



I.V.W.

Illinois Valley Wheelmen's Newsletter

September 1991

RIDE OF THE MONTH

Sun. SEPT. 29, 1991

"PROGRESSIVE DINNER RIDE"

It's finally here! The event we hope you have been waiting for. The Progressive Dinner Ride (PDR) will begin at Banner School (Cedar Hills & Allen Rd.) at 11:00 a.m. The 1st leg will be about 10 miles, 1 hr. ride to Whitmer's for Salad/appetizer. Then it will be back on the bikes for another 10 miles or so, ending at the Semmens' for the "Main Course". The PDR will be completed after another ride to the Benning's for the final round - dessert. The total time of the PDR will depend on how long it takes you to eat! Participants are asked to make "reservations" before Thursday, Sept. 26, 1991 to either Meg (691-7354), Julie (693-9388 or Liz (243-5206. This ride is not recommended for Dieters.

A WEEKEND GETAWAY

For those of you who might be thinking of a weekend cycling trip - I have the perfect suggestion - Madison, Wisconsin. It's only a 3 1/2 hr. trip and there are all types of hotels, motels and bed & Breakfast places to stay. Madison is a haven for cycling - downtown even provides a separate lane just for bicycles.

I personally recommend staying downtown (anyone with an AMACO Motor Club membership - you can get 1/2 off at the Concourse , which is a block from the capital). Walking down State street and window shopping at the shops there is great!

The Bombay Bicycle Club is a great club - they have extremely large turnouts and they go long distances but there are always a few friendly souls who will help to insure you don't get lost. Their rides are listed in the magazine *Silent Sports*, or, if you stop in any of the bike shops in Madison they'll know what's going on.

So, for a great time, beautiful country (take hill gears) go to Madison. We went over the July 4th weekend and had a great time!

Mary Scroggs

RENEW YOUR MEMBERSHIP TODAY!

SEPT. MONTHLY MEETING

SEPTEMBER 26, 1991 • 7:30 p.m.

at **AGATUCCI'S**

on N. University St.

Dinner is not paid for by the I.V.W. You pay!

We will meet in a room at the usual time for the quick business meeting and then have a presentation by someone who will dazzle you beyond your wildest dreams. The usual Board Meeting will precede the regular meeting at 6:30 p.m.

TIRE TRACTS

Baby Talk—Dave and Terri Glackin, expatriot IVW'ers currently of Columbus, Indiana are getting acquainted with Jonathan Michael Glackin, an 8-lb, 7 3/4-oz. boy born July 27. In local news: Barb and Myron Oesch are another daughter richer. The 8-lb, 6-oz. girl (nameless and shameless as of August 21) was born Tuesday, August 20. Congratulations to all concerned.

"Hit The Road," Is Just An Expression, Jack—Ken Beckler reports that Don Eberle's August Mystery Ride was a little different than other events. For one, since no one knew where Don was going or how many miles he would ride, everyone rode conservatively. Second—Jack Welch won the Abdujaporov Award (awarded For The Most Serious Accident When Nearly Finished). Seems he clipped a barrier on the East Peoria trail and broke a collarbone. Heal up fast, Jack.


Always Ask For Seconds—In my hallway hangs a photograph by former IVW'er Craig Burgess taken when criteriums were last held in Glen Oak Park (the pedestrian bridge remains a great vantage point for pictures). Craig told me that he had submitted the picture to the League of American Wheelmen for possible use as a magazine cover. The picture was quickly returned with this terse message: "The L.A.W. is not interested in pictures of racing." Upon hearing the story, Larry Davis suggested this addition to the rejection: "Now, if they had been *eating* . . ."

CLUB JACKETS AVAILABLE

Fifty bright gold nylon windbreakers with club logo on front and back have been purchased for resale to club members at cost. The jackets are available in adult sizes S to XXL (the cost is \$16.50 for the S-XL, and \$19.00 for the XXL). When these are gone, we'll take orders for as many more as are needed. Jackets will be at the August Meeting.

