



IVW NEWSLETTER

6518 N. Sheridan Rd., Peoria, IL 61614



MAY '92

DOES "BALANCE" TO a cyclist mean having a non-cycling spouse (partner/companion)? I think not! However, there are many of us IVW cyclists that have non-cycling partners. I know because I'm one of those cyclists. Is there a remedy to this dilemma? Maybe.

There are many reasons the non-cycling partner doesn't cycle. Two of the most common reasons are a complete disinterest in cycling



? of Balance by Steve Shaffer

(which is my spouse's position) and fear due to a feeling of incompetence ("Oh, I could never keep up with you, so you go ahead and I'll just do something else."). The first reason or attitude is next to impossible to remedy because there is no desire to change. However, the

second reason can be remedied and it is up to the "balanced cyclist" to make it happen. How, you say? I say P A T I E N C E and encouragement!

I can remember when I first started cycling seriously. I met Bonnie Davis on one of those Tuesday night-type rides to Jubilee Park. I must have been the epitome of incompetence. Bonnie probably never knew how much influence she had on my cycling education nor how many miles she pulled me through. That summer, Bonnie and I rode quite a few miles together. The patience of this woman was incredible.

The IVW ride schedule offers something for everyone this year, especially with the addition of the Thursday night Rock Island Trail ride. The best way to rid oneself of the incompetence complex is to participate in the Tuesday night and/or Thursday night rides led by Bill Wright. These rides are geared to the beginning and novice riders and will build a confidence baseline from which to advance as the season progresses. Just remember that we all had to start the same way and had the same feelings. The important thing is to "just do it." See ya on the road.

—Steve

A Big To-Do About 2-Too-Far

You may have heard a rumor or two about a ride for two that goes too far. Well, it's true—too true. It's a 200-mile tandem ride for two of you! (Singles welcome, too.) Too much? Well, the two of you are welcome to ride your bicycle built for two on the 50-mile loop—one, two, three or four times. Questions? Call Bill Semmens, 693-9388.

Do the Two-Too-Far Ride, Saturday, June 27. We two will lead you from the northwest corner of Metamora at 6 a.m. Do Two!

Members Select New Logo at April Meeting

IF YOU LEFT THE APRIL MEETING early, this may be news to you: Molly Shaffer, 15-year-old freshman at Notre Dame High School has created the new IVW logo. This winning entry replaces a logo at least five years older than Molly herself.

Unfortunately, the new logo could not be resized in time for this month's newsletter—delaying its appearance until the June issue.

Before the IVW contest, Molly fashioned a logo for the Illinois Nurses Association newsletter and a program cover for her school play. In addition, Molly recently placed third in Project Business' business card design contest.

IVW members haven't seen the last of the old logo—a good supply of patches and jackets bearing the veteran design remain for purchase. Contact Ron Anderson at 444-2018 for jacket information and Bonnie Davis at 694-6604 for details on patches.

Finally, would everyone who submitted a design contact the editor? Your efforts deserve recognition in the June newsletter. Call Samuel Joslin at 688-0922.



IT'S THAT TIME OF YEAR again—Concrete Goose® time. As you cycle through scenic Central Illinois, you'll notice geese popping up everywhere.

Some of you may be contemplating the purchase of a Concrete Goose; others of you may be wary and unsure of the intentions of geese on your trainig route.

In any case, certain misconceptions must be addressed

With that in mind, I've included a brief owner's guide to the Concrete Goose in this month's newsletter.

Already have a goose? Read on to ensure that your goose is getting the kind of care and attention it needs.

Congratulations!

You're now the proud owner of one of America's favorite pets, the Concrete Goose®. Like all first-time Concrete Goose owners, you're bound to have some questions concerning your new friend. We've included the following information to address your need for information—

Behavior

The Concrete Goose is a very docile animal. In fact, your new pet is so well behaved that no fence or leash is required to restrain it. Even those communities with mandatory leash laws look the other way when they see a Concrete Goose on the loose.

Cleaning

Unlike other types of geese, the Concrete Goose doesn't seem to care about its appearance. If, however, you find the need to clean the goose to meet your own hygienic standards, a brush and garden hose seem to do the trick quite nicely.

Feeding

No special food is required. No food at all, as a matter of fact. Scientists still aren't sure how the Concrete Goose sustains itself, except perhaps by absorbing small amounts of moisture from normal rainfall over a period of years.

