



ILLINOIS VALLEY

**WHEELM'N**

*greater peoria's bicycle club*



February 2003

## February Club Meeting

When: Feb. 12, 7:00 p.m.

Where: Fiesta Ranchera  
Corner of Forrest Hill & Dries Ln. (next to Landmark Fitness Center)

What: Alternative ways of staying fit when the winter weather is keeping you off the bike. We will be showing you some different things to do to stay fit when the short, cold days of winter are not letting you ride. The meeting will start at 7:00 but come early if you like to visit and enjoy some good Mexican food. We have reserved the back room. So come on out, eat if you like then we'll talk about burning off all those calories! See ya' there!

## New Year's Ride Report

A huge thank you goes out to Ron & Paula Douglas for hosting the New Years Day Ride & Party. What a great turnout! The weather cooperated and 33 riders did one of two routes offered. Ron D. led a nice route through Peoria to Grandview Dr. and back, and Jack Welch led a ride out to Kickapoo and back. All of the riders, and some who chose not to ride, gathered afterwards at Ron & Paula's house to party. Over 50 people in all! Great food, drink and a wonderful time of socializing was had by all. Thanks once again to the Douglas' for their hospitality and opening their wonderful home to the I.V.W.

## Time to hit the slopes!

Members of the Wheelm'n are planning a one day ski trip to Chestnut Mountain in Galena, Illinois on Tuesday, February 18th. It will be a day when youth are all in school (we hope) and the adults can have the mountain to themselves. Ski's can be rented in Peoria at Bushwhacker or at the resort, in case you don't have your own. We will try to arrange car pools for anybody who wants to join us. If you plan to attend, please contact Bonnie Johnson at 682-7771 or Celeste Hansen at 693-1018.

## Tips for Winter Cycling

### Bike Equipment:

The goals are :

- § better traction
- § resist punctures from cinders
- § keep all the slop off of your bike and you
- § be seen in the inclement weather

- For better traction, use larger tires with a coarser tread.

- To resist cinders, use :

- >tires with kevlar belts, although this only slows the cinders down
- >tires with thick treads
- >tire liners or thick inner tubes

- To keep the crud off of you and out of your chain, the best solution is fenders.

- To be seen, a rear led taillight is cheap and effective. A modest headlight improves visibility to the front.

### Clothing:

General principles:

- dress in layers

- bottom layers should be made of material that wicks moisture well. Poly-pro and wool are good candidates.
- the front of the top layers should block wind. This is true for jackets and tights, and even gloves.
- the rear of the top layers should breath, to avoid build-up of moisture
- clothing should have adjustable vents or zippers that can be adjusted to avoid overheating while riding. Try to avoid sweating!
- dress so that you start out just a bit chilled. If you are comfortably warm when standing still, you'll be too hot when riding.
- Never wear cotton! It will absorb moisture and make you cold.

There are some clothing items somewhat unique to biking that are essential for cold weather: balaclava, booties, clear/ yellow/pink lenses for the sunglasses.

### **New Members**

Lori David ..... Peoria  
Jerry & Lori Porter..... Peoria

### **Renewing Members**

Greg Benning ..... Joliet  
Jerry Brost ..... Peoria  
Marlie Gaddie ..... Marquette Hts  
Rolla Godfrey..... Princeville  
Eric Hutchison..... Peoria  
Roger & Kathy John ..... Dunlap\*  
Ken & Dianna Luthy..... Pekin  
Mark & Vicki Padesky & family  
..... Peoria  
Mel Perrill ..... Pekin  
Bill & Marge Semmens .. Peoria^  
Bill Smith ..... Peoria^

\* LAB member ^ Advocacy

## Illinois Valley Wheelm'n

Greater Peoria's bicycle club  
Affiliated with the League of  
American Bicyclists and League of  
Illinois Bicyclists

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gpdurst@insightbb.com

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rkpdouglas@insightbb.com

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sgribble4@juno.com

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mikepula@finsvcs.com

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Submissions, including stories, news,  
images, and/or humor are welcomed.  
Deadline: 15<sup>th</sup> of each month

IVW On the Web

<http://www.geocities.com/ivw.geo>

enter the above as one line; no spaces

## News from the League of Illinois Bicyclists

### State Legislation / Boub Update

November's elections brought many new faces to Springfield, where we will again seek a resolution to the liability problems established by the 1998 *Boub v. Wayne* Illinois Supreme Court ruling. The liability disincentive resulting from that case has severely hampered efforts throughout the state to establish on-road bike facilities and signed routes. Together with the Chicagoland Bicycle Federation and others, LIB will continue to strive for a legislative solution.

