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Illinois Valley Wheelm'n is affiliated with the following non-profit organizations:



www.bikepeoria.org



www.rideillinois.org



www.bikeleague.org



Opening

Besides the obvious shorter days, cool mornings and warm afternoons, leaves changing color and football, autumn reminds me Hilly Hundred is just right around the corner. This year, Hilly was moved back 2 weeks from the previous year since it wasn't much of color change on the leaves likely due to persistent warm temperature throughout early October. It turned out it was the right decision as there were abundant of vibrant colored leaves during the ride 2 weeks ago. This is my third

year riding HH. For some, this has been a tradition of some sort that extended by to the 60s & 70s when this annual event was in its infant stage. Next year, HH will celebrate its 50th Anniversary as the organizers has already begin planning the milestone. The route for Saturday will revert back to north of Route 67 before the road construction from 2 years ago. I look forward to next year's 50th Hilly.



(Left to right) Wally Born, Steve Kurt, Terry Hunt, myself, Charlotte Schmitz, Liz Born, Rebecca Senneff & Charlie Rogers.

Need help with IVW leadership for 2017!

As this year's riding season ends, we look towards to planning for next year. ***We need your help!*** We are seeking organized people who are enthusiastic about biking to serve on IVW's Board. The *president, vice president & treasurer* position will be vacated next year and need to be filled in order to keep this great organization going. The Board will be forced to put IVW on hiatus if these positions are not filled as IVW cannot function without these key positions. It also mean all future club planned events will be suspended as well. If you like to step up and volunteer as an IVW Board Member, email Jim Coffey(coffey4415@msn.com). *And if you know someone whom you think would be a great board member, please encourage them to volunteer and let us know! Below is the description of all the Board's position from the IVW Constitution.*

- President of the BOARD: Shall coordinate and supervise the operation of the BOARD OF DIRECTORS, and preside at all club meetings.
 - Vice-President of the BOARD: Shall assist the President in carrying out the club business and functions and serve as interim president in the absence of the president, and serve as historian.
 - Secretary of the BOARD: Shall take minutes at club and BOARD meetings, issue minutes and general notices.
 - Treasurer of the BOARD: Shall keep and preserve all club financial records and transactions, and make reports to the BOARD and club as necessary or called for.
- Committee Liaison Person(s): Shall act as a communication link between the BOARD OF DIRECTORS and the appointed committees.

Chicken Run Brunch well attended for the 2nd year

A sizeable crowd showed up for the Chicken Run Brunch on October 22nd. The Peoria group, led by Sarah Gray, met up with the E. Peoria group led by Dirk McGuire at Crosspoint Church on Pleasant Hill Rd. The group separately into small pelotons as the faster riders went ahead. The casual riders hanged back while the medium pace group slowly breakaway. It all worked out as the all the riders didn't overwhelm Busy Corner all at once. Thank you Dirk and Sarah for leading the ride!

Submit your 2016 Awards nominations

Please take a few minutes to think of someone to nominate for the Most Improved Male Rider, Female Rider and Hub of the Club. If you noticed someone from your weekly riding group improved as this year's progress, go ahead and submit his/her name to Jim Coffey (coffey4415@msn.com) along with a short paragraph explaining why you nominate this person. The same goes toward the Hub of the Club. Historically, HOC has been awarded to a member who went out of his or her way to represent the IVW and/or make sure some aspect of the club is extra special. We will have the voting of the wards at the End of the Year Club Dinner.

The venue is set, put in your reservation for End of the Year Dinner!

Mark your calendar. The location of this year's End of the Year Dinner will be at Fox Pub on Saturday, November 12th. We will have a short meeting before dinner followed by club awards, election and raffle for door prizes. Grand prize will be the new club kit. Below is the info from social chairperson Pam Hoehne.

Come one, Come all.....IVW Annual End-of-Year Banquet
Saturday, November 12th @ 6:30PM
FOX PUB AND CAFÉ
7800 N. Sommer, Suite 302
(Pioneer Parkway across from OSF)

We will be choosing menu items in advance. The options are:

1. Fish and Chips
2. Bangars and Mash
3. Charbroiled Chicken Salad
4. Veggie Wrap with Fries

There is one price ** \$14.00**

This includes tax, gratuity, and beverage (non-alcoholic)



The club will be gratuitously supplying a ticket for one alcoholic drink (beer or wine) and also providing hor's d'oevres.

