



I L L I N O I S V A L L E Y

**W H E E L M ' N**

*greater peoria's bicycle club*



January 2004

## NEW YEAR'S RIDE

It's time for the 1st ride of the New Year. The annual IVW New Year's day ride and potluck will be held on January 1st at the home of Brad Niemcek & Sharon Murphy-Niemcek, 4061 N Brookridge Place, Peoria. Please be at their house and ready to ride by 1:00 PM sharp. If you don't care to ride (it might be kinda cold) but would like to share in the potluck, please arrive at 2:30 PM. Please bring a dish to share and RSVP the Neimcek's to let them know what you intend to bring. You can RSVP at 686-9210 or at [brad@ssi.net](mailto:brad@ssi.net).

This event is always fun and a great way to mingle with friends and fellow cyclists. Be sure to join us.

## IVW MILEAGE REPORT

Are you interested in keeping a record of your individual mileage in 2004? If so let Mike Pula know that you will be submitting your mileage. Email him at [mrpula@hotmail.com](mailto:mrpula@hotmail.com) right away. Please put IVW 2004 Mileage in the subject line of your email. At the end of each month send him an email (again with IVW 2004 Mileage in the subject live) and put the mileage at the beginning of your text.

Mike will keep track of 1) your total riding miles, 2) club ride miles (including to and from miles) and 3) the number of club rides. To add to the interest, also report number of flats, any sags required and any other eventful outings you want to admit.

It should be fun to follow our miles through the year and the more that participate the better. And keep in mind it is not meant to be a contest, just an interesting activity. Let Mike (Ride Chairman) know if you have any questions.

### New Members

Chris Boehme.....,Marquette Hgts

### Renewing Members

Jerry Allen.....Morton

Phil & Theresa Burroughs.....Peoria

Brian & Sara Egeberg.....Morton

John & Jan Galbreath and Family  
Peoria^\*

Mike Joslin.....Peoria^

Linda & Samuel Kent.....Morton  
& Family

Steve & Sue Mahany.....Dunlap  
& Family

Patty & Todd Sage.....Chillicothe^\*  
& Family

Larry Voyles & Family.....Benson

\*LAB member ^Advocacy

## Illinois Valley Wheelm'n

Greater Peoria's bicycle club  
Affiliated with the League of  
American Bicyclists and League of  
Illinois Bicyclists

### President

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Submissions, including stories, news,  
images, and/or humor are welcomed.  
Deadline: 15<sup>th</sup> of each month

IVW On the Web

<http://www.geocities.com/ivw.geo>

*enter the above as one line; no spaces*

## UPCOMING EVENTS

Mark you calendar for the  
following Wheelm'n club  
meetings and events:

**January 14th**, dinner  
social at Fiesta Ranchero  
in lieu of a club meeting.  
We will meet at 6:30 P.M.  
at the restaurant on Dries  
Lane next to Landmark.  
This is a chance to visit  
with friends and catch up  
on all the latest scoop.

**February 11th**, Swap meet  
at Safety Town, 7:00 P.M.  
Bring whatever junk you  
think might be someone  
else's treasure.

**March 10th**,  
Demonstration of winter  
bicycle maintenance,  
Safety Town, 7:00 P.M.  
This demo will go beyond  
the basics and get into  
some more technical  
aspects of keeping our  
bikes well maintained,  
especially during the winter  
months.

**April 14th**, Bike Expo,  
location to be announced.  
We are working on getting  
all of the local shops to  
hold an expo of the latest  
bikes and accessories.  
This will be the first event  
of it's kind in Peoria so  
watch this space in future  
newsletters. You won't  
want to miss out on this  
one!

Watch for more details in  
future newsletters!

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## Advocacy news / Eric Hutchison

Boub still bobbing  
The Boub issue, SB275 did not get on the agenda of IL General Assembly during their November session. Our next opportunity starts this month, when the legislators start their spring session. On November 10, we attended a local town hall meeting sponsored by state Representative Ricca Slone, co-sponsor of Senate Bill 275 which corrects the Boub liability problem. Also attending was state Senator George Shadid. We emphasized the need to address SB275 soon. Many thanks for all the phone calls to your state legislators and especially to the phone tree recruits:  
Bill Clark, Coralynn Green, Brad Niemcek, Mike Pula, Larry Davis.  
We've planted the bulbs for a beautiful spring.

We targeted key central Illinois legislators with our recent phone tree for SB275. This task would have been eased if our IVW database included

the Zip+4 address for all our members. Therefore, we're encouraging you to include your Zip+4 on your next IVW membership renewal. Zip+4 also helps the sponsors of our favorite cycling team - the US Postal Service.

