



ILLINOIS VALLEY WHEELMEN

February 1987

Ride of the Month

THE FEBRUARY RIDE OF THE MONTH VALENTINES DAY RIDE

Meet at O'Leary's on Willow Knolls rd. at 8:30 for a scrumptious breakfast. This should be slightly more classy than our usual faire, so bring adequate funds. Depending on the weather, we will ride anywhere from 10 to 200 miles. (no typo) After the ride there will be an IVW BOARD meeting at 11:00a.m. at Nickie Smith's (807 Sante Fe, in Chillicothe). AFTER THAT AT 1:00, at the same place there will be a PARTY. R.S.V.P. to N. Beckler (686-2569) or N. Smith (274-2005)

From the Pres

ON THE ROAD

As we begin yet another chapter in the history of the Illinois Valley Wheelmen, it may be time to look back at how we got here and who we are.

We can go as far back as the 1880's and the original Peoria Bicycle Club. They were the predecessor to the present Creve Coeur Club. But our more recent history goes back to the late 60's and early 70's. Some of the riders from those early years, when we were known as the Tri-County Wheelers, are still with us. Steve Meisner, Dorothy Belke, and Joe Mugavero to name a few. Others have come and gone, their names often just vague memories or sometimes much more, but the fact remains. The IVW existed and prospered because they volunteered their time and efforts to promote bicycling in Central Illinois.

Bicycling is Fun. Period. We don't need any other reason to explain what we do. But most of us joined the club because it is even more fun to share our experiences with other bicyclists. In addition to sharing miles on the road, a lot more fun can be had by sharing all the responsibilities in having an active club. I would not have accepted the nomination for president this year except for the ample evidence that this club wants to remain active. Virtually every leadership position, both elected and appointed, was filled before my election.

From the Treasurer

Acct. Name	IWV Monthly Report for December 1986						
	Monthly Income	Year to Date Income	Budgeted Income	Monthly Expenses	Year to Date Expenses	Budgeted Expenses	Year to Date Net
Membership	-10 ⁰⁰	2061 ²⁵	2600	21.45	172.96	160	1888.29
Pedal-In		2638 ⁵⁵	2800		1816 ⁰¹	1760	822.84
Metric		1387 ⁵⁰	970	690.71	1833.67	685	(446.17)
Whale			375			250	
Sales		572 ⁵⁰	0		605.73	0	(33.23)
Misc.		6 ⁰⁰	30	100	229.09	100	(223.09)
Interest		55 ⁰⁸	45			0	55.08
Publicity			0		82.05	300	(82.05)
President			0			60	
Insurance			0			300	
Newletter			0	303.55	1326 ⁶²	1430	(1326.62)
Rides			0			60	
Program			0		25	100	(25.00)
Trailer			0		81.65	120	(81.65)
Annual Dinner			0	115	270.90	300	(270.90)
Refreshments			0		73.92	90	(73.92)
	-10	6721.18	6820	1230.71	6517.60	5615	203.58
Totals							
Year's Starting Bal.	1382.19						
Income to Date	6721.18						
Expenses to Date	6517.60						
CASH ON HAND	1585.77						

CONT. FROM P-1

But there is still room for more of you, especially the newer members who are just becoming familiar, to participate. I will need a lot of help for Diane's Ride: applications, maps, and cue sheets need to be designed and printed. Food for breakfast, food stops, and the picnic need to be arranged. Everything else needed to make this ride the most enjoyable in the Midwest awaits your help. It could make the difference.

Bill Semmens also needs similar help with The Pedal-In. This year we've moved the date up to the first weekend in June. So time is even shorter with this event. Sam Joslin has done more than his share of work to insure that the IWV remains the voice of Bicycling in Central Illinois. You would have to be blind to ignore the sorry state of our roads, or to ignore the number of incompetent or at least inconsiderate bicyclists. Members included. He also deserves your support.