Ron Anderson

SEPTEMBER 1991

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 3 Choices this day a. PACCRACC or COMPACCRACC b. Midwest Tandem Rally c. 8:30 Show n go - Field Shopping Center in Morton</p>	2	<p>3 Morton S & G 5:30 all riders Wright Wride 6:00 p.m.</p>	<p>4 Charter Oak Sc. 6:00 p.m. Social Ride</p>	<p>5 Metamora Sq. 5:30 p.m. Morton S & G 5:30 p.m.</p>	6	<p>7 Washington Sq. Show & Go 8:30 a.m. Banner School 7:30 a.m.</p>
<p>8 8:30 a.m. Germantown Gr. School some more memorable hills Ron Chandler (698-8002) 35 miles approx.</p>	9	<p>10 Morton S & G 5:30 p.m. All riders Wright Wride 6:00 p.m.</p>	<p>11 Charter Oak Sc. 5:30 p.m. Social Ride</p>	<p>12 Metamora Sq. 6:00 p.m. Morton S & G 5:30 p.m.</p>	13	<p>14 Washington Sq. Show & Go 8:30 a.m. Banner School 7:30 a.m.</p>
<p>15 8:30 a.m. Bradley Park Tennis Cts Ken Becker leads from Tennis Crts. at Bradley Park (by Red Lion) (673-8647) to Brimfield (hills 50 miles)</p>	16	<p>17 Morton S & G 5:30 p.m. Wright Wride 6:00 p.m.</p>	<p>18 Charter Oak Sc. 6:00 p.m. Social Ride</p>	<p>19 Metamora Sq. 5:30 p.m. Morton S & G 5:30 p.m.</p>	<p>20 DIANE'S RIDE </p>	<p>21 Washington Sq. Show & Go 8:30 a.m. Banner School 7:30 a.m.</p>
<p>22 Rock Island Trail Head (at Alta) to Kickapoo- 30 Miles - 8:30 a.m. Sam Joslin (688-0922)</p>	23	<p>24 Morton S & G 5:30 p.m. Wright Wride 6:00 p.m.</p>	<p>25 Charter Oak Sc. 6:00 p.m.</p>	<p>26 I.V.W Meeting at Agatucci's</p>	27	<p>28 Washington Sq. Show & Go 8:30 a.m. Banner School 7:30 a.m.</p>
<p>29 11:00 a.m. Start PROGRESSIVE DINNER - Banner Grade School See article on page 1 of newsletter</p>	30	<p>SUNDAY RIDES NOW START AT 8:30 A.M.</p>				
<p>RIDE OF THE MONTH</p>						

WEEKLY RIDES

Sunday Morning Ride - Every ride is lead by a different person. Each leader picks the route and sets the pace. These rides tend to be a bit faster and farther than the other club rides. These rides often stop midway for eats. Early in the cycling season the Sunday AM ride might be 20-30 miles long on flat roads. As the season passes the routes get longer, often peaking in the fall with a 100 mile ride. Check the ride calender for the ride starting point and ride leader. Call the ride leader if you have any questions about a specific ride.

Tuesday, Morton Show-n-go - This ride starts in the parking lot of the Field Shopping Center. The group picks a route each night depending on the wind and the feelings of the group. The group departs at 5:30 p.m.

Tuesday, Wright Wride - This ride meets in the parking lot of the First of America Bank at the corner of University and Pioneer Parkway. This ride has a friendly group of regulars lead by Bill Wright. They cover 15-35 miles depending on conditions at a moderate pace. New riders are more than welcome on this ride. *No one ever gets left behind!*

Wednesday Evening Ride - This is a SOCIAL RIDE!! That means we ride to have fun, gossip and enjoy each other's company. We will ride at a moderate pace with regrouping stops. Since our unofficial motto is "we ride to eat", we will go to dinner for dinner after the ride at a place to be determined that night. We will switch starting points each month, so PAY ATTENTION TO THE NEWSLETTER!

Thursday, Morton Show n Go Same as Tuesday ride.

Thursday, Metamora Ride - This ride will start from the square in Metamora, IL, at 5:30 p.m. for a relaxed pace, social ride of approximately 10-12 miles. Call Gary Weiss (383-2329) for more information.

Saturday, Morning Show-n-go - Meet at Washington Square in Washington, IL, at 8:30 a.m., for a Show-n-go. Rides are decided by the group with no designated leader or sweep, only a destination. Please do not park on the square or the back parking lots just off the square, please use the side streets away from the square.

