



IVW NEWSLETTER

February '92



6518 N. Sheridan St., Peoria, IL 61614

This installment of "Spokelore" appeared in the December issue of the Freewheeler, the newsletter of the Driftwood Valley Wheelers (Columbus, IN).

Spokelore

by Dave Glackin

As I write this, it's about 16 degrees outside and I haven't ridden my bike in over a month. With a little luck (translation: a 60 degree day that I don't already have commitments for), I might get in another ride before the end of the year. But if I don't it's no big deal. My season is over.

For most of us, the riding season is over. Time to face the truth about miles ridden vs. miles planned to be ridden. Last spring it was, "Yeah, I feel pretty good this year. Think I'll probably ride about 10,000 miles, do, oh, 20, maybe 25 centuries. Maybe do that transcontinental this year." Now, in the cold harsh light of November, with the truth staring out at you from the mileage log on the refrigerator, you read: 642 miles. Oh well, maybe next year.

Actually, I had a better year than I expected. With the birth of my first child, and an on-going remodeling of the house, I didn't expect to get in too many miles. I surprised myself with a couple of 500+ mile months in August and September to finish out the year only a little shy of my usual. Not that I'm bragging. My paltry total is far less than a number of people I know. Set your sights low enough and you can always be pleasantly surprised.

Just as I have given up planning to ride umpteen thousand miles each year, so have I given up most of this wind trainer and roller riding in the winter crap.

A lot of people start into winter thinking, "I worked all summer to get in this shape. If I just ride my wind trainer this winter, come spring I'll be an animal." Yeah? . . . Bull! Everybody knows, if they will just admit it to themselves, there's no way they're going to ride that sucker three or four times a week for three or four months. Why not just admit it up front, kick back in your Lazyboy with a beer, watch TV, and enjoy your winter.

Along about March when you've



got a good case of cabin fever and you're really motivated, ride the trainer for a couple of weeks to loosen up, then go out and strain something. If you plan to take the winter off, there's no guilt when you do anyway. Just think of it as four months of intensive carbo loading. It works for me.

New Members

It's always a pleasure to welcome new members to the club. They are

- Dennis & Jill Bisping.....Peoria
- Emmett E. Joslin.....Granby, MO
- Ken Luthy.....Pekin
- Terry Mundy-DickersonChillicothe
- Jim & Kathy StombergPeoria
- Linda WhitlatchBartonville

Thanks to the following Quiet Heroes of the IVW for giving blood through the Red Cross Blood Program during the past six months:

- Ron Anderson
- Linda Fischer
- Roger German
- Rolla Godfrey
- Sheila Hansen
- Dave Ringland
- Don Washburn
- Brian White

Any IVW member who is already a blood donor—or who is willing to begin—is urged to join our Quiet Hero Donor Club by simply pledging to donate regularly. Give me a call for details.

Ron Anderson
IVW Quiet Hero Coordinator

Make Money in March

...details in next newsletter

Ladies and gentlemen . . . mark your calendars Sunday, August 9 is the date for the 1992 Proctor Cycling Classic. Criteriums start at 9 a.m. in downtown Peoria. The Proctor 100 Road Race will kick off shortly after noon and feature some of the country's most skilled riders. The 1991 version received coverage in VeloNews and Winning magazines and the major local media outlets. With a rising reputation for a challenging course and \$20,000 in prizes, the 1992 edition of the Proctor Cycling Classic is sure capture even more attention. Look to future newsletters for more details.

Tire Tracts

by Samuel Joslin

Go take a hike If calculating wind chills for different cycling speeds isn't your cup of tea, there is an low-speed, cold-weather alternative—the Pimiteoui Trail Association. The PTA was founded to establish and maintain hiking trails in the Peoria area. Longtime IVW member Carol Hallock is president and newsletter editor for the group. The association's fifth annual dinner meeting (\$8 all-you-can-eat buffet) is Saturday, February 15, 1992 at the St. Francis Monastery, located one mile west of Sterling Avenue on Reservoir. To make reservations or inquire about scheduled hikes, call Carol at 688-1165.

Crazy Dollar Days Before Ron Anderson vacated the position of treasurer (an office he masterfully occupied), he presented the board of directors with a financial summary for the year. An interpretation of the report follows:

- Membership dues just covered newsletter expenses during 1991. The club's donations to various causes could not have been made without the income from the two invitational rides.

