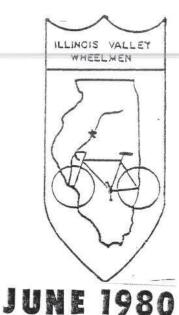
ILLINOIS VALLEY WHEELMEN p.o. box 1523 peoria illinois



Volume 5 Number 5

688-2488 President Ron Matuska 692-9724 Vice President Steve Meismer Ron mic Rick Roth Ron Anderson 444-2018 Secretary 682-7988 Treasurer Ride Chairman Les Siegrist Program John Wellwood 444-4660 Program

JUNE MEETING: 6/26/80 7:30 p.m. C.O.R.D. Building 6518 N. Sheridan Rd. Peoria, Illinois. Program: A film entitled "Bike Safety on the Road" It is based on the book by John Forester called Effective Cycling. Snacks will be available afterwards.

PRESIDENT'S NOTES: Take your bicycle along on your next vacation. Whether your're planning a week long camping trip or a short one day rides around your favorite resort biking will allow you a much more leisurely way of enjoying your time off grom work. Don't forget to bring bikes for the entire family. Bicycling with your children and spouse will permit you to spend more time together, they might even begin to appreciate why you like riding a bicycle so much and begin to take an interest themselves. You should consider a trip to Wisconsin's

The L.A.W. Centennial, held in Kingston R.I., was an event I'll remember for a long time. There were a number of great rides including a mass ride of 1750 bikers from Kingston to Newport and another billed as "The Century of the Centruy". The route was very hilly and the Eastern Forests and clear-running Streams provided a contrast to typical Illinois scenery. Jim Fulton was elected president of the League for the coming year. Among the bikers I had the pleasure of meeting and riding with were Jack Goertz, L.A.W. treasurer and Trek dealer; John Forester, former pres. and now I'st V.-pres; Carter LeBeau, QCBC and Ralph Hirsch, L.A.W. legislative director. Ron

DON EBERLE'S IWW PROFILE AND COMMENTS: Carol Stiles is originally from Astoria Illinois and she nows lives in Eureka. Carol works as a secretary for DMI, Inc. in Goodfield. Carol has one bicycle a Raleigh, supercourse which she rode about 500 miles last year. She is a past ride chairman for the IVM. Carol rides for recreation and physical fitness, her other interests are dancing, hiking and roller shating.**** When out riding think defense all the time, don't be dead right. Too much water is worse than not enough, don't worry about dehydration so much, learn your capacities. On longer rides nibble on fruit it will keep you going. See you on the road. Don.

a walk on the wild side

The IVN is offering a guided tour of the Wildlife Prairie Park with Rutherford as our gide. This is a late evening walk of the Park and is part of Joanna Fought's family outings program. Meet on tuesday July 2 at 7:30 p.m. at the front gate to the Park. Since the Park is closed at that time we must go in as a group. For more information call Marilyn Gottwald at 692-1991.

