





JULY 1987

AUG. 30, 1987 DIANE'S RIDE

The annual IVW Metric century and 100 mile ride. Also 38 miles. Starting from Lake Camelot clubhouse in Mapleton, Ill. with registration from 6-9 a.m.. \$8.00 until Aug. 15th, \$10 thereafter All routes are hilly and the two centuries are very challenging. for entry forms: Jean Waycuilis, 202 S. Riverview, E. Peoria, Ill 61611

THERE IS NO REGULAR MONTHLY MEETING OF THE ILL. VALLEY WHEELMEN IN JULY

PREVIEW! PREVIEW!

From the Editor

In conjunction with Diane's Ride on August 2nd the I.V.W. will be having its Annual Picnic. I.V.W. members are to bring covered dishes, salads, veggies, desserts, etc. to feed the club members and exxtras for Diane's ride riders. The club will provide Meat, non-alcoholic drinks and table service. R.S.V.P. what you are bringing to Val Jones or Ron Matuska MORE TO COME LATER!

ABOUT GLEN AND MARTY

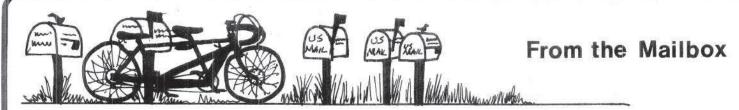
Got a card that said, Hills are fun (Bill Semmens really does know what's fun), the wedding is still on, Marty can't seem to talk going up the hills. She also wants a 16 tooth granny gear (I exaggerated a little there). As of June 23 thay were in John Day, Oregon and moving east. Rumor has it that Glen sprained an ankle even before they started! Good Luck G & M We're thinking of Ya!

ABOUT RON MATUSKA

Got a letter full of directions and saying that he turned a 380 mile route into a 580 mile route. Is going to rest in East Lansing at the L.A.W. convention a few days before moving on to Canada and the East. Was experiencing a thunder storm and holed up in the tent, so he wrote a letter. Good Luck Ron!

The Bull

The other day while riding to Bloomington I gazed ahead to see a field on my right with the cows and recently weaned calves munching on the tender shoots of Illinois grass. On my left I gazed upon a rather large Bull of the same black breed eating a rather small tree. As I approached my feeble mind told me that the bull was not enclosed by a fence as were the cows and calves, and that if said bull were to suddenly about face my life could flash before my eyes. I quickly decided to drop a gear and get ready to make the sprint of a lifetime. As I got closer I prayed the bull would continue to munch so I took quiet breaths and hoped my chain was ciled and quiet. It was like sneaking up on the germans at Normandy. I looked down at Mr. Cateye and 20 was visible so I quickly computed that Mr. Bull could not outrun me now. Quiet now.....pedal softly......don't breath.....ok, I don't see him in the mirror.



JULY 26. 1987

PILEUP ON POLECAT HILL

ATB's only ride

The Spoonriver Wheelmen are sponsoring this ATB only ride of 20, 40, or 60 miles over dirt and gravel roads and through the woods and creeks. Very Hilly! Call (309) 647-8891 or 647-1018 for info. \$6.00 before 7/20-\$9 after

JULY 26, 1987

ELMHURST BICYCLE CLUB METROMETRIC 7

Sunday July 26, 1987 30 - 60 -100 Mile routes. Start at College of Dupage in Glen Ellyn, \$6.00 fee if paid by July 15, \$8.00 thereafter. SASE to Metro Metric '87 Elmhurst Bicycly club P.O. Box 902, Elmhurst Ill. 60126 or Call Susan at 312-788-8303

AUG. 16. 1987

DOG DAZE DOUBLES

The Oak Park Cycle Club is sponsoring a 50, 100, 160, 200 Kilometer ride originating from Engstrom Family Park, in Batavia, Ill. \$7.00 before Aug. 1st For more info: Oak Park Cycle Club, Box 468, Oak Park, Ill 60303 (312) 524-1215

