



August 2012

AFFILIATED CLUB

[www.ivwheelmn.org](http://www.ivwheelmn.org)

## THE GREATER PEORIA AREA'S BICYCLE CLUB

### Attention!!

August IVW Board Meeting will be on Thursday, August 9<sup>th</sup>, 2012 starting at 6 PM

We meet at the Peoria Panera (2601 West Lake Avenue)

All are Welcome to Attend!!

Are you interested in becoming the next IVW President??

See page 4

No Baloney Volunteers Needed!



See Page 6

### ON THE INSIDE

New/Renew Members	Page 2
Upcoming Renewals	Page 3
No Baloney Registration	Page 5
No Baloney Volunteer	Page 6
Kwik Klips	Page 7
Liz Born Profile	Page 8
Tom & Fred Rides	Page 9
Pedal Peoria	Page 10
Out of Box Tours	Page 11
Classified Ads	Page 11
Ride Schedule	Page 12-13
Calendar of Events	Page 14



### Tailwinds

by Mike Honnold

One of the earliest memories I have from my youth is watching the 1984 Summer Olympics opening ceremonies at my grandparents house in Ina, Illinois. While I don't remember much else about those 1984 games, the opening ceremonies at the Los Angeles Coliseum seem to stick out in my mind with the hundreds of pianos playing "Rhapsody in Blue, and all the colorful flags inside of the stark, white stadium. Seems like just yesterday we were experiencing the 2008 games from Beijing, but here we are again in 2012 with another 17 days to watch all those interesting sporting events - including cycling!!! Let's all be sure and root for Taylor Phinney and Team USA to bring home some gold!

We have our own important club event coming up on August 25th - the No Baloney Bicycle Ride!! Pre-registration is ahead of previous years at this point with about 40 riders signed up, so time & weather will only tell if final participation reaches record levels like 2011! I've been talking quite a bit with new mom, Morgan Grigsby, over the past few days, and the route / rest stops for this year will certainly please riders of all skill levels. Major rest stops with our trademark "special" foods will \*most likely\* include Chillicothe, Crooked Knee Golf course (Lacon), Kentville (bonus prize for the first person who actually knows where this is at), Princeton, and Camp Grove. This year we have also made the decision to add in a couple of "minimal" stops between the larger rest stops only containing the essential biker sustenance elements of water, Gatorade, cookies, and fruit. Should this horribly warm weather pattern continue for the remainder of summer, I'm sure all riders will be happy to have a few more opportunities to fill their bottle(s)! All pre-registration discounts have ended as of 7/31, but you can still register via mail and online at [www.active.com](http://www.active.com) up until a few days before the ride. If you are considering the ride PLEASE pre-register if possible because it makes planning the food and other important items much easier on all of us!!

If you aren't planning to ride in the No Baloney, we hope you will consider volunteering your time and/or resources toward our biggest fund-raising event of the year! Similar to previous No Baloney events, we will need plenty of help registering riders, selling T-Shirts, delivering food, putting up signs, handing out maps, answering phones, and working at the rest stops (among many other duties - including supplying baked goods!!). Without a hearty supply of IVWers there to staff the front lines, pulling an event of this magnitude off would be difficult - if not impossible. I have now been president of the IVW for nearly 4 years now, and I believe as a club member it is our duty to support the club through riding and volunteering at club events. Yes, riding is one of the more important components to a bicycle club, but without those who volunteer, all the effort to make a club work "behind the scenes" would never happen - leading to an eventual and likely downfall from an organizational perspective.

Take a look at our volunteer schedule for No Baloney in this issue of the newsletter, and see if there may be any opportunities for you to help out with the ride. We even have many volunteering opportunities available allowing a member to help out and complete the ride at their leisure. Should you have any questions about volunteering at No Baloney, please contact Doug Eccles at 309-573-5360 or Morgan Grigsby at 309-363-3066.

See you on the road - and keep an eye out for me at my No Baloney Volunteer station!

**Welcome, New Members:**

Terry Hunt ... Eureka  
 Nate Lambert ... Washington  
 Madison Maloof ... Peoria Heights  
 Logan & Dennis Meixsell ... Peoria  
 John Daniel Subbiah ... Dunlap  
 David Yaeger ... Hanna City

**Thanks to Renewing Members:**

David & Janice Atkinson ... Peoria  
 Judy Bradford ... Peoria  
 Mike & Matthew Dvorsky ... Peoria \*  
 Mike & Katrina Honnold ... Peoria  
 Mike Joslin ... Peoria \*  
 Peggy Keck ... Groveland ^  
 Lou Price ... Chillicothe  
 Robert & Marianne Reading ... Peoria  
 Jennifer Sandenaw ... Pekin  
 Steve Sommer ... Morton

**Lifetime Members:**

Charlie & Jane Sieck .....Dunlap

(^ LIB/LAB Membership \*Advocacy donation)

