



ILLINOIS VALLEY WHEELM'N



greater peoria's bicycle club

September, 1998

Pulling the Plug

STRETCH
RICH
STRETCH

Fall must be approaching, another Diane's Ride has come and gone. This summer has really gone by quickly. We need to thank Brian and Debbie King, their family, and all who volunteered to help at rest stops, at lunch, and provide baked goods for Diane's Ride. The ride, according to those I talked to, was a big success. Everyone enjoyed the route and had a good time. The articles Brian displayed about Diane were a nice addition for those that were not familiar with her. It let them know who the ride was named after and how her life so tragically ended. I can only wish that I would have had the opportunity to know her.

There are still a lot of good rides to come this fall. Watch the newsletter for times and locations of some. Check the local bike shops for more information on other rides in the area.

July 18th of this year I went to Indianapolis to participate in a ride for the American Diabetes Association. The ride took place on the Indianapolis Motor Speedway. I, being a race fan, couldn't pass up the chance to ride on the race track. It turned out to be more of an experience than I expected. To see all the different age groups and skill levels, all riding together for one cause, gave me a real good feeling about bicycling and those that enjoy it. And when you see a man in a racing style wheelchair, pushing around a 2.5 mile race track, you realize we can do most anything we want if we set our minds to it. I'll close with that thought. So keep riding and I hope to see everyone on the road. - Rich -

"Your IVW membership expires: 8/31/1998". Ominous stuff-should we renew? We're pretty far from IVW action central, maybe we won't.

But that's not done without a pang or two. Cycling in general, and the people of the IVW have meant a great deal to us over our years of association. The trip to the cardiac unit was the wake up call, and cycling has been a major part of the response. But there was much more as we got into the IVW and became active in the workings of the club. True to the platitude, you get out of the club, or anything else, in proportion to what you put in. We can't put in much from here. But we have plans to increase our activity in GABA (Greater Arizona Bicycle Assn.).

We hope any of our IVW friends who get within striking distance of us will come ride with us. We have really good riding out the front door-year around. Admittedly, during the summer it pays to get up and out early. But while the IVW people are wishing the -40deg wind chill would go away, we might have to start in tights and a jacket if leaving before 10 A.M.

Things aren't that different in the bike shop business. BJ's bike shop is owned and run by a guy named Joe who's a competitive mountain biker. That shop is 1.3 miles from the front door. We hope to open that front door for any of you IVW people who will give us the opportunity.

Here's the phone no: (520)393-7935, and the E-mail address: gwdudley@bykerider.win.net

Tailwinds from George & Eileen Dudley

New Members

Tim Allen Lacon
 Ted & Mary Anne Bregar Family ...
 Dunlap
 Christine & Daniel Hill Peoria
 Kevin & Michelle Lantz^
 Metamora
 Vicki & Brian Morrical Family^
 Peoria
 S. Kay Murdock Dunlap
 Linda Smith Peoria
 Donna Jo Sorensen Peoria

Renewing Members

Lynne Anderson-Loy Peoria
 Tom & Julie Coogan Family^
 Hanna City
 David & Margaret Cover Family
 Peoria Heights
 Chris Drew East Peoria
 Robert Greer Peoria
 Sheila Gribble^ Dunlap
 Roger & Kathy John^* Dunlap
 Mike Joslin^ Peoria
 Dalton Larson East Peoria
 Ron & Jan Matuska^* ... Mackinaw
 Richard & Rhonda Morris Family^
 East Peoria
 Margaret Moulton East Peoria
 Patrick & Diana O'Connor Family .
 Magnolia
 Ken & Rosie Parker Morton
 Tom & Carol Romanowski Family .
 Peoria
 Frank & Pilar Sullivan Family^
 Metamora
 Mathew Timm & Deanna Wilt^
 West Peoria
 Larry Wegman Pekin
 Jim & Anne Wittmer Family*^
 Peoria

*LAW Member ^Advocacy

Illinois Valley Wheelm'n

Greater Peoria's bicycle club

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American Bicyclists and League of
Illinois Bicyclists

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wclark@mtco.com

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Submissions, including stories, news,
images and/or humor are welcomed.

Deadline: 15th of the month

IWV On The WEB

[http://www.geocities.com/
Colosseum/Field/6055/](http://www.geocities.com/Colosseum/Field/6055/)
enter the above as one line, no
spaces

Sept. 5-6, Wheeling Around Corn Country

This is the second year the Wheelers will bring you the new 2 day version of this ride without the newspaper. McLean County Wheelers, P.O. Box 947, Bloomington, IL 61702-0947

Sept. 7, Kewanee Fly In Breakfast

Meet at the Wyoming Depot 8:00 A.M. and ride to the Kewanee Airport for the Fly In Breakfast. Gary Hartzler 674-3061

Sept. 12, Four In Forty-five Ride

Cycle through four towns in four counties in forty-five (to 50) miles. Ride starts 8:30 a.m. at the city park in Minier (Tazewell Co). We'll pass through Atlanta (Logan Co.), Waynesville (Dewitt Co.), and then stop to eat at McLean (McLean Co.). Don Eberle (699-2790) & Eric Hutchison (685-3921). Directions - Minier is SE of Morton. Take I-155 south from Morton. Take IL122 east to Minier. Turn south on County Rd 12 in Minier and then east on Park St. If driving from Peoria, allow about 45 minutes for the trip.

