

# ILLINOIS VALLEY **WHEELM'N**



December 2005

*greater peoria's bicycle club*  
Email @ [ivwheelmn@yahoo.com](mailto:ivwheelmn@yahoo.com)

## **IV Wheelm'n Annual Banquet**

The Wheelman's annual banquet held at the Lariat Steakhouse Saturday, Nov 12 was attended by 31 members. Emcee Pam Hoehne had all of us laughing and reminiscing about events from the past year. Officers for the year 2006 were elected:

President - Kathy John  
Vice-president - Bill Clark  
Treasurer – Sheila Gribble  
Secretary – Pam Hoehne  
Advocacy – Eric Hutchison  
Social and Mailing – Bonnie Johnson  
Newsletter Editor – Dennis Sans  
Ride Chairman – Laurie Wilbur  
Database – Larry Davis  
Webmaster – Bill Clark

Laurie Wilbur gave out gift certificates from bicycle stores to the weekly ride leaders with great appreciation expressed for all their time and faithfulness.

The award for the most improved male rider went to Fred Smiser. Fred started bicycling a little over a year ago, and Laurie told humorous stories about Fred's first rides. Now he is bicycling 100 miles weekly and rode in the Hilly Hundred this Fall. All that bicycling has helped him lose weight and improve his medical stats.

Kathy John received the most improved female rider. Kathy is an all around athlete but has greatly improved in distance and speed. In her recent ironwoman competition she bicycled 112 miles as well as swimming 2.4 miles and running 26 miles.

Laurie Wilbur was chosen Hub of the Club. This award goes to one person in the club who takes on many responsibilities and greatly enhances the effectiveness of the club. Besides being an organized and enthusiastic ride chairman, she often leads the Tuesday and Thursday morning rides.

A new award was given this year, that of the Old Tire Award. This went to Bill Siemens, who has worked many years for the betterment of the club. Ron Chandler gave a hilarious roast of Bill's many rides and achievements within the club including organizing the No Baloney Ride for many years and his annual ride each May in Kewanee. The word is out that Bill loves gourmet restaurants so the club awarded him with a gift certificate to the French Toast Restaurant. Ron presented him with some truly unique handlebars for his bicycle. Just make sure you don't fall on them!!

## **New Year's Day Ride**

The New Year's Day ride will be hosted by Brad Niemcek and Sharon Murphy. The ride begins at 1:00. There will be a 15 mile and a 25 mile ride. If you don't want to ride and want to come for the potluck afterwards, try to arrive by 3:00. Please bring a covered dish. Brad & Sharon live at 41016 N Brookridge Pl, Peoria. They can be reached at 686-9210

**New Members:**

Elsie C. Moyer.....Pekin

**Renewing Members:**

Rob & Cindy Alexander...Washington

Larry D. Davis.....Peoria\*

Joan Grane.....Brimfield

Coralynn Green.....Peoria \*^

Jim & Sue Hooker.....Chillicothe^

Steve Kurt.....Peoria \*^

Dennis & Peggy Tresenriter

.....Groveland

\*LAB Member ^Advocacy

**SCENE ALONG THE WAY**

Lou McMurray

While biking along Santa Fe Road between Edelstein and Chillicothe, I came across an eye-catching sight. On the West side of the viaduct that crosses the tracks is stone monument that is inscribed:

IN MEMORY OF  
RALPH TEMBORIUS  
( AN ENGRAVING OF A STEAM  
LOCOMOTIVE & TENDER )  
JAN 3, 1926  
JAN 15, 2001

On the left side of the monument is an American Flag. On the right side are some artificial flowers and on occasion a mylar balloon.

Ever since Eric Hutchison introduced me to the bike route from Pierce Center in Chillicothe, Cloverdale Road, Hallock Hollow Road, Hakes Road to Edelstein, Santa Fe Road, Truitt Road

back to Chillicothe, I have enjoyed the 23 mile ride.

