



Affiliated Club:



www.ivwheelmn.org

Special points of interest:

- Membership renewals are due January 1st! Please see Page 8 for options to renew.

Riding Off into the Sunset

As 2013 draws to a close I can't help but look back and marvel at what an incredible year it was! Here's just a small sample of the things IVW members have done this year:

- Record-breaking attendance for No Baloney of 457 riders!
- Ride leader training with USA Cycling's Donnie Miller
- Tons of work in the advocacy space with IDOT, Bike Peoria, Tri-County RPC, and the City of East Peoria
- Adopted and cleaned up a section of the Rock Island Trail
- Volunteer support at the Run River City Marathon, Youth Sports Expo, Multi-Sport Extravaganza, Washington Cherry Festival, and Lake Evergreen Triathlon
- Another successful year for the Ride of Silence with over 100 riders
- Participated in our 2nd Peoria Santa Claus Parade
- Wonderful spring and end of year social events at Good Tequila's and Bernardi's North



Lots and lots and **lots** of fantastic rides!!!

Most importantly, we've reshaped the club to ensure it will remain strong for years to come. We asked what IVW meant to you and you responded, and as a result now we have a strong group of leaders to carry IVW into the future. You'll see the names of these new leaders inside this newsletter.

I'd like to thank everyone on the 2013 IVW board for all their support and effort this year as they've worked tirelessly all year long to bring you the best the club has to offer. Definitely a huge thank you to all our ride leaders for organizing rides week after week and keeping everyone safe. Also thank you to all our volunteers for helping us engage the community to make it more bicycle-friendly. And most of all, thank *you*. Without you the IVW does not exist, and we're so glad you're a part of our club.

Take care everyone, and we'll see you again in 2014!

Chris Salvador

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IVW Chairpersons

Annual IVW Election Results

Retiring Board Members – Thank You for Your Service!!!!

Doug Eccles – Advocacy Chair

Mike Honnold – Treasurer

Justin McWhirter – Webmaster

Dan Rainey – Newsletter Mailing

Chris Salvador – Vice President, Membership Database

Jennifer Sandenaw – Newsletter Editor

New Board Members for 2014 – Welcome Aboard!!!

Fai Mok – President

Jim Coffey – Vice President

Mike Brown – Treasurer

Susan McCabe – Membership Database

Rider Name	October 2013 Mileage	2012/2013 Total Miles
Mary Lou Price	475.86	7851.38
Steve Kurt	600.06	6747.39
Steve Berger	401	6001.7
Michael Honnold	446	4948.38
Tom Dorigatti	0	3618.64
Fai Mok	371.75	2743.16
Chris Salvador	53.77	1539.65
Bill Semmens	92	1412.5
Chris Gibson	0	790.44

November 2012 - October 2013 Mileage

By Mike Honnold

Once again, IVW members provided a healthy amount of friendly competition for the 2012-2013 club year mileage contest. Like most years, the first few months were neck-and-neck due to the weather, but once spring rolled around a few members pulled away from the rest – as you can see in the table above! Congratulations to Mary Lou Price on winning for the 2nd year in a row – let’s see if she can make it a “three-peat” in 2014!

If you see these members out on a ride please congratulate them on their mileage goals for the year! Also – if you actively track your miles throughout the year, but do not participate in our contest, please consider throwing your hat into the ring for 2014 – we’d love to have more of our members competing!

A reminder that with our dissolving of the monthly newsletter, all mileage numbers will now be reported through the website in 2014!

First Place & winner of the “Most Miles in the Saddle Award” – Mary Lou Price – 7,851.38 Miles
Second Place – Steve Kurt – 6,747.39 Miles
Third Place – Steve Berger – 6,001.7 Miles
Total Miles = 36,043
High Month = 5,183 – July
Low Month = 1,064 – January

IVW Year-End Meeting Award Winners

By Mike Honnold

Most Improved Male Rider:

Nominees - Mike Dvorsky; Michael Brown; Denny Riehl

Winner - Michael Brown

Most Improved Female Rider:

Nominees - Rhonda Motyl; Michelle Busa;

Winner - Rhonda Motyl

Hub of the Club Award:

Nominees - Dirk McGuire; Fred Smiser; Morgan Grigsby

Winner - Morgan Grigsby

Most Miles in the Saddle Award:

Winner - Mary Lou Price – 7,851.38 Miles – November 2012 thru October 2013

Pictures from No Baloney 2013



Thank you for a
FANTASTIC
year!



Year-End Financial Summary

Summary

1/1/2013 through 11/2/2013

Category	1/1/2013- 11/2/2013
INCOME	
ADVOCACY DONATIONS	410.00
ANNUAL DINNER	208.68
INTEREST INCOME	0.24
MEMBERSHIP DUES	1,460.00
MEMBERSHIP DUES - ELECTRONIC	1,727.50
NO Baloney	12,586.08
TOTAL INCOME	16,392.50
EXPENSES	
ADVOCACY EXPENSE	773.99
AWARDS-TROPHIES	27.43
CLOTHING PURCH.	76.83
DONATIONS	4,300.00
FEE not for profit	10.00
GIFTS	75.00
INSURANCE FEES	1,056.00
MEMBERSHIP EXPENSE	50.00
NEWSLETTER PRT.	596.00
No Baloney Expenses	6,058.10
OFFICE SUPPLIES	53.91
OTHER EXPENSE	780.51
PICNIC & DINNER	176.40
POSTAGE	362.94
SOCIAL EXPENSE	350.80
TOTAL EXPENSES	14,747.91
OVERALL TOTAL	1,644.59

December 2013

Advocates Corner

By Chris Salvador

Over the past year I've used this space to provide quick tips and info in the hopes of spreading knowledge and awareness of bicycle advocacy. With the last edition of this column I hope to leave you with the inspiration and motivation to become an ambassador for cyclists everywhere. So how can you become a better advocate?