**IVW CHAIRPERSONS****PRESIDENT:**

**Mike Honnold 309-696-2591**  
[cannondale\\_25@juno.com](mailto:cannondale_25@juno.com)

**VICE PRESIDENT:**

**Chris Salvador 309-229-1404**  
[kidentropy818@yahoo.com](mailto:kidentropy818@yahoo.com)

**SECRETARY:**

**Chris Salvador 309-229-1404**  
[kidentropy818@yahoo.com](mailto:kidentropy818@yahoo.com)

**TREASURER:**

**Lori Boland 309-231- 1723**  
[lorib1723@gmail.com](mailto:lorib1723@gmail.com)

**RIDE CHAIRPERSON:**

**Liz Born 309-369-8657**  
[cchristi52@comcast.net](mailto:cchristi52@comcast.net)

**2012 NO BALONEY RIDE CHAIR:**

**Morgan Clay Grigsby 309-363-3066**  
[morganclaygrigsby@gmail.com](mailto:morganclaygrigsby@gmail.com)

**SOCIAL CHAIR:**

**Marsha Ray 309-691-4947**  
[RANDY\\_RAY\\_117@comcast.net](mailto:RANDY_RAY_117@comcast.net)

**VOLUNTEER COORDINATOR:**

**Doug Eccles 309-699-0197**  
[bullet3082@comcast.net](mailto:bullet3082@comcast.net)

**MAILING:**

**Val Lindner 309-241-0293**  
[lindner4@comcast.net](mailto:lindner4@comcast.net)

**DATABASE:**

**Chris Salvador 309-229-1404**  
[kidentropy818@yahoo.com](mailto:kidentropy818@yahoo.com)

**ADVOCACY/GOV.REL.**

**Gregg Bittner 309 - 258-1463**  
[cmbittner@comcast.net](mailto:cmbittner@comcast.net)

**WEBMASTER:**

**Justin McWhirter 309- 694-3736**  
[justin.mcwhirter@gmail.com](mailto:justin.mcwhirter@gmail.com)  
 IVW Website: <http://www.ivwheelmn.org>

**EDITOR:**

**Jennifer Sandenaw 309-360-2560**  
[trisandi00@gmail.com](mailto:trisandi00@gmail.com)

**RENEW YOUR MEMBERSHIP ON-LINE:**[www.signmeup.com/67269](http://www.signmeup.com/67269)Visit our website, [www.ivwheelmn.org](http://www.ivwheelmn.org) for a link to signmeup.com

Current info as of: 7/20/2012 4:30pm

Last Name	First Name	Renewal Date
ALBROW	SANDY	9/1/2012
ALLEN	WILLIAM	9/17/2012
ANDERSON	RON	10/19/2012
BEASLEY	RYAN	8/29/2012
BURROUGHS	PHIL	9/20/2012
CLARK	WILLIAM D	8/1/2012
CLINE	ROBERT	7/29/2012
CROFT	RICK	8/16/2012
CUNNINGHAM	BRIAN	9/17/2012
DAVIS	LARRY D	9/6/2012
DONOHUE	THOMAS H	8/23/2012
FLANNERY	COLM	10/25/2012
GIEBELHAUSEN	RICH	9/17/2012
GRIGSBY	MORGAN	6/2/2012
HANSEN	CELESTE	10/20/2012
HANSSON	PETE	10/5/2012
HARKNESS	DAVE	9/1/2012
HENTRICH	BOB	10/19/2012
HOEHNE	PAMELA	10/31/2012
HORNECKER	JEFFREY	10/17/2012
HUBER	RYAN	7/1/2012
JACKSON	BONNIE	9/25/2012
JOHN	KATHY	9/17/2012
KERWIN	SEAN	9/25/2012
KETELSEN	KEN	7/5/2012
KLEINSCHMIDT	MARDI	9/17/2012

This is a list of members whose membership is either two months past due, or have a membership needing renewed within the next two months.

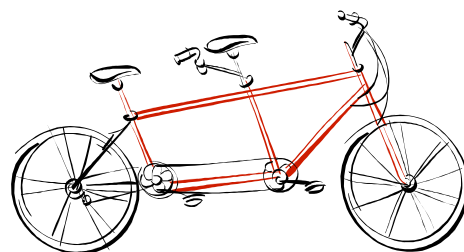
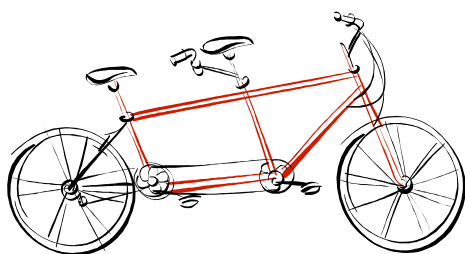
There is a two month grace period on expiring membership, but once that is up, you will no longer get the newsletter.

Now that the electronic edition is released, this list will serve as your reminder to renew.

The IVW does not send out bills or notices, but requests that members keep track of the expiration of their annual memberships, and submit their payments accordingly.

Please check your paper mailing label or this spot in the e-newsletter, for the expiration date of your membership  
Thank you.

KURT	STEVE	9/25/2012
LINDNER	TIM	10/21/2012
LOWRY	KEITH	6/1/2012
MACGREGOR	DONALD	10/25/2012
MARSHALL	MATTHEW	10/30/2012
MARTIN	BONNIE	6/8/2012
MC INTYRE	JIM	10/4/2012
MOK	FAI	7/16/2012
NIEMI	DON	9/18/2012
O'BRIEN	DAN	9/24/2012
O'HANLON	TIM	8/10/2012
PADESKY	MARK	10/29/2012
PAUSTIAN	LARRY	10/19/2012
POERTNER	TERRY	10/20/2012
SCHOTT	MICHAEL	9/12/2012
SCHULTZ	FRED	9/11/2012
SCHUMM	CASEY	10/4/2012
SCHUMM	NILE	10/4/2012
SHIMON	ED	9/18/2012
SPONHOLTZ	BETH	8/1/2012
STICKEL	DONALD	9/17/2012
THOMPSON	GLEN	7/14/2012
TISDALE	BEV	6/24/2012
TRESENITER	DENNIS	10/20/2012
WEAKLEY	DAN	6/7/2012
WHEELER	SUZANNE	8/20/2012
WILSON	DOUG	9/19/2012





**Wanted: IVW president for 2013 Term**  
**Interested: Call 309-696-2591**

We will have "coffee with the prez"  
After the August 9<sup>th</sup> IVW Club Board Meeting at 7:00pm  
Peoria Westlake Panera Bread  
2601 West Lake Avenue

Please join us on

**Saturday, August 25, 2012**



Starting and ending at

**Chillicothe Christian Church**

**510 Frances Street**

**Chillicothe, IL 61523**

[www.iwnobaloney.com](http://www.iwnobaloney.com)

