



August 2011

AFFILIATED CLUB

[www.ivwheelmn.org](http://www.ivwheelmn.org)

## THE GREATER PEORIA AREA'S BICYCLE CLUB

### We Have "NO BALONEY"

New and exciting plans for  
2011 No Baloney Ride.  
Check the website and page  
10 for registration info.

### MORTON COMMUNITY BANK

### CYCLING CLASSIC

AUGUST 20, 2011  
HELP NEEDED

SEE PAGE 3 FOR DETAILS

### OUT OF THE BOX TOURS

are back!!

### BIGGER AND BETTER THAN EVER!

Join Barb and Cora Lynn  
on their weekly adventures

See page 8  
for a full listing.

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### TAILWINDS

Mike Honnold IVW Prez

Have you ever watched the famous 1983 movie, "Mr. Mom" starring Michael Keaton, where the husband takes over all the household duties (including child rearing) while the wife goes back to work? Well, I felt like Mr. Mom this past week, because I volunteered to take a week off work so my wife could be a camp counselor at the same church camp, she's been attending for the last 25 years. Around our house, I typically pitch in on most of the weekly household duties, only because I tend to slide more toward the side of a "neat freak" and enjoy making the place look nice. Because I'm so busy helping out on these duties and other life events (work, IVW stuff, riding), I'll have to admit I don't get to take care of baby John as much as I'd like to. Lucky for me,

Katrina is around so much that she is able to fill in for John where I am not able. Well - I got a taste of both worlds this week and was able to experience being with John 24/7 - with exception of when my mother-in-law would come over for 2-3 hours a day so I could get out to buy groceries, mow the yard, etc... Aside from constantly wanting to get into anything & everything within arms-reach of a two foot tall little person, taking care of John was actually easier than I thought it would be. The reason taking care of John was so easy, is due to the fact Katrina has him down to a very regimented schedule - from his early morning bottle at 7 AM, to his post-nap snack around 3 PM. As long as I was able to remember the schedule, and hit most of the key events within a few minutes of their typical occurrence, John remained a happy baby - as most of us should be.

My point/illustration is this (you knew there had to be some somewhere...) - I think most of us would get more out of life & be happier if we were able to stick to a regular schedule like baby John - myself included. I have a horrible habit of staying up later than I should so I can get more "stuff" done, which sometimes affects my performance the next day at work, or on the bike. After spending this week with John, I think I am going to try harder to stick to a regular schedule, so I can wind up being a happier baby. I am not sure if this will make me faster on the bike - but you never know.....

Looks like we are now at "t-minus one month" and counting for the annual No Baloney Ride. Registrations are coming in on a daily basis now, and if history repeats itself, we will have another successful year. If you have the time before this years ride on August 27, please help out the club by promoting our event to other friends and family members you know. From my experience planning this event in the past, most of your new attendees, find out through word of mouth or social media (Face book). In addition, if you are attending other invitational rides in the area (Ronald Reagan Ride, Cowlunga, Dairyland Dare, Sweet Corn Century, etc..) before No Baloney, please let us know, and we will give you some brochures to drop off at their registration table. I believe Morgan has ordered extra brochures and/or post cards, so I am sure we will have plenty go to around.

## Welcome, New Members:

Rich Archer..... West Peoria  
Joseph Baumann .....Brimfield

## Thanks to Renewing Members:

Ken & Paula Ketelsen..... Morton  
Bonnie Martin..... Brimfield  
Lou Price..... Chillicothe  
Steve Sommer .....Morton \*  
Glen & Marty Thompson .....Tremont  
Bev Tisdale .....Hanna City  
Dan Weakley..... Peoria Heights  
Jim & Ann Wittmer .....Peoria

## Lifetime Members

(\* LIB/LAB Membership ^Advocacy donation)

**RENEW YOUR MEMBERSHIP ON-LINE** at:

[www.signmeup.com/67269](http://www.signmeup.com/67269)

Visit our website, [www.ivwheelmn.org](http://www.ivwheelmn.org) for a link to signmeup.com

## MEMBERSHIP RENEWAL REMINDER TO ALL IVW MEMBERS

Current info as of: 6/16/2011

SANDY ALBROW	6/9/2011
DUANE ANDERSON	6/9/2011
RON ANDERSON	10/22/2011
GREGG BITTNER	10/13/2011
LORI BOLAND	9/8/2011
JUDY BRADFORD	7/6/2011
PHIL BURROUGHS	10/14/2011
AMANDA BURTON	8/3/2011
WILLIAM CHAFFER	6/10/2011
WILLIAM CLARK	8/10/2011
PHIL CORNISH	10/18/2011
JEFF COVER	7/9/2011
RICK CROFT	8/10/2011
LARRY DAVIS	9/18/2011
HEATHER FITZANKO	7/28/2011
GRANT FREDERICKSEN	8/1/2011
DAVID GEHRT	9/11/2011
DONNA GOELZ	10/1/2011
JEFF GREER	7/14/2011
THERESA HARAYDA	9/8/2011
DALE HARDIN	10/14/2011
BETTY HART	6/25/2011
BOB HENTRICH	9/24/2011
JEFFREY HORNECKER	9/26/2011
BONNIE JACKSON	9/10/2011
JOHN KAUTZ	6/27/2011
PEGGY KECK	8/19/2011
SEAN KERWIN	10/11/2011
STEVE KURT	10/12/2011
MICHAEL MAHONEY	10/28/2011
CHRIS MARTIN	9/6/2011
RON MATUSKA	8/13/2011

This is a list of members whose membership is either two months past due, or have a membership needing renewed within the next two months.

There is a two month grace period on expiring membership, but once that is up, you will no longer get the newsletter.

Now that the electronic edition is released, this list will serve as your reminder to renew.

The IVW does not send out bills or notices, but requests that members keep track of the expiration of their annual memberships, and submit their payments accordingly.

