



**March
2012**

AFFILIATED CLUB

www.ivwheelmn.org

THE GREATER PEORIA AREA'S BICYCLE CLUB

Attention!!

**February IVW Board Meeting
will be on Thursday, March
15th, 2012 starting at 6 PM**

**We meet at the Peoria Panera
(2601 West Lake Avenue)**

All are Welcome to Attend!!

**Interested in becoming
the IVW President?
Check out Qualifications
and Responsibilities**

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**Potential Changes to IVW
Bylaws**

**See the article on
Page 6**

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From the Editor

by Jennifer Sandenaw



On February 1st, registration for No Baloney opened to the public. This brought back a memory of my very first No Baloney ride.

I signed up for No Baloney 2010 as part of my training for my first Olympic Distance Triathlon. This triathlon's bike portion was a lot longer than a normal Olympic Distance at 42 miles, instead of 24. So I needed a long bicycle ride, but I had no clue where to ride. No Baloney was perfect since it was supported and already mapped out for me.

I started riding with my Peoria Triathlon Club friends. They were doing the big route, 100 miles. I was impressed! I rode with them the first 20 miles before I turned left to continue the 50 miler and they turned right to take on the 100 miler.

I rode by myself to the next support station. Every now and then I would stop to take pictures along the way. When I arrived at the next support station, they had Avanti's! YUM! It was warm and hit the spot! The people were so nice and friendly.

I continued to ride by myself until I met a man on his recumbent bicycle. He was stopped and looking at the map because he was lost. I think he ended up missing a turn somewhere and missed the support station. We continued to ride and chat until we got to maybe mile 40. And that's when it hit. The hills.

This was my longest ride yet and they threw in hills in the last ten miles. I could not believe it! My legs were so tired but I made sure to climb each one on the bike, no walking allowed!

I remember feeling accomplished after that 50 mile No Baloney ride. It was a fun, challenging, and very well supported event.

In 2011, I returned to the No Baloney fun and ended up completing the 100 mile ride. Again, another awesome accomplishment and I am looking forward to the 2012 No Baloney. Hope to see you all there and make new friends. ☺

As we approach spring and warmer weather, be careful on the roads.

Jennifer

Welcome, New Members:

Lisa Applegate ... Pekin ^

Thanks to Renewing Members:

Terry & Joanne Carter ... Pekin
 Susan Hood ... Morton
 Florin & Amber Marcu ... Dunlap
 Steve Daggs ... Washington
 Todd & Patty Sage ... Morton ^
 Quinton & Barb Smith ... Peoria
 Michael & Emily Therry ... Marquette Heights

Lifetime Members:

Charlie & Jane SieckDunlap

(^ LIB/LAB Membership *Advocacy donation)

IVW CHAIRPERSONS**PRESIDENT:**

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RENEW YOUR MEMBERSHIP ON-LINE:www.signmeup.com/67269Visit our website, www.ivwheelmn.org for a link to signmeup.com

Current info as of: 2/11/2012 11:56am

Last Name	First Name	Renewal Date
ALBRIGHT	EDITH	05/23/2012
ALCARAZ	DAN	01/21/2012
ATKINSON	DAVID	04/05/2012
BECKER	JIM	03/05/2012
BERGER	STEVE	05/04/2012
BILLON	JEAN-MARIE	02/04/2012
BORN	WALLY	04/27/2012
BOSWELL	CHERYLL	01/09/2012
BREJC	JACK	03/17/2012
BROWN	SANDRA	04/13/2012
CASTLE	ROBERT R	04/22/2012
CEALEY	MARK	04/11/2012
COOKSEY	DENISE	05/17/2012
DEVORE	JAMES	03/28/2012
DORIGATTI	TOM	04/11/2012
DRAKE	BARB	03/30/2012
FERKEL	BAILEY	05/17/2012
GRIBBLE	SHEILA	01/01/2012
GROMER	DAVID	05/14/2012
GROSS	THOMAS	01/09/2012
HALEY	GERALD	04/25/2012
HOLMES	BILL	01/20/2012
HOUSE	DAVID	03/02/2012
JACOBS	DONALD	05/06/2012
JOSLIN	MIKE	02/28/2012
KILDON	KEITH	04/28/2012
KING	JIM	04/11/2012
KOLLAR	TODD	03/22/2012

This is a list of members whose membership is either two months past due, or have a membership needing renewed within the next two months.