**Rider # 1 Registration**

Name \_\_\_\_\_  
 Gender M / F \_\_\_\_\_  
 Address \_\_\_\_\_  
 City/State/Zip \_\_\_\_\_  
 Phone ( ) \_\_\_\_\_  
 Email \_\_\_\_\_  
 Route 25 / 50 / 75 / 100 \_\_\_\_\_  
 Birthdate / / \_\_\_\_\_  
 T-Shirt (\$15) XS / S / M / L / XL / 2X \_\_\_\_\_

**Rider # 2 Registration**

Name \_\_\_\_\_  
 Gender M / F \_\_\_\_\_  
 Route 25 / 50 / 75 / 100 \_\_\_\_\_  
 Birthdate / / \_\_\_\_\_  
 T-Shirt (\$15) XS / S / M / L / XL / 2X \_\_\_\_\_

**Additional Family Member(s) Registration**

Name \_\_\_\_\_  
 Gender M / F \_\_\_\_\_  
 Birthdate / / \_\_\_\_\_  
 Name \_\_\_\_\_  
 Gender M / F \_\_\_\_\_  
 Birthdate / / \_\_\_\_\_

**Emergency Contact**

Name \_\_\_\_\_  
 Phone ( ) \_\_\_\_\_

No Baloney Ride	Apr 1-Jul 31	Aug 1-Aug 25	Qty	Total
Individual	\$20	\$25	_____	\$ _____
Family	\$45	\$55	_____	\$ _____
Tech. Shirt	\$15	\$15	_____	\$ _____
<b>Total Enclosed</b>				<b>\$ _____</b>

Mail registration forms and checks to:

No Baloney Bicycle Ride  
 6518 North Sheridan Road, Suite 2  
 Peoria, IL 61614-2923

Register on-line at [www.active.com](http://www.active.com)

**Participant Release and Waiver**

In signing this waiver for myself, or as a parent or legal guardian for the entrant named above, I hereby release from responsibility and hold harmless from any claim, foreseen or unforeseen by me or my family, estate, heirs or assigns, the Illinois Valley Wheelmen, and its agents, employees, officers, volunteers, other participants, any sponsors, advertisers and owners or lessors of the premises on which the No Baloney Bicycle Ride takes place for any and all claims, damages, demands, injuries and losses whatsoever, arising from my transportation to, participation in, and/or presence at the No Baloney Bicycle Ride, and do so entirely of my own initiative. I understand that riding a bicycle on a public street or road can be a risky and dangerous activity and may result in serious bodily injury, including permanent disability, paralysis and death (collectively "risks"). I fully accept and assume all such risks and all responsibility for all costs, damages and losses I incur as a result of my participation in the No Baloney Bicycle Ride. I agree to obey all traffic laws and operate my bicycle in a safe manner. I certify that I have read this waiver, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it of my own free will and accord. If the entrant is a minor, I, the minor's parent or legal guardian, understand the nature of bicycling activities and the minor's experience and capabilities and believe the minor to be qualified to participate in the No Baloney Bicycle Ride. I also authorize emergency medical treatment if I or the above minor is injured.

Rider #1 \_\_\_\_\_  
 Signature and Date

Rider #2 \_\_\_\_\_  
 Signature and Date

Register on-line at [www.active.com](http://www.active.com)

## **No Baloney Volunteers Needed!!**

By Mike Honnold

All - below is a list of all the volunteer spots we still need to fill before the No Baloney Ride on August 25th. Without the help/support of volunteers at No Baloney, there is no way possible we would ever be able to host an event of this magnitude. Please - if you have the availability on Saturday, August 25th, volunteer a few hours of your time and give back to the club. If you are interested in helping out, please contact Doug Eccles at [bullet3082@comcast.net](mailto:bullet3082@comcast.net) or Morgan Grigsby at [morganclaygrigsby@gmail.com](mailto:morganclaygrigsby@gmail.com)

Crooked Knee Rest Stop (Lacon)	3 people	6:30 AM to 9:00 AM
Crooked Knee Rest Stop (Lacon)	3 people	9:00 AM to 11:30 AM
Kentville Rest Stop	3 people	7:45 AM to 10:00 AM
Kentville Rest Stop	3 people	10:00 AM to 12:30 PM
Blue Ridge Church Rest Stop	2 people	6:30 AM to 9:00 AM
Blue Ridge Church Rest Stop	2 people	9:00 AM to 12:00 PM
Blue Ridge Church Rest Stop	2 people	12:00 PM to 3:30 PM
Chillicothe Christian Church Stop	4 people	5:15 AM to 8:00 AM
Chillicothe Christian Church Stop	2 people	8:00 AM to 11:00 AM
Chillicothe Christian Church Stop	3 people	11:00 AM to 2:00 PM
Chillicothe Christian Church Stop	4 people	2:00 PM to 5:00 PM
Setup Chillicothe	5 people	5:00 AM to 7:00 AM
Teardown Chillicothe	5 people	4:00 PM to 6:00 PM
Registration Volunteers	8 people	5:30 AM to 9:00 AM
T-Shirt Sales/Distribution	3 people	5:30 AM to 9:00 AM
Map Questions	1 person	5:30 AM to 9:00 AM
Route Marking	4 people	August 18th - AM
Parking (Chillicothe)	2 people	5:00 AM to 7:00 AM
Parking (Chillicothe)	2 people	7:00 AM to 9:00 AM
Route Distribution Support	2 people	6:00 AM to 9:00 AM
Route Distribution Support	2 people	9:00 AM to 12:00 PM
Route Distribution Support	2 people	12:00 PM to 3:00 PM

## **IVW Kwik Klips**

By Mike Honnold

### **Lake Evergreen Tri Volunteering**

On July 14th, the Illinois Valley Wheelm'n and Peoria Sunrise Rotary Club supplied a total of 25 eager volunteers to help with corner marshalling on the Lake Evergreen Triathlon bicycle course. We were a little concerned at first that we might not have enough people to help out, but we had some last minute members who came through in a pinch. I believe everybody had a great time helping out at the race, but were happy to be done with our shifts before the thunderstorms rolled in! Thanks again to everybody who helped out, and we'll look forward to volunteering at this event next year!

