



August 1996

ILLINOIS VALLEY

WHEELM'N

greater peoria's bicycle club



THIS MONTH'S SPECIALS...

Saturday, August 3—Staggered Start Ride & Picnic. Wenger Park, Washington. 1 block south of swimming pool. 15/35/60 mile routes. Bring your own food for after-ride picnic. Swimming after the ride. Start times: 60 miles—3 p.m.; 35 miles—4 p.m.; 15 miles—5 p.m. Ride leaders: Jim Raney, 444-7658, and Rob Alexander, 444-3299.

Sunday, August 4—Morton Field Shopping Center. 8:30 a.m. No leader

Sunday, August 11—Morton Field Shopping Center, Morton. 8:30 a.m. 40–50 miles with a Casey's stop. Ride leader: Jack Welch, 387-6117.

Sunday, August 18—Bill Clark's house, 308 Linden, Pekin. 9 a.m. 35 miles or so. Bill Clark, 347-4841.

Saturday, August 24—Mossville Grade School. 8 a.m. Ride to Chillicothe for breakfast. 20 miles. Ride leader: Dave Schaufelberger, 579-2311.

EVERY SO OFTEN...

Sunday, August 25—Russell's Cycle, Washington. 8:30 a.m. No leader.

Every Tuesday—Wright Road Wride. 6 p.m., Dunlap Grade School (next to picnic shelter in the park). Slow, medium and fast rides—a ride for everyone! Bill Wright, 685-8549.

Every Tuesday & Thursday—Morton Show 'n Go. Field Shopping Center, Morton. 5 p.m. Show 'n Go rides are recommended for experienced riders only. No leader.

Every Wednesday—Thrills, Skills & Speed II. Huck's at Willow Knolls and Allen roads in Peoria. Experienced riders only! 5:30 p.m. Ride leaders: Steve Shaffer, 685-4726 and Sharree Tate, 692-2316.

Every Thursday—Wright Trail and Off-Road Wride. 6 p.m., Wilder Waite School (across from the Rock Island Trail in Alta). Bring your mountain or hybrid bike and discover some new ways to get on and off the Rock Island Trail via gravel roads and dirt paths. Great ride for newcomers or friends of the club. Bill Wright, 685-8549.

Every Thursday—Show & Slow. Russell's Cycle, Washington. 20 miles or so. 6 p.m. Leaders: Rob Alexander, 444-3297 and Jim Raney, 444-7658.

Every Saturday—Washington Show 'n Go. Leaves from Washington Square. Please park away from square. Show 'n Go rides are recommended for experienced riders only. 8:30 a.m. No leader.

RULES OF THE RIDE...

- 1) Ride no more than two abreast—single file in traffic and at intersections.
- 2) Pass only on the left—and announce your intentions.
- 3) Create space in large groups to help motorists pass safely.
- 4) Maintain a safe distance from the rider ahead of you.
- 5) Check all intersections for traffic. Avoid "group think."
- 6) If you stop, please pull off the road

The IVW strongly recommends that you wear a helmet.

For more information on the IVW ride program, or to volunteer to lead a ride, call Tom Parr at 274-4290 (7 a.m.–3:30 p.m.), 274-6101 (7 p.m. to 9:30 p.m.)

NEW MEMBERS

David, Margaret & Ross CoverPeoria Heights
Jim DegenhartWashington
Dave & Ardis DiebelMetamora
James EsterbyPeoria
Sheila, Mike & Chris GribbleDunlap
Mike JoslinPeoria
Walt & Elyn LipePeoria
Allen Monts*Dunlap
Richard MorrisEast Peoria

RENEWING MEMBERS

Gwen, Justin & Ron ChandlerEast Peoria
Chris Collison*Peoria
Julie & Thomas Coogan*Hanna City
Randy & Denise Cooksey*Peoria
Kerry & Stacey DelVecchioPeoria
Robert GuentherPekin
Terry Jones & Jackie RobinsonPeoria
Steven, Connie & David KleinMorton
Tom, Carol, Brian & Kristen RomanowskiPeoria
Brian WhitePeoria

**Indicates advocate-level membership.*

Illinois Valley Wheelm'n Greater Peoria's bicycle club

Affiliated with the League of American
Bicyclists and League of Illinois
Bicyclists

All newsletter phone numbers are 309 area code
unless otherwise indicated.

PRESIDENT

Bill Clark 347-4841

wdark@heartland.bradley.edu

VICE PRESIDENT

Russ Gain 691-4610 (day) 693-1686 (evening)

TREASURER

Brenda Clark 346-2141 (8:30 a.m.–5 p.m.)
347-4841 (5:30–9 p.m.)

