



ILLINOIS VALLEY WHEELMEN



April, 2000

greater peoria's bicycle club

President Patty

The year is already flying by. Can't believe March is almost past and the flowers are in bloom! Prime cycling season will soon be here!

The March meeting was a lot of fun. Too bad the \$5 bills that Laura tossed out to the audience weren't real - we could all have had new bikes! She had some good advice though - think before buying those supplements. The companies aren't in business for your health - they're in business to make money. Jonquil Johnston also gave a good talk. There are several trails in the works that I wasn't aware of. Be sure and contact her if you have ideas for a new bike trail or want information about trails in progress. You can reach her at 673-9330 or e-mail at jjohnston@tricityrpgc.org.

I need to extend a belated thank you to Sarah Emmons and her family for the February mystery dinner. They went all out to make sure we had a good time. It was sure interesting to see the creative things that people did to eat their meals. Todd and I still maintain that Cindy Matthias should win the MacGuyver award for her ice cream eating technique!

I also need to thank Marge Semmens and the members of the promotion committee - Larry Paustian, Larry Robbins, Lori Boland, & Chris Hill. They've been putting in a lot of time the past few months on the IVW bike festival. Increasing and retaining membership is important to the well-being of our club. So, please support the festival. Bake cookies, bring a potential new member, or show up to lend a hand. You might even have fun trying out the rollers! (Ha Ha) Anyway -

it looks like it will be a fun time, so hope to see you all there on April 8! (And don't miss the April 12 meeting on dogs and general ride safety.) Happy Cycling!
Patty

Bicycle Festival

April 8, 2000

9 A.M. - 12 P.M.

Bicycle Safety Town

6518 North Sheridan, Peoria

The IVW is sponsoring a "bicycle festival" this year in order to expose people in our community to bicycling and to our club. This event is open to both members and non-members and it is absolutely free.

If you are a member but haven't been active this is a great opportunity to meet some new people and participate in the activities. Bring your bicycle and helmet and wear your cycling attire. We'll have folks check your bike and helmet for accurate fit and you will have an opportunity to ride rollers or a trainer.

If you are unsure about riding on the roads, the bicycle safety course will be open and one of our experienced members will be there to go over the bicycle rules of the road. Videos on bicycle vacations will be shown throughout the event as well as a continuous flat tire demonstration.

Be sure to register for free door prizes and stop at the rest stop for free refreshments which include homemade goodies. We are still looking for members to bring homemade items—please contact Sarah Emmons.

Get out your bike, bring a friend and come on out for some food and fun at the 1st Annual IVW Bicycle Festival.

April Club Meeting

April 12, 7:00. Our featured speaker will be Bill Motteler from the Peoria Animal Shelter. He is a bike rider & has had dog problems himself so is empathetic with bike riders. He will go through methods of how to handle dogs chasing & will also review ordinances regarding leash laws & what we can do to prevent additional attacks. Meet at Safety Town, 6518 N. Sheridan Rd, Peoria. (Couple of miles north of Sheridan Village shopping center.)

Bike Quad Cities

Ride the trails in the Quad Cities area, all trails are paved but fatter trails may be better on some side excursions. There are over 50 miles of trails allowing plenty of variety without traffic. Larry Paustian 694-3947

New Members

Tracy Herrmann Peoria
Patrick McGovern Galva

Renewing Members

Mark Ferguson^ Peoria
James & Sue Hooker^ Chillicothe
Harold Moloney^ Morton
Sheila Putney^ Hanna City
Dave & Laura Schaufelberger^
..... Chillicothe
Randy Senneff Family Peoria
Pamela Shuck-Hoehne Peoria
Quinton & Barbara Smith Family^
..... Peoria
Bill Stevenson Peoria
Jim Vaupel^ Pekin

*LAW Member ^Advocacy

Illinois Valley Wheelm'n

Greater Peoria's bicycle club

Affiliated with the League of
American Bicyclists and League of
Illinois Bicyclists

President

Patty Sage 274-9145
PSage16693@aol.com

Vice President

Jim Emmons 246-2166
tandemx2@joysta.com

Secretary / Treasurer

Bill and Brenda Clark 347-4841
wdclark@mteco.com

Ride Chairman

Bill Semmens 693-9388
semmens@MTCO.com

Social / Membership

Sarah Emmons 246-2166
tandemx2@joysta.com

Mailing

Marge Semmens 693-9388
semmens@MTCO.com

Database

Larry Davis 691-3060
lardavis@worldnet.att.net

Advocacy/Government Relations

Eric Hutchison 688-7038 (evenings,
weekends) 578-8239 (days)
erichutchison@juno.com

Editor

Rob Alexander 444-3297
robalexander@worldnet.att.net

Webmaster

Patty Sage 274-9145
PSage16693@aol.com

Submissions, including stories, news,
images and/or humor are welcomed.

