



October 1991

OCT. MONTHLY MEETING

october 24, 1991 • 7:30 p.m. at O'LEARY'S on WILLOW KNOLLS Rd.

Dinner is not paid for by the I.V.W. You pay!

We will meet in a room at the usual time for the quick business meeting and then have a presentation by someone who will dazzle you beyond your wildest dreams. The usual Board Meeting will precede the regular meeting at 6:30 p.m.

WANTED

Sleek, low-mileage Terry road bicycle to accompany big (58cm) aggressive mountain bike (answers to "Stumpy") on cross country tour. Some camping experience would be beneficial. Please send recent photo and state "frame size"; color is no object. For additional info, please call1-800-have fun (1-800-428-3386)

DIANE'S RIDE

A successful invitational event is the result of dedicated volunteers working together. Diane's Ride, held September 21, was no exception. Be sure to thank the following members for setting aside time so that you could enjoy all the fun-filled, trouble-free miles. Also, be sure to thank Russell's Cycle World and Vitesse Cycle Shop for providing expert sag wagon service.

Trivoli Ken Pedigo Georgia Pedigo Ken Kiley Bonnie Davis Canton Lake Terry Threw Steve Grube Lee Nugent Bill Clark Brenda Clark Kingston Mines Sheryl Hansen Linda Henson Les Siegrist Harker's Corner Peggy Saal Jody Bicknese

Lake Camelot
Carol Daggs
Linda Henson
Gretchen Strauch
Robin Strauch
Ron Anderson
Jim Vonderhaar

Route Marking Eric Hutchison Dalton Larson Bob Scroggs Registration Liz Benning

Food Neal McMeekan

Last, but certainly not least, be sure to thank Nick Paweski, the IVW social chair for leading all of these volunteers and providing Central Illinois with yet another successful invitational ride. Nick is new in town this year, yet he has worked for the club enthusiastically from the start. We are the richer for his presence. Thanks, Nick.

P.S. Nick's mother, Esther deserves a big round of applause as well for hand-correcting all the zip codes on the entry forms. Thank you Esther.

CLUB JACKETS AVAILABLE

Fifty bright gold nylon windbreakers with club logo on front and back have been purchased for resale to club members at cost. The jackets are available in adult size: S to XXL (the cost is \$16.50 for the S-XL, and \$19.00 for the XXL). When these are gone, we'll take orders for as many more as are needed. Jackets will be at the August Meeting.

Ron Anderson

FROM THE RIDE COMMITTEE

The ride committee would like to thank all the members who volunteered to lead rides this past riding season. Especially, to those who lead 2 and even 3 rides! It was greatly appreciated.

Also, the ride committee of Bill & Julie Semmens, Glen & Marty Thompson and Gregg & Liz Benning will be resigning as of the annual Dinner and a new ride committee will need to be formed for the 1992 riding season. If anyone or any group of people out there would like to be the 1992 ride committee, contact Neal McMeekan or Eric Hutchison.

OCTOBER 1991

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		2 Morton S & G 5:30 all riders	8	4 Morton S & G 5:30 p.m.	S)	Washington Sq. Show & Go 8:30 a.m. Banner School Go 'n Eat 8:30 a.m.
6 8:30 a.m. Pekin Mall to Manito Denny Tresenriter (387-6617) 40 miles	7	8 Morton S & G 5:30 p.m. All riders	o	10 Morton S & G 5:30 p.m.	1	12 Washington Sq. Show & Go 8:30 a.m. Banner School Go 'n Eat 8:30 a.m.
8:30 a.m. Scrogg's football ride. see article in ride schedule	14	15 Morton S & G 5:30 p.m.	16	17 Morton S & G 5:30 p.m.	18	Washington Sq. Show & Go 8:30 a.m. Banner School 8:30 a.m.
20 8:30 a.m. Jubilee Park to Brimfield Nick Paweski (691-8306)	21	22 Morton S & G 5:30 p.m.	23	24 I.V.W Meeting at O'Leary's	25	26 Washington Sq. Show & Go 8:30 a.m. Banner School 8:30 a.m.
29 Ron & Jan Matuska's Home to Apple Barn and back for lunch RSVP See details on ride page RIDE OF THE MONTH	28	29 Morton S & G 5:30 p.m.	30	SUN STA	SUNDAY RIDES NOW START AT 8:30 A.M.	SO A.M.

