

# Illinois Valley WHEELM'N

AUGUST 1992



6518 NORTH SHERIDAN ROAD, PEORIA, ILLINOIS 61614

## TWO TOO FAR...



It's two, two centuries in one! Bill and Julie Semmens added 200 miles to their ride log in 14 hours June 27 (actual bike time: 11:26). But don't think they got carried away. As of July 19, they had yet to remount their trusty steed for another spin.

*sorry,  
? of Balance,  
Tire Tracts,  
and  
Dr.  
Derailleur  
have the month  
off.*

*See you in September!*

### Health Food Feast (HFF)

The Annual HFF will be held after the Wednesday night ride on August 19, at the Bennings' house in Lake of the Woods. Please bring any breads, fruits, salads or vegetables to pass.

Remember, the longer you ride, the less time you'll have to eat. Everyone is welcome . . . if you cannot make the ride, help us with the chow from 7:15 p.m. 'til it's gone.

Call Gregg/Liz at 243-5206 for further information.

### New Members

Terry Boord & Angela  
James Hooker  
Kathryn Pyszka  
Christopher Gynn

Brimfield  
Peoria  
Peoria  
Morton



# News & Notes

- **Bonnie Davis** is looking for someone to help on the membership committee. Call Bonnie at 694-6604.
- **IVW Quiet Hero Club** members are blood donors who agree to donate on a regular basis. If you can do so, simply identify yourself as a member of Quiet Hero Club #000560 when you show up to donate at the blood center or bloodmobile.  
Ron Anderson 444-2018  
Quiet Hero Club Coordinator
- **Upcoming IVW meeting locations:** September 24—Leonardo's, October 22—O'Leary's. Call Nick Paweski for more information at 673-0098.
- **What do your feet look like at night?** Find out during a moonlight hike with the Pimiteoui Trail Association. IVWer and PTA president Carol Hallock leads the journey August 16 at 8:30 p.m. from the Pimiteoui sign on Grandview Drive. Call Carol at 688-1165 for more information.
- **Not Just Peanuts** A fun food fact culled from a Turner Broadcasting ad in the May 25 issue of *Advertising Age*. The average American eats 1,279 pounds of snack food in a lifetime.
- **Brother, Can You Spare \$9.80?** From the February issue of *M* magazine: In 1990, Washington D.C. police issued 483 bicycle-related traffic citations. Total take in fines: \$4,735—the cost of an average large pizza per ticket. Do the crime, do the time . . .

## And now, for a word from our sponsor..

**The Fifth Annual Proctor Cycling Classic** is just around the corner—August 9. How does a national caliber race featuring \$20,000 in cash in prizes happen? With the help of corporate sponsors and dedicated volunteers. Be sure to thank these sponsors for their support:

- |  |                           |
|--|---------------------------|
| • Proctor Hospital•                    | AT&T                      |
| • Panasonic/Matsushita•                | WMBD-TV                   |
| • Taco Bell•                           | WMBD/KZ-93                |
| • In Motion•                           | CILCO                     |
| • Ruppman Marketing Technologies, Inc. |                           |
| • Illinois Heart Institute•            | Adams Outdoor Advertising |
| • Peoria Park District•                | True Value Hardware       |
| • Caterpillar Inc.•                    | Vitesse Cycle Shop        |

Plus, the following hotels have donated rooms for the top amateur and professional riders: Holiday Inn Brandywine, Best Western Mark Twain Hotel, Hotel Pere Marquette, Jumer's Castle Lodge and Signature Inn.

Criteriaums start at Hamilton and Jefferson in downtown Peoria at 9:00 a.m. The 100-mile road race, with top-ranked amateur and professional riders in attendance, gets underway at 1:00 p.m.

Want to be a part of the action? Call Dave Branyan at Proctor Hospital, 691-1070, or Lesley Matuszak or Rich Reynolds at 673-8191, and volunteer to help today.

## Bicycle Guide gets new publisher

Jean Claude Garot, publisher of *Winning Bicycle Illustrated* and *Triathlete* magazines has won the rights to publish *Bicycle Guide*, according to the May '92 issue of *Winning*. Garot claims the three magazines capture a total circulation of 285,000 readers.

The Illinois Valley Wheelm'n  
Peoria, IL

<b>PRESIDENT</b> Steve Shaffer	685-4726
<b>VICE PRESIDENT</b> George Dudley	692-7076
<b>SECRETARY</b> Name	
<b>TREASURER</b> Steve Weast	446-3413
<b>RIDE COORDINATOR</b> Jim Whitmer	691-7354
<b>SOCIAL</b> Nick Paweski	691-8306
<b>PC CHAIRPERSON</b> Laura Otten	699-1200
<b>MEMBERSHIP</b> Bonnie Davis	694-6604
<b>EDITOR</b> Samuel Joslin	688-0922
<b>MAILING</b> Steve Grube Terry Threw	699-6956
<b>DATA PROCESSING</b> Bill Semmens	693-9388



a member club of the  
League of American Wheelmen

The Illinois Valley Wheelm'n is home to cyclists throughout Central Illinois. Newsletters are distributed each month (except December) through bulk third-class mail. Newsletters are not forwarded, so alert the membership chairperson one month in advance of your move. Membership contributions to the newsletter are welcome—send your articles and personal ads to: Samuel Joslin, 4436 Monroe, Peoria Heights, IL, 61614. All contributions must be received (not postmarked) no later than the 15th of the month.



**OTHER RIDES OF INTEREST**

**AUGUST**

SAT 1-TUES 4 Across Illinois. Joliet Bicycle Club.

