U.S. annual expenditure for gasoline equals the annual cost of U.S. air pollution: \$100 billion.



1991 National Rally

The 1991 L.A.W. National Rally will be held in Olympia, Washington, over the Fourth of July weekend, July 3-7. Olympia is noted for outstanding road cycling and spectacular mountain biking. As an added bonus, the National Rally will be held concurrently with Probike Northwest, an educational symposium on bicycle planning, program development, and safety. The rally weekend will conclude with the Hamms Capital Lakelair Criterium bicycle race on the race grounds of the state capitol.

A whole range of pre- and post-rally tours is planned to help the visitor from afar to enjoy the magnificent scenery and cycling of the Pacific Northwest. You can cycle the San Juan Islands, go mountain biking in the nearby national forest, or enjoy a tour around Mount Rainier or Mount St. Helens as a part of your cycling vacation. Contact L.A.W. 1991 National Rally, Capital Bicycle Club, P.O. Box 642, Olympia, WA 98501; (206) 956-3321, for more information about this great event.

Guide to Trail Planning

"Guidelines for Incorporating Trails into General Plans," a draft paper prepared by Elizabeth Martin and Lin Lindert, Assistant Executive Secretary of the California Recreational Trails Committee, is an excellent report on forming a trails council, seeking support from your community governing and planning bodies, understanding and amending your community's general plan, and alternatives to creating a trail plan. A copy may be obtained by calling (916) 322-9568.

Trail Consultants

If you are looking for expertise on trails, greenways, and corridor protection and design contact Pete Lafen at Hoffman, Williams, Lefen and Fletcher in Silver Spring, Maryland, (301) 589-9455; Chuck Flink with Greenways Inc., (919) 832-1217; or Ann Lusk, Vermont Trails and Greenways Council, (802) 253-7758. The League can also offer its services on a consulting basis.

For more information on bicycling, contact:
The League of American Wheelmen
6707 Whitestone Road, Suite 209, Baltimore, MD 21207-4106

ILLINOIS VALLEY WHEELM'N
MEMBERSHIP APPLICATION

DO NOT WRITE
IN THIS AREA

NAME _____

CHILDREN'S NAME (S) _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE () _____

EXPIRES _____

JOINED _____

PKSNT _____

- Individual (\$10) New
- Family (\$12) Renew
- Ride after work

DISCLAIMER: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n bicycle club of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said organization.

Applicant signature _____ Date _____

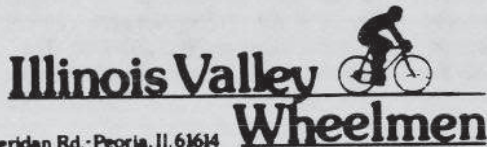
Make Checks payable to the Illinois Valley Wheelm'n,

Send to: Bill Semmens, 10214 N. Forrest, Peoria, IL 61615

693-9388

PRESIDENT: Neal McMeekan 694-7328
 VICE-PRES: Eric Hutchison 685-3921
 SECRETARY: Ron Anderson 444-2018
 TREASURER: Ron Anderson 444-2018
 RIDES:
 SOCIAL:
 MEMBERSHIP: Eric Hutchison 685-3921
 COMMUNICATIONS: Dean Grethey 444-3360

The Illinois Valley Wheelm'n is an incorporated nonprofit organization of more than twenty, but less than three hundred members in the tri-county area. Newsletters are distributed twelve times each year through bulk third class mail. The newsletter will not be forwarded, so let the membership chairperson know if you are planning a move or are not getting your newsletter.



6518 n. Sheridan Rd. - Peoria, IL 61614

Bulk Rate
U.S. Postage
PAID
Permit No. 310
Peoria, IL 61601

MEMBERSHIP EXPIRES: 10/03/91
 RON & SHELLY ANDERSON
 203 LOCUST
 WASHINGTON, IL 61571

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