

6518 N. Sheridan Rd.

Peoria Ill. 61614



# ILLINOIS VALLEY WHEELMEN

October 1987

## OCTOBER RIDE OF THE MONTH

## Ride of the month

ROSANNE'S HARRY'S HILLY WARM-UP

OCTOBER 11, 1987 2:00 p.m.

Meet at Harry's in Deer Creek for a scenic 30 mile ride over some hills in Tazewell county in preparation for HILLY 100. Enjoy a buffet meal at Harry's for \$4.95 after the ride. Rosanne Gambogi, leader (2666816)

## OCTOBER MEETING

## Meeting

The regular monthly meeting of the IVW will be held on October 22, 1987 at 7:30 p.m. at the usual site, Safetytown 6518 N. Sheridan in Peoria. The program will be Bill "Silver" Semmens and Julie Otten's sailing and biking trip this past summer in Maine. Slides and words are the order. Refreshments by Nancy.

## FROM THE EDITOR

This past weekend I went to the Apple Cider Century ride in Three Oaks, Mich. for the first time. I had a great time! I arrived in Three Oaks about 12:30 p.m. on Saturday after a sometimes hectic drive of 3½ hrs. (the hectic part comes on I-80 around the south of Chicago). Three Oaks is a little place just off I-94 and is easy to get to from the Peoria area. The ride starts at the High School which is about 3 miles North of the town and usually attracts about 5000 riders of all abilities.

I secured a campsite at the Bob-a-Ron campground (1 mile west) and got out my copy of the Backroads Bikeway map to see where I wanted to ride on Sat. afternoon. (the real ride is on Sunday). This Bikeway is maintained by the Three Oaks Spokes Bicycle Club, Inc. and consists of 10 trails of varying length from 8 miles to 60 miles. (\*Note--Some of the roads are in need of repair, but overall I didn't find them as bad as I had been told to expect). The scenery in this area is nice but somewhat similar to Illinois. However along the eastern edge of Lake Michigan the sights improved with a lot of beautiful homes and woods. The ride is flat with the biggest hill resembling an overpass. I rode 30 miles on Saturday and then did the 50 mile route on the "main" ride. I averaged 14.5 mph on the Mountain bike and really didn't push at all. (of course I'm in tip top condition for a 270 lb, obese slob)

The breakfast (all you can eat) on Sunday had eggs, sausage, pancakes, juice, coffee, etc. plus the ever present cider, while the dinner after the ride consisted of spaghetti, bread, salad, taffy apples, apple pie, more cider, tea, coffee, milk and cheese. They had plenty of food and it was good (except the spaghetti tasted like Chef Boyardi). Nothing against the "Chef" but you could probably feed 5000 hungry bikers for \$2.89 worth of the ol'noodles. The chow was edible and plentiful!

I would recommend this ride for people with families, people who want a leisure 25, 50 75 or 100 mile ride over attractive terrain with good food before and after. Anybody who wants to do their first century should try this one, it isn't crowded and the routes are definitely not hilly.

DA

## Annual Meeting

Set aside Saturday evening, November 21. The IVW will be having its annual dinner extravaganza. Featuring a great meal, awards, officer elections, and entertainment, this is an event you should not miss. Details will follow in later newsletters so stay tuned. Jeannie Holloway is making all the arrangements so call her today to offer your help. 673-6139.

## 1988 Officer Elections

Marty Trumpold-Thompson is hard at work looking for candidates willing to lead the club next year. Elections will take place at the annual meeting. Why don't you call today to volunteer or to nominate someone else. The pay isn't very good and the hours are awful, but it's a great way to meet other club members and it is a lot of fun. Call her at 685-4571

## HILLY HUNDRED

With the Hilly 100 just around the corner on October 17 & 18, it looks like the IVW will again be attending in full force. All the rooms we reserved at the Hampton Inn have been spoken for so you should make other accommodations if you're going. There is always sleeping bag space at the High School and then there is your trusty tent. We plan to get together for a little IVW celebration on Saturday evening somewhere (Try the Hampton or see another member if possible). Ride carefully, its going to be crowded and there are a lot of rookies and crazies out there. See Ya in them thar hills!

## T-SHIRTS

There are child size IVW t-shirts at Vitesse in Peoria Hts.

FOR SALE: Custom made FASTAB Tandem, 23"/22". Suntour Derailleurs, TA crank, MAFAC brakes with Matthausser pads, Weinmann/Dura Ace/Specialized wheels. \$1175 or best offer. Dave Gardner 263-0596 after 6 p.m.