### **IVW Movie Social Opportunity**

On Friday, September 7th at 7 PM, IVW members will be meeting at Landmark Theater in Peoria (3225 North Dries Lane) to watch a newly-released action/thriller movie about the bicycle messenger business called, "Premium Rush". Plot involves a bike messenger who picks up a suspect envelope - attracting the interest of a dirty police officer who pursues this cyclist throughout the city. There should be lots of great city biking scenes with thrills and chills - promising to make fellow IVW cyclists happy for our quiet roads of central Illinois. Starring: Joseph Gordon-Levitt (3rd Rock from the Sun star); Jamie Chung and Dania Ramirez - Rated PG-13 for violence, action, and language. There is no need to RSVP for this event, but members will be responsible for purchasing their own ticket.

### **Triangle of Opportunity Ride**

On Saturday, August 4th, 2012, the Triangle of Opportunity Economic Development Organization will be sponsoring their annual Triangle of Opportunity Cycling Tour to benefit St. Jude Children's Research Hospital and the Triangle of Opportunity student scholarship. This ride begins from Olympia North Elementary School in Danvers, Illinois, and will travel to other communities in the area using lightly

traveled roads. Riders are expected to leave for the ride between 7 and 8 AM and return before 2 PM. For more information about this event, please contact Andrew Wise at 309-208-5195 or visit their website [www.triangleofopportunity.info](http://www.triangleofopportunity.info)

### **2nd Annual Mackinaw Valley Trail "Meet in the Middle Ride"**

Save the date of Saturday, October 6th, 2012 for the 2nd annual "Meet in the Middle" ride on the Mackinaw Valley Trail. The League of Illinois Bicyclists held this ride for the first time in 2011 to coincide with opening of the Mackinaw Valley Trail - an on-road route between Peoria and Bloomington/Normal. Riders left from their respective ends of the trail early in the morning, and met in Mackinaw for breakfast at a local restaurant. I participated in the ride last year, and found being able to ride with bicyclists from another city for a common purpose was a very uplifting experience! The ride will be leaving this year from East Peoria Fondulac Administration Building red caboose (201 Veterans Drive, East Peoria) at 9:30 AM. See you all there!!

### **East Peoria Safe Streets**

On August 14th, 2012 at 6 PM, IVW member Doug Eccles will be appearing before the East Peoria City Council meeting to speak on behalf of the need for more bike lanes on city streets. Doug has been working extremely hard for this cause, so if you have the time, please show up at City Hall (100 South Main Street, East Peoria, IL) and support his efforts!!

### **Coffee with the prez**

Interested in learning more about what is involved with being president of the greatest bicycle club in Illinois? Come to Peoria Westlake Panera Bread (2601 West Lake Avenue) on August 9th at 7PM after the monthly board meeting to learn more! A short presentation will be followed by ample question/answer time. Free drinks will be provided courtesy of the IVW!

## Liz Born Profile – Ride Chairperson

By Barb Drake

We all have our, um, memorable moments in biking.

Liz Born's came last August on the first day of a trip that was to take her and husband Wally along two trails extending from Pittsburgh to Washington, D.C. They left at 10 a.m., later than they would have had she not miscalculated the distance. She hadn't exercised, hadn't prepared. And she was traveling uphill on a crushed gravel surface, riding a mountain bike weighing 34 pounds – plus gear.

Eighty-one miles later, the Borns pulled into “our very lovely bed and breakfast.” It was 2 a.m. She thinks there was a full moon, but she's not sure – the canopy of trees blocked whatever light might have guided them.

Day One and a couple of hours of Day Two gone, with 259 more miles to go. “I'd do it all again,” Liz says, citing the spectacular scenery and the “little towns catering to bikers all along the trail.”

At least she didn't get lost. Good ride leaders know the roads well enough not to get lost, Liz says. They know good restaurants en route. “They make everyone feel comfortable, and they're good at forming relationships. That's what I like about group rides. I really admire our ride leaders.”

Liz should know something about ride leaders because, as the club's own ride chair, she's responsible for recruiting leaders and working with them to make sure there's an organized Illinois Valley Wheelm'n ride every day of the week. She volunteered for the job last summer, appreciating its importance. Rides are the real hub of the club, the main reason for its existence.

Liz's main reason to try biking was the hub of her own club – Wally. “He'd been doing it for a while,” she explains. “He was having a good time, getting a nice tan. He was going out, spending time with other bikers, and I thought we needed to spend more time together.” So she took up biking herself, though she found it difficult at first and considerably more challenging than gym workouts.

“But after the first couple of times I really loved biking,” she says. “Being out in the open, in the country -- I found it very relaxing.”

Not that being out in the open was something new for Liz, the daughter of a beekeeper who had 250 hives, most of them on a fruit-tree-filled stretch of land he'd bought near Creve Coeur. “We had bees in the garage, in the yard, everywhere,” she recalls. “Bees were just a part of my life. We learned to get along with bees.”

Most of the time, anyway.

Liz was about 10 years old when her father asked her to “smoke the bees” while he was getting their honey. (Blowing smoke at them is thought to calm honeybees.) “I remember being so hot in my bee garb and inhaling the smoke, and I just passed out. It was the last time I did that job!”

Aside from that, and a couple of stings, “it was kind of a fun childhood,” she says.

Liz's first bike was one her brother found abandoned in the woods behind their home. She learned to ride in her back yard but rode little until deciding to follow Wally into biking about five years ago.