I enjoy train watching as well as biking. I sometimes can get an extra "TOOT" from the train engineer if he spots me along the right-of-way.

After a period of time asking nearby residents, joggers and walkers; what was the significance of the monument, the answer "I don't know" or "What monument" piqued my curiosity. Finally on a recent ride I remembered to take along a pencil and paper to record the pertinent data on the monument.

After going up some blind alleys, the thought came to me to look in the phone book to see if I could get any Timborius listing. Sure enough there was one listing in Chillicothe. I called the number and had a delightful conversation with Ralph's daughter Theresea.

Ralph was an engineer and conductor on the Santa Fe Railroad for 44 years. The male members of his family for two generations before him were also employed by the railroad. His run from Chicago to Fort Madison, Iowa, was enhanced by getting his lunch handed to him by his daughter as the train came through Chillicothe.

Ralph's ashes are scattered along the tracks near the monument as a fitting tribute to him

**Want Ads:**

Condo Available in Mountain Biking Mecca, Winter Park, Colorado. Inquire: 694-4828

Recumbent for sale: 1997 Reveille Maxam 1 owner, rarely used, 21 spd, sofa seat, like new. \$300 Call Jinny Gunnar 309 688-8345.

1994 Santana Soverign Tandem Forest Green CroMo Frame Wheelsmith 40 spoke (700x26c) Edco Hubs Deore XT Group Bar End Shifters 56/53 configuration Excellent Condition. \$2200.00 Bill Clark (309)347-4841 [wdclark@mtco.com](mailto:wdclark@mtco.com)

## ILLINOIS VALLEY WHEELM'N

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IVW affiliated with the League of American Bicyclists and League of Illinois Bicyclists. On the web @

[http://geocities.com/ivw\\_geo](http://geocities.com/ivw_geo)

Enter the above as one line; no spaces

## Wandering Wheels

Wandering Wheels, a 40-year-old touring program, is inviting you to join them on one of their 2006 trips. Wheels is the longest running group-touring program in the U.S, having completed 62 coast-to-coast rides, along with several hundred shorter rides, domestic and international, great rides with an interdenominational church fellowship tradition. The 2006 schedule includes rides in Florida, Canada, Southern Indiana and China, as well as our 63<sup>rd</sup> Coast-to-Coast Crossing. If you have questions about Wandering Wheels or 2006 schedule, contact Edith Albright at 309-274-4849 or Wandering Wheels at 765-998-7490; P. O. Box 207, Upland, In 46989; [www.wanderingwheels.org](http://www.wanderingwheels.org). Edith has done many rides with Wandering Wheels. Next time you see her, ask her about them.

### **New Sunday Afternoon Winter Ride Show & Go**

Place: Metamora Town Square

Time: 1:00pm

Distance: 20-30 miles

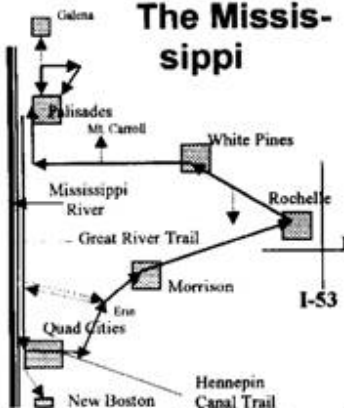
North route to Washburn or South route to Roanoke

Contact person: Pam Hoehne 694-4828  
[pams@mtco.com](mailto:pams@mtco.com)

Levels 1 & 2

There are still a few other rides continuing thru the winter. These are the Tuesday morning rides out of Dunlap Grade School and the Saturday morning rides out of Washington. Check ride schedule for departure times.

