



ILLINOIS VALLEY WHEELM'N

February
2010

greater peoria's bicycle club

**NOW IS THE TIME TO
GET YOUR BIKE
IN SHAPE FOR THE
UPCOMING SEASON.**

**Schedule a visit to one
of the area's local bike
shops for a complete
tune up !**

Support our local Bike Shops

See where you can spend your hard-earned money for quality bicycles and equipment. See page 10 for a listing of local shops.

CURRENT EVENTS

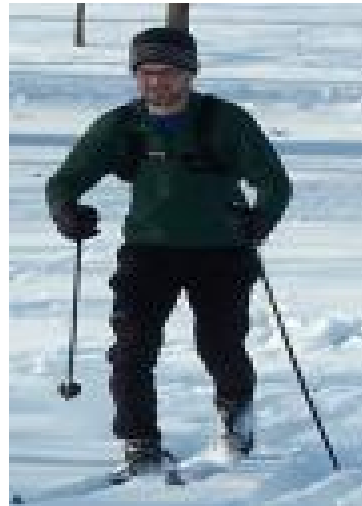
MORE DETAILS ON PAGE 5

Preview the latest upcoming events and how you can learn more about ordering your **NEW IVW JERSEY !**

See "Sugoi Jersey Fit Kit"

ON THE INSIDE

Club Officers	Page 2
New/Renew Members	Page 2
Local Event News	Page 3-5
State & National News	Page 6
Bike Month License Plate	Page 7
Classified Ads/For Sale	Page 10
Membership Form	Page 11
Calendar of Events	Page 12



Tailwinds – Mike Honnold – IVW Prez

For those of you who hate snow, this has been a horrible winter so far. It is not very often that this area has snow on the ground for almost an entire month. In addition, for the majority of the time this snow was on the ground, temperatures were very low with dangerous wind chills. So - given this information - I am sure most of you didn't get many miles out on the bike last month. On the bright side - all this snow has been great for others (like myself) who love winter weather. Typically, I am able to go cross-country skiing maybe 20-25 times in a good season. So far this season, I

have been skiing 21 times, and it's not even mid-January! What a year! If you are ever interested in discovering the sport of cross-country skiing, please let me know. For those of you who keep biking all winter long, please stay safe, and use good judgment before going on a ride!

Many of you have seen the recent e-mail communication related to our most recent project of "commissioning" a new IVW jersey design. The decision to design a new jersey began with last year's Sugoi sponsorship, and was cemented at the IVW year-end banquet in November. It has been almost 10 years since the last IVW design, and most members I've talked to admit it's time for a new look out on the road. After much consideration, the designer we chose to work on this project is Shannon Smith, a fellow cyclist and amateur graphic designer from Pekin. Shannon has been in the design business/hobby for 15 years, and has much experience working on clothing. Shannon's most recent projects have been related to Little Ade's in Pekin - designing T-shirts and jerseys to advertise the shop.

Ideas were tossed around on which way to go with the jersey design. In the end, a couple of concepts floated to the top. The first design centers around a stylized view of downtown Peoria on the front. We originally listed names of surrounding towns on the back, but scrapped that idea after they were hard to see. The 2nd design uses corn/agriculture as the main focal point. While riding in the summer/fall months, we constantly are looking at corn, and this makes for an interesting/unique theme. Please continue to offer feedback to these jersey designs, and feel free to give me your own ideas for a totally different look - should you think of one. It will be difficult deciding for those involved in the process which design to use (or a combination of both), so any input is appreciated! We hope to finalize a design that will please most club members & give our club a great, new image!

EDITOR'S NOTE: The two designs that are currently being looked at are shown on page 9.