- Club donations included:
\$100.....River Trail
\$100 Washington Square restoration
\$50.....Archibald memorial
- Sales of IVW map books (available at both Russell's and Vitesse) provided \$240 in income and \$86 to expenses.
- IVW jackets contributed \$252.50 to income and \$835.50 to expenses.
- Membership dues contributed \$1952 to income while the two invitational rides contributed \$1578.52 to income.

Conclusions? The club is in fine financial shape with over \$2000 in savings. We have the resources to service cyclists at the current level even if both invitational rides fail to produce income during 1992. This is a far cry from 1984-85 when June Cowan would dip into her own checking account to get the newsletter printed.

"The club is in fine financial shape"

Wait a Minute, Mr. Postman Newsletter? What newsletter? I didn't get a newsletter . . . Sound familiar? It doesn't have to. When newsletter delivery is erratic, your ZIP code may be the cause, not an errant club volunteer or hapless post office employee.

You may have noticed this newsletter is distributed through third class mail. Third class postage saves the club money. Third class also means we have to sort the mail—a job the post office performs itself for first class mail.

Newsletters are sorted three different ways:

- If at least 10 newsletters share the same ZIP code, they are bundled together. Then a "D" sticker is attached to the top newsletter indicating the entire stack goes to the same ZIP. For example, the Peoria/Peoria Heights 61614 ZIP code area has qualified for direct mailing since the club first began using bulk rates.

"Do you have a lucky number?"

- When less than 10 newsletters share the same ZIP code they're sorted by the first three ZIP code numbers. Thus, Chillicothe, Dunlap, Edelstein and Eureka newsletters, which all have "615" in common, are bundled together before their trip to the post office. The top newsletter in the stack has a "3" sticker attached.
- The rest of the newsletters are then tossed together into a mixed ZIP code collection. Not surprisingly, mixed ZIP newsletters usually take the longest to reach their destinations.

So what can you do to improve your newsletter's delivery? If you live in Tucson, Arizona, like Bob and Markie Castle, you could request your newsletter be delivered first class (or find nine more people in Arizona who are enthralled by Central Illinois wit and wisdom).

If you live in the Peoria 61603 ZIP code area, encourage at least three more people to join the IVW. Or, move to Morton, where 14 members already enjoy the benefits of direct third class mail.

Do you have a lucky number? Stay tuned. A future column will detail club membership distribution by ZIP code.



New L.A.W. Newsletter Emphasises Advocacy

Editor's Note: The following article appeared in the first issue of the League of American Wheelmen's Bicyclist Advocacy Bulletin, under the title, "A Look to the Future With an Eye on the Past." Also in the December issue were stories concerning the Surface Transportation Assistance Act; the Second Annual Police on Bikes Conference, March 5-7; League efforts to aid mountain bike rights in Marin County, CA; and financial problems affecting state and local bicycle program coordinators. Look for more L.A.W. news in future IVW newsletters.

1991 has been a year of advocacy for bicyclists. Although the Surface Transportation legislation has dominated the agenda, much has also gone on at the state and local level. The issues range from access—on roads, bridges and trails—to helmet use.

Members of the League have been actively involved in shaping the outcome of these battles. Several months ago I sent an action alert to every member, asking that they contact their congressional representatives to ensure that bicycling interests were protected in pending federal legislation. I am pleased to report that the response was outstanding. I want to thank all of you who took the time to get involved in this extraordinarily important task.

The League was founded in 1880 as an activist organization and it succeeded extremely well. In some ways it changed the face of America through its efforts to improve roads. Now it must fight the automobile interests to ride those roads and to do so safely. To be successful requires a concerted effort and communication is essential for this to occur. Hence our decision to

"It changed the face of America..."

reformat the League Volunteer into a newsletter more oriented toward advocacy. We also determined that a name change was in order. The Bicyclist Advocacy Bulletin says very clearly that we are giving strong emphasis to advocacy in the League and that we intend to exercise leadership in this critical area.

The first league publication in the 1880s was called the Bulletin. Over the years this title has reappeared. We have chosen this traditional word as part of our publication's title as a very real gesture to the past successes of the League. We face the future with due reverence for the traditions of a proud organization.