May The Wind Be At Your Back

Ron



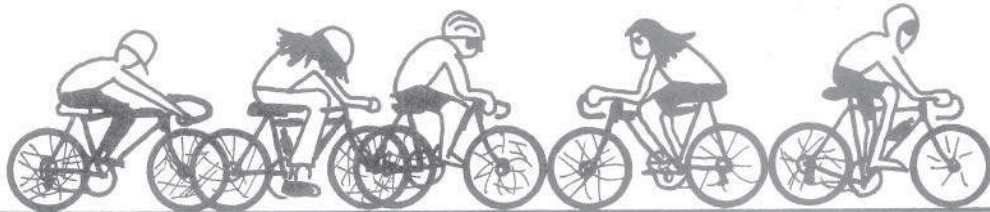
From the Editor

Well my first newsletter has been received, hopefully read and been laid to rest and here I am working on the second one. Time passes quickly when you're having fun.....yes, I'm having fun!

I would like to thank Mo Kelly, Sam Joslin and Ron Matuska for their generous advice and assistance in getting started. Thanks also to Bonnie Davis, Steve Meisner, and Cindy Mathias for their help in getting the newsletters out.

I am really looking forward to doing the newsletter and helping to make the IVW a more thriving and energetic organization. My basic premise is to provide you with alot of club news, general cycling news and to promote all forms of cycling (including touring, racing, commuting, off-road and general). In the coming months some new and old features will be published in the IVW Newsletter such as; profiles of members, ride reports, classifieds, cycling safety messages, local and distant ride maps, racing news, touring news, photos of members and rides, car/lodging pool info for big out-of-town rides, physical fitness, good food for bikers and non-bikers too!, bicycle maintenance, regular and board meetings, ride schedules and much, much more. Keep watching !!!!!

I would appreciate it very much if any of you who have anything of cycling interest would make contributions. Remember, this club newsletter is for and about you.....the IVW member. If you have clippings, letters, artwork, comments, stories, ride info., or anything pertinent, send it to: Dean Grethey, 2302 Sheridan, Pekin, Il. 61554. The DEADLINE for the IVW NEWSLETTER is the first of the month.



Ride Reports

On Dec. 21, 12 hearty souls enjoyed a sumptuous breakfast at the Washington Family restaurant and then 9 of the heartier rode 10-15 miles in near freezing temps. A nice flat cruise with a slight NE wind provided a respite for the sunny warmth of the ride back to the cars. Eric C. got his big long tootsies to turn white like vanilla ice cream.....Peggy T. talked the whole trip.....Dean G. worked off around 45 of the 800 calories he had for breakfast.....and one unnamed rider was seen watering a COMED power pole. Hey! BOB and SAM, where were ya? We all had fun.....I think.

On Sunday Dec. 28, 1986, Another spirited group of 13-15 IVW bikers met at the Cummins Family Rest. on Knoxville for breakfast and Holiday Chit-Chat---Sam rode in on the three wheeler, while the rest car rode. Post pancakes and bacon found Dean, Ken, Marty, Denny and Jack Welch riding to the courthouse and back for an enjoyable 18 mile jaunt in the low 30's temp of the day. Mr. Tresenriter took the Slausen cutoff back to Groveland--Beckler got lost somewhere downtown saying he was going home (He really did, I think?). Thank God for a mild winter so far.

The New Years Day RIDE OF THE MONTH saw 25 or so IVW folks meeting at the Tresenriters' for a mildly raucus breaking in of the New Year. The Rain/sleet/snow didn't keep 12 or so brave souls from doing a 9.5 mile tour of the Lick Creek Valley and Country Club Estates in Pekin. Denny and Peggy did a super job of hosting the event--THANKS! A lot of munchies were consumed and the Trivial Pursuit game got a workout, while the gentlemen watched videos of the Tour de France and Worlds in the family room. See accompanying photos!

EXECUTIVE BOARD MEETING

The executive board met on Jan. 18, 1987. The following topics were discussed.

Membership- We will make a current roster of 1987 members. If you do not want your address or phone number listed, please contact Bill Overbey (691-0040) the membership chairman.

SOCIAL-----We are checking out the idea of a joint meeting/cross country ski trip with the Sierra Club.

AWARENESS---Sam needs help with this committee, anyone interested see Sam.

