



July  
2011

AFFILIATED CLUB

[www.ivwheelmn.org](http://www.ivwheelmn.org)

## THE GREATER PEORIA AREA'S BICYCLE CLUB

### We Have "NO BALONEY"

New and exciting plans for  
2011 No Baloney Ride.  
Check the website and page  
10 for registration info.

### MORTON COMMUNITY BANK

### CYCLING CLASSIC

AUGUST 20, 2011  
HELP NEEDED

SEE PAGE 3 FOR DETAILS

### OUT OF THE BOX TOURS

are back!!

### BIGGER AND BETTER THAN EVER!

Join Barb and Cora Lynn  
on their weekly adventures

See page 8  
for a full listing.

### ON THE INSIDE

Club Officers	Page 2
New/Renew Members	Page 2
Local Event News	Page 3-4
State & National News	Page 5
Ride Schedule	Page 6-7
Out of the Box Rides	Page 8
Pedal Peoria Series	Page 9
No Baloney Registration	Page 10
Classified Ads/For Sale	Page 12
Membership Form	Page 13
Calendar of Events	Page 14



### TAILWINDS

#### Mike Honnold IVW Prez

It seems like only a few weeks ago I received "the call" from Morgan Grigsby regarding her interest in organizing the No Baloney Ride for 2011. Up to that point in time, I truly believed we would never find a leader, and go without having the No Baloney for the first time in years (at least as long as I've been in the area - 10 years). As a club, I believe we could have survived without having the ride - especially since we recently converted over to electronic newsletter delivery and reduced one of our largest monthly club expenses. However, by not having the ride, we also risked losing one of the few yearly opportunities our club has to gather with other cyclists in the area, and showcase what a great network of roads & scenery we have for riding.

In addition, people would get out of the habit of attending our yearly ride, and cause us to potentially lose ridership once someone did step up to take the lead planning position again. Lucky for us, Morgan stepped forward among all her other civic duties, and agreed to help us through the rough spot. As quickly as time has passed from that initial phone call, we are now only 2 months away from August 27th, 2011 - the date of our No Baloney Ride. By the time you read this newsletter, online/mail registration should be open, and most of the pre-ride plans will be complete. If you've never done the ride before - plan on making this your first year. We'll have routes of 33, 51, 76, and 99 miles with the best food support of any ride you've ever been on - past, present, and future! Should you not be able to ride, please see what opportunities there may be to volunteer a few hours of your time by setting up at Wildlife Prairie State Park, helping at a rest stop, delivering/picking up signs, etc... Assistance from club members is essential to having a successful event, and we certainly want Morgan to succeed at her job!! Contact Morgan Grigsby if you are interested - her e-mail/phone is listed in the board members section of this newsletter.

On June 11th, I participated in Peoria Bike Summer - an event organized by our very own local cycling advocate, Tim Beeney. Peoria Bike Summer is organized to showcase everything bicycle-related Peoria has to offer, and promote the idea of cyclists and drivers co-existing on the city streets together. My part in this event was to organize a "themed" ride - my theme being locally-owned coffee shops. Led by my coffee radar, Over the course of 25 miles and 4 hours, my little group of 3 trusty riders visited three local shops (Copper River, Leaves and Beans, and One World) and drank more espresso, lattes, and iced coffee than one person should drink in a week! Coffee jitters made it difficult to navigate back to the starting location, but everyone who participated had a good time, and learned quite a bit about how easy it is to ride around town. In all honesty, I had so much fun, that I hope to work with our locally-owned coffee shops to make this a monthly event. Rarely do I/we take the opportunity to stretch a 25 mile ride out over 4 hours with stops for coffee every few miles, and not worry about average speeds or how many miles we'll be able to tack onto our yearly total. I challenge some of you to come out for these rides, and learn more about riding in Peoria, and how easy it can be! Look for more information on my monthly coffee shop rides in the next newsletter! Also - look for a few pictures from my coffee shop ride later on in the newsletter!

## Welcome, New Members:

Bailey Ferkel..... East Peoria  
 Ellen George .....Peoria Heights  
 Brad & Debbie Lathrop & Family .....Pekin  
 Roger Lawson .....Brimfield  
 Jennifer Sadenaw .....East Peoria

## Thanks to Renewing Members:

Edith Albright..... Chillicothe ^  
 Steve Alfred & Rita Hungate .....Somewhere  
 Denise & Randy Cooksey .....Peoria  
 Allen Covington .....Peoria ^  
 Rick & Judi Gentry .....Peoria \*^  
 Morgan & Joe Grigsby .....Peoria  
 Dave & Cathy Gromer .....Morton  
 Stephen Grube..... Washington \*^  
 Donald Jacobs .....Washington  
 Keith & Gloria Lowry .....Bartonville  
 Dick Rhodes .....Pekin \*^  
 Ron & Shirley Streib .....Dunlap

## Lifetime Members

(\* LIB/LAB Membership ^Advocacy donation)

**RENEW YOUR MEMBERSHIP ON-LINE** at:

[www.signmeup.com/67269](http://www.signmeup.com/67269)

Visit our website, [www.ivwheelmn.org](http://www.ivwheelmn.org) for a link to signmeup.com

## MEMBERSHIP RENEWAL REMINDER TO ALL IVW MEMBERS

Current info as of: 6/16/2011

SANDY ALBROW	6/9/2011
DUANE ANDERSON	6/9/2011
LORI BOLAND	9/8/2011
JUDY BRADFORD	7/6/2011
AMANDA BURTON	8/3/2011
WILLIAM CHAFFER	6/10/2011
WILLIAM CLARK	8/10/2011
JEFF COVER	7/9/2011
RICK CROFT	8/10/2011
LARRY DAVIS	9/30/2011
THOMAS DONOHUE	8/26/2011
RON DOUGLAS	9/13/2011
GREG DURST	9/18/2011
HEATHER FITZANKO	7/28/2011
GRANT FREDERICKSEN	8/1/2011
DAVID GEHRT	9/11/2011
JEFF GREER	7/14/2011
MIKE HAEDICKE	5/20/2011
THERESA ARAYDA	9/8/2011
BETTY HART	6/25/2011
BOB HENTRICH	9/24/2011
JEFFREY HORNECKER	9/26/2011
BONNIE JACKSON	9/10/2011
JOHN KAUTZ	6/27/2011
PEGGY KECK	8/19/2011
KEN KETELSEN	7/9/2011
CHRIS MARTIN	9/6/2011
RON MATUSKA	8/13/2011
KEN METTELMANN	9/13/2011
DON NIEMI	9/24/2011
TIM O'HANLON	9/8/2011
MARK PADESKY	9/21/2011

This is a list of members whose membership is either two months past due, or have a membership needing renewed within the next two months.

