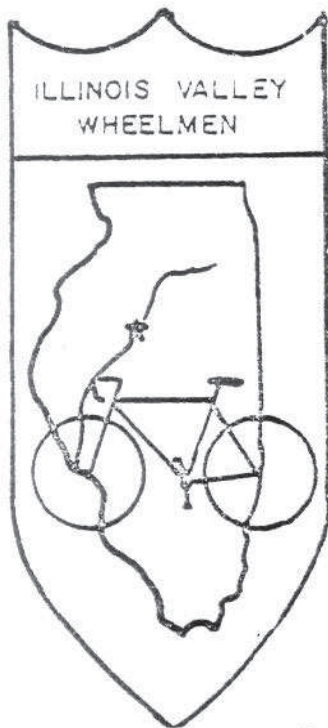


ILLINOIS VALLEY WHEELMEN

P.O. Box 1523, Peoria, ILLinois



APRIL 1980

Volume 5, Number 3

President	Ron Matuska	688-2488
Vice President	Steve Meisner	692-9724
Secretary	Ron Anderson	444-2013
Treasurer	Rick Roth	682-7988
Ride Chairman	Les Siegrist	444-4660
Program	John Wellwood	685-9348

APRIL MEETING - 4/24/80 7:30 p.m. C.O.R.D. Building 6518 N. Sheridan Rd, Peoria, Illinois. Program: "Safe roads and bridges" slide program on typical hazards including access to bridges across the Illinois River. Question and answer period. Merle Krause, IDOT District Bikeway Coordinator and David Abbey, Peoria City Traffic Dept. will be attending. Snacks will be available.

PRESIDENT'S NOTES: Too frequently I have observed bicyclists ignoring the 'rules of the road'. Many experienced riders have a hypocritical attitude, they expect motorists to obey traffic regulations but refuse to obey them themselves. I'm sure that if drivers of motor vehicles ran as many stop-signs

as cyclists our roads would be littered with bodies and junk cars. Experienced bicyclists and especially club members should recognize they are examples of what should be good cycling habits. They are looked up to by the newer and usually younger rider as a model they should emulate. On a recent A.Y.H. ride in St. Louis the leader ran almost every stop sign and red light. He was followed through the intersection by the dozen other riders, several out for the first time and about 12 years old. The next time you try to rationalize why you ignored that last stop sign, remember why we have traffic laws and what would happen if all of us decided to disobey them. Ron.

DON EBERLE' IVW PROFILE AND COMMENTS: Robert (Bob) Pattison is originally from Cleveland, Ohio. He went to Findlay College. Bob is a journeyman Machinist and also has a B.S. degree in Marketing. He works as a Process Engineer at Modine MFG. Co. in Bloomington. Bob started bike racing in Ohio in 1973, and he joined the IVW and the velo team in 1976. Last year Bob did not ride much, but raced 3 times. Bob is 34 years old, and now lives in Normal with his wife Louise and 2 children. He has 2 bicycles both Alan Fabos. Bob rides for physical fitness and commutes to work. In the off season he rides the rollers, jogs and jumps rope. Bob is ready to try X-Country Skiing. *** Our hypothetical man has fewer worries if he is a biker riding 50 miles per day. Instead of a mere 2200 calories, he will need in excess of 4000 calories per day, a lot of food in anyone's book. You will find eating large quantities of everything in sight is a great bonus to the joy of biking.*** Don

CYCLING JOURNALISM: High gasoline prices boost bicycle commuting. Seeking to drive less and keep fitter, more workers commute by bike in Portland, Ore; Atlanta and other cities. An estimated 130,000 New Yorkers commute by bicycle a tenfold increase since 1975, a city official says. Seattle has about 3200 bicycle commuters. Bike lanes, lockers and racks proliferate, spurring the trend. A San Francisco stock broker figures he saves nearly \$2,300 a year biking instead of driving. One commuter cyclist is presidential speechwriter Rick Hertzberg. A halfmillion persons commuted by bike in 1975; a million more could cut U.S. oil usage by about 3.2 million barrels a year, federal planners say. Hazards remain: theft, nasty drivers, nauseous traffic fumes and perspiration. Some biking execs shower at the office. March 18, 1980 Wall Street Journal

THIS IS TO BE THE LAST MAILING FOR THOSE WHO HAVE NOT RENEWED.

