

# ILLINOIS VALLEY WHEELM'N



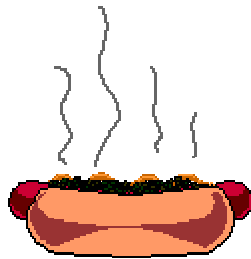
greater peoria's bicycle club

September 2003

## September Club Meeting

The Club meeting this month will focus on routine bike maintenance and flat tire repair. We will have a couple of bikes there for demonstration so, just bring yourself. The place is Safety Town, the time is **7:00 p.m. on Sept. 10th.** See you there!

-- Greg Durst --



## Fall Wiener Roast Ride

**DATE:** Saturday, October 4<sup>th</sup>.  
**PLACE:** Jim & Sarah Emmons home  
529 County Rd 1300 E Lacon.

This year there will be 2 bike rides leaving from our house:  
- Century - Level 2 ride starting at 9:30am.  
- 25 mile loop - all level ride -starting at 3:00 pm.

Following the rides there will be a potluck We will provide the brats and hotdogs. Please bring a dish to pass. If you don't want to ride but want to join us for the potluck, please plan to arrive around 5pm. **PLEASE BRING A LAWN CHAIR.**

**Please RSVP** by calling (309) 246-2166 before the day of the ride so I can make sure I have enough brats & hotdogs for everyone.

-- Sarah Emmons --



Correct Position—Woman.

## Weekly Ride Schedule

Be certain to check the weekly ride schedule closely. Due to the daylight factor, most of the rides have time changes beginning September 1. Further, the rides may or may not continue through or past the end of September. There will be plenty of good riding this month, but you need to verify the time.

### New Members

Jack & Carlene Hippen & family ..... Peoria^  
Melvin & Lee Ann Cheek & family ..... Washington  
Richard & Twila Moore.. Dunlap  
Janice Reynolds ..... E. Peoria  
Ron & Shirley Streib..... Dunlap

### Renewing Members

Lyn & Bob Bevill ..... Peoria^  
Terry & John Bierre .....  
..... Washington^  
Lori Boland ..... Peoria  
Les Bonick ..... Peoria^  
John R. Bremenkamp.....  
..... Washington  
Bill & Brenda Clark & family ....  
..... Pekin^\*  
Landall & Beth Cormier ... Peoria  
Ron & Paula Douglas ..... Peoria  
Jim & Sarah Emmons & family ..  
..... Lacon  
David Lee & Albert Gehrt & family  
..... Speer  
Rick & Judi Gentry ..... Peoria  
Sheila Gribble ..... Dunlap  
Stephen Grube..... E. Peoria^\*  
Jim McIntyre ..... E. Peoria  
Dan O'Brien ..... Peoria  
Lou Price ..... Chillicothe  
Mike Pula ..... Dunlap^\*  
Robert G. & Nancy Saville.....  
..... Lacon  
Glen & Marty Thompson & family  
..... Tremont  
Dennis & Peggy Tressenriter.....  
..... Groveland  
Dave & Kathy Weaver.....  
..... Princeville  
Chris & Kim White..... Peoria  
Jim & Ann Wittmer & family.....  
..... Peoria^  
\* LAB member ^ Advocacy

## Illinois Valley Wheelm'n

Greater Peoria's bicycle club  
Affiliated with the League of  
American Bicyclists and League of  
Illinois Bicyclists

### President

Greg Durst 243-9694  
gpdurst@insightbb.com

### Vice President

Ron Douglas 637-1748  
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### Secretary / Webmaster

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wdclark@mtco.com

### Treasurer

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sgribble4@juno.com

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Mike Pula 243-9394  
mrpula@hotmail.com

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Submissions, including stories, news,  
images, and/or humor are welcomed.  
Deadline: 15<sup>th</sup> of each month

IVW On the Web

<http://www.geocities.com/ivw.geo>

*enter the above as one line; no spaces*

## Interplanetary Ride Report

This was the 9<sup>th</sup> year for the Interplanetary Bicycle Ride, and for the fourth straight year in August we avoided 90 degree temperatures, this year with perfect weather, low humidity and a high of 79 degrees. The result was 91 walk-ins and over 150 satisfied registrants!

As in past years, riders enjoyed great premiums, fine food in generous amounts, interesting routes, timely sag service and personal attention to their problems, fascinating displays & sunspot viewing, well organized rest areas, and a perfect facility for registration and end-of-ride pasta. Virtually every aspect of the ride was special.

The ride continues to grow in the number of participants from outside the area. This includes 10% of the riders who came from 7 other states, 56% from more than 50 miles away, and 70% were on the ride for the first time. Our survey of riders also showed a clear preference for our August date, so next year we will keep the ride the 2<sup>nd</sup> weekend in August, the 14/15<sup>th</sup> of August 2004.