SEPT. 5.6.7 1987 PACRACC AND MINI-PACRACC

> The Bloomington, Illinois Daily Pantagraph and the McLean Cty. Wheelers Annual labor day journey through the cornfields of central Illinois is rapidly approaching. Entry forms have been sent out and if you didn't get yours contact Vitesse Cycle shop in Peo. Hts for yours. 220 miles over 3 days, tent camping, good food and a very enjoyable time or you can select to do the compac-race of 90 miles over 2 days (also tent camp and good food) \$35.00 before Aug. 1 or \$45.00 thereafter for the big ride or \$15.00 before Aug. 1 or \$25.00 thereafter for the Compac-Racc. For Entry forms; The Pantagraph, box 2907, Bloomington, Ill. 61702-2907 PACRACC '87

SEPT. 13, 1987 Eighth Annual DOOR COUNTY CENTURY

The Bay Shore Bicycle Club of Green Bay. Wisc, is sponsor. 25-50-75-100 Mile routes. Starts in Sturgeon Bay, Wi. Elks Club. \$10.00 before Aug. 1st \$15.00 day of ride. Rolling hills with some challenging hills, 1200 riders last year. For more info and registration form; Bay Shore Bicycle Club. P.O. Box 881, Green Bay, Wisc. 54305

JUST THINKING

1. Have you cleaned and oiled your chain lately?

2. Have you attended an I.V.W. monthly meeting recently? There is no meeting in July, but you could plan to attend in August.

3. The Illinois Prairie Path (from Maywood to Wheaton and beyond) sounds like a neat place to ride. An old Railroad path that a friend says is really nice and has deer and other critters wandering about. About 40 miles it appears.

4. I hate riding in the rain! Cleanup is the pits!

5. Tailwind rides are the greatest!
6. My favorite bumper sticker: IT'S NOT HOW YOU PICK YOUR NOSE. IT'S WHERE YOU PUT THE BOOGERS

Ride Schedule

TUESDAY EVENING NOVICE RIDES

PEGGY TRESENRITER will lead these rides for the beginner and novice rider which start at 6:00 p.m. from the FIELD SHOPPING CENTER IN MORTON, IL. 387-6617

WEDNESDAY EVENING RIDES WILL BEGIN MAY 5. 1987

PEORIA---MEET AT CHARTER OAK SCHOOL AT 6:00 p.m. Refreshments at Avanti's after. WASHINGTON---STARTS ON THE SQUARE AT 6:30 p.m.

PEKIN---IF INTERESTED CONTACT D. GRETHEY AT 346-0645

SATURDAY MORNING RIDES

A ride for all types of riders begins at the square in Washington, Ill at 8:30 a.m. This ride is usually 30-40 miles to a nearby town for breakfast. Please do not park on the square and use side street parking as much as possible.

NOTICE!!! NOTICE!!! NOTICE!!!

THE SUNDAY MORNING RIDES WILL BEGIN AT 7:30 a.m. DURING THE MONTHS OF JULY AND AUGUST UNLESS OTHERWISE NOTED. BEAT THE HEAT----GET UP AN HOUR EARLIER!!!

JULY 12, 1987 MAPLETON TO GLASFORD 7:30 a.m.

SUNDAY Ron Chandler will host the 30 mile ride starting from the Cat Foundry Parking Lot at 7:30 a.m. It could be hilly folks! 698-8002

JULY 19, 1987 I.C.C. TO EUREKA LAKE

SUNDAY Susie Woodward leads this 35 mile escapade through the woods and plains of Tazewell and Woodford counties. Meet at the I.C.C. Tennis courts at 7:30 a.m. 688-2972

JULY 26, 1987 MOSSVILLE TO EDELSTIEN 7:30 a.m.

SUNDAY Dave Gehrt will lead this ride to cover 25-30 miles. Meet at the Mossville Grade School at 7:30 a.m. 249-3371

AUG. 2, 1987 Washington Square to Roanoke 7:30 a.m.

