



May 2011

AFFILIATED CLUB

www.ivwheelmn.org

THE GREATER PEORIA AREA'S BICYCLE CLUB

We Have "NO BALONEY"

New and exciting plans for
2011 No Baloney Ride.
SEE BACON BITS
on page 3

WE HAVE A VOLUNTEER! FOR RIDE CHAIRPERSON.

Liz Born officially accepts
Ride Chairperson Job

Thank her for her hard work and
dedication to the club when you
see her.

OUT OF THE BOX TOURS are back!! BIGGER AND BETTER THAN EVER!

Join Barb and Cora Lynn
on their weekly adventures
See page 10
for a full listing.

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TAILWINDS

Mike Honnold IVW Prez

A few days ago, I called up Joe Russell to talk about the spring Breakout Ride. Over the course of the week leading up to our ride, I'd been monitoring the predicted weather conditions, and it was starting to appear as if Saturday was going to be a cold/rainy/windy day. Along with concern for the riders safety/comfort, I was also worried about the turnout for Joe and his party afterwards to celebrate Spring. After discussing the various possibilities for a few minutes, we collectively decided to move the ride to April 30th. When I went to sleep last night, I fully expected to wake up on Saturday morning to the sound of wind, rain, and thunder outside. Instead - I woke up to the sound of birds chirping, and what I thought was blue sky!!

I initially thought our decision to postpone the ride was going to be a bad one until a few minutes later when I heard the pitter-patter of rain on our roof. Let's all keep our fingers crossed that April 30th turns out to be a cloudless, windless, and rainless day in the upper 70's!

Plans seems to be "rolling" right along for completion of the Kellar Branch Trail, which will eventually connect the Peoria Riverfront trail with the Rock Island Trail. Phase 1 of the trail (Glen to Knoxville) is already paved and seeing a large upturn of people coming out to run, walk, or bike. Phase 2 (Pioneer Parkway to Northmoor) will see construction beginning in the Spring once a custom section of culvert tile has been delivered. Northmoor has also recently received some nice upgrades with wide sidewalks/paths on each side of the road which will eventually interconnect with the Kellar Trail to widen travel possibilities in town. Phase 3 (Northmoor to Knoxville) is still in the engineering stage, and recently received a setback when funding to place a tunnel underneath Knoxville was rejected. Until tunnel funding is secured, trail users will be able to cross using a new pedestrian-activated signal at Northmoor. Phase 4 (Glen to Springdale Cemetery) should have the engineering phase finished up by the end of April. All in all, progress on the trail looks really promising, and hopefully we'll have a full trail to enjoy in a year or so.

Plans are coming right along for the No Baloney Ride in August. Morgan is doing a great job on the planning process, and I have no worries you will be able to enjoy our annual club event for another year. At the last board meeting, we made decisions on the location, routes, logo, brochure, and other items I'll let Morgan discuss later in her newsletter article. One of the biggest decisions we made was regarding the cost of the ride. For at least the past 10 years (furthest back I could locate records) the cost of the No Baloney Ride has been set for early registration at 15 dollars single & 40 dollars family. We always made a profit for the club at these prices, but they didn't leave much margin for a bad year or low turnout. In addition, most other rides with far less attention to the food detail cost no less than 20 dollars per participant. Because of these reasons, we elected to raise the cost of the No Baloney Ride this year to 20 dollars/single and 45 dollars/family for early registration. We always put on a high-class ride, which is the main reason our board believes nobody will bat an eye toward the slight increase. Hope to see many of you there in attendance either volunteering your time and/or riding!!

Welcome, New Members:

Jack BrejcPeoria Heights
 Tim McGrathDunlap
 Chad & Tara TiezziWashington *
 Maggi WettsteinPeoria Heights

Thanks to Renewing Members:

David & Janice AtkinsonPeoria *
 Mark & Ellen CealeyChillicothe
 Jim DeVoreMetamora
 Tom DorigattiPekin
 Barb & Bernie DrakePeoria *
 Amber Evans & Florin Marcu.....Dunlap *
 Ellen GeorgePeoria Heights
 Jim KingHopewell ^
 Todd & Andrea Kollar & FamilyWest Peoria
 Teresa Lewis.....Peoria
 Tracy Litzinger.....Peoria
 Claire PutmanPeoria
 Tom & Carol RomanowskiPeoria
 Chris & Whitney Salvador.....Peoria
 Michael & Lori SampMetamora
 Tom & Susan Sanders.....Bartonville
 Randall SchmidtChillicothe
 Tom VoegeliPeoria

Lifetime Members

(* LIB/LAB Membership ^Advocacy donation)

RENEW YOUR MEMBERSHIP ON-LINE at:

www.signmeup.com/67269

Visit our website, www.ivwheelmn.org for a link to signmeup.com

MEMBERSHIP RENEWAL

REMINDER TO ALL IVW MEMBERS

Current info as of: 4/16/2011

ALBRIGHT	EDITH	6/1/2011
ALBROW	SANDY	6/9/2011
ALFRED	STEVE	5/6/2011
ANDERSON	DENNIS	3/12/2011
ANDERSON	DUANE	6/9/2011
BRADFORD	JUDY G	7/6/2011
BROWN	SANDRA	4/14/2011
BUSA	MICH.	4/14/2011
CASTLE	ROBERT	3/11/2011
CHAFFER	WILLIAM	6/10/2011
CLAY	MORGAN	3/12/2011
COVER	JEFF	7/9/2011
COVINGTON	ALLEN	6/21/2011
CRANDELL	RICHARD	4/12/2011
DVORSKY	MIKE	4/23/2011
FITZANKO	HEATHER	7/28/2011
FOX	MIKE	4/14/2011
GENTRY	RICK	6/24/2011
GREER	JEFF	7/14/2011
GROMER	DAVID	5/19/2011
GRUBE	STEPHEN	6/8/2011
HAEDICKE	MIKE	5/20/2011
HALEY	GERALD	5/13/2011
HANSSON	PETE	3/10/2011
HART	BETTY	6/25/2011
HETZEL	MARC	3/12/2011
HIBBERT	GLENDA	3/12/2011
HOOD	SUSAN	4/14/2011
ISIT	PATTY	3/11/2011
JACOBS	DONALD	5/10/2011
JOHN	KATHY	4/19/2011
JONES	DARREL	3/12/2011
KANDLER	BILL	3/11/2011
KAUTZ	JOHN P	6/27/2011
KERR	CARRIE	3/12/2011
KETELSEN	KEN	7/9/2011
KING	BRIAN	3/19/2011
LOWRY	KEITH	6/14/2011 cont'd at right.