Please check your paper mailing label or this spot in the e-newsletter, for the expiration date of your membership  
Thank you.

cont'd at right

## IVW CHAIRPERSONS

2

### **PRESIDENT:**

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[cannondale\\_25@juno.com](mailto:cannondale_25@juno.com)

### **VICE PRESIDENT:**

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[lorib1723@gmail.com](mailto:lorib1723@gmail.com)

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[kidentropy818@yahoo.com](mailto:kidentropy818@yahoo.com)

### **TREASURER:**

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### **RIDE CHAIRPERSON:**

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[cchristi52@comcast.net](mailto:cchristi52@comcast.net)

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### **SOCIAL CHAIR:**

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### **MAILING:**

Val Lindner 309-241-0293  
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### **DATABASE:**

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### **ADVOCACY/GOV.REL.**

Gregg Bittner 309 - 258-1463  
[cmbittner@comcast.net](mailto:cmbittner@comcast.net)

### **WEBMASTER:**

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IVW Website: <http://www.ivwheelmn.org>

### **EDITOR:**

Bill Clark 309- 347-4841  
[wdclark190@comcast.net](mailto:wdclark190@comcast.net)

### **Membership Renewal (cont'd)**

JIM MC INTYRE	10/4/2011
KEN METTELMANN	9/13/2011
DON NIEMI	9/24/2011
BLAKE NORMAN	10/25/2011
TIM O'HANLON	9/8/2011
MARK PADESKY	9/21/2011
LARRY PAUSTIAN	9/7/2011
TERRY POERTNER	9/18/2011
MARTIN POGIOLI	7/13/2011
MIKE PULA	9/11/2011
MICHELLE QUINN	6/9/2011
KAREN SCOTT	6/9/2011
ED SHIMON	8/30/2011
PAM SHUCK-HOEHNE	9/21/2011
ALLAN SILZER	8/16/2011
BETH SPONHOLTZ	8/10/2011
DENNIS TRESSENER	10/12/2011
ALLAN WENNINGER	8/7/2011
SUZANNE WHEELER	9/7/2011
DOUG WILSON	8/11/2011
SCOTT WRIGHT	8/15/2011
DENNIS ZIMMERMAN	10/26/2011

## AROUND THE PEORIA AREA

“HAVE  
YOU  
HEARD  
THE  
NEWS”?



The Triangle of Opportunity annual bike ride will start in Tremont this year on Saturday August 6. For only \$15.00 (\$20.00 if after August 1) you can ride on well marked roads with lots of rest stops, friendly people and a lunch served at the Tremont Village Park at the end of the ride. To learn more and to register go to [www.triangleofopportunity.com](http://www.triangleofopportunity.com)

### AMERICAN CANCER SOCIETY WALK AND ROLL – SEPTEMBER 17<sup>TH</sup> 8 A. M. JUBILEE COLLEGE STATE PARK

Individuals who want to make a difference in the fight against cancer have an opportunity to unite this September 17<sup>th</sup> at Jubilee College State Park and participate as walkers, runners or bicyclists to support the American Cancer Society in its lifesaving mission of creating a world with less cancer and more birthdays. This year, Walk & Roll celebrates its 40<sup>th</sup> birthday of making a difference in the lives of cancer patients. As one of the Society's largest annual fundraisers in Illinois, Walk & Roll is a family-friendly event where teams of friends, families and co-workers unite to honor or remember loved ones that have battled cancer. This year, the Society hopes to attract more than 10,000 participants and raise \$1 million statewide to help people stay well and get well, to fund and find new cures, and to rally people to fight back.

“Walk & Roll is a wonderful opportunity for the community to come together and show our support against this disease that has affected so many people we know,” said Stacey Cignetti “Every dollar raised at this event goes toward fighting every form of cancer and empowers the Society to offer free resources and services to cancer patients and their families every step of the way.” Walk & Roll participants annually raise funds prior to the event, often to commemorate friends and family who have lost their lives to cancer or honor those who currently struggle with the disease. Participants then take part in a 1-mile walk, 5k run, 15-mile bike ride.

There is a \$15 registration fee for all participants ages 18 and older. Participants are encouraged to raise \$100 to receive a free, event t-shirt. Most participants aim for a goal of \$250 or more. To sign up or learn more about the event, please call 309.688.3488, e-mail Natalie Wetterauer @

[Natalie.Wetterauer@cancer.org](mailto:Natalie.Wetterauer@cancer.org), or visit

## THE SOAPBOX

Have a comment about the club? Send your ideas to me. I'll publish them here. Voice your opinion, air your gripes, make suggestions. I'll see that they get published, **anonymously**. I will not share your name with anyone. So you are free to criticize what you want. Even me if you wish. Or, hand out a compliment. It won't go any further than here. And, we will see what kind of feedback we get. I'll publish that also.

This is your chance to “get up on the soapbox” and speak your mind.  
Bill Clark Editor

## MORTON COMMUNITY BANK CYCLING CLASSIC

(Formerly Peoria Cycling Classic)

### AUGUST 20, 2011 Morton, IL

Hello Everyone!

**Morton Community Bank Cycling Classic** hosted by Peoria Bicycle Club and with the support of IVW is fast approaching.

Volunteers are needed to help with corner marshal duties.

Also, we will be giving away volunteer T-shirts this year so please also include what size you would like so we can put in the order.

Here are the time slots for the day:

Setup - 6am - 8am

1st shift - 7:45 A.M. -> 10:00 A.M.

2nd shift - 9:45 A.M. -> 12:00 P.M.

3rd shift - 11:45 A.M.-> 2:00 P.M.

4th shift - 1:45 P.M. ->4:00 P.M.

5th shift - 3:45 P.M. -> 6:00 P.M.

Tear down - 5:30 P.M. ->7:00 P.M.

We will be trying to fill shift requests first with people who are racing, then in the order received.

*Editor's Note;* Each year, members of the Peoria Cycling Club help out at the No Baloney Ride, so that more of us may enjoy the ride. This year is no exception. Morgan has recruited many members of the PBC to help out, and a very minimum number of IVW members will be needed to man the rest stops. Let's show the PBC the same respect and volunteer to help out. It's a great way to see the races, and do your part to promote cycling.

Contact Sara Grey at [sgray2006@gmail.com](mailto:sgray2006@gmail.com) to volunteer.