Welcome, New Members:

Ed Riesburg.....Mackinaw

Thanks to Renewing Members:

- Rob & Cindy Alexander.....Washington
- Chris & Mary Collison.....Morton^
- Lori David.....Dunlap
- Michelle Graham.....Manito
- Steve & Carol Hallock.....Peoria
- Reid & Sheila Hansen.....Peoria*^
- Bill & Ruth Holmes.....Edelstein
- Mike & Katrina Honnold.....Peoria^
- Al & Elaine Lagoda.....E. Peoria
- Mel Perrill.....Pekin
- Randy & Marsha Ray.....Peoria
- Jim & Diana Reading.....Dunlap
- Sue Robertson.....Peoria^
- Walter Ruppman.....Washington
- Rachel Terry.....Dunlap
- Torsten Van Wassenhove.....Edwards^

(* LIB/LAB Membership ^Advocacy donation)

REMINDER TO ALL IVW MEMBERS

Please check your mailing label for the expiration date of your membership. The IVW does not send out bills or notices, but requests that members keep track of the expiration of their annual memberships and submit the payments accordingly. Thank you.

RENEW YOUR MEMBERSHIP ON-LINE at:

www.signmeup.com/site/reg/register.aspx?fid=G22V3K7
See the January 2010 issue of this newsletter (page 3) for full details. Or visit our website, www.ivwheelmn.org for a link to signmeup.com

Don't Forget to Sign Up for the Email List to stay Informed!

Get the latest information emailed to you about special club rides, social events, club meetings and local cycling activities by signing up for the IVW email list! To join the list, please send an email to:

members-request@ivwheelmn.org

Subject: **Subscribe**

At anytime you may remove yourself from the email list by sending an email to: members-request@ivwheelmn.org

Subject: **Unsubscribe**

Note: You are not automatically on the email list by being a member. You must sign up to get emails from the club

IVW CHAIRPERSONS

PRESIDENT:

Mike Honnold – 696-2591
cannondale_25@juno.com

VICE PRESIDENT:

Lori Boland – 231- 1723
lorib1723@gmail.com

SECRETARY:

Position is open !
Interested?

TREASURER:

Marge Semmens - 693-9388
m_b_semmens@sbcglobal.net

RIDE CHAIRPERSON:

Mike Pula
mikepula@gmail.com

2010 NO BALONEY RIDE CHAIR:

Mike Honnold - 696-2591
cannondale_25@juno.com

SOCIAL CHAIR:

Laurie Wilbur - 446-9367
lwilbur02@gmail.com

MAILING:

Val Lindner
lindner4@comcast.net

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wdclark190@comcast.net

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Justin McWhirter - 694-3736
justin.mcwhirter@gmail.com

IVW Website:

<http://www.ivwheelmn.org>

AROUND THE PEORIA AREA

“HAVE YOU HEARD THE NEWS”?



On-Line Membership Payment/Signup

By Mike Honnold

Exciting news! - The Illinois Valley Wheelm'n is now set to go with on-line membership signup/payment! On-line membership signup is a feature many club members have been asking to implement for quite some time now. Being able to sign up online will eliminate any need to fill out our paper form, purchase a stamp, sign your check, or drive to the post office!

If you are interested in trying out the on-line membership, please direct your web browser to the following address :

<http://www.signmeup.com/site/reg/register.aspx?fid=G22V3K7>

We will also be placing a link to this form on the www.ivwheelmn.org website after the New Year. Remember, those who choose to use the on-line membership form will be paying an added convenience charge for the service. On our new \$15.00 dollar single membership rate, the final cost will be \$16.97, and the new \$20.00 family membership rate will be \$22.30. Our lifetime membership option will not be made available through the online website.

A fellow IVW club member wanted me to forward this e-mail along to our membership. It is about that doctor out in California who pulled in front of two cyclists, and then purposely slammed on his brakes. Recently, the doctor was sentenced to 5 years in jail.

Here is the link to the results of the sentencing. .

http://velonews.competitor.com/2010/01/news/a-reporters-notebook-sentencing-dr-thompson_102284

The article is well worth the time to read.

Sugoi Clothing IVW Club Discount

By Mike Honnold

Who doesn't like a good deal - especially when it involves saving money in these economic times? I have been in contact with a representative from Sugoi clothing over the past few weeks regarding a possible club sponsorship/discount. If you do not already know, Sugoi manufactures high-quality active wear clothing for the cycling, tri, running, and skiing markets. Their clothing is very high quality - I am still using a pair of cycling tights I bought from them 8 years ago!