There is a two month grace period on expiring membership, but once that is up, you will no longer get the newsletter.

Now that the electronic edition is released, this list will serve as your reminder to renew.

The IVW does not send out bills or notices, but requests that members keep track of the expiration of their annual memberships, and submit their payments accordingly.

Please check your paper mailing label or this spot in the e-newsletter, for the expiration date of your membership  
Thank you.

## IVW CHAIRPERSONS

2

### **PRESIDENT:**

**Mike Honnold 309-696-2591**  
[cannondale\\_25@juno.com](mailto:cannondale_25@juno.com)

### **VICE PRESIDENT:**

**Lori Boland 309-231- 1723**  
[lorib1723@gmail.com](mailto:lorib1723@gmail.com)

### **SECRETARY:**

**Chris Salvador 309-229-1404**  
[kidentropy818@yahoo.com](mailto:kidentropy818@yahoo.com)

### **TREASURER:**

**Marge Semmens 309-693-9388**  
[m\\_b\\_semmens@sbcglobal.net](mailto:m_b_semmens@sbcglobal.net)

### **RIDE CHAIRPERSON:**

**Liz Born 309-369-8657**  
[cchristi52@comcast.net](mailto:cchristi52@comcast.net)

### **2011 NO BALONEY RIDE CHAIR:**

**Morgan Clay Grigsby 309-363-3066**  
[morganclaygrigsby@gmail.com](mailto:morganclaygrigsby@gmail.com)

### **SOCIAL CHAIR:**

**Amber Evans 530-426-2372**  
[amber.evans@gmail.com](mailto:amber.evans@gmail.com)

### **MAILING:**

**Val Lindner 309-241-0293**  
[lindner4@comcast.net](mailto:lindner4@comcast.net)

### **DATABASE:**

**Val Lindner 309- 446-9367**  
[lindner4@comcast.net](mailto:lindner4@comcast.net)

### **ADVOCACY/GOV.REL.**

**Gregg Bittner 309 - 258-1463**  
[cmbittner@comcast.net](mailto:cmbittner@comcast.net)

### **WEBMASTER:**

**Justin McWhirter 309- 694-3736**  
[justin.mcwhirter@gmail.com](mailto:justin.mcwhirter@gmail.com)

**IVW Website: <http://www.ivwheelmn.org>**

### **EDITOR:**

**Bill Clark 309- 347-4841**  
[wdclark190@comcast.net](mailto:wdclark190@comcast.net)

### **Membership Renewal (cont'd)**

LARRY PAUSTIAN	9/7/2011
TERRY POERTNER	9/18/2011
MARTIN POGIOLI	7/13/2011
LOU PRICE	7/12/2011
MIKE PULA	9/11/2011
MICHELLE QUINN	6/9/2011
KAREN SCOTT	6/9/2011
ED SHIMON	8/30/2011
PAMELA SHUCK-HOEHNE	9/21/2011
ALLAN SILZER	8/16/2011
STEVE SOMMER	7/8/2011
BETH SPONHOLTZ	8/10/2011
GLEN THOMPSON	7/14/2011
DAN WEAKLEY	7/6/2011
ALLAN WENNINGER	8/7/2011
SUZANNE WHEELER	9/7/2011
DOUG WILSON	8/11/2011
JIM WITTMER	6/10/2011
SCOTT WRIGHT	8/15/2011

## AROUND THE PEORIA AREA

“HAVE  
YOU  
HEARD  
THE  
NEWS”?



### CAMP KEARNEY SEZ **THANK YOU!**

With the generous help of individuals and the cooperative effort of both the IVW and PAMBA organizations, over \$3,700 was raised (in two weeks!) for the purchase of mountain bikes for Camp Kearney. Not only will South Side Mission be able to provide 20 bikes for use on the new course at the camp, they were able to buy higher quality bikes, helmets and trailhead signage! You may not realize it, but those living in the 61605 zip code are among the poorest in the nation. Because of the kindness of the Peoria area biking community, some of the kids living in that zip code are going to enjoy a summer rich with memories. Enjoy summer and count your blessings . . .

Val Lindner

### Bacon Bits

#### *Updates on the No Baloney Ride* By Morgan Clay Grigsby

The last couple of months, I've spent time letting everyone know what I'm doing. One thing I would like to do this month is let you know how you can help make this year's ride a success!

*Sponsors:* As a non-profit organization, I'm sure you're aware that we're *always* looking for sponsorship. Do you have a favorite shop or business that would be willing to contribute? Maybe you have a special restaurant whose cuisine fits into one of our planned rest stop themes (Greek, Italian, American, and Hawaiian) and would be willing to donate food stuffs. We are thrilled to accept monetary or in-kind (service or product) donations. If you have questions about how to approach a business, or would like a letter about the ride to show potential sponsors, please contact me; I am happy to help you help the ride in any way.

*Rest stops:* We've already had great response from people who are willing to help out at the rest stops, but we're always looking for more help!

Wildlife Prairie State Park is being extremely generous in their offerings for the ride. In addition to opening their doors to brightly-dressed, spandex-clad riders, they are offering free park admission to No Baloney riders and their family members for the day of the ride. While you're out riding, your family can enjoy the park and all that it has to offer. Additionally, WPSP will take 10% off of both park memberships (individual and family) and the on-site lodging facilities (for riders coming from out of town, or those who just want to stay at a great place, close to the start of the ride).

If you have any questions, please get a hold of me at (309) 363-3066 or [MorganClayGrigsby@gmail.com](mailto:MorganClayGrigsby@gmail.com)

### THE SOAPBOX

Have a comment about the club? Send your ideas to me. I'll publish them here. Voice your opinion, air your gripes, make suggestions. I'll see that they get published, **anonymously**. I will not share your name with anyone. So you are free to criticize what you want. Even me if you wish. Or, hand out a compliment. It won't go any further than here. And, we will see what kind of feedback we get. I'll publish that also.

This is your chance to "get up on the soapbox" and speak your mind.  
Bill Clark Editor

## MORTON COMMUNITY BANK CYCLING CLASSIC

(Formerly Peoria Cycling Classic)

### AUGUST 20, 2011 Morton, IL

Hello Everyone!