Illinois' legislature generally focuses on budgetary issues in even-number years and all other topics in odd-number years. At this writing, we are lining up our primary sponsors of a bill to be introduced in the 2003 session. Legislator surveys and informational brochures were sent earlier this year, with many positive responses from potential co-sponsors. Some discussions have taken place with local governmental groups and others interested in liability issues. Also, we have led the way in making this a priority issue in the state's Conservation Congress process.

In 2001, our bills made a strong showing, thanks in huge part to all our members, bike clubs, bike shops, and others who contacted their state representatives and senators. We'll again be relying on you, presenting you with simple opportunities to help remove this policy "black eye" that is unique to Illinois. Much of the action on our bill will take place between March and May, so keep an eye on our website ([www.bikelib.org](http://www.bikelib.org)) and look for action alerts during that time.

### Federal Transportation Bill Update

With elections over, the next Congressional session will soon open. With it will come debates over reauthorization of the TEA-21 federal

transportation bill, which has been helpful to bicyclists.

The US House, the Senate, and the Bush Administration (Federal Highway Administration) will each submit versions of a new bill. Early signs indicate that transportation funding, presently at \$32 Billion/year, could hold steady or decrease – despite calls for higher funding from virtually every group involved in transportation. The result will be fiercer competition for funds, including the 1% that now goes to bicycling improvements.

Some activity will take place in the next quarter, so look for occasional action alerts on our website ([www.bikelib.org](http://www.bikelib.org)). You can also join the national America Bikes coalition and sign up for updates at [www.americabikes.org](http://www.americabikes.org)

PEORIA – LIB Executive Director Ed Barsotti attended the Balanced Growth Workshop held by IDOT in Peoria on September 17. The attendees included decision-makers on transportation issues at the state and local levels. A handout on bicycle issues (on-line at [www.bikelib.org/political\\_state/balanced\\_growth\\_conf\\_2002.html](http://www.bikelib.org/political_state/balanced_growth_conf_2002.html)) was distributed.

LA SALLE - LaSalle County is starting the process of putting together a countywide trail and greenway plan. An organizational meeting was held in LaSalle on November 21, with 30 people in attendance. The purpose of this and other early meetings is to prepare for a grant application from the Illinois Department of Natural Resources to fund the plan. For more info, contact Todd Kuzma ([todd@tullios.com](mailto:todd@tullios.com), 815-223-1776)

### --- For Sale ---

1999 Raleigh M7000, full suspension, 16" frame, Manitou Spyder fork, low mileage. I am asking \$350 for it.

Marlie Gaddie

home phone: 309-382-2191.

cell phone: 847-909-5575.

email: [marlie.gaddie@med.va.gov](mailto:marlie.gaddie@med.va.gov)

email is the preferable way to contact me.



## May 2003 Is National Bicycle Month

Attention all bicycle enthusiasts! Celebrate National Bicycle Month with a limited edition license plate set. The plates are approved by the Secretary of State's office and you may display them instead of your regular plates during the months of April and May 2003. A sample of this year's plate is pictured above in black and white. The colors are: a white background, blue and red logo and red numbers, Land of Lincoln and a blue border. A color picture of the plate can be seen on the League of Illinois Bicyclist web site at [www.bikelib.org](http://www.bikelib.org).

The plate sets are numbered from 1 to 300. Priority will be given to those who ordered plates last year. All remaining plate sets are issued on a first-come-first-served basis. The cost of each plate set is \$25. To order your set, please fill out this form and return it along with your payment and a photocopy of your car's current license plate registration.

### PLEASE PRINT LEGIBLY OR TYPE

Name \_\_\_\_\_ Signature \_\_\_\_\_

Address (No P.O. Boxes) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ FAX \_\_\_\_\_

E-Mail \_\_\_\_\_

Business Name (Only if using as shipping address) \_\_\_\_\_

Shipping Address (If different than above) (No P.O. Boxes)

\_\_\_\_\_

Driver's License Number \_\_\_\_\_

Current Plate Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Car Make & Model \_\_\_\_\_ VIN# \_\_\_\_\_

**Without a copy of your car's current registration, your application cannot be processed.**

Please make your **\$25 check or money order** payable to League of Illinois Bicyclists.

Mail it, along with this form and a **photocopy of your car's current registration** to:

LIB, c/o Laura Sanborn,

1 So. 110 Normandy Woods Lane, Winfield, IL 60190.

Phone: 630-462-5427, FAX: 630-462-5428

## IVW 2003 Ride Information

Thanks to the efforts of several club members the ride schedule for the year already includes a variety of weekly and special rides. There are rides for all levels of ability, and more will be added as the season grows closer. If you have any ride suggestions, please call Mike Pula 243-9394.

### **Weekly Rides**

Monday through Friday: rides are suspended till things warm up a bit and the sun decides to come back.

Saturday Washington (on the square); no leader; 8:30; levels 2 & up; currently riding

Saturday Russell's (Washington); discontinued.