BUDGET-----Proposed 1987 budget; INCOME=\$7,060 EXPENSES=\$6650

The next Executive Board meeting is at Nickie Smith's, 807 Sante Fe, Chillicothe on Feb. 15th at 11:00 a.m.

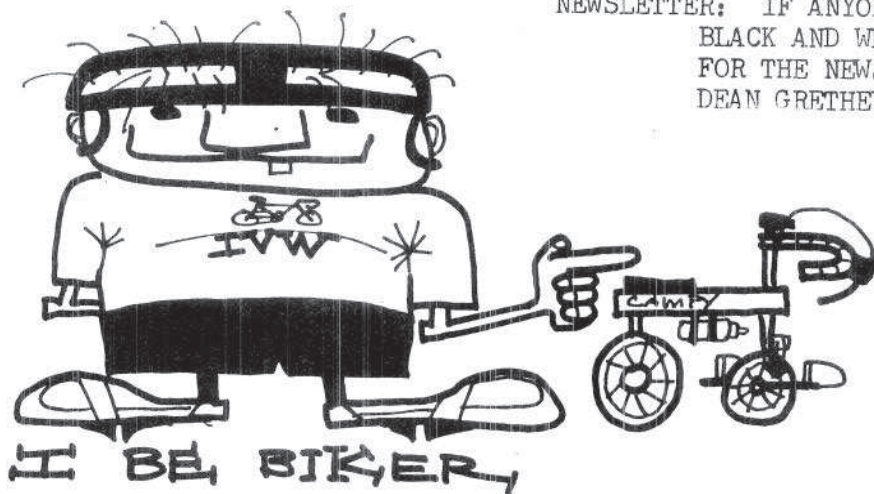
JANUARY 22, 1987 MONTHLY MEETING OF THE IVW

A SHORT BUSINESS MEETING WAS HELD DURING THE SWAP MEET. WHERE THE FOLLOWING ITEMS WERE DISCUSSED:

BUDGET: LAST YEAR'S EXCESS WAS \$200. THE PROPOSED EXCESS FOR 1987 IS \$490.

NEWSLETTER: IF ANYONE IS INTERESTED IN TAKING BLACK AND WHITE PHOTOS OF THE CLUB RIDES FOR THE NEWSLETTER, YOU SHOULD CONTACT DEAN GRETHEY, (346-0645) FOR INFO.

DUES: THE FEE STRUCTURE HAS BEEN CHANGED SO YOU GET 12 MONTHS FROM THE DATE YOU JOINED.



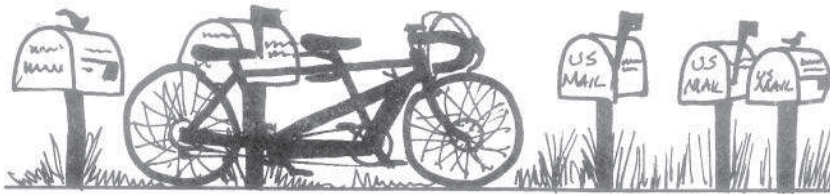
The Racer Report

Since most of the Vitesse Racing Team are also IVW members and racing is another facet of bicycling, each month you will find an article on racing news and events.

At the racing team's annual meeting, I was elected president, Randy Senneff was named coach, and Ted Gambogi became secretary. About 20 members were present to discuss training schedules and events for the upcoming year. One winter training activity is group roller riding held at the Vitesse shop on Wednesday nights at 6:00P.M. This is a good time for those interested in racing to get information and to talk to members about getting started.

Now is the time that racers are trying to build their base miles before starting their hard spring training. This applies to tourists, also, and one should try to ride early spring miles with the emphasis on style and technique rather than jumping right into long and hard pounding miles. Everyone needs a base to work from to make riding enjoyable and injury free.

Denny Tresenriter



From the Mailbox

From: Blackhawk Bicycle Club (Rockford, IL.)

