Illinois Valley MHEELMOR

V AY

6518 NORTH SHERIDAN ROAD, PEORIA, ILLINOIS 61614

Pedal-In 1993 Is On and better than everl Join Us For

"Tour de Prairie"

his year's ride again starts from Wildlife Prairie Park on Saturday, June 5.

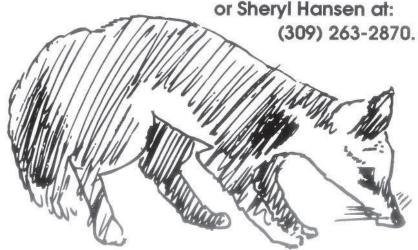
The same SLINKY slopes and CRAFTY curves will be there to test the skills of BUSHY-TAILED breakaways and WILY road warriors (couch-CRITTERS beware!).

For those HOUNDED by hunger there awaits a feast fit for the most famished MEAT-EATERS! (Of course, FRUIT- & COOKIE-EATERS will also be accommodated.)

Details in the flyer being distributed now.

Cookie bakers—Get out those recipes!

For more info, call Sue Weast: (309) 446-3413,



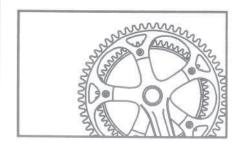
Why, this must be the year of the ____?

NEW MEMBERS

Mona BaleDa	anvers
Dan & Jason Blankenship,	
Jane Blankenship-Sieck,	
Charles & Rich SieckD	unlap
Amy & Joe Buysee	
Christopher, Harold, Michele	
& Renee GarrelsD	unlap
Aaron, Kenneth, Marc	•
& Marcia KincaidE	ureka
Terry O'ReillyMeta	amora
Larry L. Robbins	
Ty RoweCreve	
Larry VoylesM	lorton

RENEWING MEMBERS

Brad Bateman	Peoria
Gwen, Justin	
& Ron Chandler	East Peoria
Chris Drew	East Peoria
Don Eberle	East Peoria
Alice Feldman	
Bill Grieshober	Peoria
Karl & Marilyn Henry	Peoria
Marc S. Herman	
James Hooker	Peoria
Don Jacobs	
Michael & Susan McCab	ePekin
Gary G. Mort	Morton
Lester Siegrist	
Andy, Ann, Jim, Mark	
& Tim Wittmer	Peoria



ILLINOIS VALLEY WHEELM'N

PRESIDENT
Steve Shaffer685-4726
VICE PRESIDENT
George Dudley692-7076
TREASURER
Steve Weast
Sieve weast440-3413
SECRETARY
Jagada Kosey676-1956
ADVOCACY
Eric Hutchison685-3921
SOCIAL
Bob Wilson
BOD WIISON
MAILING
Terry Threw699-6956
D. III. DDOGDDGDIG
DATA PROCESSING
DIANE'S RIDE
Bill Clark347-4841
MEMBERSHIP
Eileen Dudley692-7076
Lateon Dudicy
PEDAL-IN
Sheila Hansen263-2870
Sue Weast446-3413
RIDE COORDINATOR
Steve Grube
Sieve Orube099-0930
EDITOR
Samuel Joslin

The Illinois Valley Wheelm'n is home to cyclists throughout Central Illinois. Newsletters are distributed each month through bulk third-class mail. Newsletters are not forwarded—please alert the membership chairperson one month in advance of your move. Contributions to the newsletter are welcome—send your articles to Samuel Joslin, 1318 W. MacQueen, Peoria, IL 61604. Members also may submit personal ads. All contributions must be received no later than the 15th of the month.



? OF BALANCE

By Steve Shaffer

How is your club boing? From my perspective, we are a little more

balanced than we were a year ago. We now have a very proactive bicycle advocacy group that is letting our governmental agencies know where we (as active bicyclists) stand, and I think we have earned much respect in promoting our cause.

We are seeing more interest in that other kind of bike with those big fat tires and funny-looking handlebars. These cyclists are adding a whole new dimension to our sport. I know there are a lot of die-hard "roadies" out there who couldn't care less about mountain bikes, but regardless—MBs are FUN! This is

another area where advocacy can play a role.