SEPTEMBER SUNDAY RIDES

- Sept. 1, 1991**
8:30 a.m. start
- There are several options for this weekend;
A. PACCRAAC or ComPAC-RAC, sponsored by the Pantagraph in Bloomington (Call 839-9411 for info.)
B. Midwest Tandem Rally, Contact George Dudley (692-7076 for info).
C. IVW Show-n-Go starting at Field Shopping Center in Morton at 7:30 a.m.
- Sept. 8, 1991**
8:30 a.m. Start
- More Memorable Hills - Ron and Gwen Chandler lead this ride of approx. 35 miles. There will be no stop for breakfast but, the Ol' Caseys will be visited for twinkies and chocolate milk or whatever. (698-8002)
- Sept. 15, 1991**
8:30 a.m. Start
- Starts at the tennis Courts at Lower Bradley Park (across from the Red Lion) at 8:30 a.m. Ken Beckler promises to have a hilly ride of 50 miles to Brimfield with a stop for breakfast in Kickapoo. (673-8647)
- Sept. 22, 1991**
8:30 a.m. Start
- Meet Sam Joslin at the head of the Rock Island Trail at Alta for a nice ride to Kickapoo for breakfast (688-0922).
- Sept. 29, 1991**
11:00 a.m. Start
- RIDE OF THE MONTH** - "Progressive Dinner"- Special start time of 11:00 a.m. Meet at Banner Grade School for the beginning of the fun. See article on page 1 of newsletter for details. Be sure to come and bring your appetite!
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- Oct. 6, 1991**
8:30 a.m. Start
- Meet at Pekin Mall (by Bergner's) for a 40 mile "Ride to Marvelous Manito". Dennis Tresenriter is the leader of the marvelous Manito trip. Call (387-6617) for info.

*Changes: Wednesday ride is back at Charter Oak Grade School!
Metamora Thursday ride starts at 5:30*

A NOTE ABOUT SATURDAY MORNING WASHINGTON SHOW N GO

It seems that some of the merchants on or near the square in Washington do not want the IVW riders parking in the back parking lots off the square. So, if you are one of the regulars or are a new person to join the Saturday morning ride starting at Washington square, park on a side street away from the square and bike in please!

OTHER PEOPLE, OTHER PLACES

VeloNews reports that 1990 winner Bob Forney (Denver, CO) has retained his Race Across AMerica (RAAM) crown. This year's course stretched from Irvine, CA to Savannah, GA for a total distance of 2930 miles. Bob's winning time—8 days, 16 hours, 44 minutes. First woman across the line was Cathy Ellis (Cambridge, MA) at 12 days, 6 hours, 21 minutes.

The **Decatur Freewheeler's Bicycle Club** (Decatur, IL) has donated \$200 to the Illinois Rails-To-Trails group. The gift came from the proceeds from the Spring Metric.

Steve Hotlen, president of the **Blackhawk Bicycle and Ski Club** (Rockford, IL) passes along the following recipe for an electrolyte replacement drink, which he recommends for anyone riding for more than two hours at a time:

Steve's Electrolyte Drink Formula

6oz orange juice concentrate
6oz lemonade concentrate
3T lemon or lime juice
2T honey or fructose or sugar
1/4T salt
2 quarts water

Mix, chill overnight and enjoy.

According to the **Chicago Bicycle Federation News**, "Significant changes which will positively effect bicycling on the roads of Illinois have taken place since the appointment of Kirk Brown to head the Illinois Department of Transportation." The **CBF** reports that the chief planning engineer (as opposed to a less-powerful underling) in each IDOT office is now responsible for bicycle planning. And IDOT highway planning engineers are learning some of the needs of cyclists. Recently, two IDOT engineers from each of the nine regional offices recently attended a three-day seminar on bicycle facility development.

Also from the **CBF**: Financial constraints used to keep Chicago's Lakefront Bike Path from being cleaned on a regular basis. Now, thanks to contributions from bike shop owners and recreational product companies, the entire 17-mile path is being swept at least once a week.

Joliet Bicycle Club (Joliet, IL) stats (as of August):

53,476 club miles ridden
226 family memberships
388 people
51 new memberships for 1991

JBC newsletter also mentioned that the 1992 League of American Wheelmen National Rally will be held June 30 through July 5 in River Falls, WI (35 miles from Minneapolis—St. Paul MN).

Karen Missavage offers this in the **The Wheelmen** newsletter: (national antique bicycle club): "The menus keep offering eggs in crusts which is really odd. Everyone knows that Wheelmen don't eat quiche."

The **Wheelmen** are always selling, buying or trading in antique bicycles, accessories, catalogs, etc. Here are a few

of the items that members offered for sale in July:

1885 Star: Unrestored 48-inch (wheel), needs repair—\$4500.

Cushion-tired bicycle, nice condition, brand unknown—\$2100.