This is a list of members whose membership is either two months past due, or have a membership needing renewed within the next two months.

There is a two month grace period on expiring membership, but once that is up, you will no longer get the newsletter.

Now that the electronic edition is released, this list will serve as your reminder to renew.

The IVW does not send out bills or notices, but requests that members keep track of the expiration of their annual memberships, and submit their payments accordingly.

Please check your paper mailing label or this spot in the e-newsletter, for the expiration date of your membership
Thank you.

IVW CHAIRPERSONS

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cannondale_25@juno.com

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EDITOR:

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wdclark190@comcast.net

MARTIN	BONNIE	4/12/2011	<u>Membership</u>
MARTIN-MOUSHONANGELA		3/12/2011	<u>Renewal</u>
MENKE	JEFF	4/14/2011	<u>cont'd</u>
POGIOLI	MARTIN	7/13/2011	
PRICE	LOU	7/12/2011	
UINN	MICH.	6/9/2011	
RULIS	DON	3/12/2011	
SAAL	TOM	3/12/2011	
SANS	DENNIS	4/14/2011	
SCHAFER	SHELDON	5/9/2011	
SCOTT	KAREN	6/9/2011	
SIECK	CHARLIE	4/1/2011	
SIEGRISTLESTER		5/10/2011	
SMITH	DAVID	4/14/2011	
SOMMER STEVE		7/8/2011	
SOSEMAN	RICHARD	3/11/2011	
STREIB	RON	6/11/2011	
SWANSON	TIM	4/14/2011	
THOMPSON	GLEN	7/14/2011	
TISDALE	BEV	4/14/2011	
TOWNSEND	RANDALL	4/14/2011	
UNKRICH	HERB	5/22/2011	
WEAKLEY	DAN	7/6/2011	
WILBURN	BRYAN	4/14/2011	
WITTMER	JIM	6/10/2011	

AROUND THE PEORIA AREA

“HAVE
YOU
HEARD
THE
NEWS”?



THE SOAPBOX

Have a comment about the club? Send your ideas to me. I'll publish them here. Voice your opinion, air your gripes, make suggestions. I'll see that they get published, **anonymously**. I will not share your name with anyone. So you are free to criticize what you want. Even me if you wish. Or, hand out a compliment. It won't go any further than here. And, we will see what kind of feedback we get. I'll publish that also.

This is your chance to “get up on the soapbox” and speak your mind.
Bill Clark Editor

Bacon Bits

Updates on the No Baloney Ride - August 27, 2011

Plans for this year's ride are moving forward smoothly. I'm putting the final touches on the routes for this year and hope to publicize them soon! In an effort to use common roads as much as possible, avoid gravel (which can be quite a trick in strip mining areas!), and have common rest stops, the route lengths will be at distances of approximately 30, 50, 75, and 100 miles. All routes will start at the Train Depot at Wildlife Prairie State Park.

I'm pleased to announce that we're trying something different this year and will provide bandanas printed with the route maps to all pre-registered riders and volunteers, with limited quantities available to those registering on the day of the ride (yes, we will still have paper copies of the routes available). Additionally, we will offer the option to purchase technical (non-cotton) t-shirts to all ride participants and club members; we will have both men's and women's sizing available for pre-purchase, with a small number of extras available on ride day.

Please contact me if you would like to assist with No Baloney planning or execution on the day of the ride. Brochures and postcards will be sent soon, so look for those in the mail, and don't forget to register for what will be a very memorable ride!

Cheers,
Morgan.

The SBC Great Cycling Challenge

Presented by the Springfield Bicycle Club
Ride Leaders Derek and Brigetta Ewing

There are currently cycling events spreading across the U.S. called “Sportives”, “Cycling Challenges” or “Gran Fondos”. These rides have participants ranging from the professional to the avid amateur. I have attended a couple of them and have had a lot fun and enjoyment.

I am introducing a version of these of which I believe many of the local area riders will also enjoy. These events would incorporate riding routes that they do not regularly use. Each travels through several towns, allowing riders to have a relaxing break if needed. A ride fact sheet would be available on the SBC website and provided to riders the day of event. The fact sheet would include a map, road listing, continuous mileage listing, towns, suggested break stops including eateries and any other points of interest.

Cont'd on page 12

RIDE OF SILENCE - By Barb Drake

Peoria-area bicyclists will join cyclists nationwide on May 18th for an 8-mile ride of silence to mourn those who have been killed while biking and to raise public consciousness of cyclists on the road.

“As the biking season gets underway, it's important that we share the roads safely,” said Mike Honnold, president of the Illinois Valley Wheelm'n Cycling Club, the local endorser. “We would like to be able to say at the end of this year that no local bikers have been killed while heading for work or out for a pleasure ride. Awareness is half the battle. We only want to share the roads we ride on.”

The ride will begin to assemble at 6:30 p.m. sharp near the entrance off Prospect Road to Upper Glen Oak Park. Most bikers will wear black armbands, while those who have experienced a bike-motor vehicle accident will wear red. The silent procession will leave promptly at 7 PM, and will go no faster than 10 miles per hour on Peoria's residential streets. Participants must be at least 18 years old and must wear certified helmets.

Last year's ride drew 80 local bicyclists. Honnold says the goal this year will be 100 cyclists, with the help of Peoria Police Officers to assist the group ride safely through town. The Ride of Silence was organized in 2003 in Dallas after endurance cyclist Larry Schwartz was killed by a passing bus mirror on an empty road. Last year riders gathered in more than 300 locations in all 50 states and 18 foreign countries, as far away as Antarctica and New Zealand.

For more information, cyclists may call Mike Honnold at 696-2591 or Bill Clark at 241-0949 or consult the Wheelm'n website (www.ivwheelmn.org).

Old Newsletter Help By Mike Honnold

Now that we have a greater ability to manipulate our website than ever before, I've been attempting to complete our on-line archive of IVW club newsletters. Besides the weekly ride schedule, our newsletters are the second most accessed feature visitors come to our website looking for. Some club members have even commented by reading through our old newsletters they get the feeling our club is very proud of our history, and plans to be around for a while in the local cycling community! So far, I've done a good job at locating electronic versions of our newsletters from 2006 and forward. If you happen to have access to the electronic versions of our newsletters from 2005 and before, please let me know (309-696-2591) so we can get these posted up on the website. Once we've located all the electronic newsletters we possibly can, “phase 2” will consist of gradually scanning in the paper newsletter copies from before they were composed using a computer. Thank you!

