



**October
2011**

AFFILIATED CLUB

www.ivwheelmn.org

THE GREATER PEORIA AREA'S BICYCLE CLUB

**FROM FUND RAISING TO
FUN RAISING**

**THIS ISSUE CONTAINS
PICTURES AND ARTICLES
OF SPECIAL RIDES OUR
MEMBERS HAVE
ATTENDED THIS SUMMER.
See pages 10-14 for some very
interesting reading.**

**MEET IN THE MIDDLE
Ride.**

**Sponsored by LIB
OCTOBER 1, 2011
See the details on
Page 15**

**Join Pam Hoehne as she
hosts a show-and-go ride
on Sundays in October.
1pm at the west side of the
Metamora square. Weather
permitting. 25-35 miles w/
a rest stop at Casey's.
Level one and two.**

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**TAILWINDS
Mike Honnold "The Prez"
Headline News!
FROM THIS-----**



**TO THIS----
IN ONLY A FEW SHORT MONTHS!
IVW prez takes son, John, on first bike/trailer ride!
The next "Lance"???**

I'll end my monthly article with the picture and caption,
since that's one news story that is hard to top!

1. Thanks to all for attending 2011 No Baloney.
2. Please attend "Meet in the Middle" ride on Saturday, October 1st.
3. Please attend Camp Kearney IVW Fall Social on Sunday, October 9th.
4. Please attend year-end meeting on Saturday, November 19th.
4. Thank you for attending and/or volunteering at Multisport Extravaganza

**Editor's note. You too can grow one of these at home, in your own
backyard. Talk to Mike to see how!!**

Welcome, New Members:

William AllenPeoria
 Ryan BeasleyWashington
 Brian CunninghamMapleton
 Dave HarknessPeoria *
 Mardi KleinschmidtPeoria
 Michael SchottHazelwood, MO
 Fred & Theresa Schultz ...Marquette Heights

Thanks to Renewing Members:

Sandy AlbrowMorton
 Judy BradfordPeoria
 Rick & Lisa CroftWashington *^
 Larry DavisPeoria *^
 Tom DonohoeWashington ^
 Rich GiebelhausenMorton
 Kathy & Roger JohnChillicothe
 Dan McCahertyWashington
 Jim McIntyreEast Peoria
 Don & Mary NiemiMetamora
 Tim & Diana O'HanlonPeoria *
 Larry & Brenda ShayPeoria
 Don & Leann Stickel & FamilyChillicothe
 Tim SwansonPeoria
 Suzanne WheelerMapleton
 LaVerne Wilson & Roger Hagel & Family Washington

Lifetime Members

Charlie & Jane SieckDunlap

(* LIB/LAB Membership ^Advocacy donation)

RENEW YOUR MEMBERSHIP ON-LINE at:

www.signmeup.com/67269

Visit our website, www.ivwheelmn.org for a link to signmeup.com

IVW CHAIRPERSONS

2

PRESIDENT:

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EDITOR:

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wdclark190@comcast.net

Membership Renewal (cont'd)

METTELMANN, KEN	9/13/11
NORMAN, BLAKE	10/25/11
PADESKY, MARK	9/21/11
PAUSTIAN, LARRY	9/7/11
POERTNER, TERRY	9/18/11
PULA, MIKE	9/11/11
RAY, RANDY	12/15/11
READING, JIM	12/12/11
ROBERTSON, SUE	11/6/11
SCHMIDT, MARVIN	12/12/11
SHIMON, ED	8/30/11
SHUCK-HOEHNE, PAMELA	9/21/11
SILZER, ALLAN	8/16/11
SIMKINS, LINDA	12/26/11
SWANSON, TERRY	11/8/11
TRESENRIER, DENNIS	10/12/11
WENNINGER, ALLAN	8/7/11
WILSON, DOUG	8/11/11
WRIGHT, SCOTT	8/15/11
ZIMMERMAN, DENNIS	10/26/11

This is a list of members whose membership is either two months past due, or have a membership needing renewed within the next two months.

There is a two month grace period on expiring membership, but once that is up, you will no longer get the newsletter.

Now that the electronic edition is released, this list will serve as your reminder to renew.

The IVW does not send out bills or notices, but requests that members keep track of the expiration of their annual memberships, and submit their payments accordingly.

Please check your paper mailing label or this spot in the e-newsletter, for the expiration date of your membership
 Thank you.

Current info as of: 9/18/2011

ALEXANDER, ROB	11/2/11
ANDERSON, RON	10/22/11
BITTNER , GREGG	10/13/11
BOLAND , LORI	9/8/11
BURROUGHS, PHIL	10/14/11
BURTON , AMANDA	8/3/11
COFFEY , JENNEFER	11/11/11
CORNISH, PHIL	10/18/11
DAGGS, STEVE	11/9/11
DOUGLAS, RON	9/13/11
DURST, GREG	9/18/11
EMMONS, JIM	12/11/11
FREDERICKSEN, GRANT	8/1/11
GEHRT, DAVID	9/11/11
GOELZ, DONNA	10/1/11
GREEN, CORA	12/4/11
GREMBOWICZ, CONRAD	11/13/11
HANSEN , CELESTE	12/12/11
HARAYDA, THERESA	9/8/11
HARDIN, DALE	10/14/11
HENTRICH, BOB	9/24/11
HORNECKER, JEFFREY	9/26/11
JACKSON, BONNIE	9/10/11
KENT, LINDA	12/5/11
KERWIN , SEAN	10/11/11
KLOKKENGA, MARK	11/1/11
KURT, STEVE	10/12/11
LANGFORD, RUSS	11/2/11
MACGREGOR, DONALD	11/10/11
MAHONEY, MICHAEL	10/28/11
MARTIN, CHRIS	9/6/11
MATUSKA, RON	8/13/11

cont'd at right

AROUND THE PEORIA AREA

“HAVE
YOU
HEARD
THE
NEWS”?



FALL HIGHWAY CLEAN-UP by Cora Lynn Green
The last highway cleanup for 2011 will be held on Saturday, October 15. **Not Your Average Joe is now closed, unfortunately, so let's meet at the park in Dunlap beside the Dunlap Grade School between 9:30 and 10:00.** At 10:00 we will car pool over to Park School Road. I will provide bags and vests. You should bring gloves and wear old clothes because you might get dirty. With 4 or more people, the job takes less than an hour. It's fun to be outside and makes you feel good for doing such a good deed for our community.

CAMP KEARNY INVITE

Greetings IVW Members and Families!

I'd like to invite you to enjoy a meal and to hear about the outcome of your helping hand in a local community program!

WHO: You, your family, & bike-minded friends!

WHAT: IVW-South Side Mission Camp Kearny Social (meet, greet, and eat). Special Guest, Meg Newell from the South Side Mission will be our host and will be available to talk to you about the impact and success of our donations in funding a mountain biking program at Camp Kearny.

WHEN: Sunday, October 9th, 2011 @ 11:00am until 2:00pm. You're welcome to come-and-go as you please! Grab a plate, gather with other cyclists, and enjoy the gracious meal provided by South Side Mission as thanks. Grilled meats, side dishes, drinks, and more will be provided.