WEEKLY RIDES

Sunday Morning Ride - Every ride is lead by a different person. Each leader picks the route and sets the pace. These rides tend to be a bit faster and farther than the other club rides. These rides often stop midway for eats. Early in the cycling season the Sunday AM ride might be 20-30 miles long on flat roads. As the season passes the routes get longer, often peaking in the fall with a 100 mile ride. Check the ride calender for the ride starting point and ride leader. Call the ride leader if you have any questions about a specific ride.

Tuesday, Morton Show-n-go - This ride starts in the parking lot of the Field Shopping Center. The group picks a route each night depending on the wind and the feelings of the group. The group departs at 5:30 p.m.

Thursday, Morton Show n Go Same as Tuesday ride.

Saturday, Morning Show-n-go - Meet at Washington Square in Washington, IL, at 8:30 a.m., for a Show-n-go. Rides are decided by the group with no designated leader or sweep, only a destination. Please do not park on the square or the back parking lots just off the square, please use the side streets away from the square.

OCTOBER SUNDAY MORNING RIDES Meet at Pekin Mall (by Bergner's) for a 40 mile "Ride to Marvelous Manito". Dennis Tresenriter Oct. 6, 1991 is the leader of the marvelous Manito trip. Call (387-6617) for info. 8:30 a.m. Start Come join the Scrogg's for the 4th Annual Football and Chili ride. Meet at Bob & Mary's house Oct. 13, 1991 (216 Evergreen, Morton) for a ride of 6 major hill climbs, including the dreaded Kerfoot Hill! Then 8:30 a.m. Start back to Scrogg's for fun, football & chili. Please RSVP as soon as possible to 266-5790. Nick Paweski (691-8306) will lead a ride beginning at Jubilee Park to Brimfield for breakfast. Oct. 20, 1991 8:30 a.m. Start Start at Ron & Jan Matuska's home (447-6787) for a 35-40 mile ride to the Apple Barn near Oct. 27, 1991 Danvers. After, return to Matuska's for lunch. Please RSVP by Oct 26th for lunch count. 8:30 a.m. Start Directions to the Matuska residence--6/10 mile south of Queenswood on Dee-Mack Rd. or 2 miles North of Allentown Rd. on Dee-Mack Rd.

Changes: Tuesday's Wright Wride is CANCELLED Wednesday ride is CANCELLED Metamora Thursday ride is CANCELLED

Note: Beginning in November the sunday morning rides will return to the "winter phase". For those of you who are not familiar with our winter ride procedure, it works like this. We name a restaurant to meet at - you go to the restaurant and look around - if you see anyone you know who you think is in the Illinois Valley Wheelm'n bicycle club, you walk up to them and ask, "are you here for the Wheelm'n sunday bicycle ride"? - if their answer is, "yes", then you have found the group - grab a chair and get something to eat, - if their answer is "no", or they act like they don't know you, you probably have them mistaken for someone else, excuse yourself, make rude loud vulgar utterances and go back to the lobby - wait for someone else to come in that you think is in the club and repeat the process. You'll know if you are the only one who has shown up, if by 10:00 a. m. no one has entered that you know, or the place is empty. Whatever, don't look for people with riding tights on because they may or may not be bicyclists. If you luck out and find the group, they sometimes ride after breakfast or later in the morning from some other meeting place. It may or may not ruin your sunday football watching schedule, good luck!

November 3rd - Newell's (East Peoria), Nov. 10th - Denny"s (Sterling Ave. Peoria)

A NOTE ABOUT SATURDAY MORNING WASHINGTON SHOW N GO

It seems that some of the merchants on or near the square in Washington do not want the IVW riders parking in the back parking lots off the square. So, if you are one of the regulars or are a new person to join the Saturday morning ride starting at Washington square, park on a side street away from the square and bike in please!