CLUB AND LOCAL AREA EVENTS

NEXT HIGHWAY CLEAN-UP MAY 28

By Cora Lynn Green

Under the leadership of then President Kathy John, the Illinois Valley Wheelm'n agreed to clean up the trash from the sides of Park School Road. This was back in 2007 and we have been doing it ever since. Many bicyclists use this road as they start their ride from the Dunlap area. The Peoria County Highway Department provides us large orange trash sacks, bright chartreuse vests, and pick up of the filled bags. They have also put up signs that recognize IVW's service for cleaning up that stretch of Park School Road. Twice a year, in the spring and the fall, members meet at Not Your Average Joe in Dunlap for coffee and a little socializing and then car pool over to our stretch of the road. Our first pick-up for 2011 will be Saturday, May 28. We will meet at Not You Average Joe at 9:30. Wear hiking boots and old clothes, as it can sometimes be a little wet. The job takes about an hour and is rather fun just to be outside and doing something for your community. So come out and join fellow bicyclists in making Peoria County a little cleaner.

WHERE HAS YOUR NEW JERSEY TAKEN YOU?

Submit a photo of yourself in your IVW Jersey to the editor along with a brief description, and we will publish it in one of the next few newsletters.

2010/2011 IVW Club Mileage Competition (below)

Join the ranks of those individuals keeping tabs on their club mileage. This is a friendly competition aimed at promoting cycling. Anyone can join in. Just email your information to cannondale_25@juno.com. Accolades are given at the Annual Dinner in November of each year. Mileage totals run December thru October of each year.

I want to Ride my Bicycle. Do you?

<http://www.youtube.com/watch?v=ARwZ3scXQ7U>

A CHANCE TO HELP.

By Val Lindner

My good friend Meg, who is a development director for South Side Mission, asked me to help her. SSM's day camp, Camp Kearney, is located past Glasford and is a beautiful facility that provides a day camp experience to kids regardless of ability to pay. They have created a NEW mountain bike course for the kids to ride on which is a really AWESOME way to introduce a lifelong love of fitness/cycling. They are needing to purchase 20 new midlevel mountain bikes and helmets and have negotiated pricing down to \$140 per bike. The Lindners will sponsor 1 bike, so only 19 left :) Would you consider "adopting" a bike for South Side Mission or pass this email on to someone you know would be interested? Meg has offered to let us/you try the new course out. The donation is tax deductible and you can choose to have your donation recognized on a bike. Please contact me for more details! THE DEADLINE IS MAY 15, as camp starts June 1. I would love to be able to prove to Meg that the cycling community is not only super-fit, but super generous! Here is the link for [Camp Kearney](#)
Thanks! Val Lindner lindner4@comcast.net

Want to know how electronic newsletters are saving the club money? Below is a breakdown of paper copies of the newsletter costs, and ideas on how we could better use the money from your memberships. So, when you renew your membership, think about how your money could be better spent.

Cost to print newsletter = \$1.00 each.

Cost to mail newsletter = \$.44 each.

Total Cost to print/mail newsletters for a year = \$17.28

Price of a single IVW Club membership = \$15.00

Price of a family IVW Club membership = \$20.00

Ways your membership dollar can be better utilized by the IVW:

Sponsoring Bike to Work Week events (Ride of Silence)

Sponsoring Peoria Area Bicycle Map printing

Assisting with Bikes for Kids expenses/parts

Better marketing of No Baloney Ride

More features of No Baloney Ride

Funding bicycling advocacy efforts of LIB & LAB

Continuation of Kellar Branch Trail

Promotion of club through Rock Island Trail incentive website

Club-branded clothing & jersey offers

Rider Name	March 2011 Mileage	2010/2011 Total Miles
Dennis Tresenriter	469.2	1491.2
Steve Kurt	500.69	1461.84
Edith Albright	0	1342.41
Suzanne Wheeler	233.99	1119
Michael Honnold	549	1096
Steve Berger	400	923
Dan McCaherty	303	909.2
Tom Dorigatti	375.72	669.13
Chris Salvador	164.04	176.06
Chris Gibson	55	55
Maggi Wettstein	46	46
Steve Sommer	0	0
David Gehrt	0	0
Whitney Jordan Salvador	0	0

LIB Extra - from the League of Illinois Bicyclists

Advocacy, rides, and more - for further stories, see www.bikelib.org and our current newsletter

Mackinaw Valley Trail "Meet in the Middle" Ride

On Saturday, May 21st, 2011, the League of Illinois Bicyclists, in cooperation with the Tri-County Planning Commission, and other local bicycle clubs is hosting a "Meet in the Middle" ride for the new over-the-road Mackinaw Valley Trail. This is a new trail system composed of already-existing country blacktop roads/trails to connect East Peoria, IL and Bloomington/Normal, IL. Groups participating in this ride from Bloomington will meet at Alton Depot Park (Front/Western), and groups participating in this ride from East Peoria will meet at the Fondulac Administration Building, 201 Veterans Drive, E. Peoria, near the caboose. Each group will leave their respective starting point around 9:30 A.M. and ride to Mackinaw, IL, where they will enjoy a dutch-treat meal at a local restaurant. Respective distances to the middle point in Mackinaw are 18 from East Peoria, and 20 from Bloomington/Normal. After the lunch in Mackinaw, participants will have the option to ride back to their respective starting point, or obtain a ride through their own pre-determined arrangements with friends/family. Hope some of you can come out and enjoy this new local resource for bicycling entertainment!

NOTE!!! Please watch the IVW website for updates on this ride.

“Share the Road” License Plate Sign-Up Passes Halfway Point

Over 800 Illinois drivers have already submitted reservations for the state’s new “Share the Road” license plates. Bike club members are invited to sign up and pass the word – so we can start seeing the plates on the road soon. The Secretary of State will begin production after 1500 reservation forms have been received. We hope to reach that mark by spring – please help us!



The plates will have a one-time \$29 switchover fee, plus an annual incremental fee of \$22. Most of the latter fee will go to LIB for our various programs to educate motorists and bicyclists on sharing the road.

Go online to www.bikelib.org for the reservation form and instructions on the two-step purchase process, plus FAQs.

Temporary plates had previously been available each year through LIB and the state for National Bicycle Month; but the plates were only valid for April and May. With the new, LIB-proposed plate, Illinois joins 12 other states with permanent, year-round “Share the Road” license plates.

Bike club members: LIB's efforts to improve bicycling are supported by 1,400 members – many belonging to clubs that donate. Become an individual member at www.bikelib.org/join

I WANT TO RIDE MY BICYCLE. DO YOU?

<http://www.youtube.com/watch?v=ARwZ3scXQ7U>

Sunnyland to Chicago

By Ken Koch.