1. **Ride your bicycle. Everywhere.** The best advocates ride in all sorts of places and conditions so they can feel confident they represent cyclists from all walks of life. Take a leisurely cruise on the Rock Island Trail. Hammer the pedals through the country roads of Morton. Bomb through the downhill singletrack at Black Partridge. Grind it out commuting in downtown Peoria traffic in the bike lanes on Monroe St. This will both broaden your skill set as a cyclist and ensure you can experience what other cyclists go through.

2. **Get involved.** Attend city council meetings. Write letters to IDOT and your local county officials. Stay up to date on the latest news in sustainable transportation. Talk to other cyclists. Hey, even join another bike club!

Walk the walk. Be courteous on the bike every time you ride. Wear a helmet, obey all traffic laws, and share the road with motorists and other cyclists. Wave and smile to everyone you meet!

I sincerely hope you've enjoyed this column as much as I've enjoyed writing it. Ride safe everyone!

Hot Links!

By Chris Salvador

Check out the latest and greatest in cycling related news, products, and videos collected this month from around the web! The links have been shortened for easier navigation – just click on the link or copy and paste it into your web browser. **NOTE:** Some of these links may require the installation of third-party software such as Adobe® Flash Player.

Top Indoor Workouts to Improve Your Cycling

<http://bit.ly/1bmutux>

Photo Gallery: National Geographic's Best Bicycling Photos

<http://on.natgeo.com/1fyNWMS>

Swedes Develop Invisible Bike Helmet

<http://bit.ly/1bmuP4q>

Me and My Bike [video]

<http://bit.ly/1dn1GMH>

First Successful Test Flight for Flying Bicycle

<http://cnet.co/1bmuCym>

December 2013

Membership Renewals Due January 1st!

As a reminder, all memberships expire December 31st which means all renewals are due on January 1st! With the newsletter being discontinued next year there will be very few reminders on membership renewals, so make sure to take care of yours early! There are 2 ways to renew your membership:

By mail: Fill out the form in this newsletter and mail it to our club mailbox (address is on the same page as the form).

Online: Go to <http://www.ivwheelmn.org> and click on the "Membership Signup" link on the right side of the page.

ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

Name #1 _____ Birthdate _____
(Please print clearly – this must be an adult)

Name #2 _____ Birthdate _____

Name #3 _____ Birthdate _____

Name #4 _____ Birthdate _____

E-Mail Address (print clearly) _____

Address _____

City _____ State _____ Zip _____

Phone () _____ - _____ (home/cell)

Signature #1 _____ Signature #2 _____

Signature #3 _____ Signature #4 _____

Date signature lines were filled out _____

Disclaimer The IVW assumes no responsibility for personal injury, damaged equipment, theft or loss taking place on any club rides or other activities which it sponsors. All cyclists ride at their own risk. Anyone under age 16 must be accompanied by a responsible adult. A parent or guardian must sign for all applicants under age 18. All applications must be signed, and in signing the liability release, the applicant agrees to the above conditions. By signing form, all IVW members also agree their pictures can be used in club electronic media.

**IVW newsletters/communications will be sent electronically unless other arrangements have been made
**Effective 1/1/2013, all IVW memberships will renew January 1st – all new/current members must renew at this time to stay current in database

**Save time & be green by registering online at www.signmeup.com/G22V3K7

Are you a new or renewing member?

New _____ Renewing _____

If you are a new member, how did you find out about our club?

Are you a member of the:

League of American Bicyclists (LAB)

Yes _____ No _____

League of Illinois Bicyclists (LIB)

Yes _____ No _____

12 month membership effective 1/1

Individual (\$15.00) \$ _____

Household (\$20.00) \$ _____

6 month membership if joining after 6/30

Individual (\$7.50) \$ _____

Household (\$10.00) \$ _____

Lifetime (\$250) \$ _____

Voluntary advocacy contribution
\$ _____

Total Enclosed \$ _____



Illinois Valley Wheelm'n - Spring/Summer/Fall 2013 Local Rides Schedule

****NOTE:** If you have any doubt in the times/dates, please check our ride calendar at www.ivwheelmn.org – it is considered the “safe source”

Saturday Show and Go All Levels: Leader(s): SHOW & GO

Location: [Russell's Cycle and Fitness; Valley Forge Plaza; Washington, IL](#)

Start Time: 8:30 a.m. **Start Date:** All year long depending on weather

Ride Info: Show and go. **Distance:** 30-60 miles **Food:** Possible meal / gas station stop

IVW Registration



We are always looking for new members to join our family fun. During the summer, we host rides at least every day of the week. The rides range from beginner no-drop to expert level. Please join the Illinois Valley Wheelm'n with experienced ride leaders!

Mail the registration form to:

Illinois Valley Wheelm'n
6518 North Sheridan Road, Suite 2
Peoria, IL 61614

REMINDER! All memberships expire on December 31, 2013 and must be renewed in January!
If you have questions about renewing or about your membership status, please contact Chris Salvador at KidEntropy818@yahoo.com.

ILLINOIS VALLEY WHEELM'N
6518 N. SHERIDAN RD. STE 2
PEORIA, IL 61614-2933

1st class
Postage
Required

www.ivwheelmn.org