—Gilbert M. Clark
L.A.W. Executive Director



League Sets Educational Fund-Raising Goal

The U.S. spends approximately \$200 per 16-year-old student for driver's education training, but from birth to age 15, only \$1 for traffic safety instruction, according to the League of American Wheelmen.

With those figures in mind, the League has announced a \$50,000 goal this year for bicycle education programs. Contributions from clubs and individuals will support development of school resource materials, educational hangtags on new bikes, increased public awareness of cyclists rights and expansion of existing bicycle programs.

"Studies have proven that traffic habits, attitudes, and skills learned at an early age are highly resistant to change [League letter]. There are

*"\$50,000 goal
this year for bicycle education"*

people in society today who view the bicycle as a toy. Where did they get that idea? They were given that impression as children, and they still believe it now as adults . . . Our fundraising goal is the most ambitious one we have ever set for the League. But, frankly, this amount is critical in order to begin making any kind of progress in a long-neglected area. To be less aggressive would be virtually irresponsible. We have a huge job to do, and we need to get going."

Tax deductible contributions can be made to the League's Bicyclists' Educational and Legal Foundation, 190 W. Ostend Street, Suite 120, Baltimore, MD 21230-3731.

LEAGUE OF AMERICAN WHEELMEN MEMBERSHIP APPLICATION

I want to join the national organization of bicyclists. Please start my subscription to *Bicycle USA* magazine. Also send my membership materials, including bike and window decals, membership card, and a L.A.W. patch.

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

TELEPHONE () _____

CLUB _____

L.A.W. Membership Categories

(Pay by check or money order)

- | | |
|---|---|
| <input type="checkbox"/> Individual: \$25 | <input type="checkbox"/> Family Life: \$525 |
| <input type="checkbox"/> Family: \$30 | <input type="checkbox"/> Sustaining: \$50 |
| <input type="checkbox"/> Individual Life: \$350 | <input type="checkbox"/> Public Library: \$15 |
| <input type="checkbox"/> Please add me to the Hospitality Homes | |

League of American Wheelmen, 190 W. Ostend St., Suite 120, Baltimore, MD 21230

Rides Of Interest

APRIL

SUN 12 11th Annual Easter Ride. 25-, 37-, 45- and 62-mile flat to rolling routes. Includes map, patch, sag, marked route. Registration \$10 before April 1; \$15 thereafter. For application write: Folks on Spokes, c/o Rick Steele, Box 824, Homewood, IL 60430. Info: (708) 748-0123.

SUN 19 Prairie Spring Metric. Prairie Cycle Club

SUN 26 Ken Alrutz Memorial Metric. Springfield Bicycle Club

SUN 26 19th Annual Silver Springs 60, 25-, 45-, 60-mile routes on flat to rolling terrain in the Fox River Valley. Starts in Yorkville, IL (10 miles SW of Aurora). Preregistration only by March 30—\$14. Includes sag, rest stops, spaghetti dinner, waterbottle and patch. Send SASE (business size) for REQUIRED registration form to: Aurora Bicycle Club, P.O. Box 972, Aurora, IL 60507. 1300 rider limit.

MAY

SAT 9 Sudden Century. Joliet Bicycle Club

SUN 17 Spring Metric. McLean Count Wheeler

SAT 23, SUN 24 Blackhawk Metric. Blackhawk Bicycle Club

JUNE

SAT 6 Udder Century. McHenry County Bicycle Club

SAT 6 Pedal-In. Illinois Valley Wheelm'n

SAT 6, SUN 7 Hoosier Hills. Sat: 25, 60, 100 miles. Sun: 25, 50 miles. Both days rolling to hilly. Includes map, patch, sag, marked route, food (including lunch and entertainment Saturday). Registration \$10.50 until May 17; \$12.50 thereafter. For application write: Bloomington Bicycle Club, c/o Barbara Anderson, P.O. Box 463, Bloomington, IN 47402.

SUN 7 Liberty Metric. Mt. Prospect Bicycle Club

SUN 14 Chain of Lakes Ramble. Bicycle Club of Lake County

SUN 14-FRI 19 Ride Around Wyoming (RAW). 6-day, 447-mile journey around the Wind River Mountains begins and ends in Jackson, WY. Includes: sag, baggage transport, aid stations, repair van, medical support, sovenir, overnights in five towns (outdoor camping; limited indoor space also available), maps, cue sheets, marked route and certificate of completion. Meals are each rider's responsibility. Registration: \$90 before April 13. Limit 200 riders. Confirmation via SASE. For application write: Ride Around Wyoming, Inc., c/o Bob Faurot, 18 Paradise Drive, Sheridan, WY 82801. For more info, call (307) 672-6323.

