



ILLINOIS VALLEY WHEELM'N



May, 1998

greater peoria's bicycle club

STRETCH
RICH
STRETCH

Nice weather seems to be here finally, between rain storms anyway. I hope everyone has been riding some. I know several who ride all winter, I try to ride if it is not too cold, but I really do not like cold weather.

Some of the weekday rides have started, Wednesdays in East Peoria and Thursdays in Washington, I know the Thursday ride has been well supported. I help on the Wednesday ride, which was started last year, and our turnout has not always been what we had hoped. We will continue to have it because we just enjoy riding, even if it is only 3 or 4 riders most of the time. I hope the support for all of the club rides increases this year with more attention being given to the beginning riders. We have lost the Sunday rides because of lack of support. Sunday seems to be more of a family day for most, and that is important also. If anyone has ride ideas, a favorite ride, or would like to lead a ride, let me know. Input is needed to either make additions or improvements to what we have, or what we start. If you have not ridden much, don't be afraid to come out and ride with us, I'm sure no one at the rides designated 1, 2, or below will get left behind.

I attended the Ride Around Henry that Patty Sage put together April 5th. I want to thank Patty for a very enjoyable afternoon. The ride was very easy going

and well planned. The gravel sections were not that bad, it did get most people to bring a cross or mountain bike, which did slow the pace down to a very comfortable level. Everyone seemed to have a real good time.

Those who ordered club jerseys should have received them by now. They look real nice. VO Max did a good job on the art work and colors. Thanks to Dirk McGuire for doing such a good job getting the order done and thanks to all who purchased one. A few of the area bike shops ordered some, so those of you that didn't order or would like one might still be able to get one.

The 1998 Bikes For Kids is coming up. May 16th at Sheridan Village, the Ill. Valley Wheelm'n and the Salvation Army have a bike repair day. Hopefully some members can donate some time to repair a few bikes. Unfortunately of all the weekends they could have chosen, they decided on one that I have family plans on.

Possibly, some of the bikes left over might be donated to the Pedals For Progress program that Sheldon Schaffer is promoting. The club has agreed to help support his efforts, and any members that would like to donate can give Sheldon a call. They will take old repairable bikes or just a monetary donation. Each bicycle they ship costs them around 30.00, so they would like donations of 10.00 for each bike. Any help would be greatly appreciated. Thanks and good riding, maybe I'll see you on the road. *RICH*

Pedal Peoria

A series of rides that explore the Peoria Area by bicycle. All rides are designed for the casual (level 1) rider, 10 - 15 miles, approximately 1.5 hours (plus stops), starting at 6 PM. Ride leaders: Eric Hutchison and Sheldon Schafer, see ride schedule for details.

New Members

Tomi Backlund Peoria^
Doug & Anne Dickerson
..... East Peoria
Dave LeFever Davemport, IA*

Renewing Members

John Antram Morton^
Michael & Marilyn Bown
..... Peoria^
Mike Calvert Mapleton
Allan Carr Peoria^
Carl & Janice DeBoer family
..... Peoria
Don Eberle East Peoria*
Jim & Sarah Emmons Lacon^
David & Alberta Gehrt family
..... Speer*
Conrad Grembowicz Peoria^
Steve Grube East Peoria*^
Chuck Gullette Washington
James & Sue Hooker family
..... Chillicothe^
Don Jacobs Washington
Brian & Debbie King family
..... Washington
Dirk & Michelle McGuire family
..... East Peoria
Gary Mort Morton
Greg Oakes Metamora
Cynthia Tanner Brimfield*^
Larry & Lisa Voyles Benson
Bill Wright Peoria*^

*LAW Member ^Advocacy

Illinois Valley Wheelm'n

Greater Peoria's bicycle club

Affiliated with the League of
American Bicyclists and League of
Illinois Bicyclists

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Jim Emmons 246-2166

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Jack Welch 387-6117

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Submissions, including stories, news,
images and/or humor are welcomed.