Phil England will lead this ride through the corn and beans of 35-40 miles. Call 674-3401 for details

AUG. 2, 1987 W.H.A.L.E.

Bill Semmens and Julie Otten (Semmens to-be) will lead this ride with limited participants. SPACE IN VERY LIMITED AS OF THIS DATE SO IF YOU WANT TO GO ----GET WITH IT! ****See article later in this newsletter for details.

AUG. 9, 1987 Lake of the Woods to Princeville 7:30 a.m.

Greg Benning will host this ride of 30 miles. 243-5206

AUG. 16, 1987 Charter Oak School to Brimfield 7:30 a.m.

Ron Matuska will lead this ride over western Peoria county for 30-35 miles. 697-9009

AUG. 23, 1987 Pekin Ins. to Mason City 7:30 a.m.

Gary Sams will lead this ride of 70-75 miles. Eat a hearty B'fast and bring along a snack or 6 or 8 and prepare to go 40 miles before the first food stop. FUN! FUN! FUN! 346-2008

a southern road

(while pursued by barking doggerels)

through a prarie
went riding my
(mind preceding)
front wheel itself
alone, confusing self abusing gears
forgotten

three came riding in opposing fashion Not to pass the time of day though three like me rode to see What came next

mr blackbird
knight of red epaulet
stands on his Post
windpump at his back
rotating
miscalculation surrounded by corn in wormunsullied Earth
(47 different kinds of birdies!!)

headless giants hold electric jump ropes between them pedaled under then Four apostolic queues -pumpkin bearers from the west

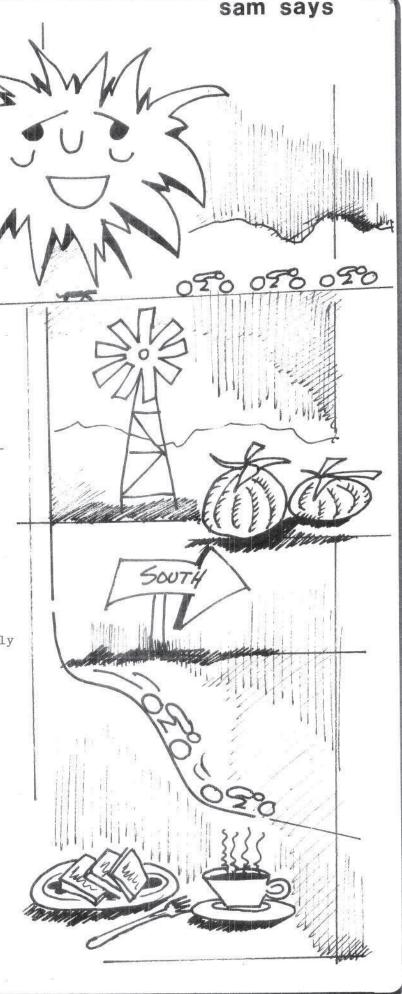
horseless horsemen dragging
smelly apendages
SOUND conversation -- conspicuously
lack qualifying adjectives
travel the same direction
not the same Way

straight line -- no brakes (no freights no more)

a Road leans right grey pigs blue barn Descend with conviction

an Iron bridge crosses the child river but not here; here is a red tile roof (with tiles in storage) herald of promise:

French Toast and Coffee



RACE REPORT

The racing season has reached its peak as marked by the Illinois State Road Race Championships on June 14. A superb performance was made by Daryl Johnson who broke away with eleven other riders 65 miles into the 109 mile race. Daryl went on to become the undisputed champion as he dropped his breakaway companions, one by one, in the last 40 miles.

Debbie Bradford of East Peoria took sixth place in a hotly contested sprint for the Women's Championship. After numerous chases and breaks in the Veteran event, I managed a ninth in the final 40 man field sprint.