The annual invitational Pedal-In lives

after all!! This may be the SLYest ride of all. I want to thank all the committee members for stepping forward when your club needed you most. The ride will need many more volunteers as the date gets close, so if anyone wants to help, contact on of the committee members (they should be listed elsewhere in this newsletter).

Let's continue the good work and keep on ridin'. See ya on the road.

ELROYSPARTA UPDATE

By Roger John

I SAW GEORGE Dudley getting

ready for the Elroy-Sparta ride. He was at Toys 'R' Us buying two of those big squirt guns to mount on the tandem. So ya' all better come prepared! Somehow I don't recall seeing any dogs along the trail—he must just be bringing them for protection from those sun-grazed cyclists.

All kidding aside, we do want to make this a relaxed fun ride. Many of you call about it—now it's time to tell us you're going. Please call me so I can get an accurate count of who wants to caravan with us Saturday, May 29 and who'll be riding and eating with us over the weekend. Rides both Saturday afternoon and Sunday morning (after breakfast) will start from Wilton.

You can reach me at 309-243-9191 (Dunlap) most evenings to R.S.V.P.

DATA, DATA, I'VE GOT THE DATA

By Bill Clark

I've taken over the d a t a processing from Bill

Semmens. Data processing is nothing more than keeping track of members' addresses and expiration dates (of their memberships, not themselves). We also keep addresses for other cycling clubs and organizations. Our monthly mailing list, and our special events mailing list, require constant attention. Thus it's no surprise that fully filled-out application and renewal forms are appreciated.

Thanks to Bill Semmens for laying the groundwork, and keeping our lists up to date during the past five-plus years. His efforts, and the efforts of other dedicated volunteers help make this club excel.

If you need to correct your mailing label, please contact me, Bill Clark, at 347-4841.

QUIET HEROS

From Ron Anderson

The following IVW members supported the Quiet Hero Blood Donor Program during

the first three months of 1993.

Thank you IVW members! Total donations in 1992 were 87% greater than in '91. New Quiet Hero donors are most welcome. Simply mention our club number (000560) when you register to donate at the blood center or bloodmobile. Questions? 444-2018.

Roger German (5 donations!)
Sheila Hansen
Don Jacobs
Ken Kiley
Bill Semmens
Jack Welch (2 donations)

TIRE TRACTS BY SAMUEL JOSLIN

BUTT COLD. Felt good to get back on the road with my monthly ride Sunday, March 28. Well, it felt good after I

warmed up—while I was dressing that morning, I was still thinking about the 60-degree day we had enjoyed just the day before. I somehow forgot that temperatures have a whacky way of fluctuating when you least expect it—like overnight during the last days of winter. Here's a tip—don't even bother trying to ride with your fingerless gloves pathetically pulled halfway off your palms and almost to your cuticles—it doesn't work. I know—I was riding into a north wind trying to calculate how many fingers I needed to save if I was ever going to play the trumpet again.

THE CANDIDATES SPEAK. Went over to the Moss-Bradley meeting and listened while several candidates for city office spoke about the hopes, dreams and aspirations of getting e- or re-lected.

Eric Hutchison—whose guiding motto is "if the people lead, the leaders will follow" encouraged me to go to the meeting and ask a bicycle-related question. I did—to Mayor Maloof and councilmen Unes and Sandberg.

Basically, I asked them what concrete (pun intended) steps the city could take to put reality into the bicycle-friendly rhetoric of Peoria's Master Plan. I didn't receive, nor did I expect to receive, a five-year plan for broadening Peoria's transportation alternatives. Maloof told me we could set up a time after the election to talk to the folks in the traffic department. Unes regaled the crowd with a pretty

good story of riding across University to Meinen Field—when he was a kid—to watch the sunset. Sandberg, who's familiar with us from the Forrest Hill/Gale plans, made some kind noises, mentioned that the city staff has some reservations about accommodating us, and closed by saying that the most important thing the club was doing right now was "sensitizing" governmental leaders. Well, that's an interesting choice of verbs, isn't it?