Deadline: 15th of the month

LUNCH ON THE ROCK ISLAND TRAIL

Sunday May 17th, 11:00am. Meet at the
end of Chanute Road (off University in
Pioneer Park).

This is the trail access point North of Cilco
used by Lakeview's Interplanetary Ride.
Pack a lunch and travel the trail on your
Hybrid or Mountain bike. We'll go through
the tunnel under Interstate 474, through Alta
to the picnic grounds between Alta and
Dunlap. Lunch will be at the shelter, bring
what you need. After lunch we'll ride
through the campground onto the grass
trials of the woods beyond. Everyone can
decide how far they want to go. Level one
ride, bring the kids. Rain date, one week
later, Sunday May 24th. Call Larry Paustian,
ride leader, at 694-3947.

Beginners Ride

Bill Wright is starting a new ride for new
cyclists. It will meet weekly on Mondays, 6
PM, starting June 1, under the water tower
in Dunlap. Look for flyers in local bike
shops and health clubs. For details, call
Bill at 685-8549.

Washington Thursday Ride

Meet at Russell's in Washington at 6:00.
There will be a speed for everyone, Martha
will be leading a beginner's ride, Jim will
lead a longer/faster group or two, and there
may even be a faster group. Call Jim 444-
7658, Rob 444-3297, or Martha 444-9362.

Wednesday Morton Ride

Join Dirk and Rich for a Level I, II ride around
the Morton area. Meet at Pleasant Hill An-
tique Mall, 6:00. Rich and Dirk promise to
ride with anyone that shows up. Call Dirk
699-8482 or Rich 694-4104

Tuesday Wright Ride

Starting May 19 - Come join the ever
popular Tuesday ride leaving from the
Dunlap Grade School at 6:00, Multiple
groups, Bill Wright 685-8549

Pedals for Progress

As mentioned in the March newsletter,
Pedals for Progress sponsors the
collection of used bicycles, which will be
shipped to developing countries. I am
coordinating a collection of bicycles in the
Peoria Area to be donated to Pedals for
Progress. Anyone with a unwanted bicycle
in repairable condition is urged to donate
the bike to this cause. Bicycles can be
brought to my house at 4623 N Missouri,
Peoria 61614. Call me at 682-1876 or e-
mail sls@bradley.edu for more information.
Since it costs PfP \$35 to collect, process,
ship, rebuild and distribute a bicycle, a \$10
minimum donation toward shipping costs
is requested with each bicycle. The
Wheelm'n Board agreed to support the
shipping of 20 additional bikes leftover from
the Salvation Army collection. *Sheldon
Schafer*

The Parke County Covered Bridge Bike Tour

A number of club members are planning
on going to this ride in Rockville, Indiana
on Saturday May 2nd. Sign up is \$15.00
by April 20th and includes lunch or \$20.00
thereafter without lunch. The drive over
takes about 2 1/2 hours. Rockville is just
South of Turkey Run State Park, South of
Interstate 74 just across the State line.
Some of us are going over Friday night,
others Saturday morning. Check with us
at the Washington Thursday night rides for
meeting up in Rockville



The Peoria
Bicycle Club
will be
hosting the
Proctor
Cycling
Classic
Sunday
May 31, in
downtown
Peoria
beginning at

8 A.M. Volunteers are needed to man the
course during the race and anyone wishing
to volunteer or wanting more information
can contact Everett Lyons at 693-2339.



BIKE QUAD CITIES

WIDE ASPHALT, NEARLY LEVEL TRAILS

①

RIDE THE PARKWAY THROUGH BETTENDORF AND DAVENPORT. WOODLANDS AND PARKS CONNECTED BY A SECLUDED WOODED PARKWAY. GO UNDER ROADS AND OVER BRIDGES SPANNING DUCK CREEK (SIMILAR IN SIZE TO OUR KICKAPOO) FOOD AND SHOPPING ALONG THE TRAIL UP ON THE CREEK'S BLUFF. ROUND TRIP ON TRAIL IS 20 MILES. LUNCH AT 11am OVERLOOKING CREEK AND TRAIL.