PARTICIPAT FUN & REWARDING

ILLINOIS VALLEY WHEELMEN club of bicycling enthusiasts

ILLINOIS VALLEY WHEELMEN RIDE SCHEDULE

		LLLINGIS VALLEY WHEELMEN RIDE SCREDULE	
JUNE & JUL DATE	Y 1980 TIME	LES SIEGRIST DESCRIPTION	RIDE CHAIRMEN RIDE LEADER
SUNDAY June 22	8:30 a.m.	Peoria Courthouse to East Peoria and Fondulac Drive.	Bob Craghead 699-2873
SUNDAY June 22	8:30 a.m.	Meet at Peoria Courthouse, ride to tremo about 40 miles	
FRIDAY June 27 or salad)	6:00 p.m. and your own	Family picnic at Bradley Park. Pot luck. Bring a dish to serve 8 (meat, vegetable table service. Program: Ron Anderson towing Bicycles Better." Coffee provided.	Jack & Joanne Fought 676-6849
FRIDAY June 27	6:00 p.m.	Ski Club trip to Elroy-Sparta bike trai	l Gene & Dixie Snyder 691-5146
SUNDAY Jume 29	8:30 a.m.	Meet at Limestone High School, ride to Canton and back. 50 miles	Dave Wenzel 637-8260
Friday July 4	8:30 a.m.	Independence Tour Joliet Illinois 30 or 62 miles	Don Eberle 6999-2790
EUNDAY Fune 6	8:30 a.m.	Mapleton to Glasford & back Mest at Cat Parking lot in Mapleton	Jack Welch 387-6282
SUNDAY Fune 6	9:00 a.m.	McClure library to Peoria Heights around IO miles Marilyn & Da	692-1991 ve Gottwald
SAT & SUN Jul I2 & I	7:00 a.m.	TOUR OF THE MISSISSIPPI RIVER VALLEY two day overnight tour 84 & 103 miles	Don Eberle 699-2790
SUNDAY July 13	8:30 a. m.	Tour of Morton area. Meet at Field Shopp Center in Morton	ing Jack Welch 387-6282
SUNDAY July 13	5:00 p.m.	Meet at 50I N. Glenwood and ride to West Peoria followed by wine & cheese (wine w be provided and bring a favorite cheese	ill 672-6849
FRI & SAT Jul 18 & I	5:00 p.m. 9	Meet at Jubilee Park for Campout Be ready for ride at 6:00 Friday night There is small camping fee at the Park	Jim Roberts 694-380I
SATURDAY July I9	7:00 a.m.	Dixie Manor to Dunlap 20 miles	Max Koehl 692-I529
NUNDAY Nuly 20	8:30 a.m.	Meet at Peoria Courthouse and ride to Eureka 40 miles	Les Siegrist
NUNDAY Nuly 27	8:30 a.m.	Meet at Pioneer Park Bank for ride to Dunlap and back. short easy ride	Rich & Elaine Roth 582-7088
UNDAY July 27	3:30 a.m.	Meet at Mossville Grade School & ride to Edelstein and back	Dave Venzel 637-8260
UNDAY July 27	7:00 a.m.	Humid IOO Dekalb Illinois	Don Eberle 699-2790
Every Sat	3:30 a. m.	Heet at Mashington Square for ride in country around Mashington	Ron Anderson
Na	6:30 p.m.	Meet at McClure Lib. for short ride in P	ao Toe Murawano

If you see your favorite ride missing from the ride schedule, please contract Les Siegrist and he will help you out.

ILLIMOIS VALLEY WHEELMEN 1980 APPLICATION FOR MEMBERSHIP

NameAddress	City/ZipPhone	NewRenewal
BICYCLING INTERESTS: short, local	slow-paceSat. or Sun. Racing ridesX-Country Tours	
MAIL APPLICATION AND DUES TO	0: Illinois Valley Wheelmen Dues: P.O. Box 1523 Peoria, Illinois 61655	\$5.70

People who know go Peugeot



N MAIN Washington, IL

Ph. 444-2098

Hours: Monday - Thursday 9 - 6 Friday 9 - 8 Saturday 9 - 5

PEDAL-IN REPORT: The 6th Annual Pedal-In was successfully run on Sunday, May I8. A total of 95 riders participated. While most of those were from the Peoria-Bloomington area, there were about I0 riders each from the St. Louis and Chicago areas, and smaller numbers from our neighboring clubs in Jacksonville, Champaign, Springfield, and Quad Cities. The breakdown on distance and numbers is as follows:

(Century (IOO) - 33 riders. Fastest time turned in by Don Eberle

of about 61 hours.

Not-Quite-A-Century(85 niles)- 9 rides Half Century (50 miles) - I8 riders. Moungest 50 mile rider was Chuck Steincamp of Palos Heights, age II. Two other young IVW riders who did well were David Siegrist and Ben Craghead. Quarter Century (25 miles) - 29 riders. Youngest was Grace Matuska

Ten mile loop - 6 riders. Greg Shatton, age 5t, was our youngest Pedal-In rider. (His little sister, our youngest participant,

was behi Dad in a Bugger.)
Les and Ron thank all who helped and hope everyone had a good time. final note: Patches are ordered. Delivery expected in about 8 weeks.