TIRE TRACTS

News For Tourists—I received a newsletter titled OnTour: The Newsletter for Bicycle Tourists along with a note from Eric Hutchison (by the way, did you know that Eric and Jennifer are now homeowners?) reading "A tourist at heart, I'd like to see us advertise this." Here you are:

OnTour is a newsletter published by Dan Romanchik of Ann Arbor, Michigan who writes, "About a year ago, I became so disgusted with the poor coverage of touring in the commercial bike magazines I decided to start my own publication. OnTour is devoted entirely to bicycle touring—touring stories, tips on making touring more fun and news about upcoming tours. The last issue, for example, had a story about riding up the volcano on Maui and an article on where to find maps for touring."

The sample issue I received had an article on touring in Ireland, a column by "Biker Mom" and favorite bicycle gizmos—including items such as an Artesian water bottle (internal tube moves water out of the bottle from its bottom, so you can drink without tilting your head) to Bag Balm (a salve normally used to relieve cow teat discomfort and which one correspondent swears by to prevent saddle soreness).

OnTour isn't a slick publication on glossy paper with page after mindless page of road tests. In fact, there wasn't a single picture, line drawing or map in the sample issue I received (Issue #2), simply three single-spaced, double-sided pages without advertising. Printed bimonthly (that's every two months for us folks), OnTour is an embryonic newsletter that deserves a chance to grow, if for no other reason than to introduce another voice into the general cycling dialogue. Kind of reminds me of another publication which grew out of a California cycling club's newsletter during the early- to mid-60s. You might have a copy of it on your coffee table right now—it's called Bicycling.

OnTour: The Newsletter for Bicycle Tourists. Sample issue—\$1.00; six-issue subscription—\$6.00. Make checks payable to **OnTour Publications**, 2113 Arborview, Ann Arbor, MI 48103.

Back In The Saddle Again—I couldn't believe it. It was little more than a month ago that Jack Welch broke his collarbone. Yet here he was at Bradley Park on September 15, ready to attack a ride which was announced in the newsletter with three huge warning flares—Hills . . . 50 miles . . . Ken Beckler (leader). Surely Jack would have been excused had he opted out of the Sunday morning excursion.

After all, the force of the August fall pushed his fork 1/2-inch to the side and dented the top tube (where the handle-bars rotated). But Jack is made of sterner stuff. When he brought the frame into the shop for alignment he stood there in the repair entryway, swinging his arms and said, "The doctor said he could pin the collarbone or just let it

heal by itself." Jack allowed Mother Nature to take her course but didn't give her any spare time to admire her handiwork. He rode steadily, and while he didn't contest any city limit sprint contests, he looked as capable as any of the 14 cyclists in attendance. I'd say welcome back Jack, but who knew you were gone? I'd sure take a little time to whine, at least.

PACRACC Notes—Before we left for PACRACC on Saturday, I reread the small type on the luggage tags which suggested that items within duffel bags be wrapped in plastic. I considered repacking, listened to a clear skies weather forecast, and decided to avoid going to any extra trouble.

Of course, it rained. Fortunately, we were sitting in the Country Aire restaurant in Atlanta. But what we thought was a moderate shower was part of a massive storm system which pounded our ultimate destination—Lincoln. A lady who had just driven up from the south reported that she had pulled off the road because she couldn't see through the rain pelting her windshield. However, by the time we finished our lunch, the storm had passed. The water rushing out of the corn fields and overflowing the ditches was mute testimony to the amount of rain the area had received.

Some cyclists weren't as lucky. Myron Oesch was caught on the road by the rain. When the shower turned into a full fledged storm, he quickly sought shelter. About the same time that lightning began peppering his immediate area, Myron noticed he was standing in ankle-deep water next to a metal grain bin. Ah, the power of acute observation. Needless to say, he quickly beat a hasty retreat.