OPTIONAL: South Side Mission has extended an invitation to anyone who would like to attend their morning services from 9:00-10:00AM that same day. Contact Meg Newell for more information at 309-676-4604.

WHERE: See the directions to Camp Kearny online at <http://www.southsidemission.org/index.php?section=91>. Contact Meg Newell with any questions at 309-676-4604. Camp Kearny can easily be found by driving south of Bartonville on Route 24. Shortly after the turnoff to Glasford, you'll see a sign along Route 24 for Camp Kearny. The address is 30000 East Mission Camp Road; Canton, IL 61520.

WHY: You are invited to enjoy BBQ'd meats and to learn how our IVW donations to the South Side Mission Camp Kearny Mountain Bike program have made a difference in the lives of Peoria area youth! Come one, come all to the October 8th IVW-South Side Mission Camp Kearny Social!

RSVP: Is appreciated so we can get an idea of how many will attend. Please send your RSVP to Amber.Evans@gmail.com. Thanks and I look forward to seeing you there!

Amber D. Evans
2011 IVW Social Coordinator

THE SOAPBOX

Have a comment about the club? Send your ideas to me. I'll publish them here. Voice your opinion, air your gripes, make suggestions. I'll see that they get published, **anonymously**. I will not share your name with anyone. So you are free to criticize what you want. Even me if you wish. Or, hand out a compliment. It won't go any further than here. And, we will see what kind of feedback we get. I'll publish that also.

This is your chance to "get up on the soapbox" and speak your mind.
Bill Clark Editor

Multisport Extravaganza Weekend Wrap-up

by Mike Honnold

On September 17, 2011, local sporting clubs met at Wildlife Prairie State Park for the 1st annual Multisport Extravaganza Weekend. This was the first event of its kind held in the Peoria area where multiple "sporting interest" clubs merged together into an event where people could try sports they may have never had the opportunity to experience before. The list of available sports to try was long, but a few of the highlights were road bicycling, mountain bicycling, kayaking, canoeing, and Frisbee golf.

Your fellow IVW members got involved in the weekend by fully staffing an Illinois Valley Wheelm'n information table, and leading three levels of group rides (beginner, intermediate, and advanced) for participants to try out.

While the intermediate ride unfortunately had no participants due to a later start time, the beginner and advanced rides each had about 6 participants trying their bicycling skills on local Peoria county roads. An IVW membership drive also took place during the event. Booth staffers were able to convince 10 attendees to either sign up as new members, or renew their current memberships.

Keep your eyes peeled for more information regarding next year's event, and opportunities to help out!

Thanks go out to Liz Born, Wally Born, Fai Mok, Doug Eccles, Mike Pula, Dan McCaherty, and Larry Shay for helping out during the day!

3rd. Annual Prairie Pedal

Fall is a great season for a bike ride and we would love for you to join us as we ride for restoration Sunday, October 2, 2011. Macon County Conservation Foundation will be sponsoring the 3rd Annual Prairie Pedal and will offer three routes on quiet country roads including a 20, 40, and 62 mile option. The \$25 early registration fee includes fully stocked rest stops, SAG support, a t-shirt, and an after party with lunch and entertainment. To find out more or to register online during the early bird registration, visit our webpage:

www.maconcountyconservation.org.

Proceeds from the ride benefit the protection of our air and water quality, natural areas, and wildlife diversity. I hope you will share this opportunity with your members and ride for a great cause with us this fall. The ride starts at Rock Springs Conservation Area in Decatur, Illinois 3939 Nearing Lane.

Please contact me if you have any questions at 217-423-7708 or at areed@maconcountyconservation.org.

Thank you for your support.

Alex Reed
Marketing Specialist
Macon County Conservation District
217-423-7708

CLUB AND LOCAL AREA EVENTS

IVW Year-End Meeting & Social at Rhythm Kitchen

By Mike Honnold

We may still have a few days of hot weather ahead of us, but it's that time to start thinking about the annual year-end IVW meeting and social. Each November, IVW members gather at a local restaurant to have a meal, discuss the year of cycling, award prizes, and elect next year's board members. I believe everybody had a super time last year at Rhythm Kitchen, and according to our most recent poll, would not mind if we went there again in 2011. **Reservations have been made for the same location on Saturday, November 19, 2011** so make sure to keep this date open for a wonderful evening. Like most years, we should begin gathering around 5 PM for cocktail hour, and start ordering our food around 6 PM. Watch the November newsletter for exact time and program details. Our night of fun is usually over by 8 PM, but you are more than welcome to stay as long as you like! I know last year, a few members stayed until the midnight hour listening to the live entertainment.

Please also be thinking about whom you would like to nominate for most improved male/female riders, as well as our "Hub of the Club" award! You are welcome to start sending in your nominations to me ASAP, or wait until the night of the event and embarrass your closest riding companions! :-). Our members participating in the annual "Most Miles Ridden" contest have been great at reporting their numbers all year long, and I think it will come down to the wire for our top 3 or 4 riders - stay tuned!

Want to know how electronic newsletters are saving the club money? Below is a breakdown of paper copies of the newsletter costs, and ideas on how we could better use the money from your memberships. So, when you renew your membership, think about how your money could be better spent.

Cost to print newsletter = \$1.00 each.

Cost to mail newsletter = \$.44 each.

Total Cost to print/mail newsletters for a year = \$17.28

Price of a single IVW Club membership = \$15.00

Price of a family IVW Club membership = \$20.00

Ways your membership dollar can be better utilized by the IVW:

Sponsoring Bike to Work Week events (Ride of Silence)

Sponsoring Peoria Area Bicycle Map printing

Assisting with Bikes for Kids expenses/parts

Better marketing of No Baloney Ride

More features of No Baloney Ride

2010/2011 IVW Club Mileage Competition (below)

Join the ranks of those individuals keeping tabs on their club mileage. This is a friendly competition aimed at promoting cycling. Anyone can join in. Just email your information to cannondale_25@juno.com. Accolades are given at the Annual Dinner in November of each year. Mileage totals run December thru October of each year.

Rider Name	August 2011 Mileage	2010/2011 Total Miles
Lou Price	1235.29	5679.08
Denny Tresenriter	1048.5	5407.9
Edith Albright	548.99	5185.64
Tom Dorigatti	1148.78	5182.08
Steve Kurt	1025.57	4941.49
Steve Berger	687	4284
Suzanne Wheeler	315.89	3907.5
Dan McCaherty	607.9	3363.9
Chris Salvador	782.11	1786.56
Chris Gibson	265.78	835.28
Maggi Wettstein	303	544.44
Fai Mok	244.8	281.1
David Gehrt		141

LIB Extra - from the League of Illinois Bicyclists

Advocacy, rides, and more - for further stories, see www.bikelib.org and our current newsletter

“Share the Road” License Plate Sign-Up Passes TWO THIRDS Point

Over 1000 Illinois drivers have already submitted reservations for the state’s new “Share the Road” license plates. Bike club members are invited to sign up and pass the word – so we can start seeing the plates on the road soon. The Secretary of State will begin production after 1500 reservation forms have been received. We hope to reach that mark by the end of the summer – please help us! To date there have been 1185 reserved sets of plates ordered. Please consider making a statement, and order yours today!