Deadline: 15th of the month

IVW On The WEB

[http://www.geocities.com/
Colosseum/Field/6055/](http://www.geocities.com/Colosseum/Field/6055/)

enter the above as one line, no
spaces

Bikes For Kids

Bikes For Kids has been canceled for this spring. It was going to be held on May 20th but due to busy schedules Bushwacker and Illinois Cycle could not participate. The gentleman at Bergners decided not to pursue it this spring. However after another phone call that I received the event could still happen this fall. I will keep everyone informed when I find out. *Rich*

Center for Cultural Interchange

I work with an exchange program and have several high school exchange students who are cyclists and would like to continue when they come to the area next school year. We are currently looking for a family who would be interested in hosting. If you would be interested in learning more about hosting please contact me at (888) 488-4056, Marge Ryan, Center for Cultural Interchange www.cci-exchange.com.

For Sale: 1999 Cannondale R2000 Road Bike. Yellow - 63 cm. Ultegra 9 speed STI, Carbon Fork, Cane Creek Wheels, Look Pedals and more. \$2200 new, asking \$1450. Patrick - (309) 932-3520

Club Calendar

April 8 IVW Bike Festival. Food, fun, festivities. 9:00 - noon. Held at Safety Town, 6518 North Sheridan Rd, Peoria.

April 12 6:00 - IVW board meeting. 7:00 program, club meeting afterwards. Held at Safety Town, 6518 North Sheridan Rd, Peoria.

May 13-14 Camping/biking weekend at Johnson-Sauk Trail State Park. Contact Bill or Marge Semmens. 693-9388

May 19 National Bike to Work day.

June 3-4 Quad Cities Ride. Camping available. Contact Larry Paustian. 694-3947

June 10-11 Peoria's "Classic" sports weekend. The IVW will offer a bike tour of historic Peoria. Others will help with the Proctor Cycling race.

June 17 "200 in 2000" ride. 200 miles done in four 50-mile loops on one day! Contact Bill Semmens. 693-9388

June 24 Tentative date for multi-club ride in Lincoln, Illinois with Bloomington, Decatur, and Springfield clubs.

July 8-9 Camping/biking weekend at Elroy-Sparta trail in Wisconsin. Contact Bill or Marge Semmens. 693-9388

Aug 12-13 Lakeview Museum's Interplanetary Ride (with assistance from the IVW).

Sept 24 The Peoria Pedal-In. Our club's invitational ride! More details to come.

Be sure to check out LIB's website www.bikeLIB.org or Mike's Mega Bike Links www.mikebently.com/bike/ilrides.htm to learn about rides hosted by other clubs in and around Illinois.

Kewanee - Bishop Hill

May 13 & 14

This ride was so popular last year we thought we would repeat it with basically the same format, except we changed the Saturday food stop.

We will ride on Sat. and Sun. out of Johnson Sauk Trail State Park which is just north of Kewanee and camping on Fri. and Sat. nights. The park is just over an hour from Peoria so you can ride one or both days and camp or not camp lots of options. Saturday's ride will be about 35 or 40 miles using the corner & sweep method. There is not a lot of options for food on this route so you may need to pack some. We will be making a stop at a Casey's. Saturday evening we will have a pot luck dinner at the camp site, More details in next issue. Sunday we will be riding to Bishop Hill. We will have lunch at a fine restaurant there on Sunday. Since that is Mother's Day we will be reserving the back room for us sweaty bikers.

Both rides will leave the camp area at 9 A.M. Friday night we'll have a campfire & wiener roast. You are basically on your own for breakfast though coffee will be provided.

If you have questions call Bill or Marge Semmens at 693-9388. More information will be in the next issue. Let us know if you plan on participating.

Sunday, April 16

Folks on Spokes Easter Ride - Governors State University, University Park, IL

Little 500 Tour - Bloomington, IN A bike tour through the beautiful forests of Southern Indiana. Come celebrate the 50th running of Indiana University's Little 500. Watch the races Friday and Saturday and on Sunday ride the same roads the Little 500 riders have been training on for 50 years. www. bloomington. in. us/-tortuga

Saturday, May 6

Parke County Covered Bridge Bike Tour - Billie Creek Village, Rockville, IN 47872

Quasquicentennial Bike Ride - Tampico, IL Rides of 6, 18, and 40 miles. Quasquicentennial Bike Ride, C/O Don Lester, Box 623, Tampico, IL 61283-0623 - phone (815) 438-7447

Ride the Ups and Downs - Elizabeth 11 A 1--day tour, not a race, of beautiful northwestern IL, an area untouched by glaciers. You'll be riding on the scenic, hilly Illinois backroads of Jo Daviess County - 22/31/46/60 - mile routes on blacktop and packed gravel roads.

Friday, May 26-28

Horsey Hundred - Georgetown, KY Ride in the beautiful bluegrass area of Kentucky, visit a race track and ride past some of the beautiful farms.