SAT 20 Do It On The Double. Vitesse Cycle Shop, Peoria

SAT 20 Sangamon County Fair Metric. Springfield Bicycle Club

SUN 21 Boulevard Lakefront Tour. Chicago Bicycle Federation

SUN 21-SAT 27 Touring Ride In Rural Indiana (TRIRI). 435 miles, flat to very hilly. Includes amp, patch, sag, marked route, food, camping, baggage transport and t-shirt. Registration \$160 until June 14. For application write: Bloomington Bicycle Club, c/o Barbara Anderson, P.O. Box 463, Bloomington, IN 47402.

SUN 21 Two Rivers Century. Le Peloton

SAT 27, SUN 28 MCBC Little Trouble. McHenry County Bicycle Club

SUN 28 Swedish Days. Fox Valley Bicycle Club

TUES 30-SUN, JULY 5 Tour de St. Croix/1992 League of American Wheelmen National Rally, River Falls WI. Workshops and rides each day. Sponsored by LAW, Minnesota Coalition of Bicyclists, Eco Tourism Council, Inc. For registration packet, contact Jerry Waller, 1992 National Rally Coordinator, 102 N. 9th St., River Falls, WI 54022. For more info, call (715) 425-1009 or (715) 425-4484.

JULY

SAT 18 Ride Across Indiana (RAIN). 160 miles, from Illinois-Indiana state line to Richmond, IN, rolling terrain. Includes map, sag, marked route, food, t-shirt. Registration \$20. For application write Bloomington Bicycle Club, c/o Steve Merry, P.O. Box 463, Bloomington, IN 47402. For more info, call (812) 339-4717.

SUN 26 Metro Metric. Naperville Bicycle Club

AUGUST

SAT 1-TUES 4 Across Illinois. Joliet Bicycle Club

SEPTEMBER

SUN 13 Capital City Century. Springfield Bicycle Club.

SAT 19 Diane's Ride. Illinois Valley Wheelm'n

SUN 27 19th Annual Apple Cider Century®, 25, 50, 75, 100 miles. Three Oaks, MI. Includes marked route, map, fanny flag, sag, food stops, certificate of recognition and spaghetti dinner. Limited to 7000 riders. Registration \$20 by July 31st. No late registration. ACC '92, P.O. Box 7000, Three Oaks, MI 49128. Info hotline: (616) 756-3361. Include SASE (business size) with application fee. Sponsored by Three Oaks Spokes Bicycle Club.



Happy New Year!

The New Year's Day ride from the Whitmer's home was very nice—a short ride, good food and fellowship. Our thanks to them.

It says "Illinois Valley Wheelmen" on a silver leaf on the money tree in the Fondulac Park Administration Building.

The bike trail along the Peoria side of the river at the Boatworks is OFF LIMITS 'til they move the gaming boat to the east side of the river. You must enter and exit at the freeway bridge.

Federal Warehouse is opposed to the extension of the River Trail north between the river and Route 116 in East Peoria.

Old dogs do learn new tricks. I switched to clipless pedals. They are as I was told—a nice luxury.

Had a good year 1991 in the saddle . . . rode over 11,000 miles and used four different machines. Yes, I am retired.

A few words on food: The fried mush is better in Eureka than at the truck stop in Morton.

Monday, December 23 . . . rode into Construction Equipment Federal Credit Union drive-up window . . . was refused service in East Peoria.

Wandering Wheels Spring Break Florida Ride:

March 13-22. Cost \$300. To sign up, send \$50 now to:

Wandering Wheels
P.O. Box 207

Upland, IN 46989

For more information, call Gregg Benning at 243-5206. You can ride one of their Schwinn's. Don't forget your swim suit. See you on the bus.

These winter days, when you're not riding outside, you should still keep your legs working . . . rollers or a trainer of some kind, just do it.