THE CROWD REPLIES. It was kind of fun to listen to the candidates. One of the ladies in charge of refreshments made some great chocolate chip cookies—I apologized to her that I hadn't brought larger pockets with me—but that's beside the point. What was most interesting about the get-together wasn't anything the candidates said, it was what several audience members said. When one hopeful mispronounced the IVW's name, not once, but four times in a row, several audience members—none of whom I knew from Adam—corrected him. Imagine that—people out there know who we are! I hope we don't disappoint them as we attempt to "grow" our club over the next several years.

As a non-profit organization, the club can't promote the election of any candidate, so I'll watch myself. But I will encourage you to attend one of these meetings next election—not necessarily to promote bicycles (though I won't complain)—but just to get involved in the community. There are a lot of good people out there and these meetings are a great way to meet them . . . and if you're lucky, one of 'em will bring great cookies, too.

"People out there know who we are!"

Ask Dr. Derailleur

I'll admit it—I'm interested in the exotic, the elegant and the exclusive. Not surprisingly, I'm interested in upgrading the parts on my bike.

What should I buy first?—a Flite titanium saddle, STI levers, Ringlé QR skewers, . . . what?

Meticulous Michael, Peoria

You're going to get my big secret on how to turn any bike—even a \$79.95 Huffy—into a bicycle worth thousands, at least until you actually ride it. Buy hockey star Wayne Gretzky's most valuable baseball card and, with a wooden, spring-loaded clothespin, carefully attach it to the left seatstay of your bicycle. Until you actually send old Honus Wagner clicking over and between the spokes, your bicycle will be worth at least \$451,079.95. Thanks for asking.

—D.D.



ADVOCACY NEWS & VIEWS

BY ERIC HUTCHISON

IVW PROPOSALS PRESENTED TO TCRPC BICYCLE ACCESS GROUP

MEETING HIGHLIGHTS: On April 8, the IVW presented its 22-project bicycle access plan to the new advisory group headed by the Tri-County Regional Planning Commission (TCRPC). We also highlighted upcoming state & city projects which overlap the IVW's suggestions (from existing five-year Transportation Improvement Plans (TIPs).

Discussion mainly revolved around the overall plan rather than detailed analysis of IVW project proposals. TCRPC director John Boyle asked what plans should be considered for the rest of the Tri-County area (present IVW plans concentrate on Peoria).

It was suggested that existing & proposed bike trails also be included in overall plan. Provisions for improved bike parking facilities may be added. Other participating groups may include GP Transit (public bus service) and the Junior League (interest in Peoria bicycle map).

Advisory group members agreed to distribute a survey community-wide to access bicyclists' needs & ideas. (IVW member Sheryl Hansen's draft survey is subject of next meeting.)

A BIT OF PERSPECTIVE: The target is to convince local government (whose representatives shared our conference table) to include IVW proposals in their TIPs and provide 20 percent funding. This will happen much faster if we can create a ground-swell of community support for improved bicycling in the

Peoria area; a survey will help. We have a few more political seeds yet to sow.

BACKGROUND: The TCRPC bicycle access group will find funds and local government sponsors for all bicycle-access projects in Peoria, Woodford and Tazewell counties. Members include the:

- IVW*
- · Friends of the Rock Island Trail*
- Illinois Department of Transportation (IDOT)*
- · Peoria (city) Traffic Engineer
- · Peoria County Highway Department*
- · Peoria Park District*
- TCRPC*

*attended the April 8 kick-off meeting.

EFFECTIVE CYCLING VIDEO: COMING SOON TO A LIBRARY NEAR YOU. At the request of the IVW, the Peoria Public Library has purchased the new Effective Cycling video. This video is loaded with valuable bicycle and traffic handling techniques in a user-friendly and upbeat format. The tape should be available for check-out (main library) by June 1.