②

RIDE ALONG THE MISSISSIPPI AND GET YOUR FEET WET. THE TRAIL FOLLOWS THE ILLINOIS SIDE OF THE RIVER AT WATERS EDGE AND ON DIKES, THROUGH RIVERFRONT COMMUNITIES AND PARKS. EXTENDED TO THE NORTH SINCE LAST YEAR'S TRIP. 14+? MILES.

③

AN URBAN RIVERFRONT TRAIL (INCOMPLETE) ALONG THE BETTENDORF DAVENPORT RIVERFRONTS. WE'LL SAVE THIS ONE FOR ANOTHER TRIP UNLESS FLOODING AND/OR DAMAGE CLOSES PLANNED TRAIL RIDES.

TRAVEL TIME FROM PEORIA IS ONE AND ONE HALF HOURS. TRAIL HEADS ARE FIVE MINUTES APART ACROSS INTERSTATE 74 BRIDGE. LARRY PAUSTIAN WILL GUIDE THIS RIDE TO HIS HOME TOWN OF DAVENPORT, IOWA. LEVEL I RIDERS SHOULD BE ABLE TO DO BOTH TRAILS IN A DAY. 34 TO 40 MILES TOTAL. SOME MEMBERS MAY WISH TO SHOP PART OF THE DAY - SEE DINNER BELOW. ALSO A SIDE TRIP BY BIKE ONTO ROCK ISLAND ARSENAL IF TIME PERMITS OR AS AN ALTERNATE TO TRAIL 2 FOR SOME RIDERS.

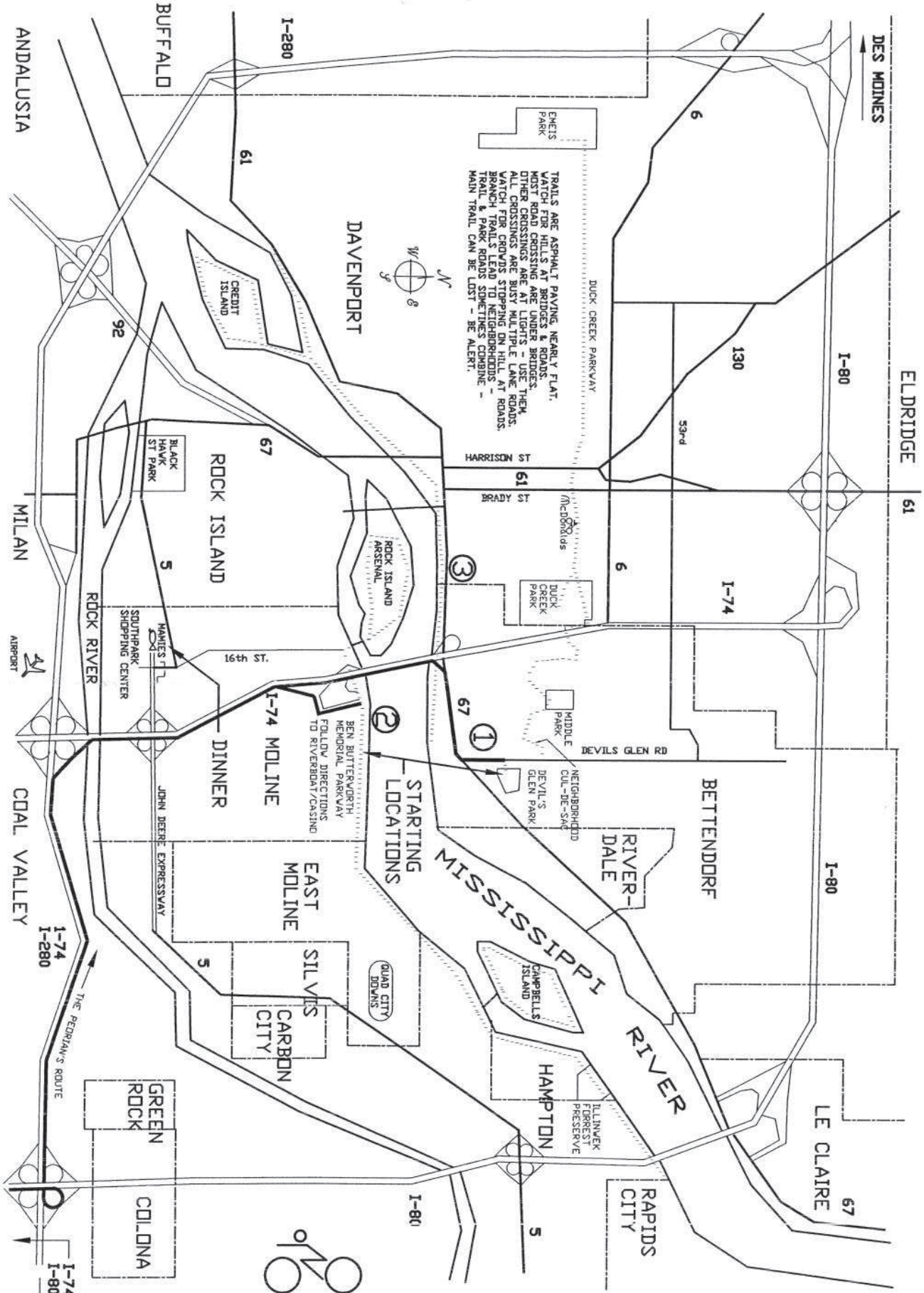
RIDE IS PLANNED FOR SUNDAY JUNE 14th.
LEAVE PEORIA AT 7am ARRIVE BETTENDORF 8:30am