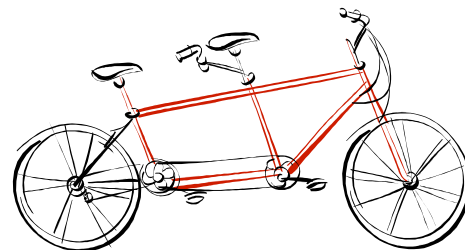
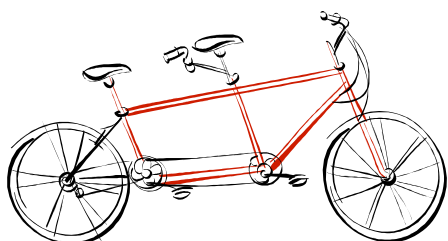
There is a two month grace period on expiring membership, but once that is up, you will no longer get the newsletter.

Now that the electronic edition is released, this list will serve as your reminder to renew.

The IVW does not send out bills or notices, but requests that members keep track of the expiration of their annual memberships, and submit their payments accordingly.

Please check your paper mailing label or this spot in the e-newsletter, for the expiration date of your membership
Thank you.

LAGODA	AL	02/28/2012
LATHROP	BRAD	05/23/2012
LAWSON	ROGER	05/14/2012
LEWIS	TERESA	03/27/2012
LITZINGER	TRACY C	04/08/2012
MC CABE	JOHN	04/15/2012
MC GARVEY	KEN	03/05/2012
MC GRATH	TIM	03/17/2012
MOORE	RICHARD	02/16/2012
PARSONS	GEORGE	02/25/2012
PORTER	JERRY	03/05/2012
PUTMAN	CLAIRE	03/22/2012
RHODES	DICK	05/24/2012
RIEHL	DENNIS	04/25/2012
ROMANOWSKI	TOM	04/01/2012
SALVADOR	CHRIS	03/09/2012
SANDENAW	JENNIFER	05/18/2012
SANDERS	TOM	04/01/2012
SANS	DENNIS	05/09/2012
SCHAFFER	SHELDON	04/25/2012
SCHMIDT	RANDALL	04/01/2012
SEMMENS	BILL	03/09/2012
SMISER	FRED B	02/14/2012
STASH	FRANK	01/25/2012
TIEZZI	CHAD	04/06/2012
UNKRICH	HERB	04/25/2012
VOEGELI	TOM	03/21/2012
WEBSTER	BILL	04/17/2012
WETTSTEIN	MAGGI	03/15/2012
WILLIAMS	KRISTI	02/27/2012
WONG	SHAI M	02/24/2012
WOODHOUSE	CHARLOTTE	01/30/2012



About our Volunteer Coordinator, Doug Eccles

By Barb Drake

Doug Eccles once was into mountain biking, a sport that seems tame compared to his other daredevil sports: scuba diving, surfing, motorcycles, stunt kites and probably some he forgot to mention.

That all changed in 2006 when a terrible accident – he wasn't doing any of the above when it happened – left “a titanium plate and screws holding my head on.... It took everything away from me that I enjoyed.”

The self-described adrenaline junkie begged his surgeon to “give me something that I could do.... I said, ‘You have to throw me a bone.’” The surgeon said no, but Doug persisted. To a subsequent visit he carried the results of his internet research – a picture of, and information about, a recumbent tricycle. The doctor said he'd think about it. A visit or two later, the surgeon said, “You can ride this and this only,” according to Doug. And then indicated he just might buy one for himself.

Illinois Valley Wheelm'n gets its members through various routes. It's probably safe to say Doug's route is unique in club history. Last year he rode 900 miles, joined the club and pretty much invented the position of volunteer coordinator.

The job is pretty much as the name suggests. “I'm asking people to volunteer,” he says, promising he won't ask anyone to do something he's not willing to take on himself. “I volunteered for everything my first year just to help out the club because they needed help.” And because overburdened President Mike Honnold can't do it all.

Doug recruited a dozen members to work the club's bike safety booth at the Family Fun Fest held at the Civic Center in January. Several hundred kids went through the booth, which consisted of a miniature bicycle safety town. Our volunteers taught how to inspect a bike before riding, what hand signals to use, how to ride safely and, most importantly, to wear a helmet -- always. Each child was supposed to receive and sign an official safety certificate, also bearing a club member's signature. But so many went through the booth that the certificates ran out before the day did. “It was a stellar performance for us,” Doug says, as well as a reminder of that Wheelm'n by-law which promises the club will promote safe biking.