Our trip was the put together by Wally Born, who was preparing to do a cross-country ride. This ride was supposed to take us 156 miles – from Sunnyland to Chicago. Wally planned a route using Google bike mapping and invited Ray Petty and me to go a long.

We had planned to spend our first night in Marseilles, after an 80-mile day. But, due to lack of hotels, we needed to make Morris, which is 20 miles further. So our first day was going to be about 100 miles of riding. Ray had never ridden a century, Wally had ridden two or more, and I had ridden one in 25-mile segments with handy rest stops along the way. Because of the probability of some gravel roads and the plans to ride the I & M Canal Trail, we all rode hybrid bikes. We had carriers for our essentials and two water bottles and/or Camelbacks each. We left Sunnyland at 7:30 a.m. on Sept.10. Skies were somewhat overcast, and there was a possibility of rain. As we neared Metamora, the skies cleared, and it became a beautiful fall day. About 20 miles out, I had a flat. I was carrying a spare tube and pump but had never changed a flat! Fortunately, Ray had had much experience in this from his motor-biking experience, and in maybe 25 minutes we were back on the road.

Our first stop was Casey's in Washburn. One of us was really hungry, as he had sat on half his breakfast! To anyone considering this type of back road country ride, it would be a good idea to Google the locations of Casey's along the route, as they are in a lot of small towns and have everything you need to keep you fed, hydrated and in good shape. We spent a very short amount of time at Washburn and then continued on through the countryside. We saw a wind farm from a fairly close distance, farmers bringing in the harvest and just some beautiful rural scenery.

Our second stop was at Casey's in Toluca. Here we all ate, bought more water and continued down the road. The toughest part of the first day was the winds coming from the east. We estimated they were approximately 20 miles per hour as the remnants of Hurricane Hermine were blowing through the area. When heading to Chicago, there is a lot more east traveling than I had expected. So grinding it out against the wind was the toughest part of the first day, but keep in mind that these were stronger winds than normal. We hope to encourage others to do this type of ride, so let me describe a bit what type riders and condition we all are in. Ray is 55, in very good shape and on the Thursday night Level 2 ride from Russell's is the strongest of the group. Wally is about 58, tall, lean, in very good condition. He loves a challenge and is able to keep up with the Level 2 riders on his hybrid. I am 61, short, overweight, have ridden for only 3 years, have a bit of asthma and at this point in the season, am at the back of the pack on the Level 2 ride. Point is, you do not have to be in the absolute greatest condition to do a ride of this type.

After leaving Toluca we hit maybe five or six miles of gravel roads, which had mostly hard-packed tire tracks, making for fairly good riding. Also near this area we had our first Google map glitch. A supposed road north was actually a dead end and we had to go maybe three extra miles to get back to our planned route. Somewhere around 1 or 1:30 p.m. we arrived in Streator. We had a great lunch at a Mexican diner called PJ's Dogs. It really had a varied menu and we would recommend it. This was the type of place we were hoping to find along the way so we could enjoy some of the local flavor as we passed through the country. We left Streator and continued spinning thru the countryside, enjoying a really pretty day. I am beginning to lose track a bit of our mileage at each town, but I think we were now approaching 60 miles into the route. Another few miles down the road we hit another Google whoops! What were supposed to be three miles of gravel road were actually about 10 miles of gravel and a mile of tractor path through a field. Riding the hybrids now really proved to be a good decision. Some of the gravel was really large, yet not so deep that you would lose control. In fact, at one point I recall hitting over 17 miles per hour on a slight downhill. I even commented to the guys that that was a first. After about the fifth mile, the gravel began to wear on us. Finally, at about the ninth mile, we ran into a local on a 4-wheeler. He gave us directions to a paved road that saved us two miles of gravel and would take us right into Morris, where the I & M Canal trail begins. A small note: it was really pleasing to see how helpful everyone was when we needed help with our location or anything else. We arrived in Marseilles at roughly 6 p.m. at about 86 miles on the bike computer. We grabbed a quick bite at Burger King, bought more water and were off as quickly as possible, as we knew we had about 20 miles to go and would be riding in the dark for the last few miles on the trail. The trail is six to eight feet wide in most places, and enough that two cyclists can ride side-by-side on almost any part. It is almost totally straight and almost totally level, making for easy riding. It was mostly small gravel or limestone and on occasion paved, especially approaching a road crossing. There were almost always trees on one side and generally a canopy which provided shade. There were very few obstacles of any kind. An occasional small hole, or perhaps a branch. None of these were major, but I would still recommend riding in daylight to be safe. As twilight set in, I was in front and could see a change in the color of the trail, yet could not make out what it was. We were cooking along at maybe 12 to 13 mph. when we came upon the only thing on that portion of trail that could really have gotten us hurt if we hadn't seen it soon enough. The trail turned to concrete, which was level for the first eight feet, then went down at a fairly steep angle, maybe six feet lower. It flattened out at the bottom, and then came back up at the same angle and onto the trail again...sort of like a concrete V-Block with a flat bottom. Had we hit that spot with a little less light, we could have been hurt. We did the last eleven miles in the dark. My 3-LED Cat-eye on constant provided adequate light, and we finally arrived at the motel in Morris at 8 p.m. Considering the detours, we had traveled 104.4 miles in 9 hours and 22 minutes, with an average speed of 10.9 mph.

Saturday we hit the road at 10 a.m. after both the continental breakfast and a second breakfast at another restaurant which had a full menu. We experienced about 10 minutes of light rain as we left, and then it stopped. That was very welcome, as we weren't geared up for rain. We were on the trail for pretty much 40 miles or more, going off the trail and through town at Joliet. We ate lunch in downtown Joliet at a place called Chicago Style Ribs. For \$6.70 we got four or five really good ribs, bread, fries, coleslaw and a drink. Then it was back onto the trail, where at times it becomes the Centennial Trail and goes past some old blast furnaces. About 3 or 4 p.m. we lost a half hour of travel time as the new I-355 interchange did not show on our map and we thought we had missed our exit point. We were fortunate enough to find a fence crew from Michigan that knew our location. I'm not sure what time we left the trail, but I am guessing about 5. While we were searching for our route, a nice couple backed up their auto and showed us the direction through the subdivision that would take us to 87th Street, going into Chicago. The plan was to take 87th to 83rd, back to 87th at Halstead, then back to 83rd.at State Street.



Where: Peoria's Upper Glen Oak Park (begin & end)

When: May 18th, 2011

Assemble 6:30 P.M. - Ride 7:00 P.M.

The Ride: Approximately 8 miles long at a 10 MPH pace on residential and side streets. The police-escorted ride will take place on open roads, and those participating will be expected to ride safely, & obey all traffic laws.