**Morton Community Bank Cycling Classic** hosted by Peoria Bicycle Club and with the support of IVW is fast approaching.

Volunteers are needed to help with corner marshal duties.

Also, we will be giving away volunteer T-shirts this year so please also include what size you would like so we can put in the order.

Here are the time slots for the day:

Setup - 6am - 8am

1st shift - 7:45 A.M. -> 10:00 A.M.

2nd shift - 9:45 A.M. -> 12:00 P.M.

3rd shift - 11:45 A.M.-> 2:00 P.M.

4th shift - 1:45 P.M. ->4:00 P.M.

5th shift - 3:45 P.M. -> 6:00 P.M.

Tear down - 5:30 P.M. ->7:00 P.M.

We will be trying to fill shift requests first with people who are racing, then in the order received.

*Editor's Note;* Each year, members of the Peoria Cycling Club help out at the No Baloney Ride, so that more of us may enjoy the ride. This year is no exception. Morgan has recruited many members of the PBC to help out, and a very minimum number of IVW members will be needed to man the rest stops. Let's show the PBC the same respect and volunteer to help out. It's a great way to see the races, and do your part to promote cycling.

Contact Sara Grey at [sgray2006@gmail.com](mailto:sgray2006@gmail.com) to volunteer.

## CLUB AND LOCAL AREA EVENTS

### Lake Evergreen Triathlon Volunteer Opportunity

By Mike Honnold

On July 16th, 2011, the IVW is once again being offered the opportunity to help out at the Lake Evergreen Triathlon by marshalling corners of the bike race course. If you've never marshaled a bike race course before, you basically sit/stand on a pre-determined corner of the course, and watch to make sure no pedestrians/vehicles interfere with the safety of the riders. In addition to this responsibility, you also will have a flag, and be responsible for generally waving the flag in the direction of the turn to assist riders with which way to go. Last year, there were also police officers on most of the corners, and they took most responsibility for keeping the cars at bay. In return for supplying the Lake Evergreen Tri with 20-25 volunteers for about 6 hours work, the IVW will get a \$1000 dollar cash donation to be used for our bicycling advocacy efforts. Donations like this pay for the newsletter printing/ mailing costs (for those we still send to a few members & local bike shops), the Ride of Silence, No Baloney, and our most recent donation of 5 bicycles to the Camp Kearney organization.

If you are interested in helping to volunteer 6-7 hours of your time, please give me (Mike Honnold) a call at 309-696-2591 or e-mail at [cannondale\\_25@juno.com](mailto:cannondale_25@juno.com). Similar to last year, we'll probably carpool from Washington K-Mart parking lot at 5 AM for a 6 AM arrival at Lake Evergreen (north of Bloomington/Normal near Hudson, IL). We'll be out on the course from 6:30 AM to noon-ish (once the last racer is off the course) and then afterwards everybody is invited to the post-race celebration for all the free food, drink, and music you can stand! This celebration was actually a welcome surprise last year by all who helped out.

**Latest Update!** Thanks to all of you who have agreed so far to help at Lake Evergreen Tri on July 16th! We were not able to get the full 25 people so the IVW will only receive a pro-rated portion of the original \$1000 dollar donation for helping out. Luckily, another local civic group came up with the remainder of help we needed, so we'll be sharing the donation with them. Below is a list of those who agreed to help out. If for some reason you can NOT help out please let me know so the other group can make arrangements to have additional volunteers in attendance. I'll be calling the rest of you sometime soon to get your t-shirt sizes, and be on the lookout for an e-mail with our plans for the day. Mike Honnold, Doug Eccles, Wife Eccles, Daughter Eccles, Steve Grube, Lori Boland, Dave Atkinson, Janice Atkinson, Jim Coffey, Jennifer Coffey, Susan Hood, Liz Born, Wally Born, Mark Klokkena, Val Linder, Sandy Albrow, George Parsons Thank you.

### WHERE HAS YOUR NEW JERSEY TAKEN YOU?

Submit a photo of yourself in your IVW Jersey to the editor along with a brief description, and we will publish it in one of the next few newsletters.

#### 2010/2011 IVW Club Mileage Competition (below)

Join the ranks of those individuals keeping tabs on their club mileage. This is a friendly competition aimed at promoting cycling. Anyone can join in. Just email your information to [cannondale\\_25@juno.com](mailto:cannondale_25@juno.com). Accolades are given at the Annual Dinner in November of each year. Mileage totals run December thru October of each year.

Want to know how electronic newsletters are saving the club money? Below is a breakdown of paper copies of the newsletter costs, and ideas on how we could better use the money from your memberships. So, when you renew your membership, think about how your money could be better spent.

Cost to print newsletter = \$1.00 each.  
 Cost to mail newsletter = \$.44 each.  
 Total Cost to print/mail newsletters for a year = \$17.28  
 Price of a single IVW Club membership = \$15.00  
 Price of a family IVW Club membership = \$20.00

Ways your membership dollar can be better utilized by the IVW:

- Sponsoring Bike to Work Week events (Ride of Silence)
- Sponsoring Peoria Area Bicycle Map printing
- Assisting with Bikes for Kids expenses/parts
- Better marketing of No Baloney Ride
- More features of No Baloney Ride

Rider Name	May 2011 Mileage	2010/2011 Total Miles
Edith Albright	428.28	3455.28
Lou Price	749.45	2975
Dennis Tresenriter	714	2791.5
Steve Kurt	722.27	2562.12
Michael Honnold	701.8	2330.8
Steve Berger	788	2196
Suzanne Wheeler	544.55	1875.72
Tom Dorigatti	779.23	1861.6
Dan McCaherty	457	1774.1
Chris Salvador	123.32	426.33
Chris Gibson	117	305
Maggi Wettstein	131.71	241.44
Whitney Jordan Salvador	3.79	3.79
David Gehrt		0



## *LIB Extra - from the League of Illinois Bicyclists*

Advocacy, rides, and more - for further stories, see [www.bikelib.org](http://www.bikelib.org) and our current newsletter

### **“Share the Road” License Plate Sign-Up Passes TWO THIRDS Point**

Over 1000 Illinois drivers have already submitted reservations for the state’s new “Share the Road” license plates. Bike club members are invited to sign up and pass the word – so we can start seeing the plates on the road soon. The Secretary of State will begin production after 1500 reservation forms have been received. We hope to reach that mark by the end of the summer – please help us! To date there have been 1185 reserved sets of plates ordered. Please consider making a statement, and order your’s today!