Sunday A ride will leave from Banner School at 1pm. See details and schedule below.

### Sunday Winter Ride:

All riders welcome. Ride leaders may split the group into two groups. Ride will leave Banner School (north of Peoria, near Dunlap: Cedar Hills Drive and Allen Road) at 1:00pm each Sunday. Ride distance will be 20-30 miles, depending on the weather. Call the ride leader for information each week.

Please contact the Ride Chair, Mike Pula, if you are interested in leading one of these rides!

February 2	Marge & Bill Semmens	693-7388
February 9	Mike Pula	243-9394
February 16	Steve Kurt	243-7684
February 23	Greg Durst	243-9694

### Rating Legend:

Level 1: Beginner, less than 20 miles, less than 15mph, not self-sufficient.

Level 2: Intermediate, 20 - 50 miles, 15 to 18 mph, partially self-sufficient.

Level 3: Experienced, 50+ miles, 18+ mph, totally self-sufficient.

### **Special Rides:**

none at this time.

>>> Riders are strongly encouraged to wear helmets when cycling! <<<

## Progressive Dinner

There will be a progressive dinner on Saturday, March 1st, 2003. The cost is \$5.00 to cover the main course. We will meet first at Celeste Hansen's at 5:30 for drinks and appetizers. Directions to her house are as follows: 7023 N Kerwood, Peoria. Kerwood is a dead end street that parallels North Knoxville. If you are going north, turn left off Knoxville onto Teton, then an immediate right onto Kerwood. Her house is at the end of the street on the left. Since parking is limited on Kerwood, you might want to park in the Hawk Insurance Agency lot off North Knoxville. Her house is right across the lot. It is red wood with a handicap van in driveway.

After drinks and appetizers, we will go to Greg & Lori Durst's for the main course and to Sheila Gribble's for dessert. Directions to those houses will be handed out at the first house.

If you plan to attend, please make your reservation by completing the attached form. Please remember to indicate whether you will be bringing a drink, appetizer, or dessert. The deadline to sign up is February 21st.

-----  
Please make a reservation for \_\_\_\_\_ the Wheelm'n progressive dinner

Name \_\_\_\_\_ Phone \_\_\_\_\_

I will bring something to share in the following category: \_\_\_\_\_ Drinks  
\_\_\_\_\_ Appetizer  
\_\_\_\_\_ Dessert

Send a check for \$5.00 by Feb. 21<sup>st</sup>, payable to Illinois Valley Wheelm'n, to:

Bonnie Johnson  
1215 W Crestwood  
Peoria IL 61614  
309-682-7771  
bonjon@ix.netcom.com

### ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

Name #1 \_\_\_\_\_ Birthdate \_\_\_\_\_  
please print clearly

Name #2 \_\_\_\_\_ Birthdate \_\_\_\_\_

Name #3 \_\_\_\_\_ Birthdate \_\_\_\_\_

Name #4 \_\_\_\_\_ Birthdate \_\_\_\_\_

E-mail address (print clearly) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone ( ) \_\_\_\_\_

Signature (Name #1) \_\_\_\_\_ Date \_\_\_\_\_  
(parent or guardian if registrant is under 18)

Are you renewing, or is this a new membership? (check one)

Renewing  New

If new, how did you find out about the club? \_\_\_\_\_

Are you an LAB member (check one)

Yes  No

Basic membership:

Individual (\$10) \$ \_\_\_\_\_

Household (\$12) \$ \_\_\_\_\_

Voluntary advocacy contribution:

(\$5, \$10, \$15, other) \$ \_\_\_\_\_

Total enclosed \$ \_\_\_\_\_

DISCLAIMER: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n bicycle of all blame for any injury, misadventure, harm, loss, or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said organization.

Make check payable to: ILLINOIS VALLEY WHEELM'N, 6518 North Sheridan Rd., Ste 2, Peoria IL 61614-2933

## Summary of upcoming events:



- |             |   |
|-------------|---|
| February 12 | IVW club meeting  |
| February 18 | Ski trip to Chestnut Mountain   |
| March 1     | Progressive Dinner  |
| March 21    | 1 <sup>st</sup> day of Spring!! Get the sunblock and shorts out!  |
| March 21-23 | Chicago Bike Show at the Navy Pier. A great chance to see all the latest bike goodies, get the new catalogs, buy cool stuff, and find some bargains at the "Close-out Center". Find details on-line at <a href="http://www.chicagobikeshow.com/">http://www.chicagobikeshow.com/</a> or phone 847-675-0200. Discount coupons for admission are available at the web site. |

**ILLINOIS VALLEY WHEELM'N  
6518 NORTH SHERIDAN RD. STE 2  
PEORIA IL 61614-2933**