**This Summer—  
Western Illinois and  
The Mississippi**



**"Grand Trail, Grand Parks,  
Grand Fun"**

Start: Rochelle Middle School  
 Sun.—White Pines Forest SP—35 or 65 mi.  
 Mon.—Palisades State Park—50 or 70 mi.  
 Tues.—Palisades State Park—35 or 75 mi.  
 Wed.—Quad Cities—65 or 90 miles  
 Thur.—Quad Cities—Optional or 100 mi.  
 Fri.—Morrison State Park—70 or 95 mi.  
 Sat.—Rochelle Middle School—60 miles

Price: \$330 (LIB members—\$310)  
 Early Planning Rate—\$320 (before April 1)  
 After June 1—\$350

**Maximum 160 cyclists—  
limited space!**

**June 11-17, 2006  
315-555 miles**

GITAP is a week-long supported bicycle tour using segments of the Grand Illinois Trail and some of the state parks along the trail.

Sponsored by League of Illinois Bicyclists with support from Illinois Department of Natural Resources.

- Tent camping at three state parks and one college —motel package available.
- Ride on roads and trails. (Alternate routes provided when soft trails used.)
- Includes dinners, breakfasts, luggage transportation, sag help – and T-shirt.
- Nightly meetings feature ride info, occasional entertainment, door prizes.

**More details—and photos from last year—at [www.bikelib.org/gitap](http://www.bikelib.org/gitap)**

Other questions? Call Chuck at 309-788-1845 or email at [oestreich@qconline.com](mailto:oestreich@qconline.com)

Four overnights close to the Mississippi River—Palisades State Park and the Quad Cities. Camping at Augustana College



**Extra again this year:**  
 Optional free evening program by the Illinois Humanities Council.  
**Velosophie**

**GITAP Entry Form - 2006**

Name \_\_\_\_\_ M/F \_\_\_\_\_ Age \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Emergency Contact: Name \_\_\_\_\_ Phone \_\_\_\_\_

T-shirt size: S M L XL XXL (Included); Vegetarian meals? Yes No

Do you plan to use motels or cabins for the entire ride at your own expense?  
 \_\_\_\_\_ If so, we will send a motel package.

Ride Fees  
 \$330 (Become a member, check here \_\_\_\_\_)

\$310 (for current members of LIB) \_\_\_\_\_

Subtract \$10 for registering before April 1 \_\_\_\_\_

Add \$20 for registering after June 1 \_\_\_\_\_

Extra T-shirts S M L XL XXL (\$10 each) \_\_\_\_\_

Total \_\_\_\_\_

Make checks payable to **League of Illinois Bicyclists.**

**Mail to: GITAP; Chuck Oestreich; 816 - 22nd Street;  
 Rock Island, IL 61201; 309-788-1845;  
[oestreich@qconline.com](mailto:oestreich@qconline.com)**

**Release of Organizers and Sponsors:** In signing this for myself or the named participant, I understand that participation in the Grand Illinois Trail And Parks (GITAP) ride, as in any bicycling or athletic event, may involve hazardous activity. I agree to accept and assume all risk and danger incidental to the GITAP ride occurring prior to, during, or subsequent to the actual ride, including but not limited to the risk of physical injury, mental injury, emotional distress, trauma, death, contact with other participants, equipment failure, inadequate safety equipment, the effect of weather including extreme temperature or conditions, traffic, contact with motor vehicles of all types and descriptions, collision with other riders, pedestrians, animals, fixed objects, or conditions of the road. I waive any and all specific notice of the existence of the risks and hazards. I, for myself, and anyone acting on my behalf, agree to absolve all organizers, sponsors and their representatives, singly or collectively, of all blame for any injury, misadventure, harm, loss, or inconvenience suffered as a result of taking part in the GITAP ride or in any of the activities associated with it. I agree to obey all traffic laws, signs, and signals. In addition, I hereby grant permission to the organizers of the GITAP ride and its authorized agents to use my name and photographs, video tapes, motion pictures, recordings, and any other record of my participation in this event for any purpose. I agree to the above waivers and disclaimers.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Signature of parent or guardian for rider 17 years of age or under: \_\_\_\_\_

Your cooperation is important - we must do our part to "share the road"! I agree not to ride two or more abreast when it is impeding traffic. I agree to follow all other rules of the road, which apply to both cars and bicycles.