He believes the club hasn't done nearly enough to fulfill that mission, and that's one of the reasons he pushed for a spot at Family Fun Fest. “We need to be a presence in the community is the way I see it,” he says.

Those are unexpected words coming from a guy with Doug's background, but maybe you become keenly attuned to the precarious nature of life when one minute you're lifting a 100-pound piece of steel and the next minute you're on the floor because “my whole left side just disappeared.”

The accident at Morton Metal Craft, where Doug was a welder, cost him his lifestyle and his ability to work. He is just 50 years old.

Born in Washington, D.C., Doug went to high school in Hawaii but lived out of the country more than he lived in it because his father was in the Air Force. At age nine he lived for six months at a fire base in Thailand near the Cambodian border. By age 12 he could disassemble and assemble a Colt 45 and knew the ins and outs of plastic explosives, he says. By age 18, he'd enrolled in the Air Force himself. While others were marching to Pomp and Circumstance, he was in boot camp; his diploma arrived in the mail.

Doug was an early volunteer for a new special unit – drug interdiction. He worked in South America, Turkey, South Korea and Australia. He was still in his early twenties when his knee was badly damaged in a car accident, leading to a medical discharge. Forced to remake his life for the first time, he came to Peoria. His father had been born in the area, had moved back after retiring, and had some health problems of his own. Doug figured he could help out.

His first job was with American Vinyl Craft, which made windows before it went bankrupt. His next step was a degree in computer science from Illinois Central College. It failed to bring a job offer, but a neighbor who worked at Morton Metalcraft mentioned the company was looking for a welder. He worked there until that day in 2006 when he knew he'd be remaking his life for the second time.

Doug says he enjoys biking for all the usual reasons but also for a very special one: It gives him the opportunity to talk about safety and to pitch the club. He thinks people are especially inclined to stop and chat with a big guy riding a trike.

“I talk to people about wearing helmets, obeying traffic laws, being safe – I really like pushing that with people,” he says. And when he's riding on the East Peoria Trail, he talks to them about the Wheelm'n. That's especially true when he has a chance to visit with younger families. If there's one thing he'd like to change about the club, it's the average age, he says. He cites 40/60 statistics Mike developed – more than 40 percent of members are over 60.

One of the families engaged in biking because of Doug's efforts is his own – wife Sheila and 16-year-old son Christopher. (Daughter Rebecca, 20, is on her own.) He's trying to talk wife and son into doing next year's No Baloney. Regardless, he'll be there – both riding and djing, just as last year.

Volunteer Opportunities Coming Up

Don't be surprised if you get an e-mail or phone call from Doug Eccles seeking your help at the following club events this year:

- The Lake Evergreen Triathlon July 14.
- Undercover Safety, a joint project of the Children's Hospital and the local Red Cross chapter. Volunteers will go into schools to talk to young children about bike safety.
- No Baloney, scheduled for Aug. 25.

IVW Presidency Position

By Mike Honnold

Over the past few months, I've been putting a lot of thought into my current position of IVW president. While I delight in being one of the main local contacts for cycling-related activities, all the time I've been spending away from my family, hobbies, and career is starting to take a toll. Since moving to Peoria over 10 years ago, I've been highly involved for 9 of those years in the Peoria Bicycle Club and/or the Illinois Valley Wheelm'n. I am now realizing it's time to move on and let someone else steer this tandem from the captain position while the rest of you help stoke them along.

For the next few months, we are going to post the "job opening" you see below and hope it generates discussion among club members and the board to potential candidates interested in the position. Should no interest be generated from the newsletter article, your IVW board will proceed with "Plan B" which will be revealed at a later time. Don't worry – the Illinois Valley Wheelm'n will not disappear off the face of the earth should someone fail to step forward. We only want to make sure the right leaders are in place to take our club into 2013 and beyond.

With that – I thank you again for a great time as president, and I'm looking forward to the next few months we spend looking for a proper replacement! Should you have any questions about the presidency position, and what is required, feel free to shoot me an e-mail at cannondale_25@juno.com OR 309-696-2591.