The plates will have a one-time \$29 switchover fee, plus an annual incremental fee of \$22. Most of the latter fee will go to LIB for our various programs to educate motorists and bicyclists on sharing the road. Go online to [www.bikelib.org](http://www.bikelib.org) for the reservation form and instructions on the two-step purchase process, plus FAQs. Temporary plates had previously been available each year through LIB and the state for National Bicycle Month; but the plates were only valid for April and May. With the new, LIB-proposed plate, Illinois joins 12 other states with permanent, year-round “Share the Road” license plates.

***Bike club members:** LIB's efforts to improve bicycling are supported by 1,400 members – many belonging to clubs that donate. Become an individual member at [www.bikelib.org/join](http://www.bikelib.org/join)*

## **THURSDAY MORNING RIDE SCHEDULE**

Looking for something different every Thursday. Check out this selection of ride’s.

**This is the schedule for the Thursday morning ride, organized by Fred Smiser.**

**July 7, 2011:** Leader(s): Fred Smiser Location: [Pekin VFW Hall](#)

**Start Time: 8:30 A.M. Ride Info & Food:** Lunch stop location will depend upon winds and weather.

**Phone:** Fred’s home, 309-346-9735 or cell, 241-7431

**E-Mail:** [smizz444@gmail.com](mailto:smizz444@gmail.com) If weather is questionable, call Fred at the above numbers.

**July 14:** Leader(s): Edith Albright Location: [Pearce Community Center in Chillicothe, IL](#)

**Start Time: 8:30 A.M. Ride Info & Food:** Route will be adjusted based upon weather and wind conditions. Lunch at the River Beach Pub.

**Phone:** 309-231-4107 **E-Mail:** [talbrighte@gmail.com](mailto:talbrighte@gmail.com) If weather is questionable, please call Edith at the above numbers.

**July 21, 2011** Leader(s): Peggy or Dennis Tresenriter Location: [Russell’s Cycle in Washington](#)

**Start Time: 8:30 A.M. Ride Info & Food :** Destination to be determined the day of the ride. Food: Snack Stop halfway, lunch after the ride.

**Phone:** (309)387-6617 **E-Mail:** [dtresenriter@comcast.net](mailto:dtresenriter@comcast.net) If weather is questionable, please call Dennis or Peggy at the above number.

**July 28, 2011:** Leader(s): Tom Dorigatti Location: [Pekin VFW Hall](#)

**Start Time: 8:30 A.M. Ride Info & Food:** Destination to be determined based upon wind direction/weather. *Hoping to have a lunch at Avanti’s in Pekin after the ride.*

**Phone:** (309)347-2844 **E-Mail:** [dorigat@comcast.net](mailto:dorigat@comcast.net) If weather is questionable, please call Tom Dorigatti at the above number.

## ILLINOIS VALLEY WHEELM'N - Spring/Summer/Fall - 2011 Local Rides Schedule

**\*\*NOTE:** If you have any doubt in the times/dates, please check our ride calendar at [www.ivwheelmn.org](http://www.ivwheelmn.org) – it is considered the “safe source”

**Monday Morton Level II:** **Leader(s):** Denny and Peggy Tresenriter **Phone:** (309) 387-6617

**E-Mail:** [dtresenriter@comcast.net](mailto:dtresenriter@comcast.net) **Location:** [Grace Evangelical Church](#), corner of Tennessee and Jefferson Street in Morton. Park in NE corner of the lot **Start Time:** 5:30 P.M. **Start Date:** April 4th, 2011

**End Date:** September 26<sup>th</sup>, 2011 **Distance:** 20-30 miles **Food:** Possible gas station stop

**Monday Dunlap Level I:** **Leader(s):** Phil Burroughs & Jim Coffey **Phone:** (309) 231-5433

**E-Mail:** [coffey4415@msn.com](mailto:coffey4415@msn.com) **Location:** [Dunlap Grade School](#) **Start Time:** 6 PM rollout – arrive early to get ready.

**Start Date:** May 2nd, 2011 **End Date:** August 29<sup>th</sup>, 2011 **Ride Info:** Ride distance will be about 15 miles early in the season. This social, friendly ride will increase in mileage as the season progresses. The group will regroup as needed so no one gets left behind. **Distance:** 15+ miles **Food:** Possible gas station stop

**Tuesday Daytime Show and Go Level I & II:** **Leader:** Herb Unkrich **Phone:** (309) 339-8977

**E-Mail:** [bluebirdherb@yahoo.com](mailto:bluebirdherb@yahoo.com) **Location:** [Dunlap Grade School](#) **Start Time:** 8:30 A.M. **Start Date:** May 2011

**End Date:** October 25<sup>th</sup>, 2011 **Ride Info:** A daytime for all levels of riders. No one will be left behind.

**Distance:** Starting early at 20 miles – increasing as season progresses. **Food:** Possible gas station stop

**Tuesday “Kinder Gentler” Level I & II:** **Leader:** Pam Hoehne **Phone:** (309) 681-0206

**Location:** [Dunlap Grade School](#) **Start Time:** 5:45 p.m. **Start Date:** May 3rd, 2011 **End Date:** October 4<sup>th</sup>, 2011

**Ride Info:** Pam leads a “Kinder Gentler” level 2 or for level 1 riders looking for more of a challenge. Mileage will be around 15 to start and increasing as the season progresses. 13-15 MPH early in the season; 15-17 MPH as time progresses. Goal is to have fun, and no one gets dropped!

**Distance:** 20-30 miles **Food:** Possible gas station stop

**Tuesday Dunlap Level III:** **Leader:** Steve Kurt **Phone:** (309-243-7684) **E-Mail:** [kurtsj@mtco.com](mailto:kurtsj@mtco.com)

**Location:** [Dunlap Grade School](#) **Start Time:** 6:00 p.m. **Start Date:** April 12th, 2011 **End Date:** October 25<sup>th</sup>, 2011

**Ride Info:** Steve leads a level 3 on this great ride for “seasoned” riders. Mileage will be 20-30. Ave speed 17 MPH

**Distance:** 20-30 miles as daylight permits **Food:** Possible gas station stop

**Tuesday Dunlap Show and Go Level IV:** **Leader(s):** Members of Peoria Bicycle Club

**Location:** [Dunlap Grade School](#) **Start Time:** 5:30 p.m. **Start Date:** April 12th, 2011 **End Date:** October 25<sup>th</sup>, 2011

**Ride Info:** A group for faster riders led by whoever may show up. Many from the Proctor Cycling Club show up for this ride, so do not expect them to regroup or wait for stragglers. **Distance:** 20-30 miles **Food:** Possible gas station stop