## TIME TRIAL RESULTS

|            | Sept. 5 | Sept. 12 |
|------------|---------|----------|
| D. Johnson | 23:35   |          |
| E. Kumpf   | 23:59   |          |
| D. Gilbert | 25:49   | 25:16    |
| J. Smith   | 25:58   |          |
| G. Newhaus | 26:22   |          |
|            |         |          |
| D. Head    | 29:20   |          |
| D. Jacobs  | 30:18   |          |
| C. Ruppman |         | 33:59    |
| D. Nehl    |         | 33:13    |
| Bohanan    |         | 32:45    |
| Achterberg |         | 24:35    |

These are the last time trials of the year. Most of the riders this year are Triathletes or USCF racers, but that percentage of non-competitive club riders who once rode TT's has declined; overall number of participants was half the number of two years ago. This despite the fact that club membership seems to be stable around 200. TT's may be an experiment which time as passed.

Sam Joslin

## October Ride Schedule

### WEDNESDAY EVENING RIDES

Weather permitting these will continue, but a TIME CHANGE TO 5:30 p.m. will take affect October 14th.

Washington--starts at the square

Peoria--Starts at Charter Oak School

### TUESDAY EVENING NOVICE RIDES

Peggy Tresenriter's Tuesday rides will start at 5:30 p.m. from the field Shop center in Morton.

### SATURDAY MORNING RIDES

A ride for all types of riders begins at the square in Washington, Ill at 8:30 a.m. This ride is usually 30-40 miles to a nearby town for breakfast. Please do not park on the square and use side street parking as much as possible.



OCT. 11, 1987 ROSANNE'S HARRY'S HILLY WARM-UP 2:00p.m.

### \* RIDE OF THE MONTH

Meet at Harry's restaurant in Deer Creek at 2:00p.m. for a scenic 30 mile ride over some challenging hills to prepare you for the Hilly 100 hills except we hope there will not be as many riders as the Hilly for Harry's sake. There will be a buffet at Harry's after the ride (\$4.95) plus tax, tips, drinks, hills and more hills prepare ride 100 oops! wiggged out there! Call Rosanne Gambogi for details. (266-6816)

OCT. 17-18, 1987 HILLY 100 WEEKEND

OCT. 18, 1987 MOSSVILLE GRADE SCHOOL TO TANNERS 8:30a.m.

Meet at Mossville Grade School at 8:30a.m. and ride your apples off to Tanners Orchard and then eat more apples, cider, donuts, apple cores, apple squeezins and other good stuff. A good alternate for those not going to Hilly! About 30 miles in distance. Call Bob or Val Jones for details.(676-0166)

OCT 25, 1987 TREMONT TO HOPEDALE 8:30a.m.

Bob and Val Jones have come out with a NEW ROUTE for this favorite ride. Meet at the Tremont Park at 8:30 a.m. for a 30 mile ride to Hopedale. We will get snacks at the grocery to eat in the Hopedale Park. Bob & Val (676-0166)

### WINTER RIDE SCHEDULE

Starting in November the Sunday rides will be EAT & RIDE events. This means that you go to a restaurant and eat breakfast and then ride if the weather permits. All winter rides meet at 8:30 for breakfast and ride afterwards.

NOVEMBER 1, 1987 Washington Family Restaurant 8:30 a.m.  
Route 24, Washington, Ill.

November 8, 1987 Cummins Family Restaurant 8:30 a.m.  
Knoxville Ave., Peoria, Il.

November 15, 1987 Newell's Restaurant 8:30 a.m.  
Rt. 8 and 150 in E. Peoria, Il.

November 22, 1987 Wright's Restaurant 8:30 a.m.  
106 SW Monroe, Peoria, Il.

November 29, 1987 Brimfield Farmers Table 8:30 a.m.  
Brimfield, Il.

\*\*We will have a New Years ride starting at Jewell Moyer's on Jan 1, 1988

## sam says

I work in a bike shop. From time to time a potential customer will state "I don't want an expensive bicycle (whatever expensive is), I'm not a serious cyclist."

The purchase of a bicycle is dependant on the buyer's perception of quality. If the buyer can tell the difference between two bicycles - then the better bike is worth considering. I'm not sure what "serious" is.

Yet how often is a cyclist judged on seriousness? And examining the judge, can a "serious" cyclist be so evident? Who is serious - the recreational rider, the 10-centuries-each-fall cyclist or the 40 criteriums per season racer?