Quality red rubber tire material, 7/8-inch—\$2 per foot.

New one-inch pitch block chain—\$15 per foot.

Reproduction pedals—from \$275 to \$315.

In its August newsletter, *Quick Release*, the **Springfield (IL) Bicycle Club** thanked 23 individuals for joining and 41 people for renewing (some people joined as family memberships). Headline over the article: "New And Used Members For The Month Of August".

OUT-OF-TOWN RIDE SCHEDULE

SEPTEMBER

SAT 7 Lena Fallfestival Bike Tour. 10,40,70 miles. Begins at Lena-Winslow High School in Lena, Illinois. Morning starts with country breakfast at 8 a.m.—tour begins at 9 sharp. Includes breakfast, rest stops, sag wagon and after-ride showers. Registration \$10 by August 17, \$12 thereafter. Le-Win Jaycees, P.O. Box 394, Lena, IL 61048. Information: Dennis Robinson at (815) 235-6088 or Tim Aurand at (815) 232-3565. EXTRA: Optional, informal ride to Galena on Sunday (challenging 80-mile route, no sag or tour-provided rest stops).

SUN 8 Capital City Century. 25, 70, 100 miles. Begins at Lake Springfield. 7 a.m. mass start for 70-, 100-mile riders. Includes three foodstops (longer rides), marked route, map, emergency sag service, water bottle (first 550 registrants) and showers. T-shirt and LAW patch available. Late registration \$10 for century and metric+ routes; \$8 for quarter-century. Springfield Bicycle Club, attn: Century Registration, P.O. Box 2203, Springfield, IL 62705. Info: Theresa DeLeon at (217) 793-0722.

SUN 8 10th Annual Crank Country Century. 25,50,62,100 miles. Country roads passing through parks in Lake County, Indiana. Terrain—flat to rolling, with a few challenging hills on longer routes. Starts at Deep River County Park between Valparaiso and Merrillville, IN. Registration begins at 7:30 a.m. Includes route map, marked course, fanny flag, patch, emergency sag and light meal at ride's end. Registration \$9 before August 15, \$12 thereafter. T-shirt available. Calumet Crank Club, P.O. Box 216, Valparaiso, Indiana 46384. EXTRA: Classic bicycle exhibition at start/finish, run by Jim Hurd, curator of Schwinn History Center, Chicago.

SAT 14 Lon Haldeman Hundred. 50, 100 miles. Scenic rural route in northern Illinois and southern Wisconsin. Includes: map, marked route, sag, rest stops (ho-made cookies!), patch and hot meal after ride. Registration \$8 individual, \$19 for three family members before September 8, \$10 and \$23 thereafter. Blackhawk Bicycle and Ski Club, attn: Lon Haldeman Hundred, P.O. Box 6443, Rockford, IL 61125. Info: Lynn Barton at (815) 397-9667.

SUN 15 Spoon River Scenic Century. 30,65,100 miles. Lightly traveled roads with stretches of challenging hills. Starts at YMCA, 1325 East Ash Street, Canton, IL. Registration time from 6:30 to 8:30 a.m. Maps w/cue sheets,

marked routes, official and "semi-official" sag service (no idea), food stops w/fresh apple cider. Showers available after ride (BYOT). Registration \$10 before September 3, \$12 thereafter. Spoon River Wheelmen c/o Dan Corey, 165 Van Dyke Dr., Canton, IL 61520.

SAT 21 Diane's Ride. 37,64,100 miles. The IVW fall invitational. Planned start is Lake Camelot clubhouse. Volunteer help welcome—call ride chair, Nick Paweski (309) 691-8306. Includes maps, marked routes, sag, food stops and after-ride lunch. Registration \$10 before September 7, \$12 thereafter. Illinois Valley Wheelm'n c/o Jeannie Gullet, 2310 W. Heading Ave., West Peoria 61604. Information: (309) 673-6139.

SUN 22 Prairie Cycle Club Fall Century. Look for details in upcoming newsletters. Prairie Cycle Club, P.O. Box 115, Urbana, IL 61801.