MEET AT TOWN & COUNTRY BOWL - CORNER OF GALE & FORREST HILL
(ACROSS FROM EMRO GAS STATION)

RIDE WILL START AT 9:00am FROM DEVEL'S GLEN PARK
BETTENDORF, IOWA

RETURN IN THE EVENING AFTER DINNER AT MISS MAMIES CATFISH HOUSE
3925 16TH MOLINE, IL - ONE BLOCK NORTH OF JOHN DEERE EXPRESSWAY
(BY SOUTHPARK SHOPPING CENTER, ONE HALF MILE WEST OF I-74)

FOR ADDITIONAL INFORMATION CALL LARRY PAUSTIAN AT 694-3947



TRAILS ARE ASPHALT PAVING, NEARLY FLAT. WATCH FOR HILLS AT BRIDGES & ROADS. MOST ROAD CROSSINGS ARE UNDER BRIDGES. OTHER CROSSINGS ARE AT LIGHTS - USE THEM. ALL CROSSINGS ARE BUSY MULTIPLE LANE ROADS. WATCH FOR CROWDS STOPPING ON HILL AT ROADS. BRANCH TRAILS LEAD TO NEIGHBORHOODS - MAIN TRAIL CAN BE LOST - BE ALERT.

DUCK CREEK PARKWAY - 10 MILES - 20 ROUND TRIP
 BEN BUTTERWORTH PARKWAY - 7+ MILES - 14+ ROUND TRIP
 ROCK ISLAND ARSENAL - 3 MILES - 6 MILES ROUND TRIP

QUAD-CITIES

ILLINOIS - IOWA
 NO SCALE

I-74 PEORIA
 I-80 CHICAGO



The following is based on an article appearing in the 29Jan98 Chicago Tribune. Thanks to alert reader Steve Kurt for the clipping.— Deep within the big asphalt city, where an army of drivers with oversized wheels, marauder grills and gas-gulping engines threaten to flatten what little is left of a civilized spirit, one man and his Post-its wage war. The man is Ben Weese. His Post-it notes, the beginning and end of his arsenal, read: "Save the Planet, Get a Small Car." His prey is the sports utility vehicles (SUV's), which have become the latest fashion rage with well-heeled suburbanites. Mr. Weese travels mostly by foot, bicycle, or bus. "There's a war on between the pedestrian life and the auto excess," says Weese. "...you can get 40 people on a bus. A lot of traditional cordiality can be practiced in spaces where you meet people, where you can give up your seat for a senior citizen. That happens on buses, that doesn't happen in traffic. It's a matrix of problems, but I find the social isolation, which has come to a millennial head, is epitomized by the

