

ILLINOIS VALLEY WHEELM'N



September 2005

greater peoria's bicycle club
Email @ ivwheelmn@yahoo.com

No Baloney Ride – September 24th

Plans are coming together for another great No Baloney Ride. If you have not registered for the ride, do so soon. In addition we still need volunteers for various tasks.

Volunteering to help with the ride should not interfere with riding. Call Mike Pula 243-9394 and let him know you can help. Also, baked goods and chili donations are needed. Please contact Bonnie Johnson 682-7771 and let her know if can provide baked goods or chili.

Have questions about the ride or how you can help? - please call Mike or e-mail him at mrpula@hotmail.com We are looking forward to another great No Baloney.

Party After the No Baloney Ride!

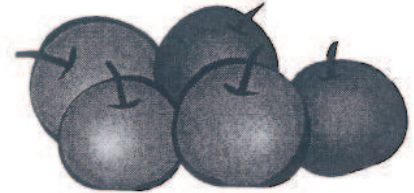
Please join us for our 3rd Annual Party after the No Baloney ride. We will have outdoor games, a bonfire, smores, and lively conversation.

Who is invited? – Bike club members & their families. Children are welcome. The Wilbur boys are 11 & 7 years of age.
Date: September 24, 2005
Time: 4:30pm
Place: Laurie & Carl Wilbur's acreage, 13308 N. Savage Rd., Brimfield, Illinois
Phone# 446-9367 email rcwilbur@att.net

What to bring? – A dish to share, lawn chairs, warm clothes for around the camp fire.

Laurie & Carl will provide hot dogs, hamburgers, s'mores, beer and wine. We will bring the party inside if we have bad weather.

RSVP by September 21st



Tanner's Orchard Ride, Oct 8th 2005

The leaves are turning colors and the weather is cooler, which means that the last great days of biking are here! Join us in celebrating the season by participating in ride through the Illinois River bluffs to Tanner's Orchard. Tanner's is known for their great apples, as well as their fine baked goods.

The ride will take place on Saturday, October 8th at 9am. We will ride 40 miles (plus or minus a few). We'll stop at the orchard for snacks & drinks, so bring some money. The ride will be unsupported, so make sure you have spare tubes, a pump, etc.

Meet at the Mossville Grade School (a half mile south of the Caterpillar Mossville plant north of Peoria, on Old Galena road). If there are

questions, please contact Steve Kurt at 243-7684 (or kurtsj@mtco.com).

Out of Town Rides

Two rides popular with local bicyclists are coming up. The first one is the Springfield Century:

This ride is Sunday, Sept 11, 2005. The distances vary from 12 miles to 100 miles. Much of the ride is around scenic Springfield Lake. Prices depend of the distance you are planning to ride. To learn more check out their website www.spfldcycling.org.

The other ride many club members make year after year is the

Bob Galloway Memorial:

It is held in the Amish country around Arthur, Illinois. The ride is famous not only for the opportunity to see the friendly Amish in their buggies, but the outstanding post ride meal offered by the Mennonites. Ride distances are 18, 30, 40 and 65 miles. You can learn more about this ride at their website www.decaturbicycleclub.org. The date is Sept 17.

Pumpkin Pedal Bike Tour 2005, Sunday October 2, 2005. 10 & 20 Mile Trail Rides. 25, 45 & 62 Mile Road Rides. Enjoy the

scenic countryside of the Fox Valley area. To register on-line www.ActiveUSA.com

October 1 Breakfast Ride

Mike Pula is going to lead another town breakfast ride on the 1st of October. Meet at Vonachen's Junction at 8:30. We will ride downtown to eat on the riverfront. Total miles will be 15 – 20 at a casual pace.

Put ICE In Your Cell Phone

The following is being promoted by the Lt. Governor's office:

In Case of Emergency-- Paramedics will turn to a victim's cell phone for clues to that person's identity. You can make their job much easier with a simple idea that they are trying to get everyone to adopt: ICE.

ICE stands for In Case of Emergency. If you add an entry in the contacts list in your cell phone under ICE, with the name and phone number of the person that the emergency services should call on your behalf, you can save them a lot of time and have your loved ones contacted quickly. It only takes a few moments of your time to do.