I would also like to mention this month that it was good to see some local riders at the LeRoy Criterium trying out their skills during the Citizen Races. They placed pretty well and I hope to see more of them in the future. Dennis Tresenriter

RACE RESULTS

DATE 6/7/87	EVENT Oak Park Crit.	CAT Vet	PLACE 3	NAME Dennis Tresenriter
6/14/87	State Road	Sr. Sr.W Vet		Daryl Johnson Debbie Bradford Dennis Tresenriter
6/13/87	Des Moines, Ia	Vet Sr3 Jr	7 11 18	Mike Hagerty Randy Senneff Matt Scott
6/14/87	n.	Vet	7	Mike Hagerty
6/16/87	Kenosha, Wi	Sr3	6	Eric Carlson
6/20/87	Kankakee Crit.		11 15	Eric Carlson Mark Kelly Dennis Tresenriter
6/27/87	LeRoy Crit.	Sr4 Wom. Vet	6 3 1	Eric Kumpf Debbie Bradford Dennis Tresenriter
6/27/87	п 17	0-13	1 1 3 3	Jacob Tresenriter Marty Robison Jim Senneff Brian Slater Jim Deeds

Since there wasn't a women's citizen category, Peggy Tresenriter and Debbie Kumpf had to compete with the men's 18+ category. Although not finishing in the top three, both ladies had strong finishes and displayed good cycling skills.

6/28/87	Aurora Crit.	Vet 1	Dennis Tresenriter
	н	Wom. 3	Debbie Bradford
	11	Sr4 6	Steve Smith

Keep in mind the local races-Bloomington in August (usually has citizen races) and The Russeltonian (just citizen) in September.



DIANE'S RIDE SUNDAY AUGUST 30

Applications to Diane's Ride have already been mailed to members and riders on previous IVW rides. A ride like this takes a lot of work to put on and we need your help. A sign up sheet was passed around at the May meeting, but we still need lots of volunteers. If you are new to the club, here is your chance to become acquainted with more of the the other members. Some of the jobs are quite simple though still very important. Running a food stop requires only making sure everyone gets enough to eat and drink and keeping the coolers filled with water or punch. All you have to do is show up early the morning of the ride and go to your assigned stop. We'll supply all the food and equipment. Other jobs require completeing tasks long before the ride. You could be a 'worker' and still ride. Please take the time to put back something into the club and into bicycling.

BECOME A QUIET HERO

THE ILLINOIS VALLEY WHEELMEN IS NOW A "QUIET HERO"DONOR CLUB". THIS MEANS THAT AS A CLUB WE ARE COMMITTED TO SEND A BLOOD DONOR TO THE RED CROSS WEEKLY. WE NEED EVERYONE'S HELP TO FULLFILL THIS COMMITTMENT!

THE RED CROSS DEPENDS ON VOLUNTEER BLOOD DONERS TO ASSURE A SAFE AND ADEQUATE BLOOD SUPPLY. A HEALTHY PERSON AGED 17-65 MAY DONATE BLOOD EVERY 8 WEEKS. THIS MAY BE DONE AT THE RED CROSS CENTER OR AT A LOCAL BLOODMOBILE VISIT.

TO PARTICIPATE, OR FOR INFORMATION, CONTACT JEAN WAYCUILIS (699-1089). SHE IS SCHEDULING THE APPOINTMENTS AND RECRUITING VOLUNTEERS. COM'ON IVW MEMBERS, CONTRIBUTE TO THIS EFFORT!



IVY DOUBLE EWE T SHIRTS

Our T shirts have come in and if you haven't gotten yours yet, they are available at local bike shops. Special orders are at Russell's Cycle World if you live east of the Illinois River, and at Vitesse if you live west of the river. These two shops as well as Peoria Bicycle Supply on Main St. in Peoria will have additional shirts for sale in a variety of colors.

JEWEL MOYERS RIDES 200

On Saturday, June 6, 1987 Jewel Moyers took part in the 15th annual Central Double Century in Litchfield, Illinois. He completed the ride in 15 hrs, 23 min. Debbie and Zac supported him on the ride, providing food, water, and encouragement. This is the third year that Jewel has participated in the ride. Immediately after the ride he said he did not know whether or not he would do it again. After a good night's rest however, he appeared to be thinking about the fourth time—'88. The Moyers' team shall follow!! Congratulations Jewel!!!!!!!