A new atlas of rides in Winnebago and surrounding counties has been published by the Blackhawk Bicycle Club. All are rides the club has used many times, and all are out in the country on little traveled roads, with some short exceptions. It is available by mail for \$4.00 to: Blackhawk Bicycle Club, Box 6443, Rockford, IL., 61125

Bicycle USA National Rally: at Michigan State University, Write; "87 National Rally
P.O. Box 25114
Lansing, Michigan 48909

JULY 19-25 RAGBRAI XV The Des Moines Registers Annual Great Bike Ride Across Iowa
Cutoff date for entry is April 1st, 1987 For info:
RAGBRAI, Box 622, Des Moines, Iowa 50303

Snow White 60 June 28, 1987, 30, 60, 100 Mile distance for WOMEN ONLY 312-398-1650
Mary Ellen Spirek, Arlington Hts., IL
ARLINGTON TRIATHLON, July 5, 1987, Sponsor; Arlington Hts. Festival 312-398-1650

BAMMI August 2-9, 1987 A week long bike trip sponsored by the Chicago Lung Assoc.
Contact; Mary Jo Pryble (312) 243-2000



Who is that "MASKED WOMAN"?

The Illinois Valley Wheelmen recently donated \$179.00 to the Wayne Phillips Trust Fund. Seventy-nine dollars were raised at Diane's Ride and the club pitched in \$100. A thank you was received from the WPTF for the donation which stated that \$120,000 had been contributed to the fund. If you are not aware, Phillips was severely injured by a hit and run driver while riding the 1985 RAAM. Phillips is now working on his recovery and is attempting 10K wheelchair competitions. Good Luck Wayne!

Sam Say's

THREE WHEELS, NO WAITING ---

Consider the variety of imports Americans appropriated from England: tweed, common law, Shakespeare, and the sports car.

Few English exports fail to interest Americans. Among the losers: Electrical parts, the sparrow, and the racing tricycle.

My experiments with the last item lead to the conclusion that bicyclists are not taught basic physics in as convincing a manner as are tricyclists.

Observe the road; it turns right and left, rises and falls. The tricyclist and bicyclist know this, but the triambulist is aware of another characteristic--roads have camber.

Camber forces the triker to lean from the machine to remain in line with the force of gravity. The bicycle leans with the rider--the triker leans without the machine. Riding hands-off soon sends the trike into the ditch as the machine follows the lay of the road.

Cornering technique is similiar to that of motorcycle side-car riders. The triker abandons the saddle and swings to the side toward the inside of the corner. Imagine descending Detweiler as the tricycle keeps three-track time to the undulations of the road while the cyclist describes a smaller arc to the inside of the corner, still connected to the bouncing machine by shock-absorbing arms and legs.

The tricyclist has no fear of ice and never worries about dragging a pedal through a sharp corner. The trike can't fall when parked and with parking brake on, will not wander sans rider.

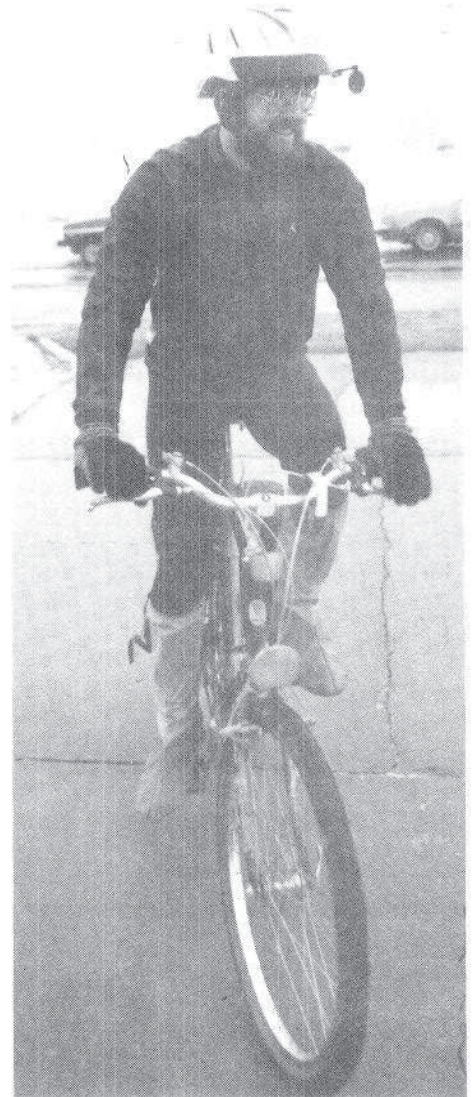
What a joy not to put a foot down at each intersection, but to bide time with patience and more dignity than a wobbly track stand.