## CLUB AND LOCAL AREA EVENTS

### Lake Evergreen Tri Report By Mike Honnold

The day started early on July 16th for 16 IVW members who agreed to volunteer their time at the Lake Evergreen Triathlon watching corners of the bike race course. Our group met at the old K-Mart parking lot in Washington around 5 AM so we could carpool over to Comlara Park and be there in time for the 6 AM safety briefing. The day actually started out a little earlier for a few brave souls who wanted to ride their bikes over to the park - but we won't mention any names... With a few minutes to spare, our entire group arrived just as they were handing out the event t-shirts and other safety-related items we'd need for the job (radio, safety flag, safety vest). After receiving our corner assignments, everybody headed off to their corner home for the next 5 hours - myself included. My particular corner assignment felt isolated from the rest of the course, but I luckily had a county sheriff's deputy there to assist me with traffic concerns of being on the corner of a major highway intersection.

Once the race began, I particularly enjoyed watching the riders race by, and noticing the differences between them. The first riders who came by were of the faster variety with fancy bikes and intent expressions on their faces. As the day progressed along, the bikes people were riding gradually became less fancy, and the participants more willing to wave, smile, and thank you for your volunteering time (which I enjoyed). After the last bike came by, we were finally cleared to head back to the post-race celebration. I always enjoy participating in the post-race celebration (i.e. food) because even though I didn't do the race, it still makes me feel part of the group. Thanks again to everybody who showed up to help the IVW raise about 600 dollars for our advocacy efforts. The board is currently discussing how to use this money in the community to promote the idea of bicycling and healthy lifestyles. One idea that has come to mind is to start our own "Bike Town" similar to what Bicycling magazine does every year. The McLean County wheelers have started their own "Bike Town" project in the Bloomington/Normal area, and I guess they've had pretty good results. Be on the lookout for an article in a future newsletter regarding this subject.....

### WHERE HAS YOUR NEW JERSEY TAKEN YOU?

Submit a photo of yourself in your IVW Jersey to the editor along with a brief description, and we will publish it in one of the next few newsletters.

### 2010/2011 IVW Club Mileage Competition (below)

Join the ranks of those individuals keeping tabs on their club mileage. This is a friendly competition aimed at promoting cycling. Anyone can join in. Just email your information to [cannondale\\_25@juno.com](mailto:cannondale_25@juno.com). Accolades are given at the Annual Dinner in November of each year. Mileage totals run December thru October of each year.

Want to know how electronic newsletters are saving the club money? Below is a breakdown of paper copies of the newsletter costs, and ideas on how we could better use the money from your memberships. So, when you renew your membership, think about how your money could be better spent.

Cost to print newsletter = \$1.00 each.

Cost to mail newsletter = \$.44 each.

Total Cost to print/mail newsletters for a year = \$17.28

Price of a single IVW Club membership = \$15.00

Price of a family IVW Club membership = \$20.00

Ways your membership dollar can be better utilized by the IVW:

Sponsoring Bike to Work Week events (Ride of Silence)

Sponsoring Peoria Area Bicycle Map printing

Assisting with Bikes for Kids expenses/parts

Better marketing of No Baloney Ride

More features of No Baloney Ride

Rider Name	June 2011 Mileage	2010/2011 Total Miles
Edith Albright	448.15	3903.43
Dennis Tresenriter	749.8	3541.3
Lou Price	532.87	3507.87
Steve Kurt	652.75	3214.87
Tom Dorigatti	1126.21	2987.81
Mike Honnold	619	2949.8
Steve Berger	612	2808
Suzanne Wheeler	724	2599.72
Dan McCaherty	452.1	2226.2
Chris Salvador	362.08	788.41
Chris Gibson	0	305
Maggi Wettstein	0	241.44
David Gehrt	80	80
Whitney J Salvador	11	14.79



## *LIB Extra - from the League of Illinois Bicyclists*

Advocacy, rides, and more - for further stories, see [www.bikelib.org](http://www.bikelib.org) and our current newsletter

### **“Share the Road” License Plate Sign-Up Passes TWO THIRDS Point**

Over 1000 Illinois drivers have already submitted reservations for the state’s new “Share the Road” license plates. Bike club members are invited to sign up and pass the word – so we can start seeing the plates on the road soon. The Secretary of State will begin production after 1500 reservation forms have been received. We hope to reach that mark by the end of the summer – please help us! To date there have been 1185 reserved sets of plates ordered. Please consider making a statement, and order your’s today!



The plates will have a one-time \$29 switchover fee, plus an annual incremental fee of \$22. Most of the latter fee will go to LIB for our various programs to educate motorists and bicyclists on sharing the road. Go online to [www.bikelib.org](http://www.bikelib.org) for the reservation form and instructions on the two-step purchase process, plus FAQs. Temporary plates had previously been available each year through LIB and the state for National Bicycle Month; but the plates were only valid for April and May. With the new, LIB-proposed plate, Illinois joins 12 other

*Bike club*

*members: LIB's efforts to improve bicycling are supported by 1,400 members – many belonging to clubs that donate. Become an individual member at [www.bikelib.org/join](http://www.bikelib.org/join)*

### **Federal Bike Funding is in Danger**

You've probably seen the [calls to action from the League](#) and other cycling organizations in the past few days. You've [read our updates and analysis on the issue](#).

**[Now we need your donation to help us save this critical funding for bicycling!](#)**

**DONATE NOW**

On July 7, 2011, John Mica (R-FL), chairman of the Transportation and Infrastructure Committee in the House, announced his proposal for the next surface transportation re-authorization bill. His proposal eliminates dedicated funding for bicycling and walking, including Transportation Enhancements, Safe Routes to School and the Recreational Trails Program, and discourages states from choosing to spend dollars on these activities that are "not in the federal interest."

On the Senate side, James Inhofe (R-OK), the lead Republican negotiator on the transportation bill, declared that **one of his top three priorities for the transportation bill is to eliminate "frivolous spending for bike trails."**

The League, with our partners in the America Bikes coalition, is working around the clock to ensure that the next transportation bill includes bicycling. [We need your donation today](#) to help us impress on Congress that cycling matters, and investments in cycling pay. Over the next few weeks, League staff and members like you will be on Capitol Hill to meet with our allies and our opponents; those meetings also need to be coordinated in the home districts of members of Congress. We need to monitor the progress of the bill, and issue further action alerts as needed to earn critical votes. We need your support to make this grassroots effort work.