SAT 8-SUN 9 Amishland and Lakes. Howe, IN. 55 flat-to-rolling miles each day. Includes map, patch, sag, route markings, snacks. Registration \$12. Michiana Bicycle Club, John W. Gardner, 56085 Cedar Rd., Mishawaka, IN 46545. (219) 256-6735.

SAT 23 Prairie Fall Century. Champaign, IL; Crystal Lake Park. 35,65,100 miles. Contact Peter Davis—(217) 352-7600.

**SEPTEMBER**

SAT 5, SUN 6 COMPACRACC. Shorter version (100-miles over 2 days) of PACRAAC. Registration \$25 before July 21, \$45 before August 21, \$55 thereafter. See next entry.

SAT 5-MON 7 11th Annual Pantagraph Area Cyclist Ride Around Corn Country (PACRAAC). 220-mile ride over lightly traveled roads in Central Illinois. Includes five all-you-can-eat meals, camping, baggage transport, route services and more. Registration \$45 before July 21, \$55 before August 21, \$75 thereafter. HELMETS REQUIRED. The Pantagraph, Marketing Services, PACRACC, 301 W. Washington St., P.O. Box 2907, Bloomington, IL 61702-9973.

SUN 13 Capital City Century. Springfield Bicycle Club.

SAT 19 Diane's Ride. Illinois Valley Wheelm'n. Nick Paweski, chairperson. Call (309) 691-8306.

SUN 20 Spoon River Scenic Century. 30,65,100 miles. Canton, IL. Includes map, marked route, sag service, rest stops, showers. Registration \$10 before September 4; \$12 thereafter. Spoon River Wheelmen. More information available from editor. 688-0922.

SUN 27 19th Annual Apple Cider Century®, 25,50,75,100 miles. Three Oaks, MI. Includes marked route, map, fanny flag, sag, food stops, certificate of recognition and spaghetti dinner. Limited to 7000 riders. Registration \$20 by July 31st. No late registration. ACC '92, P.O. Box 7000, Three Oaks, MI 49128. Info hotline: (616) 756-3361. Include SASE (business size) with application fee. Sponsored by Three Oaks Spokes Bicycle Club.

**OCTOBER**

SAT 10, SUN 11 Hilly Hundred. Fifty miles each day. Bloomington, IN. Don't wait to inquire—extremely popular ride. Hilly Hundred, 5224 Grandview Dr., Indianapolis, IN 46208. Call for more info: (317) 251-4130.

**Strawberry 100**

**D**O YOU LIKE FRESH STRAWBERRIES, fruit, snacks, chili dogs, cheese sandwiches, homemade cookies, more strawberries and lots more cookies? If you do, you should have been at the Strawberry 100 in Crawfordsville, Indiana on June 13 and 14.

This two-day tour around west-central Indiana takes you down near Shades State Park and up north toward Lafayette with a few hills and grades, making it a very

enjoyable ride for Roger and Sandy Jensen. (Also with us were Bob and Jean Childers from St. Louis. Bob has added a gray beard to his big moustache, but is just as rambunctious as ever.)

The ride is held along with the Stawberry Festival which has lots of arts and crafts booths, antique dealers, flea markets, food stands, antique tractor and car shows, concerts, dances and talent contests.

Back to the ride—it attracts

about 130 riders and features camping right in the park where it starts and ends. The camping area is shady and you get the use of showers at the swimming pool nearby. The organizers offer a very good spaghetti dinner Saturday night. There are also some very good nearby restaurants.

This was our second year and we hope to make it a regular event.

—Roger Jensen

**ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION**

NAME \_\_\_\_\_ BIRTHDATE \_\_\_\_\_

NAME \_\_\_\_\_ BIRTHDATE \_\_\_\_\_

NAME \_\_\_\_\_ BIRTHDATE \_\_\_\_\_

NAME \_\_\_\_\_ BIRTHDATE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE ( ) \_\_\_\_\_

Individual (\$10)  Family (\$12)  New  Renew

Applicant Signature \_\_\_\_\_ Date \_\_\_\_\_

Make check to: Illinois Valley Wheelm'n, 6518 N. Sheridan Rd., Peoria, IL

**DO NOT WRITE IN THIS AREA**

EXPIRES \_\_\_\_\_

JOINED \_\_\_\_\_

PKSNT \_\_\_\_\_

**DISCLAIMER:**  
In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n bicycle club of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said organization.





# Diane's Ride and Pasta Fest '92

38,62,100 miles on country roads  
Saturday, September 19  
Lake Camelot Clubhouse  
Registration \$12 before September 12;  
\$14 thereafter

**August 27 Meeting  
East Peoria Avanti's  
7:30 p.m.**

**Ted Sanders, District Representative,  
League of American Wheelmen**

Ted will talk about bicycle advocacy and opportunities presented by recent federal legislation.

Great roads, good company and a catered meal. Where do you sign up? Pick up an entry form at local bike shops, or ask Nick Paweski to mail you one. Call Nick @ (309)673-0098.

*Remember to save your ice cream buckets for Eric Hutchison and Diane's Ride's salad bar!*

**MORE GREAT RIDES INSIDE!**

## Illinois Valley Wheelm'n

6518 North Sheridan Road  
Peoria, IL 61614

Bulk Rate  
U. S. Postage  
**PAID**  
Permit No.310  
Peoria IL 61601

MEMBERSHIP EXPIRES: 10/03/92

RON & SHELLY ANDERSON  
203 LOCUST  
WASHINGTON, IL 61571

**MONTHLY MEETING—7:30 p.m., AUGUST 27**

L.A.W. representative Ted Sanders

. . . at East Peoria Avanti's