Dear Share the Road license plate survey respondent or National Bicycle Month plate customer.

We're almost there! With just 211 more reservation forms, the State will begin producing these great-looking permanent plates for cars, vans, and light trucks. The plates will deliver the Share the Road message while making bicycling safer, by raising money for LIB's bicyclist and motorist education efforts around the state.

If you haven't signed up yet, now's the ideal time! Whether you're a previous customer of our old April/May-only plates, or you earlier had expressed interest in the new plates, you can still be one of the original 1500 Share the Road plate owners - but don't delay! [Learn program details and reserve your plates here.](#)

If you've already signed up, you're eligible for our [plate referral incentive program](#). Get a friend or family member to sign up, receive a mini version of the plate (for your bike), a t-shirt, Share the Road jersey discount, or LIB membership. You'll be helping get your plates quicker, too.

Thanks!

Ed Barsotti, League of Illinois Bicyclists

Illinois' Share the Road license plate design --- and progress to the 1500 reservations needed for production

MEET IN THE MIDDLE RIDE – OCTOBER 1

With the Morton to East Peoria trail freshly repaved, the LIB has rescheduled their Mackinaw Valley Trail “Meet in the Middle” ride for Saturday, October 1st. This event is to showcase the new on-road/trail being used for attracting cyclists to the Mackinaw River Valley area. On Saturday, October 1st, cyclists in Peoria and Bloomington will start bicycling from their respective ends of the trail at 9:30 AM – meeting in downtown Mackinaw at The Family Restaurant. Distance one-way from Bloomington is 20 miles & 18 miles from Peoria. If you would like to see the event flyer, please click [HERE](#). If you would like more information about the Mackinaw Valley Trail, please click [HERE](#), or go to bikelib.org to view the flyer.

Editor’s Note; Let’s show Bloomington how it is done, and show up en masse. And wear your IVW jersey. This will be a good opportunity to show off our “formal wear”. The East Peoria end starts in East Peoria, where the trail crosses Veterans Drive, at the Caboose in the parking lot of the Fon du Lac Admin. Bldg.

ILLINOIS VALLEY WHEELM'N - Spring/Summer/Fall - 2011 Local Rides Schedule

****NOTE:** If you have any doubt about the times/dates, please check our ride calendar at www.ivwheelmn.org – it is considered the “safe source.”

Monday Morton Level II: Leader(s): Denny and Peggy Tresenriter Phone: (309) 387-6617

E-Mail: dtresenriter@comcast.net **Location:** [Grace Evangelical Church](#), corner of Tennessee and Jefferson Street in Morton. Park in NE corner of the lot **Start Time:** 5:30 P.M. **Start Date:** April 4th, 2011
End Date: September 26th, 2011 **Distance:** 20-30 miles **Food:** Possible gas station stop

Monday Dunlap Level I: Leader(s): Phil Burroughs & Jim Coffey Phone: (309) 231-5433

E-Mail: coffey4415@msn.com **Location:** [Dunlap Grade School](#) **Start Time:** 6 PM rollout – arrive early to get ready.
Start Date: May 2nd, 2011 **End Date:** August 29th, 2011 **Ride Info:** Ride distance will be about 15 miles early in the season. This social, friendly ride will increase in mileage as the season progresses. The group will regroup as needed so no one gets left behind. **Distance:** 15+ miles **Food:** Possible gas station stop

Tuesday Daytime Show and Go Level I & II: Leader: Herb Unkrich Phone: (309) 339-8977

E-Mail: bluebirdherb@yahoo.com **Location:** [Dunlap Grade School](#) **Start Time:** 8:30 A.M. **Start Date:** May 2011
End Date: October 25th, 2011 **Ride Info:** A daytime for all levels of riders. No one will be left behind.
Distance: Starting early at 20 miles – increasing as season progresses. **Food:** Possible gas station stop

Tuesday “Kinder Gentler” Level I & II: Leader: Pam Hoehne Phone: (309) 681-0206

Location: [Dunlap Grade School](#) **Start Time:** 5:45 p.m. **Start Date:** May 3rd, 2011 **End Date:** October 4th, 2011
Ride Info: Pam leads a “Kinder Gentler” level 2 or for level 1 riders looking for more of a challenge. Mileage will be around 15 to start and increasing as the season progresses. 13-15 MPH early in the season; 15-17 MPH as time progresses. Goal is to have fun, and no one gets dropped! **Distance:** 20-30 miles **Food:** Possible gas station stop

Tuesday Dunlap Level III: Leader: Steve Kurt Phone: (309-243-7684) **E-Mail:** kurtsj@mtco.com

Location: [Dunlap Grade School](#) **Start Time:** see note **Start Date:** April 12th, 2011 **End Date:** October 25th, 2011
Ride Info: Steve leads a level 3 on this great ride for “seasoned” riders. Mileage will be 20-30. Ave speed 17 MPH
Distance: 20-30 miles as daylight permits **Food:** Possible gas station stop. **NOTE: Start time is 6:00 p.m until Sept. 6 then changes to 5:30**

Tuesday Dunlap Show and Go Level IV: Leader(s): Members of Peoria Bicycle Club

Location: [Dunlap Grade School](#) **Start Time:** 5:30 p.m. **Start Date:** April 12th, 2011 **End Date:** October 25th, 2011
Ride Info: A group for faster riders led by whoever may show up. Many from the Proctor Cycling Club show up for this ride, so do not expect them to regroup or wait for stragglers. **Distance:** 20-30 miles **Food:** Possible gas station stop

Wednesday Rock Island Trail Ride Level 1: Leader(s): Jim and Bob Reading Phone: (309) 688-9435

E-Mail: readingdiana@yahoo.com **Location:** [Pioneer Park Trailhead of the Rock Island Trail \(Connor Company parking lot, 1229 W. Pioneer Parkway, Peoria\)](#) **Start Time:** 5:30 p.m. **Start Date:** May 4th, 2011 **End Date:** September 28th, 2011 **Ride Info:** All riding will be done on the Rock Island Trail **Distance:** 7+ miles **Food:** Possible gas station stop

Wednesday Dunlap Beginner / Level 1: **Leader:** Gregg W. Bittner **Phone:** (309-258-1463)

E-Mail: cmbittner@comcast.net **Location:** [Dunlap Grade School](#) **Start Time:** 5:30 p.m **Start Date:** April 6th, 2011
End Date: October 26th, 2011 **Ride Info:** This ride departs Dunlap Grade School at 5:30 PM. Ride distance will be 15 miles early in the season. The group will ride together. **Distance:** 15 Miles + **Food:** Possible gas station stop

Wednesday East Peoria Level I & II: **Leader:** Dirk McGuire **Phone:** (309) 397-1034