SPACE IS LIMITED, SO HURRY!

W.H.A.L.E. RETURNS

"WHEELING AROUND LAKE EVERGREEN" IS RAPIDLY APPROACHING—AUGUST 1st & 2nd TO BE SPECIFIC. THIS RIDE WILL TRAVERSE FROM THE I.C.C. INTERIM CAMPUS PARKING LOT VIA A PLEASANT COUNTRY ROUTE TO LAKE EVERGREEN (North of Bloomington) FOR A NIGHT OF GREAT EATING (steaks, corn and other goodies or solid and liquid substance), CAMPING (tent and sleep bag), CAMPFIRE SONGS AND STORIES AND OTHER FRIVOLITIES. ON SUNDAY, WE'LL RIDE TO NORMAL FOR BREAKFAST AND THEN RETURN TO THE I.C.C. LOT VIA ROLLING HILLS AND FLATS OF EASTERN TAZEWELL COUNTY. THE RIDE IS LIMITED TO 40 PEOPLE, IS SAGGED, COSTS \$17.00 (payable to Julie Otten by July 11, 1987) AND IS A GREAT TIME. CALL BILL SEMMENS (685-9452) or JULIE OTTEN (674-4773) for reservations.

*** YES FOLKS, IT'S FINALLY ARRIVED !!! ***

At long last, after 3 months of (semi)intense part-time effort (and 3 missed newsletter deadlines), with a cast of millions (Hey, who was that goofy guy with the clipboard and maps?), and a cost of thousands (What, the cookies are all gone again?), presenting the second in a continuing series of Eric Hutchison's two-wheeled guides to the greater Peoria area.

(The trumpets blare now.)
This 27 mile loop is an in-town guide to (some of) Peoria's finest attractions (21 in all). Just think, that's almost one great place to stop per mile. That's my kind of ratio. So the next time you hear someone whine, "But there's no place to ride in town" - slap em with this. Now let's hit those streets IVW'ers but, hey, be careful out there. (The H.S. bluers stole it from me.)

ERIC HOTCHISON

MAYOR'S PRIDE RIDE 21 OR 27 MILES +

This route to 21 of Peoria's star attractions makes excellent Sunday riding (traffic will be especially light). The basic continuous loops were set up to be ridden in a clockwise direction. Counterclockwise travel is also acceptable, but be prepared to make slight route changes to accommodate a few one-way streets (such as through the parks). For extra mileage, expand the basic 27 mile loop with side trips to Wildlife Prairie and Jubilee College Parks (see points of interest for directions).

When riding the optional route between Lakeview Park and Bradley Park, follow the road signs carefully through the Knolls area on Hollyridge Circle and Bigelow Avenue. It's easy to get off-track since the streets run very non-perpendicular.

Parking facilities for starting locations are available in all the city parks shown. Hopefully, many Peoria area bicyclists will be able to pedal to this route from their homes.

Generally, the route is composed of low-traffic roads, but some extra caution should be remembered as with any city riding. Parked car doors can have an annoying habit of swinging open in your path. When approaching a line of parked cars, scan the rear windows and assume that any occupants are likely to make a sudden exit (into your front wheel). Also, watch out for road debris and tire-eating drainage grates. Remember, real bicyclists ride on the right side of the road and use hand signals. (Save the raised left arm for waving at friends; the clearest signal for a right turn is an extended right arm.) Finally, be among the very chic who are being seen in this year's "in" fashion accessory - the bicycle helmet. (Now appearing in designer colors.)