SECRETARY

Eileen Dudley 692-7076

gwdudley@bykerider.win.net

RIDE CHAIR

Tom Parr 274-4290 (7 a.m.–3:30 p.m.)
274-6101 (7 p.m. to 9:30 p.m.)

SOCIAL/MEMBERSHIP

Charlie & Franny Klees 694-3674 (home)
698-0048 (fax)

MAILING

Sue DeDecker 693-2973

DATABASE

Larry Davis 691-3060

ldavis@heartland.bradley.edu

ADVOCACY/GOVERNMENT RELATIONS

Eric Hutchison 685-3921 (evenings, weekends), 578-
8239 (days) ehutchis@heartland.bradley.edu

NO BALONEY RIDE (JUNE 1)

Roger John 243-9191

DIANE'S RIDE (AUGUST 24)

John & Judy Apici 387-6761 JApici@aol.com

INTERPLANETARY RIDE (JULY 20, 21)

Sheldon Schafer 682-1876 (home)
686-7000, ext. 4 (work) sls@bradley.bradley.edu

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Bikewriter@aol.com

Submissions, including stories, news, images
and/or humor, are welcomed.

Deadline: 15th of the month

Newsletter published monthly

PEKIN PEDALER PROMOTES. At a July 10 meeting of the Pekin Planning Commission, IVW President and Pekin resident Bill Clark spoke in favor of the pro-bicycle polices in Pekin's new comprehensive plan. Portions of this plan were created with substantial IVW input. Keeping the volume turned up on bicycles at opportunities for public input is what turns paper plans into real pavement. Thanks Bill.

WASHINGTON BICYCLE BOTTLE NECK SOON TO GET ATTENTION. IVW member and Washington resident Ron Anderson attended a public hearing on improvements for his city's South Main Street. Ron reports: "the meeting was also attended by about 30+ homeowners whose property lies along South Main plus reps from IDOT and Cullinan.

Construction is still planned for completion by winter. Property owners had an opportunity to review construction plans to see how their property would be affected. It was all very friendly no controversy. I think for the most part everyone is glad to see this under-way! The design of the South Main improvement will reflect the existing South Main north of the project. That is, the street will have a parking lane on the west side of the street, sidewalks, etc. It will be good!"

IVW TOURS TUNNELS OF MYSTERY. Bill Semmens lead about 40 smiling cyclists (and part-time skiers) on a successful expedition to Wisconsin's Elroy-Sparta Trail last month. The group enjoyed fine accommodations at the "Wilton Hilton" (complementary cattle fencing, bring your own towels and linens). Bill "tenting-at-Taj Mahal" Clark hoisted the IVW rest stop banner and officially claimed the site. Rumor has it that another member of the Clark Clan was seen giving photo ops and auto-

graphs. George's train whistle added a special touch to those long dark cold tunnels (is that water running down the back of my neck, or the hair standing up?). Charlie won the most-creative carbo-loading award (Sparta special—ring balogna and kraut). We all wondered what Rob was smoking during that rainy/muddy ride and later discovered it was turkey. (How did he keep it lit?) A sunset visit by Amish bakers plying their wares by horse-drawn carriage left us

with full stomachs and a somewhat-unique calling card (the "apple" pie was a featured site of the kids' flashlight camp tour). Many thanks to Bill Semmens for taking the bull by the horns and leading us to mighty cheese country.

C-H-A, R-L-Y, K-L-E-C-I. Hats off (but helmets on) to Charlie Klees, greater Peoria's first Effective Cycling Instructor. At substantial personal time and dollar commitment, Charlie finished his ECI training at the League of American Bicyclists National Rally (Dayton, early July). The Effective Cycling Program has been completely restructured to help bring it's valuable message of traffic skill and confidence to a wider audience. It's lessons will allow more cyclists to ride to more places and get there smiling. We're fortunate that Charlie has chosen to help bring this program to our area.

—Eric Hutchison



The June 27 *Daily Southtown* reported that the Bicycle Museum of America at North Pier in Chicago has closed its doors. "The museum lost its lease," said Randy Neufeld, executive director of the Chicagoland Bicycle Federation. He went on to say North Pier management is putting in a different exhibit, and museum organizers are searching for another location. They have some bikes in storage and use others in a traveling exhibit.

—Al Sturges

Parts is parts, unless they's new parts.

