

AUGUST 1995



ILLINOIS VALLEY WHEELM'N



greater peoria's bicycle club

Ride Attracts 337 Riders From Six States

AFTER A FEW EXPERIMENTAL NAME CHANGES, NO BALONEY RETURNED ON JUNE 3, and it was better than ever, minus a few glitches. Planning for next year is now underway. In fact, once we have Rightsized, Re-engineered and implemented Total Quality Management, consultant guru Tom Peters will truly be proud of us. And we will be truly proud of him . . . if we ever see him do a show on a bike.

What started out as a foggy Saturday with the promise of thunderstorms, turned into a beautiful sunny day for the second

involved, not to mention the riders who paid their hard-earned money to ride the roads around Peoria.

Sixty-four IVW members stepped up to plan the ride, call for volunteers, design and mail flyers, arrange for food, manage registration, plan and mark the route, work food stops, bake cookies, resupply food stops, clean up, and do whatever was necessary to pull off one of Illinois', if not the Midwest's, best bicycle rides. (Rumor has it that we are included in Phil Van Valkenburg's Best Rides Of The Midwest because our ride has one of the few hilly courses in Illinois. Some of you may agree with him.)

Ride planners continue to keep up with the peaks and valleys of food stop supply and demand, while visiting Hoosiers claim they have yet to find a hill in Illinois. We haven't taken them up Cedar Hills or Kerfoot yet, but only because the present guide can't scale them without a quad chainring and metal-studded tires.

There isn't much more to say except that everyone had a great time, ate well, and did a great job. It was worth the effort. A very big THANK YOU to all who helped make this ride a success. —Sheryl Hansen



Peoria County Deputy and IVW member Steve Miller (right) patrolled the 25-mile course at No Baloney by bicycle while his fellow car-bound officers assisted cyclists at difficult intersection crossings. Sheryl Hansen was responsible for the whole wonderful confabulation.

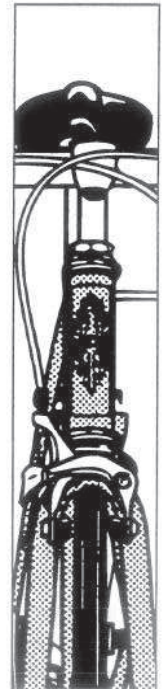
year in a row. Record attendance, up 17 riders from 1994, can be attributed primarily to the great weather, new start location at Jubilee College Historic Site, wide publicity, terrific new routes, unprecedented club volunteer help, and dedication to all

NEW MEMBERS

- Mac BradleyPeoria Heights
- Kristen ButlerGroveland
- Amy, Ilene & Jim GlassmanPeoria
- Isabelle & John Reed.....Peoria
- Jody, Lanny, Todd & Travis Turner.....East Peoria
- Pat O'Bryan & Terry WhiteheadPeoria

RENEWING MEMBERS

- Gwen, Justin & Ron Chandler...East Peoria
- Ann, Denise & Randy Cooksey*Peoria
- Julie & Thomas Coogan*Hanna City
- Steve Daggs.....Washington
- Judi & Rick Gentry*Peoria
- Roger A. JohnDunlap
- Jack QuellMorton
- Matthew & Rhonda Rottman*Peoria
- Sheldon Schafer.....Peoria
- Alan, James, Karen & Leslie Vonderhaar*Pekin
- Brian WhitePeoria



