



June
2012

AFFILIATED CLUB

www.ivwheelmn.org

THE GREATER PEORIA AREA'S BICYCLE CLUB

Attention!!

June IVW Board Meeting will be on Thursday, June 14th, 2012 starting at 6 PM

We meet at the Peoria Panera (2601 West Lake Avenue)

All are Welcome to Attend!!

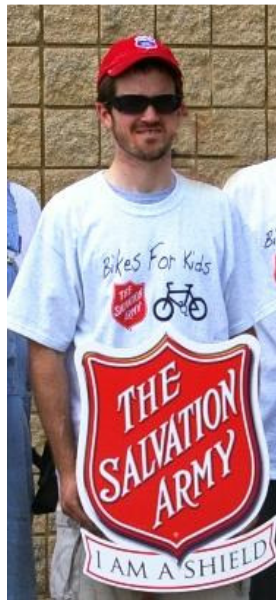
New IVW Jersey Order!

See Page 8

**Coffee Shop Crawl Ride
8am, Saturday, June 9th
30-30 Coffee
734 Main Street
Peoria
309-696-2591 for info!**

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Tailwinds

by Mike Honnold

Hard to believe we are already *almost* halfway through another year – wow! Just seems like yesterday I was looking outside and wishing for snow so I could go skiing. Liz Born has been hard at work over the past few weeks updating all our weekly ride information and becoming a pro with Google Calendar so our members can stay updated on all the latest ride changes/additions. We also appreciate the hard work of our “non-standard” ride leaders (Sheldon, Barb, Cora Lynn, Tom, & Fred) who take the time to plan bicycle adventures outside the norm of what you’d typically see on a regular weekly training ride. I tried to lead a weekly ride once, and having to show up at the same time to lead the ride is a lot of hard work – especially while working full-time and trying to spend time with your family! If you have the chance, please take time after a ride to thank your weekly ride leader in person for all the hard work they do to make your riding life easier & less stressful.

Should thanking someone in person not be your style, I’m sure all our ride leaders would enjoy a personal card/note sent to them at home!

As I’m sure many of you have heard, I have officially announced my plans to step down from the IVW president role at the end of this year. Now that I have a child at home, and increased responsibilities at work, I simply do not have the time, dedication, and mental capacity remaining to give the club my full devoted attention. For the past few months, we’ve been placing a job description for the IVW president role in the monthly newsletter in hopes another loyal club member would step forward early in the year to make a smooth transition into the role. Unfortunately, we have yet to hear any positive/negative response on this job posting, and the board is beginning to get a little concerned. While the president role is what someone decides to make it, this job isn’t one someone can just “step” into the week before without a little prior training/job-shadowing/knowledge transfer. The board is prepared to start being more pro-active and begin the process of directly contacting other IVW members to see if they would be interested in the role, but nobody involved from the board knows exactly where & when to begin asking.

My simple message is this – if you enjoy being a member of the IVW, and would like to continue to see the club pro-actively progress within the local bicycling community – STEP FORWARD and fill my size 14 shoes! While the current IVW board members do not have the time to devote to being club president, they will be behind your efforts 100% and are collectively able to help you continue promoting our club’s message of bicycling advocacy. As you’ve probably heard many times before, there’s no “I” in “Team” and this idea applies to our bike club board as well. Should we not be able to find a member willing to be the club president – the club will go on with the current board members filling in as needed. While the club can and will continue to function under this arrangement, the future direction of the club will be in question – similar to a ship without the captain. I personally enjoy seeing our club trying new/different things, and would hate to see our progressive nature stop due to the lack of a sitting president.

When I was picked to be the IVW president in 2008, Kathy John’s task was much simpler than what we are faced with in 2012. She came up to me at the No Baloney Ride, asked me if I wanted to be president & No Baloney chairperson, and I fearlessly answered yes to both questions, without any reservations of what I was getting myself into. Hopefully, one of you will have the same fearless approach to my statements above and come forward to be the IVW president in 2013. If you have any questions, feel free to give me a call at 309-696-2591!

Welcome, New Members:

Patrick (PJ) & Anna Maria Heinz ... West Peoria
 Bob Horsthemke ... Washington
 Tony Newbury ... Peoria
 Will Parr ... Mapleton
 Dick Schlicksup ... Peoria
 Marti Schlicksup... Dunlap
 Bonnie Windsor ... Dunlap

Thanks to Renewing Members:

Edith Albright ... Chillicothe
 Steve Berger ... Peoria ^
 Jim & Jennifer Coffey ... Dunlap
 Rick & Judi Gentry ... Peoria ^*
 David & Cathy Gromer ... Morton
 Stephen D Grube ... Washington ^*
 Gerald Haley ... Peoria
 David & Marianne House ... Peoria ^*
 Jim King ... Hopewell ^
 Martin Pogioli ... Pekin *
 Bruce Starbuck ... Cuba
 Herb Unkrich ... Edwards
 Bill Webster ... Chillicothe

Lifetime Members:

Charlie & Jane SieckDunlap

(^ LIB/LAB Membership *Advocacy donation)

IVW CHAIRPERSONS

PRESIDENT:

Mike Honnold 309-696-2591
cannondale_25@juno.com

VICE PRESIDENT:

Chris Salvador 309-229-1404
kidentropy818@yahoo.com

SECRETARY:

Chris Salvador 309-229-1404
kidentropy818@yahoo.com

TREASURER:

Lori Boland 309-231- 1723
lorib1723@gmail.com

RIDE CHAIRPERSON:

Liz Born 309-369-8657
cchristi52@comcast.net

2012 NO BALONEY RIDE CHAIR:

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morganclaygrigsby@gmail.com

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RANDY_RAY_117@comcast.net

VOLUNTEER COORDINATOR:

Doug Eccles 309-699-0197
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Val Lindner 309-241-0293
lindner4@comcast.net

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Chris Salvador 309-229-1404
kidentropy818@yahoo.com

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EDITOR:

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trisandi00@gmail.com

RENEW YOUR MEMBERSHIP ON-LINE:www.signmeup.com/67269Visit our website, www.ivwheelmn.org for a link to signmeup.com

Current info as of: 5/20/2012 10:39am

Last Name	First Name	Renewal Date
ALFRED	STEVE	6/13/12
ARCHER	RICH	7/12/12
ATKINSON	DAVID	4/5/12
BAUMANN	JOSEPH	6/14/12
BEASLEY	RYAN	8/29/12
BORN	WALLY	4/27/12
CASTLE	ROBERT R	4/22/12
CEALEY	MARK	4/11/12
CLARK	WILLIAM D	8/1/12
CLINE	ROBERT	7/29/12
COOKSEY	DENISE	5/17/12
CROFT	RICK	8/16/12
DONOHOE	THOMAS H	8/23/12
DVORSKY	MIKE	7/25/12
FERKEL	BAILEY	5/17/12
GRIGSBY	MORGAN	6/2/12
HONNOLD	MIKE	7/18/12
JACOBS	DONALD	5/6/12
KECK	PEGGY	8/19/12
KETELSEN	KEN	7/5/12
KILDON	KEITH	4/28/12
LAWSON	ROGER	5/14/12
LITZINGER	TRACY C	4/8/12

This is a list of members whose membership is either two months past due, or have a membership needing renewed within the next two months.

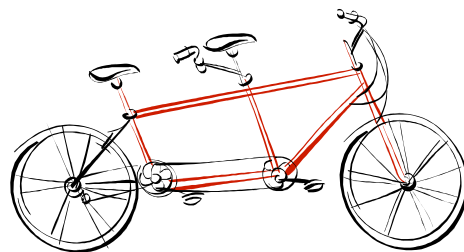
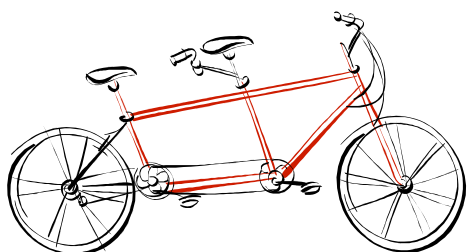
There is a two month grace period on expiring membership, but once that is up, you will no longer get the newsletter.

Now that the electronic edition is released, this list will serve as your reminder to renew.

The IVW does not send out bills or notices, but requests that members keep track of the expiration of their annual memberships, and submit their payments accordingly.

Please check your paper mailing label or this spot in the e-newsletter, for the expiration date of your membership
Thank you.

LOWRY	KEITH	6/1/12
MARTIN	BONNIE	6/8/12
MC CABE	JOHN	4/15/12
MOK	FAI	7/16/12
O'HANLON	TIM	8/10/12
PRICE	LOU	6/23/12
RHODES	DICK	5/24/12
RIEHL	DENNIS	4/25/12
SANDENAW	JENNIFER	5/18/12
SANDERS	TOM	4/1/12
SANS	DENNIS	5/9/12
SCHAFFER	SHELDON	4/25/12
SCOTT	KAREN	8/1/12
SOMMER	STEVE	6/25/12
SPONHOLTZ	BETH	8/1/12
STREIB	RON	6/5/12
THOMPSON	GLEN	7/14/12
TIEZZI	CHAD	4/6/12
TISDALE	BEV	6/24/12
WEAKLEY	DAN	6/7/12
WHEELER	SUZANNE	8/20/12
WITTMER	JIM	6/25/12



IVW Constitution Changes

By Mike Honnold

At the May 10th, 2012 IVW board meeting, all new changes to the club constitution we'd been talking about over the past few months via e-mail, website, and newsletter were voted in by a unanimous margin.

Three minor changes were voted on and passed first, with the 4th and most impactful change being voted on last ->

1. Mention of the "Lifetime Membership" option is now listed within the section detailing the different IVW membership levels. We've had this option available now for 2-3 years, but it was only mentioned on the membership forms – not in the constitution.
2. Cost of club dues will now be evaluated and determined by the IVW board on an as-needed basis. Previously the cost of club dues was determined by popular vote of club members present at the year-end meeting. Unfortunately, club members do not typically know enough about club income, finances, responsibilities, etc...to make an informed decision on what the cost should be. Anytime the board does feel there needs to be a change made to club dues, it will only happen at the start of a given year's membership cycle on January 1st (see #4 below) with plenty of advanced notice & reasoning why.
3. Date of the annual year-end membership meeting will now be documented as occurring during the latter part of November. The previous documented date of the annual year-end membership meeting was in October, which we haven't done for many years now.
4. The biggest and most impactful change voted on at the May 10th meeting involved the revolving date of membership renewals. The IVW board discussed different options for a long time at the meeting – weighing benefits and problems of each. After all points/counterpoints were made, the vote was made to change our membership renewal date from a revolving date based off time of renewal to a common date of January 1st for all members.