As cyclists slogged into the Lincoln overnight stop, visions of soaked and disintegrating luggage danced in their heads. However, *Pantagraph* organizers, prepared for just such a contingency, had covered most of the luggage with plastic and prevented a lot of damage. Though some riders still had to dry out most of their belongings, Karen and I had only a damp pillow which quickly dried under the tardy, but welcome, late-afternoon sunshine.

That same afternoon campers were treated to the sight of unusual aircraft on their way to the Logan County Fly-In. Among the participants was a WW-II-vintage two-seat trainer, a stunt biplane and a huge twin-rotor cargo helicopter.

The best part of a long day? Why, of course—those ice-cold showers at Lincoln. Dave Glackin raised an interesting point about the accommodations: "How can the showers be so cold and the shower room so incredibly warm?" Anyone have an answer?

For those who have stood in many a long line for supper, the military efficiency of the evening meal caterers was welcome. By guiding diners to their seats and discouraging riders from lounging in the cafeteria, Guzzardo's employees made sure everybody was served quickly.

It must have been in *Bicycling*, or *Bicycle Guide*. This writer was talking about camping overnight in the cold and wet with nothing more than a poncho and the clothes on his back. Not that he was comfortable you understand, but he knew he was capable of enduring some discomfort, if need be.

This year, Karen knew she didn't "need be." So we went to M.C. Sporting Goods before the ride and bought a double-wide air mattress (on sale) and foot pump (not on sale, but you can't blow up a huge air mattress by mouth without coughing up a lung). The two items were our best purchases of the year. Sure, we may only use them once a year, but rolling out of bed in the morning was almost a pleasure.

Of course, once word gets out you have a foot pump, you discover other hidden air-mattress hedonists when they come over to borrow it. Our tent was a pretty popular stop.

Sunday's ride was from Lincoln to Eureka. The day started out damp and a steady drizzle fell as we arrived at the Armington food stop shelter. Walking along the food line, I spied Dale and Trish Kruse from Normal. Their two kids were bouncing all over—full of energy. Trish said that the kids had ridden 50 miles and then splashed for five hours in the Lincoln pool the day before. How do you wear out kids like that?

Karen could tell that the captain of the tandem was not exhibiting his best form as we rode north. But, after lunch in Danvers, my spirits and second wind arrived simultaneously. The rolling hills on the way to Eureka were actually the easiest part of the ride, even if we were riding with Dave Glackin—master of hill-climbing and defier of physical law.

Eureka is every PACRACCer's favorite overnight stop. Excellent meals in the campus cafeteria and warm showers in Reagan Gymnasium, guaranteed.

A full-size Mercury with an ancient Atkins-Graber roof rack was parked in front of the gym. Evidently, someone had driven up to visit with one of the riders. But who in the world would trust their bicycle to such a rack? Consider the tiedown strap haphazardly attached to the chrome strip surrounding the windshield. Or what about the block of wood tied underneath an extended wheel tray? The block appeared designed to keep the tray from contacting the

car's roof—a very real possibility considering that the rear crossbar was bent down in the middle. I was amazed. It looked like someone was trying to haul a tandem on that mess.

As it turned out, the car belonged to Ron Johnson's dad. Go figure. He owns a fairly expensive car and a brand-new tandem, yet he hadn't replaced his decrepit bike rack because Ron, who artfully managed Vitesse for a number of years, had never been able to convince him that the rack was actually broken. Talk about a tough customer.

I didn't think the route was all that hard on equipment but a half-dozen bicycles with broken spokes were serviced Sunday night. All were simple repairs, except for the one tandem rim which had cracked lengthwise along the braking surface. The owners rode gingerly back to Nestlé-Beich's the next day.

Perfect temperatures and a skin-saving amount of overcast set the stage for the Monday return ride. This was the weather we had expected for the start of PACRACC two days earlier.

Our favorite food stop is always Carlock. The servers were setting up tables and chairs three hours before the first riders arrived. Every rider is asked to sign the guest book on the way out.