ILLINOIS VALLEY WHEELM'N

newsletter published monthly

PRESIDENT

George Dudley.....692-7076

VICE PRESIDENT

Ken Beckler.....673-8647

TREASURER

Brenda Clark.....347-4841

SECRETARY

Eileen Dudley.....692-7076

SOCIAL CHAIR

Roger John.....243-9191

ADVOCACY

Eric Hutchison.....685-3921

MAILING

Sue DeDecker.....693-2973

DATA PROCESSING

Larry Davis.....691-3060

DIANE'S RIDE

Bill Clark.....347-4841

MEMBERSHIP

Elizabeth Heuermann.....673-0098

PEDAL-IN

Sheryl Hansen.....263-2870

RIDE COORDINATOR

Tom Parr.....274-6101

EDITOR

Samuel Joslin.....688-0922

Affiliated with the

LEAGUE OF AMERICAN BICYCLISTS

RIDE INFORMATION CONTACT

Tom Parr

GOVERNMENT RELATIONS ADVOCATE & LEAGUE OF ILLINOIS BICYCLISTS

PRESIDENT

Eric Hutchison

Mail articles, want ads and family heirlooms to
Samuel Joslin, 1318 W. Mac Queen,
Peoria, IL 61604

Computer users: send e-mail to the editor at
sjoslin@heartland.bradley.edu
or Bikewriter@aol.com

Here and there with Dudley...

Here it is, the longest day of the year and the mileage base still needs lots of work. But that's ok, we've had lots of good club happenings lately. Let's start with No Baloney. By all measures it was a great event. I talked to a number of out of town riders, mostly from Chicago and St. Louis areas. They were pleased with our well-marked, scenic, low-traffic routes, our food stops and the friendliness of the natives. Hurray! We'll work those areas again next year.

The individuals who gave generously of their time and talent to make it all happen are mentioned elsewhere in this month's newsletter. What more can I say than thanks to each and every one. Sheryl Hansen gets well-deserved credit for her generalship, and I suspect Eric Hutchison forgot to mention his many behind-the-scenes hours, and the fact he was one of the dawn-to-dusk people on the day of the ride. Let's do it again for Diane's Ride!

Now let's review some recent events for Wheelm'n members. Horsey Hundred got about 20 of us on the roads all over the rolling hills around Lexington, KY. Had the roads been marked more in the manner of a Wheelm'n ride, we wouldn't have been quite so distributed about the area. But nevertheless it was a good event in great countryside. I'll go back! Those rallies are made for the tandem, and watching Julie Coogan drool over all those big-dollar caballos is worth the trip.

June 21 took us to Jubilee Park for a test ride of the best bicycles available. Those in attendance owe a big thank you to our LBS's (Internet talk for Local Bike Shop) guys and gals for taking their time and risking their great bikes for our trial and approval. A good event. Roger, let's do it next year. And remember who was there—Illinois Cycle, Bicycle Bus, Little Ade's and Russell's. Charlie Klees gets much applause for his fancy riding.

Last weekend Eileen and I took part in the first Prairie State Tandem Rally, in Gurnee. There were 29 tandems, a few half bikes and a tripple. Don't fall out of the draft of a tripple in a head wind; you'll never catch up. We rode up to Kenosha for lunch on Saturday. I understood how the big city folk who come here to ride with us like the peace and quiet of our low traffic roads. We felt it was a good event, and small enough to

have a chance to meet many of the participants.

If you have a tandem or a tripple, that opportunity will be yours right here in River City next year. Peoria will be the site of the second annual Prairie State Tandem Rally. They got us in a corner and sprayed Halt on us 'till we agreed to host the event! It won't be an IVW event, but it happens on a bicycle, so it must be okay.

—George Dudley



Quiet Hero News

Today (7/19), I received a note from Maggie Hoelle who is responsible for the Red Cross Quiet Hero Program. She urged club coordinators to "get the word out" about the urgent need for blood donors during the summer months. So, if you haven't donated recently, or if you're a willing new donor, please take a couple of hours from your August cycling schedule and make a donation. Mention our club number, 000560.

I'm please to recognize the following IVW members for their donations during the months of April-June.