The two met during her senior year at East Peoria High School in the checkout line at the Kroger store, where she was a cashier. In Peoria to attend Bradley University, he'd stopped in to pick up a few things. Two visits later, and he'd picked her up. “I checked him out, and he was OK,” she says drolly. They married the summer after she graduated.

The Borns are parents of five, the youngest a high school senior, and grandparents of eight. Wally enjoys taking the older grandkids to bike the trails at Farmdale Park.

As for Liz, life continues to deliver new adventures. Earlier this year she accepted a full-time job as assistant activities director at the Apostolic Christian Home in Eureka. “It's very rewarding. I love the job, I do,” she says, while acknowledging that she won't be able to make as many group rides this year.

Another recent challenge is membership in the Toastmasters Club affiliated with Caterpillar's Mossville plant, where her husband works. “I really love the challenge of getting up and speaking in front of a group,” she says. Listening can be a bit of a challenge, too, since the vast majority of members are Chinese. While most are fluent in English, accents can make listening difficult.

And Liz Born is never one to step back from a challenge.



## Tom & Fred's Thursday Morning IVW Group Rides, August, 2012

### Thursday, August 2, 2012

**Leader:** Jim King  
**Starting Location:** Sparland School, one mile West of Rte 29 on right @ top of hill.  
**Start Time:** 8:30 A.M.  
**Ride Info:** Destination: Tiskilwa  
**Distance:** 50 miles or so. Route will be adjusted based upon weather and winds.  
**Food/Lunch:** Tiskilwa  
**Please note:** Adjustments will be made according to the weather. If it is too hot or the winds are unfavorable, we'll shorten the ride and/or make adjustments to the route.  
**Level I & II:** We will regroup frequently during the ride. No one will be left behind.  
**Home Phone:** 309-274-5575 Cell: 309-370-9984  
**E-Mail:** jk76@frontier.com

### Thursday, August 9, 2012

**Leader:** Dale Cook  
**Starting Location:** Pekin VFW Hall on VFW Road in Pekin  
**Start Time:** 8:30 A.M.  
**Ride Info:** Destination: Will be decided based upon weather and wind conditions.  
**Distance:** 40 miles  
**Food:** Please note: Adjustments will be made according to the weather. If it is too hot or the winds are unfavorable, we'll shorten the ride and/or make adjustments to the route.  
**Level I & II:** We will regroup frequently during the ride. No one will be left behind.  
**Home Phone:** (309)353-1725 Cell: 613-4101  
**E-Mail:** cook1501@gmail.com

### Thursday, August 16, 2012

**Leader:** Fred Smiser  
**Starting Location:** South Parking lot of Military Uniform Supply 3212 Veterans Drive Pekin, IL 61554 Located directly across the street from the Pekin Menard's. Please park on the SOUTH side of the building and not in the main parking lot.  
**Start Time:** 8:30 A.M.  
**Ride Info:** Destination: Dependent upon the weather and wind conditions. This starting location gives us many more options!  
**Distance:** 40-50 miles  
**Food:** There will be a lunch stop during the ride. Please note: Adjustments will be made according to the weather. If it is too hot or the winds are unfavorable, we'll shorten the ride and/or make adjustments to the route.  
**Level I & II:** We will regroup frequently during the ride. No one will be left behind.  
**Home Phone:** 346-9735 Cell: 241-7431  
**E-Mail:** smizz444@gmail.com

### Thursday, August 23, 2012

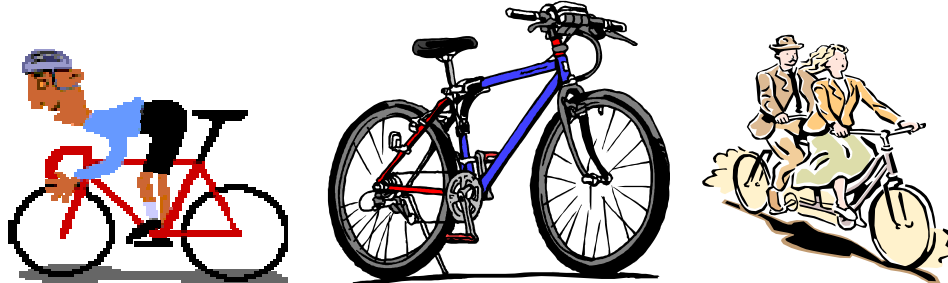
**Leader:** Liz Born  
**Starting Location:** Russell's Cycle & Fitness, Washington, IL  
**Start Time:** 8:30 A.M.  
**Ride Info:** Destination: Goodfield. Leader will adjust route and direction dependent upon winds and weather.  
**Distance:** 45+ mile loop.  
**Food:** Casey's stop along the way. Lunch will be in Goodfield. BRING AN APPETITE...we ride to EAT!  
**Please note:** Adjustments will be made according to the weather. If it is too hot or the winds are unfavorable, we'll shorten the ride and/or make adjustments to the route.  
**Level I & II:** We will regroup frequently during the ride. No one will be left behind.  
**Home Phone:** N/A Cell: 309-369-8657  
**E-Mail:** cchristi52@comcast.net

### Thursday, August 30, 2012

**Leader:** Edith Albright  
**Starting Location:** Pearce Community Center, Chillicothe  
**Start Time:** 8:30 A.M.  
**Ride Info:** Wyoming, Illinois  
**Distance:** 45-50 miles or so. Route will be adjusted based upon weather and winds.  
**Food:** Lunch in Wyoming, Illinois.  
**Please note:** Adjustments will be made according to the weather. If it is too hot or the winds are unfavorable, we'll shorten the ride and/or make adjustments to the route.  
**Level I & II:** We will regroup frequently during the ride. No one will be left behind.  
**Home Phone:** 309-274-4849 Cell: 309-231-4107  
**E-Mail:** talbrighte@gmail.com