E-Mail: dirkbike1@comcast.net **Location:** [Cross Point Church in East Peoria; 304 South Pleasant Hill Road](#)
Start Time: 5:30 p.m. **Start Date:** April 6th, 2011 **End Date:** October 26th, 2011 **Ride Info:** We will start the season on a Level 1, 20-25 miles. As time and conditioning improve we will ramp up to a Level 2 and out to 35 miles. No one will get left behind and we will stop a couple of times to regroup and grab some air, water, or a power bar if you brought one
Distance: 30-40 miles. **Food:** Possible gas station stop

Thursday Pekin Level I & II: **Coordinator:** Fred Smiser **Phone:** (309)346-9735. **E-Mail:** smizz444@gmail.com

Location: Varies **Start Time:** Varies **Start Date:** May 5th, 2011 **End Date:** TBD **Ride Info:** Our Thursday ride is coordinated by Fred Smiser, and has a different starting location/time/distance each week. Please check the current month ride schedule at www.ivwheelmn.org or this newsletter . **Distance:** 40-50 miles. **(See details on Page 9)**

Thursday Washington Level I & II: **Leader(s):** "Show and Go"

Location: [Russell's Cycle and Fitness in Washington](#) **Start Time:** 6:00 p.m. **Start Date:** May 5th, 2011 **End Date:** September 8th, 2011 **Ride Info:** We do not have a ride leader at this point, so the speed/distance of the ride will be determined by those who show up. **Distance:** Determined by those who show up **Food:** Possible Gas Station Stop

Friday Chillicothe Level I - Family Ride: **Leaders:** Kathy/Rodger John and/or Edith Albright

Phone: (309) 243-9191 OR (309) 274-4849 **E-Mail:** chillikayaker@mediacombb.net
Location: [Pearce Community Center; Chillicothe, Illinois](#) **Start Time:** 5:30 PM **Start Date:** May 6th, 2011
End Date: October 7th, 2011 **Ride Info:** Friendly, family ride. No one will be left behind.
Distance: 20-25 miles early in the season with a probable 25-30 miles as the season progresses.
Level: Level 1 Family Ride **Food:** Possible gas station stop

Saturday Show and Go Level III: **Leader(s):** SHOW & GO

Location: [Washington Square; Washington, IL; East side, behind Amoco Gas Station](#)
Start Time: 8:30 a.m. **Start Date:** All year long depending on weather
Ride Info: Show and go **Distance:** 20-60 miles **Food:** Possible breakfast / gas station stop

Saturday Show and Go All Levels: **Leader(s):** SHOW & GO

Location: [Russell's Cycle and Fitness; Valley Forge Plaza; Washington, IL](#)
Start Time: 8:30 a.m. **Start Date:** All year long depending on weather
Ride Info: Show and go. **Distance:** 30-60 miles **Food:** Possible meal / gas station stop

OUT-OF-THE-BOX TOURS

Out-of-the-Box Tours are still going on, and we're having a great time. Hope you are ready to join us! We want you if you're looking for a different route, a different crowd, a ride that leaves you neither exhausted nor feeling short-changed – and if you like to smell the roses (or dandelions) along the way. The pace will be Level One, no one will be dropped, and Cora Lynn Green and Barb Drake will be your leaders again, with a little help from our biking buddies.

Worth noting:

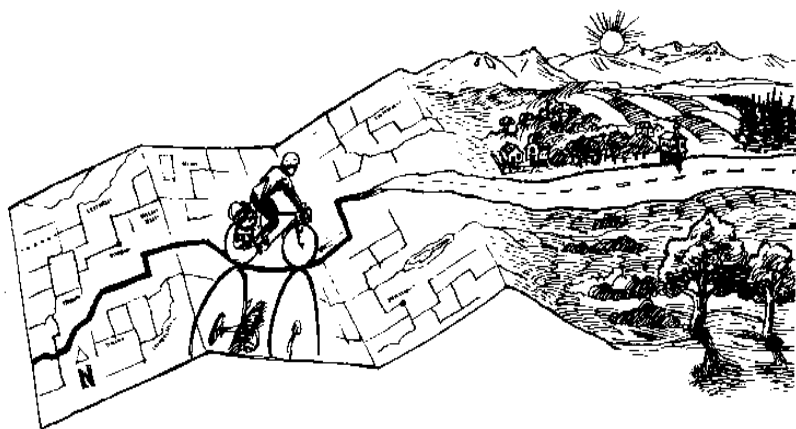
-- We have rescheduled the Sand Ridge State Forest ride for Oct. 17. -- Barb's birthday ride is still a go for Oct. 8. It's a Saturday; you might want to plan ahead.

Hope to see you on these rides:

Oct. 8: Barb's Birthday Ride on the Great River Trail, paralleling the Mississippi. We believe it's the prettiest ride in all of Illinois – passing through quaint towns while enjoying beautiful gardens and awe-inspiring views of the river. At one point, we'll pedal atop a levee. Then we'll celebrate with lunch and birthday cake in a private room at The Brothers' Family Restaurant. How far you go is really up to you – it's about 38 miles to the trail's southerly end and back; you can head north after lunch if you wish. The trail is entirely paved and safe, so this is ideal for families. The Brothers is on Rt. 84 in Rapids City, about a mile north of the last I-80 exit before the river. Park in the back of the restaurant lot and be ready to ride at 9:30.

Oct. 17: Sand Ridge and Manito. How often do you get to bicycle through a state forest, especially one that has prickly pear cacti as well as many trees? We'll start this approximately 40-mile ride at 8:30 at the Ironstone Restaurant in Manito. We'll have lunch there at ride's end.

Be sure to let Barb (692-1201, bdrake@mtco.com) or Cora Lynn (683-3083, cora_lynn@yahoo.com) know if you plan to show up for any ride, so we can let you know if weather requires cancellation or a change in starting time. It's especially important to let us know if you're doing Barb's Birthday Ride, so we can tell the restaurant how big to make the cake.



IVW October, 2011 Thursday Morning Rides,

If weather is questionable, please contact ride leader at number listed, or the website for updates, to find out if the ride is a go or no go.

OCTOBER 6, 2011

Leader(s): Liz Born **Starting Location:** Russell's Cycle in Washington **Start Time:** 8:30 A.M.

Ride Info: Route will be adjusted depending upon wind & weather conditions. We will have rest stops along the way and will have lunch at The Flame in Metamora. Please keep checking IVW website for updates.

Distance: 45-55 miles **Level:** I & II Will regroup frequently during the ride. No one will be left behind.

Phone: 309-369-8657 **E-mail:** cchristi52@comcast.net

OCTOBER 13, 2011

Leader(s): Edith Albright **Starting Location:** Jacobs City Park in FARMINGTON, IL. Coming West on 116 from Peoria, once in Farmington, turn left on S. Elmwood St. (there is a gas station on the corner). Turn left on E. Wilson St. and continue on to Jacobs City Park. **Start Time:** 9:00 A.M.

Ride Info: Route will be adjusted depending upon wind & weather conditions. Lunch in Canton. Which restaurant to be determined as ride date approaches. Please keep checking IVW website for updates.

Distance: 40-50 miles

Level: I & II Will regroup frequently during the ride. No one will be left behind.