A. All IVW memberships will now renew on January 1st of each year regardless of what time you happen to renew your membership as a current member, or join as a new member. A membership drive will begin by September or October of the proceeding year so members are reminded of the upcoming renewal period.

B. Single memberships will continue to be \$15 dollars and family memberships \$20 dollars. New or renewed memberships made through June 30th of the current year will pay the full price. Any new or renewal membership made after June 30th will pay ½ the documented price, or \$7.50 for a single membership and \$10 dollars for a family membership.

C. Regardless of when a new/current member joins during the calendar year, their membership renewal date will default to January 1st of the next year, when they will be expected to renew at the full membership price.

D. If a current member happens to miss the January 1st renewal date or send in their payment late, we do plan on keeping our current two-month grace period to allow for the time between seeing each other at our monthly board meetings and time to get checks deposited in the bank. After this two-month grace period (March 1st), those members having not renewed will be removed from the club e-mail list and/or newsletter mailing w/o further reminders. It will be up to the responsibility of the member to remember to send in their membership funds after January 1st. A monthly reminder list of renewal dates will no longer be published in the monthly newsletter.

E. For the remainder of 2012, those current members with a renewal date of May 1st thru September 30th of 2012 can extend their IVW membership until the end of 2012 for half-price (\$7.50 for single membership & \$10 for family membership). Current members with a renewal date of October 1st thru December 31st of 2012 will effectively have their current membership extended for free until the end of 2012, and will renew again at the full membership price on January 1st, 2013 (or before if they wish).

Morton Community Bank Cycling Classic

Hosted by the Peoria Bicycle Club in beautiful Morton, Illinois on Saturday, July 7th. Peoria Bicycle Club will be giving away free volunteer T-shirts again this year so please also include what size you would like so they can put in the order. Sarah will be trying to fill shift requests first with people who are racing, then in the order received. If you would like to volunteer, please take a look at the shift schedule below, and respond by email to Sarah with the shifts you would like to work. Contact Sarah Gray (PBC volunteer coordinator) at sgray2006@gmail.com

Here are the time slots for the day:

Setup - 6am - 8am

1st shift - 7:45 A.M. -> 10:00 A.M.

2nd shift - 9:45 A.M. -> 12:00 P.M.

3rd shift - 11:45 A.M.-> 2:00 P.M.

4th shift - 1:45 P.M. ->4:00 P.M.

5th shift - 3:45 P.M. -> 6:00 P.M.

Tear down - 5:30 P.M. ->7:00 P.M.

Please join us on

Saturday, August 25, 2012



Starting and ending at

Chillicothe Christian Church

510 Frances Street

Chillicothe, IL 61523

www.iwnobaloney.com

Rider # 1 Registration

Name _____
 Gender M / F _____
 Address _____
 City/State/Zip _____
 Phone () _____
 Email _____
 Route 25 / 50 / 75 / 100 _____
 Birthdate / / _____
 T-Shirt (\$15) XS / S / M / L / XL / 2X _____

Rider # 2 Registration

Name _____
 Gender M / F _____
 Route 25 / 50 / 75 / 100 _____
 Birthdate / / _____
 T-Shirt (\$15) XS / S / M / L / XL / 2X _____

Additional Family Member(s) Registration

Name _____
 Gender M / F _____
 Birthdate / / _____
 Name _____
 Gender M / F _____
 Birthdate / / _____

Emergency Contact

Name _____
 Phone () _____

No Baloney Ride	Apr 1-Jul 31	Aug 1-Aug 25	Qty	Total
Individual	\$20	\$25	_____	\$ _____
Family	\$45	\$55	_____	\$ _____
Tech. Shirt	\$15	\$15	_____	\$ _____
Total Enclosed				\$ _____

Mail registration forms and checks to:

No Baloney Bicycle Ride
 6518 North Sheridan Road, Suite 2
 Peoria, IL 61614-2923

Register on-line at www.active.com

Register on-line at www.active.com

Participant Release and Waiver

In signing this waiver for myself, or as a parent or legal guardian for the entrant named above, I hereby release from responsibility and hold harmless from any claim, foreseen or unforeseen by me or my family, estate, heirs or assigns, the Illinois Valley Wheelmen, and its agents, employees, officers, volunteers, other participants, any sponsors, advertisers and owners or lessors of the premises on which the No Baloney Bicycle Ride takes place for any and all claims, damages, demands, injuries and losses whatsoever, arising from my transportation to, participation in, and/or presence at the No Baloney Bicycle Ride, and do so entirely of my own initiative. I understand that riding a bicycle on a public street or road can be a risky and dangerous activity and may result in serious bodily injury, including permanent disability, paralysis and death (collectively "risks"). I fully accept and assume all such risks and all responsibility for all costs, damages and losses I incur as a result of my participation in the No Baloney Bicycle Ride. I agree to obey all traffic laws and operate my bicycle in a safe manner. I certify that I have read this waiver, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it of my own free will and accord. If the entrant is a minor, I, the minor's parent or legal guardian, understand the nature of bicycling activities and the minor's experience and capabilities and believe the minor to be qualified to participate in the No Baloney Bicycle Ride. I also authorize emergency medical treatment if I or the above minor is injured.