# Pedal Peoria 2012

Explore Peoria's Art, Science, Nature & History by Bicycle



Our 13<sup>th</sup> Year

Sponsored by Lakeview Museum of Arts & Sciences  
& the Illinois Valley Wheelm'n

Selected Rides co-sponsored by the Peoria Historical Society<sup>†</sup>  
All rides are designed for the casual rider, 12 - 15 miles (one steep hill)  
Approximately 2 hours, most starting at 6 pm (except Apr 22, May 16 & August 12 & 26 )  
**All are welcome! No fee or registration**

- August 9**     **Garden Ride**     Start at Botanical Gardens, Glen Oak Park. **6:00 p.m.**  
Thursday     Highlights: Luthy Botanical Gardens & selected city gardens
- August 12**     **Tour of the Inner Solar System<sup>†</sup>** plus highlights from the **History Ride** (See June 14).  
Sunday     Start at Lakeview Museum east parking lot at **7:00 a.m.** This ride will start at the Sun and tour the planets from Mercury to Jupiter in Peoria's Community Solar System.
- August 26**     **Building the Block Ride**     Start at Lakeview Museum east parking lot **2:00 p.m.**  
Sunday     This is the last Sunday Lakeview Museum will be open. Ride to the Peoria Riverfront Museum, where we will have a hard-hat tour of the new museum.

For Information Call Ride Leader Sheldon Schafer 686-7000 or [sschafer@lakeview-museum.org](mailto:sschafer@lakeview-museum.org)

## Classified Ads

Classified ads for club members are welcome. Let me know if you want to post a bike/item for sale or a wanted ad. Commercial ads are also welcome at a charge of \$25 for a half page and \$50 for a full page. To submit any kind of ad, send an electronic document compatible with Windows to [trisandi00@gmail.com](mailto:trisandi00@gmail.com).

All materials (including payment) must be received no later than the 15<sup>TH</sup> of the month preceding the appearance of the advertisement.

A **swagman hitch** mounted 3 bike carrier  
Excellent condition. \$80 or best offer. Please  
call or text Derek Sans at 309-472-3405 or you  
can email at [d.sans@comcast.net](mailto:d.sans@comcast.net). Thanks.

## OUT-OF-THE-BOX TOURS

We encourage you to join us on our Out of the Box tours. We want you if you are looking for a different route, a different crowd, a ride that leaves you neither exhausted nor feeling short-changed – and if you like to smell the roses (or dandelions) along the way. The pace is Level One, no one will be dropped, and Cora Lynn Green and Barb Drake are your leaders again, with a little help from our biking buddies. Note: We've added a couple of Saturday rides in hopes of drawing our working friends.

One special weekend event to put on your calendar now: Barb's Birthday Ride on Oct. 6 along the Great River Trail on the Mississippi. We are considering making that a full weekend event, traveling both north and south.

More on that later, but check out these plans now:

**Aug. 3: Jane's Ride.** Jane is LaVerne Wilson's friend; a couple of years ago, she introduced a few of us to this extraordinarily beautiful route, with rolling hills, lots of shade and new scenery. We'll meet at 8 a.m. at the pavilion parking lot next to the pool along Rt. 9 in Tremont. We'll stop for snacks and a breather along the way and eat in Morton when we return. LaVerne will lead this 40-mile ride.

**August 15: Tanner's Orchard Ride.** If it's late summer, it must be time for a ride to Tanner's for samples, cider, donuts, lunch and apple-orchard ambiance. We'll meet at 9 at Pearce Community Center in Chillicothe. The ride will be about 35 miles.

**Sept. 14: Sand Ridge and Manito.** How often do you get to bicycle through a state forest, especially one that has prickly pear cacti as well as many trees? We'll start this approximately 40-mile ride at 9 at the Ironstone Restaurant in Manito. We'll enjoy lunch there when we're done. Fred Smiser will lead this ride, another perennially popular one.

**Sept. 21: McLean County Parks.** We'll travel about 40 miles, beginning at 9 at Comlara Park at Lake Evergreen. Lunch will be on the porch at the El Paso Golf Club, reprising one of our most memorable lunch stops of any year. Sandy Brown is leading this ride.

**Oct. 6 (and possibly Oct. 7): Barb's Birthday Ride** on the Great River Trail, paralleling the Mississippi. This ride is about as pretty as it gets in Illinois, and the birthday cake will be pretty good, too. Bring the family! Details to come.

**Oct. 19:** Checking out the options.

Let Barb (692-1201, [bdrake@mtco.com](mailto:bdrake@mtco.com)) or Cora Lynn (683-3083, [cora\\_lynn@yahoo.com](mailto:cora_lynn@yahoo.com)) know if you plan to show up for a ride. That way we can let you know if weather requires cancellation or a change in start-up time.

### Mileage Competition March & YTD Results

Rider Name	June 2012 Mileage	2011/2012 Total Miles
Edith Albright	569.53	4291.94
Steve Kurt	826.25	3929.53
Mary Lou Price	431.88	3883.81
Steve Berger	761	3724
Tom Dorigatti	735.11	2560.72
Chris Salvador	280.03	930.69
Fai Mok	146.1	432.2
Chris Gibson	0	64.67

## ILLINOIS VALLEY WHEELM'N – Spring/Summer/Fall - 2012 Local Rides Schedule

**\*\*NOTE: If you have any doubt in the times/dates, please check our ride calendar at [www.ivwheelmn.org](http://www.ivwheelmn.org) – it is considered the “safe source”**

**Monday Morton Level II:** Leader(s): Denny and Peggy Tresenriter Phone: (309) 387-6617

**E-Mail:** [dtresenriter@comcast.net](mailto:dtresenriter@comcast.net) **Location:** [Grace Evangelical Church](#), corner of Tennessee and Jefferson Street in Morton. Park in NE corner of the lot