IT IS THE MIDDLE OF JULY. Some big bike companies are already rolling out their 1997 lines. Such a strategy does not score points with the dealers as they watch the value of their inventories fall, but it can be quite a boon to the consumer looking for a new machine. While the 1997 models roll onto sales floors across the US, don't look for quantum leaps value for bikes or components. 1997 will see many of the same things that 1996 with the addition of technology moving through bike lines to lower-end parts. We will enjoy Shimano's V-brakes in LX now. Dura Ace will be redesigned significantly, not unlike 1996's XTR. It will also go to a 9 speed cassette.

Ritchey has done some interesting things in the fat tire world for the coming year. TR has designed an offset rim that allows one to use a 9 speed cassette on a normal 8 speed freehub body. The offset drilling of the rim allows for what would be an unacceptable amount of dish. It is an interesting concept. TR is trying to get away from a triple crankset, by rearranging where one's 18 speeds are located. He will also have a nicely forged V-brake. He did redesign his fairly new, but already legendary pedals. They are available now and are utilizing a different top plate and new cleat arrangement. He also recently introduced a somewhat less expensive version of his red Logic pedal.

1997 will see increasingly neat stuff from Taiwan. Look for some beautiful Threadless stems in 1" and 1-1/8" that are actually forged, not CNC'd. There will also be some neat road stems with rise for those riders not wanting to attain Davis Phinney's perfect flat back form. The rise road stems will come in a variety of lengths and offer yet another positive fit option for road bike riders.

Taiwan will also be heavy with V-style brakes. Some will be forged. Some will be CNC'd. Some will be a mix of both method of production. Look for what is essentially long-armed cantilever brakes with wicked stopping power. Beware of the mechanics involved when installing said brakes, since they obviate the need for a brake lever that enhances leverage. It has been taken to the brake arms which runs counter to what has been produced for the last few years by most companies.

More companies are getting involved with shifting systems that utilize some kind of grip-actuated shifter. SunRace of Taiwan has done a wonderful job in refining their 1997 product. It is reasonably priced along with possessing superb function. They seem to have a winner.

Look for the steel frame tubing wars to heat up in 1997. At least one company will be making a run at Reynolds new 853 air hardened tubing. Preliminary testing shows that the competitor developing the tubing is onto something quite



big. The tubing's mechanical properties are most impressive. Additionally, the price will not be in the stratosphere. Look to see it on a lot of road and mountain bikes in 1997.

Composite parts continue to evolve as we head toward 1997. High Zoot has hit paydirt with their new handlebar design. It is uniquely made and beautifully executed. They will be introducing many other composite components in 1997.

Chris King of headset fame has been making front and rear hubs this year; however, they have been nearly impossible to find. 1997 should see better supply of these much sought after products. Their design is one of the most technical on the market. It looks to be bomb-proof.

—Guy Van Guy

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- August 17—Tour de Witt. Weldon Springs State Recreation Area. 35/65/100 miles. Helmets required. \$10 before Aug. 9; \$12 thereafter. Sponsored by Clinton Area Cyclers. Call (217) 935-8006 or (217) 935-3697.
- August 18—Bike Psychos Century XIII. 35/70/100 miles. Start: Coal City High School. Oak Lawn Bike Psychos, P.O. Box 652, Oak Lawn, IL 60454 or call Tom Osterkorn @ 708-325-7149.
- August 24—Dianes's Ride, Peoria; 15/35/67/100 miles along fine river scenery; breakfast/Pasta Fest lunch, \$12 August 16, then \$15, IVW, John Apici, P.O. Box 248, Groveland, IL 61535, 309-387-6761.
- August 25—Wabash River Century. West Lafayette, IN. 35/65/100 miles (road); 36/57 miles (mountain bike routes). For info: Chloe Harshman, 3024 Chinook Ln, Lafayette, IN 47903 or call: 317-474-8621.
- August 25—Dog Daze Double, Big Rock, IL, 50/100/200k; \$10 or \$14 rates available; Oak Park Cycle Club, Judy See, 708-910-3553.
- August 30—September 2. Bicycle Across Missouri (BAM). 570 miles in 63 hours (St. Louis—Kansas City—St. Louis), 285 miles in 32 hours (one-way) or the BAM "Lite" Century featuring the "Seven Hills of Herman." Men's record for the full tour (28 hours, 20 minutes) set in 1990 by Rich Fedrigon and John Stamstad. Call (314) 644-4660.
- August 31—Blueberry Bicycle Cruise. Plymouth, IN. 31/41/62 miles; special 16-mile family tour. \$10 after August 1. Max. family fee is \$20 after August 1. Call (219) 936-8898 or (219) 936-2508.
- September 8—Harmon Hundred, Wauconda; 15/35/65/100 mi; \$10 preregistration, \$15 day of; Wheeling Wheelmen.
- October 5—Ride To The Depot. White Heath, IL. 25/40/65/100 miles. Includes breakfast (all routes) and lunch stop (65/100 miles). Helmets required. \$12 before Sept. 21. No late fee. Sponsored by Champaign Touring Society. Depot Century, 506 S. Country Fair Dr., Champaign, IL 61821. More info, call 217-352-7600.
- October 6—Seventh Annual Pumpkin Pie Ride. Peru, IL. 25/50/75/100-mile routes. Showers available; bring a towel. \$12 by Sept. 21; \$16 thereafter. For info, call (815) 224-2988 or (815) 434-6673.
- October 18—20—Hilly Hundred Weekend Bicycle Tour. Bloomington, IN. Sponsored by Central Indiana Bicycle Association (CIBA). The premiere bicycling event in the Midwest. Two days of riding—choice of 30- and 50-mile routes each day. Includes food and entertainment, and beautiful fall scenery along low-traffic roads. Limited to 5,000 riders. Send SASE to CIBA 1996 Events—HILLY HUNDRED, 6040 N. Emerson Ave., Indianapolis, IN 46220. For more info, call 317-327-BIKE.