Qualifications:

- *Self-starter
- *Ability to lead and/or direct others
- *Effective communicator (verbal and/or written)
- *Familiarity with and access to electronic communications

Responsibilities:

- *Develop agenda for and lead monthly IVW board meetings
- *Call special meetings of IVW board and/or club members should need arise
- *Act as lead communicative conduit for club through website, e-mails, and phone calls
- *Represent or ask others to represent club at local bicycling advocacy efforts/events
- *Look for opportunities in local community where IVW club may help out and/or benefit
- *Contribute articles to monthly IVW newsletter and/or IVW website; as needed
- *Look for opportunities to improve the IVW club from an administrative or leadership perspective
- *Lead/chair year-end IVW board meeting of all members

Bikes for Kids

By Mike Honnold

On May 19th, 2012, Salvation Army and the Illinois Valley Wheelm'n are partnering up to host another "Bikes for Kids" event. For those of you who may not be familiar with the concept, every two years we host this event with Salvation Army where anybody from the community can drop their unused bikes off, and the Illinois Valley Wheelm'n provide mechanics throughout the day to fix/repair the donated bikes. While some bikes only need a bit of cleaning or adjustment, other bikes require new tires/tubes, chains, and even a seat! Once the bikes are considered "road worthy" by the testing crew, our local Salvation Army chapter donates the bikes back locally to children and adults who are in need.

If you have a bike or many bikes you would like to donate to our cause, please come to the old Firestone automotive repair garage at the far southwest corner of Northwoods Mall parking lot in Peoria between the hours of 9 AM and 3 PM on Saturday, May 19th. Should you not have any bikes to donate, we are also looking for IVW members who are either good at turning a wrench or cleaning up bikes to make them look as close to new as possible. If you are interested in helping at this event, please contact Mike Pula at 264-9396 OR MIKEPULA@gmail.com

PAMBA Movie Fundraiser

By Mike Honnold

On Friday, March 2nd, 2012, PAMBA will be hosting a movie fundraiser night to support their local mountain bike trail building efforts at the historical Apollo Theater (311 Main Street) in downtown Peoria, IL. Starting at 7 PM, "Bicycle Dreams" will be shown on the big screen – a documentary-style movie detailing the efforts required by numerous teams and individuals to complete the annual bicycle Race Across America. Tickets are \$15 at the door on the night of the show. Only one showing of the movie will be taking place, so there is no guarantee any tickets will be available the night of the show!

Potential Changes to IVW Bylaws

60 DAY OFFICIAL WRITTEN NOTICE

By Mike Honnold

According to the IVW written bylaws/constitution, anytime the board feels need to make a change to our governing document, written notice must be given to all members 60 days in advance of the anticipated revisions. Once 60 days have passed, all changes are voted on at the next appropriate monthly board meeting by all IVW members in attendance (non-board members included). If a 2/3 majority of members vote for the change by show of hands, it is passed and adopted into the bylaws/constitution.

Response was very positive last month for the proposed change to our IVW membership renewal period. More details will be forthcoming in the next few weeks regarding this change, but we would like to put the proposed changes into writing so our 60 day review process can begin. While reviewing the bylaws/constitution for membership renewal changes, we also noticed a few other statements that appeared to be outdated based off how the club currently operates. For the purpose of killing many birds with one stone, we would like to put these other changes into writing so the bylaws/constitution can be updated at the same time.

Current plans are to post these proposed changes in the March and April newsletters to meet the required 60 day written notice requirement. Once those newsletters have been published, tentative thoughts are to vote on all changes at the Thursday, May 10th, 2012 IVW Board meeting held at Peoria Panera in Westlake Shopping center. If you would like to review the entire IVW bylaws/constitution in the current published state, visit our website at www.ivwheelmn.org, click on the "Club Information" tab at the top of the page, and then click on "Bylaws and Constitution"

Proposal #1 – Article III – Membership; Include the lifetime membership option in the list of available memberships. This option has been available to members for the past 2 or 3 years, but apparently was never added into our bylaws/constitution.

Proposal #2 – Article IV – Dues; Instead of being paid anytime during the calendar year, all members will be converted over so the renewal process begins on January 1st of the given year. Should a new member join during the calendar year, they will pay full dues up to and including June 30th, and a pro-rated rate of ½ current dues starting on July 1st. Once the calendar year rolls over, each previous new member will begin paying their full-price rate on January 1st. If a current member forgets to pay their dues on January 1st, the new member pro-rated dues process will apply. Renewal dates will no longer be communicated through the newsletter labels. Beginning on or around November 1st of each year, a membership drive will begin via newsletter & e-mail to remind members of the January 1st renewal date.