In order to widen their presence in the marketplace, Sugoi is offering cycling clubs across the United States a sizeable discount in return for posting a Sugoi logo and weblink on the club website.

IVW club members (those in good standing as far as dues go) can now purchase anything off the Sugoi.com website for 50% off the posted retail price. This discount can be used as many times as you would like, and can even be applied to discount merchandise. I have already purchased a few items myself, and was amazed by how much money I was able to save!

If you are an IVW club member in good standing and would like to take advantage of this discount, please send me an e-mail at cannondale_25@juno.com. We cannot post this discount code in the newsletter or on the website, since those sources of information are available to anybody with access to a computer. Our hope is this code will entice more people to join our club - and keep those who are already members. In addition - if we ever decide to do another IVW club jersey, Sugoi will offer us a sizeable credit toward our order!

2009/2010 IVW Club Mileage Competition

Join the ranks of those individuals keeping tabs on their club mileage. This is a friendly competition aimed at promoting cycling. Anyone can join in. Just email your information to cannondale_25@juno.com. Accolades are given at the Annual Dinner in November of each year. Mileage totals run December thru October of each year.

2009/2010 IVW MILEAGE COMPETITION

Rider Name	December 2009 Mileage	2009/2010 Total Miles
Dennis Tresenriter	320.7	1024.4
Steve Kurt	233.94	790.25
Suzanne Wheeler	60.06	667.4
Steve Sommer	136.2	666.3
Tom Dorigatti	60.29	627.85
Steve Berger	103	609
Michael Honnold	105.7	444.1
Edith Albright	0	295.56
Faraz Hussein	34	194
Chris Gibson	0	35
David Gehrt	0	0
T. Van Wassenhove	0	0

New Year's Day Party Report

By Mike Honnold

On January 1st, 2010, members of the IVW celebrated the New Year in style. Originally, plans were to have a short bike ride around the City of Peoria, followed by a hearty potluck. Unfortunately (for those who do not like snow), Mother Nature had other plans and dumped a late December 7" snowfall on the city. Besides icy/snowy roads, temperatures dropped into the single digits on New Year's Eve, resulting in dangerous cycling conditions. Knowing the storm was going to make conditions dangerous on New Year's Day, Mike Honnold changed the bike ride into a cross-country ski. Ten IVW members met at Donovan Golf Course in Peoria at 2:30 P.M. Everyone started off together, but two groups quickly formed so all could have an enjoyable time within their own physical limits. After 60 minutes of skiing, the groups put away their equipment, and headed to Mike & Katrina Honnold's house for a tastebud-tempting potluck. Eating/drinking in a warm house was obviously the activity of choice on such a cold day, because between 25-30 IVW members enjoyed 2 hours within the friendly confines of the Honnold Household. It was so cold outside, the Padeskys enjoyed a beer slushie courtesy of Mike's impromptu use of the back porch for a beer cooler!

Thanks again to all those who came out to enjoy the good times and food. Best wishes and a happy/healthy 2010! See pictures below from the event.



CLUB AND LOCAL AREA EVENTS

Sugoi Jersey Fit Kit -

By Mike Honnold

Throughout the month of February, a Sugoi "fit kit" will be available on a rotating basis at local bicycle shops in & around Peoria. As you may have heard, the IVW is working on a new jersey design for club members, and the supplier of this jersey will be Sugoi. In order to make sure members order the correct size of jersey and shorts, Sugoi provides a free "fit kit" containing all possible sizes of their clothing - including both the unisex and female-specific cuts. IVW members are welcome to go to the most convenient location during posted shop hours to try on the clothing. Jerseys can be worn like normal, but Sugoi asks you please wear shorts OVER your undergarments for obvious reasons. Once you decide what size fits you best, note this information in a convenient place, so you can access it once the ordering process begins. Anticipated ordering dates will begin around mid-March. If you have any questions, please contact Mike Honnold @ 309-696-2591. Schedule of the "fit kit" is below ->

February 1st -> February 8th - Illinois Cycle and Fitness -

February 10th -> February 17th - Bushwhacker

February 19th -> February 26th - Little Ade's -

March 1st -> March 8th - Russell's Cycle and Fitness

Volunteering Opportunity - Evergreen Tri

By Mike Honnold

URGENT – HELP NEEDED !!