**Wednesday Rock Island Trail Ride Level 1:** **Leader(s):** Jim and Bob Reading **Phone:** (309) 688-9435

**E-Mail:** [readingdiana@yahoo.com](mailto:readingdiana@yahoo.com) **Location:** [Pioneer Park Trailhead of the Rock Island Trail \(Connor Company parking lot, 1229 W. Pioneer Parkway, Peoria\)](#) **Start Time:** 5:30 p.m. **Start Date:** May 4th, 2011 **End Date:**

September 28<sup>th</sup>, 2011 **Ride Info:** All riding will be done on the Rock Island Trail **Distance:** 7+ miles **Food:** Possible gas station stop

**Wednesday Dunlap Beginner / Level 1:** **Leader:** Gregg W. Bittner **Phone:** (309-258-1463)

**E-Mail:** [cmbittner@comcast.net](mailto:cmbittner@comcast.net) **Location:** [Dunlap Grade School](#) **Start Time:** 5:30 p.m **Start Date:** April 6th, 2011

**End Date:** October 26<sup>th</sup>, 2011 **Ride Info:** This ride departs Dunlap Grade School at 5:30 PM. Ride distance will be 15 miles early in the season. The group will ride together. **Distance:** 15 Miles + **Food:** Possible gas station stop

**Wednesday East Peoria Level I & II: Leader:** Dirk McGuire **Phone:** (309) 397-1034

**E-Mail:** [dirkbike1@comcast.net](mailto:dirkbike1@comcast.net) **Location:** [Cross Point Church in East Peoria; 304 South Pleasant Hill Road](#)

**Start Time:** 5:30 p.m. **Start Date:** April 6<sup>th</sup>, 2011 **End Date:** October 26<sup>th</sup>, 2011 **Ride Info:** We will start the season on a Level 1, 20-25 miles. As time and conditioning improve we will ramp up to a Level 2 and out to 35 miles. No one will get left behind and we will stop a couple of times to regroup and grab some air, water, or a power bar if you brought one **Distance:** 30-40 miles. **Food:** Possible gas station stop

**Thursday Pekin Level I & II: Coordinator:** Fred Smiser **Phone:** (309)346-9735. **E-Mail:** [smizz444@gmail.com](mailto:smizz444@gmail.com)

**Location:** Varies **Start Time:** Varies **Start Date:** May 5<sup>th</sup>, 2011 **End Date:** TBD **Ride Info:** Our Thursday ride is coordinated by Fred Smiser, and has a different starting location/time/distance each week. Please check the current month ride schedule at [www.ivwheelmn.org](http://www.ivwheelmn.org) or this newsletter . **Distance:** 40-50 miles. **(See detail's on Page 5)**

**Thursday Washington Level I & II: Leader(s):** "Show and Go"

**Location:** [Russell's Cycle and Fitness in Washington](#) **Start Time:** 6:00 p.m. **Start Date:** May 5<sup>th</sup>, 2011 **End Date:** September 8<sup>th</sup>, 2011 **Ride Info:** We do not have a ride leader at this point, so the speed/distance of the ride will be determined by those who show up. **Distance:** Determined by those who show up **Food:** Possible Gas Station Stop

**Friday Chillicothe Level I - Family Ride: Leaders:** Kathy/Rodger John and/or Edith Albright

**Phone:** (309) 243-9191 OR (309) 274-4849 **E-Mail:** [chillikayaker@mediacombb.net](mailto:chillikayaker@mediacombb.net)

**Location:** [Pearce Community Center; Chillicothe, Illinois](#) **Start Time:** 5:30 PM **Start Date:** May 6<sup>th</sup>, 2011

**End Date:** October 7<sup>th</sup>, 2011 **Ride Info:** Friendly, family ride. No one will be left behind.

**Distance:** 20-25 miles early in the season with a probable 25-30 miles as the season progresses.

**Level:** Level 1 Family Ride **Food:** Possible gas station stop

**Saturday Show and Go Level III: Leader(s):** SHOW & GO

**Location:** [Washington Square; Washington, IL; East side, behind Amoco Gas Station](#)

**Start Time:** 8:30 a.m. **Start Date:** All year long depending on weather

**Ride Info:** Show and go **Distance:** 20-60 miles **Food:** Possible breakfast / gas station stop

**Saturday Show and Go All Levels: Leader(s):** SHOW & GO

**Location:** [Russell's Cycle and Fitness; Valley Forge Plaza; Washington, IL](#)

**Start Time:** 8:30 a.m. **Start Date:** All year long depending on weather

**Ride Info:** Show and go. **Distance:** 30-60 miles **Food:** Possible meal / gas station stop

### **Illinois & Michigan Canal annual Canal Corridor Association Walk or Ride.**

Join other riders and walkers on the scenic I & M canal, on a ten to twenty-five mile ride, or a one to five mile walk. The walk or ride is one of the major fundraisers of the year, and it is a great way for getting people out on the trail. The date is Saturday, September 10, 2011 For more info, go to [www.lasallecanalboat.org](http://www.lasallecanalboat.org) or call (815) 223-1851 Cost is \$20 for adults and \$10 for kids, and includes an I&M Canal Walk or Ride T-Shirt.

## **OUT-OF-THE-BOX TOURS**

Out-of-the-Box Tours are still going on, and we're having a great time. Hope you are ready to join us! We want you if you are looking for a different route, a different crowd, a ride that leaves you neither exhausted nor feeling short-changed – and if you like to smell the roses (or dandelions) along the way. The pace will be Level One, no one will be dropped, and Cora Lynn Green and Barb Drake will be your leaders again, with a little help from our biking buddies.

A special addition this year is a 2-day ride on the Fox River Trail in suburban Chicago. We'll stay in St. Charles and plan some extra-biking activities, including golf for spouses who aren't cyclists. More specifics will come later, but put that weekend on your schedule now. Remember the deadline for hotel reservations is July 15. One other special weekend event to put on your calendar: Barb's Birthday Ride on Oct. 8.

Check out these plans:

**July 6: McLean County Parks.** We'll travel about 40 miles, beginning at 8:30 at Comlara Park at Lake Evergreen. Lunch will be on the porch at the El Paso Golf Club, reprising one of our most memorable lunch stops last year. Sandy Brown is leading this ride.