Paramedics know what ICE means and they look for it immediately. ICE your cell phone NOW!

Want Ads:

Condo Available in Mountain Biking Mecca, Winter Park, Colorado. Inquire: 694-4828

Recumbent for sale: 1997 Reveille Maxam 1 owner, rarely used, 21 spd, sofa seat, like new. \$300 Call Jinny Gunnar 309 688-8345.

1994 Santana Soverign Tandem Forest Green CroMo Frame WheelSmith 40 spoke (700x26c) Edco Hubs Deore XT Group Bar End Shifters 56/53 configuration Excellent Condition. \$2200.00 Bill Clark (309)347-4841 wdclark@mtco.com

FOR SALE: BIANCHI Reparto Corse frame, seat tube length: 61cm, top tube length: 58 cm, wb: 101cm. 1" steel steerer tube, threadless headset carbon fork. Never crashed, never in the rain. Firm, responsive ride, but rock solid on high speed descents. Low miles. \$300

FREE: Cannondale CAD3 frame, seat tube length: 63cm, top tube length: 58cm, wb: 102 cm. 1" steel steerer tube, threaded headset. Carbon fork. Never crashed, been

in the rain. Good ride, stable. Been around a while. Jack Welch, 309-387-6117, jack.welch@insightbb.com

News from the League of Illinois Bicyclists

(www.bikelib.org)

Federal Transportation Bill Passes

Bike funding, policies strengthened

On July 29, Congress passed the long-awaited SAFETEA-LU bill, outlining federal transportation spending for the next 5 years. Like the two previous multi-year bills, SAFETEA-LU benefits bicyclists through dedicated funding sources and favorable policies. This has acted as a top-down catalyst in getting more towns to plan and build for cycling.

LIB joined with other bike advocacy groups around the country to ensure that bike provisions fared well. Some highlights:

- Transportation Enhancements funding increases to \$3.25 Billion (or more) over five years. TE is the main funding

source for bike projects – about half of its dollars have historically gone to bike/pedestrian improvements. For Illinois, this means \$15+ Million/year at an 80% federal, 20% local match.

- A new Safe Routes to School program is funded at \$612M over five years – about \$5M/year in Illinois. 70-90% of this would go to infrastructure improvements near primary and middle schools, the rest to education and promotion.
- Recreational Trails Program jumps to \$370M. This brings \$3M/year to Illinois for both non-motorized and motorized trails.
- The "CMAQ" category increases to \$8.6B. In Illinois, only the Chicago and St. Louis regions are eligible. Some CMAQ funds are used for bike projects and programs (Chicagoland averages \$4-5M/year), with an 80/20 match.
- Unfortunately, a "Complete Streets" amendment was not included, to strengthen existing (but largely ineffective) language that bikes and pedestrians "shall be considered" in new and reconstruction road projects. However, a Senate vote helped raise the issue for the future, and LIB is working on a state Complete Streets bill.

In addition, the bill included at least 25 specific bike/pedestrian projects for more than \$10M. LIB was directly involved with several and even organized the coalition requests for:

- A 15-mile trail closing the gap between the I&M (LaSalle) and Hennepin (Bureau) Canal Trails - \$800K for Stage 1 (With CBF) Trail segments closing the gaps between the Old Plank Road Trail (Park Forest) and Burnham Greenway Trail (Chicago) - \$1.036M for Stage 1

An 8-mile extension of the Willow Creek Trail from Loves Park/Rockford to the Long Prairie Trail (Caledonia) - \$160K for engineering Three years of effort and lobbying trips to Washington paid off. Serious attempts to weaken or kill bike provisions failed – in fact, most of our policies were strengthened.

LIB would like to thank Illinois cyclists who helped. Contact LIB (630-978-0583) for help in advocating your town to use these funding sources and policies.

Support LIB's efforts to improve Illinois bicycling:
www.bikelib.org/join

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Enter the above as one line; no spaces

Mark Your Calendars

The Wheelman annual banquet will be held Saturday, November 12 at the Lariat Club. Cocktails will be at 6:00 PM and dinner at 6:30. More information about the banquet will be in the October newsletter. But for now, reserve that date on your calendar for the banquet.