Recently the organizer of the Evergreen Triathlon held each July on Lake Bloomington contacted me. The usual group they contract to offer corner-marshalling services along the bike portion of the course has decided to step down for 2010. Instead, the organizers would like the Illinois Valley Wheelm'n to help on race day by watching corners of the racecourse. For our services, the race organizers will donate \$1,000 to our club, for us to use in any which way we choose! Our current plans are to turn around and donate this money back to the community by donating to a worthy cycling-related activity/cause. 20-25 members of our group will be needed on **Saturday, July 17, 2010 from 6 A.M. to around 10 A.M.** - or whenever the last rider is off the bicycle course. Because Lake Evergreen is north of Bloomington, we will most likely car pool from the Peoria area to minimize the number of cars needing parked. After our work is over, the IVW will take everybody out for lunch to thank you for your hard work!

I know this is early, but I would like to nail down our volunteers as soon as possible, so I have one less thing to worry about when it is time to start working on No Baloney. If you are interested in volunteering your time for the morning of **July 17**, please let me know as soon as possible at 309-696-2591 or cannondale_25@juno.com
More info about the Lake Evergreen Triathlon can be found at: <http://www.tri-shark.org/web/EvergreenTri2/RaceInfo.aspx>

HIKE AND SOUP

DATE: February 7, 2010 – Sunday

Time : 2 p.m. (Depart for Trail)

Place : Home of Bill & Marge Semmens' 10214 N. Forest Drive, Peoria

Phone: (309) 693-9388

Hike will take place at Robinson Park, and last between 1 – 1 ½ hours.

Plan to carpool from Bill & Marge's home to the trail head. We will return to the Semmen's home after the hike for a bite to eat. Please bring an appetizer, salad or dessert to share. The homemade soups will be provided.

AROUND THE STATE-AROUND THE NATION



NATIONAL BIKE SUMMIT 2010

MARCH 9-11, 2010

BUILDING ON
10 YEARS
OF PROGRESS

REGISTER ONLINE AT
WWW.BIKELEAGUE.ORG

PRESENTED BY:



SPONSORED BY:



LIB Extra - from the League of Illinois Bicyclists

Advocacy, Rides and More-for further stories, see www.bikelib.org and see our current newsletter!

Complete Streets Report Attracts Media LIB's road audit study of 46 Chicago and suburban streets released this fall gained good coverage in the Chicago Tribune by transportation reporter Jon Hilkevitch and by Sun-Times Media, which includes the Chicago Sun-Times and scores of suburban newspapers. If you missed the study rating recent road projects for bicycle and pedestrian safety, you can read it at www.bikelib.org

Bike Planning Seminars Starting in January, LIB will be conducting a series of ten seminars around the state on the technical aspects and strategic issues for local bicycling planning. Municipal planners, engineers, and others will learn about proper car-bike interactions, on-road and off-road bikeways, bike planning process and implementation, and more. Help us get the right people there – encourage your local officials to attend! Bicyclists are invited, too – this will be a great opportunity to learn how to develop and advance bike planning in your hometowns. See www.bikelib.org for more.

Route 66 Support Keeps Rolling In the wake of the successful LIB-led week-long bicycle tour along Route 66 from Granite City to Chicago, interest has continued. Several Macoupin and Montgomery County newspapers have printed a letter to the editor in support of the Route 66 development for bicycles (<http://www.rogerkramercycling.org/HTML/2009/11/in-support-of-route-66-trail.php#links>)

Similar letters to the editor from bicycle club officers and their members will help keep the issue before the public and local and state officials.