**Start Time:** 5:30 P.M. **Start Date:** April 2nd, 2012

**End Date:** September 24<sup>th</sup>, 2012 **Distance:** 20-30 miles **Food:** Possible gas station stop

**Monday Dunlap Level I:** Leader(s): Phil Burroughs & Jim Coffey Phone: (309) 231-5433

**E-Mail:** [coffey4415@msn.com](mailto:coffey4415@msn.com) **Location:** [Dunlap Grade School](#) **Start Time:** 6 PM rollout – arrive early to get ready. **Start Date:** April 30, 2012 **Ride**

**Info:** Ride distance will be about 15 miles early in the season. This social, friendly ride will increase in mileage as the season progresses. The group will regroup as needed so no one gets left behind. **Distance:** 15+ miles **Food:** Possible gas station stop

**Tuesday “Kinder Gentler” Level I & II:** Leader: Pam Hoehne Phone: (309) 681-0206

**Location:** [Dunlap Grade School](#) **Start Time:** 5:45 p.m. **Start Date:** May 1st, 2012 **End Date:** October 2<sup>nd</sup>, 2012

**Ride Info:** Pam leads a “Kinder Gentler” level 2 or for level 1 riders looking for more of a challenge. Mileage will be around 15 to start and increasing as the season progresses. 13-15 MPH early in the season; 15-17 MPH as time progresses. Goal is to have fun, and no one gets dropped! **Distance:** 20-30 miles

**Food:** Possible gas station stop

**Tuesday Dunlap Level III:** Leader: Steve Kurt Phone: (309-243-7684) **E-Mail:** [kurtsj@mtco.com](mailto:kurtsj@mtco.com)

**Location:** [Dunlap Grade School](#) **Start Time:** 5:30 p.m. on 4/10, moves to 6 p.m. on 5/8, moves back to 5:30 on 9/4

**Start Date:** April 10th, 2012 **End Date:** October 23rd, 2012

**Ride Info:** Steve leads a level 3 on this great ride for “seasoned” riders. Mileage will be 20-30. Ave speed 17 MPH

**Distance:** 20-30 miles as daylight permits **Food:** Possible gas station stop

**Tuesday Dunlap Show and Go Level IV:** Leader(s): Members of Peoria Bicycle Club

**Location:** [Dunlap Grade School](#) **Start Time:** 5:30 p.m. **Start Date:** Now

**Ride Info:** A group for faster riders led by whoever may show up. Many from the Proctor Cycling Club show up for this ride, so do not expect them to regroup or wait for stragglers. **Distance:** 20-30 miles **Food:** Possible gas station stop

**Wednesday East Peoria Level I & II:** Leader: Dirk McGuire Phone: (309) 397-1034

**E-Mail:** [dirkbike1@comcast.net](mailto:dirkbike1@comcast.net) **Location:** [Cross Point Church in East Peoria; 304 South Pleasant Hill Road](#)

**Start Time:** 5:30 p.m. all summer **Start Date:** April 4th, 2012 **End Date:** October 24<sup>th</sup>, 2012 **Ride Info:** We will start the season on a Level 1, 20-25 miles. As time and conditioning improve we will ramp up to a Level 2 and out to 35 miles. No one will get left behind and we will stop a couple of times to regroup and grab some air, water, or a power bar if you brought one **Distance:** 30-40 miles. **Food:** Possible gas station stop

**Wednesday Dunlap Level I:** Leader: Gregg Bittner Phone: (309) 258-1463 **E-Mail:** [cmbittner@comcast.net](mailto:cmbittner@comcast.net)

**Location:** Dunlap Grade School; Dunlap, IL; 301 South First Street **Start Time:** 5:30 p.m. all summer **Start Date:** April 25th, 2012 **End Date:** September 26<sup>th</sup>, 2012 **Ride Info:** This ride departs from Dunlap Grade School at 5:30 p.m. SHARP. Ride distance will be 15 miles early in the season. The group will ride together. This is a “no drop” ride. No one will be left behind. **Distance:** 30-40 miles. **Food:** No; bring food and water

**Thursday Pekin Level I & II:** Coordinator: Tom Dorigatti Phone: (309)347-2844. **E-Mail:** [dorigat@comcast.net](mailto:dorigat@comcast.net)

**Location:** Varies **Start Time:** Varies **Start Date:** April 26, 2012 **End Date:** TBD **Ride Info:** Our Thursday ride is coordinated by Tom Dorigatti, and has a different starting location/time/distance each week. Please check the current month ride schedule at [www.ivwheelmn.org](http://www.ivwheelmn.org) or this newsletter

**Distance:** Varies **Food:** Varies

**Thursday Washington Level I & II:** Leader(s): “Show and Go”

**Location:** [Russell’s Cycle and Fitness in Washington](#) **Start Time:** 6:00 p.m. **Start Date:** May 3rd, 2012

**End Date:** September 6<sup>th</sup>, 2012 **Ride Info:** We do not have a ride leader at this point, so the speed/distance of the ride will be determined by those who

show up. **Distance:** Determined by those who show up **Food:** Possible Gas Station Stop

**Thursday East Peoria Tandem Ride:** Leader(s): Dirk McGuire Phone: (309) 397-1034

**E-Mail:** [dirkbike1@comcast.net](mailto:dirkbike1@comcast.net) **Location:** [Cross Point Church in East Peoria; 304 South Pleasant Hill Road](#)

**Start Time:** 5:30 p.m. **Start Date:** May 3<sup>rd</sup>, 2012 **End Date:** Sept 27<sup>th</sup>, 2012 **Ride Info:** This ride is classified as a "Tandem" ride but others are welcome. We are trying to encourage and grow the local tandem community and this ride is a chance for inexperienced tandem teams to ride with couples who have "mastered the art of communications" on a tandem bicycle. **We would encourage riders to call in April so that we can gauge interest levels.**