Why: To honor those who have been killed or injured while riding. Our ride honors local cyclists Diane Matuska and Jessie "Jay" Jackson.

•Ride of Silence is a nationwide event to honor those who have been injured or killed while riding their bicycles. For more information, please visit www.rideofsilence.org

•This event is free. All participants must be over 18. For safety reasons, all riders must wear a bicycle helmet. Any cyclists without a helmet will be asked to not participate in the ride.

•The Illinois Valley Wheelm'n is endorsing the 2011 edition of Peoria's Ride of Silence. For further information regarding this local event, please contact:

Bill Clark @ 241-0949, or Mike Honnold @ 696-2591

ILLINOIS VALLEY WHEELM'N - Spring-2011 Local Rides Schedule

****NOTE:** Closely view departure dates and times as they change month to month! More complete information can be found at: ivwheelmn.org

Monday Morton Level II: Denny and Peggy Tresenriter (309-387-6617) dtresenriter@comcast.net

Location: [Grace Evangelical Church](#), corner of Tennessee and Jefferson Street in Morton. Park in NE corner of the lot.

Start Time: 5:30 P.M. **Start Date:** Monday, April 4, 2011

Ride Info: Congenial Level II ride **Distance:** 20-30 miles **Food:** Rarely

Monday Dunlap Level I: Phil Burroughs & Jim Coffey

Location: [Dunlap Grade School](#) **Start Time:** 6 PM rollout – arrive early to get ready. **Start Date:** May 2nd, 2011

Ride Info: Ride distance will be about 15 miles early in the season. This social, friendly ride will increase in mileage as the season progresses. The group will regroup as needed so no one gets left behind.

Distance: 15+ miles **Food:** Naaaaa

Tuesday Daytime Show and Go Level I & II Herb Unkrich (339-8977 c 673-1074 h) bluebirdherb@yahoo.com

Location: [Dunlap Grade School](#) **Start Time:** 9:30 A.M. for April & May **Start Date:** Once temps are above 40 degrees (F) at ride time.

Ride Info: A daytime for all levels of riders. Early in the Spring we will ride if it is 40 degrees or warmer. No one will be left behind. **Distance:** Starting early at 20 miles – increasing as season progresses. **Food:** snack/ restroom break

Tuesday "Kinder Gentler" Level I & II: Pam Hoehne (309- 681-0206)

Location: [Dunlap Grade School](#) **Start Time:** 5:45 p.m. **Start Date:** May 3rd, 2011

Ride Info: Pam leads a "Kinder Gentler" level 2 or for level 1 riders looking for more of a challenge. Mileage will be around 15 to start and increasing as the season progresses. 13-15 MPH early in the season; 15-17 MPH as time progresses. Goal is to have fun, and no one gets dropped! **Distance:** 20-30 miles **Food:** No.

Tuesday Dunlap Level III: Steve Kurt (309-243-7684) kurtsj@mtco.com

Location: [Dunlap Grade School](#) **Start Time:** 5:30 p.m. **Start Date:** April 12th, 2011

Ride Info: Steve leads a level 3 on this great ride for "seasoned" riders. Mileage will be 20-30. Ave speed 17 MPH

Distance: 20-30 miles as daylight permits **Food:** No.

Tuesday Dunlap Show and Go Level IV: **Leader(s):** Varies (contact club pres. for info.)

Location: [Dunlap Grade School](#)

Start Time: 5:30 p.m. **Start Date:** April 12th, 2011

Ride Info: A group for faster riders led by whoever may show up. Many from the Proctor Cycling Club show up for this ride, so do not expect them to regroup or wait for stragglers.

Distance: 20-30 miles **Food:** No

Wednesday Rock Island Trail Ride: Level **Beginner** Jim and Bob Reading (309 688-9435 Bob)

readingdiana@yahoo.com

Location: [Pioneer Park Trailhead of the Rock Island Trail \(Connor Company parking lot, 1229 W. Pioneer Parkway, Peoria\)](#) **Start Time:** 5:30 p.m. all summer **Start Date:** May 4th, 2010

Ride Info: All riding will be done on the Rock Island Trail

Distance: 7+ miles **Food:** Maybe, if someone brings some!

Wednesday Dunlap Beginner & Level I Gregg W. Bittner (309-258-1463) cmbittner@comcast.net

Location: [Dunlap Grade School](#) **Start Time:** 5:30 p.m. all summer **Start Date:** April 6th, 2011

Ride Info: This ride departs Dunlap Grade School at 5:30 PM. Ride distance will be 15 miles early in the season. The group will ride together. **Distance:** 15+ **Food:** Casey's when available.

Wednesday East Peoria Level I & II: Dirk McGuire (309 397-1034) dirkbikel@comcast.net

Location: [Cross Point Church in East Peoria; 304 South Pleasant Hill Road](#)

Start Time: 5:30 p.m. all summer **Start Date:** April 6th, 2011

Ride Info: We will start the season on a Level 1, 20-25 miles. As time and conditioning improve we will ramp up to a Level 2 and out to 35 miles. No one will get left behind and we will stop a couple of times to regroup and grab some air, water, or a power bar if you brought one.

Distance: 30-40 miles. **Food:** Bring your own snack

Thursday Washington Level I & II Leader(s): Fred Smiser (309)346-9735. Cell: 241-7431 smizz444@gmail.com

Location: Pekin VFW (west of 14th St. & VFW road junction. Call for details)

Start Time: 9:30 a.m. **Start Date:** May 5th.

Ride Info: Ride direction will depend on wind and weather. Will regroup as needed, no one will be dropped.

Lunch Stop? Yes! Bring an appetite with you. We do "ride to eat." PLEASE CHECK THE IVW WEB-SITE for the rest of the MAY Thursday ride schedule.

Distance: 35-40 miles

Thursday Washington Level I & II Leader(s): TBD OR "Show and Go." Contact 309-696-2591 for info.

Location: [Russell's Cycle and Fitness in Washington](#) **Start Time:** 6:00 p.m. **Start Date:** May 5th, 2011

Ride Info: We do not have a ride leader at this point, so the speed/distance of the ride will be determined by those who show up. **Distance:** Determined by those who show up **Food:** Bring your own snacks.

Friday Chillicothe Level I - Family Ride: Kathy/Rodger John and/or Edith Albright **Phone:** **E-Mail:**

Location: [Pearce Community Center; Chillicothe, Illinois](#) **Start Time:** 6 PM **Start Date:** May 6th, 2011

Ride Info: Friendly, family ride. No one will be left behind.