Pulling a trailer? With a trike, you won't worry about problems of parking. The trike remains upright and awaits your return.

Is the trike for you? Maybe not, but even if not ridden, the tricycle would make a stunning table base with thick glass balanced on seat and handlebars.

What is life? Options. Just remember to buy the ticket to the movie you want to see.

SWJoslin



Ron Johnson track stand 1/1/87



Sam on the trike 1/1/87

February-March Ride Schedule

EVERY SATURDAY MORNING/ 8:30 a.m. MEET AT WASHINGTON SQUARE IN WASHINGTON, ILL. THE DISTANCE AND DESTINATION ARE DECIDED BY THOSE WHO SHOW UP. THIS IS NOT STRICTLY FOR RACER TYPE RIDERS. THERE ARE A LOT OF INTERMEDIATE AND NOVICE RIDERS WHO ATTEND THIS RIDE, SO SHOW UP AND GET IN ON THE GOOD COMPANY, A NICE USUALLY FLAT RIDE, AND GOOD FOOD AT ONE OF THE SURROUNDING TOWN EATERIES.

2/15/87



O'LEARY'S - WILLOW KNOLLS ROAD, PEORIA. 8:30 a.m.

FEBRUARY RIDE OF THE MONTH

**After this ride the IVW BOARD OF DIRECTORS will have a meeting at Nickie Smith's, 807 Sante Fe, Chillicothe, IL. to discuss the ride schedule for the coming season. If you are interested in having a ride or would like to give us some input about the club's rides feel free to attend. The meeting starts at 11:00 a.m.

2/22/87

PEKIN STEAK & SHAKE, COURT ST. PEKIN, IL. 8:30 a.m.

3/1/87

NEWELL'S - AT JUNCTION OF RT. 8 & RT. 150, EAST PEORIA, IL. 8:30a.m.

3/8/87

BRIMFIELD AMERICAN LEGION HALL- BRIMFIELD, IL. 8:30a.m.

3/15/87



RIDE OF THE MONTH FOR MARCH --ST. PAT'S DAY RIDE

MEET AT WASHINGTON SQUARE, 1:00p.m. FOR A 10-15 MILE RIDE, COMING BACK ON IRISH LANE. REFRESHMENTS AFTER AT WELCH'S PUB ON THE SQUARE.

3/22/87

COUNTRY BUFFET--EVERGREEN SQUARE, PEORIA, IL. 8:30a.m.

3/29/87

MEET AT THE PEORIA COUNTY COURTHOUSE FOR AN EASY 20 MILE RIDE TO MORTON. BREAKFAST AT THE MORTON McDONALDS.

UPCOMING DATES TO PUT ON YOUR BIKING CALENDER

THE FABULOUS IVW PEDAL-IN SAT. JUNE 6 and SUN. JUNE 7, 1987 (More info later)