Housing

Although some owners provide their Concrete Geese with quite impressive surroundings, you'll soon find that your new companion does just as well in the open air as it does in a corner of the living room.

Sex

Unfortunately, the Concrete Goose is incapable of normal reproduction. If you'd like to add to your feathered family, you'll need to enlist the services of an approved Concrete Goose breeding farm.

Swimming

The Concrete Goose is the only member of its species which can't swim. However, it can live underwater for an indefinite period of time. If you insist upon taking your Concrete Goose to the beach, please attach a colorful buoy to its neck so you can locate it easily when your visit is over.

Voice

Perhaps you've noticed your Concrete Goose is mute. Unlike most of its warm-blooded relatives, no Concrete Goose has ever honked (except in the forest, when no one's around). This is a huge benefit for apartment dwellers who have always wanted a goose but were leery of the noise.



For more info (or just good goose conversation) call:
Concrete Goose® Breeders of Illinois @ 1-800-GOQUACK



My wish is that all of us may find joy in perfecting forms of the good that reside close at hand. Our consciences, our families, our friendships, our bicycle club. Lead a ride, work a food stop, do something for the club. Everybody gives, everybody benefits.

The Peoria Park District is now working to connect the Rock Island Trail from Alta to its trail—along the river at the Dresser plant on North Adams Street. This goes south to the boat works.

They are also going to have a meeting on bicycle commuting when they can get all the people together. The I.V.W. will get an invitation, but anyone can attend, open to the public [Don, as always, wrote his article well before deadline, while the editor, as of late, finished the newsletter well after the deadline. In the interim, one meeting (with IVW representation) has already taken place—Ed].

The East Peoria Trail will not hook up with Peoria 'til the new Michael bridge is open.

There were seven people from our club on the Spring Break Tour in Florida. John Antram, Gregg Benning, George Dudley, Harold Moloney, Gary Mort, Peggy Saal and myself. Daytime temperatures were in the 70–80° range—it cooled down at night. Had one rain shower while we ate lunch one day. Sunshine a' plenty. Wednesday the 18th was an off day or a rest day. Some of us rode, some took the bus to Orlando to see the sights and some just stayed at camp.

Two people were hit by cars—the woman got a broken elbow while the guy suffered more serious injuries and spent the rest of the time in the hospital. However, all of us came home.

The old Sugar Mill Camp Ground had to be rated triple-A. It had everything we needed from a pool to a laundry and lots of hot water. It was a little over a mile to a

shopping center that had everything. The bunks in the trailer were a little small so some of us used the tents they put up for us. Some people brought their own.

If you have a cholesterol problem, the food from Wheel's kitchen is not for you—I had to make adjustments.

Beside us IVW people and the Joliet group, there were others, young and old. One fellow was 78 years old. A couple of boys might have been in junior high. They came from Wisconsin, Indiana, Ohio, Connecticut, Maryland and Kentucky. On the way home we had bus trouble—had a seven-hour layover at a full service truck stop in Seymour, IN waiting on another bus to pick us up.

Except for the people who got hurt, I would say everybody had a good time. I know I did—already thinking of next year. . . .

March 25—Steve Grube and I headed to Pekin in a southwest wind and we tried out a new food stop—Annie's Family Restaurant on South Second Street, just past the Dairy Queen. It was OK. We picked up a kid in the parking lot at Fon Du Lac where we started. He answers to Phil England.

Everybody riding should use some kind of rear view mirror. If I don't have mine on, I feel half undressed.

I did it. On April Fool's Day, for reasons unknown, I ran into Steve Grube, and that's no joke.

The Break-Out Ride was successful—there must have been close to 50 people. I thank you, one and all.

How about Les Siegrist and his new Trek 5200? Welcome back, Les.

Semmens says: No Baloney will ride again, June 6. Be there.

I feel like I've said enough in the newsletters for a while, therefore this will be my last article for now. Hope you get all the miles you want this season—see you on the road.

—Don Eberle

Dear Dr. Derailleur,

My friend and I have a bet going. I ride a bicycle with tubular tires. I mount the tires with double-sided adhesive tape. I started racing Category IVs in 1979. I moved up to become a Cat. III when the USCF changed its rules in the mid-80s. Here's my question: I've been racing a long time. How many teeth should I have left?
**Vincible Vinny,
Pekin**

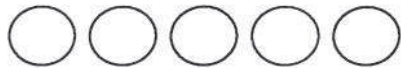


Geez,
I'm not
sure,
Vinny. How many did you
have to start with?