Rider #1 _____
 Signature and Date

Rider #2 _____
 Signature and Date

IVW Kwik Klips

By Mike Honnold

1. Ride of Silence

We had another extremely successful year at the 2012 Ride of Silence with 150 participants, a super route, and excellent coverage from the Peoria Police Department. A big thanks goes out to Lieutenant Roegge, and the rest of his fellow police officers for their hard work to support our efforts to promote bicycling advocacy! Look for pictures from the event in this issue!!

2. Central IL Bicycle Summit

On Wednesday, May 23, 2012, the 1st annual Central Illinois Bicycle Summit was held in Normal, IL. I had the opportunity to attend this event with a few other IVW members, and we all had a very good time. The day started out with an “urban adventure” bike ride around Bloomington/Normal for all attendees who wanted to participate. Of course, I was there and ready to ride with my Surly fixie’. After the short 15 mile ride, we proceeded to our choice of locally-owned coffee shops for casual discussion groups of varying bicycling-related subject. I chose to listen to a presentation on how to create a city bicycle plan. The main part of the day began next when we all headed over to the convention center to hear numerous speakers – including keynote speaker Andy Clarke, current president for the League of American Bicyclists. Andy discussed his role with the League, and how we can all work to advocate for bicyclist’s rights! All in all, the day was very productive, informative, and I plan to attend again next year! Look for a couple of pictures in this issue!!

3. Bikes for Kids

On Saturday, May 19th, the IVW and Salvation Army held their biennial Bikes for Kids event from 9 AM to 3 PM at Northwoods Mall in Peoria. The weather was quite “steamy” during the day, but 12 volunteers came out with their wrenches spinning and rags polishing to help fix up 80 bikes donated by local residents. We were especially appreciative of the 35 bikes donated by Peoria Park District from their Safety Town facility! A lot of time and effort was spent fixing up the donated bikes, but being able to see a child riding a bike they may have not otherwise been able to afford is worth it! Check out the pictures from Bikes for Kids in this issue!!

4. Lake Evergreen Tri Volunteering

On July 14th, we'll be looking for about 25 IVW volunteers to help out from 6 AM to 11:30-ish AM as bike course marshals during the Lake Evergreen Triathlon in Hudson, IL. We currently have about 10 volunteers and will need approximately 15 more before June 14th. Money donated to us for the volunteer help is later used for various local bicycling advocacy projects. Most recently, the IVW donated \$1800 dollars to Safety Town to replace their rental bike fleet! If you would like to help, please contact Doug Eccles at 309-699-0197

5. Multisport Extravaganza

On June 23, the 2nd annual Multisport Extravaganza festival will be held all day at Wildlife Prairie State Park near Hanna City. More info can be found at www.multisportextravaganza.com.

Ride of Silence – Wednesday, May 16th, 2012



Bikes for Kids – Saturday, May 19th, 2012



New IVW Jersey Order

By Brad Lathrop

Hey fellow club members – It’s been over 2 years since we originally ordered our awesome club jerseys! In those 2 years, hopefully you’ve nearly worn them out. Additionally, we’ve welcomed several new members to the club who would love the opportunity to purchase one or two for themselves.

At this time we have confirmed enough interest to know an order will be placed. The question we don’t quite know yet is if we’ll be able to confirm enough orders to reach the 50 jersey price break. We are hoping we can rally the IVW members together and gain enough interest to reach the 50 jersey level.

Evolution Short Sleeve Jersey

\$55.00 with a minimum order of 25 jerseys

\$39.95 with a minimum order of 50 jerseys

Sizes are XS -> 2XL in unisex and female styling.

So what do you say? Let’s get together and show some club spirit! Like with the last order, we are also willing to open up the order to any of your friends who may not currently be IVW club members, but are willing to support our club on their weekly rides by wearing the jersey!

Please reply by email or phone by June 18th with a yea or nay so we can get a feel if we’ll be able to reach the 50 jersey price level. I can be reached via e-mail at Brad@EMTWeb.org or phone at 382-4020.

We are currently working on an order form with prices to be sent out to members for the ordering process in the mid-June timeframe. Based off our feel from the interest shown, this order form will reflect the final price club members will be charged. Look for this order form soon via e-mail, website, and/or the July newsletter!

If you would like to try on representative Sugoi jerseys so you know exactly what size to order, a “Fit Kit” will be traveling around to the different local bike shops over the next few weeks. Attached below is the schedule – Don’t forget to mark your size on the clipboard while you are there! Marking your size doesn’t commit you to ordering a jersey, but allows us to have a 2nd record once the ordering process begins.