How does the serious local racer compare against Stephen Roche? Roche is only the second (Merckx was first) to win the Tours of France, Italy and the World Championships in the same year. And if Roche is the most serious, why is he always smiling? Alexi Grewal should be the most serious - everything that happens to him is serious (to him).

We know local riders who pedal over 10,000 miles each year. Are they as serious as Scott Dickson? The 38 year old Iowa City native recently won Paris-Erest-Paris (750 miles) in 44 hours and one minute. He trained 20,000 miles each of the past three years. Can a 38 year old be serious?

Cyclists are crossing the U.S. in little more than a week. Are we not serious because we don't attempt the same feat?

On August 24, 1987, New York city initiated a trial three month bicycle ban on three streets between 10 a.m. and 4 p.m. THAT'S SERIOUS! If there are serious cyclists, they are working on that serious problem ---not comparing the cost of their derailleurs or the size of their thighs.

Sam

IVW MEETING

SEPTEMBER 24, 1987

We had a super slide show given by Glen and Marty Thompson of their 5½ week trip covering 2550 miles from Astoria, Oregon to Peoria.

Nominations were taken for Awards to be given out at the annual meeting.

Most Improved Male--Paul Strobe and Dave Gerht

Most Improved Female--Gwen Chandler and Susie Townshend

Hub of the Club--Roger Jensen

Nominations are still being taken for these three awards. Contact Jewel Moyers (565-7389) with your nominations. Woting will take place at the annual meeting with a ballot taken at the door. If you are unable to attend the annual meeting you will still be able to vote by mail because we'll put the ballot in the newsletter next month. Deadline for nominations is Oct. 29th monthly meeting.

ATTENTION I.V.W. MEMBERS

MAKE YOUR RESERVATIONS NOW

You're invited to attend the 1987 ANNUAL I.V.W. DINNER MEETING. It's on November 21, 1987 at the Lake Camelot Club House. Come at 6:00 p.m. for social hour, slide show, voting on awards and officers and register for door prizes. Avanti's spaghetti dinner will be served at 7:00 with ice cream and toppings from Mr. Steak. At 8:00 there will be awards, door prizes and election results. At 9:00, there will be music, dancing and more socializing. Everything is provided except for B.Y.O.B. This dinner is free if reservations are made by November 14, 1987 at 5:00p.m., otherwise it is \$10.00 at the door. Members are welcome to bring a guest. Make reservations by phone or in person to Jeannie Gullett at 673-6139.

HELP PLEASE

We need "biker" slides for the "social hour slide show". You can drop them off at Vitesse in Peoria Hts. with Jeannie Gullett or give them to Dean Grethey who will take great care with them and compile them into some organized form of dissarray suitable for viewing. Please drop slides off or get to Dino by November 14 at latest.

## NEW MEMBERS TO THE I.V.W.

John Hamman & Family  
Larry Wright & Lynda & Laura  
David Klein  
Dennis Montgomery & Family  
James Kunz & Family  
Donna Taylor  
Fred Paige  
Dan Benesch  
Steve Huber  
Jeff Hoge  
John and Jan Galbreath  
Steven and Marsha Miller

Dunlap, Ill.  
Washington, Ill.  
Peoria, Ill.  
Manito, Ill.  
East Peoria, Ill.  
Dunlap, Ill.  
Elmwood, Ill.  
Elmwood, Ill.  
Elmwood, Ill.  
Creve Coeur, Ill.  
Peoria, Ill.  
Peoria, Ill.



Welcome to the I.V.W. family. We now have 225 members and ARE GROWING STRONGER each month. May all your hills be easy and roads be smooth. I sincerely hope you will partake of our rides and meetings and enjoy the club functions and friendships. If you have any questions about the club's activities please contact the officers listed on the back page of the newsletter. Thanks for joining us! Happy Riding!

### Executive Board News- Sept. 19, 1987

We met at Bob and Val Jones' house Sat. Sept. 19th. The following items were discussed...

ANNUAL MEETING- Jeannie Holloway-Gullett is in charge this year and it will be held at Lake Camelot Clubhouse. Avanti's will cater with no cost to IVW members. Make reservations with Jeannie or else it cost \$10. at the door!! Drop off slides to Jeannie at Vitesse for the slide show program.

MAPS-A map committee will try to get the maps into a booklet for the club members.

NOMINATING COMMITTEE-Slate is full with one choide for each position. If you have any nominations or ideas you can still nominate them to Marty(Trumpold) Thompson.

TREASURY- Club doing ok with \$3700. total.