IVW INTRODUCES CANDIDATES TO BICYCLE TRANSPORTATION: In the weeks leading to the April elections, Bryan Chumbley, Samuel Joslin and Fred Unes each attended a candidates' night forum (list of locations in April newsletter). The idea was to ask bicycle-related questions of the candidates and, in so doing, make such questions normal and expected in the future. Thanks to the three of you for participating.

group members agreed to distribute a survey communitywide to access bicyclists' needs & ideas."

"Advisory

TOUR DE PEORIA M a y 3 1 , 1 9 9 3 ERIC & JENNIFER HUTCHISON, 685-3921

LAKE

Avenue (It Springdake bicyclists

WAR MEMORIAL

ALL IVW MEMBERS ARE INVITED TO A MAY 31 BIKE TOUR (20–30 miles) of Peoria's finest beginning at our house, 8:30 a.m. (see map). Scenic highlights will include Grandview Drive (aptly named), Moss Avenue (helmets tipped to Frank L.R.), Riverfront Trail/Boatworks, and the mysterious Springdale Cemetary tunnel. We'll finalé with breakfast at my favorite all-you-can-eat bicyclists' restaurant—Eric & Jennifer's house (bagles, juice, fruit, etc.—bring your own additions if desired). A telephone RSVP will help plan the food a bit. Extra lawnchairs are welcome.

P.S. (a couple of route notes) We'll be on fairly low-traffic streets, but be prepared for stop-and-go riding. Traffic safety will be stressed. Easy pace, all riders welcome. This is an opportunity to raise Peoria's IVW awareness; how about wearing those new IVW jerseys/T-shirts? Extra bagles for those who bicycle-commute to the ride.

Past Meetings

From notes taken by Jagada Kosey

GENERAL MEETING, JANUARY 28, 7:30 P.M., O'LEARY'S.

- Steve Shaffer mentioned help is need for Pedal-In, scheduled for first weekend in June.
- Samuel Joslin pointed out the newsletter's new calendar-style ride schedule and mentioned that individual ride logs were available.
- Laura Otten noted that Bike-to-Work Day was coming up in May, which is Bike Month.
- Eric Hutchison described his upcoming trip
 to a conference in St. Louis: Transportation
 Planning for Livable Communities. Eric
 updated the club on the proposed Forrest Hill
 project. He also said he had keys to the
 club's trailer and to Safety Town.
- Bill Semmens was recognized for five years of work on Pedal-In and other contributions to the club.
- Program: Presentations on '93 bicycle lines by Joe Russell of Russell's Cycle World and C.J. Harms of Vitesse Cycle Shop. Also presentation by representative of Trek (bicycle manufacturer).

BOARD MEETING, FEBRUARY 18, 7:00 P.M., SAMUEL JOSLIN'S.

 An official ride sign-up sheet (ride roster) was discussed. It was suggested that the IVW supply a roster to each ride with a designated ride leader.

- A thank-you letter to be sent to renewing members was discussed.
- It was announced Bill Wright will again lead Tuesday and Thursday night easy-pace rides.
 It was suggested that the ride be split into two groups—fast paced and slower paced—to handle the volume of people attending these rides.
- No one had volunteered to organize the Pedal In. Steve Weast suggested that the ride be scheduled as a regular club ride with leader. Steve Shaffer agreed to make an appeal for help in March newsletter. March 18—the next board meeting—was set as a deadline for Pedal-In. If no volunteer surfaced before that date, the ride would downgraded.
- Steve Shaffer mentioned a government agency would be testing/surveying the effects of mountain bikes on Jubilee Park trails.

GENERAL MEETING, FEBRUARY 25, SAFETY TOWN.

· Cancelled due to weather conditions.

BOARD MEETING, MARCH 18, 7:00 P.M., JAGADA & KARL KOSEY'S.

- Board voted against the club acting as a sponsor of the Mackinaw Ride for the Environment.
- Lake Camelot is unavailable for Diane's Ride. Bill is looking into reserving the American Legion Hall near Glasford as a starting point.
- Pedal In still questionable [but not anymore!—ed.]
- Eileen Dudley reported 49 renewals and 14 new members during February & March.