Ron Anderson • Judy Apici (new IVW Quiet Hero—2 pheresis donations)
• Gregg Benning • Roger German • Rolla Godfrey • Marcia Grebner • Ken Pedigo (4 pheresis donations!) • Bill Semmens • Jack Welch • Brian White

Thanks everyone! —Ron Anderson

More Peoria bicycle projects on the way

BIKE ACTION 2000 ROLLS INTO THE MIDWEST. A first-rate bicycle advocacy workshop will be held September 16, 17 in Madison, WI. If you have even a casual



interest in promoting better roads and trails, I urge you to take advantage of this opportunity. The weekend workshop is organized by the Bicycle Federation of America with the cooperation of the League of American Bicyclists and the

Rails-to-Trails Conservancy. Mark your calendar & give me a call for more details at 685-3921.

PEORIA CITY BIKE PLAN MOVES AHEAD. Peoria Engineers Jim Baumann and Al Schneider tell me that Peoria's first official bicycle map should be on the shelves of your local bike shop before summer's end. In addition, we agreed on some additional items from the IVW's "top-20" list of bicycle improvement projects to be worked into the next budget cycle. Possible improvements include:

1. Widening of Meadowbrook Rd (a War Memorial Drive frontage road which links Brandywine Drive & Dries Ln).
2. Bike-sensitive traffic signal for the Lake/University St intersection.
3. Rock Island Trail linkage with Detweiller Park via Detweiller Drive.
4. Improved bike/ped crossing of Main Street in the Bradley Park area.

BICYCLE PATROL SUCCESSFULLY FUNDED. West Peoria taxpayers recently opened their wallets to support their Police On Bicycles (POB) program.

When budget tightening forced the Peoria County Sheriff's Department to offer the POB service on a contract-only basis to local cities, West Peoria was first to sign up. "Our residents were up in arms when they heard that the bicycle patrol was in jeopardy," said West Peoria Mayor Jim Dillon at a July 20 Peoria Township budget hearing. At the meeting, the West

Peoria Township Board unanimously approved a \$5,000 expenditure to support POB.

I attended the meeting and thanked the board and the City of West Peoria for their support of the premier POB program



AT BIKES FOR KIDS. Tom Parr (left) and Steve Grube lend helping hands.

in the Tri-County area. I also mentioned the IVW's recent donation to the Sheriff's Department for the national POB training conference. Elaborating on the advantages of POBs, Mayor Dillon said, "Getting the officers out of their patrol cars and onto bicycles breaks down barriers between citizens and police—like the old police on horse-back days."

IVW FOCUSES ON STATE ROAD PROJECTS. In a letter to the Illinois Department of Transportation (IDOT), the IVW requested bicycle accommodations on a number of projects from IDOT's recently-published five-year road construction plan for central Illinois. The club's letter emphasizes that "while we strive for routine accommodation of non-motorized traffic in all road construction, the following projects are of particular significance." Projects mentioned include:

1. IL Route 116 (Peoria and Woodford counties),
2. I-74, including preservation of local street overpasses in urban Peoria area.
3. McCluggage Bridge. Specifically the creation of

bike/pedestrian access linking riverfront trails projects and Illinois Central College.

4. Scott Lucas Bridge (Havana). The only river crossing within 30 miles of Havana.
5. Allen Road. Route 6 to Pioneer Parkway, Peoria.
6. River Beach Drive. Old Route 29 from Chillicothe to Mossville.
7. South Main St (Washington). The Washington "bicycle bottleneck" may be eliminated! IVW member & Washington resident Ron Anderson recently wrote a letter to IDOT requesting improvements for South Main, and the state has budgeted the bucks to make it happen.

In a written reply from the local IDOT office, District Engineer Dale Risinger's wrote, "On projects other than those which are strictly done to improve the driving surface (pavement resurfacing), the needs of cyclists are



MORE BIKES FOR KIDS. Steve Kurt didn't get much rest at all.

considered. Your input on our projects provides valuable planning information and helps us balance the competing needs between the motorized traffic and pedestrians and bicyclists. We appreciate your efforts to be involved in the (planning) process.—Eric Hutchison

Thanks for a great ride—everybody!