Signature: \_\_\_\_\_

**SALE**

# TREK THE HALLS

O' what fun it is to ride.

NOVEMBER 25<sup>TH</sup> – DECEMBER 31<sup>ST</sup>

**Perfect gifts for everyone on your list!**

Helmets, heart rate monitors, tools, computers, gloves, Tour de France DVD's, socks, and more...

## Look great – ride comfy

**GLOVES** – Protection, warmth, and comfort. From under \$20

**SOCKS** – You never have enough. From under \$20

**CYCLING SHORTS** – The key to comfort. From under \$35

## Get fit – have fun

**COMFORT SADDLES** – Make your seat a treat. From under \$50

**BIKE COMPUTERS** – Know how far and how fast. From under \$50

**BIKE RACKS** – Drive to great rides. From under \$100

## Get ready to ride

**TOUR DE FRANCE DVDS** – Hours of inspiration from Lance. From under \$45

**BIKE TOOLS** – Versatile and appreciated. From under \$30

**PACKS AND RACKS** – Carry what you need. From under \$20

## **Illinois Valley Wheelm'n Ride Schedule**

*Closely view departure dates and times!*

**Monday Morton Level 1** **Dennis Tresenriter (387-6617)** is the new leader for this ride out of Morton. Meet at McClallen Park (Soccer Fields at Jackson and Tennessee) Departure time 5:30 PM. Distance will be 15 miles early in the season and increase over the summer. The ride will regroup frequently. **Last ride is Sept 26.**

**Monday Dunlap Level 1** Bonnie Johnson (682-7771) will lead this ride departing from Dunlap Grade School at 6:00 PM starting in June. Ride distance will be 15 miles early in the season and will lengthen through the summer. The group will ride together and regroup frequently. **Last ride is August 29.**

**Monday Dunlap Level 2** Leo Chuzhoy (740-4266 ) will lead this newly created ride departing from Dunlap Grade School at 6:00 PM. Ride distance will be 20 early in the season and then increasing. Riders will regroup periodically and make certain no riders are left behind. **Last ride is August 29.**

**Tuesday Dunlap Levels 2 & 3** Steve Kurt (243-7684) leads this popular ride from the Dunlap Grade School. Departure time 5:30 PM. Be ready to ride at departure time. Mileage will be 20 early in the season and then increasing. The ride will sometimes break into two groups. One will generally average 16 mph and the other can be faster. Both groups regroup periodically and make certain no riders are left behind. **The last ride was in November.**

**Tuesday Dunlap "Kinder Gentler" Level 2** Pam Hoehne (694-4828) will lead the group again this year for the Level 2 rider, or those Level 1 riders looking for a challenge. Departure 5:30 to 5:45PM. **Last ride will be Oct 25.**

**Daytime Tuesday Dunlap Show & Go** All levels of riders depart from the Dunlap Grade School at 10:00am. Distance 25 miles. Contact Laurie Wilbur (446-9367) for more info.

**Wednesday East Peoria Level 2** Dirk McGuire (699-8484) will lead this ride from the Pleasant Hill Head Start School (across from the Antique Mall) departing at **5:00 PM**. Ride distance will start in the 20 mile range and increase throughout the season. Average speed will be 13-17 mph and no one will be dropped. **Last ride will be October 26.**

**Thursday Pekin Levels 2& 3** Jim Vaupel (353-6104) leads this group from Coal Miners Park . Departure time 5:30 PM. The ride is a fast pace (16-18 plus) and includes pace line riding and some challenging hills. Ride distance is 20-40 miles. Jim says the ride may do a rolling re-group to gather up strays but suggests that all riders bring a photo ID or pre-completed toe tag. **Last ride will be September 15.**

**Daytime Thursday Brimfield All Levels** Laurie Wilbur (446-9367) organizes this ride from various locations each week at 9:00 AM. Refer to the Thursday ride schedule. Ride distance 25-50 miles. **Last ride will be November 3**

**Friday Chillicothe All Levels** Edith Albright (274-4849) will co-lead this ride with Melissa McClure from the Pearce Center. Departure time 5:30 PM all summer. Distance varies depending on the group. The ride is normally followed by a dinner at a Chillicothe restaurant for those interested. **Last ride will be September 30.**

**Saturday Show and Go Washington Level 3** ride meets at Washington Square at **8:30 all year**. Distance varies from 25-60 miles.