There will be raffles and the BIG PRIZE is another jersey set. WOW!!!

Please reply by email to Pam Hoehne, pshuckhoehne@gmail.com w/ attendance and choice of meal option. \$\$ will be taken at the event in the form of cash or check made out to IVW. **Deadline for Reservation is November 10th.**



Get your mileage in for 'Most Miles in the Saddle' award recognition

How was your riding this year? Been to a lot of scenic places? Log in a lot of miles? Why not get recognize for your outstanding effort and participate in this year's 'Most Miles in the Saddle' award? All mileage count regardless if it's from commuting, trip to the store or just plain ole recreation as long as it's log in between November 1st, 2015 to October 31st, 2016. We will announce the winner at the End of the Year Dinner so submit those mileage now.

Peoria First Friday

First Friday is a national movement among artists in many cities across the United States. Held on the 'First Friday' of each month from April through November, artists open their studios to present their work to the public. Peoria's First Friday is concentrated around downtown. This mean using a bike to get from studio to studio really make sense. Last month, Brian Cunningham, Sarah Gray and her husband Chris and I biked to the event. It was my first time going to the event since I wasn't aware Peoria Area Convention & Visitors Bureau help promote this event. I had a great time checking out all the different artworks created by all the different local artists. Btw, some of the studios even serve wine and appetizers. And if you do get hungry, there is One World Café and Sugar Wood-Fired Bistro in the neighborhood. If you would like to check out First Friday on bike, a small group will leave from Sarah's place(209 NE Randolph Ave, Peoria) near Main St. at 6pm. Please RSVP(sgray2006@gmail.com) so Sarah will know how many people will be riding. **FYI** – this is a casual ride under 10 mph. Be sure to have a headlight, taillight and wear bright color apparels. For more info, click on the links.

<http://www.peoria.org/hotels/Blog-Peoria-First-Friday>

<http://peoriafirstfriday.com/>

Bike Peoria's First Friday Nite Ride

Get Lit and Art Up Your Ride! Bike Peoria is leading the last First Friday Nite Ride of the year this Friday(Nov. 4th) starting from the Bike Co-op at 612 W Main St across the street from Blondies & Pitch Karaoke Bar. This will be a slow ride downtown beginning at 9:00pm for anyone wanting to have a Peoria First Friday After-Ride. It will be-hopefully-a large group of well-lit riders creating a rolling visual people powered display of color and sound. Let loose-have fun-make friends-create. Ideas and suggestion welcome. Put some fun between your legs, get on a bike & ride! For question, contact BP through this link. <https://www.facebook.com/BikePeoria/>

Large crowd for Barb's Birthday Ride

21 riders made the trip to Rapids City on October 8th to participate the last Out Of The Box Ride of the year: *Barb's Birthday Ride*. This 'create your own' route take place on the Great River Trail on both side of the Mississippi River, which offered some spectacular sceneries. After the ride, everyone ate lunch at Brothers Family Restaurant. Cake was served not just for Barb's birthday, but also for Bonnie and Charlotte.



(Left to right) Bonnie, Barb & Charlotte about to blow out the candles.



What other way to enjoy Saturday but to ride in the Quad Cities.

Remembering Phyllis W. Harmon, the Grande Dame of Bicycling



Phyllis Harmon's name is almost synonymous with bicycling in the Greater Chicago Area. For those of you who haven't heard of her, she founded The Wheeling Wheelmen Bicycle Club out of Buffalo Grove, IL on April 26, 1970 with over 100 members in attendance. Considered one of the most influential people in the history of American bicycling, Phyllis got into bicycling at the age of 12. She was the one of two girls in her neighborhood outside of Chicago to own a bike. By age eighteen, she was commuting and touring 200 miles a week. Phyllis was a pioneer for bicycle advocacy beginning in the 1930s when she got involved with the League of American Wheelmen, known as the League of American Bicyclists today. For the next 40 years, she help kept the league together by taking on whatever role the league called for: volunteer, office staff, historian, treasurer, executive vice president & interim executive director.