Following is the list of Illinois Valley Wheelm'n volunteers for No Baloney 1995:

Joe Adams and familyCookies
 Rob Alexander.....Computer-generated route maps
 Dan & Vickie AndersonFood stop workers
 Michele & Larry AstleWildlife Prairie Park redirection
 Ken BecklerFood stop supply distribution, food stop worker
 Chuck Behrens & familyFood stop workers
 Gregg BenningJoliet Bike Club riders, post-ride cleanup
 Amy BuyseeFood stop worker
 Bill ClarkRoad caution signs
 Brenda ClarkFinancial management
 Steve Clark.....Ride flyer graphics



Ken and Georgia Pedigo pulled No Baloney rest stop duty along Mossville Road. They seemed glad to see us. Now we have to ask: "Where did they get those very attractive t-shirts?"

Tom & Julie CooganRoute checking
 Denise CookseyCookies
 Randy CookseyFood stop worker
 Larry DavisRider database management, cookies
 Ron DeanPost-ride cleanup
 Sue DeDecker.....Ride mailing
 Michelle DerryLunch stop worker
 Eileen DudleyBreakfast bread, cookie drop-off point, lunch stop worker
 George Dudley.....Ride committee member, lunch food supply, grocery shopping, ride day message board, Astronomical Society volunteers, worker recruitment/calling, general help

John Galbreath.....Food stop worker
 Alberta Gehrt.....Cookies
 Rolla Godfrey & family.....Food stop workers & resupply
 Russ GoinRoute mark check
 Steve GrubeRoute marking
 Jo Hammel.....Breakfast bread
 Sheila HansenCookies, lunch stop worker
 Sheryl HansenRide coordinator, publicity, worker recruitment and calling, bike club/shop mailing, No Baloney signs, miscellaneous
 Gary HartzlerJubilee Park "day before" help, food resupply, "gofer," cleanup, general help, took leftovers to Mission
 Elizabeth HeuermannRide committee member, worker recruitment/calling, cookies, cookie drop-off point, cleanup
 Eric HutchisonRide committee member, route coordinator, route planning and marking, auxiliary police support, EMT vehicle, food stop location arrangements, worker recruitment and calling, general help
 Jennifer Hutchison.....Strider volunteers
 Roger John.....Ride committee member, registration coordinator, worker recruitment and calling

Terry Jones & familyCookies
 Samuel Joslin.....Ride flyer copy and layout
 Paul KaiserParking directions
 Ken Kiley & familyCookies
 Fanny KleesCookies, food stop worker



Randy Cooksey had a big smile and plenty of food for riders at the Princeville food stop on No Baloney.

Peg Martiny.....Cookies, food stop worker
 Harold Moloney.....Ride committee member, No Baloney sign construction
 Gary MorfFood stop worker
 Tom Parr.....T-shirt and cap supply and silk-screening, "gofer" and food stop resupply, food stop worker, cleanup, general help
 Ken & Georgia PedigoFood stop workers
 Weldon Phelps.....Food stop worker
 Mike PulaBreakfast coordinator, parking direction
 Jim Raney.....General help
 Tom Romanowski & family Cookies
 Matt & Rhonda Rottman...Food stop workers
 Karen Saltsman.....Cookies
 Sheldon ShaferAstronomical Society volunteers
 Dave SchaufelbergerFood stop worker
 Steve Shaffer.....Ride committee member, Spotted Cow ice cream supply, sag vehicle arrangements
 Bill & Ruth Stevenson.....Ride committee member, cookies, cookie dropoff point, food stop worker
 Marion & Marvin SwordIce supply, cookies
 Sue WestT-shirt sorting and sales
 Jack & Kelly Welch.....Fruit supply
 Jim WittmerRegistration
 Bill WrightSigns placement

And the riders?

Total riders	337
Out of state	12
Chicago & suburbs	42
(Includes Joliet Bicycle Club)	
Downstate IL	221
No address.....	62
Missouri	5
Indiana	4
Iowa	1
Florida.....	1
Maryland.....	1
Peoria	59
Washington.....	26
East Peoria	15
Pekin	13
Bloomington/Normal	10
Morton	8
Dunlap.....	7
Champaign/Urbana.....	7
Peoria Heights.....	5
West Peoria.....	2



The gang's all here. From left: Charlie Klees, Sue DeDecker, Jim Rainey, Sheila Hansen, Amy Buysee, Karen Saltsman, Russ Goin and Dave Schaufelberger.