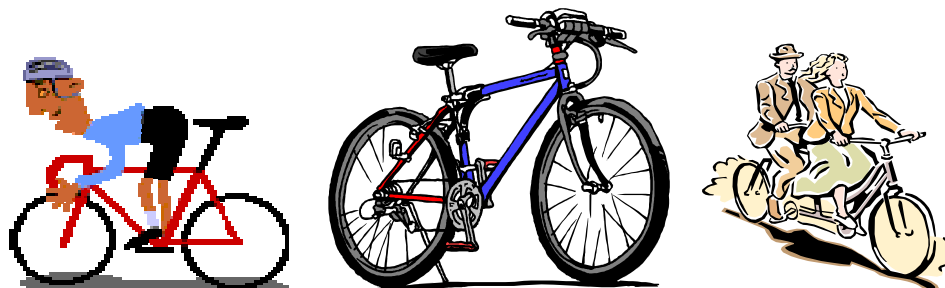
Little Ade’s 305 N. 5th Street; Pekin, IL
Russell’s 10 Valley Forge Plaza; Washington, IL
Bushwhacker 4700 North University; Peoria, IL
Illinois Cycle 9016 North Allen Road; Peoria, IL

Tuesday, May 29th -> Saturday, June 2nd
 Monday, June 4th -> Saturday, June 9th
 Monday, June 11th -> Wednesday, June 13th
 Thursday, June 14th -> Saturday, June 16th



Pedal Peoria 2012

Explore Peoria's Art, Science, Nature & History by Bicycle



Our 13th Year

Sponsored by Lakeview Museum of Arts & Sciences
& the Illinois Valley Wheelm'n

Selected Rides co-sponsored by the Peoria Historical Society[†]

All rides are designed for the casual rider, 12 - 15 miles (one steep hill)

Approximately 2 hours, most starting at 6 pm (except Apr 22, May 16 & August 12 & 26)

All are welcome! No fee or registration

- June 14**
Thursday
Sculpture Ride Start at Bradley University Quad. **6:00 p.m.**
Highlights: Public Sculptures around Peoria, Including Sonar Tide, Peace & Harvest, Mother Theresa, Ingersoll, various Riverfront Park sculptures by Preston Jackson.
- June 28**
Thursday
50's Soft Serve Ride Start at corner of Lake and Knoxville. **6:00 p.m.**
Highlights: 3 classic soft serve Ice Cream stands, ending at Lou's Drive In
- July 12**
Thursday
Prairie to Prairie Ride[†] Start at the Riverfront Visitor Center Parking Lot **6:00 p.m.**
Highlights: Two prairie restorations inside the city, plus selected historic sights
- July 26**
Thursday
Eric's West Peoria Deli Ride Start at Quest Charter Academy (old Loucks School) parking lot
Highlights: West Peoria, Pettengill-Morrison House, Glen Oak Park, Fedora's Deli **6:00 p.m.**
- August 9**
Thursday
Garden Ride Start at Botanical Gardens, Glen Oak Park. **6:00 p.m.**
Highlights: Luthy Botanical Gardens & selected city gardens
- August 12**
Sunday
Tour of the Inner Solar System[†] plus highlights from the **History Ride** (See June 14).
Start at Lakeview Museum east parking lot at **7:00 a.m.** This ride will start at the Sun and tour the planets from Mercury to Jupiter in Peoria's Community Solar System.
- August 26**
Sunday
Building the Block Ride Start at Lakeview Museum east parking lot **2:00 p.m.**
This is the last Sunday Lakeview Museum will be open. Ride to the Peoria Riverfront Museum, where we will have a hard-hat tour of the new museum.

For Information Call Ride Leader Sheldon Schafer 686-7000 or sschafer@lakeview-museum.org

OUT-OF-THE-BOX TOURS

Out-of-the-Box Tours are ready to start. Hope you are ready to join us! We want you if you are looking for a different route, a different crowd, a ride that leaves you neither exhausted nor feeling short-changed – and if you like to smell the roses (or dandelions) along the way. The pace will be Level One, no one will be dropped, and Cora Lynn Green and Barb Drake will be your leaders again, with a little help from our biking buddies. Note: We've added a couple of Saturday rides in hopes of drawing our working friends.

Let Barb (692-1201, bdrake@mtco.com) or Cora Lynn (683-3083, cora_lynn@yahoo.com) know if you plan to show up for a ride. That way we can let you know if weather requires cancellation or a change in start-up time.

June 7: The Fainting Goats Special. Never saw a fainting goat, never thought you'd see one? Put some peanuts into your bike bag for a 32-40 mile ride (wind will determine our route) that will take us from Pekin toward Manito and then Green Valley for lunch. And the peanuts? The goats will tell you what to do with them. Meet at 8:30 a.m. at the VFW hall on VFW Road in Pekin. Tom Dorigatti is our helper on this ride, which was a favorite last year, when we tried it for the first time.

June 27: Meet in the Middle. A new journey for us! This 35-mile ride was developed last year to celebrate creation of the Mackinaw Valley Trail, and we thought we'd try it with this group. It follows the River Trail of Illinois through East Peoria to Morton, then to Mackinaw ("in the middle" on the way to Bloomington, but we won't go there) with a brief ride around scenic Heritage Lake. Breakfast (or lunch, your choice) will be at the Family Restaurant in Mackinaw. Meet at 8:30 at the Fondulac Park headquarters at 201 Veterans Drive.