Distance: 20-25 miles early in the season with a probable 25-30 miles as the season progresses.

Level: Level 1 Family Ride **Food:**

Saturday Show and Go Level III: SHOW & GO **Phone:** **E-Mail:**

Location: [Washington Square; Washington, IL; East side, behind Amoco Gas Station](#)

Start Time: 8:30 a.m. **Start Date:** Now. **Ride Info:** Show and go.

Distance: 20-60 miles **Food:** Breakfast stop?

Saturday Show and Go All Levels: **Leader(s):** SHOW & GO **Phone:** **E-Mail:**

Location: [Russell's Cycle and Fitness; Valley Forge Plaza; Washington, IL](#)

Start Time: 8:30 a.m. **Start Date:** Now

Ride Info: Show and go. **Distance:** 30-60 miles **Food:** Meal stop.

For the most current information check the IVW website at: <http://www.ivwheelmn.org>

Illinois & Michigan Canal annual Canal Corridor Association Walk or Ride.

Join other riders and walkers on the scenic I & M canal, on a ten to twenty-five mile ride, or a one to five mile walk. The walk or ride is one of the major fundraisers of the year, and it is a great way for getting people out on the trail. The date is Saturday, September 10, 2011 For more info, go to www.lasallecanalboat.org or call (815) 223-1851 Cost is \$20 for adults and \$10 for kids, and includes an I&M Canal Walk or Ride T-Shirt.

OUT-OF-THE-BOX TOURS

Out-of-the-Box Tours are ready to start. Hope you are ready to join us! We want you if you are looking for a different route, a different crowd, a ride that leaves you neither exhausted nor feeling short-changed – and if you like to smell the roses (or dandelions) along the way. The pace will be Level One, no one will be dropped, and Cora Lynn Green and Barb Drake will be your leaders again, with a little help from our biking buddies.

A special addition this year is a 2-day ride on the Fox River Trail in suburban Chicago. We'll stay in St. Charles and plan some extra-biking activities, including golf for spouses who aren't cyclists. More specifics will come later, but put that weekend on your schedule now. One other special weekend event to put on your calendar: Barb's Birthday Ride on Oct. 8.

Check out these plans:

April 25: Over the Spoon River. Read up on your Edgar Lee Masters before heading out to the poet's haunts. Better yet, just get your bike ready and hope for good weather. We'll meet at 10 a.m. at the Princeville park just off the Rock Island Trail, bike north through Duncan and head west to Jersey, 28 miles in all. Lunch will be in Princeville.

May 4: Ron Reagan's Eureka. OK, we'll only go through there, but what's wrong with dropping names? The ride begins at 9:30 a.m. at Russell's Cycling in Washington. We'll travel about 35 miles and enjoy lunch at Denhart's back in Washington. There will be a post-lunch opportunity to tour the B&B.

May 20: The Fainting Goats Special. Never saw a fainting goat, never thought you'd see one? Put some peanuts into your bike bag for a 34-mile ride that will take us from Pekin to Manito and Green Valley; lunch and route will depend on wind direction. And the peanuts? On the way back the goats will tell you what to do with them. Meet at 9 a.m. at the VFW hall on VFW Road in Pekin. Tom Dorigatti is our helper on this ride.

June 4: Mackinaw River Valley. We'll meet at 9 a.m. at the Barn Theatre parking lot on Timberline Road off Rt. 117 near Goodfield. The distance is 25 miles with a few challenging hills. Afterward we'll have lunch at the Busy Corner Restaurant.

June 24: Spring Bay and Metamora: A beautiful and challenging ride along Upper Spring Bay Road and uphill into Metamora. Approximately 35 miles, with lunch in Washington. Ride leaves from Russell's Cycling at 8:30 a.m. LaVerne Wilson will lead.

July 6: McLean County Parks. We'll travel about 40 miles, beginning at 8:30 at Comlara Park at Lake Evergreen. Lunch will be on the porch at the El Paso Golf Club, reprising one of our most memorable lunch stops last year. Sandy Brown is leading this ride.

July 22: Gebby's Ride. We had a great time on this new route last year and are happy Ken Pope will lead it again. We begin in Morton and head across the river, through Springdale Cemetery, over Grandview Drive and even around Paris (Street, that is). We'll have a late breakfast at Gebby's on War Memorial. Round trip is 32 miles. We'll meet at 8:30 at the start of the Morton-East Peoria Bike Trail at the corner of Detroit and Jefferson in Morton.

Aug. 5: Sand Ridge and Manito. How often do you get to bicycle through a state forest, especially one that has prickly pear cacti as well as many trees? We'll start this approximately 40-mile ride at 8:30 at the Ironstone Restaurant in Manito. We'll have lunch there at ride's end.

Aug. 12-14: Fox River Trail. Yes, Barb and Cora Lynn got their acts (and schedules) together and are eager to lead this ride on the beautiful trail along the Fox. We plan to lodge at the Hilton Garden Inn in St. Charles, which is about halfway along the paved, 42-mile trail, and do the northern half on Saturday and the southern on Sunday. Rooms have been set aside at a special rate of \$99 plus tax; in order to get this rate and be guaranteed a room, you must make a reservation by July 15. Phone 360-584-0700, tell them you're with the Illinois Valley Wheelmen and be sure to let Barb or Cora Lynn know your plans. Non-biking spouses are welcome, and Bernie Drake will offer a golfing alternative. The hotel is across the street from the Pheasant Run Resort, which has a theater and golf course. We'll look for something fun to do Friday night after everyone arrives and Saturday, too.

Aug. 24: Jubilee and Winery. We'll meet at Jubilee State Park at 8:30 and head south toward Hanna City. After an approximately 40-mile ride, we will have lunch at the Kickapoo Winery.

September 7: Tanner's Orchard Ride. If it's fall, it must be time for a ride to Tanner's for samples, cider, donuts, lunch and apple-orchard ambiance. We'll meet at 9:30 at Pearce Community Center. The ride will be about 35 miles.

Sept. 21: Mackinaw Winery Loop. We'll depart at 9:30 a.m. from the Mackinaw Family Restaurant on Orchard Street in Mackinaw. We'll bike about 40 miles, through rolling hills and flat prairie, returning for lunch. When lunch is done, you may want to visit the Depot Tea Room's popular gift shop or the Mackinaw Valley Vineyard, just a couple of miles away. There is also a lavender farm in Mackinaw.

Oct. 10: Barb's Birthday Ride on the Great River Trail, paralleling the Mississippi. This ride is about as pretty as it gets in Illinois, and the birthday cake will be pretty good, too. Bring the family! Details to come.