A broken bottom bracket spindle, suffered during the previous week's Moline Criterium, didn't stop Randy Senneff from attending this year's No Baloney Ride. And it provided some dandy scars to show off while telling war stories. Yee-Ha!

Special mention goes to volunteers from other organizations. We offered to provide volunteers in return to the Striders for the Steamboat Classic. The Astronomical Society volunteers wanted to learn more about what's involved in running a bicycle ride in preparation for July's Interplanetary Ride.

ILLINOIS VALLEY STRIDERS

- Cliff BrownFood stop
- Pat KeimFood stop
- Martha ReeseLunch stop
- Susan SchaferFood stop
- Judy & Bill Tolliver.....Lunch stop

PEORIA ASTRONOMICAL SOCIETY

- Jerry Gunn.....Food stop

- Scott HayFood stop
- Brenda OnkenFood stop
- Connie VelpoFood stop

Other thanks go to:

- Jubilee College State Historic Site personnel
- Princeville Park District
- Agape Church (Chillicothe)
- Elmwood Presbyterian Church
- Smithville Bible Church
- BYE Ambulance
- Peoria County Auxiliary Police & Sheriff's Posse
- Russell's Cycle
- Vitesse Cycle
- Little Ade's
- Sharon Kocher (State Farm cookie baker)
- Mary Skelley (State Farm cookie baker)

August Ride Schedule

- Every Tuesday **WRIGHT ROAD RIDE** from Dunlap High School. 6 p.m. Easy pace. Bill Wright, 685-8549.
- Every Wednesday **Steve Shaffer Fast Ride** from Huck's on Allen Road. Pace line, 18 mph+. 5:30 p.m. Steve Shaffer, 685-4726.
- Every Thursday **WRIGHT ROCK ISLAND TRAIL RIDE** from Wilder Waite Grade School in Alta. 6 p.m. Easy pace. Bring your mountain bike. Bill Wright, 685-8549.
- Sunday, August 6 **ICC TENNIS COURTS.** 30-35 miles. 8:30 a.m., Don Jacobs, 745-9001.
- Sunday, August 13 **FIELD SHOPPING CENTER,** Morton. 8 a.m. 40 miles heading south to Casey's stop. Jack Welch, 387-6117.

Sunday, August 20

ROAD RIDING 101. 1 p.m. Lincoln Grade School, Washington. Rob Alexander, 444-3297.

Saturday, August 26

DIANE'S RIDE. 35, 67, 100 miles. IVW fall invitational. Bill Clark, 347-4841.

Wednesday, August 30

HEALTH FOOD RIDE. The fun starts at Lake of the Woods Plaza on Route 88 (or 40) between Mossville Road and Cedar Hills Drive at 6 p.m. Members and friends are encouraged to bring along their favorite health food, for example bread, fruit, veggies or salad. Drinks will be provided. Best of all, the ride is guaranteed to be at your pace. Everyone is welcome. Can't ride? show up at 7:15 p.m. for chow. For more information, call Gregg or Liz Benning at 243-5206.

Sunday, August 27

MOSSVILLE GRADE SCHOOL to Track Inn for breakfast. 8 a.m. 20 miles, easy pace. Gary Hartzler, 674-3061.

Great Late-Summer and Early Fall Rides

FRIDAY-SUNDAY, AUGUST 4-6 IDIDARIDE Weekend. Two days of riding on 25-, 50-, 75- and 100-mile courses. Adrian College, Adrian Michigan. Sponsored by Ann Arbor Ski Club Cyclists. Call Al Metty, 313-971-2748.