After all this excitement we adjorned with Pizza and cool drinks and a good time was had by all.

Tidbit--In China there are 250 million bicycles, a figure that has doubled in the past 10 years.

Nickie Augustine's (Smith) New Address: 2042 Strand P.O. Box 57  
Columbia City, Oregon 97018

### Annual Club Awards

Nominations for various club awards will be accepted at the September and October meetings or by mail prior to the October meeting. Members will cast their votes at the annual meeting or by mail if they cannot attend. The awards decided by voting are the male/female most improved riders and the 'Hub-of-the-Club'. The 'Hub' is given for service to the club and to bicycling in general. The 'Broken Saddle' is given based on club milage so keep track. Several other special presentations are also planned. If you have a suggestion that someone should receive some recognition, let Jewell Moyers know. Don't limit yourself to someting serious.

RACE REPORT

Due to an enormous list of results, I will keep my comments short this month.

It seems Joe Russell's race on Sept.20 was a big success according to those I talked to recently. It is certainly one of the bigger "Citizen" races that can be found anywhere. I know people look forward to it every year. Keep up the good work, Joe.

-Denny Tresenriter

Results:

8/29 Danvers Road Race  
 Randy Senneff, Sr 3 12th  
 Phil Shankwitz, Sr 4 7th  
 Denny Tresenriter, Vet 4th

8/30 Bloomington Criterium Citizen Races:

Jacob Tresenriter, Jr 11-13 9th  
 Marty Robison, Jr 11-13 2nd  
 Brian Slater, Jr 14-17 11th  
 Tina Haller, Wom. 17-29 1st  
 Dawn ??????, Wom. 17-29 3rd  
 Peggy Tresenriter, Wom. 30+ 1st  
 Jim Deeds, Men 30+ 2nd  
 Ted Lott, Men 30+ 4th  
 John Reynolds, Men 30+ 5th

8/30 Bloomington Criterium U.S.C.F. Licensed Races:

Jim Smith, Sr 4 6th  
 Denny Tresenriter, Vet 4th

9/20 Raleigh Cup, St. Louis

Denny Tresenriter, Vet 1st  
 Matt Scott, Jr 4th

9/20 Russelltonian Citizen Race:

Overall Winner-Jerry Lis Men 30-29 -Jim Deeds  
 Overall Ladies-Peggy Tresenriter Men 40-49 -Gary Neuhaus  
 Ladies 19&Under-Janice Jenson Men 50-59 -Gerald Balvanz  
 Ladies 20-29-Debbie Scott Men 60+ -Roland Defenbaugh  
 Ladies 30+-Dixie DeVry Heavyweight-Scott Steinfort  
 Men 19&Under-Tim Lichtenstein ATB 29&Under-Mark Cioni  
 Men 20-29 -Scott Achterberg ATB 30+ -Ron Severtson

9/27 Wuchter Memorial, St. Louis

Denny Tresenriter, Vet 2nd



## Submissions Sought for L.A.W. Club Booklet

The League of American Wheelmen will be compiling a new booklet to help clubs with their activities. The project was born when Herb Alfasso, the league's New York State legislative representative, had L.A.W. duplicate and mail Mohawk Hudson Wheelmen's ride leader booklet to the other New York clubs. Prepared by Doug Shick, it will help the clubs in developing their own booklet.

L.A.W. is asking clubs to submit outstanding materials which they've found helpful with club activities. The basic aim is to help clubs avoid "reinventing the wheel," so the booklet will contain ride rating schemes, recent press releases, bylaws, ways to encourage volunteers, and other helpful information. The booklet may also include Postal Service regulations, IRS tax status information, and sample job descriptions for an office manager.

The league would appreciate suggestions on what clubs would like to see in the booklet. We are also looking for a few volunteers who can help us compile the booklet. Please reply to: L.A.W., 6707 Whitestone Road, Baltimore, MD 21207.

## Courteous Driver Award

To address the problem of motorist confrontations, the Tulsa Bicycle Club will be giving courteous drivers its *Way To Go, Motorist!* award. Members of the Tulsa, Okla., club will nominate automobile drivers (identified by their license numbers) who recognize bicyclists' rights and obey traffic regulations regarding bicyclists. Each month during the cycling season the club will award a motorist a \$50 gift and a shirt with the *Way To Go, Motorist!* logo. The club hopes publicity from the program will help improve motorists' attitudes towards bicyclists.