Bike club members: LIB's efforts to improve bicycling are supported by more than 1,300 members - many belonging to clubs that donate. *Become an individual member at www.bikelib.org*

Photocopy as needed for additional applications

National Bicycle Month 2010



Plate Background Color is Silver - Image is Black and Green

- Celebrate National Bicycle Month with your own personal Bike Month License Plates.
- Plates are approved and shipped by the Secretary of State directly to you.
- Plates may be displayed during April and May 2010. The cost for the Bike Month Plates is \$28.00.
- A copy of this year's plate is shown above. A color image can be seen at www.bikelib.org.
- Plates are numbered from 1 to 350 with number preference given to last year's plate holders.

IMPORTANT: The Secretary of State mails all plates. We must send a **COMPLETE, CURRENT, LEGIBLE** photocopy of your regular license plate registration card. If your plates expire in APRIL or before, you cannot use your 2009 registration card. You can renew up to two months early at a Secretary of State office near you.

PLEASE PRINT LEGIBLY OR TYPE

Name _____ Signature _____

Address _____

City _____ State_IL_Zip _____ Phone _____

E-Mail _____ Driver's License Number _____
(This will only be used to contact you about your plate order)

Current Plate Number _____ Expiration Date _____

Car Make _____ Year _____ VIN# _____

Please make your **\$28 check or money order** payable to League of Illinois Bicyclists. Mail it with this form and a **photocopy of your car's current plate registration** to: LIB, c/o Laura Kuhlman, 1s110 Normandy Woods Drive, Winfield, IL 60190. Phone: 630-462-5427

Order A Matching Share the Road T-shirt (Shirts shipped separately from Plates)

\$22 each (\$24 2XL) (Includes Shipping and Sales Tax)



MENS (Natural color) (enter quantity)
S _____ M _____ L _____ XL _____
2XL _____

WOMEN'S (White color) (enter quantity)
S _____ M _____ L _____ XL _____
2XL _____

(Back has small logo below collar)
100% Heavy Preshrunk Cotton



MEMBER PROFILE

Bill Clark



Wheelm'n can tell many good stories about why they took up biking. But it's hard to find one better than Bill Clark's. "I made Brenda (his wife) a deal: I'll quit smoking if you'll get pregnant," he says.

Nearly 23 years later son Nathan is studying at Illinois Central College. And Bill – who took up biking to avoid taking on too many pounds when he gave up cigarettes – remains an avid cyclist. In a typical year he rides more than 3,000 miles.

It appears that he got what he bargained for, but there's more to this story. In 1990 Bill joined the Illinois Valley Wheelm'n. Since then he has held virtually every position – data base manager, webmaster, treasurer (for five years), secretary-treasurer, vice president, president and newsletter editor. The secretary and

treasurer positions he shared with Brenda, who also bikes. In addition, he also chaired Diane's Ride for three consecutive years. This is the other invitational ride that the club previously sponsored each year.

The list hints at how he became the club's newsletter editor – somebody asked and "It was one thing I'd never done." He jokingly says he may be "the best pipe fitter turned newsletter editor that money can buy."

One suspects he may be the nation's only pipe fitter turned bike club editor, a job he says intimidated him at first but which now drives him crazy only at deadline time. When he first took the position, he says it consumed two hours a night. He's managed to shave that to about six hours a month. Still, it's not easy to get all the copy in and edited in time to reach members by the first of the month, and he appreciates members who respect his deadline (the 15th of the month).

As for the pipe fitting part of Bill's life, that takes place at Keystone Steel & Wire Co. and has for 33 years. He calls himself an "industrial plumber" who works on everything from toilets to high-pressure steam pipes. He is responsible for work done at the company's wastewater treatment plant, where acids are neutralized and heavy metals, oil and grease are removed. Bill, a Pekin native, went to work at Keystone in 1971 after graduating from high school. A year later he joined the Marines. He says, and he sounds serious, that he wanted to go to Vietnam but wasn't that lucky – his assignment was to Hawaii! In 1974 he returned home and became a pipe fitter's apprentice back at Keystone. Laid off in the early 1980s, he found a job running the construction warehouse at Corn Products Co. in Pekin. Transfers to North Dakota and California followed. Eager to return to the Midwest, he learned that a retirement had left an opening in his old department at Keystone. And so he started over.