SATURDAY-TUESDAY, AUGUST 5-8 13th Annual Across Illinois Bike Ride, Moline. 275-300 miles. Full support includes indoor/outdoor camping. Helmets required. Joliet Bicycle Club. Steve Alberico, 815-467-5748.

SUNDAY, AUGUST 6 Bike Psychos Century. 35, 70 and 100 miles. Showers available. \$15 day of ride. Sponsored by Oak Lawn (IL) Bike Psychos. Call Mike Rossiter, 312-239-8772.

SUNDAY, AUGUST 20 Snow White Ride. 12, 25 and 60 miles. Women's ride. Includes goody bag, water bottle and full services. Register before August 7 to receive t-shirt. Fee: \$15. Windy City Sports Magazine. Hotline: (312) 421-6827.

SATURDAY, AUGUST 26 10th Annual Diane's Ride. 35/67/100 miles. Includes breakfast and post-ride "Pasta Fest!" \$12 before August 12, \$15 thereafter. Illinois Valley Wheelm'n. Bill Clark, 309-347-4841.

SATURDAY, SEPTEMBER 2 Blueberry Bicycle Cruise. 15, 35, 45, 62 miles. Full-service ride includes souvenir. Registration: \$10 late fee. Sponsored by the Ancilla College Alumni Association and the Marshall County Blueberry Festival. Call 219-936-8898 or 219-936-2508.

SATURDAY-MONDAY, SEPTEMBER 2-4 PACRACC. 220 miles (COMPAC-RACC option, 100 miles, 2 days). Includes camping, breakfast and supper, showers and full support. This year, returning to Lincoln. Registration before July 21 \$55 (\$35 COMPAC-RACC); \$65/\$45 before August 18; \$85/\$65 thereafter. (Families of 3 or more from same address may deduct \$5 from each entry.) Sponsored by The Pantagraph newspaper (Bloomington, IL) Call Terri Stelte at 309-829-9411 or 1-800-747-7323, ext. 354.

FRIDAY-MONDAY, SEPTEMBER 1-4 Midwest Tandem Rally '95. Registration per 2-person team: \$80 late fee. No registrations accepted after August 15. Rides, free lunches, displays. Indianapolis, IN. For information only: 317-876-9663.

SATURDAY-MONDAY, SEPTEMBER 2-4 Bicycle Across Missouri. 573 miles in 63 hours; half-distance option. St. Louis AYH, 314-644-4660.

Sunday, September 10 Capital City Century. Springfield Bicycle Club.

SUNDAY, SEPTEMBER 10 Harmon Hundred. 15, 25, 60, 100 miles. Registration \$10 ind./\$5 child before Sept. 1; \$15/\$5 thereafter. Full-service ride includes fanny flags, Trek Wrench Force support. Phone: 708-362-5997.



FRIDAY-SUNDAY, SEPTEMBER 15-17 Chequamegon Fat Tire Festival. Racing, bicycle orienteering, criterium. Festival Fee entry: \$43. Limited to first 2,500 entries or Sept. 1 deadline. Call 715-798-3811, ext. 644.

SATURDAY, SEPTEMBER 16 Hope Ride. 6, 13, 32, 50, 62, 100 miles. Also 10K walk. Full service ride includes "gourmet-style lunch" on 50-mile and longer routes, coffee mug. Showers available after the ride. Registration \$12 before August 14; \$15 thereafter. Hope Ride Hotline: (812) 546-5708.

SUNDAY, SEPTEMBER 17 North Shore Century. 25, 50, 62, 100 miles. Full-service ride includes homemade cookies; percentage of proceeds goes to bicycle advocacy. Registration \$12 before August 15; \$17 thereafter. Evanston Bicycle Club. Hotline: 708-866-7743.

SUNDAY, SEPTEMBER 17 Spring City Annual Tour, Waukesha, WI. \$15 before September 1; \$20 thereafter. Spring City Spinners. Hotline: 414-297-9135.