Proposal #3 – Article IV – Dues; Cost of club dues will be determined/reviewed by the IVW board on a yearly basis based off current club operational & administrative costs.

Proposal #4 – Article V – Meetings; The annual board meeting and election of IVW board officers will be held during the month of November

IVW Beneficiary and Advocacy Activities

By Mike Honnold

Last month, a club member asked me to put together a list of all the things our club has done over the past few years to benefit another organization, or advocate bicycling rights. I know I've probably left off some activities, but below is our "short list" for this month. Please take a look at this list, and think of ways you've helped our club out in the past, or could help our club in the future. I certainly think this is a list we all should be proud of as a club – thank you for all your efforts over the past four years!

Salvation Army Bikes for Kids (funding & volunteers)
 Pedals for Progress (donation - worldwide organization that provides bikes to 3rd world)
 Workingbikes.org (donation - Chicago organization donating bikes to underprivileged)
 League of Illinois Bicyclists (donation & local/national advocacy work)
 League of American Bicyclists (donation & local/national advocacy work)
 Lakeview Museum (museum donation & promotion of local events)
 Peoria Park District Bike Safety Town (Volunteers & donations)
 Friends of the Rock Island Trail (Volunteers, donation to map project, donation to signs)
 Camp Kearney (South Side Mission - bicycle donations)
 Wildlife Prairie State Park (donation)
 Cycling Advocacy talks at local Rotary Meetings
 No Baloney Ride (promoting local bicycling opportunities/advocacy)
 Routes & Recipes book (promoting local bicycling opportunities/advocacy)
 Publish monthly newsletter (promoting local bicycling opportunities/advocacy)
 Volunteering at Lake Evergreen Triathlon
 Pickup of Litter for Peoria County along section of Parks School Road
 Organized Bike Safety Booth for Peoria Family Festival
 Red Cross Bike Rodeos (Volunteers)
 Organize Peoria Ride of Silence to honor victims of bicycling-related incidents
 Weekly organized rides by club members to promote idea of local cycling opportunities
 Represent local bicycling advocacy efforts for new road projects being proposed by IDOT

Bacon Bits

By Morgan Grigsby

The No Baloney Ride taking shape and is looking better than ever! This year's ride will take place on Saturday, August 25, 2012. We are taking the ride back to Chillicothe, and will be hosted by the Chillicothe Christian Church.

I am pleased to announce that this year's registration opened with discounted rates on February 1, 2012.

Registration fees are as follows:

	Feb 1 – Mar 31	Apr 1 – Jul 31	Aug 1 – Aug 25
Individual	\$15	\$20	\$25
Family	\$40	\$45	\$50

Visit www.active.com to take advantage of these great rates! Paper forms available for download at www.ivwnobaloney.com.

We are always looking for volunteers (before, during, and after the ride) and sponsors. Please contact me (309-363-3066 or MorganClayGrigsby@gmail.com) if you would like to help or have an idea for a sponsor.

Additional ride information will continue to be available at www.ivwnobaloney.com.

Spring Dinner!

Sat. April 14, 2012

6-8 pm

Good Tequilas

5025 W. American Dr. – North of the Shoppes at Grand Prairie

No speaker this year – we'll have a short business meeting to discuss important club spring cycling issues/events, and then you will be given the opportunity to share ideas of what you would like your club to do socially! We can have monthly 'parties' or a couple a year, I need is your input to help make the club special for each of you. Food for thought would you like your bike club to organize: group dinner after an evening ride; more eating events; picnics; family events; bowling; an opportunity to swap/sell your biking equipment you no longer use; long rides out of the area; other ideas. I certainly hope to see you on April 14th, but if you can't make it please email me with your ideas – Thanks, Marsha Ray



- Where:** Peoria's Upper Glen Oak Park (begin & end)
- When:** May 16th, 2012
Assemble 6:30 P.M. - Ride 7:00 P.M.
- The Ride:** Approximately 8-10 miles long at a 10 MPH pace on residential and side streets. The police-escorted ride will take place on open roads, and those participating will be expected to ride safely, & obey all traffic laws.
- Why:** To honor those who have been killed or injured while riding. Our ride honors local cyclists Diane Matuska and Jessie "Jay" Jackson.

• Ride of Silence is a nation-wide event to honor those who have been injured or killed while riding their bicycles. For more information, please visit WWW.RIDEOFSILENCE.ORG

• This event is free. All participants **MUST** be over 18 years of age, or 16 with a legal guardian. For safety reasons, all riders **MUST** wear a bicycle helmet. Any cyclists without a helmet will be asked to not participate in the ride.