Sept. 12, Crane Strain.

A 12 Hour Challenge. A personal challenge - a ride for cyclists of all levels of skill and experience. "The Safest Ultra-Marathon Cycling Event in the Country". Phillip Cooper (812) 339-1722

Sept. 13, Capital City Century

Beach house on Lake Springfield; 25 mile fun ride routes or 62 and 100 mile century routes; fun rides start from 8 until 10 a.m. while centuries start from 7 until 9 a.m.; fun rides are \$10 and centuries are \$12 before August 22; contact Alan Josephson at 217-793-0590 or ajosephs@fgi.net; www.fgi.net/~jnugent/sbcfiles/cc-98.htm; includes food, sag, map, marked route and post-ride party; T-Shirts will be available for \$12 (\$15 for long sleeve).

Sept. 19, Punkin Festival Ride

There is a twenty five mile route and a 35 mile route. Both routes will be mapped and marked. The longer route will have one rest stop on it. This may be a park or a Casey's where you can take care of your own needs. (so bring money) Both routes go through Morton for the annual Pumpkin Festival. Stop and eat and rest a while, before returning to Tremont.

Sept. 19, The Bob Galloway Memorial... "Amish Country Bicycle Tour"

The separate 15/25/40/60 mile routes tour through the scenic Arthur area offering a look into the past. Catch the Amish

working in their fields & their children at play. A great lunch, local shopping, Rockome gardens, buggy rides & The Great Pumpkin Patch are also available! The Ride offers :The LOWEST Early-Registration Entry Fee in Central Illinois. Just \$5.00 before 9/1/998; and just \$9.00 thereafter. Great refreshment stops and friendly SAG service along your way. Delicious all-you-can-eat lunch at the Menonite School. Note: Lunch is a separate fee, as it is a fundraiser for the Menonite School. Camping is allowed the evening before ride, Showers & restroom available. Day-of Registration, Check-in and ride start will be from 6:30am - 11:30am at the Arthur High School. For more info: E-mail: mcclure@midwest.net or DBC Homepage: <http://scribers.midwest.net/mcclure>

Sept. 19-20, The Great Spring Green Bicycle Adventure

Experience incredible cycling through Frank Lloyd Wright country. Both days of cycling start and end at the luxurious Springs Resort. Bike Wisconsin, PO Box 310, Spring Green, WI 53588. www.grabaawr.com

Sept. 20, Spoon River Scenic Century

For the cyclist that wants to be well fed, this ride is a must do. Ride through beautiful country on a scenic route. Spoon River Wheelmen (309) 647-3801.

Sept 26, Goofy Ridge Ramble

Manito / Havana. Meet at Midwest Central High School in Manito, 9am, 45-50 miles, Eric Hutchison, 685-3921. Highlights include scenic roads through the Sand Ridge State Forest and along the Illinois River through the Chautauqua National Wildlife Refuge (where the honkers are generally on wings, not wheels). Weather permitting, we'll eat lunch at Havana's riverside park. You can pack a lunch along, or buy what suits you at Havana's restaurants or grocery stores. Two water bottles and some snacks may come in handy- services are limited along the route.

Sept 27, Apple Cider Century

Three Oaks, MI. Register on or before July 31, 25, 50, 75, or 100 mile routes, \$25 till 7/31, includes spaghetti dinner, T-shirt extra. ACC

Oct. 4 The Pumpkin Pie Ride

Peru, IL Sponsored by the Starved Rock Cycling Ass'n; Peru YMCA, Walnut St.; Registration: starts at 7:00 am.; Ride 25/

0/75/100 on road or mountain bike rides available on the I & M canal. Sag, food, maps, goodies, and pumpkin pie after the ride.

Oct. 4. Ride To The Depot

White Heath, IL 25,35,40,65 and 100 miles; flat to slightly rolling with light traffic only. Starts at the White Heath Community Center, White Heath, IL. hot breakfast for all riders at the Community Center. T-shirts available with pre-registration only; ; Info: (217) 352-7600;

Oct. 9-11, HILLY

Hilly Hundred Weekend Bicycle Tour. The Hilly Hundred is a two-day event held in the scenic hills of southern Indiana. The routes cover challenging terrain with many short but steep hills. The route will seem very difficult if you are not used to riding in hills. (317) 327-BIKE www.spitfire.net/CIBA

Weeknight Rides

Due to the ever encroaching evening, the meeting times for the weeknight rides has changed. Please note the new times to avoid missing the crowds.

Tuesday - Dunlap, 5:30. Some riders will continue to meet and ride.

Wednesday - East Peoria Ride, 5 P.M. at Pleasant Hill Grade School. Dirk McGuire 699-8482 or Rich Morris 694-4104

Thursday - Washington Beginner's Ride, 5:30 P.M. at Russell's in Washington Marty Muller 444-9362

Thursday - Washington Russell's Ride, 5:30 P.M. parking lot of Russell's. Some riders will continue to meet and ride.