sport utility vehicle." Eric's comments: Call me a curmudgeon, but I feel like cheering for Mr. Weese. For the first time in history, Americans are now junking cars which are more fuel efficient than their replacements. It seems to me that the primary mission of the American military these days is protecting the flow of cheap gasoline from the tantrums of mid-east tyrants. (Just like the 70's, we still import about 50% of our oil.) All this, so we can battle on the home highways over who has the "safest" (biggest) set of wheels. America has lots to be proud of, but it's future-be-damned energy habits aren't one of them. *Eric Hutchison*

The NITE (Navigate Indy This Evening) Ride, June 11, Sponsored by Central Indiana Bicycling Association (CIBA), Indianapolis, IN. Scenic tour of downtown Indianapolis starting from Major Taylor Velodrome at 11:00. \$18 Registration Fee includes free ride on velodrome, free admission to USCF bicycle races, T-shirt (if pre-registered), after-ride party and door prizes. Send SASE to CIBA 1998 Events - NITE RIDE, P.O. Box 55405, Indianapolis, IN 46205 or download application from CIBA Website: www.spitfire.net/CIBA For information call: (317) 327-BIKE.

Hilly Hundred Weekend Bicycle Tour, Oct. 9-11, Bloomington IN. Sponsored by Central Indiana Bicycling Association (CIBA). The Premiere bicycling event in the Midwest. Two days of riding - choice of 40 or 50 mile route Saturday and 30 or 50 mile route Sunday. Food and Entertainment along route, beautiful fall scenery along low-traffic roads. \$28 registration fee includes food and entertainment along the route, Pre-ride Party on Friday night, Saturday Evening Entertainment, vendor tent, map, cue sheet, support along route, etc. Limited to 5,000 riders. Send SASE to CIBA 1998 Events - HILLY HUNDRED, P.O. Box 55405, Indianapolis, IN 46205 or download application from CIBA Website: www.spitfire.net/CIBA For information call: (317) 327-BIKE.

Second Annual Quad City Trail Ride, June 14. There are many side trips into parks and islands to provide easy riding and exploration. These trails have long distances of paved trail without interruption, making an enjoyable and safe Level I ride. For the best urban parkways and well engineered and maintained bike trails you must experience biking in the Quad Cities. Larry Paustian 694-3947

ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

Name #1 _____ please print clearly Birthdate _____
 Name #2 _____ Birthdate _____
 Name #3 _____ Birthdate _____
 Name #4 _____ Birthdate _____
 E-mail address (print clearly) _____
 Address _____
 City _____ State _____ ZIP _____
 Phone () _____
 Signature (Name #1) _____ Date _____
(parent or guardian if registrant is under 18)

Are you renewing, or is this a new membership? (check one)

Renewing New

If new, how did you find out about the club? _____

Are you an LAB member? (check one)

Yes No

Basic membership:

Individual (\$10) \$ _____
 Household (\$12) \$ _____

Voluntary advocacy contribution:

(\$5, 10, 15, other) \$ _____

Total enclosed \$ _____

DISCLAIMER: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n bicycle club of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said organization.

Make check payable to: ILLINOIS VALLEY WHEELM'N, 6518 NORTH SHERIDAN RD. STE 2, PEORIA IL 61614-2933

May 2

Ride the Ups and Downs - Elizabeth IL, For info: 673-8647 Beth & Ken Beckler; 815/858-9837, elizabeth-il.com
 Parke County Bike Tour - Billie Creek Village & Inn, Rockville IN, (765) 569-3430

Petersburg T.G.I. Spring Ride - Springfield Bicycle Club invitational ride. 12, 25, & 57 miles routes starting at PORTA Middle School, 7th & Jackson St, Petersburg, IL (20 miles NW of Springfield). Fees: \$5 individual, \$12 family. Contact Theresa DeLeon, 217/793-0722 (SBC) or Sheila Blodgett 217/632-7363 (Petersburg Chamber of Commerce).