Biking offers him a release from work, he says. He calls it his "attitude adjustment" after a hard day that begins at 6:15 a.m. "I enjoy riding with other people, but I enjoy riding a lot by myself and looking at the scenery and listening to the sounds," he says. "I can be dead-dog tired and get on my bike and totally relax." That bike is a Cannondale he bought in 1989, two years after a colleague convinced him that a switch from running to biking would save his body a lot of grief.

This is the year Bill expects to complete a self-supported road trip from Canada to the Gulf of Mexico he began in short stretches 10 years ago. (See his account in next month's newsletter) Besides the cycling, he enjoys researching the areas he passes through and visiting their attractions – for example, the lead mine in Platteville, Wis., that is evidence of the area's past importance in lead mining. "A long time ago someone told me everyone has a story," he says. "I not only want to know a person's story; I want to know an area's story."

It's that sort of curiosity that propels Bill into ventures apart from work and biking. He is on the board of the Redbrand Credit Union, where he says he learns something almost every day. And, he and his son have the distinction of being the only father-son team from their scout troop to have both been Eagle Scouts.

On a regular basis, he and Brenda bike, camp and fish together. One of their regular companions is a good friend who lost his leg in an accident – and takes pleasure in biking. This summer they plan to visit Yellowstone and the Tetons together.



POSSIBLE NEW DESIGNS - SEE RELATED ARTICLES ON PAGE'S 3 & 5



Order your "3 Feet Please" jersey today from:



<http://ivw.3feetplease.com>

Deliver your bold, powerful message in black letters on a bright yellow background. You'll help remind drivers to share the roads and at the same time help the Illinois Valley Wheelm'n. Purchase your jersey through the website above, and a \$5.00 contribution will be made to Illinois Valley Wheelm'n, courtesy of Tallahassee resident Joe Mizereck. Questions? Call 800-761-0907 or Email to: joe@3feetplease.com

Let 'em Know about the Law

FOR SALE

ITEMS FOR SALE

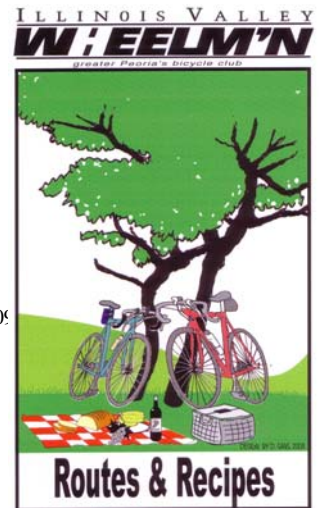
HAVE ITEMS FOR SALE?

PLACE YOUR AD HERE FOR FREE.
CONTACT THE EDITOR FOR DETAILS.

IVW "Routes & Recipes"

Available for purchase at the following locations:

- **Bushwhacker Ltd.**
4700 N. University, Peoria 692-4812
 - **Illinois Cycle & Fitness**
9016 Allen Road, Peoria 693-2691
 - **Lakeview Museum**
1125 W. Lake Avenue, Peoria 686-7000
 - **Little Ade's Bicycles & Repairs**
305 N. 5th St. Pekin 346-3900
 - **Often Running**
206 South Linden St., Normal 454-1541
 - **Running Central**
700 Main Street, Peoria 676-6378
 - **Russell's Cycle & Fitness**
10 Valley Forge Plaza, Washington 444-2098
 - **Tanner's Orchard**
740 State Route 40, Speer 493-5442
 - **Vitesse Cycle Shop**
206 South Linden, Normal 454-1541
- Mike Honnold President IVW**
Cannondale_25@juno.com
309-696-2591



This book has great routes and maps (and recipes too)!

Please consider supporting our local area bicycle shops.