Phone: 309-231-4107

E-mail: talbrighte@gmail.com

OCTOBER 20, 2011

Leader: Mike Pula

Starting Location: Meet at the Pearce Center in Chillicothe at 8:30AM. We will then car pool up to Bureau City

Start Time: 8:30 A.M. (at Pearce Ctr.)

Ride Info: This is Mike's Hennepin Canal Ride. The fall foliage should be at peak by this time. There will be two Casey's stops during the ride. Then we may gather for lunch after the ride if the group so desires. Please keep checking IVW website for updates.

Distance: 45-50 miles.

Level: I & II – will regroup frequently during the ride. No one will be left behind.

Cell Phone: Cell: 264-9396

E-Mail: mikepula@gmail.com

OCTOBER 27, 1011

NOTE: THIS WILL BE THE FINAL OFFICIAL IVW THURSDAY MORNING RIDE FOR 2011.

Leader: Fred Smiser **Starting Location:** The Pekin VFW Hall **Start Time:** 9:00 A.M.

Ride Info: Rest stops at Casey's. Destination is dependent upon winds and weather conditions NOTE: We will be having a special gathering at Fred's home for Fred's famous home-brewed chili and other items after completion of the ride. Please keep checking IVW website for updates.

Distance: 30-45 miles. **Level:** I & II – will regroup frequently during the ride. No one will be left behind.

Home Phone: (309)346-9735; Cell: 241-7431 **E-Mail:** smizz444@gmail.com

BIKE ILLINOIS 2011

A TRIP UP THE STATE

By Chris Salvador

Day 1

Today may have well been called the “Hills & Headwind Day”. It even started off with some rough roads that my GPS considered “safe” to ride. After about 3 miles of that, the path led me back down to the real road and things smoothed out from there.

This is a part of Illinois I had rarely traveled through, so just the general scenery throughout the day was breathtaking! Pulling into my lunch rest stop I arrived in a town called Jonesboro, still famous as one of the few Lincoln-Douglas debate sites still standing. Such a sleepy town feel, especially on a Sunday morning, and this old-school train station greeted me. I am glad I fueled up for lunch because I spent the rest of the day fighting even more hills *in* the headwinds. Part of my route took me through a state park, so at least the scenery made the effort worth it.

A scant 59 miles complete with 10-15MPH headwinds that were constant because the only direction I was heading was north. Add in some serious climbs through a beautiful state park and you have a decently hard day. I had a lot of fun though, and I was super relieved that everything went according to plan. I finished the day in classic fashion with a great steak and a beer at a restaurant across the street from my hotel in Carbondale.

Day 2

What a surprisingly good ride today! Flatter and shorter than expected with nowhere near as much headwind as yesterday. I left 2 hours earlier than yesterday to compensate for the extra 25 miles, which was a great idea EXCEPT for the fact that I was leaving Carbondale during the morning rush hour. There were definitely a few white-knuckle moments on Route 51 in the early miles. However, things settled down as I got further out and it turned into a nice flat ride through the Southern Illinois farmland. In addition, this is where things started to go off the rails, slightly. I misread my stop town locations, as I was supposed to pack lunch here since it was about 40 miles to the next stop. Yeah, well I did not do that. Therefore, as I rolled through some of the small towns in between that had no services, the sun started to come out, causing me to consume water faster. I stopped at Mile 45 to grab an energy bar from my pack as I was seriously getting low on energy and started questioning myself. If I had gotten this last set of stop towns wrong, perhaps these other towns did not exist. We were certainly about to find out. Thankfully, I had everything else calculated correctly and made it to my next stop town where I rested heavily and took my time eating lunch.

Rolling into Centralia, my average speed was nearly 2MPH faster than yesterday, even with a little headwind towards the end.

Day 3

What a crazy ride today! Despite some GPS difficulties that tried to direct me the wrong way down one-way streets and onto paths better suited for mountain bikes, I was wicked fast today, even opting for some sprints and hill attacks in my top chain ring. The bike weight no longer feels sluggish as the Blue Demon and I just keep rolling along. I was even able to stop and enjoy the scenery, which included cherry tomatoes from a local roadside farm stand and a homemade chocolate muffin from an authentic German bakery. Great stuff for sure!!! I am not feeling as fatigued as I thought I would be after 3 days and 201 miles on the bike.

Day 4

This can never get boring. Really. Despite a forecast for solid rain the whole day, my 95-mile ride to Champaign was nothing but sunny skies and tailwinds! Well away from main-road traffic, the roads were more solidly packed tar and chip, so I could cruise nicely at 15-18MPH for the long stretches. Unfortunately, the constant vibration was hard on my hands and they are sore right now. The rest of my body is fatigued so I am very fortunate for the rest day, although I still feel like I have some left in the tank. One notable incident: As I reached the end of a road, a nice little sign popped up *400 feet* from where I was supposed to turn. I looked and found that this was a bridge crossing over a ravine. I decided that while this road was probably closed to car traffic, the Blue Demon and I were light enough to cross. Therefore, I hiked the bike and myself over the gravel to cross the bridge; we promptly continued on our way and never looked back.

Day 5

The value of a rest day absolutely CANNOT be overstated. Today's ride was FAST. Flat again with more tailwind and NO RAIN!! The cloud cover kept the temperature low for the first half of the ride and the result was a very fast and enjoyable ride through the farmland. I was having so much fun flying through the flat farms of the state and feeling the adrenaline rush (again) of my music choice for this ride. I'm still in awe of how fast this ride was. I set a personal best for a Century ride at 15.69MPH average speed FULLY LOADED with touring gear. Absolutely unreal! Today capped off with some GREAT hotel staff at the Hilton Garden Inn in Kankakee. The niceness of people never ceases to amaze me and keeps me from getting too jaded on this planet.

Day 6

Well, today brought something that I had not seen the entire ride: rain! And boy was there LOTS of it. It rained from Mile 30 all the way to Mile 80, a lot of it hard and cold. Add that to me trying to get into the city of Chicago with all the traffic backslash and you have one wet biker. Add a faulty GPS into the mix that hadn't been giving me turn-by-turn directions since Mile 20 and I was having a grand old time (at least the GPS map was right though). But, as I knew, today would be a day to just bear down and push through. One I got to the Lake Michigan bike path I was rewarded with sunshine, light crashing waves, and TONS of people attending the free Chicago Air and Water Show!

As I made my way through the city the constant traffic and stoplights started frustrating me as they were clearly eating into my time, and the result was clear as I ran out of daylight with 10 miles to go. Surprisingly though, my legs were still strong after a Century ride and a Double Metric plus today, it was my hands that ached from the pounding on the city streets. As I crossed into Wisconsin it started drizzling again (naturally), but I glided to the finish with a cheering crowd of my wife, mom, and dad, complete with a finish line banner and balloon, about 12-1/2 hours after I started. What a day; **what a ride!**

Bike Illinois 2011 – Total Stats

Distance: 531.15 miles

Average Speed: 14.22MPH

Ascent: 5,199 feet

Calories Burned: 28,769

And the most important one: **\$6,040 rose for Multiple Sclerosis!!!**

Lake Michigan harbor



My wife helps me celebrate my finish



Pedal Across Wisconsin, July 30-August 6, 2011

Eight IVW members participated in the 2011 Pedal across Wisconsin Northwoods Ride. The members participating were, in alphabetical order, Edith Albright, Steve Alfred, Tom Dorigatti, Bonnie Martin, Mary Lou Price, Fred Smiser, Herb Unkrich, and Charlotte Woodhouse (see picture below).