May 3

JBC Sudden Century - Joliet Park District and Joliet Memorial Stadium, Joliet, IL Steve (815) 467-5748 www.justnet.com/jbc/index.htm

May 17

Lunch On The Rock Island Trail - Larry Paustian 694-3947

May 20

Grandview Ride - Start at Lakeview Museum east parking lot Highlights: Views from Grandview Drive Prospect Rd., High Point Dr. Tower Park. Pedal Peoria Series, Eric 685-3921 or Sheldon 682-1876

May 22-24

Horsey Hundred - Georgetown, KY, Bluegrass Cycling Club, www.announce.com/bluegrasscyclingclub/BCC/bcc.html

May 22-25

1998 LAB GEAR South - Johnson City, TN Contact League of American Bicyclists (202) 822-1333 X220 bikevent@aol.com

May 31

Proctor Cycling Classic - Peoria Bicycle Club, see your local bike shop.

June 3

History Ride - Start at Illinois Antique Center/Crooked Waters parking lot. Highlights: River front, Springdale Cemetery, Randolph-Roanoke-High Street homes, Giant Oak Park. Pedal Peoria Series, Eric 685-3921 or Sheldon 682-1876

June 6

No Baloney Ride - Jim & Sarah at 246-2166 or Dirk at 699-8482.

June 13

Tour de Chicken - Jubilee College State Park, A benefit for Children's Home 658-1047

June 19-24

Bike Virginia - Civil War Odyssey III, (757) 229-0507

June 21

Windy 60 - N.I.U. Fieldhouse, Dekalb Contact Dekalb County Bicycle Club, P.O. Box 192, Dekalb, IL 60115 www.dekalb.org
 Boulevard Lakefront Tour, Ida Noyes Hall, University of Chicago, 1212 E. 59th Street, (630) 574-2620 www.chibikefed.org

June 21-27

TRIRI - Week-long tour of Indiana, too late this year!

July 1

Eric's Deli Ride - Start at Loucks School parking lot Highlights: Pettengill-Morrison House, West Peoria, Glen Oak Park, Fedora's Deli. Pedal Peoria Series, Eric 685-3921 or Sheldon 682-1876

July 11

The NITE Ride - Navigate Indy This Evening, downtown Indianapolis Contact NITE RIDE, P.O. Box 55405, Indianapolis, IN 46205 www.spitfire.net/CIBA

July 15

East Peoria Trail Ride - Start at Illinois Antique Center/Crooked Waters parking lot. Highlights: Robert Michel Bridge, East Peoria Trail. Pedal Peoria Series, Eric 685-3921 or Sheldon 682-1876

July 29

East Peoria Fon du Lac Ride - Start at Illinois Antique Center/Crooked Waters parking lot. Highlights: Robert Michel Bridge, views from Fon du Lac Dr. Pedal Peoria Series, Eric 685-3921 or Sheldon 682-1876

Aug. 12

Garden Ride - Start at Botanical Gardens, Glen Oak Park Highlights: Luthy Botanical Gardens, Springdale Prairie, selected city gardens (Please let the ride leaders know of any gardens which you think should be included on this ride's route.) Pedal Peoria Series, Eric 685-3921 or Sheldon 682-1876

October 9-11

Hilly Hundred - Bloomington IN Contact HILLY HUNDRED, P.O. Box 55405, Indianapolis, IN 46205 www.spitfire.net/CIBA

ILLINOIS VALLEY WHEELM'N
6518 NORTH SHERIDAN RD. STE 2
PEORIA IL 61614-2933

Bulk Rate U.S. Postage PAID Permit No. 310 Peoria, IL
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Your IVW membership expires: 10/03/98

RON ANDERSON
 203 LOCUST
 WASHINGTON, IL 61571-2207