DIANE'S RIDE (The great METRIC ride of the midwest) AUGUST 16, 1987

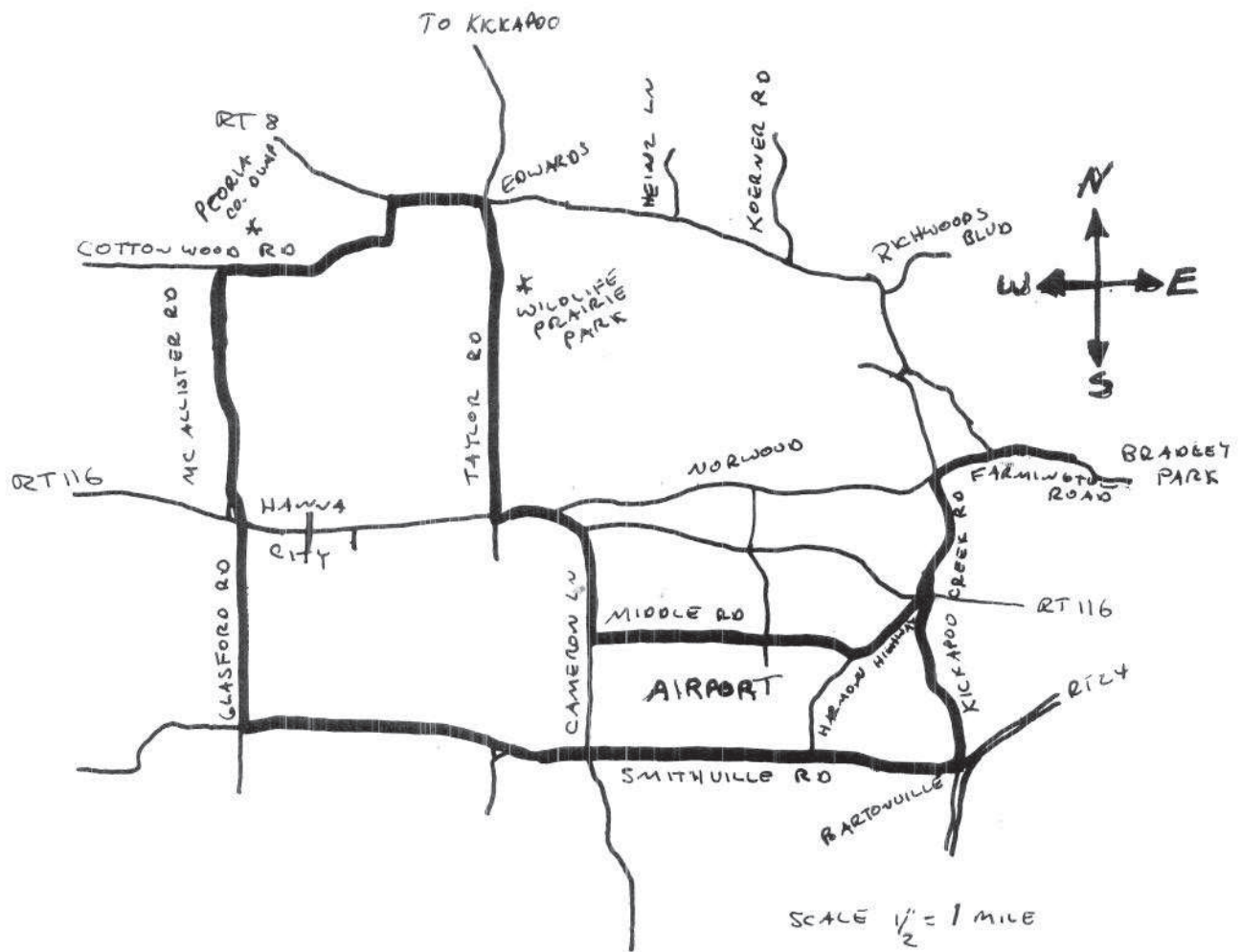
WHALE (Wheeling Around Lake Evergreen) AUGUST 1 & 2, 1987

SUNDAY MARCH 8th,,PLAN TO COME OUT FOR AN ICE SKATING PARTY AT OWENS CENTER.