What we were really looking forward to was the chicken dinner at the end of the ride. After filling out a rider surveying and pocketing the ride patch, it's time to pig out. This is good cookin'. A meal so crispy, we double-checked to make sure a chicken was actually involved.

I hope to see all of you on PACRACC in 1992. After all, there's no better way to escape the ubiquitous Jerry Lewis on Labor Day weekend.

-Samuel Joslin



OTHER PEOPLE, OTHER PLACES

Several Illinois clubs publish monthly lists of club mileage which their members have piled up. Folks On Spokes (Homewood, IL) has a Commuter Club which tracks its members' utilitarian miles (trips to work and errands). Fitteen members had amassed 643.5 round trips for a total of 9318 miles as of the July meeting. Mileage leaders were Bill Yapp (2130 miles over 71 trips) and Sallie Vloedman (1948 miles over 75 trips). Round trip leaders were Phil Lincenberg (136 trips for 512 miles) and Rickie Davidson

(120 trips for 325 miles).

There are tailwind rides and then there are tailwind rides, or tailwind tours, more correctly. For the past few years, members of the Quad-Citles Bicycle Club (Davenport, IA) have engaged in a seven-day ride to an ultimate destination determined by the whims of the wind. Previous tours have ended up in Grand Rapids, MI; Ottumwa, IA and Galesburg, IL. Four riders were involved this year: Dean Arney, John Keane, Carter LeBeau and Herb Page.

This year's route passed through 66 different towns on its way to Okee, WI, located on Lake Wisconsin. The four participants also retraced the route for 200 miles at one point after a 180-degree wind change. They didn't seem to mind, though—the restaurants and saloons on that part of the ride enjoyed an excellent reputation within the group.

From the **BikeBurlington** (Burlington, IA) newsletter: Learned on RAGBRAI—

- It's easier to get stuff out of your tent if you don't take it down first . . . (Gene Murray)
- ... only if you can find it. (Ross Solum)
- I rubbed Power Bars all over both legs and they didn't work for me at all.

Heard on RAGBRAI-

- I tripled my training miles this week.
- My little finger doesn't hurt.
- · (On a steep hill) Hey! You're walking too fast!

Just like baseball, the sport of bicycling is filled with numbers—gear numbers, miles per hour, pulse rates, etc. Here are some interesting numbers from one of the region's larger invitational rides: The Elmhurst (IL) Blcycle Club's annual Metro Metric held on July 28. Of the 969 riders in attendance, 526 were preregistered. One full page of the newsletter was used to thank all who helped with the ride: 12 chairpersons and 77 volunteers. Missing statistic: the number of pizzas eaten during the Metro Metric Workers Pizza Party.

Members of the Blackhawk Bicycle & Ski Club (Rockford, IL) didn't need the \$8.00 entry fee to ride the Haldeman Hundred, held September 14. The club offered the option of baking and bringing six dozen cookies instead.

Stan Henson enjoyed Iowa's Heritage Trail according to the article he wrote for the Prarie Cycle Club (Champaign, IL) newsletter. The 26-mile long former railroad starts near Dubuque and follows the Little Maquoketa River for most of its length. Stan wrote, "We passed three work crews, a park ranger, several trash cans and no litter on our ride which indicates to me that the trail is well-maintained."

Some bicycles clubs support their local bicycle paths. Some are vocal in supporting their members' rights to the road. More than a few clubs raise their voices on both issues. The Decatur (IL) Freewheelers took on a cause of a different nature September 4. The club cancelled its regular Wednesday night ride and instead encouraged

members to speak out against a proposed landfill expansion on Rock Springs Road. The 80-foot high, 90-acre extension would mean the shady trees (a minority in the land of corn and beans) along Rock Springs would be cut down to make room for a fence and ditch.

A helpful hint from Possums Unlimited (P/U) by way of the folks in the **Jacksonville** (IL) **Bicycle Club**: "Advice for those venturing into the woods this fall and fearful of getting lost. Rent a compass possum! Turn him loose and he'll head for the highway every time."