Left to right: Fred Smiser, Tom Dorigatti, Edith Albright, Steve Alfred, Bonnie Martin, Charlotte Woodhouse, Mary Lou Price, Herb Unkrich

The adventure started in Merrill, Wisconsin on July 30, with what was scheduled as a “pre-ride”. Upon arrival, the “crew” signed into the motel, and went to their rooms to get ready to go out for a ride. The sky was darkening up, and it appeared that the rain was about to happen; and happen, it did. The downpour came thru Merrill more like a hurricane than a thundershower. Severe high winds, heavy rain, and a torrential downpour pretty much put the damper on the pre-ride. With nothing better to do, we all went downstairs and began partaking of the cookies and ice cream. So much for a “pre-ride.”

Day 1: Merrill to Rhinelander (scheduled for 63 miles).

The day began with temperatures in the upper 60’s and got better from there. Many of us couldn’t understand just why our legs were like rubber, and the bicycle was resisting the “go gear”. After several miles of this, we came to realize that we were indeed going uphill for the past 9 miles, duh. Once to the top, we saw the sign for “Father Bernard’s Hill” and enjoyed a nice fast descent to the first rest stop (some of us got to over 40 mph). After leaving the rest stop, we were surprised by a group of antique car enthusiasts, all with old Model “A” and Model “T” Fords, coming towards us. Naturally, they all honked at us with their “Ooo-gah and wolf whistle horns”. That was really a treat for us to hear those sounds after so long. It brought memories back of days long since past. Here is a picture of but one of these beautiful automobiles from yester-year. Space prohibits showing pics of more, but you get the idea: We continued to have smooth roads and lots of shade as we meandered along with the Wisconsin River never far away.



We continued to have lots of medium to large, but short ‘changes in elevation’ (we cyclists do not like the term “hills”, ha). As we neared Rhinelander, we started to see signs that mentioned “Hodag” this, and “Hodag” that. Things such as “Hodag Rod & Gun Club”, “Hodag Bar & Grille”, “Hodag Carpentry”, ‘Hodag Meadows Resort’. So, I’m thinking, “What the heck is a “Hodag?” More on that later.

Upon arrival in Rhinelander, we of course, had the obligatory ice cream stop at Culver’s. We had earned that right and certainly weren’t passing up ice cream. Later in the evening, we had a nice meal, sponsored by PAW, in the Pavilion across the street.

Day #2: Rhinelander to Eagle River (scheduled 60 miles)

The “Hodag” thing continued on the other side of Rhinelander. But now, we all knew what a “Hodag” was! (More on that later, ha). Winds today, at least on our roads, were light and variable, since what wind there was couldn’t get to us due to the tall trees and shaded lanes upon which we rode. Temperatures remained in the 70’s and low 80’s making riding a ‘breeze’. The changes in elevation continued, but they were not steep and most were short, although not short enough to be REAL “rollers”. The town of Three Lakes was along the way, we not only stopped for some wine tasting, but also had a great lunch at Patti’s Restaurant, and yet another obligatory stop at an ice cream stand. Seems like “I scream, you scream, we all scream for ICE CREAM” was going to be standard practice, ha.



Later on, we had a rest stop at Burnt Rollways Reservoir Dam & Boat Lift. Here, two levels of water require the use of a boatlift to raise/lower watercraft from one level to the other. The water in the reservoir was silky smooth with hardly a breath of air making as much as a ripple. Of course, the changes in elevation continued. Upon arrival in Eagle River, we all took a rest and then went to supper, again part of the tour at a great restaurant. The food and company were superb, and our director, "Dr. J." was his usual comedic self, never really answering a question directly, and pawning it off on the "PAW board of directors". We walked downtown, once again for an ice cream dessert, ha.

Day #3 Eagle River to Star Lake and Boulder Junction (scheduled either 40 or 66 miles)

We awoke at 3AM to the sounds of thunder and the flashes of lightning. This day was a "wash-out" completely, as the clouds and rain kept rolling in all day long, and into the early evening. We had breakfast at Leif's restaurant, which happened to be right across the parking lot, and settled in for a rest day, albeit begrudgingly. Of course, we did have "Happy Hour" and ice cream at 4PM and then on to yet another great dinner.

Day 4: To the Nicolet Forest and Franklin Lake.

We headed out over smooth roads, many changes in elevation (can I say "hills" now?) to the beautiful Nicolet Forest and once again to see the boat lift. Rest stops were very well stocked, and we did not want for food. The hills were deceiving; you were never sure if they were over or not nor what was coming around the bend. None of them was, however, insurmountable, nor were they steep; just lots of them. Besides, the cool weather and shady lanes made up for it. After a wrong turn that cost us about five or six additional miles, we finally got to the rest stop and refreshments. After getting back to Eagle River, we naturally had to walk downtown to yet another ice cream shop. Herb Unkrich and I can attest to how delicious the Raspberry Chip ice cream is. Imagine Raspberry ice cream with chocolate chips in it and those chips are filled with raspberry gel! Mighty good stuff! So, what the heck is a "Hodag"? More on that later.

Day #5: Loops to Land 'o Lakes (we elected the longer loop)

The first half of this ride was littered with 'hills'; some of them pretty long, and very few of them legitimate rollers. Many of us got into the high 30mph range during several of our descents. We ventured into Michigan for a short ways, and then came into Land 'o Lakes, Wisconsin. They are proud of their bike lanes, but a cyclist has to watch out for being doored, since the cars park right along the right side of those same bike lanes. Along the way, we had a rest stop at the source of the Wisconsin River. This area is most interesting and a sign posted there talks of the "Lac Vieux Desert" and its historical importance. The French influences in this area cannot be over-emphasized for sure. We were encouraged to take the trail into what is called the Country Store, but due to the huge influx of not only bicyclists, but other tourists as well, our group considered that excursion to be a "bust." However, the best part of this ride was yet to come. On the way back from the Country Store to Eagle River, there were very, very few hills! Yeah! More Happy Hour and ice cream and a great meal, once again.

Day #6: Eagle River to Rhinelander (scheduled 60 miles).

PAW had planned a completely different route back to Rhinelander. This route was nice as far as the scenery and shade go. However, the roads were rather bumpy (Fred said that it reminded him of 40 miles of Wagonseller Road in Tazewell County). In between the bumps, the asphalt was smooth, but those bumps were taxing on the hands and seat of the pants, ha. Of course, there were lakes, lakes, and more lakes, spaced by hills, hills, and more hills; not steep, but some were long, and few, once again were real rollers. Other notables included the neat and well thought out signs along the road depicting people's cabin sites. Many had unique names for their abodes, while still others had caricatures of cartoon characters, or unique changes of spelling to get their point across. We had a planned rest stop at Pinewood Golf Course, where we were served burgers and grilled sandwiches that were to die for. It wasn't because we were hungry; those burgers and grilled sandwiches were delicious! This is a beautiful golf course, with great service and people. However, the road getting to that course was more like a rough trail than a road. Getting off the beaten path was work, ha.