Let Barb (692-1201, bdrake@mtco.com) or Cora Lynn (683-3083, cora_lynn@yahoo.com) know if you plan to show up for a ride. That way we can let you know if weather requires cancellation or a change in start-up time.

Sunnyland to Chicago cont'd from page 6

This convoluted path was a way of avoiding major traffic and still being able to get across the railroad tracks that extend for miles with few crossings. We found that portions of 83rd had the pavement ground down for resurfacing, with a very rough ride. So we adapted and moved up a couple of blocks until we found good surface. However; due to a lack of daylight, we walked our bikes across the tracks so we could make the Lakeshore Drive bike path before dark. It was roughly 7:30 by the time we arrived at the bike path, with still 12 miles to

go. We were surprised at how many people were out and how many bikes were whizzing by with no lights on. We had to look ahead at all times for both unlit bikes and pedestrians. We took a little time for pictures against the skyline, stopped to see Buckingham Fountain lit with colored lights and listen to a live band in Grant's Park. We finally arrived at our destination just a few blocks south of the Sears Tower about 8:45. Total mileage for the combined days was 186.6, total time was 17 hours and 15 minutes, and average speed was now 10.8 mph.

Editor's note: Ken Koch, Wally Born and Ray Petty work at ... with Mike Honnold. Wally is still planning that cross-country ride.

Pedal Peoria 2011

Explore Peoria's Art, Science, Nature & History by Bicycle



Our 12th Year

Sponsored by Lakeview Museum of Arts & Sciences & the Illinois Valley Wheelm'n

Selected Rides co-sponsored by the Peoria Historical Society[†]
All rides are designed for the casual rider, 12 - 15 miles (one steep hill)
Approximately 2 hours, most starting at 6 pm (Except May 1 & August 21)

All are welcome! No fee or registration

- May 1**
Sunday
Earth Day Ride Start at Lakeview Museum east parking lot **2:00 p.m.**
Highlights: Celebrate Earth Day, visiting urban woodlands in Peoria, starting with Lakeview Wilds, through Springdale Prairie, Pimetoui Trail to the Riverfront Trail, returning through Glen Oak Park. Don't forget to visit the Earth Day Celebration at Forest Park Nature Center the day before, April 30, 11 - 4.
- May 18**
Wednesday
Ride of Silence Start at Glen Oak Park amphitheater parking lot **6:30 p.m.** 8.5 miles
IVW /national event to remember cyclists killed due to a bicycle/motorist crash www.rideofsilence.org
- May 26**
Thursday
Grandview Ride Start at Lakeview Museum east parking lot.
Highlights: Views from Grandview Drive & Prospect Rd., High Point Dr., Lindbergh's airmail flight plaque
- June 09**
Thursday
Sculpture Ride Start at Bradley University Quad.
Highlights: Public Sculptures around Peoria, Including Sonar Tide, Peace & Harvest, Mother Theresa, Ingersoll, various Riverfront Park sculptures by Preston Jackson.
- June 16**
Thursday
History Ride[†] Start at the Riverfront Visitor Center Parking Lot.
Highlights: Riverfront, Springdale Cemetery, Randolph-Roanoke-High Street homes, Giant Oak Park, Moss Ave Homes, Frank Lloyd Wright, Frank Lloyd Wrong Homes.
- June 28**
Tuesday
Eric's West Peoria Deli Ride Start at Quest Charter Academy (old Loucks School) parking lot.
Highlights: West Peoria, Pettengill-Morrison House, Glen Oak Park, Fedora's Deli
- July 14**
Thursday
Prairie to Prairie Ride[†] Start at the Riverfront Visitor Center Parking Lot.
Highlights: Two prairie restorations inside the city, plus selected historic sights
- July 21**
Thursday
50's Soft Serve Ride Start at corner of Lake and Knoxville.
Highlights: 3 classic soft serve Ice Cream stands, ending at Lou's Drive In
- July 28**
Thursday
East Peoria Trail & Fon du Lac Ride Start at Town Center II parking lot, East Peoria.
Highlights: East Peoria Trail & views from Fon du Lac Dr.
- August 2**
Tuesday
Garden Ride Start at Botanical Gardens, Glen Oak Park.
Highlights: Luthy Botanical Gardens & selected city gardens
- August 21**
Sunday
Tour of the Solar System[†] plus highlights from the **History Ride** (See June 16).
Start at Lakeview Museum east parking lot at **7:00 a.m.** This ride will start at the Sun and tour the planets from Mercury to Jupiter in Peoria's Community Solar System. (2 hrs, 12 miles this year)

For Information Call Ride Leader Sheldon Schafer
686-7000 or sschafer@lakeview-museum.org



FOR SALE !

Order your "3 Feet Please" jerseys and wind vests today from: <http://ivw.3feetplease.com>



Sette cycling shoes, size US6.5, boxed, very good condition, \$25, Chris Gibson 309-253-0128.

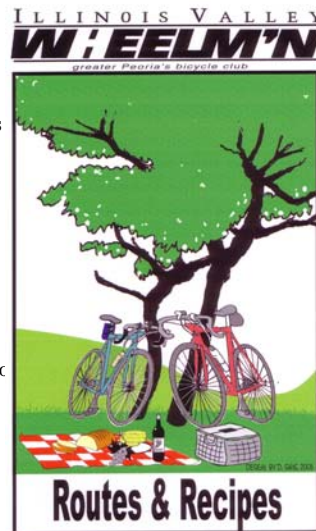
Two hard case performance bicycle shipping cases, which carefully protect the bicycle during airline shipping. I've shipped my bike to Spain and back 3 times and without any damage to the bike. We also sent bikes to Hawaii without any problem. Will sell for \$75 each. They have wheels so they are easy to move around getting them into and out of airports and they are also lockable.
Phone (309) 357-0403
Ron Douglas

FOR SALE; Like new in original boxes, used 10 times±
One pair of Shimano Clipless Shoes & Speedplay X Pedal System
Womens size 7 ½, Grey #SH-R097
Pedals & or shoes sold together or separate
Pedals \$50 (\$100 new)
Shoes \$50 (\$ 90 new)
Contact; Joan @309-369-5418

IVW "Routes & Recipes"

Available for purchase at the following locations:

Bushwhacker Ltd.
4700 N. University, Peoria
692-4812
Illinois Cycle & Fitness
9016 Allen Road, Peoria
693-2691
Lakeview Museum
1125 W. Lake Avenue, Peoria
686-7000
Little Ade's Bicycles & Repairs
305 N. 5th St. Pekin
346-3900
Often Running
206 South Linden St., Normal
454-1541
Running Central
700 Main Street, Peoria
676-6378
Russell's Cycle & Fitness
10 Valley Forge Plaza, Washington
444-2098
Tanner's Orchard
740 State Route 40, Speer
493-5442
Vitesse Cycle Shop
206 South Linden, Normal
454-1541
Mike Honnold
President IVW
Cannondale_25@juno.com
696-2591



All phone numbers are in 309 area code.