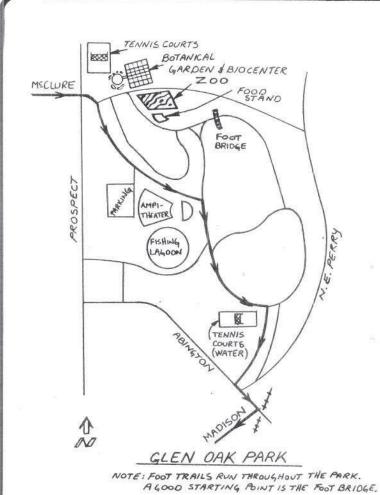
POINTS OF INTEREST:

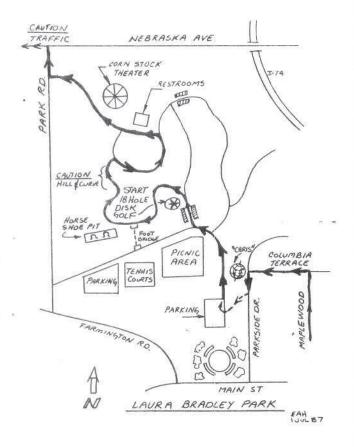
1. Lakeview Park

Recreational hub of Peoria featuring:

- * Art museum * Planetarium * Pool and waterslide
- * Ice or Roller Skating Center * Peoria Players Theater
- * Library * Farmer's Market (Saturday morning in Metro Shopping center North of Lakeview on University Dr.)
- 2. Laura Bradley Park (see map)
- Wildlife Prairie Park Route 8 West, South (left) on Taylor Rd. Wild animal park, hiking trails, restaurant, cabins, special events, (entrance fee) phone: (309) 676-0998
- Jubilee College State Park Koerner Trigger Rd North, West (left) at Grange Hall Rd, South (left) at Princeville Jubilee Rd to park entrance.
 - Phone: (309) 243-9489
 * Picnic Areas (water and restrooms)
 - * Weekend tours of historic Jubilee College
 - * Olde English Faire A visit to 15th century England held annually in June.
 - * Hiking Trails * Camping
- 5. Regionally famous Italian "refueling station". (The sight of many IVW post ride pork outs.)
- 6. Forest Park Nature Center, hiking trails, naturalist programs.
 Caution: Forest Park Drive very steep.
- 7. Tower Park Panoramic view of Illinois River Valley.
- Peoria Heights Continue on Prospect Dr. south of Grandview.
 Bicycle Shop, Art Gallery, Library, etc.
- 9. Grandview Park "THE VIEW"
 - * Picnic Areas and restrooms (Grandview Dr at Reservoir)
- 10. Glen Oak Park (see map)
 - * Old Fashioned Sunday festival (First Sunday in June).
- 11. Downtown Peoria (see map)
- 12. Bicycle Shop and Running Gear Store Main and Sheridan
- 13. College Shopping and Eating District Main and University A smorgasbord of gastrointestinal delights including:
 * Italian * Chinese * Lebanese * ICE CREAM (Biker-ese)
- 14. Moss Avenue Historic Homes including a F.L.R. (For more great shacks, visit point 20.)
- 15. Exposition Gardens Ongoing public events.
 - * Heart of Illinois Fair (July).
- 16. Illinois Department of Transportation
 * Illinois county road maps available
- 17. Pimiteoui hiking trail entrance (water available).
 - * Q: Does this lake need a diet?
- 18. Detweiller Marina Carolina St. to the riverfront.
 - * Picnic areas (water and restrooms).
- 19. Riverfront Park Morton St. to the riverfront.
 - * Authentic railroad car turnstyle. * Riverfront access picnic areas.
- 20. High Street Historic homes built by Peoria's former brewery barons. Also, one of Peoria's oldest living residents in Giant Oak Park.
 - Note: High Street is <u>one-way southwest</u>. To ride down High Street, go North on Sheridan to Main. East (left) on Main to High.
- 21. Becker Park Picnic shelter and playground.