Here's a handy website to find yours:

Zip+4 lookup website:

[www.usps.com/zip4](http://www.usps.com/zip4)

Other handy sites to bookmark:

Find your state legislators - Illinois State Board of Elections -

[www.elections.state.il.us](http://www.elections.state.il.us)

Look in on the Illinois General Assembly (read about SB275) -

[www.legis.state.il.us](http://www.legis.state.il.us)

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League of Illinois Bicyclists

- [www.bikelib.org](http://www.bikelib.org)

## *Illinois Valley Wheelm'n Ride Schedule*

### **Sunday Winter Ride**

Starting in November there will be a Sunday afternoon ride from Banner School (corner of Allen Road and Cedar Hill Drive). The ride is open to all riders. It may split into two groups depending on the number of riders and their levels. You should check with the ride leaders if you have questions. The ride will leave the school at 1:00. Distance will depend on the group. As the days get shorter, it would be advisable to have lights as the ride may ride close to dusk. The ride leaders for December are being lined up. Contact Mike Pula for info. (if you would like to lead one of the future rides please call Mike Pula 243-9394)

**Saturday Show and Go** meets at Washington Square in Washington at 8:30am all year. Distance varies from 25-60 miles.

**Saturday ride from Russell's** Don Eberle leads this popular classic, leaving the parking lot at 8:30am. It is an all-levels ride at a casual pace, going 20-30 miles with a breakfast stop in the middle. Usually get back around noon.

## *Illinois Valley Wheelm'n Special Rides*

**New Year's Ride - date:** yes, Jan 1<sup>st</sup>. see announcement elsewhere in newsletter for details.

### **Other riding opportunities**

In addition to club sponsored rides there are many organized rides throughout the mid-west that offer great opportunities for riding. The best source for information on these rides is found at <http://mikebentley.com/bike/>. Some of the upcoming rides that are recommended by club members are; --- nothing right now! ----

### *Ride Levels*

More details regarding ride levels are available on the web site. Ride leaders can be contacted for specific details about their individual rides.

**Beginner/Family** These rides are a casual pace averaging less than 12 miles per hour and ride as group.

**Level 1** Rides average 12-14 mph and regroup on a regular basis.

**Level 2** Rides average 13-17 mph and regroup occasionally.

**Level 3** Rides average 17 miles per hour and over. Riders may regroup periodically, but should be prepared to ride in pace lines to keep from being dropped.

**Show and Go** Rides have no leaders. The distance and speed is decided upon by the group, but governed by the ride level designated.

## This year do Illinois!

No need to drive long mileage for bike tours in other states. Try the Grand Illinois Trail And Parks ride (GITAP). It's close to home, delightfully scenic, features good food and friendly folks, and all profits go to advancing bicycling in Illinois. Sponsored by the League of Illinois Bicyclists, with the cooperation and assistance of the Illinois Department of Natural Resources, the ride is a celebration of Illinois' unique trails and state parks.

The GITAP is set for Sunday, June 13, to Saturday, June 19, 2004. It begins this year in DeKalb, travels along the I & M and the Hennepen trails to the Quad Cities, heads north on the Great River Trail to Galena, then visits two more state parks before returning to DeKalb - all told about 450 miles.

The registration fee of \$310 (\$290 for LIB members) includes camping at state parks (a motel package is also available), breakfast and dinner every day, luggage transfer and T-shirt, door prizes, and a unique touring experience around northern Illinois.

For more information and a registration form, e-mail Chuck Oestreich at [oestreich@qconline.com](mailto:oestreich@qconline.com) or call 309-788-1845.

For an in-depth look at the ride, go to <http://dnr.state.il.us/orep/planning/GITAP/> and <http://www.bikelib.org/gitap/index.html>

ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION	
Name #1 _____ <small>please print clearly</small>	Birthdate _____
Name #2 _____	Birthdate _____
Name #3 _____	Birthdate _____
Name #4 _____	Birthdate _____
E-mail address (print clearly) _____	
Address _____	
City _____	State _____ Zip + 4 _____ <small>Zip + 4 look-up website: www.usps.com/zip4</small>
Phone (     ) _____	
Signature (Name #1) _____ <small>(parent or guardian if registrant is under 18)</small>	Date _____
<small>DISCLAIMER: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n bicycle of all blame for any injury, misadventure, harm, loss, or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said organization.</small>	
<b>Make check payable to: ILLINOIS WHEELM'N, 6518 North Sheridan Rd., Ste 2, Peoria IL 61614-2933</b>	

Are you renewing, or is this a new membership? (check one) <input type="checkbox"/> Renewing <input type="checkbox"/> New
If new, how did you find out about the club? _____
Are you an LAB member (check one) <input type="checkbox"/> Yes <input type="checkbox"/> No
Basic membership: Individual (\$10) \$ _____ Household (\$12) \$ _____
Voluntary advocacy contribution: (\$5, \$10, \$15, other) \$ _____
Total enclosed \$ _____

## Summary of upcoming events:



January 1

New Year's Ride

**ILLINOIS VALLEY WHEELM'N**  
**6518 NORTH SHERIDAN RD. STE 2**  
**PEORIA IL 61614-2933**

PRSR. STD.  
U.S. Postage  
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