TOURING QUOTE OF THE MONTH.

A common auestion about bicycle touring is safety *out there among all the crazies." I recently ran across a quote from world traveler (and former Monty Python member) Michael Palin in Outside magazine (Feb '93) which brought to mind my own experiences with bicycle touring. When asked about travel, Palin replied, "Oddly enough, travel gives me a greater sense of security. It's the opposite of the stay-at-homebecause-voumight-get-killed view of life. The more I know of the world and the people around me, the safer I feel."

-E. Hutchison

ANNUAL JUNK FOOD RIDE (JFR)

The 1993 JFR to be held Wednesday, June 16 at 6 p.m., starts from Lake of the Woods Plaza (on Rt. 88 between Mossville Rd., & Cedar Hills Dr.). Please bring your favorite junk food (cookies, chips, etc.) to share at Benning's after the ride. Drinks will be provided. The ride will be at a casual pace—between 3 and 100 miles. Everyone is welcome but if you cannot make the ride, show up at about 7:15 p.m. for the "sugar loading." Call Gregg/Liz at 243-5206 with questions.



IVW MAY '93

" Randy
Townsend
showed
up just to
make sure
the Steves
didn't form
a club of
their own."

RIDE REPORTS

WV

Sunday, March 21. One 20-mile ride from Sterling Plaza—three Steves: Shaffer, Grube & Meismer. Randy Townsend showed up just to make sure the Steves didn't form a club of their own.

SUNDAY, MARCH 28. The fog was thick as Samuel Joslin led an 11-rider group to his monthly destination: the Trackside Inn in Chillicothe. Somebody remind him to dress warmer next time—40 degrees, light north wind—thanks for the jacket, Ken. 20 miles.

Sunday, April 4. A degree above freezing and a light northeast wind to boot, but Don Eberle still lead 34 hearty souls on the Spring Break-Out from Morton to East Peoria. Ty Rowe was a new rider on a new bike. 18 miles.

TUESDAY, APRIL 6. Bill Wright must have been rewarded for a good deed: 55 degrees and a east wind at 10 mph on the first Tuesday night ride of the year. Three first-time riders turned up for this one. 17 miles.

THURSDAY, APRIL 8. Wright Wride Wrained Out-Wousy Weather.

SUNDAY, APRIL 11. The temperature was up to 54 degrees, but the wind was staying with it on Steve Grube's ride from Fondulac to Morton. Seven riders braved the threat of rain. Usual suspects. 18 miles

SUNDAY, APRIL 18. It is all uphill and against the wind. George Dudley led 23 cyclists from Alta to Princeville via Evans Mill Road, all the while battling a 20–25 mph SW wind. On the other hand, it was 60 degrees. Choose your weapons, riders.

Sunday, April 25. Twenty people made it back to the Track Inn in Chillicothe with Samuel Joslin. Four flats—three on the same black tandem. 50 degrees and NW winds at 10–15 mph. Loved that tailwind back, 20 miles.

OTHER PEOPLE, OTHER PLACES

TV/NA

From the CHICAGOLAND BICYCLE FEDERATION: Chicagoland bicycle projects totalling \$4 million were recently approved by the Illinois Department of Transportation. The state acts as the funnel for the federal Congestion Mitigation and Air Quality Funds (CMAQ). Projects included everything from the purchase of right-of-way to bicycle lockers at suburban commuting stations to the largest undertaking: the first phase of the \$4 million Roosevelt Road

project to add a bike lane and a bus lane from the Chicago River to Wabash Avenue.

To help promote the use of helmets among its members, Folks On Spokes Bicycle Club (Homewood, IL) will refund the membership dues of all riders who turn in their "first helmet" receipts (for helmets purchased after January 14, 1993). Two or more first helmet receipts for family members qualifies riders for a family membership refund.

Final FOS note: "Mary Andreasen is considering keeping her maiden name when she and Brent Lane get married later this year. It's not for the usual reasons, though. We hear Mary and Brent are concerned about what would happen if they had to ride across a one-Lane bridge."