**[Please help us by making an online donation now!](#) More information and directions for making a donation can be found on the LAB website.**

Thank you, as always. We rely on dedicated members like you as we fight to promote and protect the rights of all cyclists.

Urgently,

Andy Clarke

President, League of American Bicyclists

P.S. [Your donation of at least \\$50 today](#) ensures that we will be able to effectively and emphatically speak up for cyclists on Capitol Hill in the coming weeks. We greatly appreciate your support.

## ILLINOIS VALLEY WHEELM'N - Spring/Summer/Fall - 2011 Local Rides Schedule

**\*\*NOTE:** If you have any doubt in the times/dates, please check our ride calendar at [www.ivwheelmn.org](http://www.ivwheelmn.org) – it is considered the “safe source”

**Monday Morton Level II:** Leader(s): Denny and Peggy Tresenriter Phone: (309) 387-6617

**E-Mail:** [dtresenriter@comcast.net](mailto:dtresenriter@comcast.net) **Location:** [Grace Evangelical Church](#), corner of Tennessee and Jefferson Street in Morton. Park in NE corner of the lot **Start Time:** 5:30 P.M. **Start Date:** April 4th, 2011

**End Date:** September 26<sup>th</sup>, 2011 **Distance:** 20-30 miles **Food:** Possible gas station stop

**Monday Dunlap Level I:** Leader(s): Phil Burroughs & Jim Coffey Phone: (309) 231-5433

**E-Mail:** [coffey4415@msn.com](mailto:coffey4415@msn.com) **Location:** [Dunlap Grade School](#) **Start Time:** 6 PM rollout – arrive early to get ready.

**Start Date:** May 2nd, 2011 **End Date:** August 29<sup>th</sup>, 2011 **Ride Info:** Ride distance will be about 15 miles early in the season. This social, friendly ride will increase in mileage as the season progresses. The group will regroup as needed so no one gets left behind. **Distance:** 15+ miles **Food:** Possible gas station stop

**Tuesday Daytime Show and Go Level I & II:** Leader: Herb Unkrich Phone: (309) 339-8977

**E-Mail:** [bluebirdherb@yahoo.com](mailto:bluebirdherb@yahoo.com) **Location:** [Dunlap Grade School](#) **Start Time:** 8:30 A.M. **Start Date:** May 2011

**End Date:** October 25<sup>th</sup>, 2011 **Ride Info:** A daytime for all levels of riders. No one will be left behind.

**Distance:** Starting early at 20 miles – increasing as season progresses. **Food:** Possible gas station stop

**Tuesday “Kinder Gentler” Level I & II:** Leader: Pam Hoehne Phone: (309) 681-0206

**Location:** [Dunlap Grade School](#) **Start Time:** 5:45 p.m. **Start Date:** May 3rd, 2011 **End Date:** October 4<sup>th</sup>, 2011

**Ride Info:** Pam leads a “Kinder Gentler” level 2 or for level 1 riders looking for more of a challenge. Mileage will be around 15 to start and increasing as the season progresses. 13-15 MPH early in the season; 15-17 MPH as time progresses. Goal is to have fun, and no one gets dropped!

**Distance:** 20-30 miles **Food:** Possible gas station stop

**Tuesday Dunlap Level III:** Leader: Steve Kurt Phone: (309-243-7684) **E-Mail:** [kurtsj@mtco.com](mailto:kurtsj@mtco.com)

**Location:** [Dunlap Grade School](#) **Start Time:** 6:00 p.m. **Start Date:** April 12th, 2011 **End Date:** October 25<sup>th</sup>, 2011

**Ride Info:** Steve leads a level 3 on this great ride for “seasoned” riders. Mileage will be 20-30. Ave speed 17 MPH

**Distance:** 20-30 miles as daylight permits **Food:** Possible gas station stop

**Tuesday Dunlap Show and Go Level IV:** Leader(s): Members of Peoria Bicycle Club

**Location:** [Dunlap Grade School](#) **Start Time:** 5:30 p.m. **Start Date:** April 12th, 2011 **End Date:** October 25<sup>th</sup>, 2011

**Ride Info:** A group for faster riders led by whoever may show up. Many from the Proctor Cycling Club show up for this ride, so do not expect them to regroup or wait for stragglers. **Distance:** 20-30 miles **Food:** Possible gas station stop

**Wednesday Rock Island Trail Ride Level 1:** Leader(s): Jim and Bob Reading Phone: (309) 688-9435

**E-Mail:** [readingdiana@yahoo.com](mailto:readingdiana@yahoo.com) **Location:** [Pioneer Park Trailhead of the Rock Island Trail \(Connor Company parking lot, 1229 W. Pioneer Parkway, Peoria\)](#) **Start Time:** 5:30 p.m. **Start Date:** May 4th, 2011 **End Date:**

September 28<sup>th</sup>, 2011 **Ride Info:** All riding will be done on the Rock Island Trail **Distance:** 7+ miles **Food:** Possible gas station stop

**Wednesday Dunlap Beginner / Level 1:** Leader: Gregg W. Bittner Phone: (309-258-1463)

**E-Mail:** [cmbittner@comcast.net](mailto:cmbittner@comcast.net) **Location:** [Dunlap Grade School](#) **Start Time:** 5:30 p.m **Start Date:** April 6th, 2011

**End Date:** October 26<sup>th</sup>, 2011 **Ride Info:** This ride departs Dunlap Grade School at 5:30 PM. Ride distance will be 15 miles early in the season. The group will ride together. **Distance:** 15 Miles + **Food:** Possible gas station stop

**Wednesday East Peoria Level I & II: Leader:** Dirk McGuire **Phone:** (309) 397-1034

**E-Mail:** [dirkbike1@comcast.net](mailto:dirkbike1@comcast.net) **Location:** [Cross Point Church in East Peoria; 304 South Pleasant Hill Road](#)

**Start Time:** 5:30 p.m. **Start Date:** April 6<sup>th</sup>, 2011 **End Date:** October 26<sup>th</sup>, 2011 **Ride Info:** We will start the season on a Level 1, 20-25 miles. As time and conditioning improve we will ramp up to a Level 2 and out to 35 miles. No one will get left behind and we will stop a couple of times to regroup and grab some air, water, or a power bar if you brought one **Distance:** 30-40 miles. **Food:** Possible gas station stop