Bushwhacker Ltd. - Peoria
309-692-4812

Russell's Cycle & Fitness - Washington
309-444-2098

Little Ade's Bicycles - Pekin
309-346-3900

Illinois Cycle & Fitness - Peoria
309-693-2691

This list is not meant to be inclusive of each and every bicycle shop in the area. Please see the yellow pages in the local phone directory for a complete listing. The IVW does not endorse any one bicycle shop listed. If you do not see your favorite shop listed here and would like to have information included, please contact the newsletter editor.

Classified Ads

Classified ads for club members are welcome. If you want to post a bike for sale or a wanted item in the newsletter, send your advertisement to the editor, wdclark190@comcast.net as an attachment. The advertisement MUST be formally keyboarded as a "Word" document. If the item is sold, please notify the editor so it can be removed from the newsletter.

Commercial ads are also welcome at a charge of \$25 for a ½ page and \$50 for a full page. To submit a commercial ad, send an electronic document compatible with Windows to wdclark190@comcast.net as well as a hard copy to:

William Clark
 308 Linden St., Pekin, IL 61554
 All materials (including payment) must be received no later than the 15TH of the month preceding the appearance of the advertisement.

Check the Website for Updates and General Information

Our webmaster Justin McWhirter is constantly updating our website and will be glad to hear your comments and ideas.

You can upload your pictures, post upcoming bike ride information, check club events, advertise wanted or for sale items, communicate with other members through our forum, view the newsletters in color, and check the most recent club calendar.

Go to www.ivwheelmn.org, log in entering your username and password, and click on "Forum" (on the left-hand side).

The more we use it, the better it will become!

ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

Name #1 _____ **Birthdate** _____
 (Please print clearly This must be an Adult)

Name #2 _____ **Birthdate** _____

Name #3 _____ **Birthdate** _____

Name #4 _____ **Birthdate** _____

Email address (print clearly) _____

Address _____

City _____ **State** _____ **Zip +4** _____

Phone () _____ - _____ **(cell)** _____

Signature (Adult #1) _____ **Date** _____

Are you renewing or is this a new membership? (Circle one)
 Renewing New

If new, how did you find out about the club?

Member of:
 League of American Bicyclist
 Yes No
 League of Illinois Bicyclist
 Yes No

Basic Membership
 Individual (\$15) \$ _____
 Household (\$20) \$ _____
 Lifetime (\$250) \$ _____
 Voluntary advocacy contribution (\$5, \$10, \$15, other) \$ _____

Total Enclosed \$ _____

Disclaimer: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n (IVW) bicycle club of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said club.

LINK AVAILABLE AT: www.signmeup.com for online membership sign-up.

Make check payable to: Illinois Valley Wheelm'n, 6518 N. Sheridan Rd., Ste. 2, Peoria, IL 61614-2933

Date/Time	Event Name	Location
February 6 th , 2010 Time = 10 A.M.	Illini Chill Ride Illinichill@yahoo.com	St. Joseph, IL St. Joseph Elementary School
February 7 th 2010 2 P.M.	February IVW Social Souper Hike (Hike & Soup)	Marge & Bill Semmens's House 10214 N. Forrest Drive, Peoria
April or May 2010	Illinois Valley Wheelm'n Spring Breakout Ride	Russell's Cycle and Fitness Washington, IL
May 15 th , 2010 All Day	Bikes for Kids Bike Collection Drive	TBD
May 19 th , 2010 6:30 P.M.	Ride of Silence www.rideofsilence.org	Upper Glen Oak Park Peoria, IL
July 17 th , 2010 5:00 A.M.	Lake Evergreen Tri Volunteering Opportunity	Lake Evergreen, Bloomington, IL
September 25 th , 2010 6:30 A.M.	No Baloney Bicycle Ride www.ivwnobaloney.com	Chillicothe Christian Church Chillicothe, IL

**ILLINOIS VALLEY WHEELM'N
6518 N. SHERIDAN RD. STE 2
PEORIA, IL 61614-2933**

PRSRT. STD.
U.S. POSTAGE
PAID
PEORIA IL
Permit No. 310

RETURN SERVICE REQUESTED

**When does your annual
membership expire?
Check the date on the upper right
corner of your mailing label.**