In the Springfield (IL) Bicycle Club's "February Memories" column from 15 years ago, this story by six-year-old Nancy Jane Caldwell:

A man bought a bicycle. He went for a ride. He got a flat. He didn't know what to do. To be continued.

Title of the newsletter of the Fresno (CA) Cycling Club: The Rough Draft. Circulation: 700. One of the rides listed in their "Upcoming Events" calendar: the Steinbeck Century (Salinas area). Perhaps the IVW could take a clue from Cal and sponsor the Jose Philip Farmer Millenium, featuring intergalactic sag service, or the Jerry Klein Metric, with wine and cheese stops.

Paraphrased from the BLOOMINGTON (IN) BICYCLE CLUB'S February newsletter: Five Concord High School students received physical education credits from the state of Indiana for participating in the 1992 Touring Ride in Rural Indiana (TRIRI). "It was hard," said senior David Perdue. "But now I can look back and say, 'Hey, I put 740 miles on my bike in three weeks.' Not too many people around can say that."

Two notes from Cindy Owsley, editor of the BIKEBURLINGTON newsletter: Spoke Of A Wheel: "Odds are you'll never need a helmet . . . but don't bet your head on it," and "Protect your natural resources . . . wear a helmet!"

WEAR A HELMET

EVENTS OF INTEREST

IVW

All information should be confirmed by the rider before attending any ride. All rides require a release form; do not

send money without filling one out. The editor has entry forms for several of these rides. Call Samuel Joslin at 309-688-0922.

MAY

- SUN 2 Prairie Cycle Club Spring Metric. 35 and 65 miles. Flat to gently rolling terrain in Champaign County. Starts at Crystal Lake Park, Urbana. Includes sag, snacks, meal and sag. Registration \$10 for non-PCC members; \$8 for general public. Call Dave Frey for information: 217-355-9298.
- SAT 15 McLean County Wheelers Spring Metric. 50-,100-kilometer routes. Registration from 7:00 a.m. to 8:00 a.m. for 100K riders; 7:00 a.m. to 9:00 a.m. for 50K riders. Starts at Camp Heffernan, Lake Bloomington. Includes sag, food stops, marked route, maps, after-ride meal. T-shirt available. Registration before May 1—\$12 individual, \$30 family; \$15 & \$36 thereafter. Contact Lyle Marshall, 309-454-7178 or Craig Ryan, 309-827-8216.
- SAT 29, SUN 30 Blackhawk Metric Century. 10, 31, 62 miles. Well-marked country roads in northern Illinois and southern Wisconsin. Same route both days—choose your date. Includes rest stops, end-of-ride hot lunch, map and cue sheet, sag. Proceeds donated to Rockford's Perryville Bicycle Path Project. Call Tim Castelli at 815-636-2627.

JUNE

- SAT 5, SUN 6 Hoosier Hills Tour. 25/60/100 km Sat., 20/50 miles Sun. Moderately hilly. Frank Southern Center. Includes map, patch, sage, marked route, snacks, Saturday lunch. Helmets strongly recommended. Registration \$11 before May 18, \$13 thereafter. Bloomington Bicycle Club, Barbara L. Anderson. P.O. Box 463, Bloomington, IN 47402. Call 812-332-6028. [Information from Jan/Feb '93 issue of Bicycle USA, LAW magazine]
- SAT 5, SUN 6 Ride to the River. Two-day ride starting in Macomb with overnight in Nauvoo. 62 miles each day. Includes showers, continental breakfast Sunday, water stops, Sunday lunch, maps, marked route, baggage carry, and sag. For information, call Arlene Harhen at 309-833-1968 or 309-833-4551 (wk).
- SUN 13-SAT 19 Cycle Across Missouri Parks. 7 days, 6 nights, 440 miles. Overnight camping in state parks. Sponsored by Missouri

- Department of Natural Resources, AYH Ozark Area Council. For information, call 1-800-334-6946.
- SUN 20-SAT 26 Touring Ride In Rural Indiana (TRIRI). 465 miles.
 Flat to very hilly. Includes map, patch, fanny flag, T-shirt, sag, marked route, six campsites, baggage transport, evening and breakfast meals (12 total). 500 rider limit. HELMET REQUIRED.
 Registration \$170 until June 10. Bloomington Bicycle Club, Barbara L. Anderson. P.O. Box 463, Bloomington, IN 47402. Call 812-332-6028.
- SUN 27 Quincy-Keokuk Century. 30,45,62, 100 miles. Starts at Keokuk or Quincy. Contact Mark Esneault, chairman, at 217-224-8977.