**July 22: Morton Castles and Cathedrals.** Ken Pope will lead us past some of Morton's better-known castles (5 bedrooms, 10 baths, 25 acres, for sale for \$2.5 million) and cathedrals (five and counting) on this 30-mile ride that goes partly on roads and partly on a paved trail. He promises a running commentary, lunch at Mel's Café and an opportunity to feed horses. (They do not faint; they do love apples, carrots and non-chocolate energy bars.) The ride begins at 8:30 at the start of the Morton-East Peoria trail at the corner of Detroit and Jefferson (entrance on Jefferson). This substitutes for the popular Gebby's Ride, on temporary hiatus because of road construction.

**Aug. 5: Sand Ridge and Manito.** How often do you get to bicycle through a state forest, especially one that has prickly pear cacti as well as many trees? We'll start this approximately 40-mile ride at 8:30 at the Ironstone Restaurant in Manito. We'll have lunch there at ride's end.

**Aug. 12-14: Fox River Trail.** Yes, Barb and Cora Lynn got their acts (and schedules) together and are eager to lead this ride on the beautiful trail along the Fox. We plan to lodge at the Hilton Garden Inn in St. Charles, which is about halfway along the paved, 42-mile trail, and do the northern half on Saturday and the southern on Sunday. Rooms have been set aside at a special rate of \$99 plus tax; in order to get this rate and be guaranteed a room, you must make a reservation by July 15. Phone 630-584-0700, tell them you're with the Illinois Valley Wheelm'n and be sure to let Barb or Cora Lynn know your plans. Non-biking spouses are welcome, and Bernie Drake will offer a golfing alternative. The hotel is across the street from the Pheasant Run Resort, which has a theater and golf course. We'll look for something fun to do Friday night after everyone arrives and Saturday, too.

**Aug. 24: Jubilee and Winery.** We'll meet at Jubilee State Park at 8:30 and head south toward Hanna City. After an approximately 40-mile ride, we will have lunch at the Kickapoo Winery.

**August 31: Tanner's Orchard Ride.** If it's fall, it must be time for a ride to Tanner's for samples, cider, donuts, lunch and apple-orchard ambiance. We'll meet at 9:30 at Pearce Community Center. The ride will be about 35 miles.

**Sept. 21: Mackinaw Winery Loop.** We'll depart at 9:30 a.m. from the Mackinaw Family Restaurant on Orchard Street in Mackinaw. We'll bike about 40 miles, through rolling hills and flat prairie, returning for lunch. When lunch is done, you may want to visit the Depot Tea Room's popular gift shop or the Mackinaw Valley Vineyard, just a couple of miles away. There is also a lavender farm in Mackinaw.

**Oct. 8: Barb's Birthday Ride** on the Great River Trail, paralleling the Mississippi. This ride is about as pretty as it gets in Illinois, and the birthday cake will be pretty good, too. Bring the family! Details to come.

Let Barb (692-1201, [bdrake@mtco.com](mailto:bdrake@mtco.com)) or Cora Lynn (683-3083, [cora\\_lynn@yahoo.com](mailto:cora_lynn@yahoo.com)) know if you plan to show up for a ride. That way we can let you know if weather requires cancellation or a change in start-up time.



# Pedal Peoria 2011

Explore Peoria's Art, Science, Nature & History by Bicycle



Our 12<sup>th</sup> Year

## Sponsored by Lakeview Museum of Arts & Sciences & the Illinois Valley Wheelm'n

Selected Rides co-sponsored by the Peoria Historical Society<sup>†</sup>  
All rides are designed for the casual rider, 12 - 15 miles (one steep hill)  
Approximately 2 hours, most starting at 6 pm (Except May 1 & August 21 )

**All are welcome! No fee or registration**

- June 28**  
Tuesday  
**Eric's West Peoria Deli Ride** Start at Quest Charter Academy (old Loucks School) parking lot.  
Highlights: West Peoria, Pettengill-Morrison House, Glen Oak Park, Fedora's Deli
- July 14**  
Thursday  
**Prairie to Prairie Ride<sup>†</sup>** Start at the Riverfront Visitor Center Parking Lot.  
Highlights: Two prairie restorations inside the city, plus selected historic sights
- July 21**  
Thursday  
**50's Soft Serve Ride** Start at corner of Lake and Knoxville.  
Highlights: 3 classic soft serve Ice Cream stands, ending at Lou's Drive In
- July 28**  
Thursday  
**East Peoria Trail & Fon du Lac Ride** Start at Town Center II parking lot, East Peoria.  
Highlights: East Peoria Trail & views from Fon du Lac Dr.
- August 2**  
Tuesday  
**Garden Ride** Start at Botanical Gardens, Glen Oak Park.  
Highlights: Luthy Botanical Gardens & selected city gardens
- August 21**  
Sunday  
**Tour of the Solar System<sup>†</sup>** plus highlights from the **History Ride** (See June 16).  
Start at Lakeview Museum east parking lot at **7:00 a.m.** This ride will start at the Sun and tour the planets from Mercury to Jupiter in Peoria's Community Solar System. (2 hrs, 12 miles this year)

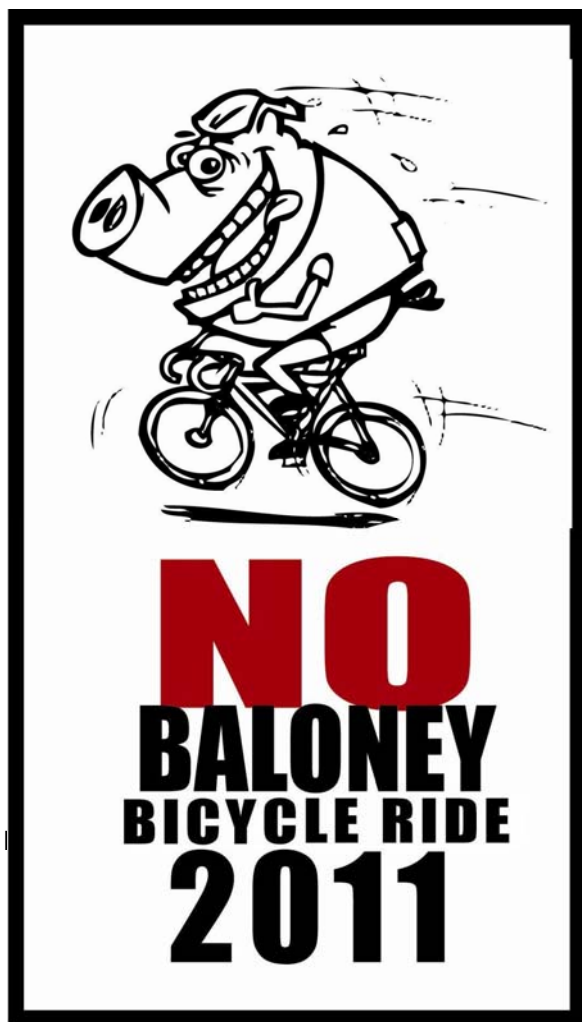
For Information Call Ride Leader Sheldon Schafer  
686-7000 or [sschafer@lakeview-museum.org](mailto:sschafer@lakeview-museum.org)