July 6: Morton Castles and Cathedrals. Ken Pope will lead us past some of Morton's better-known castles (5 bedrooms, 10 baths, 25 acres) and cathedrals (seven and counting) on this 32-mile ride that goes partly on roads and partly on a paved trail. He promises a running commentary and lunch at Mel's Café. The ride begins at 8:30 at the start of the Morton-East Peoria trail at the corner of Detroit and Jefferson in East Peoria (entrance on Jefferson).

July 21: Jubilee and Winery. We'll meet at Jubilee State Park at 8 and head south toward Hanna City. After an approximately 40-mile ride, we will have lunch at the Kickapoo Winery. This is a hilly, challenging ride in parts but really beautiful and one of our favorites.

Aug. 3: Jane's Ride

August 15: Tanner's Orchard Ride

Sept. 14: Sand Ridge and Manito

Sept. 21: McLean County Parks

Oct. 6 (and possibly Oct. 7): Barb's Birthday Ride

Oct. 19: Checking out the options.

Words from the Road

By Bill Semmens

I want to let you know, as most of us are aware, that helmets are very much worth the cost and discomfort of their protection I found out first hand on Thursday, May 10th. It was a nice day, so I thought I'd go out for a quick 30 mile ride. My goal was to start in Dunlap and make a loop through the Mossville area and then back in.

About six miles out I saw a barn cat standing along the right side of the road. As I approached, he crouched down ready to make a dash into the grass right next to him. At least that's what they normally do. This cat was different. He headed for home, which took him right in front of my wheel. It all happened so fast, I had no time to react. I hit the cat broadside (and hopefully killed him). I went over my handle bars and came down on my right side. Besides getting lots of road rash, I cracked my helmet, broke my collar bone along with about 5 - 6 ribs.

I'm sure my brain bucket kept me from getting more than a sore neck. I ALWAYS wear a helmet. This incident just reinforced that commitment.

Hope this note reminds others that it CAN HAPPEN to you when you least expect it. See you back on the road in about six weeks.

Thursday Morning IVW Group Rides, June, 2012

Thursday, June 7 , 2012

Leader: Tom Dorigatti, Barb Drake & Cora Lynn Green

Starting Location: The Pekin VFW Hall

Start Time: 8:30 A.M.

Ride Info: Destination for lunch stop is dependent upon winds and weather conditions **SPECIAL INFO:** If you've never say a fainting goat, or never thought you'd see on, this is the ride for you. Put some peanuts into your bike bag for the 34 mile ride. Depending upon wind direction, we will either head towards Green Valley or Manito. **FOOD:** We have high hopes of having a great lunch at the Valley Inn in Green Valley (wind permitting).so bring an appetite. Please keep checking IVW website for updates.

Distance: 34-38 miles.

Level: I & II – This ride will be at a slower pace than the normal Thursday rides. We will regroup quite frequently during the ride. No one will be left behind.

Home Phones: Barb Drake: 692-1201; Cora Lynn: 683-3083

E-Mail: Barb Drake: bdrake@mtco.com or Cora Lynn: cora_lynn@yahoo.com

Thursday, June 14, 2012

Leader(s): Edith Albright

Starting Location: Pearce Community Center, Chillicothe

Start Time: 8:30A.M.

Ride Info: Route will be adjusted depending upon wind & weather conditions. to be determined, will probably be at the end of ride somewhere in Chillicothe. Please keep checking IVW website for updates.

Distance: 45+miles

Level: I & II: We will regroup frequently during the ride. No one will be left behind.

Phone: [309-231-4107](tel:309-231-4107)

E-mail: talbrighte@gmail.com

Thursday, June 21, 2012

Leader: Mike Pula

Starting Location: Jubilee College Park (Upper Park Entrance)

Start Time: 8:30 A.M.

Ride Info: Destination and lunch stop is dependent upon winds and weather conditions. Lunch will be after the ride at a location to be determined. Please keep checking IVW website for updates.

Distance: 50 miles.

Level: I & II – will regroup frequently during the ride. No one will be left behind.

Cell: 264-9396

E-Mail: mikepula@gmail.com

Thursday, June 28, 2012

Leader(s): Steve Alfred

Starting Location: [Brimfield Park](#) (on S. Galena Rd off Rt. 150 in Brimfield)..

Start Time: 8:30 A.M.

Ride Info: Route will take us on some very nice, smooth country roads with some rolling hills. If it is raining, the ride will be cancelled. Lunch will be after the ride at the Jubilee Café, I-74, Exit 82. Please keep checking IVW website for updates.

Distance: About 38 miles

Level: I & II Will regroup frequently during the ride. No one will be left behind.

Phone: 693-6969

E-mail: SJAlfred@aol.com

Classified Ads

Classified ads for club members are welcome. Let me know if you want to post a bike/item for sale or a wanted ad. Commercial ads are also welcome at a charge of \$25 for a half page and \$50 for a full page. To submit any kind of ad, send an electronic document compatible with Windows to trisandi00@gmail.com.

All materials (including payment) must be received no later than the 15TH of the month preceding the appearance of the advertisement.