We all decided to take on a few more miles so as to make yet another metric century ride"; we were that close, so why not? More Happy Hour at 4pm and ice cream at 8PM. Then off to snoozeville. Are you still thinking, "What is a "Hodag"? More on that later.

Day 7 Rhinelander to Merrill (scheduled 55 miles)

The return route back to Merrill was the same one we followed from Merrill to Rhinelander. All of us were concerned about the hills and that they would be worse than they were coming out. With one exception, we were all wrong about this! One interesting thing we saw on the way to the rest stop was a different type of Riding Lawn Mower (see picture of this creation to the right). Yet another exciting rest stop was at the town of Harrison. This is a crossroad without much there other than a few buildings. However, there was this most friendly, and chow hungry dog that came over expecting some free chow. He also was staking out his territory, much to the chagrin of several cyclists. Seems this dog thought that bicycle tires were also something to "mark" as his territory; including Tommy's front bicycle tire. YUK!



We all dreaded having to climb what we already knew to be the biggest "Hill du Jour" of the entire ride; the infamous Father Bernard's Hill. We did have a nice rest stop about a mile from the base of this monster, so at least we had somewhat fresh legs to tackle the beast. What is a "Hodag" anyways? Well, Father Bernard's Hill wasn't such a beast; seems those monsters never are as bad as they seem, doesn't it? Of course, after conquering that monster, we had 11 miles of mostly flat, open and smooth roads ahead to the ending point at the Day's Inn in

Merrill. After loading the bikes and getting ourselves some refreshments and a nice shower, we boarded the van for the trip home, all the while wanting some more good food and ice cream. Edith announced, “We all made it without any accidents, and eight people rode over 360 miles without a single flat tire.”

So, what the heck is a “Hodag?”



“The Hodag first made its appearance in the autumn of 1893 near the lumbering frontier community of Rhinelander, Wisconsin. Eugene Simeon Shepard (1854-1923), timber cruiser, real-estate broker, and community jester stumbled across the beast while hiking near his Rhinelander home. Although a seasoned woodsman, Shepard had never before encountered a Hodag, the beast so often spoken of in the lumber-camp bunkhouses. The sighting, however, was unmistakable. Shepard stood face to face with a 185 pound, seven-foot-long, lizard-like beast. Its head was disproportionately large for its body with two horns growing from its temples, large fangs and green eyes. Covered with short black hair, the body appeared stout and muscular; its back was covered with spikes, which led to a powerful tail. The four legs were short and sturdy with three claws facing forward and one pointing in the opposite direction. As the beast turned to greet his uninvited guest, its nostrils spouted flame and smoke, and a horrible odor, which Shepard

described as a "combination of buzzard meat and skunk perfume," filled the air. Wisely, Shepard retreated in a hurry. Back in Rhinelander he described his encounter to townspeople and lumberjacks. Clearly, Shepard had witnessed the monster that lumberjacks believed embodied the restless spirits of dead lumber oxen--he had seen a Hodag”. (Source: <http://www.hodagpress.com/about.htm>) The picture above was taken in front of the Chamber of Commerce building in Rhinelander, Wisconsin. Word has it that the local high school calls themselves the “Rhinelander Hodags”. Just one more thing with the moniker of “Hodag”. So, now you have it, Paul Harvey style, and “The rest of the story.”

Tom Dorigatti, August, 2011

WHERE HAS YOUR NEW JERSEY TAKEN YOU?

Submit a photo of yourself in your IVW Jersey to the editor along with a brief description, and we will publish it in one of the next few newsletters.



Ron Anderson in Door County, Wisconsin



Your Editor in front of the “New Jersey” monument at Gettysburg National Park

Mackinaw Valley Trail

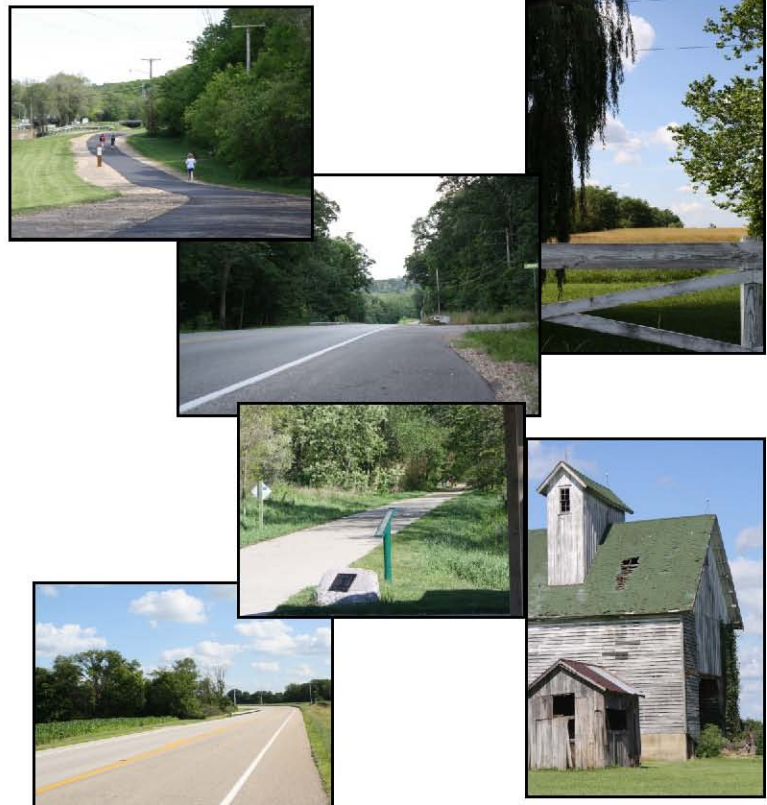
Meet-in-the-Middle Bicycle Ride

Saturday, October 1, 2011—9:30am

The Mackinaw Valley Trail is now officially open! Come celebrate with a meet-in-the-middle ride of this scenic rural route in the beauty of fall! Using a combination of off-road paths and comfortable on-road routes, the Trail connects the urban areas of Bloomington-Normal and greater Peoria. Verdant wooded bluffs, native wildflowers, pastoral farm country, and quaint Main Street communities; the Mackinaw Valley Trail showcases some of the best Central Illinois has to offer.

Event Details

- Saturday, October 1, 2011 at 9:30 am
Ride Starts following brief remarks
- Peoria/East Peoria start - at the caboose where the East Peoria Trail crosses Veterans Dr. Light snacks and route directions provided.
- Bloomington/Normal start - Alton Depot Park (Front St. and Western Ave.). Light snacks and route directions provided.
- Map, Cue sheet, and Support provided from each starting location
- Optional: Lunch (on your own) at the Family Restaurant in downtown Mackinaw. Comments at 11:45.
- One-way Distances - Peoria 18 miles, Bloomington 20 miles.