Please join us on Saturday, August 27<sup>th</sup>

No Baloney Registration

Saturday, August 27, 2011



**Rider #1**

Name \_\_\_\_\_  
 Signature \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_  
 State \_\_\_\_\_  
 Zip \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Email \_\_\_\_\_

**Rider #2**

Name \_\_\_\_\_  
 Signature \_\_\_\_\_

**Additional Family Member(s)**

Name \_\_\_\_\_  
 Name \_\_\_\_\_  
 Name \_\_\_\_\_

Planned route (circle one): 33 / 51 / 76 / 99

T-shirt size(s): Please circle your selection. *Note that shirts run slightly small.*

Men's S / M / L / XL / 2X  
 Women's: S / M / L / XL / 2X

Mail registrations to:  
**Illinois Valley Wheelm'n,  
 No Baloney Bicycle Ride**  
 6518 North Sheridan Road, Suite 2  
 Peoria, IL 61614-2933

**All New Routes for 2011**

**25, 50, 75 or 100 Miles**

**Departs & Finishes at:**

**Wildlife Prairie State Park**

**Hanna City, IL**

**www.ivwnobaloney.com**

Starting and Ending at:



**An adventure awaits™**

**3826 North Taylor Road #1  
 Hanna City, IL 61536-9042**

**www.wildlifeprairiestatepark.org**

	<b>COST</b>	<b>Qty</b>	<b>Total</b>
Individual Rider	\$20	___	\$ ___
Family members (\$50 covers all family members)	\$50	___	\$ ___
Ride T-Shirt	\$15	___	\$ ___
Late Fee (after August 1 <sup>st</sup> )	\$5	___	\$ ___
Individual Membership to WPSP	\$40	___	\$ ___
Family Membership to WPSP	\$50	___	\$ ___
<b>Total Enclosed:</b>			<b>\$ ___</b>

Disclaimer: In signing this form for all minor named participants, and myself I understand and agree to absolve all sponsoring organizations, singly and collectively, of all blame for any injury, misadventure, harm, loss, or inconvenience as a result of participating in the No Baloney Bicycle Ride, or any of the activities associated with said event. Signatures are required of all adults, and parents or guardians of all minors on this form

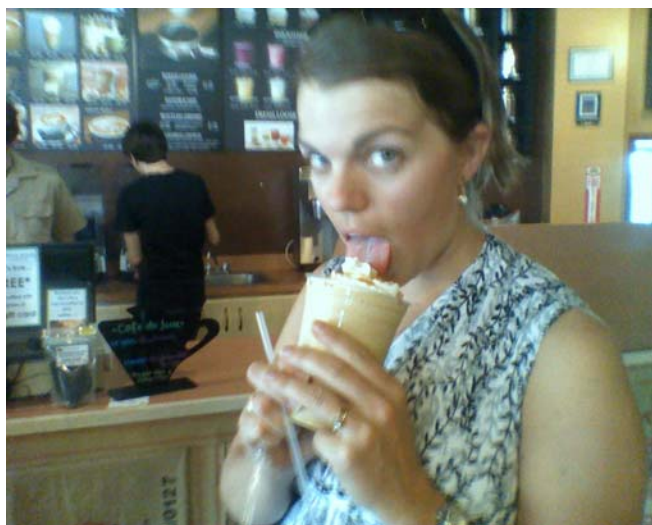




Quite a crew!



Over 25 miles, just one cup at a time.



Some people are there for more than the coffee!!



At left, Leaves N' Beans Coffee Shop



Memories from the 1<sup>st</sup> Annual Monthly Coffee Shop Ride

**FOR SALE !**

Order your "3 Feet Please" jerseys and wind vests today from: <http://ivw.3feetplease.com>



We need to find good homes for a beautiful vintage Fuji 10 speed road bike and a very nice Schwinn Le Tour Luxe touring bike. Great collectibles or daily riders - those 2 are FREE to someone who would appreciate them.

Also have an early 1990's Fuji Del Rey CX hybrid bike in Olympic Red metallic. All stock except for tires, excellent mechanical & cosmetic condition. Beautiful bike. Chromoly frame makes for a nice ride. 19" frame, 700c wheels w/QR. Asking \$125 for that one. Serious inquiries call 309-635-0327  
Janice & Dave Atkinson

For sale. A swagman hitch mounted 3 bike carrier. Excellent condition. \$80 or best offer. Please call or text Derek Sans at 309-472-3405 or you can email at [d.sans@comcast.net](mailto:d.sans@comcast.net). Thanks.

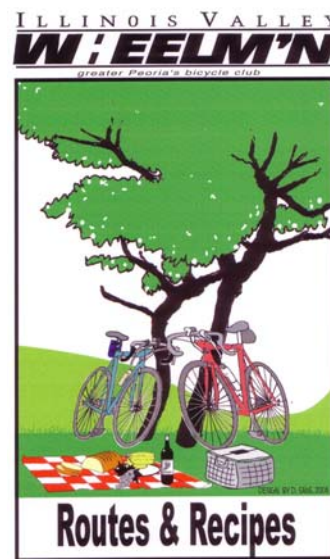
For Sale  
Yakima Roof mount Frontloader \$95.00  
Just needs locks and keys.  
Contact: Doug Eccles Phone: 309-699-0197

For Sale  
Due to Doctor's Orders!  
Selling my "ICE Vortex" purchased New 2011  
Fully loaded, new worth \$4907.72 I have original receipt  
Many extras. Asking \$3800.00  
Call or Txt Doug Eccles @ 309-360-0523

**IVW "Routes & Recipes"**

Available for purchase at the following locations.