FOR SALE !

A **swagman hitch** mounted 3 bike carrier
Excellent condition. \$80 or best offer. Please
call or text Derek Sans at 309-472-3405 or you
can email at d.sans@comcast.net. Thanks.

WANTED:
Information on self contained,
touring. Picking camping spots, food, cooking gear,
Etc. Call Bill at (309)241-0949

FOR SALE:
PUT YOUR AD HERE FOR FREE!
Contact Jennifer Sandenaw
trisandi00@gmail.com

Mileage Competition March & YTD Results

Rider Name	April 2012 Mileage	2011/2012 Total Miles
Mary Lou Price	921.3	2480.29
Edith Albright	0	2378.91
Steve Berger	599	2353
Steve Kurt	500.24	2326.2
Tom Dorigatti	386.49	1086.2
Suzanne Wheeler	0	879.18
Chris Salvador	0	320.96
Fai Mok	56.5	76.5
Chris Gibson	31.27	64.67

ILLINOIS VALLEY WHEELM'N – Spring/Summer/Fall - 2012 Local Rides Schedule

****NOTE: If you have any doubt in the times/dates, please check our ride calendar at www.ivwheelmn.org – it is considered the “safe source”**

Monday Morton Level II: Leader(s): Denny and Peggy Tresenriter Phone: (309) 387-6617

E-Mail: dtresenriter@comcast.net Location: [Grace Evangelical Church](#), corner of Tennessee and Jefferson Street in Morton. Park in NE corner of the lot Start Time: 5:30 P.M. Start Date: April 2nd, 2012

End Date: September 24th, 2012 Distance: 20-30 miles Food: Possible gas station stop

Monday Dunlap Level I: Leader(s): Phil Burroughs & Jim Coffey Phone: (309) 231-5433

E-Mail: coffey4415@msn.com Location: [Dunlap Grade School](#) Start Time: 6 PM rollout – arrive early to get ready. Start Date: April 30, 2012 Ride Info: Ride distance will be about 15 miles early in the season. This social, friendly ride will increase in mileage as the season progresses. The group will regroup as needed so no one gets left behind. Distance: 15+ miles Food: Possible gas station stop

Tuesday “Kinder Gentler” Level I & II: Leader: Pam Hoehne Phone: (309) 681-0206

Location: [Dunlap Grade School](#) Start Time: 5:45 p.m. Start Date: May 1st, 2012 End Date: October 2nd, 2012

Ride Info: Pam leads a “Kinder Gentler” level 2 or for level 1 riders looking for more of a challenge. Mileage will be around 15 to start and increasing as the season progresses. 13-15 MPH early in the season; 15-17 MPH as time progresses. Goal is to have fun, and no one gets dropped! Distance: 20-30 miles Food: Possible gas station stop

Tuesday Dunlap Level III: Leader: Steve Kurt Phone: (309-243-7684) E-Mail: kurtsj@mtco.com

Location: [Dunlap Grade School](#) Start Time: 5:30 p.m. on 4/10, moves to 6 p.m. on 5/8, moves back to 5:30 on 9/4

Start Date: April 10th, 2012 End Date: October 23rd, 2012

Ride Info: Steve leads a level 3 on this great ride for “seasoned” riders. Mileage will be 20-30. Ave speed 17 MPH

Distance: 20-30 miles as daylight permits Food: Possible gas station stop

Tuesday Dunlap Show and Go Level IV: Leader(s): Members of Peoria Bicycle Club

Location: [Dunlap Grade School](#) Start Time: 5:30 p.m. Start Date: Now

Ride Info: A group for faster riders led by whoever may show up. Many from the Proctor Cycling Club show up for this ride, so do not expect them to regroup or wait for stragglers. Distance: 20-30 miles Food: Possible gas station stop

Wednesday East Peoria Level I & II: Leader: Dirk McGuire Phone: (309) 397-1034

E-Mail: dirkbike1@comcast.net Location: [Cross Point Church in East Peoria; 304 South Pleasant Hill Road](#)

Start Time: 5:30 p.m. all summer Start Date: April 4th, 2012 End Date: October 24th, 2012 Ride Info: We will start the season on a Level 1, 20-25 miles. As time and conditioning improve we will ramp up to a Level 2 and out to 35 miles. No one will get left behind and we will stop a couple of times to regroup and grab some air, water, or a power bar if you brought one Distance: 30-40 miles. Food:

Possible gas station stop

Thursday Pekin Level I & II: Coordinator: Tom Dorigatti Phone: (309)347-2844. E-Mail: dorigat@comcast.net

Location: Varies Start Time: Varies Start Date: April 26, 2012 End Date: TBD Ride Info: Our Thursday ride is coordinated by Tom Dorigatti, and has a different starting location/time/distance each week. Please check the current month ride schedule at

www.ivwheelmn.org or this newsletter Distance: Varies Food: Varies

Thursday Washington Level I & II: Leader(s): “Show and Go”

Location: [Russell’s Cycle and Fitness in Washington](#) Start Time: 6:00 p.m. Start Date: May 3rd, 2012

End Date: September 6th, 2012 Ride Info: We do not have a ride leader at this point, so the speed/distance of the ride will be determined

by those who show up. **Distance:** Determined by those who show up **Food:** Possible Gas Station Stop