**Thursday Pekin Level I & II: Coordinator:** Fred Smiser **Phone:** (309)346-9735. **E-Mail:** [smizz444@gmail.com](mailto:smizz444@gmail.com)

**Location:** Varies **Start Time:** Varies **Start Date:** May 5<sup>th</sup>, 2011 **End Date:** TBD **Ride Info:** Our Thursday ride is coordinated by Fred Smiser, and has a different starting location/time/distance each week. Please check the current month ride schedule at [www.ivwheelmn.org](http://www.ivwheelmn.org) or this newsletter . **Distance:** 40-50 miles. **(See detail's on Page 5)**

**Thursday Washington Level I & II: Leader(s):** "Show and Go"

**Location:** [Russell's Cycle and Fitness in Washington](#) **Start Time:** 6:00 p.m. **Start Date:** May 5<sup>th</sup>, 2011 **End Date:** September 8<sup>th</sup>, 2011 **Ride Info:** We do not have a ride leader at this point, so the speed/distance of the ride will be determined by those who show up. **Distance:** Determined by those who show up **Food:** Possible Gas Station Stop

**Friday Chillicothe Level I - Family Ride: Leaders:** Kathy/Rodger John and/or Edith Albright

**Phone:** (309) 243-9191 OR (309) 274-4849 **E-Mail:** [chillikayaker@mediacombb.net](mailto:chillikayaker@mediacombb.net)

**Location:** [Pearce Community Center; Chillicothe, Illinois](#) **Start Time:** 5:30 PM **Start Date:** May 6<sup>th</sup>, 2011

**End Date:** October 7<sup>th</sup>, 2011 **Ride Info:** Friendly, family ride. No one will be left behind.

**Distance:** 20-25 miles early in the season with a probable 25-30 miles as the season progresses.

**Level:** Level 1 Family Ride **Food:** Possible gas station stop

**Saturday Show and Go Level III: Leader(s):** SHOW & GO

**Location:** [Washington Square; Washington, IL; East side, behind Amoco Gas Station](#)

**Start Time:** 8:30 a.m. **Start Date:** All year long depending on weather

**Ride Info:** Show and go **Distance:** 20-60 miles **Food:** Possible breakfast / gas station stop

**Saturday Show and Go All Levels: Leader(s):** SHOW & GO

**Location:** [Russell's Cycle and Fitness; Valley Forge Plaza; Washington, IL](#)

**Start Time:** 8:30 a.m. **Start Date:** All year long depending on weather

**Ride Info:** Show and go. **Distance:** 30-60 miles **Food:** Possible meal / gas station stop

### **Illinois & Michigan Canal annual Canal Corridor Association Walk or Ride.**

Join other riders and walkers on the scenic I & M canal, on a ten to twenty-five mile ride, or a one to five mile walk. The walk or ride is one of the major fundraisers of the year, and it is a great way for getting people out on the trail. The date is Saturday, September 10, 2011 For more info, go to [www.lasallecanalboat.org](http://www.lasallecanalboat.org) or call (815) 223-1851 Cost is \$20 for adults and \$10 for kids, and includes an I&M Canal Walk or Ride T-Shirt.

## OUT-OF-THE-BOX TOURS

Out-of-the-Box Tours are still going on, and we're having a great time. Hope you are ready to join us! We want you if you are looking for a different route, a different crowd, a ride that leaves you neither exhausted nor feeling short-changed – and if you like to smell the roses (or dandelions) along the way. The pace will be Level One, no one will be dropped, and Cora Lynn Green and Barb Drake will be your leaders again, with a little help from our biking buddies.

A special addition this year is a 2-day ride on the Fox River Trail in suburban Chicago. We'll stay in St. Charles and plan some extra-biking activities, including golf for spouses who aren't cyclists. More specifics will come later, but put that weekend on your schedule now. Remember the deadline for hotel reservations is July 15. One other special weekend event to put on your calendar: Barb's Birthday Ride on Oct. 8.

Check out these plans:

**Aug. 5: Sand Ridge and Manito.** How often do you get to bicycle through a state forest, especially one that has prickly pear cacti as well as many trees? We'll start this approximately 40-mile ride at 8:30 at the Ironstone Restaurant in Manito. We'll have lunch there at ride's end.

**Aug. 12-14: Fox River Trail.** Yes, Barb and Cora Lynn got their acts (and schedules) together and are eager to lead this ride on the beautiful trail along the Fox. We plan to lodge at the Hilton Garden Inn in St. Charles, which is about halfway along the paved, 42-mile trail, and do the northern half on Saturday and the southern on Sunday. Rooms have been set aside at a special rate of \$99 plus tax; in order to get this rate and be guaranteed a room, you must make a reservation by July 15. Phone 630-584-0700, tell them you're with the Illinois Valley Wheelm'n and be sure to let Barb or Cora Lynn know your plans. Non-biking spouses are welcome, and Bernie Drake will offer a golfing alternative. The hotel is across the street from the Pheasant Run Resort, which has a theater and golf course. We'll look for something fun to do Friday night after everyone arrives and Saturday, too.

**Aug. 24: Jubilee and Winery.** We'll meet at Jubilee State Park at 8:30 and head south toward Hanna City. After an approximately 40-mile ride, we will have lunch at the Kickapoo Winery.

**August 31: Tanner's Orchard Ride.** If it's fall, it must be time for a ride to Tanner's for samples, cider, donuts, lunch and apple-orchard ambiance. We'll meet at 9:30 at Pearce Community Center. The ride will be about 35 miles.

**Sept. 21: Mackinaw Winery Loop.** We'll depart at 9:30 a.m. from the Mackinaw Family Restaurant on Orchard Street in Mackinaw. We'll bike about 40 miles, through rolling hills and flat prairie, returning for lunch. When lunch is done, you may want to visit the Depot Tea Room's popular gift shop or the Mackinaw Valley Vineyard, just a couple of miles away. There is also a lavender farm in Mackinaw.