The McHenry County Bicycle Club (Crystal Lake, IL) is looking for volunteers to encourage the County Board to draft and enact a stronger animal control ordinance. An article in the September newsletter also mentioned that one club rider recently filed a complaint with Animal Control of McHenry County. An officer immediately visited the site of the incident and issued a warning ticket to the dog's owner. The article ended with, "Not much, but at least an action on a bicyclist's behalf!"

From the Just-When-You're-Convinced-That-Wisconsin-Is-Progressive file: Craig Jorgensen of the Wheeling (IL) Wheelmen reports that the Nordic and Ice Age trails at Kettle Moraine will be closed to mountain bikers in 1992. "The reasoning behind this? A letter posted at the trailhead from the Wisconsin Department of Parks and Recreation says the state feels that mountain bikes are a "fad" (even though millions are being sold) and doesn't want to devote resources toward the sport. Unfortunately, even though cyclists outnumber hikers 20 to 1, the cyclists don't show up in mass for the public hearings concerning trail rights and the tree-huggers and hikers do (italics added)."

WIENER ROAST AT WEAST'S

Sue and Steve Weast are inviting club members and friends for a bike ride and Old Fashioned wiener roast on Sat. Oct. 19th. The ride starts at 3:00 p.m. and will be a nice 20 miler, then the wiener roast. Bring your own hot dogs and buns, and the Weast's will provide the sticks, drinks and chips. If you want to join the wiener roast only, it starts at 6:00 p.m.

You get to the Weast residence by going 2 1/2 miles north of Laura, IL on Rt. 78 and turning in the driveway on the right just before the river bridge. Call 446-3413 for more info.

Want Ads In the IVW Newsletter

Members may submit want ads in this newsletter free of charge for one month at a time. If you desire longer than one month, please resubmit the ad each month or call the editor. Ads should be bicycle related items, and be sure to include a name, address and phone when submitting your want ad. Submit ads to: Dean Grethey, 1907 Canterbury Apt. D, Washington, IL, 61571 or Phone 444-3360.

IVW MAP BOOKLETS

Members of the ride committee have completed the first ever two-wheeled guide to the Greater Peoria Area. This humble collection of 9 bicycling route maps offers an assortment of ride lengths and starting locations around the Peoria area. Several maps contain more than one marked route. The map booklets will be sold to IVW members for \$2.00 each, non-members fee is \$3.00. For mail order, send check or M.O. payable to the Illinos Valley Wheelm'n, to; Eric Hutchison, 918 W. Wilcox, Peoria, II. 61604. The map booklets are also available at Vitesse Cycle Shop in Peoria Hts. and Russell's Cycle World in Washington, II.



your butt feels like it's been on the saddle for a hundred years."



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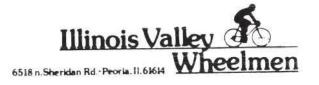
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Applicant signature	Date	N N
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PRESIDENT: Neal McMeekan 694-7328 VICE-PRES: Eric Hutchison 685-3921 SECRETARY: Ron Anderson 444-2018 TREASURER: Ron Anderson 444-2018

RIDES: Benning's-243-5206, Thompson's-685-4571, or

Semmens's-693-9388 SOCIAL: Nick Paweski 691-8306 MEMBERSHIP: Eric Hutchison 685-3921 NEWSLETTER: Dean Grethey 444-3360 The Illinois Valley Wheelm'n is an incorporated nonprofit organization of more than twenty, but less than three hundred members in the tricounty area. Newsletters are distributed eleven times each year through bulk third class mail. The newsletter will not be forwarded, so let the membership chairperson know if you are planning a move or are not getting your newsletter.



Bulk Rate
U.S. Postage
PAID
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MEMBERSHIP EXPIRES: 10/03/91

RON & SHELLY ANDERSON 203 LOCUST WASHINGTON. IL 61571

October monthly meeting at O'Leary's!