## Boston Cyclist Fined

In October of 1985 Gary Gofstein attended a wedding in Boston. When he left the party on his bicycle, Gofstein struck a car door that was suddenly opened in front of him. The accident wrecked the bicycle and damaged the car door. Massachusetts doesn't have a law making a driver responsible for accidents caused by opening the driver's door, and Gofstein was fined \$1,350. Also, the car Gofstein collided with was registered in New Hampshire, where no-fault insurance is not required, and the insurance company made a case against him in the Somerville, Mass., Small Claims Court. Judge Heffernan was convinced that Gofstein was more than 50 percent at fault and charged him with the accident. Gofstein had reportedly taken the word of a well-meaning but uninformed lawyer who told him, "No problem, just go in and tell your story."  
—Boston Area Bicycle Coalition

## From Other Newsletters

### Interpolation

Joy Beeson

*Bikeabout*

Mohawk-Hudson Wheelmen

The Mohawk-Hudson Wheelmen has had a plague of accidents of late, and the new members may well be asking, "Is cycling *dangerous*?" The answer is, "Danged right it is!" I myself once locked up my front brake, flew over the handlebars, and broke my collarbone. That was the second broken bone I had suffered.

I broke the first one getting out of an easy chair.

## New Bike Helmets

by Randy Swart

A number of new and interesting helmets appeared at the New York Bicycle Show in February, and they should be on dealers' shelves for the summer season. Virtually all of the new helmets conform to the ANSI or Snell helmet standards. Some of these are new models from manufacturers who had never before produced helmets which would pass.

The big innovations of the season are the Giro and Echo helmets, which are made of expanded polystyrene (EPS—picnic cooler foam) without a hard shell. The Giro looks like a liner from Bell's V1 and has a Lycra cover. The Echo has a harder layer of EPS outside bonded to a softer EPS layer inside and comes in two different shapes. Both are very light and will appeal more to racers than commuters and tourists, who generally have no trouble with the 16 oz. weight of a normal helmet. Although lab test results were not available for either helmet, both are reported to meet the ANSI standard, so they should provide decent protection. Watch out for solvents, though. Gasoline or spray chain lube can melt EPS in an instant.

At the show, Bell introduced its new Aero buckle, a nice looking plastic piece with squared-off panels which fit together. Those who tried, however, found they could yank the buckle apart without unsnapping it. Worse, the locking tongue can be bent with a heavy thumb, and it tends to stay that way, making the buckle unusable. Bell has also introduced several helmets designed to meet only the ANSI standard, a marked drop in design from the older Biker, Tourlite, V1, and Mark I models. When production costs are virtually identical and Bell already has the design to produce a helmet with a higher level of protection, it is hard to see the need for a "low end" product which meets a lesser safety standard.

Other new ANSI standard helmets were shown by Pro-Tec (their first), Lazer, Monarch, Kiwi, Vetta, All-American, and Rhode Gear. The Washington Area Bicyclist Association (WABA) is obtaining samples of all, and should have ride tests and laboratory crash tests completed by early fall. For more information write WABA at 1332 Eye Street, N.W., Washington, DC 20005.

1987 ILLINOIS VALLEY WHEELMEN MEMBERSHIP

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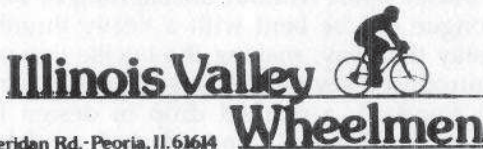
Make check payable and mail to: BICYCLE USA, Suite 209 BR, 6707 Whitestone Road, Baltimore, MD 21207.  
 Allow 6-8 weeks for receipt of FREE Almanac and first magazine. Offer good through December 31, 1987.

The ILLINOIS VALLEY WHEELMEN is an incorporated non-profit organization of more than 20 but less than 300 members in the tri-county area.

Newsletters are distributed about 11 times a year through bulk third class mail. This won't be forwarded, so please notify the membership people if you change abodes.

- PRESIDENT: Ron Matuska 697-9009
- VICE PRESIDENT: Jean Waycuilis 822-0186
- SECRETARY: Marty Trumpold 685-4571
- TREASURER: Bill Semmens 685-9452
- RIDE CHAIRPERSONS: Bob & Val Jones 676-0166
- SOCIAL CHAIR: Nancy Beckler 686-2569
- MEMBERSHIP: Wm. & Mary Overbey 691-0040
- NEWSLETTER: Dean Grethey 346-0645

EX OFFICIO Samuel Joslin 682-8777



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PLAN TO ATTEND ANNUAL MTNG. NOV. 21