SUN 29 Heartland's Annual Weekend Of Centuries. 25,50,62,100,125 miles. Includes long-sleeve T-shirt, all you can eat spaghetti dinner with Whitey's Ice Cream, water bottle, patch, Coca-Cola products, fresh cookies, fruit, four repair vehicles, volunteer "sweepers", up to six sag stops, cue sheet, map and routes (marked every mile!). Registration \$13 before September 1, \$20 thereafter. Quad Cities Bicycle Club. Info: Bill Langan, 2720 West 37th Street, Davenport, IA 52806. Phone: (319) 386-3058.

SUN 29 Apple Cider Century, 25,50,75,100 miles. Near eastern shores of Lake Michigan. Includes spaghetti dinner, limited to 6500 riders. Registration \$20 by July 31st. ACC '91, P.O. Box 5000, Three Oaks, MI 49128. Info hotline: (616) 756-3361. Included SASE (business size).

OCTOBER

SAT 19, SUN 20—Hilly Hundred. 50 miles each day. Includes rest stops, marked route, maps, fanny flag, patch and entertainment. T-shirt available. Registration \$20. Ross Farris, 735 College Way, Carmel, IN 46032. Info: (317) 251-4130.

- *Most formal rides require signed liability form. Please request complete entry form from sponsor before submitting registration fee.*
- *Entry forms for some of these rides are available at the monthly IVW meetings.*
- *If requesting information by mail, please include a stamped, self-addressed envelope.*

PROCTOR ROAD RACE—A CLASSIC

While area businessmen were preparing for the start of riverboat gambling on the Illinois River, Roy Knickman (Coors Light) gambled on a 50-mile solo effort to win the 93-mile \$12,000 Proctor 100 Road Race August 18.

A test of endurance and bike handling played out in 90 degree heat and high Midwest humidity, the race took its toll—of the 118 starters in the Pros, Senior I, II event, only 45 riders finished.

Coors Light teammate Dave Farmer was especially impressed with Knickman's effort. "I couldn't believe it. We were talking in the pack and I told them that he (Knickman) was an animal," said the third place finisher.

After a late start that resulted in seven miles being cut from the 100-mile road race, Rapid Roy and the 118-rider pack headed north from downtown. Three miles later, the riders entered Glen Oak Park and began the first of 13 quarter-mile climbs to the feed zone. They soon discovered that Peoria wasn't flat.

"People told me before the season that the toughest race I'd face this year was Pittsburgh," Knickman said. "Then they said that Peoria was a flatter Pittsburgh."

Knickman didn't spend much time with the pack on the seven-mile course. Almost immediately a four-man break formed with Knickman, Nikoli Semenchine (independent), Alex Weil (Turin) and Peter Davis (Spago). The breakaway group lead the pack by two minutes at the halfway point when Knickman made his decisive move.

"The hills weren't as tough as the corners," Knickman said. "The other riders were just in my way (on the corners). Even on the straightaways we were only riding 24 mph. Since two of the guys were taking weak pulls and I knew I could motor at 27 mph, I just took off."

No serious chase group formed after Knickman started his solo effort. Bob Cheyzostania made a late attempt to close the gap but Knickman comfortably crossed the line almost three minutes ahead of the non-sponsored Polish rider and 13 minutes ahead of the 30th finisher.

For his efforts, Knickman took the King of the Hill championship and over \$2,000 in prize winnings. The road race was sponsored by AT&T, Hinkley & Schmitt, Jefferson Bank, Matsushita, Panasonic, Proctor Community Hospital, Ruppman Marketing, Today's Magazine, True Value, Vitesse Cycle Shop, WMBD and KZ-93.

August 18—Proctor 100 Road Race results

Pro/Cat I/Cat II 93-miles—1 Roy Knickman (Coors Light); 2 Robert Cheyzostania (independent); 3 Dave Farmer (Coors Light); 4 Dave Cech (River City Bike Club); 5 Mark Southard (Spago); 6 Peter Noverr; 7 Lloyd Tabing (Turin); 8 Steve McGreggor (Vic Tanny); 9 Walter Krzysxtge (Subaru/Montgomery); 10 Jerry Wozniak; 11 Mike Sevener (Vic Tanny); 12 Nikolai Semenchine; 13 Jeff Pierce (Chevrolet/L.A. Sheriffs); 14 John Shell (Team Columbus); 15 Mike Lantz (Athletes in Action); 16 John Frey (Shaklee); 17 Peter Gylling (Spago); 18 Richard McClurg (Shaklee); 19 Nathan Parks (Gopher Wheelmen); 20 Nathan Long; 21 Chris Hayes; 22 Scott Mercer; 23 Chad Osborne; 24 Mark Buesing; 25 Radisa Cubric; 26 Johathan Moliter; 27 Jeff Braumberger; 28 Ray Simmons; 29 John Autterson; 30 Dale Sedgwick

In the USCF Men's 45 and over contest, Bob Scroggs captured 4th place, while Mary Scroggs took second in the women's citizen race. Randy Townsend brought home third place in the men's 35 and over citizen race. Apologies to any IVW members overlooked in this account and many thanks to all the IVW members who personed corners and helped with set-up and take down.