Eighty-five-year-old Waldo Wissler was named "Most Mature Cyclist" at the annual awards banquet of the Quad-Cities Bicycle Club (Davenport, IA). Waldo racked up approximately 2,300 miles during 1991. Also honored was Leon Van Camp for attending 99% (!) of the QCBC's rides. According to the club's December newsletter, 19 members rode more than 5,000 miles each during the past year. Mileage leaders were Jan Sears (10,300), Jerry Sears (10,050) and Leon Van Camp (10,000).

The Central Indiana Bicycle Association (Indianapolis, IN) and Hilly Hundred have established two \$1,000 scholarship accounts for Rachel and Tiffany Eggemeyer, daughters of former member Carol Eggemeyer who died from an aneurysm which ruptured during the 1991 Hilly Hundred.

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The Central Illinois Cyclists (Macomb) have reprinted the IVW mileage log with a membership blank on the back. Paraphrasing the editor: "How do you

The following are figures on nationwide bicycle-related injuries sustained between 1984 and 1988 according to the Centers for Disease Control in Atlanta:

Total number of injuries:2.8 million
 Head injuries ...905,752 (32.5% of total)
 Head injury deaths2,985

According to the CDC, 70 percent of head injuries occurred among children less than 15 years old. Researchers estimate that 2,500 deaths and 757,000 head injuries could have been prevented had all the bicyclists been wearing helmets.

This estimate is based on previous studies reporting no more than 10 percent of cyclists wear helmets. Strangely enough, the CDC study didn't include helmet use in its data.

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Old cyclists never die, they just get lower gears. Frank Berto, gearhead extraordinaire and former *Bicycling* magazine staff member wrote a brief overview of new products for the January/February *Bicycle USA* issue. He prefaced the article with a list of the most important cycling innovations of the past decade. Here they are:

- Mountain bikes
- Indexed shifting
- Clipless pedals
- Lightweight clincher tires
- Narrow, bushingless chains
- Freewheels with greater numbers of cogs
- Gel-padded saddles
- Bicycle computers
- Lightweight helmets

Other People, Other Places

On a lighter note from the QCBC newsletter: Don Horton received special recognition for riding "an incredible 21,850 miles, a feat he said was possible only by riding from morning to night each day and by modifying his bike with a specially lubricated titanium chain that reduced friction to allow him to travel at an average speed of 30 miles per hour. He was rarely seen, he said, because he was doing a lot of night riding in Russia."

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If you live to mark down extra mileage on your log sheet, take a bit of advice from Roger Broeg of *BikeBurlington* (Burlington, IA)—ride to work. According to Roger: "Just riding my bike back and forth to work alone (excluding recreational and training rides), I put in 3100 miles per year. These are quality miles, as I am usually in a hurry to get to and from work, and they are ridden carrying various things needed for work, which adds extra weight."

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From the Elmhurst (IL) Bicycle Club newsletter: "The club offered 147 rides during the year, with a total of 4,732 miles. 42 members led at least one ride: 33 led 2 or more, qualifying for ride leader patches. The top 3 ride leaders combined led 30% of all the rides for the year."

keep track of your mileage and share the membership form with a friend? Simple. This is especially thick paper. All you have to do is take a razor blade and separate the front from the back. If you try this, let me know ahead of time, so I can offer helpful hints as I videotape you for 'America's Funniest Home Videos.'"

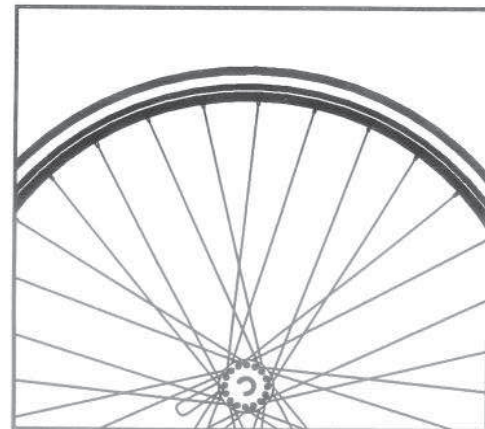
•••

A national tally, completed in December by the Rails-to-Trails Conservancy Coordinator Julie Winterich, lists 443 rail-trails in 42 states, with a combined length of 4890 miles. The Conservancy estimates completion of the nation's 500th rail-trail in October. Therefore it's planning a National Rail-Trail Celebration October 3, 1992, in part to make "rail-trail" a household word.