Dr. Derailleur is one of the few independent thinkers in the bicycle press today. Believing that all research on cycling is inevitably tainted by prejudice and opinion, he relies only on the unique power of his trained intellect to arrive at the correct answers to all his readers' questions. Please direct your cycling-oriented questions to:

Dr. Derailleur
c/o Illinois Valley Wheelm'n
6518 N. Sheridan Rd.
Peoria, IL 61614





Debut Commute

—by Eric Hutchison

"Today's fair weather clouds will disperse, giving us mostly sunny skies tomorrow with highs in the mid 50s." NOA's words are music to my ears. It's the eve of my inaugural 1992 bicycle commute to work and I'm excited.

"It's the eve of my inaugural 1992 bicycle commute to work and I'm excited."

I'll spend the evening getting garb & gears ready for my dawn debut. My Trek seems to breathe a sigh of relief when I unbridle him from the mag-trainer. Time to replace the VistaLite batteries (finally) and dig out the faded-but-still-reflective safety vest. Personally, I've found that loud colors are always fashionable for cyclists. Also time to rediscover the wonders of polypropylene—I hope not all my Lifa is lurking in the laundry tonight.

"...Tomorrow I ride in steel-toed boots."

Due to some shuffled job responsibilities, I have a chance to try out a new pedal "system" this year. It is clipless, but I fear it will take a blowtorch to make the fad catch fire—tomorrow I ride in steel-toed boots.

No complaints on the location change, though. I get to ride downtown (and downhill, incidentally) instead of my usual, more challenging commute

Taking Time Out

—by Mary Scrogg

LIFE THESE DAYS isn't very easy for anyone—there seems to be so much stress and worry in our everyday lives that many of us have forgotten the really important things in life . . . so here's a suggestion—it worked for me!

Take your bike out and go for a ride—just you and your bike. Don't have any destination or time in mind, just ride along, enjoy the countryside and let your mind relax. Smell the fresh country air (o.k., so sometimes it doesn't smell all that great!) and look at the countryside. Think about the important

things in life—your health, your home and your family and try to focus on the positives . . . there really are some you know!

The other morning I went out all alone and rode for about an hour. It was great—the birds were singing, the sun was shining—all was right with my world. Helped me to remember that I can only fix those things directly in my control.

We all need moments to replenish our strength—after all, we're no good to anyone else if we're not good to ourselves first. This is just a thought that worked for me—Happy Trails!

—Mary

through Peoria's North Side (residential streets which actually go somewhere were never given a high priority up there*).

But enough Peoria-bashing—tomorrow I ride. It's sort of like Christmas Eve tonight (except it's spring and I'm glad about the green Christmas). My gift tomorrow will be arriving at work, alert and smiling, knowing I've already accomplished something worthwhile. Something good for the body, head, wallet and the environment—not a bad achievement before 7 a.m.

*NOTE—Route 88 (Knoxville) reconstruction is being planned. We have a chance to make a difference, folks. You can make a difference with twenty minutes of your time and a letter to the Illinois Department of Transportation. Review last month's newsletter for details on the construction and the address to write, or call editor Samuel Joslin at 688-0922 for more information. To paraphrase "the voice" from Field of Dreams, "If you write it, they will listen." Drag out those typewriters today.

PRESIDENT Steve Shaffer	685-4726
AT LARGE George Dudley	692-7076
SECRETARY/TREASURER Steve Weast	446-3413
RIDE COORDINATOR Jim Whitmer	691-7354
SOCIAL Nick Paweski	691-8306
PC CHAIRPERSON Laura Otten	699-1200
MEMBERSHIP Bonnie Davis	694-6604
EDITOR Samuel Joslin	688-0922
MAILING Steve Grube Terry Threw	699-6956
DATA PROCESSING Bill Semmens	693-9388

The Illinois Valley Wheelm'n is home to cyclists throughout Central Illinois. Newsletters are distributed each month (except December) through bulk third-class mail. Newsletters are not forwarded, so alert the membership chairperson one month in advance of your move. Membership contributions to the newsletter are welcome—send your articles and personal ads to: Samuel Joslin, 4436 Monroe, Peoria Heights, IL, 61614. All contributions must be received (not postmarked) no later than the 15th of the month.