Dutch riders Ivo Sweets and Tom Verhoeven sent postcard greetings to Ivo's uncle, Don Scranton, of Rome, IL, after completing their 4,300-mile ride from New York to San Francisco. Says the pair, "We've seen a lot and have had great fun." See cover story, June 1995 IVW newsletter.

SUNDAY, SEPTEMBER 17 Tour of Scenic Ogle County. 25, 50, 75 & 100 miles. Full-service event includes end-of-ride spaghetti dinner. Registration \$10 individual, \$25 family of 3 before Sept. 3; \$12/\$30 thereafter. Blackhawk Bicycle and Ski Club, Attn: T.O.S.O.C., P.O. Box 15443, Rockford, IL 61132.

SUNDAY, SEPTEMBER 24 Apple Cider Century '95. Entry deadline July 31; \$22. Write ACC '95, One Oak Street, Three Oaks, MI 49128.

SATURDAY, OCTOBER 7 Ride To The Depot. 25, 40, 65 and 100 miles. Includes hot breakfast for all, and lunch for 65- and 100-mile riders. Registration \$15. Whiteheath, IL. Sponsored by Champaign Touring Society, 506 S. Country Fair Dr., Champaign, IL 61821.

D I A N E ' S R I D E ' 9 5

NAME #1 _____

NAME #2 _____

NAME #3 _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

CLUB AFFILIATION _____

MOSTACCIOLI (pick one): MEAT or VEGETARIAN

The IVW strongly recommends that you wear a helmet.

REGISTRATION:
 (# _____ x \$12) \$ _____

LATE FEE (IF POSTMARKED AFTER AUGUST 12):
 (# _____ x \$3) \$ _____

T-SHIRT:
 M (# _____ x \$10) \$ _____
 L (# _____ x \$10) \$ _____
 XL (# _____ x \$10) \$ _____

TOTAL ENCLOSED \$ _____

DISCLAIMER: In signing this form I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n bicycle club of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said organization.

SIGNATURE _____ DATE _____

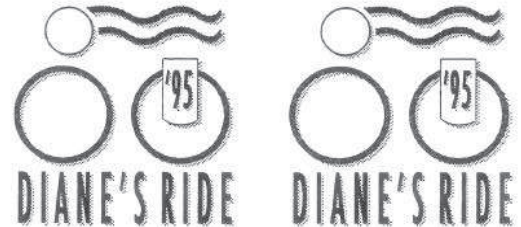
SIGNATURE _____ DATE _____

SIGNATURE _____ DATE _____

(parent or guardian signature needed if registrant is under 18)

Sorry, NO refunds of registration fees. Mail this form with check payable to **Illinois Valley Wheelm'n**,
 c/o Bill Clark, 301 Edgewood Drive, Pekin, IL 61554

LOOK! Diane's Ride includes a generous breakfast of bagels, coffee and juice before the ride, as well as map, marked route, rest stops, sag and a delicious post-ride meal. You'll love our "Pasta Fest!" For more information, call Bill Clark at 347-4841.



ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

(please print)

NAME #1 _____ BIRTHDATE _____

NAME #2 _____ BIRTHDATE _____

NAME #3 _____ BIRTHDATE _____

NAME #4 _____ BIRTHDATE _____

NAME #5 _____ BIRTHDATE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE () _____

SIGNATURE (NAME #1) _____ DATE _____

(parent or guardian signature needed if registrant is under 18)

DISCLAIMER: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n bicycle club of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity

ARE YOU RENEWING A MEMBERSHIP, OR IS THIS A NEW MEMBERSHIP? (CHECK ONE)

RENEWING NEW

IF NEW, HOW DID YOU FIND OUT ABOUT THE CLUB? _____

ARE YOU A MEMBER OF THE LEAGUE OF AMERICAN BICYCLISTS? (CHECK ONE)

Yes No

BASIC MEMBERSHIP:

INDIVIDUAL (\$10) \$ _____

FAMILY (\$12) _____

VOLUNTARY ADVOCACY CONTRIBUTION

(\$5, 10, 15, OTHER) \$ _____

TOTAL ENCLOSED \$ _____

BACK FOR HIS THIRD BIG YEAR. Why does he do it? Why has Bill Clark volunteered to lead his third Diane's Ride. Well, it's not the money (you might as well know it now, Bill), and it's not the adulation of his peer group (hey, we're out there riding, dagnabit). Says Mr. Bill: "It's the only time of the year I get more mail than Brenda." And that's a true fact; even now, the preregistration forms are pouring in. Hey, there's an extra form for you on the inside back page of this newsletter.