BE SAFE, WEAR YOUR HELMET!

TIRE TRACTS

Silly Rabbit, Treks Are For Kids—Here's what's new from Trek for '92: two fully suspended mountain bike models, two tandem models and two composite road bikes—the latter feature carbon lugs, Kestrel-like appearance and a claimed frame weight of 2.44 lbs (I checked the specs—looks like you still have to pedal them.). The European market will get two new hybrid bikes equipped with racks, fenders and lights. Finally, there's now a 20-inch-wheel Trek—the 800KDS.

The Write Stuff—*Bicycle Guide* magazine and Ibis Cycles recently sponsored a writing contest. They asked for hard-luck cycling stories of 1000 words or less. Writers were to convince the folks at Ibis that they truly deserved a new tandem because of their sad position in life. First prize—an Ibis tandem, a one-week off-road tour and a T-shirt. Second prize—two T-shirts. At least one Peoria-area bicyclist decided to enter and agreed to allow the IVW to publish his story on the understanding that his name would not be divulged. *Caveat Emptor*:

Dear Ibis—Here's a little family background that might help explain my need for an IBIS tandem:

My great uncle Thurman lost his leg in a rose bush pruning accident years ago. Aunt May had a small cedar box built, placed the leg in it and buried the package by the marigolds in the front yard (or where the marigolds used to be—they died not long afterwards).

For the next ten years until he passed on, my uncle complained that his left shoe was pinching his non-existent toes, despite regular use of hardwood shoe trees. Aunt May wasn't sure whether he was a victim of "phantom" pains or whether Uncle Thurman had a more deep-seated problem—really cheap shoes.

Like Uncle Thurman, I have inherited my family's susceptibility for unusual medical problems.

As you may know, the human body has an electrical current surging through it at all times. Usually, this current travels in a complete and self-contained circuit. Unfortunately, I'm the victim of an incomplete electrical circuit. Pharmaceutical companies see no profit in developing an antidote to my condition, since to anyone's knowledge, I am the sole sufferer.

I live in constant pain.

Fortunately, my doctor is a master at treating mysterious illnesses. For instance, he cured me of a rare case of "hidden" hiccups just last month. Anyway, he tells me that application of the highest quality bicycle available will externally bridge the electrical gap between my hands and my feet.

Since my wife and I ride everywhere together, he tells me that *only* an Ibis tandem can alleviate my symptoms and further cautions that only regular riding (in the midst of potential Ibis owners) will keep me from the malady's return. Unfortunately, the sheer cost of this genius' examinations keeps me from realizing ownership of an Ibis.

I have attempted to alleviate my distress with a tandem of lesser origin, but the twinges I feel (especially on invitational rides) do not subside. I'm afraid that part of the damage is already done—I'm nearsighted, my hairline is rapidly receding and I weigh 20 pounds more than when I was 17.

It gets worse.

The doctor predicts that without an Ibis, I will continue to age and my eyesight might grow worse. My hair loss is already irreversible. Within a mere 50 years, my risk of death will increase dramatically. I might even gain more weight.

(Incidentally, my wife will confirm all of this. Though she speaks English only imperfectly, she stoutly defends me against our doubting neighbors saying, "You donut unnerstan . . . he is . . . how you say? . . . a pain!")

Only you can help.

Only you make Ibis tandems. If spouses suffered from my malady in past centuries, you can easily imagine their anguish at knowing that tandems had not yet been invented, let alone perfected by Ibis. They didn't have a chance.

As time goes on, even my wife's support falters. Yes, she knows I desperately need an Ibis—in fact she wants it as badly as I do—but I can see the long shadow of doubt clouding her eyes. Sometimes she wonders half-aloud whether I'm crazy.

Maybe I am.

On my knees, (signed)

It's A Dog's Life—A road-worn, mangy three-legged dog hobbled underneath a swinging saloon door. Half-leaping to the top of a stool, he looked down the long bar (worn smooth by the forearms of many drinkers and the coarseness of their language) and slowly and deliberately said, "I want to talk with the man that done shot my paw."