Rides Of Interest

MAY

SAT 16 1992 McLean County Spring Metric. 50 & 100Km routes. Registration from 7 to 8 a.m. for 100Km riders (to 9 a.m. for 50Km) at Davis Lodge, Lake Bloomington. Includes route, sage, map and food (all-you-can-eat-spaghetti). Registration \$12 until May 1st; \$15 thereafter. Family rate: \$30 before May 1st; \$36 thereafter. Make checks to McLean County Wheelers, P.O. Box 947, Bloomington, IL, 61701.

SUN 17 Decatur Freewheelers Spring Metric '92. Two loops—37 and 25 miles. Includes: sag, maps, food & water stops and a BBQ meal. Registration open from 7 to 10 a.m. Registration: \$10 by May 1; \$12 thereafter. Make checks to Decatur Freewheelers, Inc. Mail to: Michael Simpson, 1625 Decatur St., Decatur, IL, 62522.

FRI 22—MON 25 GEAR in the Bluegrass (NOTE: REGISTRATION FORM IN LAW ALMANAC IS INCORRECT, DO NOT USE) This national LAW rally includes: over 30 rides in Central Kentucky; exhibits of bicycle-related items and; workshops on all aspects of cycling. GEAR in the Bluegrass, P.O. Box 8044, Lexington, KY 40533.

SAT 23, SUN 24 Blackhawk Metric. Blackhawk Bicycle Club

SAT 30 American Cancer Society Bike-A-Thon. Fundraising team ride at Glen Oak Park. Four to five members per team. All riders receive lunch and a T-shirt. Prizes awarded to top fundraisers. Traveling trophy awarded to team collecting the most pledges. Registration: minimum \$10 per team member. For more information contact Kent Kowalske, 693-4880.

JUNE

SAT 6 Udder Century. McHenry County Bicycle Club

→ **SAT 6** Pedal-In. Illinois Valley Wheelm'n. Bill and Julie Semmens—organizers (693-9388). Sign-up sheets available.

SAT 6, SUN 7 Ride to the River. 62 miles each day. Macomb—Nauvoo—Macomb. Overnight camping. Ask the editor.

SUN 7 Hoosier Hills. Sat: 25, 60, 100 miles. Sun: 25, 50 miles. Both days rolling to hilly. Includes map, patch, sag, marked route, food (including lunch and entertainment Saturday). Registration \$10.50 until May 17; \$12.50 thereafter. For application write: Bloomington Bicycle Club, c/o Barbara Anderson, P.O. Box 463, Bloomington, IN 47402.

SAT 13, SUN 14 15th Annual Tour of Mississippi River Valley (TOMRV). Saturday: 106 miles from Bettendorf, IA through Galena, IL to Dubuque IA. Sunday: 86 miles return. Challenging terrain. Short course available. Includes: baggage transfer, Saturday night dinner, T-shirt, water bottle, fanny flag, map, cue sheets, marked route, sag. Overnight accommodations not included in fee. Non-refundable registration: \$40 before March 31; \$45 before April 30; \$50 before May 31. TOMRV 15, c/o Susie LaForce, 2023 East 45th St., Davenport, IA 52807. For info, call (319) 355-5530.

SUN 14—FRI 19 Ride Around Wyoming (RAW). 6-day, 447-mile journey around the Wind River Mountains begins and ends in Jackson, WY. Includes: sag, baggage transport, aid stations, repair van, medical support, souvenir, overnights in five towns (outdoor camping; limited indoor space also available), maps, cue sheets, marked route and certificate of completion. Meals are each rider's responsibility. Registration: \$90 before April 13. Limit 200 riders. Confirmation via SASE. For application write: Ride Around Wyoming, Inc., c/o Bob Faurot, 18 Paradise Drive, Sheridan, WY 82801. For more info, call (307) 672-6323.



FRI 19—SUN 21 1992 Michigan National 24-Hour Challenge. Ask the editor.

SAT 20, SUN 21 Mississippi River Ride. 40/70 mile options each day. Loop ride starts in W. Burlington with overnight stay in Nauvoo, a restored Mormon community. Fully supported ride over mainly flat, lightly travelled roads. Call (800) 827-4837. Write BikeBurlington, P.O. Box 1135, Burlington, IA, 52601.