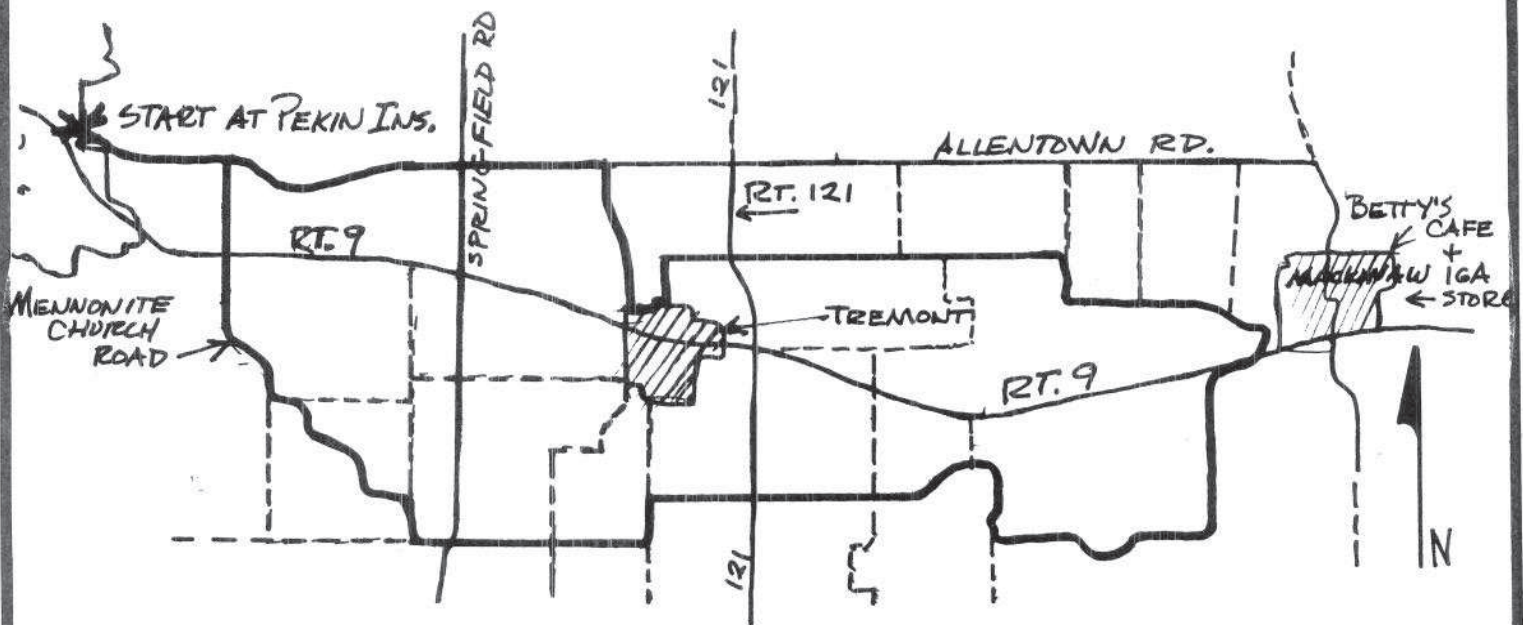
Meetings

REGULAR CLUB MEETINGS ARE HELD THE FOURTH THURSDAY OF EACH MONTH, EXCEPT IN NOVEMBER, DECEMBER AND JULY. THE NEXT MEETING WILL BE ON FEBRUARY 26, 1987, AT SAFETYTOWN, 6518 N. SHERIDAN ROAD, PEORIA, ILL. 7:30p.m.

THE NEXT IVW BOARD MEETING WILL BE ON FEB. 15, 1987 AT 11:00a.m. AT NICKIE SMITH'S HOME. SHE LIVES AT 807 SANTE FE, IN CHILLICOTHE, IL. (CORNER OF ELM AND SANTE FE) THIS MEETING WILL BE FOR GOING OVER THE UPCOMING SEASON'S RIDE SCHEDULE AND THE 1987 IVW BUDGET. IF YOU ARE INTERESTED IN MAKING A CONTRIBUTION TO THE RIDE SCHEDULING PLEASE ATTEND.



MAPS, MAPS, MAPS---The top map is a somewhat hilly ride out in the area of the Peoria Airport of approximately 35 miles. The lower map is of an area east of Pekin, Il. which goes to either Tremont or Mackinaw, depending on the length of trip you want. To Tremont and back to Pekin Ins. is approx, 20 miles, whereas the longer route to Mackinaw is about 40 miles. The terrain is generally flat.



HAPPY
NEW
YEAR
RIDE
1987



Spoker Speak Out

Do you have a Cateye Solar bicycle computer? If so, then you have probably discovered that the battery recharging feature does not work quite as well as the manufacturer claims. I purchased my Cateye at Vitesse Bicycle Shop and here is a summary of what I have learned after two years of almost daily use while riding either on the road or on the rollers.