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Playing by the numbers:

- The Rails-To-Trails Conservancy was founded in 1985; today claims 45,000 members.
- The League of American Wheelmen, founded in 1880, claims 22,000 members nationwide in the Jan/Feb issue of *Bicycle USA*.
- The Central Indiana Bicycle Association (Indianapolis, IN) had 1,807 members at the end of 1991, according to Catherine Dusing, CIBA membership chairperson.



Minutes of IVW Annual Dinner Meeting

November 16, 1991

7:00 p.m. at O'Leary's Restaurant

Attendance: 67

An awards ballot was completed by members as they arrived.

An excellent buffet dinner was enjoyed by all.

Eric Hutchison presided over the evening's activities.

A round of applause was presented to Nick Paweski for making arrangements.

The following awards were presented: "Most Improved Female" to Ilene Dudley

"Most Improved Male" to Don Jacobs
"Hub of the Club" to Glen Thompson
"Broken Saddle" (most miles on club rides) to Bob Scroggs with 2408 miles
"Bike Junkie" to Bob and Mary Scroggs (second year)

Mary Scroggs presented a number of "personal" awards: to sponsors of the progressive dinner ride, to Ron and Jan Matuska for a good ride, to Jacobs and Larson for "best draft," to Ron Chandler for "ride support," and to Peggy Tresenriter for "always being there."

Eric Hutchison expressed appreciation to Bill Wright for his Tuesday evening rides and to Dean Grethey for his superb efforts with the newsletter.

Comments were made by Sam Joslin, new newsletter editor, relative to that task, by Nick Paweski about monthly meetings (members again indicated support for meeting at locations with FOOD) and by Jim Whitmer, ride chairman for '92.

Ron Anderson, treasurer, moved that dues remain the same for '92: \$10 for single memberships and \$12 for family memberships. Motion was approved.

(Ron Anderson provided a financial summary for the year through November 14.)

Numerous (about 26) truly awesome door prizes were awarded compliments of Vitesse Cycle and Russell's Cycle World.

The following board member appointments which were made by the president during the year were approved: Nick Paweski, Bonnie Davis and Jim Whitmer. The following new board members were elected: Sam Joslin, Myron Oesch and Steve Weast.

—Ron Anderson, Secretary.

SECRETARY/TREASURER

Steve Weast446-3413

RIDE COORDINATOR

Jim Whitmer691-7354

SOCIAL

Nick Paweski.....691-8306

MEMBERSHIP

Bonnie Davis694-6604

AT LARGE

Myron Oesch.....682-8777

EDITOR

Samuel Joslin.....688-0922

MAILING

Steve Grube

Terry Threw699-6956

DATA PROCESSING

Bill Semmens.....693-9388

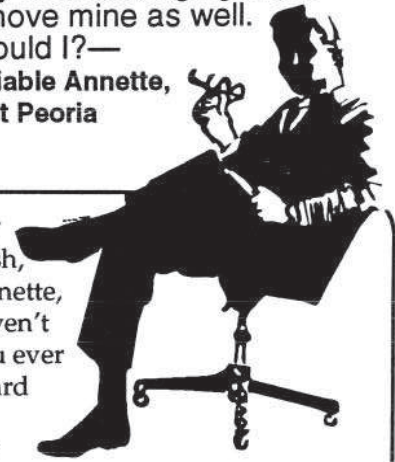
The Illinois Valley Wheelm'n is home to cyclists throughout Central Illinois. Newsletters are distributed each month (except December) through bulk third-class mail. Newsletters are not forwarded, so alert the membership chairperson one month in advance of your move. Membership contributions to the newsletter are welcome—send your articles and personal ads to: Samuel Joslin, 4436 Monroe, Peoria Heights, IL, 61614. All contributions must be received (not postmarked) no later than the 15th of the month.

Dear Dr. Derailleur,

All my friends have taken off their reflectors and now they're encouraging me to remove mine as well. Should I?—

**Amiable Annette,
East Peoria**

My gosh, Annette, haven't you ever heard of the



mattress tag police? There's an entire arm (the one with the tattoo) of the federal government dedicated to enforcing both mattress tag and bicycle reflector laws. I wouldn't cross them for love or money.