This book has great routes and maps (and recipes too)!

Please consider supporting our local area bicycle shops.

Bushwhacker Ltd. - Peoria

309-692-4812

Russell's Cycle & Fitness - Washington

309-444-2098

This list is not meant to be inclusive of each and every bicycle shop in the area. Please see the yellow pages in the local phone directory for a complete listing. The IVW does not endorse any one bicycle shop listed.

If you do not see your favorite shop listed here and would like to have information included, please contact the newsletter editor.

Little Ade's Bicycles - Pekin

309-346-3900

Illinois Cycle & Fitness - Peoria

309-693-2691

Classified Ads

Classified ads for club members are welcome. If you want to post a bike for sale or a wanted item in the newsletter, send your advertisement to the editor, wdclark190@comcast.net as an attachment. The advertisement MUST be formally keyboarded as a "Word" document. If the item is sold, please notify the editor so it can be removed from the newsletter.

Commercial ads are also welcome at a charge of \$25 for a ½ page and \$50 for a full page. To submit a commercial ad, send an electronic document compatible with Windows to wdclark190@comcast.net as well as a hard copy to:

William Clark
308 Linden St., Pekin, IL 61554

All materials (including payment) must be received no later than the 15TH of the month preceding the appearance of the advertisement.

SBC CHALLENGE cont'd

The event would consist of 5 centuries. Three distances are available on each day's ride: @25 miles, @50 miles and @100 miles. The first four centuries will be totally self supported. The last is the Capital City Century. The dates are all Sundays -- April 10, May 22, August 14, August 28 & September 11.

The CHALLENGE could be what you personally want to make it, i.e., ride a 100 miles, or ride all 5 of the 25 milers. To add a little fun between friends, a tracking of mileage would be kept. Each mile would be a point. To and from miles would not be counted towards CHALLENGE totals, but can be applied toward SBC ride mile totals. The name of each rider who completes the series minimum of 3 rides will be placed on the online SBC "WALL OF FAME". Based on how many points they have earned, they will earn a Bronze, a Silver, or a Gold Medal, and will be recognized on the "Wall of Fame" as a Bronze, a Silver or a Gold Medal Winner.

<u>Medal Earned</u>	<u>Points (miles) needed</u>	<u>Are you up to the CHALLENGE?</u>	<u>Make the Commitment!</u>
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Bronze:	125 – 199	Commit yourself by registering for each ride early by contacting me, Derek Ewing at thecyclist15@yahoo.com . Please include your name, address, phone, email address and the category you are riding. Your name will then be placed on the sign up sheet but you will still need to check in on the day of the ride. You may also sign in at the day of the ride as usual.	
Silver:	200 – 399		
Gold:	400+		

THE NEXT RIDE IS SCHEDULED FOR MAY 22. GO TO THE SBC WEBSITE FOR MORE DETAILS.

ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

Name #1 _____ Birthdate _____
(Please print clearly This must be an Adult)

Name #2 _____ Birthdate _____

Name #3 _____ Birthdate _____

Name #4 _____ Birthdate _____

Unless otherwise requested, as of 1-1-11 all newsletters will be email only.

Email address (print clearly) _____

Address _____

City _____ State _____ Zip +4 _____

Phone () _____ - _____ (cell) _____

Signature (Adult #1) _____ Date _____

Disclaimer: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n (IVW) bicycle club of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said club.

REGISTER ON LINE AT: www.signmeup.com

Make check payable to: Illinois Valley Wheelm'n, 6518 N. Sheridan Rd., Ste. 2, Peoria, IL 61614-2933

Are you renewing or is this a new membership? (Check One)
Renewing _____ New _____

If new, how did you find out about the club?

Member of:
League of American Bicyclist
Yes _____ No _____
League of Illinois Bicyclist
Yes _____ No _____
Yearly Membership
Individual (\$15) \$ _____
Household (\$20) \$ _____
Lifetime (\$250) \$ _____
Voluntary advocacy contribution
(\$5, \$10, \$15, other) \$ _____

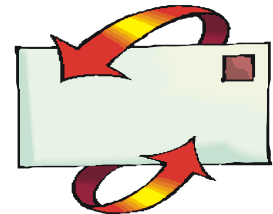
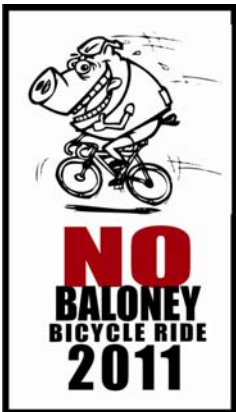
Total Enclosed \$ _____

**ILLINOIS VALLEY WHEELM'N
6518 N. SHERIDAN RD. STE 2
PEORIA, IL 61614-2933**

1st class
Postage
Required

ADDRESS SERVICE REQUESTED

**When does your annual
membership expire?
Check your mailing label or
the list on page two of the newsletter.**



EVENT PLANNER

Date/Time	Event Name	Location
Saturday, May 7 th , 2011 8:30 A.M.	Tour de Stooges tourdestooges@rogerkramercycling.org	<i>Lindendale Park</i> Highland, IL
Wednesday, May 18 th , 2011 6 PM – Sharp!	Peoria Ride of Silence www.rideofsilence.org	<i>Upper Glen Oak Park; Peoria McClure and Prospect</i>
Saturday, May 21 st , 2011 6:15 A.M.	ADA Tour De Cure main.diabetes.org	Springfield, IL Lake Springfield Beach House
Sunday, May 29 th , 2011 5:30 A.M.	Bike the Drive – Chicago www.bikethedrive.org	Lake Shore Drive Chicago, IL
Saturday, June 18 th , 2011 7:00 A.M.	Ride the Sheriff Out of Town 217-357-2115	Carthage, Illinois Hancock County Courthouse
Saturday, July 16 th , 2011 7:00 A.M.	Z Tour 2011 Bike Ride www.zcec.org	Princeton, IL Zearing Park
Saturday, August 21 st , 2011	Morton Cycling Classic www.peoriabicycleclub.com	Main and Jackson Streets Downtown Morton, IL
Saturday, August 27 th , 2011	No Baloney Bicycle Ride www.ivwnobaloney.com	WILDLIFE PRAIRIE STATE PARK Edwards, IL