Saturday, June 3

Bloomington Offroad Challenge - Bloomington, IN A mountain bike tour through the beautiful forests of Southern Indiana. The course winds in and around some of the best trails open to mountain biking in the Hoosier National Forest. The outer trail is on the rough gravel roads of the Hoosier National Forest. The inner trail consists of advanced off road trails. Rest areas and food stops will be located at registration and at a prime lookout attraction in the forest. Bicycle service and cleaning area will be available at registration. One day trail passes are provided with your entry fee. For questions about trail conditions for the day of the event check our web site. www.bloomington.in.us/-tortuga

Sunday, June 18-24

TRIRI - Shelbyville IN

Saturday, July 1-8

GRABAAR XV - Prairie du Chien, WI
RAIN (Ride Across INdiana) - Terre Haute, IN RAIN is an annual ride across the State of Indiana, sponsored by the Bloomington Bicycle Club, Its 162 mile length runs on Route 40, an older divided four-lane road with light traffic. It has gentle rolling hills. In 1995, 760 riders road in RAIN, The ride is brisk-paced, and physically challenging. You should be able to average at least 12 to 14 mph for over 11 hours.

Sunday, July 16-22

Bicycle Tour of Colorado - Woodland Park, CO

Sunday, July 30 - Aug. 5

SAGBRAW XXIII - Port Washington, WI

Peoria City Rides

In addition to the weekly rides listed on the back page, Sheldon Schaefer and Eric Hutchison will be leading the Peoria City Rides again this year. These rides will be held every other Thursday and on one Monday each month. The rides feature different highlights of the metro Peoria area including the cemetery, High Street and other visual treats.

Ride Levels

- Beginner** - Averages 6-10 mph. Can ride a bike, but little or no road riding experience
- 1 - Leisurely** - Averages 8-12 mph. and can ride up to 20 miles
- 2 - Touring** - Averages 12-15 mph. and can do up to 50 miles
- 3 - Fitness** - Averages 15-18 mph. and can do a century
- 4 - Animal** - Climbs aboard a trusty steed and blow everyone else away

ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

Name #1 _____ please print clearly Birthdate _____

Name #2 _____ Birthdate _____

Name #3 _____ Birthdate _____

Name #4 _____ Birthdate _____

E-mail address (print clearly) _____

Address _____

City _____ State _____ ZIP _____

Phone () _____

Signature (Name #1) _____ Date _____
(parent or guardian if registrant is under 18)

Are you renewing, or is this a new membership? (check one)
 Renewing New

If new, how did you find out about the club? _____

Are you an IAB member? (check one)
 Yes No

Basic membership:
 Individual (\$10) \$ _____
 Household (\$12) \$ _____

Voluntary advocacy contribution:
 (\$5, 10, 15, other) \$ _____

Total enclosed \$ _____

DISCLAIMER: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n bicycle club of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said organization.

Make check payable to: **ILLINOIS VALLEY WHEELM'N, 6518 NORTH SHERIDAN RD, STE 2, PEORIA IL 61614-2933**

	Leader	Location	Sart Time	Start Date	Distance	Ride Level	Phone	Food
Monday	Marge Semmens	Dunlap Gr. School	5:30P.M.	A.T.C.	approx 10 mi.	Beginners only	693-9388	no
	Tim Beene	Bicycle Bus	9:00A.M.	Now	approx 1 hr.	ALL	688-7262	no
Tuesday	Eric Hutchison & Steve Kurt	Dunlap Grade School	Call Steve	Now	20 to 30 mi. / till dusk	1's & UP	688-7038 243-7684	no no
Wed.	Rich Morris & Dirk McQuire	Pleasant Hill School	5:00P.M.	A.T.C.	20 to 30 mi. / till dusk	ALL	694-4104 699-8582	
	Sherrree Tate	Jumbo Sports	9:00A.M.	A.T.C.	approx 1 hr.	1's & 2's	692-2316	no
Thurs.	Rob Alexander	Russell's Washington	6:00P.M.	A.T.C.	15+ miles / till dusk	2's only	444-3297	eats after
Friday	Jim & Sarah Emmons	Pearce Comm. Ctr. Chillicothe	5:30P.M.	4/14	10-20 miles	Beg. & 1's	246-2166	maybe
Sat.	Show & Go	Washington Square	8:30A.M.	Now	20-40 mi.	2's & up	none	breakfast stop
	Ron Jetton & Eric Hutchison	Varies	8:30A.M.	Now	20-40 mi.	2's & up	699-2790 688-7038	snack stop
Sunday	Jim & Sarah Emmons	Metamora Square	1:00P.M.	Now	20-40 mi.	ALL	246-2166	
	Show & Go	Varies	8:30A.M.	A.T.C.	longer w/ season	ALL-breaks into groups	none	breakfast stop

A.T.C. - After the time changes to daylight savings
Now - These rides are now in session

ILLINOIS VALLEY WHEELM'N
6518 NORTH SHERIDAN RD. STE 2
PEORIA IL 61614-2933

Bulk Rate U.S. Postage PAID Permit No. 310 Peoria, IL
--

SHARE THE ROAD...MEMBER TIL: 10/03/2000

RON ANDERSON
203 LOCUST
WASHINGTON, IL 61571-2207