SAT 20—SAT 27 7th Great Annual Bicycle Adventure Along the Wisconsin River (GRABAAWR). 500-mile route (or any of seven legs) mainly follows low-traffic, county and town roads from Boulder Junction to Prairie Du Chien, WI. Helmets mandatory. 1,000 rider limit. Non-refundable registration: \$140 before June 1, \$175 thereafter. Includes transport from Prairie Du Chien to start (not guaranteed with late fee); seven overnights; baggage transport; sag; map and cues; commemorative jersey and patch. GRABAAWR, P.O. Box 6148, Madison, WI 53716-0184. For info, call: (608) 256-2686.

SAT 20 Sangamon County Fair Metric. Springfield Bicycle Club

SUN 21—SAT 27 Touring Ride In Rural Indiana (TRIRI). 435 miles, flat to very hilly. Includes amp, patch, sag, marked route, food, camping, baggage transport and t-shirt. Registration \$160 until June 14. For application write: Bloomington Bicycle Club, c/o Barbara Anderson, P.O. Box 463, Bloomington, IN 47402.

SAT 27, SUN 28 MCBC Little Trouble. McHenry County Bicycle Club
SUN 28 Swedish Days. Fox Valley Bicycle Club

TUES 30—SUN, JULY 5 Tour de St. Croix/1992 League of American Wheelmen National Rally, River Falls WI. Workshops and rides each day. Sponsored by LAW, Minnesota Coalition of Bicyclists, Eco Tourism Council, Inc. For registration packet, contact Jerry Waller, 1992 National Rally Coordinator, 102 N. 9th St., River Falls, WI 54022. For more info, call (715) 425-1009 or (715) 425-4484.

JULY

SAT 18 Ride Across Indiana (RAIN). 160 miles, from Illinois-Indiana state line to Richmond, IN, rolling terrain. Includes map, sag, marked route, food, t-shirt. Registration \$20. For application write Bloomington Bicycle Club, c/o Steve Merry, P.O. Box 463, Bloomington, IN 47402. For more info, call (812) 339-4717.

AUGUST

SAT 1—TUES 4 1—4 Across Illinois. Joliet Bicycle Club

SEPTEMBER

→ **SUN 13** Capital City Century. Springfield Bicycle Club.
SAT 19 Diane's Ride. Illinois Valley Wheelm'n

SUN 27 19th Annual Apple Cider Century®, 25,50,75,100 miles. Three Oaks, MI. Includes marked route, map, fanny flag, sag, food stops, certificate of recognition and spaghetti dinner. Limited to 7000 riders. Registration \$20 by July 31st. No late registration. ACC '92, P.O. Box 7000, Three Oaks, MI 49128. Info hotline: (616) 756-3361. Include SASE (business size) with application fee. Sponsored by Three Oaks Spokes Bicycle Club.

- Most formal rides require signed liability form. Please request complete entry form from sponsor before submitting registration fee.
- Entry forms for some rides are available at monthly IVW meetings and from the editor.
- If requesting information by mail, please include a stamped, self-addressed envelope.

The Three "Rs"—Run, Ride, Run

—by Sue Weast

ARE YOU THE KIND OF bicyclist who, even on one of Bill Wright's "social rides" cannot resist the temptation to try to stay out in front of the other riders? You like to ride fast and constantly challenge yourself to keep the speedometer at 18–20 mph or better? Yet you never really gave much thought to citizen races, feeling perhaps it was too dangerous or you had little chance of winning?

Have you ever thought of trying a biathlon?

In the Kewanee biathlon held in May (now called a duathlon to avoid confusion with running and shooting events), athletes run a flat three-mile course, then bicycle 23 miles. Anyone who bicycles regularly should be able, with a few practice sessions, to complete a three-mile run.

Awards are presented to each age group. Age groups usually span five to ten years, so if you're in your forties or fifties, you needn't worry about competing against youngsters.

In most biathalons cyclists have an advantage over those who are primarily runners. For one thing, the cyclists usually have better quality bikes.

Because the run is held first, by the time you take off on your bike the group is strung out—cyclists aren't crowded together risking collisions. Although you may already be three or four minutes behind the better runners, this time can easily be made up by a well-trained cyclist.

With awards usually three-deep in each age group, everyone has a chance of walking away with a medal or trophy. If you're female and/or over forty, your odds are even better. Even if you don't win

anything, you'll finish the race with a sense of satisfaction and you'll be anxious to find out when the next biathlon will be held.