—Samuel Joslin

Want Ads in the IVW Newsletter

Members may submit want ads in this newsletter free of charge for one month at a time. If you desire longer than one month, please resubmit the ad each month or call the editor. Ads should be bicycle related items, and be sure to include a name, address and phone when submitting your want ad. Submit ads to: **Dean Grethey, 1907 Canterbury Apt. D, Washington, IL, 61571 or Phone 444-3360.**

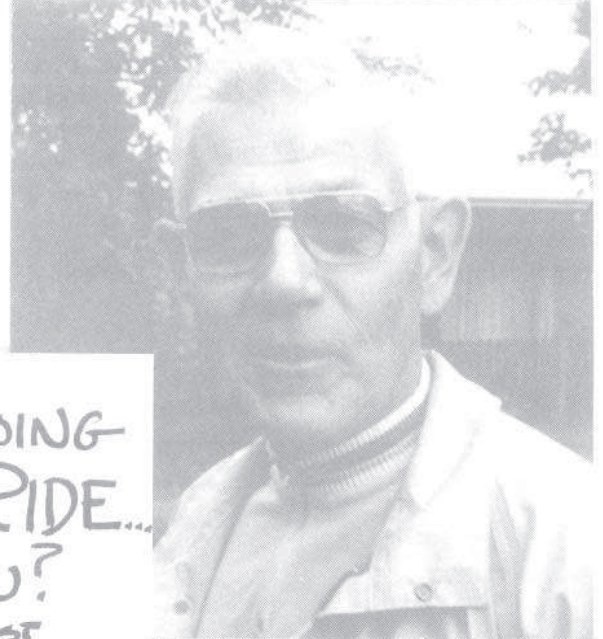
ILLUSTRATION BY ANGI LOURINZANO



SOME DAYS IT JUST FEELS LIKE THIS.

For more information on bicycling, contact:
The League of American Wheelmen
6707 Whitestone Road, Suite 209, Baltimore, MD 21207-4106

ANGILO CRISTOFID
4325 MARSDEN ST. PHILA. 19114



WE'RE DOING
DIANE'S RIDE...
ARE YOU?
SAT. SEP. 21ST
LAKE CAMELOT



**ILLINOIS VALLEY WHEELM'N
MEMBERSHIP APPLICATION**

**DO NOT WRITE
IN THIS AREA**

NAME _____

EXPIRES _____

CHILDREN'S NAME (S) _____

JOINED _____

ADDRESS _____

PKSNT _____

CITY _____ STATE _____ ZIP _____

PHONE () _____

- Individual (\$10)
- Family (\$12)
- Ride after work
- New
- Renew

DISCLAIMER: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n bicycle club of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said organization.

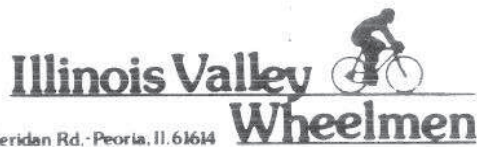
Applicant signature _____ Date _____

Make Checks payable to the Illinois Valley Wheelm'n,

Send to: Bill Semmens, 10214 N. Forrest, Peoria, IL 61615

PRESIDENT: Neal McMeekan 694-7328
 VICE-PRES: Eric Hutchison 685-3921
 SECRETARY: Ron Anderson 444-2018
 TREASURER: Ron Anderson 444-2018
 RIDES: Benning's-243-5206, Thompson's-685-4571, or
 Semmens's-693-9388
 SOCIAL: Nick Paweski 691-8306
 MEMBERSHIP: Eric Hutchison 685-3921
 NEWSLETTER: Dean Grethey 444-3360

The Illinois Valley Wheelm'n is an incorporated nonprofit organization of more than twenty, but less than three hundred members in the tri-county area. Newsletters are distributed eleven times each year through bulk third class mail. The newsletter will not be forwarded, so let the membership chairperson know if you are planning a move or are not getting your newsletter.



Bulk Rate
 U.S. Postage
PAID
 Permit No. 310
 Peoria, IL 61601

MEMBERSHIP EXPIRES: 10/03/91

RON & SHELLY ANDERSON
 203 LOCUST
 WASHINGTON, IL 61571

September monthly meeting at Agatucci's!

BE SAFE, WEAR YOUR HELMET!