Your friends are leading down a long and rocky road (Should they try to hand you a chocolate Power Bar, run for your life). If I were you, I'd triple the number of reflectors on your bicycle. In fact, a number of my friends on the South Side have taken my advice to heart. I've never seen another group of cyclists so interested in gaining nighttime visibility without using batteries or generators.

—D.D

Dr. Derailleur is one of the few independent thinkers in the bicycle press today. Believing that all research on cycling is inevitably tainted by prejudice and opinion, he relies only on the unique power of his trained intellect to arrive at the correct answers to all his readers' questions. Please direct your cycling-oriented questions to: Dr. Derailleur c/o Illinois Valley Wheelm'n, 6518 N. Sheridan, Peoria, IL 61614

For Sale

1979 Motorized Bicycle Carrier (Chrysler). Total weather protection for four bicycles. Add a roof rack for extra bicycles. Can also transport burly mud wrestlers, nuclear waste (with proper license). Sea Mist Green. Never raced, never rolled. \$300.
Ken Beckler 673-8647

58-inch 1C Yakima roof rack. Includes clips to fit Ford Taurus, two SLR bike mounts, locks and locking cable. Excellent condition. \$360 new. Sell for \$270.
Dean Grethey 444-3360

Racer-Mate wind trainer. Suzanne Sommers sold her Thighmaster for one of these! Excellent condition. \$160 new. \$85 firm.
Samuel Joslin 688-0922

IVW ads get results! Reach out and touch the Peoria area's most enthusiastic cyclists. Your ad also reaches a large number of out-of-town bicycle clubs. To advertise in the March newsletter, contact Samuel Joslin before February 15 at 688-0922.

JAN. 1

Barbarians at the Gate

Resting by the locked gates of Jubilee State Park are (L to R) Don Eberle (*background*), Ken Beckler, Beth Beckler, Larry Davis and Karen Austin-Joslin

Now It Can Be Told

Twenty-four members ventured out on the IVW's first ride of 1992—a 24.5-mile round-trip visit to Jubilee State Park. The cold was then overcome with a potluck at Jim and Meg Whitmer's.



Kevin Lantz, ready for the start.



ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

NAME(S) _____

CHILDREN'S NAME(S) _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE () _____ AGE(S) (OPTIONAL) _____

Individual (\$10) Family (\$12) New Renew

Applicant Signature _____ Date _____

Make checks payable to the Illinois Valley Wheelm'n,
Send to: Bill Semmens, 10214 N. Forrest, Peoria, IL 61615

DO NOT WRITE
IN THIS AREA

EXPIRES _____
JOINED _____
PKSNT _____

DISCLAIMER:
In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n bicycle club of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said organization.

The Sunday Morning Eleven-Hundred Club

This 11:00 a.m. ride starts at Groveland School in Groveland (presently is church school located one block west of main drag and one block south of township building). Group usually attends 8:30 a.m. breakfast and plans the day's ride at that time.

Saturday Morning Show-n-go

Washington Square, Washington at 8:30 a.m. Just like it says—ride destination is determined by the group. There's no leader or sweep. Don't park on the square or the back parking lots just off the square. Use side streets away from the square. Meets all year, weather permitting.

The Breakfast Club

So, where were you in January? Do you think one of us has enough time to fill you in on the fall of the Soviet Union and the dangers of flouridated water? Show up for at least one breakfast in February. You don't have to ride (gasp!). We have a whole riding season in front of us. Show up to eat. You know how to eat don't you? Just open your mouth and inhale. (You should see Bacall eat!)

Breakfast starts at 8:30 a.m.

February 2

Dixie Manor, corner of Glen & War Dr.

February 9

Pleasant Hill Antique Mall, E.Peoria

February 16

Cummins Restaurant, N. Knoxville

February 23

Washington Family Restaurant, Washington



Illinois Valley Wheelm'n

6518 North Sheridan Road
Peoria, IL 61614

Bulk Rate
U. S. Postage
PAID
Permit No.310
Peoria IL 61601

MEMBERSHIP EXPIRES: 10/03/92

RON & SHELLY ANDERSON
203 LOCUST
WASHINGTON, IL 61571

FEBRUARY MEETING—O'LEARY'S—FEB. 27

Jack Fuller will update us on the status of the bicycle trail to link Peoria and East Peoria.