**Friday Chillicothe Level I Family Ride:** Leader: Edith Albright Phone: (309) 274-4849 E-Mail: talbrighte@gmail.com

**Location:** Pearce Community Center; Chillicothe, IL; 610 W. Cedar Street **Start Time:** 5:00 p.m. **Start Date:** June 1<sup>st</sup>, 2012

**End Date:** September 28<sup>h</sup>, 2012 **Ride Info:** Friendly, family ride. No one will be left behind **Distance:** 20-25 miles early in the season with a probable 25-30 miles as the season progresses. **Food:** Possible Gas Station Stop

**Saturday Show and Go All Levels:** Leader(s): SHOW & GO

**Location:** [Russell's Cycle and Fitness; Valley Forge Plaza; Washington, IL](#)

**Start Time:** 8:30 a.m. **Start Date:** All year long depending on weather

**Ride Info:** Show and go. **Distance:** 30-60 miles **Food:** Possible meal / gas station stop

**Sunday Level I:** Leader(s): Doug Eccles Phone: (309) 699-0197 Email: [bullet3082@comcast.net](mailto:bullet3082@comcast.net)

**Location:** [Caboose & Park Fondulac Admin Bldg, East Peoria](#) **Start Time:** 1:00 pm (Please show up early)

**Start Date:** April 29, 2012 **End Date:** Sept 2, 2012 **Ride Info:** This ride is a beginner ride and family ride. The pace will be determined by the slowest rider. We will ride as a group to the Dairy Queen in Morton.

**Distance:** 12 miles **Food:** Dairy Queen

## ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

Name #1 \_\_\_\_\_ Birthdate \_\_\_\_\_  
(Please print clearly – this must be an adult)

Name #2 \_\_\_\_\_ Birthdate \_\_\_\_\_

Name #3 \_\_\_\_\_ Birthdate \_\_\_\_\_

Name #4 \_\_\_\_\_ Birthdate \_\_\_\_\_

E-Mail Address (print clearly) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone ( ) \_\_\_\_\_ - \_\_\_\_\_ (home/cell)

Signature #1 \_\_\_\_\_ Signature #2 \_\_\_\_\_

Signature #3 \_\_\_\_\_ Signature #4 \_\_\_\_\_

Date signature lines were filled out \_\_\_\_\_

**Disclaimer** The IVW assumes no responsibility for personal injury, damaged equipment, theft or loss taking place on any club rides or other activities which it sponsors. All cyclists ride at their own risk. Anyone under age 16 must be accompanied by a responsible adult. A parent or guardian must sign for all applicants under age 18. All applications must be signed, and in signing the liability release, the applicant agrees to the above conditions. By signing form, all IVW members also agree their pictures can be used in club electronic media.

\*\*IVW newsletters/communications will be sent electronically unless other arrangements have been made

\*\*Effective 1/1/2013, all IVW memberships will renew on this date – all new/current members must renew at this time to stay current in database

\*\*Save time & be green by registering online at [www.signmeup.com/G22V3K7](http://www.signmeup.com/G22V3K7)

Are you a new or renewing member?

New \_\_\_\_\_ Renewing \_\_\_\_\_

If you are a new member, how did you find out about our club?  
\_\_\_\_\_

Are you a member of the:

League of American Bicyclists (LAB)

Yes \_\_\_\_\_ No \_\_\_\_\_

League of Illinois Bicyclists (LIB)

Yes \_\_\_\_\_ No \_\_\_\_\_

Membership good to end of 2012

Individual (\$7.50) \$ \_\_\_\_\_

Household (\$10.00) \$ \_\_\_\_\_

Yearly membership effective 1/1/2013

Individual (\$15.00) \$ \_\_\_\_\_

Household (\$20.00) \$ \_\_\_\_\_

Lifetime (\$250) \$ \_\_\_\_\_

Voluntary advocacy contribution \$ \_\_\_\_\_

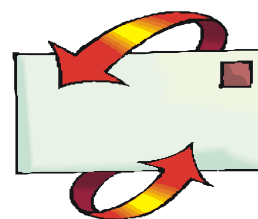
Total Enclosed \$ \_\_\_\_\_

**ILLINOIS VALLEY WHEELM'N**  
**6518 N. SHERIDAN RD. STE 2**  
**PEORIA, IL 61614-2933**

1<sup>st</sup> class  
 Postage  
 Required

ADDRESS SERVICE REQUESTED

**When does your annual  
 membership expire?  
 Check your mailing label or  
 the list on page two of the newsletter.**



### ***EVENT PLANNER***

<b>Date/Time</b>	<b>Event Name</b>	<b>Location</b>
Saturday, August 4 <sup>th</sup> , 2012 7 AM	Triangle of Opportunity Ride <a href="http://www.triangleofopportunity.info">www.triangleofopportunity.in fo</a>	Olympia North School Danvers, IL
Saturday, August 25 <sup>th</sup> , 2012 6 AM	No Baloney Bicycle Ride <a href="http://www.ivwnobaloney.com">www.ivwnobaloney.com</a>	Chillicothe Christian Church Chillicothe, IL
Friday, September 7th, 2012 7 PM	IVW Movie Social "Premium Rush"	Landmark Movie Theater 3225 North Dries Lane, Peoria, IL
Saturday, September 22nd, 2012 7 AM	Harvest of Talents Ride <a href="http://www.chillicothechristian.net">www.chillicothechristian.net</a>	Chillicothe Christian Church 510 Frances Street, Chillicothe, IL
Saturday, October 6th, 2012 9:30 AM	2nd Annual Mackinaw Valley Trail Meet in the Middle Ride	East Peoria Fondulac Admin Bldg. East Peoria, IL
Saturday, November 17th, 2012 5 PM social / 6 PM dinner	IVW Year End Celebration	Bernardi's Pub & Italian Eatery Lake of the Woods, Dunlap, IL