• The Illinois Valley Wheelm'n are endorsing the 2012 edition of Peoria's Ride of Silence. For further information regarding this local event, please contact Bill Clark @ 347-4841, or Mike Homold @ 696-2591

OUT-OF-THE-BOX TOURS

Out-of-the-Box Tours are ready to start. Hope you are ready to join us! We want you if you are looking for a different route, a different crowd, a ride that leaves you neither exhausted nor feeling short-changed – and if you like to smell the roses (or dandelions) along the way. The pace will be Level One, no one will be dropped, and Cora Lynn Green and Barb Drake will be your leaders again, with a little help from our biking buddies.

We'll be going back on the Great River Trail this year and looking at another weekend ride. Look for those plans, and the rest of the ride schedule, to be nailed down in future newsletters. Here's a heads-up on the two April rides:

April 2: That Old River Beach Road. This ride from Dunlap to Chillicothe via River Beach Road is familiar but always beautiful. We'll leave from Dunlap Grade School at 10 a.m. Lunch will be somewhere along the route. This 30-mile season opener will be terrific if April turns out to be, well, as nice as January was.

April 23: Over the Spoon River. Read up on your Edgar Lee Masters before heading out to the poet's haunts. Better yet, just get your bike ready and hope for good weather. We'll meet at 10 a.m. at the Princeville park just off the Rock Island Trail, bike north through Duncan and head west to Jersey, 28 miles in all. Lunch will be in Princeville.

Let Barb (692-1201, bdrake@mtco.com) or Cora Lynn (683-3083, cora_lynn@yahoo.com) know if you plan to show up for a ride. That way we can let you know if weather requires cancellation or a change in start-up time. And watch for more rides to be listed when these two get their acts together.

2011/2012 IVW Club Mileage Competition (below)

Join the ranks of those individuals keeping tabs on their club mileage. This is a friendly competition aimed at promoting cycling. Anyone can join in. Just email your information to cannondale_25@juno.com. Accolades are given at the Annual Dinner in November of each year. Mileage totals run November thru October of each year.

Rider Name	January 2011 Mileage	2011/2012 Total Miles
Steve Kurt	304.6	949.34
Steve Berger	276	903
Edith Albright	751.75	781.95
Suzanne Wheeler	76	319.39
Tom Dorigatti	148.81	230.15
Mary Lou Price	40.25	215.37
Chris Salvador	70.19	82.77
David Gehrt	0	0
Chris Gibson	0	0
Maggi Wettstein	0	0
Fai Mok	0	0

Classified Ads

Classified ads for club members are welcome. Let me know if you want to post a bike/item for sale or a wanted ad. Commercial ads are also welcome at a charge of \$25 for a half page and \$50 for a full page. To submit any kind of ad, send an electronic document compatible with Windows to trisandi00@gmail.com.

All materials (including payment) must be received no later than the 15TH of the month preceding the appearance of the advertisement.

FOR SALE !

A **swagman hitch** mounted 3 bike carrier
Excellent condition. \$80 or best offer. Please
call or text Derek Sans at 309-472-3405 or you
can email at d.sans@comcast.net. Thanks.

Men's Pearl Izumi Elite **Thermafleece Cycling Tight**.
Size XXL. Has Elite 3D chamois. These are new-with-
tags. MSRP \$125. Yours for \$65. Our mistake is your
chance for a great bargain! Email
elcamino61@yahoo.com, or call 309-635-0327.

2009 Specialized Langster Steel single speed road bike,
size 54cm. Can ride as fixed or freewheel, SS cog &
freewheel installed on flip-flop hub. Has front & rear
brakes. As new, built by LBS mechanic. Sharp! \$500
OBO. For more details please email
elcamino61@yahoo.com, or call 309-635-0327.

WANTED:

Information on self contained,
touring. Picking camping spots, food, cooking gear,
Etc. Call Bill at (309)241-0949

FOR SALE:

PUT YOUR AD HERE FOR FREE!
Contact Jennifer Sandenaw
trisandi00@gmail.com

IVW "Routes & Recipes"

Available for purchase at the following locations.

Bushwhacker Ltd.