Of course you're going. After all, there's a route for everyone. Families will love the 15-mile route and gear heads will dig the century. Other folks will enjoy the in-between routes. Best of all, the food is great. In fact, the only way to find a better salad bar is to steal the carrots from the rabbit who stole them in the first place. And the pasta! Simply said, for the best mostaccioli this side of Italy, hang around after Diane's Ride. You owe it to your palate and to your stomach. Call Bill for more propag . . . er, information at 347-4841.

IVW HELPS PROVIDE BIKES FOR NEEDY KIDS. Bicycling is too important to keep to ourselves. That was the thought behind the Bikes for Kids event, held May 20 in Bergner's Sheridan Village parking lot.

Peorians were invited to donate their

old bicycles to be repaired and given away to kids who otherwise would have been unable to afford them. And donate they did—296 bicycles rolled (or were carried) onto the lot.

Steve Grube, Tom Parr, Steve Kurt, George Dudley and Eric Hutchison represented the IVW, and tools, parts and pizza were provided by Illinois Cycle & Fitness. Tim Beeney of the Bicycle Bus also helped out.

Lynn Uphoff of the Salvation Army thanked the IVW, saying, "Every child deserves a bike and now, many area children in need have or will receive one."

Herb Jacobson, Bergner's store manager, added, "Your members help in repairing the bikes played an essential part in the event's success. Please extend my thanks to all your members who gave of their time and for their assistance. I hope we can make this an annual event and look forward to working with your group again."

NOTE: There are still more bikes to fix; John Bousky stands ready to provide enthusiastic IVW volunteers with pizza and soda get these wheels rolling. Call Eric Hutchison for more information at 685-3921.

IVW VOLUNTEERS TURN ON THE STEAM. Thanks to all IVW members who helped

with the Steamboat Classic foot race. Sheryl Hansen enjoyed working the finish line as Delilah Asaigo of Kenya won the women's 4-mile race at 19:28 (that's a 4:52 per mile average) and set a new world record.

To put Delilah's record in perspective, consider that most mortals can run about a 8-minute mile (7.5 miles/hr), but at race pace, Delilah runs as fast as many cyclists normally ride (about 12 miles/hour).

Along with Sheryl, these folks volunteered their time: Tom Parr, Steve Shaffer, Drew Arnett, Bill Stevenson, Alan Carr, Sue and Dirk DeDecker, Gregg Benning, Gary Mort, Ken Bechtel and Harold Moloney.

HALF-PRICE MEMBERSHIPS AVAILABLE THROUGH ILLINOIS CYCLE. IVW membership has always been a bargain. Now, thanks to John Bousky of Illinois Cycle and Fitness, it's a steal. People buying bicycles from John receive information on the club and this unbeatable deal: a half-price IVW membership. John chips in the other half.

RUBBING PEOPLE RIGHT. IVW member and ace wrench-twirler Steve Grube now offers a massage service to tired cyclists and their friends. Call Steve for more information at 699-6956.

Illinois Valley Wheelm'n
6518 North Sheridan Road
Peoria, IL 61614

Bulk Rate U. S. Postage PAID Permit No.310 Peoria IL 61601

Your IVW membership expires: 10/03/95

RON ANDERSON
203 LOCUST
WASHINGTON, IL 61571

NO AUGUST MEETING...

DIANE'S RIDE is August 26!
(Beat the late fee. Register before 8/12)