Wildlife Refuge (where the honkers are generally on wings, not wheels). Weather permitting, we'll eat lunch at Havana's riverside park. You can pack a lunch along, or buy what suits you at Havana's restaurants or grocery stores. Two water bottles and some snacks may come in handy- services are limited along the route.

Getting there - Manito is southwest of Pekin. Take IL29 south out of Pekin. Turn right on Manito Road which intersects IL29 at the prison on Pekin's south side. A sign to the high school is posted on the main N/S road in Manito. If driving from Peoria, I'd allow about 45 minutes to for the trip. *Eric Hutchison*

Wednesday Night Ride

Pleasant Hill School, East Peoria Ride start time will change to 5:00 PM September 9th, due to shorter daylight hours. We will continue to ride till we lose Daylight Savings Time. The last Wednesday night ride of this year will be October 21st. Questions; Dirk McGuire 699-8482, Rich Morris 694-4104

Goofy Ridge Ramble (Manito / Havana)

September 26

Meet at Midwest Central High School in Manito, 9am, 45-50 miles, Eric Hutchison, 685-3921. Highlights include scenic roads through the Sand Ridge State Forest and along the Illinois River through the Chautauqua National

CJ's Vitesse, is having an off-road mountain bike race at Jubilee State Park on October 18. The race will be the same format as the Jubilee Jam, which they are not holding this year. It will be a NORBA race with Expert, Sport, and Beginner classes. The flyers & registration will be out in a week or so. We are starting a sign up sheet at the shop for anyone interested in volunteering to help. Please ask anyone who wants to help to call the shop, 692-8780, or stop by to sign up. we will contact them as the race gets closer. For more information, you can call the shop. *Theresa Harms, Race Coordinator*

ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

Name #1 _____ Birthdate _____
please print clearly

Name #2 _____ Birthdate _____

Name #3 _____ Birthdate _____

Name #4 _____ Birthdate _____

E-mail address (print clearly) _____

Address _____

City _____ State _____ ZIP _____

Phone () _____

Signature (Name #1) _____ Date _____
(parent or guardian if registrant is under 18)

Are you renewing, or is this a new membership? (check one)

Renewing New

If new, how did you find out about the club? _____

Are you an IAB member? (check one)

Yes No

Basic membership:

Individual (\$10) \$ _____

Household (\$12) \$ _____

Voluntary advocacy contribution:

(\$5,10, 15, other) \$ _____

Total enclosed \$ _____

DISCLAIMER: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n bicycle club of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said organization.

Make check payable to: ILLINOIS VALLEY WHEELM'N, 6518 NORTH SHERIDAN RD, STE 2, PEORIA IL 61614-2933

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NEWS FLASH!!! PUNKIN FESTIVAL RIDE

September 19, 1998

Here it is Folks! You asked for it, so we are delivering. The IVW'S first "mini invitational". Tired of sitting at home while everyone else is out doing day long rides. Does your schedule not allow you to leave town for a full day to do rides that those "single people" get to do. Not sure if you want to get so far from home without some support. Well now we have the cure. The first annual "Punkin Festival Ride"

There is a twenty five mile route and a 35 mile route. Both routes will be mapped and marked. Both routes will be sagged. Our Sag vehicle will have tools for minor repairs, fix flats, give out cold water, or friendly conversation while we haul your broken steed back to the start. Most often we will just pass quietly by with a friendly wave and a hello, just to let you know you are not out there alone.

The longer route will have one rest stop on it. This may be a park or a Casey's where you can take care of your own needs. (so bring money) Both routes go through Morton for the annual Pumpkin Festival. Stop and eat and rest a while, before returning to Tremont. I will gladly haul any souvenirs you pick up back for you. Here are all the particulars.

Routes: 25 and 35 miles
Terrain: Flat to rolling, with a couple of doozies thrown in for good measure.
Starts at: Registration from 9:00 a.m., to 10:30 a.m. September 19 at; Tremont park, south side, by the swimming pool. From Peoria take I-74 east to I-155 south. Take the route 9 west exit into Tremont. Park is on North side of road about mid way through town.

Features: Tour some of the beautiful Mackinaw river valley before heading to Morton for the annual Pumpkin Festival. All routes are on lightly traveled secondary paved roads.

Fees: \$5 for IVW Members, \$7 for non members, \$1 for Children 14 and under For more information call Bill Clark, 347-4841

Weekend Pancake Crusades

If you're looking for a longer ride on the weekend, give us a phone call. We generally meet at 8:30 a.m. on Saturday and/or Sunday morning and ride 40-50 miles. Starting locations vary within about a half hour drive of Peoria. This helps keep the routes variable and interesting. We generally have a food stop (the table top sized pancakes at

Edelstein win the prize thus far), but you may want to bring some snacks along. I'd call these level-2 rides — you'll enjoy them more if you're already comfortable riding 30-40 miles on your own. Also, please bring a pump and spare tube. Call Don Eberle (699-2790) or Eric Hutchison (685-3921).