**See you at Diane's Ride,
the best ride of (f)all!**

August 24, 1996

Call 387-6761 for information

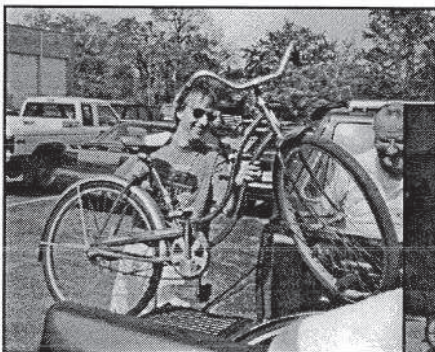


Whole lotta fixin' goin' on.

Pictures from IVW/Salvation Army bike repair day, Saturday, May 18, at Sheridan Village.

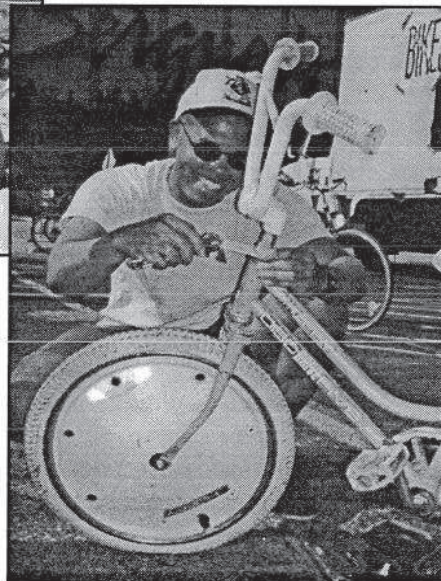


ABOVE: Steve Grube



ABOVE: Darren DeDecker

RIGHT: Russ Goin



GROUP EFFORT: (from left: Russ Goin, Rob Alexander, George Dudley, Steve Kurt)

QUIET HERO NEWS

Thanks to the following IVW members who supported the Quiet Hero Blood Donor Program during the months of April through June with their donations:

Ron Anderson • Judy Apici • Ralph Behrens • Gregg Benning • Bill Clark • Don Jacobs • Ken Pedigo (6 pheresis donations!) • Bill Semmens • Jack Welch (2 pheresis donations) • Brian White

Typically, blood donations fall off during the summer months so if more of you healthy club members can donate it would be much appreciated! Our Quiet Hero Club number is 000560.

—Ron Anderson

PROCTOR EMPLOYEE DAVE BRANYON is looking for volunteers to help out with the Peoria Gus Macker 3-on-3 Charity Basketball Tournament in downtown Peoria, August 10 and 11. The Macker goes to help out the Greater Peoria Family YMCA. (Volunteers take note: As WMBD's long-gone morning man, Bob Carlton, never quite said: "You're goin' to get a t-shirt!") Branyon and crew are looking for a variety of helpers, from setup and tear-down to registration and scorekeepers. For information call Dave at 671-6087 or Rick Dorsey at 671-2700.