**Oct. 8: Barb's Birthday Ride** on the Great River Trail, paralleling the Mississippi. This ride is about as pretty as it gets in Illinois, and the birthday cake will be pretty good, too. Bring the family! Details to come.

Let Barb (692-1201, [bdrake@mtco.com](mailto:bdrake@mtco.com)) or Cora Lynn (683-3083, [cora\\_lynn@yahoo.com](mailto:cora_lynn@yahoo.com)) know if you plan to show up for a ride. That way we can let you know if weather requires cancellation or a change in start-up time.

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## IVW August, 2011 Thursday Morning Rides,

If weather is questionable, please contact ride leader at number listed, for updates.

**August 4, 2011:** Leader(s): Dale Cook Location: Pekin VFW Start Time: 8:30 A.M.

Ride Info: Destination dependent upon wind direction & weather. If we have favorable weather, route will be "Dale's Favorite Route", stopping in Manito for lunch and return to VFW. Either way, bring an appetite!

Distance: 45 miles Level: I & II – Will regroup frequently during the ride. No one will be left behind.

Phone: Home: (309) 353-1725 Cell: (309) 613-4101 E-Mail: [cook1501@comcast.net](mailto:cook1501@comcast.net)

**August 11, 2011** Leader(s): Steve Sommer Location: Field Shopping Center; Morton, IL Start Time: 8:30 A.M.

Ride Info: Destination dependent upon wind and weather conditions. Check the IVW website for updates

Distance: 40-45 Miles Level: I & II – Will regroup frequently during the ride. No one will be left behind.

Phone: (309) 678-8574 E-Mail: [steven.sommer@comcast.net](mailto:steven.sommer@comcast.net) Food: Snack Stop with Dutch treat lunch after the ride

**August 18, 2011** Leader(s): Jim King Location: Lacon Marina, Lacon, IL. Start Time: 8:30 A.M.

Ride Info: Lunch after the ride. Please keep checking IVW website for updates.

Distance: 40+ Miles Level: I & II – Will regroup frequently during the ride. No one will be left behind.

Phone: Home: (309) 274-5575, Cell: (309) 370 9984 E-Mail: [jk76@frontier.com](mailto:jk76@frontier.com)

**August 25, 2011** Leader(s): Steve Alfred Location: [Brimfield Park](#) (on S. Galena Rd off Rt. 150 in Brimfield). Start Time: 8:30 A.M.

Ride Info: Lunch after the ride. Please keep checking IVW website for updates.

Distance: 35-40 Miles Level: I & II – Will regroup frequently during the ride. No one will be left behind.

Phone: (309)693-6969 E-Mail: [SJAlfred@aol.com](mailto:SJAlfred@aol.com)

## Pedal Peoria 2011

Explore Peoria's Art, Science, Nature & History by Bicycle



Our 12<sup>th</sup> Year

Sponsored by Lakeview Museum of Arts & Sciences & the Illinois Valley Wheelm'n

Selected Rides co-sponsored by the Peoria Historical Society<sup>†</sup>

All rides are designed for the casual rider, 12 - 15 miles (one steep hill)

Approximately 2 hours, most starting at 6 pm (Except May 1 & August 21 )

**All are welcome! No fee or registration**

**August 2** **Garden Ride** Start at Botanical Gardens, Glen Oak Park.

Tuesday Highlights: Luthy Botanical Gardens & selected city gardens

**August 21** **Tour of the Solar System<sup>†</sup>** plus highlights from the **History Ride** (See June 16).

Sunday Start at Lakeview Museum east parking lot at **7:00 a.m.** This ride will start at the Sun and tour the planets from Mercury to Jupiter in Peoria's Community Solar System. (2 hrs, 12 miles this year)

For Information Call Ride Leader Sheldon Schafer  
686-7000 or

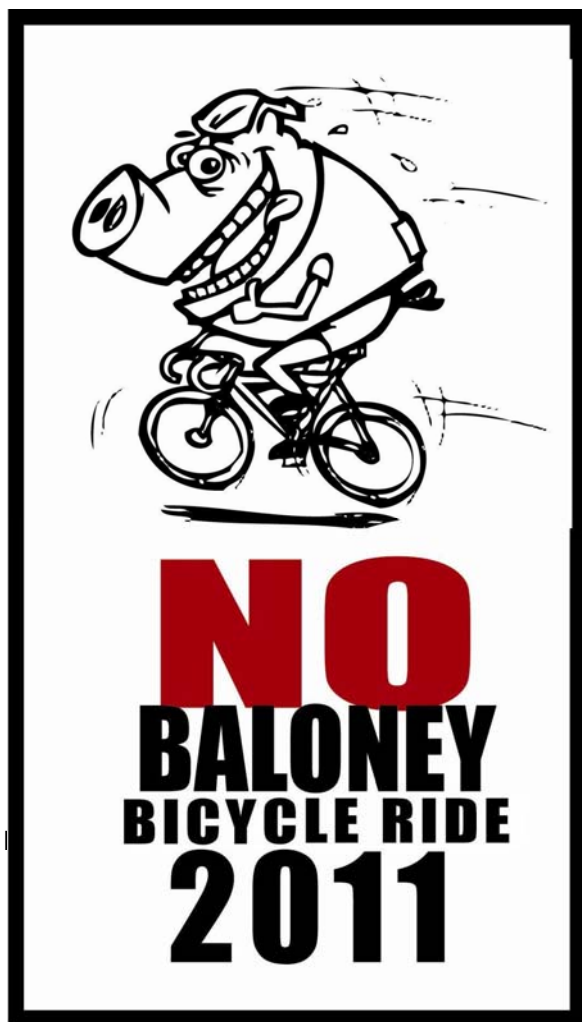


[sschafer@lakeview-museum.org](mailto:sschafer@lakeview-museum.org)

Please join us on Saturday, August 27<sup>th</sup>

No Baloney Registration

Saturday, August 27, 2011



**Rider #1**

Name \_\_\_\_\_  
 Signature \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_  
 State \_\_\_\_\_  
 Zip \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Email \_\_\_\_\_