Every year we have so many people and groups to thank. This year the full list includes:

### Partners

Peoria Academy of Sciences  
Peoria Astronomical Society  
Illinois Valley Wheelm'n  
Recreational Trail Advocates/Friends  
of the Rock Island Trail

### Volunteers

From the Wheelm'n

Mike Pula  
Eric Hutchison  
Marge & Bill Semmens  
Larry Paustian  
Ron Jetton  
Cathy Williams  
Lynne Anderson-Loy  
Mary Ann Schafer  
Bert & Greet Princen  
Scott Hay  
Dan Sohn  
Mark Klokkenga  
Scott Swords  
Calene Fleming  
Chuck and Diane Lamb  
Gary & Linda Carey

Donna & Jeff Schlatter  
REACT - Don Hay & Richard  
Stambaugh

### Additional Support

Beachler's Servicer  
Pepsi Cola General Bottlers, Inc.  
PIP Printing  
Local State Farm Insurance Agents  
Russel's Cycle & Fitness  
Bushwacker  
Illinois Cycle & Fitness  
Chips CycleRama  
Little Ade's Bicycle Shop  
Goods Furniture  
Kroger  
Cub Foods  
Waugh Foods  
The Tushtuli  
Kewanee YMCA  
Rock Island Trail State Park  
Village of Princeville

## RTA NEWS

The Cancer Center for Healthy Living is going to hold a bike ride called Pedal the Prairie, on the Rock Island Trail on 9-21-03. It starts and ends at the Shops of the Grand Prairie. Check-in and light breakfast 8:00-8:30, Opening ceremony 8:30-8:45, mass start 9:00. Peoria County Sheriff will control traffic on Route 91 for ride safety.

The Morton Bike Trail has had some construction problems and been at a standstill for 5 weeks. The finger pointing is about over and things should get moving to complete this project soon.

Our Trolley car bike racks are done and will be installed at the new CityLink bus terminal.

HIKEMABIKA- Sunday October 5, 2003 11:30-5:00 P.M. Biking, Hiking, Canoeing, and Kayaking All this on the Hennepin Canal Parkway. All 94 miles are open and there are new Trail Maps available from IDNR. After getting all the easements, the City of Peoria went to the Surface Transportation Board for the purpose of building a spur to cross University St. The STB put several more stipulations in place before they adjourned. We are trying to get answers as to what they are and does Peoria plan to follow through. We are contacting the council, Lahood, and Leitch and find out where the Kellar Branch stands.

## Illinois Valley Wheelm'n Ride Schedule

**Monday** Bill Clark (347-4841) and John Bremerkamp (444-4851) will co-lead this *level 1* ride out of Morton. Meet at McClallen Park (Soccer Fields at Jackson and Tennessee) at **5:30**. Distance will be 15 miles early in the season and increase over the summer. The ride will regroup frequently. **Ride will go through September.**

**Monday** Lori Durst (243-9694) and Celeste Hansen (693-1018) co-lead this ride for *level 1 riders*. Meet at Dunlap Grade School starting at **5:30**. Ride distance will be 15 miles early in the season and will lengthen through the summer. The group will ride together and regroup frequently. **Ride will go through September.**

**Tuesday** Steve Kurt (243-7684) leads this popular ride for *levels 2 and 3*. Meet at Dunlap Grade School at **5:30**. Mileage will be 20 early in the season and then increasing. The ride will sometimes break into two groups. One will generally average 16 mph and the other can be faster. Both groups regroup periodically and make certain no riders are left behind. **Ride will continue through October.** (*and maybe longer?? Start charging up your headlight batteries now!*).

**Wednesday** Dirk McGuire (699-8484) and Larry Paustian (694-3947) co-lead this ride for *levels 1,2 & 3*. Meet at Pleasant Hill Head Start School (across from the Antique Mall) at **5:30**. Ride distance will start in the 20 mile range and increase throughout the season. Average speed will be 13 – 16 and no one will be dropped. **Ride will go through October.**

**Thursday** Jim Vaupel (353-6104) leads the ride for *levels 2&3*. Meet at Coal Miners Park (Pekin. Start time is **5:30**. The ride is a fast pace (16-18 plus) and includes pace line riding and some challenging hills. Ride distance is 20 – 40 miles. Jim says they do not try and drop any riders but suggests that all riders carry a picture ID. **Last ride will be Sept 18<sup>th</sup>.**

**Friday Family ride** out of Pearce Center (Chillicothe). For September this will be a **SHOW and GO**. The ride starts at **5:30, and will go through September.** Distance varies depending on the group.

**Saturday Show and Go** meets at Washington Square in Washington at 8:30am all year. Distance varies from 25-60 miles.

**Sunday** Mike Pula (243-9394) leads this “first Sunday of the month” (this means once a month) ride for *levels 1, 2 & 3*. Meet at Jubilee Park (upper section) at **10:30 AM**. Distance will range between 30 – 60 miles. We may split into groups as needed. **Last ride is September 7<sup>th</sup>.**

### Ride Levels

More details regarding ride levels is available on the web site. Ride leaders can be contacted for specific details about their individual rides.

**Beginner/Family** These rides are a casual pace averaging less than 12 miles per hour and ride as group.

**Level 1** Rides average 12-14 mph and regroups on a regular basis.

**Level 2** Rides average 13-17 mph and regroup occasionally.

**Level 3** Rides average 17 miles per hour and over. Riders may regroup periodically, but should be prepared to ride in pace lines to keep from being dropped.