The manual which accompanies the computer indicates that the rechargeable batteries should have "SR44R" printed on the back of the batteries. However, the original batteries in my Cateye had "SR44" which indicated that they were not rechargeable. According to articles in various bicycle magazines this was a widespread problem as the manufacturer had installed the incorrect batteries during the production process. Prior to discovering this problem I faithfully placed the computer in direct sunlight to recharge the batteries but without success. I never used the alarm feature and therefore I assumed that the battery drain would be minimal. Six months after I purchased the computer the batteries were dead and no amount of direct sunlight or artificial light would help.

I reasoned that this was a simple problem which would be corrected when the proper "SR44R" batteries were installed. I purchased a pair of the correct batteries from Vitesse for \$7.37 (Bike Nashbar charges \$7.50) and assumed that my problems were over. But despite always leaving the Cateye in a position where it should recharge as advertised, after only four months the "SR44R" batteries were also dead! The correct batteries did not last as long as the incorrect ones!

The idea of never needing to replace batteries was becoming a joke. I like the Cateye computer, especially the cadence feature. But needing to regularly replace batteries which are supposedly rechargeable was becoming frustrating. So I decided to look for other sources for batteries. I learned that Radio Shack sold a non-rechargeable battery which would work (code number: 76) for \$4.60 per pair. I purchased a pair and they lasted for four months. They lasted exactly as long as the supposedly rechargeable ones and they cost me almost \$3 less per pair than those recommended by the manufacturer.

Not content with that solution I continued to shop around. Next I went to Regal Drug Supply in Evergreen Shopping Center and purchased a pair of Duracell batteries (code number: MS 76) for \$3.41 per pair. These batteries lasted six months and were cheaper than those supposedly rechargeable ones recommended by the manufacturer and also cheaper than the Radio Shack brand.

In summary, it has been my experience that the recharging feature on the Cateye computer simply does not work as advertised. I base this conclusion on my own experience as well as numerous articles in various bicycling publications. It is an excellent computer but the owner must be resigned to periodically replacing the batteries.

I just wish that the Avocet computer had a cadence feature!!!

Don Wendt

1987 ILLINOIS VALLEY WHEELMEN MEMBERSHIP

DATE _____ NAME(S) _____

NEW _____ STREET _____

RENEWAL _____ CITY _____ STATE _____ ZIP _____

DUES: \$10/INDIVIDUAL, TELEPHONE _____
\$12/FAMILY

Please mail dues to: ILLINOIS VALLEY WHEELMEN
6518 N. Sheridan Rd.
Peoria, Ill. 61614

FOR SALE ---

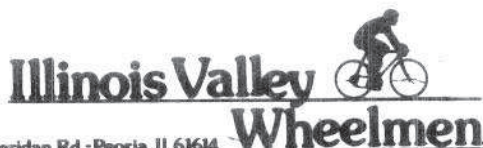
- 58 cm full Campy Colnago \$400
- Kirtland handlebar bag \$20
- large Kirtland panniers \$40
- alloy campy pedals \$40
- one pair of racing wheels
campy hubs, clement criterium
tires \$100

call Sam @ 682-8777

The ILLINOIS VALLEY WHEELMEN is an incorporated non-profit organization of more than 20 but less than 300 members in the tri-county area.

Newsletters are distributed about 11 times a year through bulk third class mail. This won't be forwarded, so please notify the membership people if you change abodes.

PRESIDENT: Ron Matuska 697-9009
VICE PRESIDENT: Jean Waycuilis 699-1089
SECRETARY: Marty Trumpold 685-4571
TREASURER: Bill Semmens 685-9452
RIDE CHAIRPERSONS: Bob & Val Jones 676-0166
SOCIAL CHAIR: Nancy Beckler 686-2569
MEMBERSHIP: Wm. & Mary Overbey 691-0040
NEWSLETTER: Dean Grethey 346-0645
PROGRAM CHAIR: Nickie Smith 274-2005
AWARENESS COMM: Samuel Joslin 682-8777



6518 n.Sheridan Rd. Peoria, IL 61614

Bulk Rate
U.S. Postage
PAID
Permit No. 310
Peoria, IL 61601

Ron Anderson
& Family
203 Locust
Washington IL 61571

It's time to renew your membership!