- Bushwhacker Ltd.**  
4700 N. University, Peoria  
692-4812
- Illinois Cycle & Fitness**  
9016 Allen Road, Peoria  
693-2691
- Lakeview Museum**  
1125 W. Lake Avenue,  
Peoria  
686-7000
- Little Ade's Bicycles & Repairs**  
305 N. 5<sup>th</sup> St. Pekin  
346-3900
- Often Running**  
206 South Linden St.,  
Normal  
454-1541
- Running Central**  
700 Main Street, Peoria  
676-6378
- Russell's Cycle & Fitness**  
10 Valley Forge Plaza,  
Washington  
444-2098
- Tanner's Orchard**  
740 State Route 40, Speer  
493-5442
- Vitesse Cycle Shop**  
206 South Linden, Normal  
454-1541
- Mike Honnold**  
President IVW 696-2591  
[Cannondale\\_25@juno.com](mailto:Cannondale_25@juno.com)



*This book has great routes and maps (and recipes too)!*

All phone numbers are in the 309 area code.

**Please consider supporting our local area bicycle shops.**

- |  |   |
|--|---|
| Bushwhacker Ltd. - Peoria<br>309-692-4812              | Little Ade's Bicycles - Pekin<br>309-346-3900     |
| Russell's Cycle & Fitness - Washington<br>309-444-2098 | Illinois Cycle & Fitness - Peoria<br>309-693-2691 |

This list is not meant to be inclusive of each and every bicycle shop in the area. Please see the yellow pages in the local phone directory for a complete listing. The IVW does not endorse any one bicycle shop listed.

If you do not see your favorite shop listed here and would like to have information included, please contact the newsletter editor.



## Classified Ads

Classified ads for club members are welcome. If you want to post a bike for sale or a wanted item in the newsletter, send your advertisement to the editor, [wdclark190@comcast.net](mailto:wdclark190@comcast.net) as an attachment. The advertisement MUST be formally keyboarded as a "Word" document. If the item is sold, please notify the editor so it can be removed from the newsletter. Commercial ads are also welcome at a charge of \$25 for a ½ page and \$50 for a full page. To submit a commercial ad, send an electronic document compatible with Windows to [wdclark190@comcast.net](mailto:wdclark190@comcast.net) as well as a hard copy to:

William Clark

308 Linden St., Pekin, IL 61554

All materials (including payment) must be received no later than the 15<sup>TH</sup> of the month preceding the appearance of the advertisement.

### ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

Name #1 \_\_\_\_\_ Birthdate \_\_\_\_\_  
(Please print clearly This must be an Adult)

Name #2 \_\_\_\_\_ Birthdate \_\_\_\_\_

Name #3 \_\_\_\_\_ Birthdate \_\_\_\_\_

Name #4 \_\_\_\_\_ Birthdate \_\_\_\_\_

Unless otherwise requested, as of 1-1-11 all newsletters will be email only.

Email address (print clearly) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip +4 \_\_\_\_\_

Phone ( ) \_\_\_\_\_ - \_\_\_\_\_ (cell) \_\_\_\_\_

Signature (Adult #1) \_\_\_\_\_ Date \_\_\_\_\_

**Disclaimer:** In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n (IVW) bicycle club of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said club.

REGISTER ON LINE AT: [www.signmeup.com](http://www.signmeup.com)

Make check payable to: Illinois Valley Wheelm'n, 6518 N. Sheridan Rd., Ste. 2, Peoria, IL 61614-2933

Are you renewing or is this a new membership? (Check One)  
Renewing \_\_\_\_\_ New \_\_\_\_\_

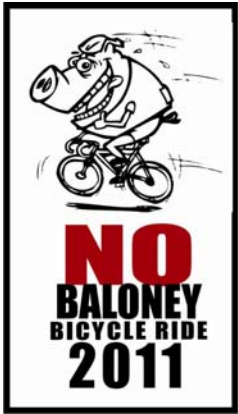
If new, how did you find out about the club?  
\_\_\_\_\_

Member of:  
League of American Bicyclist  
Yes \_\_\_\_\_ No \_\_\_\_\_  
League of Illinois Bicyclist  
Yes \_\_\_\_\_ No \_\_\_\_\_  
Yearly Membership  
Individual (\$15 ) \$ \_\_\_\_\_  
Household (\$20) \$ \_\_\_\_\_  
Lifetime (\$250) \$ \_\_\_\_\_  
Voluntary advocacy contribution  
(\$5, \$10, \$15, other) \$ \_\_\_\_\_  
Total Enclosed \$ \_\_\_\_\_

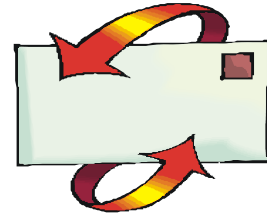
**ILLINOIS VALLEY WHEELM'N**  
**6518 N. SHERIDAN RD. STE 2**  
**PEORIA, IL 61614-2933**

1<sup>st</sup> class  
 Postage  
 Required

ADDRESS SERVICE REQUESTED



When does your annual membership expire?  
 Check your mailing label or the list on page two of the newsletter.



***EVENT PLANNER***

<b>Date/Time</b>	<b>Event Name</b>	<b>Location</b>
Sunday, July 3 <sup>rd</sup> , 2011 6:00 A.M.	Tour De Witt <a href="http://www.clintonilchamber.com">www.clintonilchamber.com</a>	Mr. Lincoln's Square Clinton, IL
Saturday, July 9 <sup>th</sup> , 2011 10:30 PM	Midnight Rides for Smiles <a href="http://www.midnightriders.us">www.midnightriders.us</a>	Peoria, IL Junction City Shopping Center
Saturday, July 9 <sup>th</sup> , 2011 6:00 AM	Pedaling for Kicks <a href="http://www.pedalingforkicks.com">www.pedalingforkicks.com</a>	Bloomington, IL East White Oak Bible Church
Saturday, July 16 <sup>th</sup> , 2011 7:00 A.M.	Z Tour 2011 Bike Ride <a href="http://www.zcec.org">www.zcec.org</a>	Princeton, IL Zearing Park
Saturday, August 20 <sup>th</sup> , 2011	Morton Cycling Classic <a href="http://www.peoriabicycleclub.com">www.peoriabicycleclub.com</a>	Main and Jackson Streets Downtown Morton, IL
Saturday, August 27 <sup>th</sup> , 2011	No Baloney Bicycle Ride <a href="http://www.ivwnobaloney.com">www.ivwnobaloney.com</a>	<b>WILDLIFE PRAIRIE STATE PARK</b> Edwards, IL
Saturday/Sunday September 17 <sup>th</sup> & 18 <sup>th</sup> , 2011 All Day – Both Days	Peoria Area Sports Festival/Celebration	Wildlife Prairie State Park Edwards, IL