SECRETARY NOTE: The membership roster is included with this newsletter. Please let me know of any errors or address changes. Ron Anderson.

IDE REPORT: June 3 windy, 70 degrees and sunny I) bikers rode out against a stiff wind causing 3 to opt for a shorter route. The rest of us went out Rt. 3 and Texas Road to Elmwood than on to Brimfield and Dunlap. We enjoyed a long D.Q. stop in Elmwood and another stop at the grocery store in Dunlap. We arrived at the store just after closing but the owners were kind enough to let us in. The Beer Garden at 2nd Chance was closed so after the ride we stopped in at Pepe Taco. Among the riders was Brett Rickett who is a very strong rider for someone so new.

RIDE REPORT: June I

With 5 bikies in tow Diane led a ride to Henry and return. There was a lunch break at the local A & W in which we had curve service. The weather was windy and warm and about the only thing to complain about was the mile of wet gravel. David Moore rode quite well on this ride.

RIDE REPORT: JUNE 8 CENTRAL DOUBLE CENTURY who would anybody to a double century? I had never seen Don Eberle tired. Well I can not make that statement anymore. Don was very tired along with two other IVW rides. It was very hot , humid and windy day. Under these very difficult riding conditions the I3½ hours was not too bad of time.

CAMPING TRIP REPORT: JUNE 7 & 8

Dave Venzel reported that the four riders had a head windy both days of riding. But they took thier time and enjoyed the trip. The food at the Lodge was excellent. Dave also reported that one bridge was closed to everything but bicycles.

Saturday morning rides in Washington have contined to be very successful. Also the Vednesday night rides are alive and Well. Everybody is Welcome.

PLEASE DO NOT FORGET ABOUT THE IVW METRIC CENTURY AUGUST (19) 1980



Löwenbräu sponsors the U.S. Cycling Team

IVW/VITESSE RACING TEAM NEWS

Next meeting will be Tuesday Jun I7 after the training race in Pioneer Park. Please contact Richard White with your information about what races you have entered and the fee you paid. Rich's address is 306 town, Watseka, Ill 60970 Upcoming training races: June 17 Pioneer Park July I Eureka July June 24 Deer Creek July I Eureka July 8 Pioneer Park July I5 Deer Creek July 22 Eureka At the present time Ken Beckler a big lead in the points race in our weekly races. Contact Ken Beckler at 745-5458 for more information about the weekly races The racing team has been represented at the area races: Eurlington, Muscatine, Moline, and Aurora. Many of the racers are planning to go to the Wisconsin Wilk race which is a series of nine races. Also the Milwakee's super week will be attended by many of the IVN racers.

IVI NOTES AND CONTIENTS: David Paddock has a good article in the Observer (June II, 1980). "Biking through Central Illinois". He has two bicycle tours descripted and many of the problems encountered by bicylists on these tours. Thanks Dave. **** Dave Diebel, a IVI member from Metamora had a new addition to his family Saturday June 7. ***** Diane has her troubles. This time the small plane in which she was riding in crashed and she never got to the LAW convention. But she toured the Connecticut area and reported to have had a good time. **** Tower Park is sponsoring bicycle races on the Fourth of July, 1890. This is at the corner of Prospect and Glen in Peoria Heights. There will be a series of events in the park on the fourth, beginning with the bicycle races at IO a.m. There will be a stock race for beginners and a stock race for experienced. The stock races will lap a 4.7 mile course down Grandview Drive, behind the golf course, and back up Lake Avenue. Prizes are being donated for the races. Here is your chance Les, Rod,Ron,Jack etc.*** The Illinois Department of Conservation will hold a workshop on Illinois most critical conservation and recreation issues june 26 7 to 9:30 p.m. in Turner Hall Room 200-201 Illinois State University, Normal, Illinois *****

KEEP RIGHT AND DON'T LET THE BAD DOGS BITE!

ITM P.O. Box I523 Peoria, Illinois 61655