JULY

- SUN 11 Friends of the Parks' After-Midnight Bicycle Ride. 25 moonstruck miles through downtown and North Side Chicago neighborhoods. 3,000 riders in '92. Includes: rest stop, repair assistance, sag, sunrise breakfast at Buckingham Fountain, T-shirt. Registration: \$15 before June 25; \$20 thereafter. Ride starts 1:30 a.m. Sunday morning. Required: helmet, headlight and reflectors. For more information, call Friends of the Parks at 312-922-3307.
- SAT 17 Ride Across INdiana (RAIN). 162 flat to rolling miles. 6 a.m., Indiana/Illinois border, access road next to Route 40. Includes map, marked route, snacks, T-shirt, souvenir for first 300 entrants. Registration \$22 until June 30, \$27 thereafter. Bloomington Bicycle Club, Steve Merry, 3836 Woodmere Way, Bloomington, IN 47403. Call 812-339-4717.
- SUN 18 Melon Metric VIII—Ride With The Pharaohs. 34-,62-,100-mile routes in DeKalb, LaSalle and Kendall counties. Mostly flat with a few rolling hills. Helmets strongly recommended. No headset radios. Food stops at 15 to 20 mile intervals, sag, map, marked course. T-shirt available. Riders under 18 must be accompanied by a responsible adult. Registration: \$8 before June 20; \$12 day of ride. Sponsored by Naperville Bicycle Club (and others). For more information, call: 708-357-9000, ext. 191 or ext. 616.
- SAT 31-TUE, AUG 3 12th Annual Across Illinois Bike Ride (AIBR).

 Between 275 and 300 flat to rolling miles. Leisurely, fully supported four-day tour of northern Illinois. Two day option also available. Limited number of applications available at Vitesse Cycle Shop and Russell's Cycle World. Sponsored by the Joliet Bike Club. For more information, contact Nancy Fister at 815-942-6525 or Gregg Benning, [IVW member] at 309-243-5206.

ILLINOIS VALLEY WHEEL		IP APPLICATION BIRTHDATE	DO NOT WRITE IN THIS AREA	
Name		BIRTHDATE	EXPIRES	
Name		BIRTHDATE	JOINED	
Name		BIRTHDATE	DISCLAIMER: In signing	
Address City Phone ()	State	ZIP	this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n bicycle club of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of	
I INDIVIDUAL (\$10) FAMILY (\$12) APPLICANT SIGNATURE Make check to: Illinois Valley Wh	□ New □ Renew	DATE		

MAY MEETING

Last January, Sue and I took a 1000-mile, fully loaded bicycle tour down the Baja Peninsula. Come see the slides of our adventures and mishaps at the East Peoria Avanti's, Thursday, May 27 at 7:30 p.m. Call me, Steve Weast, for more information: (309) 446-3413.

Just when you though it was safe to quit hiding...

PEDAL-IN RETURNS!

MARK YOUR CALENDAR TODAY FOR THE '93 VERSION:

Tour de Prairie

MORE HYPE ON PAGE ONE. THE FLYER IS IN THE MAIL.

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Check those labels	2
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Women's S-N-G	calendar
Junkjunkjunk	5
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On the rides	6

Illinois Valley Wheelm'n 6518 North Sheridan Road Peoria, IL 61614

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MEMBERSHIP EXPIRES: 10/03/93 RON & SHELLY ANDERSON 203 LOCUST WASHINGTON, IL 61571

MAY MEETING-MAY 27-7:30 P.M.

Boogie In Baja . . .

... at the East Peoria Avanti's