**Saturday Show and Go from Russell's All Levels** Meet at Russell's in Washington at 8:30 Saturday. Distance ranges from 25-40 miles and includes a meal stop.

**Sunday Princeville Family Ride** Richard Soseman (224-8783) leads this ride from St. Mary of the Woods Catholic Church. Distance and difficulty varies, but about 15 to 20 miles, and will accommodate a range of abilities. Departure time 10:30 AM. **Last ride September 4**

**Sunday Show & Go Metamora Levels 1 & 2** Meet at Metamora's town square at 1:00 pm through the winter. Distance 20-30 miles. North route to Washburn or South route to Roanoke. Contact person: Pam Hoehne (694-4828) or pams@mtco.com.

Ride Levels More details regarding ride levels is available on the web site. Ride leaders can be contacted for specific details about their individual rides.

**Beginner/Family** These rides are a casual pace averaging less than 12 miles per hour and ride as a group.

**Level 1** Rides average 12-14 mph and regroup on a regular basis.

**Level 2** Rides average 13-17 mph and regroup occasionally.

**Level 3** Rides average 17 miles per hour and over. Riders may regroup periodically, but should be prepared to ride in pace lines to keep from being dropped.

**Show and Go** Rides have NO leaders. The distance and speed is decided upon by the group, but governed by the ride level designated.

#### **Ride Rules**

- 1) Riders must obey all Illinois Traffic Laws.
- 2) Ride no more than two abreast and single file at intersections and in traffic.
- 3) When riding in a large group, create space to help motorists pass safely.
- 4) Use hand signals and obey all traffic signals.
- 5) Check all intersections for traffic. Avoid "group think".
- 6) Warn riders of pot holes, dogs, cars and other obstacles.
- 7) Riders are strongly encouraged to wear approved helmets.
- 8) Riders should make certain their bikes are in good working order.
- 9) Riders should carry water and a spare tube for their wheel size.
- 10) Riders should be prepared for weather conditions. Most rides will take place in all weather.
- 11) Riders should arrive in time to be ready to ride at the start time.

# ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

Name #1 \_\_\_\_\_ Birthdate \_\_\_\_\_  
please print clearly

Name #2 \_\_\_\_\_ Birthdate \_\_\_\_\_

Name #3 \_\_\_\_\_ Birthdate \_\_\_\_\_

Name #4 \_\_\_\_\_ Birthdate \_\_\_\_\_

E-mail address (print clearly) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip + 4 \_\_\_\_\_  
Zip + 4 look-up website: www.usps.com/zip4

Phone (        ) \_\_\_\_\_

Signature (Name #1) \_\_\_\_\_ Date \_\_\_\_\_  
(parent or guardian if registrant is under 18)

Are you renewing, or is this a new membership? (check one)

Renewing     New

If new, how did you find out about the club? \_\_\_\_\_

Are you an LAB member (check one)

Yes     No

Basic membership:

Individual (\$10) \$ \_\_\_\_\_  
Household (\$12) \$ \_\_\_\_\_

Voluntary advocacy contribution:  
(\$5, \$10, \$15, other) \$ \_\_\_\_\_

Total enclosed \$ \_\_\_\_\_

DISCLAIMER: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n bicycle of all blame for any injury, misadventure, harm, loss, or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said organization.

Make check payable to: ILLINOIS WHEELM'N, 6518 North Sheridan Rd., Ste 2, Peoria IL 61614-2933

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