**Show and Go** Rides have no leaders. The distance and speed is decided upon by the group, but governed by the ride level designated.

## *Illinois Valley Wheelm'n Special Rides*

In addition to the regular weekly schedule of rides, the club has a number of special rides throughout the year. More information on these and other rides, as they are scheduled, can be obtained from the newsletter and the web site. <http://www.geocities.com/ivw.geo> You can also contact any ride leader.

**No Baloney Ride** The club's annual invitational ride that attracts 250 plus riders from throughout the state will be held Saturday September 20<sup>th</sup>. Registration forms are available on the Web and at all local bike shops.

**Fall Wiener Roast Ride** Jim and Sarah Emmons (246-2166) host this **family** ride October 4<sup>th</sup>. See the newsletter for details..

### **Other riding opportunities**

In addition to club sponsored rides there are many organized rides throughout the mid-west that offer great opportunities for riding. The best source for information on these rides is found at <http://mikebentley.com/bike/>. Some of the upcoming rides that are recommended by club members are;

Capital City Century Sept 7 Springfield, IL Jonathan Reisinger 217-698-1724

Bob Galloway Memorial Amish Tour Sept. 13 Arthur, IL 800-722-6474

Pumpkin Pie Ride Oct 6 Ottawa, IL Brian Eastman 815-433-5035

Hilly Hundred Oct 17-19 Bloomington, IN Skip Higgins, skiphiggins@comcast.net

More information on these and similar rides can be found at Mike Bentley's site mentioned above.

### *Ride Rules*

- 1) Riders must obey all Illinois Traffic Laws.
- 2) Ride no more than two abreast and single file at intersections and in traffic.
- 3) When riding in a large group, create space to help motorists pass safely.
- 4) Use hand signals and obey all traffic signals.
- 5) Check all intersections for traffic. Avoid "group think".
- 6) Warn riders of pot holes, dogs, cars and other obstacles.
- 7) Riders are strongly encouraged to wear approved helmets.
- 8) Rides should make certain their bikes are in good working order.
- 9) Riders should carry water and a spare tube for their size of wheel.
- 10) Riders should be prepared for whatever conditions. Most rides will take place in all weather.
- 11) Riders should arrive in time to be ready to ride at the start time.

## The 29<sup>th</sup> annual No Baloney is upon us!

The club's annual invitational ride is scheduled for Saturday September 20<sup>th</sup>. You should have received a registration form in last month's newsletter. All of the local shops also have a supply.

The No Baloney is a great country ride with good support and wonderful food. The great support the ride receives from the club members is what makes it possible. Everyone is encouraged to ride. In addition we need individuals to also volunteer time and/or food for the ride. Below is a list of ways you can help.

**Donate baked goods (cookies, breads, etc)** Call Bonnie Johnson @ 682-7771 to let her know what you will be providing and obtain drop off instructions.

**Donate chili for the end of the ride** Call Greg Durst @ 243-9694 to let him know how much you will be bringing and coordinate delivery.

**Food stop workers, clean up and misc** Call Mike Pula @ 243-9394 to volunteer.

**Riders** We also of course need riders. Send in your registrations form to Jim Degenhart.

With good weather we can expect between 250 and 350 riders. It takes good club support to make it a great experience for all.



### ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

Name #1 \_\_\_\_\_ Birthdate \_\_\_\_\_  
please print clearly

Name #2 \_\_\_\_\_ Birthdate \_\_\_\_\_

Name #3 \_\_\_\_\_ Birthdate \_\_\_\_\_

Name #4 \_\_\_\_\_ Birthdate \_\_\_\_\_

E-mail address (print clearly) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (      ) \_\_\_\_\_

Signature (Name #1) \_\_\_\_\_ Date \_\_\_\_\_  
(parent or guardian if registrant is under 18)

Are you renewing, or is this a new membership? (check one)  
 Renewing     New

If new, how did you find out about the club? \_\_\_\_\_

Are you an LAB member (check one)  
 Yes     No

Basic membership:  
 Individual (\$10) \$ \_\_\_\_\_  
 Household (\$12) \$ \_\_\_\_\_

Voluntary advocacy contribution:  
 (\$5, \$10, \$15, other) \$ \_\_\_\_\_

Total enclosed \$ \_\_\_\_\_

DISCLAIMER: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n bicycle of all blame for any injury, misadventure, harm, loss, or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said organization.

*Make check payable to: ILLINOIS VALLEY WHEELM'N, 6518 North Sheridan Rd., Ste 2, Peoria IL 61614-2933*

## Summary of upcoming events:



|           |  |
|-----------|--|
| Sept 7    | Capital City Century, Springfield        |
| Sept 13   | Bob Galloway Mem. Amish ride, Arthur, IL |
| Sept 20   | No Baloney ride                          |
| Oct 4     | Fall Weiner Roast Ride                   |
| Oct 6     | Pumpkin Pie Ride, Ottawa, IL             |
| Oct 17-19 | Hilly Hundred, Bloomington, IN           |

**ILLINOIS VALLEY WHEELM'N  
6518 NORTH SHERIDAN RD. STE 2  
PEORIA IL 61614-2933**

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