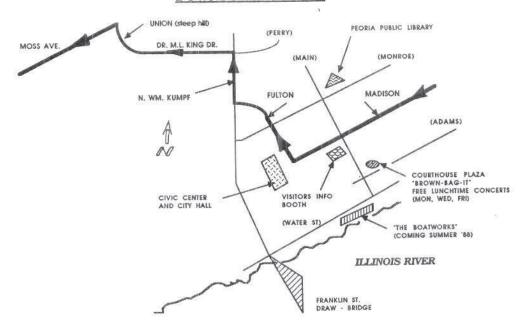






EAH 1JUL 87

DOWNTOWN PEORIA



AWARDS, ANNUAL DINNER MEETING, & CLUB OFFICES

Are you keeping your personal milage logs. The broken saddle is awarded to the member who accumulates the most <u>club</u> miles each year. Keep track of total miles as well. Use the log we provided earlier or use any permanent record. This year everyone who rides will receive some form of recognition.

Other awards are given based on nominations and voting by club members. Some of the awards usually given include 'Hub-Of-The-Club' for service, most improved male and female riders. Others can be considered, so pass on your ideas to Jewell Moyers, this years award chairman.

Those awards will be given out at our annual dinner meeting on Saturday, November 21. Jeannie Gullett(Holloway) is in charge this year. Dinner will likely be at Lake Camelot again unless she gets some suggestions for consideration. Let her know what you would like this year.

Another feature of the annual meeting is the election of new officers. Marty Trumpold is heading up a search committee and if you are considering becoming more active in the club, why don't you give her a call. There are only four elected positions so hurry up and get in line.

TIME TRIALS

Mossville TT Series----7:00a.m. Saturdays----North of Old Galena Rd at Cedar Hills Drive----for more info call 682-8777

	6/6 70° Wind S @ 3 Unofficial	6/13 70° Calm	6/20 75° scat. rn.	6/27 55° Wind W @ 1
Daryl Johnson Denny Tresenriter Jim Smith Steve Shaffer Don Jacobs	24:00 23:57	26:06 30:01 29:58		
Jerry Booker Chris Walvoord Jessica Alameda Julie Cummings Don McCollum		27:41 27:41 34:20 37:28 25:53		
Marty Robison Mike Julien Ted Lott			30:33 29:35 27:05	
Dave Wirshing Ken Beckler Doug Balvanz Alan Crossland				29:16 28:06 25:34 29:05

All riders are welcome. Within the past month six riders completed their first time trial. Distance is ten miles. Trials start promptly at 7:00 a.m.

REMEMBER: 1. No rolling starts

, 2. Wear your Helmets

3. No Drafting

4. Show up early to warm up properly

Sam Joslin

NAME(S) DATE NEW RENEWAL STATE ZIP CITY DUES: \$10/INDIVIDUAL,

TELEPHONE

Please make check payable to Illinois Valley Wheelmen and mail to:

1987 ILLINOIS VALLEY WHEELMEN MEMBERSHIP

William Overbey, 6415 N. Imperial Dr., Peoria, ILL. 61614

FOR SALE FOR SALE

\$12/FAMILY

62cm center to center 3 RENSHO Frameset Includes Superbe Pro Headset & Shifters

Orig. cost \$650 Sell for \$500 FIRM Call: Eric 243-7850

GOT ANYTHING-SEND TO YOUR EDITOR! The ILLINOIS VALLEY WHEELMEN is an incorporated non-profit organization of more than 20 but less than 300 members in the tri-county area.

Newsletters are distributed about 11 times a year through bulk third class mail. This won't be forwarded, so please notify the membership people if you change abodes.

PRESIDENT: Ron Matuska 697-9009 VICE PRESIDENT: Jean Waycuilis 822-0186 SECRETARY: Marty Trumpold 685-4571 TREASURER: Bill Semmens 685-9452 RIDE CHAIRPERSONS: Bob & Val Jones 676-0166 SOCIAL CHAIR: Nancy Beckler 686-2569 MEMBERSHIP: Wm. & Mary Overbey 691-0040 NEWSLETTER: Dean Grethey 346-0645 PROGRAM CHAIR: Nickie Smith 274-2005 EX OFFICIO Samuel Joslin 682-8777



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Ron Anderson & Family 203 Locust Washington IL 61571 Member Through 12/87

PLAN ON DIANE'S RIDE!