**Rider #2**

Name \_\_\_\_\_  
 Signature \_\_\_\_\_

**Additional Family Member(s)**

Name \_\_\_\_\_  
 Name \_\_\_\_\_  
 Name \_\_\_\_\_

Planned route (circle one): 33 / 51 / 76 / 99

T-shirt size(s): Please circle your selection. *Note that shirts run slightly small.*

Men's S / M / L / XL / 2X  
 Women's S / M / L / XL / 2X

Mail registrations to:  
**Illinois Valley Wheelm'n,**  
**No Baloney Bicycle Ride**  
 6518 North Sheridan Road, Suite 2  
 Peoria, IL 61614-2933

**All New Routes for 2011**

**25, 50, 75 or 100 Miles**

**Departs & Finishes at:**

**Wildlife Prairie State Park**

**Hanna City, IL**

**www.ivwnobaloney.com**

Starting and Ending at:



**An adventure awaits™**

**3826 North Taylor Road #1  
 Hanna City, IL 61536-9042**

**www.wildlifeprairiestatepark.org**

	<b>COST</b>	<b>Qty</b>	<b>Total</b>
Individual Rider	\$20	___	\$ ___
Family members (\$50 covers all family members)	\$50	___	\$ ___
Ride T-Shirt	\$15	___	\$ ___
Late Fee (after August 1 <sup>st</sup> )	\$5	___	\$ ___
Individual Membership to WPSP	\$40	___	\$ ___
Family Membership to WPSP	\$50	___	\$ ___
<b>Total Enclosed:</b>			<b>\$ ___</b>

Disclaimer: In signing this form for all minor named participants, and myself I understand and agree to absolve all sponsoring organizations, singly and collectively, of all blame for any injury, misadventure, harm, loss, or inconvenience as a result of participating in the No Baloney Bicycle Ride, or any of the activities associated with said event. Signatures are required of all adults, and parents or guardians of all minors on this form

In the July issue of the newsletter, we printed a thank you from Val Lindner on behalf of Camp Kearney.

To the right is the bronze plaque that will be placed at the camp, to recognize those who responded to the call for help. Again, thank you to everyone who pitched in to help these underprivileged kids



# CAMP KEARNEY

*A Ministry of South Side Mission.*

## Mountain Bike Ministry

### Dedicated July 17, 2011

*Our thanks to a special group of friends who made the Mountain Bike Ministry possible.*

Jim Becker	Stephen Heine and Karen Kendall
Bright Horizons Little Friends Learning Center	Carrie A. Kerr
Matthew and Nancy Brown	Keystone Friendly Neighbor Club
Earle E. Capel	Dave Kinzinger
William D. Clark	Tom and Barb Lawless
Cypress Asset Management, Inc	Tim and Val Lindner
Reverend Charlie Dean II	Timothy and Kerri McGrath
Jon and Karen Foerster	Mountain Lake Christian School
Fun On The Run, Inc	Peoria Area Mountain Bike Association
Robert and Margaret Grace	Pilot Club
Cora Lynn Green	Nicholas Perrow and Betsy Silzer
G. Stephen Green Jr.	Karen Pruitt
Morgan C. Grigsby	Edward and Karen Scott
Beth A. Haynes	Robert and Mary Scroggs
Michael and Katrina Honnold	South Side Mission Board of Directors
Illinois Valley Wheelm'n	Andrew and Traci Sullivan
Imago Dei Church	Scott and Monica Wright
Philip & Jilleen Newton and Grace, Sophia, Elizabeth, Elijah, & Esther Newton	

*For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.*  
Ephesians 2:10

# POTOSI<sup>®</sup> BREWERY BICYCLE TOUR

SEPTEMBER 24, 2011  
POTOSI, WISCONSIN  
8 A.M. START TIME

**HOLIDAY GARDENS  
EVENT CENTER**  
101 BREWERY HOLLOW RD

24, 45, 65, OR 100  
MILE RIDES

**\$55 ENTRY FEE  
INCLUDES:**  
T-SHIRT, PINT GLASS,  
LUNCH, BEER/DRINKS,  
AND LIVE MUSIC

**TO REGISTER:**  
WWW.ACTIVE.COM

FOR MORE INFORMATION:  
WWW.POTOSIBREWERY.COM

OR




POTOSI BREWING COMPANY  
EST. 1952



The National  
BREWERY  
MUSEUM

This sounds too good to be true. Join your fellow IVW cyclists for what is sure to be a good ride and a great time. Check out the local Camping or motels and stay for the weekend.

**FOR SALE !**

For sale. A swagman hitch mounted 3 bike carrier. Excellent condition. \$80 or best offer. Please call or text Derek Sans at 309-472-3405 or you can email at [d.sans@comcast.net](mailto:d.sans@comcast.net). Thanks.

For Sale  
 Yakima Roof mount Frontloader \$95.00  
 Just needs locks and keys.  
 Contact: Doug Eccles Phone: 309-699-0197

For Sale  
 Due to Doctor's Orders!  
 Selling my "ICE Vortex" purchased New 2011  
 Fully loaded, new worth \$4907.72 I have original receipt  
 Many extras. Asking \$3800.00  
 Call or Txt Doug Eccles @ 309-360-0523

**IVW "Routes & Recipes"**

*Available for purchase at the following locations.*

*This book has great routes and maps (and recipes too)!*

All phone numbers are in the 309 area code.

- Bushwhacker Ltd.**  
4700 N. University, Peoria  
692-4812
- Illinois Cycle & Fitness**  
9016 Allen Road, Peoria  
693-2691
- Lakeview Museum**  
1125 W. Lake Avenue,  
Peoria  
686-7000
- Little Ade's Bicycles & Repairs**  
305 N. 5<sup>th</sup> St. Pekin  
346-3900
- Often Running**  
206 South Linden St.,  
Normal  
454-1541
- Running Central**  
700 Main Street, Peoria  
676-6378
- Russell's Cycle & Fitness**  
10 Valley Forge Plaza,  
Washington  
444-2098
- Tanner's Orchard**  
740 State Route 40, Speer  
493-5442
- Vitesse Cycle Shop**  
206 South Linden, Normal  
454-1541
- Mike Honnold**  
President IVW  
696-2591

[Cannondale\\_25@juno.com](mailto:Cannondale_25@juno.com)



***Please consider supporting our local area bicycle shops.***

Bushwhacker Ltd. - Peoria 309-692-4812	Little Ade's Bicycles - Pekin 309-346-3900
Russell's Cycle & Fitness - Washington 309-444-2098	Illinois Cycle & Fitness - Peoria 309-693-2691

This list is not meant to be inclusive of each and every bicycle shop in the area. Please see the yellow pages in the local phone directory for a complete listing. The IVW does not endorse any one bicycle shop listed. If you do not see your favorite shop listed here and would like to have information included, please contact the newsletter editor.