Fall-N-Leaf - 27th Annual Bicycle Tour October 9, 2005

Distance: 34 miles and 62 miles. Hilly, challenging terrain.

Cost: \$14.00 registration fee through September 27, \$18.00 thereafter.

(\$1.00 per rider donated to the Ohio Bicycle Federation).

Contact Information

We can provide you with a copy of the current ride calendar upon request.

Telephone

419-589-5938

Postal address

PO Box 844, Mansfield, OH 44901

Electronic mail

General Information:

marymreynolds@netzero.com

Illinois Valley Wheelm'n Ride Schedule

Closely view departure dates and times!

Monday Morton Level 1 Dennis Tresenriter (387-6617) is the new leader for this ride out of Morton. Meet at McClallen Park (Soccer Fields at Jackson and Tennessee) Departure time 5:30 PM. Distance will be 15 miles early in the season and increase over the summer. The ride will regroup frequently. **Last ride is Sept 26.**

Monday Dunlap Level 1 Bonnie Johnson (682-7771) will lead this ride departing from Dunlap Grade School at 6:00 PM starting in June. Ride distance will be 15 miles early in the season and will lengthen through the summer. The group will ride together and regroup frequently. **Last ride is August 29.**

Monday Dunlap Level 2 Leo Chuzhoy (740-4266) will lead this newly created ride departing from Dunlap Grade School at 6:00 PM. Ride distance will be 20 early in the season and then increasing. Riders will regroup periodically and make certain no riders are left behind. **Last ride is August 29.**

Tuesday Dunlap Levels 2 & 3 Steve Kurt (243-7684) leads this popular ride from the Dunlap Grade School. Departure time 5:30 PM. Be ready to ride at departure time. Mileage will be 20 early in the season and then increasing. The ride will sometimes break into two groups. One will generally average 16 mph and the other can be faster. Both groups regroup periodically and make certain no riders are left behind. **The last ride will be when people stopped coming.**

Tuesday Dunlap "Kinder Gentler" Level 2 Pam Hoehne (694-4828) will lead the group again this year for the Level 2 rider, or those Level 1 riders looking for a challenge. Departure 5:30 to 5:45PM. **Last ride will be Oct 25.**

Daytime Tuesday Dunlap Show & Go All levels of riders depart from the Dunlap Grade School at 9:00am. Distance 25-50. Contact Laurie Wilbur (446-9367) for more info.

Wednesday East Peoria Level 2 Dirk McGuire (699-8484) will lead this ride from the Pleasant Hill Head Start School (across from the Antique Mall) departing at 5:30 PM. Ride distance will start in the 20 mile range and increase throughout the season. Average speed will be 13-17 mph and no one will be dropped. **Last ride will be October 26.**

Thursday Pekin Levels 2& 3 Jim Vaupel (353-6104) leads this group from Coal Miners Park . Departure time 5:30 PM. The ride is a fast pace (16-18 plus) and includes pace line riding and some challenging hills. Ride distance is 20-40 miles. Jim says the ride may do a rolling re-group to gather up strays but suggests that all riders bring a photo ID or pre-completed toe tag. **Last ride will be September 15.**

Daytime Thursday Brimfield All Levels Laurie Wilbur (446-9367) organizes this ride from various locations each week at 9:00 AM. Refer to the Thursday ride schedule. Ride distance 25-50 miles.

Friday Chillicothe All Levels Edith Albright (274-4849) will co-lead this ride with Melissa McClure from the Pearce Center. Departure time 5:30 PM all summer. Distance varies depending on the group. The ride is normally followed by a dinner at a Chillicothe restaurant for those interested. **Last ride will be September 30.**

Saturday Show and Go Washington Level 3 ride meets at Washington Square at **8:30** all year. Distance varies from 25-60 miles.

Saturday Show and Go from Russell's All Levels Meet at Russell's in Washington at 8:30 Saturday. Distance ranges from 25-40 miles and includes a meal stop.