For more information or details on the Mackinaw Valley Trail or the ride, please visit www.bikelib.org/maps-and-rides/route-guides/mackinaw-valley-trail or contact:

On the Peoria end: John Chambers
309-251-7226, jchambers@tricityrpc.org
On the Bloomington end: Rick Nolan,
309-828-4331, x 26, rnolan@mcplan.org

This event is sponsored by:



FOR SALE !

For sale. A swagman hitch mounted 3 bike carrier. Excellent condition. \$80 or best offer. Please call or text Derek Sans at 309-472-3405 or you can email at d.sans@comcast.net. Thanks.

Free (now ya can't beat a deal like this)

Performance XPORT Essential Truck Rack
Can carry 3 bikes
6 point attachment system for maximum stability
Vinyl coated hooks & thick rubber pads protect vehicle finish.
Folds flat for storage
Contact Edith Albright at 309-274-4849

WANTED: Kiddie Trailer to pull behind bicycle. Good Condition. Preferably the type that hooks around the seat post.
Call Tim 309-202-1315

IVW "Routes & Recipes"

Available for purchase at the following locations.

This book has great routes and maps (and recipes too)!

All phone numbers are in the 309 area code.

Bushwhacker Ltd.
4700 N. University, Peoria
692-4812

Illinois Cycle & Fitness
9016 Allen Road, Peoria
693-2691

Lakeview Museum
1125 W. Lake Avenue,
Peoria
686-7000

Little Ade's Bicycles & Repairs
305 N. 5th St. Pekin
346-3900

Often Running
206 South Linden St.,
Normal
454-1541

Running Central
700 Main Street, Peoria
676-6378

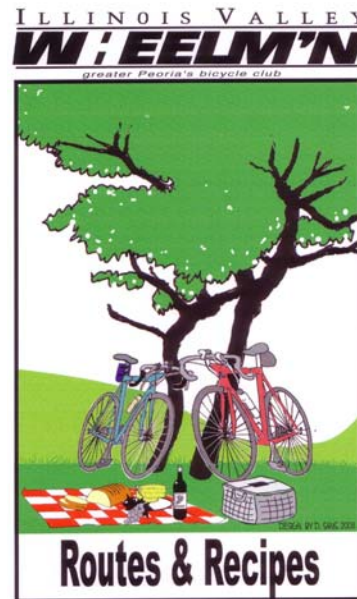
Russell's Cycle & Fitness
10 Valley Forge Plaza,
Washington
444-2098

Tanner's Orchard
740 State Route 40, Speer
493-5442

Vitesse Cycle Shop
206 South Linden, Normal
454-1541

Mike Honnold
President IVW
696-2591

Cannondale_25@juno.com



Please consider supporting our local area bicycle shops.

Bushwhacker Ltd. - Peoria
309-692-4812

Russell's Cycle & Fitness - Washington
309-444-2098

Little Ade's Bicycles - Pekin
309-346-3900

Illinois Cycle & Fitness - Peoria
309-693-2691

This list is not meant to be inclusive of each and every bicycle shop in the area. Please see the yellow pages in the local phone directory for a complete listing. The IVW does not endorse any one bicycle shop listed.

If you do not see your favorite shop listed here and would like to have information included, please contact the newsletter editor.

Classified Ads

Classified ads for club members are welcome. If you want to post a bike for sale or a wanted item in the newsletter, send your advertisement to the editor, wdclark190@comcast.net as an attachment. The advertisement MUST be formally keyboarded as a "Word" document. If the item is sold, please notify the editor so it can be removed from the newsletter. Commercial ads are also welcome at a charge of \$25 for a ½ page and \$50 for a full page. To submit a commercial ad, send an electronic document compatible with Windows to wdclark190@comcast.net as well as a hard copy to:

William Clark

308 Linden St., Pekin, IL 61554

All materials (including payment) must be received no later than the 15TH of the month preceding the appearance of the advertisement.

ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

Name #1 _____ Birthdate _____
(Please print clearly This must be an Adult)

Name #2 _____ Birthdate _____

Name #3 _____ Birthdate _____

Name #4 _____ Birthdate _____

Unless otherwise requested, as of 1-1-11 all newsletters will be email only.

Email address (print clearly) _____

Address _____

City _____ State _____ Zip +4 _____

Phone () _____ - _____ (cell) _____

Signature (Adult #1) _____ Date _____

Disclaimer: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n (IVW) bicycle club of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said club.

REGISTER ON LINE AT: www.signmeup.com

Make check payable to: Illinois Valley Wheelm'n, 6518 N. Sheridan Rd., Ste. 2, Peoria, IL 61614-2933

Are you renewing or is this a new membership? (Check One)
Renewing _____ New _____

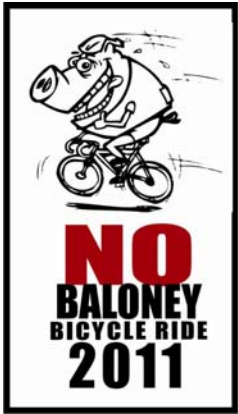
If new, how did you find out about the club?

Member of:
League of American Bicyclist
Yes _____ No _____
League of Illinois Bicyclist
Yes _____ No _____
Yearly Membership
Individual (\$15) \$ _____
Household (\$20) \$ _____
Lifetime (\$250) \$ _____
Voluntary advocacy contribution
(\$5, \$10, \$15, other) \$ _____
Total Enclosed \$ _____

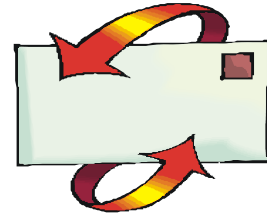
ILLINOIS VALLEY WHEELM'N
6518 N. SHERIDAN RD. STE 2
PEORIA, IL 61614-2933

1st class
 Postage
 Required

ADDRESS SERVICE REQUESTED



**When does your annual membership expire?
 Check your mailing label or the list on page two of the newsletter.**



EVENT PLANNER

Date/Time	Event Name	Location
October 1 st , 2011 9:30 A.M.	Mackinaw Valley Trail Meet in the Middle Ride	Caboose Trail Head East Peoria, IL
October 2 nd , 2011 7 A.M.	Pumpkin Pie Ride www.starvedrockcycling.com	Ottawa YMCA Ottawa, IL
October 2 nd , 2011 7 A.M.	Prairie Pedal Ride www.maconcountyconservation.org	Rock Springs Conservation Area Decatur, IL
October 9 th , 2011 11 A.M to 2 P.M.	South Side Mission / Camp Kearney Mountain Bike Meet & Greet	Camp Kearney (near) Canton, IL
October 15 th , 2011 9:30 AM to 11 AM	IVW Fall Trash Pickup Parks School Road	Dunlap, IL Location TBD
November 19 th , 2011 5 PM to 8 PM	IVW Year-End Board Meeting & Get Together	Rhythm Kitchen Water street in Peoria