## Classified Ads

Classified ads for club members are welcome. If you want to post a bike for sale or a wanted item in the newsletter, send your advertisement to the editor, [wdclark190@comcast.net](mailto:wdclark190@comcast.net) as an attachment. The advertisement MUST be formally keyboarded as a "Word" document. If the item is sold, please notify the editor so it can be removed from the newsletter. Commercial ads are also welcome at a charge of \$25 for a ½ page and \$50 for a full page. To submit a commercial ad, send an electronic document compatible with Windows to [wdclark190@comcast.net](mailto:wdclark190@comcast.net) as well as a hard copy to:

William Clark

308 Linden St., Pekin, IL 61554

All materials (including payment) must be received no later than the 15<sup>TH</sup> of the month preceding the appearance of the advertisement.

### ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

Name #1 \_\_\_\_\_ Birthdate \_\_\_\_\_  
(Please print clearly This must be an Adult)

Name #2 \_\_\_\_\_ Birthdate \_\_\_\_\_

Name #3 \_\_\_\_\_ Birthdate \_\_\_\_\_

Name #4 \_\_\_\_\_ Birthdate \_\_\_\_\_

Unless otherwise requested, as of 1-1-11 all newsletters will be email only.

Email address (print clearly) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip +4 \_\_\_\_\_

Phone ( ) \_\_\_\_\_ - \_\_\_\_\_ (cell) \_\_\_\_\_

Signature (Adult #1) \_\_\_\_\_ Date \_\_\_\_\_

**Disclaimer:** In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n (IVW) bicycle club of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said club.

REGISTER ON LINE AT: [www.signmeup.com](http://www.signmeup.com)

Make check payable to: Illinois Valley Wheelm'n, 6518 N. Sheridan Rd., Ste. 2, Peoria, IL 61614-2933

Are you renewing or is this a new membership? (Check One)  
Renewing \_\_\_\_\_ New \_\_\_\_\_

If new, how did you find out about the club?  
\_\_\_\_\_

Member of:

League of American Bicyclist

Yes \_\_\_\_\_ No \_\_\_\_\_

League of Illinois Bicyclist

Yes \_\_\_\_\_ No \_\_\_\_\_

Yearly Membership

Individual (\$15 ) \$ \_\_\_\_\_

Household (\$20) \$ \_\_\_\_\_

Lifetime (\$250) \$ \_\_\_\_\_

Voluntary advocacy contribution

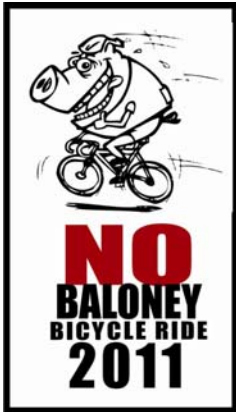
(\$5, \$10, \$15, other) \$ \_\_\_\_\_

Total Enclosed \$ \_\_\_\_\_

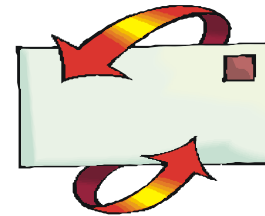
**ILLINOIS VALLEY WHEELM'N  
6518 N. SHERIDAN RD. STE 2  
PEORIA, IL 61614-2933**

1<sup>st</sup> class  
Postage  
Required

ADDRESS SERVICE REQUESTED



**When does your annual membership expire?  
Check your mailing label or the list on page two of the newsletter.**



### **EVENT PLANNER**

<b>Date/Time</b>	<b>Event Name</b>	<b>Location</b>
Saturday, August 13 <sup>th</sup> , 2011 7:00 A.M.	Cruisin' the Cornfields <a href="mailto:Zstand@hotmail.com">Zstand@hotmail.com</a>	Wyman Park Sullivan, IL
Saturday, August 13 <sup>th</sup> , 2011 7:30 A.M.	C-U Across the Prairie <a href="http://www.prairiecycleclub.org">www.prairiecycleclub.org</a>	Lake of the Woods Park Mahomet, IL
Saturday, August 21 <sup>st</sup> , 2011 8:30 A.M.	Morton Cycling Classic <a href="http://www.peoriabicycleclub.com">www.peoriabicycleclub.com</a>	Main and Jackson Streets Downtown Morton, IL
Saturday, August 27 <sup>th</sup> , 2011 6:00 A.M.	No Baloney Bicycle Ride <a href="http://www.ivwnobaloney.com">www.ivwnobaloney.com</a>	<b>WILDLIFE PRAIRIE STATE PARK</b> Edwards, IL
Sunday, September 11 <sup>th</sup> , 2011 7:00 A.M.	Capital City Century Ride <a href="http://www.spfldcycling.org">www.spfldcycling.org</a>	Lake Springfield Beach House Springfield, IL
Saturday/Sunday September 17 <sup>th</sup> & 18 <sup>th</sup> , 2011 All Day – Both Days	Peoria Area Sports Festival/Celebration	Wildlife Prairie State Park Edwards, IL
Saturday, September 17 <sup>th</sup> , 2011 8 A.M.	American Cancer Society Walk and Roll	Jubilee College State Park Brimfield, IL
Saturday, September 17 <sup>th</sup> , 2011	Bob Galloway Amish Ride <a href="http://www.decaturbicycleclub.org">www.decaturbicycleclub.org</a>	131 S. Vine Street (downtown) Arthur, IL
Saturday, September 24 <sup>th</sup> , 2011 8 A.M.	Potosi Brewery Bicycle Tour <a href="http://www.potosibrewery.com">www.potosibrewery.com</a>	Holiday Gardens Event Center Potosi, WI