Sunday Princeville Family Ride Richard Soseman (224-8783) leads this ride from St. Mary of the Woods Catholic Church. Distance and difficulty varies, but about 15 to 20 miles, and will accommodate a range of abilities. Departure time 10:30 AM.

Ride Levels

More details regarding ride levels is available on the web site. Ride leaders can be contacted for specific details about their individual rides.

Beginner/Family These rides are a casual pace averaging less than 12 miles per hour and ride as a group.

Level 1 Rides average 12-14 mph and regroup on a regular basis.

Level 2 Rides average 13-17 mph and regroup occasionally.

Level 3 Rides average 17 miles per hour and over. Riders may regroup periodically, but should be prepared to ride in pace lines to keep from being dropped.

Show and Go Rides have NO leaders. The distance and speed is decided upon by the group, but governed by the ride level designated.

Ride Rules

- 1) Riders must obey all Illinois Traffic Laws.
- 2) Ride no more than two abreast and single file at intersections and in traffic.
- 3) When riding in a large group, create space to help motorists pass safely.
- 4) Use hand signals and obey all traffic signals.
- 5) Check all intersections for traffic. Avoid "group think".
- 6) Warn riders of pot holes, dogs, cars and other obstacles.
- 7) Riders are strongly encouraged to wear approved helmets.
- 8) Riders should make certain their bikes are in good working order.
- 9) Riders should carry water and a spare tube for their wheel size.
- 10) Riders should be prepared for weather conditions. Most rides will take place in all weather.
- 11) Riders should arrive in time to be ready to ride at the start time.

Daytime Thursday Rides September 2005

Departure Time: 8:30am All Levels

Contact: Laurie Wilbur (446-9367)

September 1, 2005 Depart from Jubilee College Historical Site All Levels

Distance: 50 miles of No Baloney Route with a lunch break. Leader: Laurie Wilbur

September 8, 2005 Fred's Pekin ride. Depart from the VFW Hall in Pekin located 2 miles south of the Pekin Hospital on the corner of 14th Street and VFW Road. Distance: 40 miles with a lunch stop. All Levels. Leader: Fred Smiser 346-9735

September 15, 2005 Edith's Tanner's Orchard Ride. Depart from the Back 40 Restaurant, located on the corner of Route 40 and Truitt Rd. Distance: 40 miles. Travel north to Wyoming. We will take a break at Casey's. We will stop on the way back at Tanner's for lunch or for their other goodies—Apple cider donuts, cookies, fudge, etc. Leader: Edith Albright (274-4849).

September 22, 2005 Depart from Jubilee College Historical Site All Levels Distance: 40-50 miles with a lunch break. Leader: Laurie Wilbur

September 29, 2005 Depart from Pearce Community Center All Levels Distance: 30-40 miles All Levels Leader: Laurie Wilbur

ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

Name #1 _____ Birthdate _____
please print clearly

Name #2 _____ Birthdate _____

Name #3 _____ Birthdate _____

Name #4 _____ Birthdate _____

E-mail address (print clearly) _____

Address _____

City _____ State _____ Zip + 4 _____

Zip + 4 look-up website: www.usps.com/zip4

Phone () _____

Signature (Name #1) _____ Date _____

(parent or guardian if registrant is under 18)

DISCLAIMER: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n bicycle of all blame for any injury, misadventure, harm, loss, or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said organization.

Make check payable to: ILLINOIS WHEELM'N, 6518 North Sheridan Rd., Ste 2, Peoria IL 61614-2933

Are you renewing, or is this a new membership? (check one)
 Renewing New

If new, how did you find out about the club? _____

Are you an LAB member (check one)
 Yes No

Basic membership:
Individual (\$10) \$ _____
Household (\$12) \$ _____

Voluntary advocacy contribution:
(\$5, \$10, \$15, other) \$ _____

Total enclosed \$ _____

Upcoming Events:

1. September 24 No Baloney Ride
2. October 1 Breakfast Ride to the River
3. October 8 Ride to Tanner's Orchard

**ILLINOIS VALLEY WHEELM'N
6518 NORTH SHERIDAN RD. STE 2
PEORIA IL 61614-2933**

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SHARE THE ROAD..MEMBER TIL:11/27/2005

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