4700 N. University, Peoria
692-4812

Illinois Cycle & Fitness

9016 Allen Road, Peoria
693-2691

Little Ade's Bicycles & Repairs

305 N. 5th St. Pekin
346-3900

Russell's Cycle & Fitness

10 Valley Forge Plaza, Washington
444-2098

Mike Honnold

President IVW

696-2591

Cannondale_25@juno.com

ILLINOIS VALLEY WHEELM'N -Fall/Winter - 2012 Local Rides Schedule

****NOTE:** If you have any doubt about the times/dates, please check our ride calendar at www.ivwheelmn.org – it is considered the “safe source”

Saturday Show and Go Level III: Leader(s): SHOW & GO

Location: [Washington Square; Washington, IL; East side, behind Amoco Gas Station](#)

Start Time: 8:30 a.m. **Start Date:** All year long depending on weather

Ride Info: Show and go **Distance:** 20-60 miles **Food:** Possible breakfast / gas station stop

Saturday Show and Go All Levels: Leader(s): SHOW & GO

Location: [Russell's Cycle and Fitness; Valley Forge Plaza; Washington, IL](#)

Start Time: 8:30 a.m. **Start Date:** All year long depending on weather

Ride Info: Show and go. **Distance:** 30-60 miles **Food:** Possible meal / gas station stop

Most of the evening rides are over for the season. An occasional ride may be organized on a moment's notice, so please keep an eye on the website for announcements.

Take time to thank the ride leaders for their dedication through out the season, for helping make the club what it has become known for: great rides, great riders, good company, and lots and lots of food.

See you in the spring!

ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

Name #1 _____ Birthdate _____
(Please print clearly This must be an Adult)

Name #2 _____ Birthdate _____

Name #3 _____ Birthdate _____

Name #4 _____ Birthdate _____

Unless otherwise requested, as of 1-1-11 all newsletters will be email only.

Email address (print clearly) _____

Address _____

City _____ State _____ Zip _____

Phone () _____ - _____ (cell) _____

Signature (Adult #1) _____ Date _____

Are you renewing or is this a new membership? (Check One)

Renewing _____ New _____

Electronic Newsletter _____

Paper Newsletter _____

(check one)

If new, how did you find out about the club?

Member of:

League of American Bicyclist

Yes _____ No _____

League of Illinois Bicyclist

Yes _____ No _____

Yearly Membership

Individual (\$15) \$ _____

Household (\$20) \$ _____

Lifetime (\$250) \$ _____

Voluntary advocacy contribution

(\$5, \$10, \$15, other) \$ _____

Total Enclosed \$ _____

Disclaimer: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n (IVW) bicycle club of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said club.

REGISTER ON LINE AT: www.signmeup.com

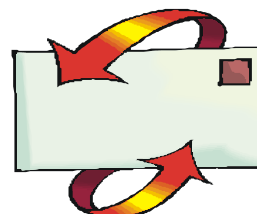
Make check payable to: Illinois Valley Wheelm'n, 6518 N. Sheridan Rd., Ste. 2, Peoria, IL 61614-2933

ILLINOIS VALLEY WHEELM'N
6518 N. SHERIDAN RD. STE 2
PEORIA, IL 61614-2933

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**When does your annual
 membership expire?
 Check your mailing label or
 the list on page two of the newsletter.**



EVENT PLANNER

Date/Time	Event Name	Location
Friday, March 2 nd , 2012 7 PM	PAMBA Movie Fundraiser "Bicycle Dreams"	Apollo Theater 311 Main Street; Peoria, IL
Sunday, March 18 th , 2012	St. Patrick's Day Ride www.wheelmen.com/pats.htm	Wauconda, IL Wauconda High School
Saturday, April 14 th , 2012 6 PM	IVW Spring Social Meet, Greet, and EAT!	Good Tequilla's Bar & Grill 5025 W. American Prairie Dr. Peoria
Saturday, April 21 st , 2012 8:30 AM	IVW & Russell's Spring Breakout Ride!	Russell's Cycling and Fitness Washington, IL
Wednesday, May 16 th , 2012 6:30 PM	Peoria Ride of Silence www.rideofsilence.org	Upper Glen Oak Park Peoria, IL
Saturday, May 19 th , 2012 9 AM to 3 PM	Salvation Army/IVW Bikes for Kids	Northwoods Mall / Firestone Bldg. Peoria, IL
Saturday, August 25 th , 2012 6 AM	No Baloney Bicycle Ride	Chillicothe Christian Church Chillicothe, IL