However, you may need to train more for the running portion as many biathalons are run-bike-run. An especially tough one I competed in last year was at Jubilee State Park. The three-mile run was out-and-back starting down the hill toward the campground. You finish the run coming back up that hill. (If you've ever biked up that hill you know it's a killer.) Then you take off on the bike, leave the park and go down Grange Hall Road. After turning around on Trigger Road and going back toward the park, you're thinking the bike portion is a piece of cake. But then, instead of heading directly back to the park on

Grange Hall, you're directed to a little side trip on Evans Mill Road. If you haven't had a

chance until now to show off your expertise at gearing, you will now. But the fun really begins when you get back to the park, hop off your bike and take off running again. Yes, the same course down the hill to the campgrounds again. When you come back up the hill to the finish line, you think you're going to die, but you don't. Instead, you're filled with exhilaration and pride, especially if you can look back and see at least one person behind you.

Even if you don't consider yourself a competitive person, I recommend you try a biathlon just for the fun of it. The Kewanee "Duathlon" is on May 17 this year and is an excellent one for beginners. I think I even have my husband talked into trying it this year. He figures even though I'll probably beat him on the run, he can easily catch me on the bike. Well, we'll see about that.

If you would like more information on area biathalons, give me a call at 446-3413. I have extra entry forms for the Kewanee race.

—Sue



Have bikes, will travel—Jack Welch and Les Siegrist before the Break-Out Ride.

News and Notes

The IVW Pedal-In, or, "No Baloney Rides Again" is June 6 and starts at Wildlife Prairie Park. The No-Baloney committee is searching for ride-day volunteers to work food stops and registration areas. Times and locations are assigned on a first-come, first-served basis. So are the free T-shirts for workers, so get those names to Bill Semmens as soon as possible.

We're also looking for homemade cookies to satisfy hungry rides as they pedal through the countryside. The baker providing the most cookies will get a worker ride shirt for his/her effort. Anyone interested in a preview of the route can join the route marking ride, 8:00 a.m., May 30, from Wildlife Prairie Park. Call Jim Whitmer at 691-7354 for more information.

Executive Board meetings have been moved to 8:00 p.m. on the third Thursday of each month. Following is a list of meeting locations for upcoming months:

May 21	George Dudley
June 18	Nick Paweski
July	No board meeting
August 20	George Dudley

There's a new name in the Wheelm'n leadership phone list: Laura Otten. She is the head of the PC committee, a soon-to-be-renamed group formed to advocate and facilitate bicycle access and consideration. Laura's background includes a stint with the federal Department of Transportation. She currently works as a law clerk for a local federal judge. She is also the sister of another IVW member—Julie Semmens. Ask Laura how you can help cycling today—call her at 699-1200.

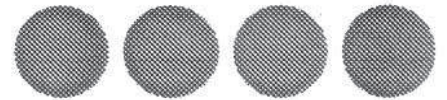
Keeping up with the Wittmers (Whitmers?)

ONE BICYCLE CLUB and two Jim Wittmers—or is it Jim Whitmers? Actually there is one of each, for which we imagine our wives are thankful. Sharing a name with another person isn't really a problem if your name is Smith or Jones, but not Wittmer (Whitmers).

Jim Wittmer has been a member of the IVW since 1989, has a wife, Ann, twins Tim and Andy and another son, Mark. Jim Wittmer's fleet of two-wheeled vehicles includes a Paramount road bike, a Specialized mountain bike and six other bicycles of various sizes for the remaining family members. Jim has attended several club meetings and has helped out on club sponsored rides. Upon receiving a multi-speed bicycle for his 40th birthday, Jim Wittmer realized his interest in cycling. As an engineer for CILCO, Mr. Wittmer finds organized rides, metric centuries and full centuries fit the easiest into a busy schedule.