WANTED: Juvenile bike to replace outgrown boy's Schwinn bike, which has: 12 1/2" wheels and an 8-1/2" seatpost. **For sale:** the outgrown bike, which has currently detached training wheels. Let's make a deal. —George Dudley, 692-7076



Illinois Valley Wheelm'n Membership Application

(please print)

Name #1 _____ Birthdate _____

Name #2 _____ Birthdate _____

Name #3 _____ Birthdate _____

Name #4 _____ Birthdate _____

Name #5 _____ Birthdate _____

Address _____

City _____ State _____ ZIP _____

Phone () _____

Signature (Name #1) _____ Date _____

(parent or guardian needed if registrant is under 18)

Are you renewing, or is this a new membership? (check one)

Renewing New

If new, how did you find out about the club? _____

Are you a member of the League of American Bicyclists? (check one)

Yes No

Basic membership:

Individual (\$10) \$ _____

Household (\$12) _____

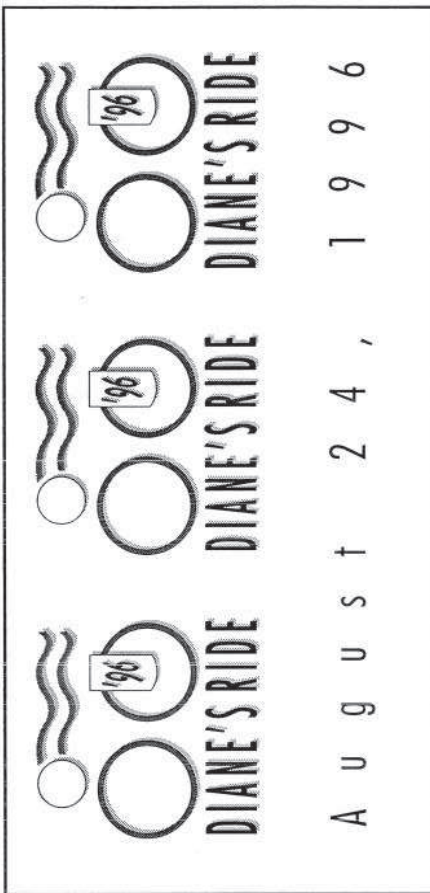
Voluntary advocacy contribution:

(\$5, 10, 15, other) \$ _____

Total enclosed \$ _____

DISCLAIMER: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n bicycle club of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said organization

Make check to: ILLINOIS VALLEY WHEELM'N, 6518 NORTH SHERIDAN RD STE 2, PEORIA IL 61614-2933



ILLINOIS VALLEY WHEELM'N
6518 NORTH SHERIDAN RD STE 2
PEORIA IL 61614-2933

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AUGUST 1975. In recognition of the nation's upcoming bicentennial, Schwinn's product catalog is titled *Cycling America '75*. Inside, bare-headed cyclists in slacks, tailored shorts, casual shirts and halter tops are pictured riding past everything from Independence Hall in Philadelphia to the Golden Gate Bridge across the bay from San Francisco. (One helmeted exception: riders with the *Wandering Wheels*, shown pedaling through Colorado.) Accessories include touring bags with "The Denim Look," and four models of bulb-style horns. Prices on bikes range from \$129.95 for the *Varsity Sport* to \$575 for the *P13 Professional Road Racing Paramount* (with Campy drivetrain and Schwinn-Approved alloy center pull brakes). Tandem riders can choose from four models, from the *Twinn Coaster* at \$146.95 to the *Men's Double Paramount* at \$695.00.



700-mile jaunt from Edmonton to Calgary. Roland Defenbaugh reports that his son-in-law, Bill Clark, recently pedaled 520 miles from Washington, IL to Chetek, WI.

AUGUST 1986. The Rock Island Trail may have a future after all. Repavement of Route 8 has improved cycling west of Peoria. At nine days, eight hours and two minutes, Lon Haldeman broke his previous best time in the *Race Across America*. However, he still placed second to Pete Penseyrs who finished the transcontinental event in 8 days, 9 hours and 47 minutes.

AUGUST 1991. Roy Knickman wins the 93-mile Proctor 100 Road Race August 18. Chicagoan Stuart Dick, of the newly formed League of Illinois Bicyclists, writes IVW members to encourage the Illinois Department of Transportation to produce a statewide bicycle map. A club columnist claimed this as the most frequently overheard snatch of bike shop conversation: "This repair is way too much. Do we have to fix the brakes?"

AUGUST 1981. Diane Ziegler narrates a slide presentation of her recent tour through the Canadian Rockies, a

Your IVW membership expires: 10/03/96

RON ANDERSON
 203 LOCUST
 WASHINGTON, IL 61571-2207

Diane's Ride is this month...
See you at the top of the next hill!