AMERICAN CANCER SOCIETY'S "BIKE-A-THON" May 10, 1980 from 8:00 a.m. to 12:30 noon at Illinois Central College starting point is Dirksen Hall. For sponsor sheets or more information call the American Cancer Society at 688-3488.

IVW NOTES & COMMENTS

An Engineering firm is beginning a year long study about the new Franklin Street Bridge and they are to consider all modes of transportation across the river. If you would like to use this bridge, now is the time to make your needs known to the planning firm. The address of the firm is as follows: Howard, Needles, Tammen, Bergendorf, 230 West Monroe Street, Chicago, Illinois 60606.

It has been suggested that our Club sponsor a two day National ride from Peoria to Starve Rock State Park. Sounds interesting?

How about a all women's ride. It seems like a interesting idea that is in the planning stage with Joanne Fought fun ride committee.

The Lowenbrau Area Distribution is sponsoring the Morton Criterium and are being very generous. We hope the IVW can return the generosity.

Dale Kruse who has generously provided the Club with entertainment at our February meeting has just got married. Congratulation Dale.

How about a progressive meal on wheels? It has been tried with success in other Clubs.

The Club will be taking orders for jerseys at the April meeting. And the Club hopes to collect some more dues this month. We hope all the old members renew their membership.

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Name _____ Phone _____ New _____
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BICYCLING INTERESTS: short, slow-pace ___ Sat. or Sun. Racing ___
local rides ___ X-Country Tours ___

MAIL APPLICATION AND DUES TO: Illinois Valley Wheelmen Dues: \$5.00
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IVW
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Hours: Monday -

Thursday 9 - 6 Friday 9 - 8
Saturday 9 - 5

HERE ARE A FEW PHOTOS THAT SHOW REASONS SOME PEOPLE TRAVEL LONG DISTANCES TO RIDES. "GENERALLY FOR A GOOD TIME"



TIME	DESCRIPTION	RIDE LEAD
8:30 a.m.	Meet at Washington Square for ride through country	Ron Anderson
6:30 p.m.	Meet at McClure Library in Peoria for short rides around town Meet at Washington Square for short rides around Washington rides will start May 7 and continue through the summer.	Joe Mugav Les Siegr
8:30 a.m.	Meet at McClure Library. Ride to Grandview and Glen Oak Park Under 10 miles Meet at Peoria Players in Bradley Park. Ride to Bartonville and Pottstown and back to watch the races.	Marilyn 682-1991 Les Sieg 444-4660
8:30 a.m.	McClure Library - Ride toward Sheridan Village. Stop for coffee. Around five miles.	Dorothy 682-7914
9:00 a.m. May 3 & 4	Dekalb Windy 60 Metric Century N.I.U. Field House. Dekalb Ill	Don Eber 699-2790
7:00 a.m.	Pedal-In 10/25/50/100 Miles Washington Square, Washington, Illinois	Ron Anderson Les Siegrist 444-2018 444-4660
7:00 a.m. 25	Blackhawk Metric Century Rockford, Illinois	30 or 60 miles Don Eber 699-2790
8:30 a.m.	Meet at Pekin Insurance Building Pekin, Illinois Ride to Mackinaw and back to Pekin. Around 40 miles	Jack We 387-6282
2:00 p.m.	Meet at McClure Library. Ride to Wardcliff area. Under 10 Miles	676-6849 Joanne and Jack Fought

VITESSE VELO RACING TEAM NEWS: Plans for the upcoming four bicycle races are being
 finalize and every thing seem to indicate a fine set of USCF bicycle races. Jay Manthey
 Bob Pattison have done a lot of hard work to promote the following races: April 26
 Oak Park 10:45 a.m., April 27 Miller Park Bloomington 9:30 a.m., May 3 Morton Critc
 10 a.m., May 4 Bradley Park 10:00 a.m. The Club training race schedule is as follows
 6 6:30 Pioneer Park May 13 6:30 Deer Creek
 20 6:30 Eureka May 27 6:30 Pioneer Park
 Contact Ken Becklerat 745-5458 for more information.