Thursday East Peoria Tandem Ride: Leader(s): Dirk McGuire Phone: (309) 397-1034

E-Mail: dirkbike1@comcast.net **Location:** [Cross Point Church in East Peoria; 304 South Pleasant Hill Road](#)

Start Time: 5:30 p.m. **Start Date:** May 3rd, 2012 **End Date:** Sept 27th, 2012 **Ride Info:** This ride is classified as a "Tandem" ride but others are welcome. We are trying to encourage and grow the local tandem community and this ride is a chance for inexperienced tandem teams to ride with couples who have "mastered the art of communications" on a tandem bicycle. **We would encourage riders to call in April so that we can gauge interest levels.**

Saturday Show and Go All Levels: Leader(s): SHOW & GO

Location: [Russell's Cycle and Fitness; Valley Forge Plaza; Washington, IL](#)

Start Time: 8:30 a.m. **Start Date:** All year long depending on weather

Ride Info: Show and go. **Distance:** 30-60 miles **Food:** Possible meal / gas station stop

Sunday Level I: Leader(s): Doug Eccles Phone: (309) 699-0197 Email: bullet3082@comcast.net

Location: [Caboose & Park Fondulac Admin Bldg, East Peoria](#) **Start Time:** 1:00 pm (Please show up early)

Start Date: April 29, 2012 **End Date:** Sept 2, 2012 **Ride Info:** This ride is a beginner ride and family ride. The pace will be determined by the slowest rider. We will ride as a group to the Dairy Queen in Morton.

Distance: 12 miles **Food:** Dairy Queen

ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

Name #1 _____ Birthdate _____
(Please print clearly – this must be an adult)

Name #2 _____ Birthdate _____

Name #3 _____ Birthdate _____

Name #4 _____ Birthdate _____

E-Mail Address (print clearly) _____

Address _____

City _____ State _____ Zip _____

Phone () _____ - _____ (home/cell)

Signature #1 _____ Signature #2 _____

Signature #3 _____ Signature #4 _____

Date signature lines were filled out _____

Disclaimer The IVW assumes no responsibility for personal injury, damaged equipment, theft or loss taking place on any club rides or other activities which it sponsors. All cyclists ride at their own risk. Anyone under age 16 must be accompanied by a responsible adult. A parent or guardian must sign for all applicants under age 18. All applications must be signed, and in signing the liability release, the applicant agrees to the above conditions. By signing form, all IVW members also agree their pictures can be used in club electronic media.

****IVW newsletters/communications will be sent electronically unless other arrangements have been made**

****Effective 1/1/2013, all IVW memberships will renew on this date – all new/current members must renew at this time to stay current in database**

****Save time & be green by registering online at www.signmeup.com/G22V3K7**

Are you a new or renewing member?

New _____ Renewing _____

If you are a new member, how did you find out about our club?

Are you a member of the:

League of American Bicyclists (LAB)

Yes _____ No _____

League of Illinois Bicyclists (LIB)

Yes _____ No _____

Membership good to end of 2012

Individual (\$7.50) \$ _____

Household (\$10.00) \$ _____

Yearly membership effective 1/1/2013

Individual (\$15.00) \$ _____

Household (\$20.00) \$ _____

Lifetime (\$250) \$ _____

Voluntary advocacy contribution

\$ _____

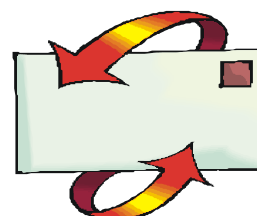
Total Enclosed \$ _____

ILLINOIS VALLEY WHEELM'N
6518 N. SHERIDAN RD. STE 2
PEORIA, IL 61614-2933

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ADDRESS SERVICE REQUESTED

**When does your annual
 membership expire?
 Check your mailing label or
 the list on page two of the newsletter.**



EVENT PLANNER

Date/Time	Event Name	Location
June 2 nd , 2012 8:30 AM	Washington Cherry Festival Family Bike Ride	Cherry Festival Grounds Washington, IL
June 9 th , 2012 8 AM – Sharp	Peoria Bike Summer Coffee Shop Crawl Ride	30-30 Coffee 734 Main Street, Peoria, IL
June 9 th 2012 All Day	Peoria Bicycle Summer Weekend Bikesummer10.webs.com	Friendly Valley Tavern 3708 N. Meadowbrook Rd Peoria, IL
June 23 rd , 2012 All Day	Multisport Extravaganza www.multisportextravaganza.com	Wildlife Prairie State Park Edwards, IL
June 30 th , 2012 8 AM	M & M METEC Ride www.metecresourcecenter.org	Mackinaw Valley Vineyard Mackinaw, IL
July 7 th , 2012 8 AM -> 5:30 PM	Morton Community Bank Classic www.peoriabicycleclub.com	Main and Adams Street Downtown Morton, IL
July 14 th , 2012 6 AM – 12 PM	Lake Evergreen Triathlon Volunteering Opportunity	Colmara Park Hudson, IL
Saturday, August 25 th , 2012 6 AM	No Baloney Bicycle Ride	Chillicothe Christian Church Chillicothe, IL