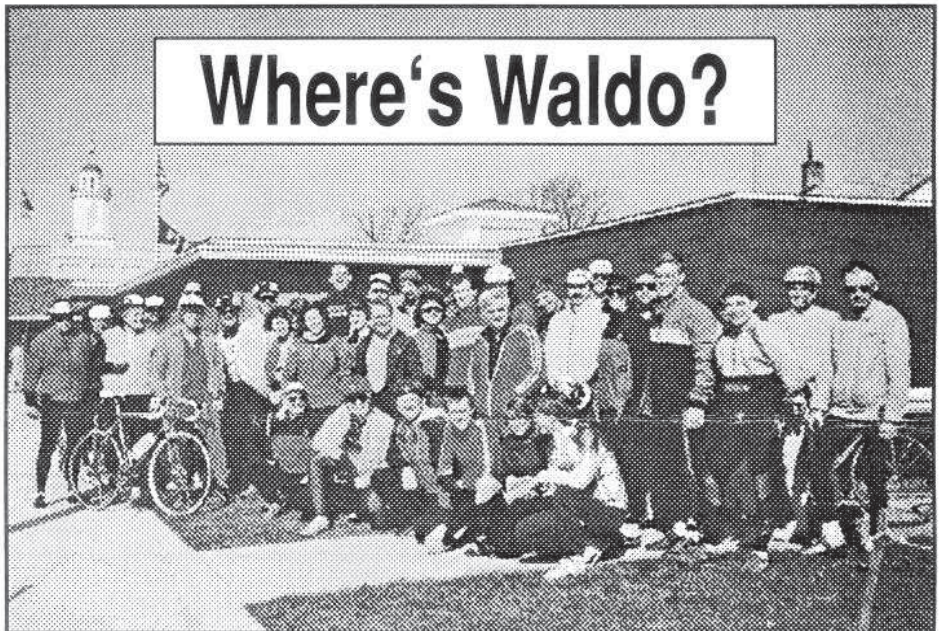
Jim Whitmer has been a member for just over a year, as has his wife, Meg, who is also an avid cyclist. Due to Whitmer's inability to keep his mouth shut, he was nominated and elected to serve as Chairman of the Ride Committee. Guess you either put up or shut up . . . This Whitmer has two Cannondale racing

bicycles: a red SC800 and a blue SR500. Hey, everyone needs a rain bike and no children (How do you people with kids find time to ride?) Jim Whitmer enjoys riding with a group and very seldom rides alone. Riding with a group of people reinforces that this is not as ludicrous as many of your friends continue to tell you.



In looking through the IVW telephone list, I see we are not the only Peoria-area cyclists to share a common name. Although I don't know either Tom Clark (1001 Polk St. Morton) or Tom Clark (1120 Eller Dr. East Peoria), maybe the four of us could go for a ride sometime.

—Jim Wittmer
—Jim Whitmer
—Jim Whitmer



They came, they saw, they ate fresh sausage (most of 'em, anyway). Don Eberle & Jim Whitmer led the Annual Spring Break-out ride to Metamora, April 6.

ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

NAME _____ BIRTHDATE _____

NAME _____ BIRTHDATE _____

NAME _____ BIRTHDATE _____

NAME _____ BIRTHDATE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE () _____

Individual (\$10) Family (\$12) New Renew

Applicant Signature _____ Date _____

Make check to: Illinois Valley Wheelm'n, 6518 N. Sheridan Rd., Peoria, IL

**DO NOT WRITE
IN THIS AREA**

EXPIRES _____

JOINED _____

PKSNT _____

DISCLAIMER:
In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n bicycle club of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said organization.

April Showers...May Meeting
(coincidence? You decide)

Spring Break Revisited

EIGHT OF OUR MEMBERS WENT TO FLORIDA in mid-March with Wandering Wheels, the Joliet Bike Club and a few others.

At the May meeting we will have a slide presentation by Peggy Saal and George Dudley, with rebuttal by those who show up to defend themselves.

Learn the answers to such earthshaking questions as, "How many cyclists can a possum carry? Who is coach? What goes on at Ron Jons? What's this about a busboard romance? And, how can you have lunch in Mexico and dinner in Morocco?"

Make it to the May meeting. See you at the East Peoria Avanti's, May 28, 7:30 p.m.

Join us as we roll across
Central Illinois this season.
Check out the ride schedule!



Illinois Valley Wheelm'n

6518 North Sheridan Road
Peoria, IL 61614

Bulk Rate
U. S. Postage
PAID
Permit No.310
Peoria IL 61601

MEMBERSHIP EXPIRES: 10/03/92

RON & SHELLY ANDERSON
203 LOCUST
WASHINGTON, IL 61571

MAY MEETING—MAY 28—7:30 P.M.

Cycling in Florida with Wandering Wheels . . .

. . . at East Peoria Avanti's