Phyllis had always been fond of racing, dating back to her teenage years. Though she never considered participating until she was 73 years young. The very next year, she arrived at the Yoplait Challenge with a fully loaded touring bike only to realize all her competitors were riding racing bikes. She competed the race anyway and wined up winning the 32 mile race. Phyllis retired in 2003. She was inducted into the U.S.



Bicycling Hall of Fame in 2009 for her endless bicycle advocacy and other contribution to cycling. In 2014, she was honored at the dedication of the Phyllis Harmon Trail in Wheeling, Illinois. On August 26, 2016, after nearly a century of glorious adventures and achievements, Phyllis applied her brakes, taking her last breath, only 49 days short of her *life century*. You can read a more detail article as well as other stories about Phyllis Harmon by clicking on the links below.

<http://www.thechainlink.org/page/phyllis-w-harmon-the-grande-dame-of-bicycling>

<http://www.wheelmen.com/introduction.asp> (bottom of the browser)

Share your bike adventures – Participate in a memorable bike tour recently or planning to partake one soon? Send me your stories or photos of your adventures and share it with the club for next edition of the IVW Monthly Note.

IVW & Bike Peoria to enter the Santa Claus Parade once again



IVW will once again team up with Bike Peoria in the 129th Annual Santa Claus Parade on November 25th hosted by the Peoria Area Community Events (PACE). This will be the third year we have participated. We won 1st place 2 years as the "Best Novelty Entry" – Elf Award! Like last year, we'll be riding our decorated bikes and we ourselves have to be in some kind of holiday colors or costume as well (It **CANNOT** be Santa Claus - there is one Santa and he is on the last float). We must be ready and staged at 10am at the corner of NE Madison and Hancock and will start rolling about 10:30am as we are in the middle. The parade start time is at 10:15am on Monroe St. in front of Peoria Central Firehouse. If you would like to participate, please contact Brent Baker of Bike Peoria (brentthevolunteer@gmail.com).

Where have you taken your IVW jersey?

Did a recent bike tour with your IVW jersey? Send me a photo of you sporting the club kit (old or new) and a brief description of where it took place. I will included in the December Monthly Note.



Waiting for the barge to pass through the lock on the Rock Island Arsenal Bridge at Quad Cities.



(Left to right) Steve Kurt, Charlotte Schmitz, Jim DeVore, myself, Rebecca Senneff and Terry Hunt just finished lunch at the Hilly Hundred.

Thanks for reading the November Monthly Note. If you have any rides, events or announcements you want to share with the club, please email it to me to be posted in the December Monthly Note. Be aware of your surrounding when riding. See you all out on the road.

Fai Moko - Illinois Valley Wheelm'n President

Classified Ads

- **Wanted**, Pam Hoehne is looking to buy a quality good used hybrid bike to fit a person about 5'10" to 6'. The one she shared with her son was stolen. Contact Pam@309-339-9777.

- **Wanted**, Bill Semmens is looking for a kid's stoker kit for his Santana tandem. If you have one that is no longer in use, contact Bill@309-693-9388 or BSemmen5@comcast.net

- **For Sale**, Blue(1) and Green(1) Bike Fridays American made in Eugene, Oregon. Purchased in 2003 for \$862.30 each. Bikes were used on about 5 airplane vacations. Bikes were ridden about 30 to 40 days. Sale includes all accessories which were all part of the original sales price: 1 air pump, 2 travel hard plastic cases, and 2 under seat accessory bags. Asking price: \$550. Each. One owner and well maintained. Contact Sandi or George Burrier@309-266-5085.

- **Free** pair of pre-owned 26x1.25-1.5" Schrader valve inner tubes. Contact Fai if interested. faimok534@gmail.com

- **For Sale**, brand new Sram chain catcher. Install on front derailleur to prevent chain drop between crank and bottom bracket. Price-\$10 Contact Fai if interested. faimok534@gmail.com

Classified Ads from club members are welcome. If you have something bicycle related items you want to sell or you are looking for a bike related item, email your ad to faimok534@gmail.com. If the item is sold, please let me know so your ad can be remove from the posting.